### Giving Voice to Seniors' and Veterans' **Home and Community Health Interests**

Thank you for taking the time to complete this questionnaire. Our aim is to learn about your views and that of other seniors and Veterans on the issue of home care and community care supports and services in Canada. The information and answers you provide are valuable and important, and will form the basis of the report. This project is being performed by VON Canada as a result of funding provided under the Voluntary Sector Initiative and in partnership with Veterans Affairs Canada.

The research project has three primary objectives:

- 1 to develop recommendations to improve policy development in the area of present and future home and community care needs of Veterans and seniors across Canada
- 2 to identify factors limiting voluntary sector organizations' ability to assist Veterans and seniors
- 3 to provide recommendations to improve policy and public health programming for seniors and Veterans

### Please Note: All information you provide will be held in strict confidentiality: no individual will be identified.

Please note cut off date for questionnaire - January 30, 2003

Upon completion, please submit this questionnaire to:

Project Manager:

Esther Roberts Office (613) 233-8825 ext: 242

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#### **Home Care and Community Health Care**

This survey looks at Home Care and Community Health Care supports and services. What do we mean when we say "home care" or "community health care supports"? In this survey, "home care" or "community care" refer to health care services or homemaker services that are received either at home, or outside the home in the community. As well, the costs of these services must be covered entirely or partially by government, or by donations. So, home care and community care services can include, for example, home nursing care, help with personal care and housework, respite care, meal preparation or delivery services, or health rehabilitation services outside the home. Please keep this in mind as you answer the following questions.

8 – Is there anyone else in your home, such or a Veteran, who requires help or care that			
[ ] Yes [ ] No			
5 – The following is a list of activities of data manage on your own without any help? Plea you own without help, or check NO if you re	ise check YES		
<ul> <li>a) Food / meal preparation</li> <li>b) Cleaning</li> <li>c) Bathing</li> <li>d) Taking prescribed medication</li> <li>e) Laundry</li> <li>f) Shopping</li> <li>g) Banking/finances</li> <li>h) Driving a car</li> </ul>	YES [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ]	NO [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ]	
6 – If you need support with an activity of daily living, either for yourself or someone else, who helps you with the activity? (please check all that apply)			
<ul> <li>a) [ ] Friend or neighbour</li> <li>b) [ ] Health care worker</li> <li>c) [ ] Family member</li> <li>d) [ ] Worker you pay directly</li> <li>e) [ ] Community volunteer</li> <li>f) [ ] Government agency wor</li> <li>g) [ ] Other - (please explain)</li> </ul>			
7 – Is this a satisfactory arrangement for you	1?		
<ul><li>[ ] Very satisfactory</li><li>[ ] Satisfactory</li><li>[ ] Somewhat satisfactory</li><li>[ ] Not satisfactory</li></ul>			

# **Health Care Access Issues**

9 – If you needed home care and community care supports a know how to go about getting such services?	and services,	would you
[ ] Yes [ ] No		
10 – Listed below are a number of supports and services. Wand services are convenient for you to use? Please check YF use a service conveniently, and NO if you feel you cannot u conveniently.	ES if you feel	
<ul> <li>a) Convenient use of health and hospital service?</li> <li>b) Convenient use of social services?</li> <li>c) Convenient use of community centre?</li> <li>d) Convenient use of government offices?</li> <li>e) Convenient use of respite services?</li> <li>f) Convenient use of day care programs?</li> <li>g) Convenient use of other services? [please explain]</li> </ul>	YES [ ] [ ] [ ] [ ] [ ]	NO [ ] [ ] [ ] [ ] [ ]
11 – Many people face problems when trying to use home a supports and services in their community. Which, if any, of apply to you? (check all of those that apply to you)		•
<ul> <li>a) [ ] Lack of programs and services in your conditions.</li> <li>b) [ ] Financial restrictions (programs and services.</li> <li>c) [ ] Lack of private transportation?</li> <li>d) [ ] Lack of public transportation?</li> <li>e) [ ] Live too far from services?</li> <li>f) [ ] Other? (please explain)</li></ul>	ces not cover	ed)?
12 – Is it more convenient for you to use home and communiservices in a neighbouring community?	nity care supp	orts and
[ ] Yes [ ] No		1 1 1

# **Opportunities for Voicing Concerns**

13 – How concerned are you about being able to use homeare supports and services in your community?	e and commu	nity health
[ ] Very concerned		
[ ] Concerned		
[ ] Somewhat concerned		
[ ] Not concerned		
14 – Have you ever met or talked with others, either in yo community, about similar concerns and problems regarding community health care supports and services? (check all t	ng the use of h	
a) Met or talked with seniors groups		[ ]
b) Met or talked with Veterans groups	[ ]	[ ]
c) Met or talked with community groups	[ ]	[ ]
d) Met or talked with family, friends, or neighb		[ ]
e) Met or talked with service clubs		[ ]
f) Met or talked with church groups	[ ]	
g) Other [please explain]	L J	L J
Affairs Canada, Health Canada, or a Provincial Health au community health supports and services?  [ ] Yes [ ] No	топту, авош	nome and
16 – Have you ever voiced concerns to any of the following your community about home and community health support all that apply)	orts and service	
<ul><li>a) City or community councillor?</li><li>b) Provincial Member of the Legislature?</li><li>c) Federal Member of Parliament?</li></ul>		
17 – Do you believe that seniors and Veterans can help to and services are provided to seniors and Veterans?  [ ] Yes  [ ] No	change how p	programs
[ ] - · ·		
	-	

18 – In general, what do you feel can be done by se government aware of their needs in your community a) [ ] Call or write directly to the organization b) [ ] Call or write to a local representative c) [ ] Work with and through a local group d) [ ] Nothing can be done e) [ ] Other [please explain]	y? (check all thation's senior offic of the organizat	t apply) ers
19 – In what way would you be willing to participate community officials if the opportunity arose? (ple as		
a) Meet with them directly	[ ]	[ ]
b) Write them a letter	[ ]	[ ]
c) Phone them	[ ]	[ ]
d) Plan a campaign		
e) Get involved with a local advocacy group		[ ]
f) Other (please explain)		
Demographic Information		
20 – Are you a Veteran?		
[ ] Yes [ ] No		
21 - Are you married, or were you married, to a Ve	eteran?	
[ ] Yes [ ] No		
22 – In which province or territory do you live? (ple	ease write)	
[]		
23 – What is the approximate population of your co  [ ] Fewer than 10,000 persons  [ ] 10,000 to 100,000 persons  [ ] More than 100,000 persons	ommunity?	
		1 1 1

24 – Were you born in Canada?			
[ ] Yes [ ] No			
25 – Gender  [ ] Male  [ ] Female			
26 – What is your current marital status?  [ ] Married/partner [ ] Single [ ] Widow/widower [ ] Other (please explain)			
27 – Which age group applies to you?  [ ] 65 - 69 years  [ ] 70 - 74 years  [ ] 75 - 79 years  [ ] 80 - 84 years  [ ] 85 years and over			
29 – What type of accommodation do you live in?			
<ul> <li>Private house or apartment?</li> <li>Supportive housing / assisted living?</li> <li>Seniors or Veterans complex?</li> <li>Residence or long term care facility?</li> <li>Veterans home?</li> <li>Boarding house / shelter / rented room?</li> <li>Other (please describe)</li> </ul>			
30 – What, approximately, was your total household income last year?  [ ] less than \$15,000  [ ] \$15,000 – \$29,999  [ ] \$30,000 – \$39,999  [ ] \$40,000 – \$49,999  [ ] \$50,000 - \$59,999  [ ] \$60,000 - \$69,999  [ ] \$70,000 or more	ı	1	ı

31 – What is the highest level of education that you have completed? (check one)  [ ] Grade school (grade 8 or lower)  [ ] Some high school  [ ] Completed high school  [ ] Some post secondary (trade school, college, university)  [ ] Completed post secondary (diploma or degree graduation)
28 – What is your current living arrangement?  [ ] Live alone [ ] Live with spouse or partner only [ ] Live with family (includes extended family) [ ] Live with non-family (includes friends) [ ] Live with paid attendant [ ] Other (please describe)
32 – In general, how would you describe your health?  [ ] Excellent   [ ] Very good   [ ] Good   [ ] Fair   [ ] Poor
33 – We would like to ask about any chronic health conditions you may have.  These are long term conditions such as diabetes, allergies, asthma, heart disease, or arthritis, that have lasted or are expected to last 6 months or more and have been diagnosed by a health professional. Do you have a long term, chronic health condition?  [ ] Yes [ ] No
34 – We now would like to ask you about any activity limitations or restrictions you might have. These are long term health limitations lasting 6 months or more which affect or restrict your daily activities. As a result of a long term physical or mental condition or a health problem, are you limited or restricted in the amount of activity you can do?  [ ] Yes [ ] No
If you have additional comments please add them on the blank sheet attached.  Thank you for taking the time to complete this survey.