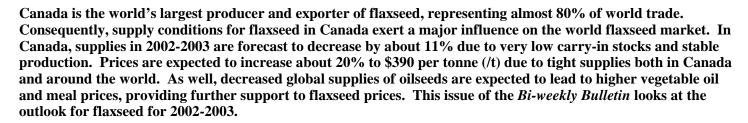
# Bi-weekly Bulletin

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## **FLAXSEED**



Flaxseed has been part of the diet of humans for thousands of years. The Babylonians cultivated flaxseed as early as 3,000 BC. Over the centuries, the production of flaxseed spread across Europe, Africa and finally to North America where it was the first oilseed to be widely grown in western Canada. Today, the unique properties of flaxseed differentiate it from other oilseeds in the industrial,

human food and livestock feed markets.

Most countries, other than those in North America, refer to flaxseed as linseed. In Europe, flaxseed refers to the tall, long fibre varieties of the crop produced for the linen textile industry, while linseed designates the short fibre varieties used for oil and livestock meal. In Canada, the vast majority of flaxseed produced is of the

short fibre oilseed varieties and is grown principally in the Prairie provinces of Saskatchewan, Manitoba and to a lesser extent Alberta. A limited amount of long fibre flaxseed is grown in Quebec and is processed by Fibrex Canada to produce flax fibre for linen textiles.

#### **Agronomy**

Flaxseed is best adapted to production in areas with lower growing temperatures and longer periods of daylight, where oil content and iodine values are optimized. As a result, the relatively long day length at western Canada's higher latitudes and relatively cool temperatures combine to make western Canada highly suited to the production of high quality flaxseed.

#### Research in Canada

Agriculture and Agri-Food Canada's (AAFC's) flaxseed breeding program takes place at the Morden Research Center in Morden, Manitoba. Ongoing research is looking to improve the oil content and quality of flaxseed, specifically by changing the oil profile to include increased levels of linolenic acid, also referred to as the omega-3 fatty acid. At the same time, research scientists are trying to increase and sustain yields and disease resistance to Pasmo, powdery mildew and sclerotinia.

#### Uses

Flaxseed has numerous industrial uses. The oil, called linseed oil, is a major ingredient in linoleum flooring and is also

WORL	D: FL	.AXS	EED	SUP	PLY	AND	DISF	POSITI	ON	
local marketing ye		1998 1999		1999 -2000		2000 -2001		2001 -2002e		2002 -2003f
Harvested Area (M Average Yield (t/ha		3.52 0.77		3.50 0.79		3.09 0.73		2.93 0.71		3.06 0.72
thousand tonnes										
Carry-in Stocks Production		170		310		560		410		270
Canada * China US ** India EU-15 Other Total Production	1,081 523 170 280 312 330	2,69 <u>6</u>	1,022 404 200 290 565 293	2,774	693 520 273 220 211 333		715 420 291 250 138 276	2,090	709 470 342 260 150 269	2,200
Total Supply		2,866		3,084		2,810		2,500		2,470
Crush Other <b>Total Use</b>	-	2,219 337 <b>2,556</b>		2,130 394 <b>2,524</b>		2,015 <u>385</u> <b>2,400</b>		1,910 320 <b>2,230</b>		1,950 300 <b>2,250</b>
Carry-out Stocks Trade		310 923		560 710		410 793		270 774		220 775
e: estimate, Oil World, June 28, 2002 f: forecast, AAFC, August 2002										

Source: Oil World, except \*Statistics Canada and \*\*USDA



used in paints and stains. The flax plant itself provides industrial fibre for the pulp and paper and automotive industries. For many years, the short flax fibre produced in Canada has been processed to be used in the manufacturing of fine bond papers. Recently, manufacturers have developed new technologies to use this strong, short fibre in other products such as car door panels, plant pots and retaining mats.

Flaxseed is classified as a functional food because it provides not only nutritional benefits, but other health benefits as well. These benefits, as described by the Mayo Clinic, include lignans which may play a role in preventing cancers of the breast, endometrium and prostrate, fibre which can help lower cholesterol, regulate blood sugar levels and aid in digestion, and omega-3 fatty acids which help lower the risk of cardiovascular disease and stroke.

Benefits from flaxseed can be introduced to the diet through flaxseed oil, milled flaxseed, or through omega-3 eggs, which are produced by hens on flaxseed-fortified rations. Products that are readily available in supermarkets and that contain flaxseed include breads, cereals, crackers, energy bars, baking mixes, snacks, soups and waffles. As well, whole or milled flaxseed is available at most grocery stores.

The benefits of flaxseed as animal feed are numerous. For poultry, flaxseed in the laying hens' rations results in eggs which are higher in omega-3 fatty acid, which health conscious consumers want in their diet. For swine, the inclusion of flaxseed in the diet not only changes the nutritional quality of the pork by making more omega-3 fatty acid available to the consumer, but studies also suggest that flaxseed in the diet of breeding sows produces larger, healthier piglets. For

f: forecast, AAFC, August 2002

Source: Oil World

horses, flaxseed in the feed improves the coat and hair appearance, improves hoof condition and decreases nervousness. There is also promise that the chemical compounds found in flaxseed can be useful in treating a host of medical conditions including cardiac arrhythmia and chronic arthritis. Flaxseed is routinely included in premium pet foods to improve the overall health and appearance of cats and dogs. Research continues on how flaxseed could be incorporated into rations for dairy cattle to create products such as omega-3 enriched milk and cheese.

In general, flaxseed is milled before it is included in animal rations, to ensure maximum absorption of the nutrients in the flaxseed. Typically, flaxseed will be included in poultry feed at 10% or 20% of the ration, depending on the desired result for the eggs. For swine, flaxseed is added at 5%.

#### **WORLD**

#### **Production**

World production of the 10 major oilseeds (soybeans, cottonseed, canola/rapeseed, peanuts, sunflower seed, palm kernels, copra, sesame seed, flaxseed, and castorseed) is estimated at 320.5 million tonnes (Mt) in 2001-2002, a 3% increase over 2000-2001. Flaxseed production, at 2.1 Mt, represents only 0.6% of the production of the ten major oilseeds.

World production of flaxseed has ranged between 2 and 3 Mt since at least 1935. Over the past few years, since the recent peak of 2.8 Mt in 1999-2000, there has been a marked decrease in production, due primarily to policy changes in Europe and decreased yields in Canada. Canada is the largest producer of flaxseed in the world, with a 35% production share. Other

major producers include China, the United States (US) and India, but of these, only the US has an exportable surplus of flaxseed. Argentina, once a large producer of flaxseed, is no longer a major player. Within Europe, the main producers of flaxseed are Germany, the United Kingdom and France.

#### Crush

World flaxseed crush decreased by 5% to the relatively low level of 1.91 Mt in 2001-2002 due to low world production of flaxseed. The European Union (EU)-15 has the largest domestic crushing sector, followed by the US and China. The crushing process results in two products; linseed oil and linseed meal or linseed cake

Typically, flaxseed is processed by prepress solvent extraction, in the same way that canola is crushed. Flaxseed oil obtained through this method is used for industrial purposes. To obtain flaxseed oil suitable for human consumption, flaxseed is first cold pressed. A later hot press yields additional oil to be used for industrial purposes.

Historically the flaxseed crush in Europe was driven by the demand for linseed oil to be used in the production of linoleum, paints and other industrial products. Recently, however, the demand for nongenetically modified protein meal is driving the crush and the production of linseed oil in Western Europe is on the rise. The linseed meal is fed to livestock, primarily in Western Europe, while surplus linseed oil is sold to distant markets such as China and North Africa. In general, linseed meal is consumed in the country in which it is produced.

In 2001-2002 there were 1.21 Mt of linseed meal produced globally, but only 82,000 t were exported from the producing country. There is usually no carryover of linseed meal.

As the amount of flaxseed crushed has decreased, so has the production of linseed oil. Linseed oil production fell 5% to the relatively low level of 634,000 t in 2001-2002. An increase in production by the EU-15 was more than offset by decreased production in the US and China. Exports, on the other hand, increased to 121,000 t due to a large increase in exports by the EU-15 which more than offset decreased exports by the US.

#### **Food and Feed Uses**

Flaxseed is also used in whole or milled form, as human food or animal feed. There are no statistics available for this

WORLD: LINSEED OIL SUPPLY AND DISPOSITION										
October-September marketing year	1998 -1999		1999 -2000		2000 -2001		2001 -2002e			2002 -2003f
		thousand tonnes								
Carry-in Stocks Production EU-15	220	88	220	109	179	101	190	89	200	78
US China	108 24		125 118		179 115 135		190 106 125		200 130 125	
Other Total Production Total Supply	<u>381</u>	733 <b>821</b>	<u>247</u>	710 <b>819</b>	<u>241</u>	670 <b>771</b>	<u>213</u>	634 <b>723</b>	<u>220</u>	675 <b>753</b>
Disappearance Carry-out Stocks Trade		712 109 130		718 101 148		682 89 109		645 78 121		673 80 130
e: estimate, Oil World, J	e: estimate, Oil World, June 28, 2002									

breakdown at either the domestic level in Canada or at the world level. Since reaching 394,000 t in 1999-2000, feed and food uses have declined to about 320,000 t in 2001-2002. Most of the decline was caused by reduced supplies. In general, flaxseed is consumed as food in China and India, while in Europe and North America more flaxseed is consumed as feed than as food.

While scientists have talked about the health benefits of flaxseed for years. awareness of flaxseed as a food and feed has been building steadily among the general North American population in the last five years. The Flax Council of Canada estimates food and feed uses for Canadian flaxseed in the US have tripled since 1996, increasing from about 45,000 t in 1996-1997. The Flax Council of Canada began promoting flaxseed use in the US in the early 1990s, first with support from the federal department of Western Diversification and since 1996 with support from AAFC's Agri-Food Industry Market Strategies program. Promotion efforts include regularly attending key trade shows such as the American Dieticians' Association (ADA) trade show and Bakers Expo.

In addition, the Flax Council has provided the media with flax nutrition information and the media has responded eagerly. During an 11-month period from July 1999 to May 2000, flaxseed was mentioned 2,000 times in various US media, as tracked by a media-clipping service. The benefits of flaxseed are reported in many health, fitness and lifestyle magazines.

#### Trade

World trade in flaxseed is estimated at 774,000 t in 2001-2002, about 2% lower than in 2000-2001. Canada is the dominant exporter, with about 80% of the world's exports. The main import markets are Belgium-Luxembourg, Germany, the Netherlands, and to a lesser extent the US and Japan. In the EU, policy changes have led to a decrease in the local production of flaxseed, and as a result, the EU relies on imports from Canada and the US.

#### **CANADA**

#### Production

Almost all of the flaxseed grown in Canada is produced in western Canada. Until 1987, Manitoba was the dominant producer of flaxseed, but since 1993, Saskatchewan has been the main producer. In between those years, Manitoba and Saskatchewan each grew roughly half of Canada's flaxseed crop. For 2001-2002, production increased 3% to 715,000 t, as decreased yields were more than offset by a 14% increase in harvested area. That year, Saskatchewan harvested 471,500 hectares (ha) of flax (71% of Canada's flax), Manitoba harvested 176,000 ha (27%), and Alberta harvested 14,200 ha (2%).

#### **Domestic Use**

In Canada, domestic uses include limited crushing for oil, grinding for the inclusion of flax in baked goods, and feeding to livestock, especially poultry.

**Prices** 

Flaxseed prices generally follow the major oilseed crops. but because of different end uses, are not well correlated with other oilseeds. Canadian flaxseed prices (cash, in-store Thunder Bay) peaked at almost \$475/t in May of 1998, before falling to under \$215/t in August of 2000. Since that time there has been a strong and steady recovery in prices to

about \$388/t in August 2002. Flaxseed futures contracts trade at the Winnipeg Commodity Exchange and track the cash value of flaxseed.

#### **Exports**

Canada exports about 75% of its production and accounts for up to 80% of world trade. Canadian exports have been fairly stable since 1998-1999 and totalled 632,022 t (including solin), or \$182.8M in 2000-2001. For 2001-2002, exports are expected to decrease slightly to 605,000 t (including solin) due to tighter supplies. By value, exports will increase to about \$200M due to improved prices. Most of Canada's flaxseed is exported to the EU, specifically to Belgium, the Netherlands, and to a lesser extent, Germany. Significant amounts of flaxseed are also sold to the US, Japan and Egypt.

Canada also exports linseed oil, linseed meal, and flax fibre. Linseed oil exports totalled 5,390 t or \$12.3M in 2000-2001. Almost all linseed oil is exported to the US, but in the past China and South Korea were also major trading partners. For 2000-2001, 11,454 t, or \$1.8M, of linseed meal was also exported to the main markets of Belgium and the US. Flax fibre exports in 2000-2001 totalled 56,331 t or \$26.5M and the US was the only market.

### OUTLOOK: 2002-2003

#### World

World production is forecast to be higher than in 2001-2002, due primarily to increased production in the US. While total production is expected to increase by 5% to 2.20 Mt, total supply will actually decrease marginally to 2.47 Mt due to relatively low carry-in stocks. Total world use is expected to increase, resulting in very tight carry-out stocks. Prices should increase to rationalize use.

#### **United States**

National loan rates for minor oilseeds in 2002, as outlined in the Farm Security and Rural Investment Act (FSRIA) are differentiated by different oilseed types. These include oil-type sunflower seed, confectionary sunflower seed, flaxseed, canola, rapeseed, safflower and mustard seed. Previously, a single national average loan rate for all minor oilseeds was used, although there were differences in the posted county prices. Differences at the county level will now be much greater. The loan rate for flaxseed decreased about 25% from US\$5.21 per bushel (/bu) in 2001 to US\$3.91/bu in 2002. With the exception of oil-type sunflower seed, loan rates for all other minor oilseeds increased.

CANADA: FLAXSEED SUPPLY AND DISPOSITION								
August-July crop year	1998 -1999	1999 -2000	2000 -2001	2001 -2002e	2002 -2003f			
Harvested Area (000 ha) Average Yield (t/ha)	874 1.24	777 1.32		662 1.08	674 1.05			
	thousand tonnes							
Carry-in Stocks Production* Imports <b>Total Supply</b>	41 1,081 <u>5</u> <b>1,127</b>	151 1,022 2 1,175	386 693 11 <b>1,090</b>	259 715 <u>25</u> <b>999</b>	160 709 <u>25</u> <b>894</b>			
Exports* Total Domestic Use Total Use	727 249 <b>976</b>	568 221 <b>789</b>	613 218 <b>831</b>	605 234 <b>839</b>	600 <u>219</u> <b>819</b>			
Carry-out Stocks	151	386	259	160	75			
Stocks-to-Use Ratio	15%	49%	31%	19%	9%			
Average Producer Price (CAN\$/t)	313	237	261	320	375 -405			
e: estimate, AAFC, August 2002 * excluding solin f: forecast, AAFC, August 2002 Source: Statistics Canada and AAFC								

Despite the fact that flaxseed is agronomically adapted to most eastern and Midwestern States, almost all flaxseed produced in the US is grown in North Dakota. In recent years, the area seeded has grown dramatically from about 32,000 ha in 1996 to 320,000 ha in 2002. The increase in area seeded in 2002 can be best explained by the timing of the announcement of the FSRIA. By the time the Act was passed and the new loan rates were announced, many farmers had committed to seeding flaxseed. In the future, however, production will decrease, reflecting the new loan rate that is much lower than that for other crops.

#### Europe

This year, 2002, completes the 3 years of Agenda 2000, which sought to align aid payments for the various crop groups to the cereals rate in a staggered approach. Thus the aid on cereals rose from €320 per hectare (/ha) (€1.00 = CAN\$1.57 on July 22, 2002) in 2000 by 7-8% annually to where it is currently at €371/ha. Set aside payments were aligned to the cereals rate in 2000, while oilseeds and linseed (flaxseed) growers only saw alignment reached in 2002, with payments cut 15% and 17% respectively from 2001. This policy has resulted in decreased production of flaxseed for the short-term. Proposed changes to farm policy, which look to decouple subsidies from production, will likely result in further decreased production in the long-term.

#### Canada

Canadian seeded area, at 692,000 ha in 2002-2003 increased slightly, from 2001-2002. Erratic weather throughout the

f: forecast, AAFC, August 2002

Source: Statistics Canada

CANADA: FLAXSEED PRICES
No. 1 CW, WCE Cash, in-store Thunder Bay

500
450
450
300
250
200
Jan. 1998 Jul. Jan. 1999 Jul. Jan. 2000 Jul. Jan. 2001 Jul. Jan. 2002 Aug.
Source: Winnipeg Commodity Exchange

growing season resulted in a second year of low yields. As such, production is estimated to fall slightly to 709,000 t.

Due to a combination of depressed yields and low carry-in stocks, total supply is expected to decrease by 11%. Exports are expected to fall slightly, primarily due to lower supply. Exports to the EU will fall slightly due to increased competition from the US. Exports to the US will fall due to their increased domestic production. The average producer price is expected to increase significantly from \$320/t in 2001-2002 to \$390/t in 2002-2003, due to tight supplies of flaxseed at both the national and world levels, and the improved outlook for oilseeds in general. Prices could rise even higher if this summer's erratic weather results in crop losses in both western Canada and the state of North Dakota.

For the longer term outlook, the area seeded to flaxseed in Canada is expected

to remain fairly static at about 700,000 to 800.000 ha over the next 5 years. A return to trend yields would result in production of about 1.0 Mt per year. Increased demand for flaxseed as human food and animal feed will likely result in increased prices over the medium-term. As well, there are good prospects for linoleum production in North America in the next few years. Increased prices, however, will moderate the use of flaxseed for industrial purposes, such as paint and solvent manufacturing, and in the long-term, there will be relatively static world demand for flaxseed.

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CANADA: FLAXSEED EXPORTS* BY COUNTRY								
DI COUNTRI								
August-July crop year	1998 -1999	1999 -2000	2000 -2001	2001 -2002e	2002 -2003f			
İ		th	ousand	tonnes				
EU-15								
Belgium	300	251	382	375	385			
Netherlands	132	89	87	80	75			
Germany	36	38	1	12	10			
Other	40	1	21	23	<u>35</u>			
Total EU-15	508	379	491	490	505			
US	166	149	60	50	25			
Japan	64	39	43	45	50			
Egypt	21	22	25	4	10			
Other	<u>11</u>	10	13	<u>16</u>	10			
World	770	599	632	605	600			
e: estimate, AAF	* including solin							