

Table of Contents

Executive Summary	1
Chapter 1 – Introduction to the Canadian Youth, Sexual Health and HIV/AIDS Study	5
A. Overview	5
B. Concepts and Definitions of Sexual Health	6
C. Rationale for CYSHHAS	6
D. Conceptual Framework	7
E. Research Design	8
Survey Instruments	8
Sample and Recruitment.....	9
Sample Size	10
F. The 2002 CYSHHAS Report	11
References	12
Chapter 2 – Determinants of Sexual Health	13
A. Introduction	13
B. Socio-Demographic Determinants	13
C. School Experiences	23
D. Coping Skills and Self-Esteem	28
E. Risk Behaviours	33
F. Health Risk Behaviours	35
G. Family Structure and Relationships	40
H. Peers	44
I. Health and Education Services	47
Summary	52
References	53
Chapter 3 – Sexuality and Sexual Health	55
A. Introduction	55
B. Knowledge of HIV/AIDS and other STIs	56
Knowledge about transmission and protection	56
Knowledge about diagnosis and treatment.....	57
Knowledge about STIs and HIV/AIDS	58
Knowledge scores.....	64
Sources of information and knowledge scores	66
Class instruction time and knowledge scores	69
C. Sexual Health Attitudes	71
Attitudes towards HIV/AIDS and other STIs	71
Attitudes towards sexuality	72
Comparison of attitudes between the 1989 and 2002 surveys.....	72
D. Sexual Behaviour	74
Sexual activity	74
Comparison of sexual activity between 1989 and 2002	76
Reasons for not having sex	79
Age of sexual initiation and number of partners	83

E.	HIV/AIDS and STIs Protection	85
	Contraceptive and protective measures used	85
	Reasons for not using condoms	86
	Alcohol or drugs and sexual intercourse.....	87
	Pregnancy	88
	Sexually transmitted infections	88
	Attitudes towards condom use.....	91
	Sexual orientation and attitudes toward condom use	93
	Protection from HIV/AIDS	98
F.	Dating and Relationships	100
	Relationship dynamics	102
	Dating.....	108
G.	Sexual Health Determinants and Sexual Activity	110
	Parent relationships and sexual activity.....	110
	Disability and sexual activity	111
	School attachment, sexual activity and risk taking	114
	Peer influence and sexual activity.....	116
	Self-esteem and sexual activity	117
	Alcohol, drugs and condom use.....	123
	Sexual risk-taking.....	123
	Summary	128
	References	129
Chapter 4 – Summary, Conclusions, and Implications		131
A.	Summary	131
	Conceptual framework	131
	Health determinants.....	132
	Sexuality and Sexual Health	132
B.	Conclusions	133
	Encouraging aspects.....	133
	Worrisome aspects	134
C.	Implications	136
	Introduction	136
	Policy makers and implementers	136
	Educators and educational programs or interventions	136
	Medical professions and related personnel	137
	Future research.....	137
Appendix: List of Figures and Tables		139