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# First Nations and Inuit Health (FNIH) Quebec Region

Health Canada is committed to working with the First Nations and Inuit communities in order to contribute to the improvement of their health.

It is with pleasure that we present you with an overview of the programs and services offered by the First Nations and Inuit Health (FNIH), Quebec Region programs.

If you have questions or comments, do not hesitate to contact us by using the coordinates mentioned below. Cordially.

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Marie-France Bérard Regional Director General, Quebec Region

Suzette Jeannotte Regional Director FNIH, Quebec Region

## **First Nations and Inuit Health**

Health Canada's vision is to support the efforts of First Nations and Inuit peoples in attaining a level of health comparable to that of other Canadians. To this end, we offer First Nations and Inuit communities long-term services and programs to battle inequalities in health and to prevent diseases.

We offer support to 34 health establishments that serve First Nations communities, of which 17 are health centres, 11 are health stations, six are drug abuse and solvent abuse treatment centres.

Here is an overview of programs and services that are offered to First Nations and Inuit peoples in Quebec.

#### Non-insured Health Benefits

We provide First Nations and Inuit eligible members with access to a range of goods and services not otherwise covered by provinces and territories or other private health insurance plans.

#### Health Program Transfer

Through transfer agreements and integrated agreements, communities provide direct services to clients. We also support communities in their health services planning.

#### **Community Programs and Operations**

We offer health promotion and disease prevention programs to First Nations and Inuit peoples to help improve their health by focusing on the following elements:

- Giving children a healthy start in life
- Promoting community mental health
- Planning substance abuse prevention and treatment programs
- · Planning healthy eating and physical activity programs
- Planning disease and injury prevention programs.

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Nursing Services

We are responsible for the recruitment, training, and retention of nursing staff in non-transferred communities, as well as ensuring nursing practice, standards and competency requirements.

#### **Professional Services**

We manage the following programs:

- Environmental health (drinking/waste water, environmental health and environmental contaminants, transportation of hazardous materials)
- Community health (on site medical advice and orientation of health programs, infectious disease control (immunization), Tuberculosis Elimination Strategy)
- Pharmacy (managing the drug distribution program for FNIH health institutions, proper use of drugs, provision of pharmaceutical advice)

# First Nations and Inuit Home and Community Care and Maternal and Child Health Program

We work closely with the First Nations and Inuit communities to develop and coordinate these programs.

### **Contact information:**

The office of the First Nations and Inuit Health program in the Quebec Region is located at the following address:

Guy-Favreau Complex, East Tower, 2nd floor 200 West René-Lévesque blvd Montréal (Quebec) H2Z 1X4

If you need to reach us or to get additional information, please dial (514) 283-4774 or 1-877-483-1575 or visit the First Nations and Inuit Health Branch website at: www.hc-sc.gc.ca/dgspni/index.htm

