## Put your doctor at the centre of your plan to quit smoking this year



There are strategies you can use to finally quit. Talk to your physician and join the thousands of people who have stopped smoking this year.



The Y2Quit Newsletter is a collaboration of the College of Family Physicians of Canada, Health Canada, the Canadian Council for Tobacco Control, Physicians for a Smoke-free Canada and made possible through an educational grant from GlaxoSmithKline.



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