

# **Population Health Fund Later Life Component**



**Summaries of  
National Projects Funded**

**1997-2004**

*Our mission is to help the people of Canada  
maintain and improve their health.*  
Health Canada

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Project information does not necessarily represent the official views or policies of Health Canada.

Cette publication est aussi disponible en français:

*Fonds pour la santé de la population – Volet troisième âge : sommaires des projets subventionnés.*

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## **The Population Health Fund (1997-2004)**

The Population Health Fund was created in 1997 following Health Canada's adoption of a population health approach to further its continuing mandate to maintain and improve the health of Canadians. The goal of the Population Health Fund is to increase community capacity for action on or across the determinants of health. Through its support of time limited projects, the Population Health Fund seeks to:

- develop, implement, evaluate and disseminate community-based models for applying the population health approach;
- increase the knowledge base for program and policy development on population health;
- increase partnerships and develop intersectoral collaboration to address specific determinants of health, or combinations of determinants.

The population health approach builds on past work and achievements in the area of health promotion, while recognizing that many factors, in addition to the health care system, have a strong influence on health. The goals of a population health approach are to maintain and improve the health and well-being of the population as a whole and to reduce the inequities in health status between/among population groups.

Population health refers to the health of a population as measured by health status and as influenced by factors such as social, economic, and physical environments, personal health practices, individual capacity and coping skills, human biology, healthy childhood development, health services, gender and culture.

This approach promotes prevention and positive action on determinants which affect the health of the population as a whole, or that of specific population groups. Population groups may be defined by features such as geography, age, gender, and culture. It also recognizes that healthy development through the various life stages – *childhood and adolescence, early to mid-adulthood and later life* – is the key to good health.

## Foreword

The Division of Aging and Seniors of Health Canada is pleased to provide this booklet containing abstracts of the 63 national projects funded under the Population Health Fund (PHF) – *Later life* component, from 1997 to 2004. Each listing includes information on the sponsoring organization, project partners and activities, level of funding, and final products of the project. “National projects” refers to projects that are national in scope in terms of objectives and design, implementation and activities, target group and partner participation, and project impact and outcomes.

From 1997 to 2001, four national solicitations were conducted that focussed on one or more of the national priorities established for the *Later Life* projects to be funded by PHF. These were:

- ***Promoting healthy aging and addressing factors leading to illness, disability and death***
- ***Strengthening the capacity to support healthy aging***
- ***Enhancing personal autonomy and independence***
- ***Addressing concerns surrounding the end of life***

For the ***International Year of Older Persons*** (IYOP) in 1999, the national *Later Life* component of the PHF focussed more specifically on the objectives of the IYOP for Canada: “Building a society for all ages”. Projects funded under those criteria are identified by the acronym IYOP next to the project number (IYOP goals and a list of these projects can be found in Appendix II, on p. 77). The IYOP provided an opportunity for all Canadians to celebrate and benefit from seniors’ talents, energies, life experiences and contributions to society.

The Division of Aging and Seniors is proud of the many achievements of the funded projects and of its investment through the *Later life* component of the Population Health Fund.

Health Canada is committed to continuing its work in the area of healthy aging, building on its experience and successes over the past thirty years. The evidence, outcomes and achievements of these funded projects will be significant in framing the development of new Health Canada initiatives and interventions that improve the health and quality of life of older Canadians.



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## *Promoting healthy aging and addressing factors leading to illness, disability and death*

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Individuals have considerable capacity for continued health in later life by adopting positive lifestyle choices and coping strategies and maintaining strong personal relationships. At the same time, increased risk of illness, disability and premature death in later life are associated with many factors, including social isolation, unadaptive coping mechanisms, poverty, poor literacy, poor nutrition, and lack of physical activity.

**The challenge for action** is to develop the most effective strategies to expand the disability-free years of life, to reduce the occurrence of chronic diseases and disabilities, and to improve the health of seniors by:

- Increasing the knowledge base on the effectiveness of interventions pertaining to **personal health practices**, including nutrition, healthy eating, physical activity, appropriate medication use and smoking cessation. This includes gaining practical knowledge through demonstration or pilot projects, addressing challenges, barriers and factors affecting motivation, and using evidence-based best practices to reach underserved areas and to develop appropriate adaptations for those seniors who are most at risk (e.g. seniors with low income, senior women, isolated seniors, institutionalized seniors, older seniors, etc.).
- Identifying seniors in community or institutional settings who are at risk for **mental health problems**, identifying opportunities and challenges in addressing the mental health needs of seniors, and developing effective mechanisms and approaches for promoting seniors' mental health.
- Developing, testing and evaluating innovative interdisciplinary models to reduce and prevent **seniors' injuries** in institutions or in the community.

NB: Projects are listed in alphabetical order by project title (in language of origin).



**Title:** **Aboriginal seniors achieving health and independence with dignity**

**Project #:** 5555-15-1997/0000050

**Organization:** Native Women's Association of Canada  
1292 Wellington Street  
Ottawa, Ontario K1Y 3A9  
Tel.: (613) 722-3033  
Website: www.nwac-hq.org

**Start Date:** October 17, 1997  
**End Date:** October 31, 1998  
**Budget:** 1997/1998 \$151,700

The Native Women's Association of Canada (NWAC) is a non-profit organization incorporated in 1974 with the collective goal to enhance, promote and foster the social, economic, cultural and political well-being of Aboriginal women and their families in urban, rural, Métis and First Nation's communities in Canada.

**Partners:** Provincial and Territorial member associations of NWAC as well as other local and national Aboriginal organizations.

**Project:** The project increased knowledge of issues on aging of the Aboriginal population. By way of a literature review, a training session for facilitators, and a workshop, the project addressed personal and environmental factors affecting the aging Aboriginal population. It also created some new thinking among seniors about aging and wellness.

**Products/Results:**

- Resource Models for Aboriginal Seniors
- Workshop Summary
- Report, Research Agenda and Framework on Issues Affecting Aboriginal Seniors

**Title:** **Aboriginal seniors' medication use: resources to promote safe use**

**Project #:** 5555-15-1997/0000011

**Organization:** Nechi Training, Research and Health Promotions Institute  
P.O. Box 34007, Kingsway Mall  
Edmonton, Alberta T5G 3G4  
Tel.: (403) 459-1884  
Website: www.nechi.com

**Start Date:** December 3, 1997  
**End Date:** September 2, 1998  
**Budget:** 1997/1998 \$66,940

Nechi Training, Research and Health Promotions Institute was incorporated as a non-profit society in 1974 by Aboriginal people who believed that Aboriginals themselves must take charge of reducing the problems caused by alcohol and drug abuse in their communities.

**Partners:** National Indian and Inuit Community Health Representatives Organization (NIICHRO), the Alberta Pharmaceutical Association, the Nunee Health Authority and other Alberta based Aboriginal Organizations.

**Project:** Nechi developed and tested culturally relevant and appropriate educational products in order to promote the safe and informed use of medications by Aboriginal seniors in Canada. The project produced culturally appropriate and language and education level appropriate resources to assist Aboriginal seniors in using their medications safely. It also developed a two-day training program for those who work with Aboriginal seniors on key medication use issues, as well as how to communicate with seniors on these issues through facilitating community-based workshops.

**Products/**

- Results:**
- Workshop Guides: "Promoting Safe Medication Use by Aboriginal Seniors"
  - Report Summarizing the Views of Seniors

**Title:** **BreathWorks – Help for people with Chronic Obstructive Pulmonary Disease / ActionAir – Mieux vivre avec votre maladie pulmonaire obstructive**

**Project #:** 6785-15-2001/0390587

<b>Organization:</b>	Canadian Lung Association	<b>Start Date:</b> May 21, 2002
	3 Raymond Street - Suite 300	<b>End Date:</b> March 31, 2004
	Ottawa, Ontario K1R 1A3	
	Tel.: (613) 569-6411	<b>Budget:</b> 2002/2003 \$80,000
Website: www.lung.ca		2003/2004 \$120,000
		<i>Total:</i> <b>\$200,000</b>

The Canadian Lung Association (CLA) is one of Canada's oldest voluntary health organizations. It is the premiere source of respiratory health information in Canada with a history in Chronic Obstructive Pulmonary Disease (COPD) programming of several decades. Its mission is to lead nationwide and international lung health initiatives to prevent and manage lung disease as well as to promote lung health.

**Partners:** Canadian Thoracic Society, Canadian Physiotherapy Cardio-Pulmonary Rehabilitation Society; Canadian Nurses Respiratory Society; Respiratory Therapy Society of the Canadian Lung Association; and the University of Toronto.

**Project:** With this project, CLA is providing support and reassurance to the families of those living with COPD. It is providing information and education regarding COPD and its management via print and electronic media, as well as guidance regarding course of management and resource links to other support services and programs locally, provincially and nationally.

**Products/  
Results:**

- Handbook: "The BreathWorks Plan, Help for People with Chronic Obstructive Pulmonary Disease (COPD)"(also available in French)
- Website: [www.lung.ca/breathworks/](http://www.lung.ca/breathworks/)

Available upon completion of the project.

**Title:** Canadian coalition for seniors' mental health/Coalition canadienne pour la santé mentale des aînés

**Project #:** 6785-15-2001/0390552

**Organization:** Canadian Academy of Geriatric Psychiatry  
36 Warwick Avenue  
Toronto, Ontario M6C 1T8  
Tel.: (613) 233-8825  
Website: www.cagp.ca

**Start Date:** October 1, 2002

**End Date:** March 31, 2004

**Budget:** 2002/2003 \$55,037

2003/2004 \$121,963

*Total:* **\$177,000**

The Canadian Academy of Geriatric Psychiatry (CAGP) is a national organization of psychiatrists. Its mission is to promote seniors' mental health by participating in clinical and educational programs that foster mental well-being and good psychiatric care for older adults.

**Partners:** Alzheimer Society of Canada, Canadian Association for the Fifty-Plus and Canadian Caregivers' Association.

**Project:** Through the Canadian Coalition for Seniors Mental Health, CAGP is optimizing mental health services for all seniors who reside in long-term care facilities by strengthening the network of stakeholders.

**Products/Results:** Upon completion of the project, two educational inventories comprised of both Canadian and International materials will be developed and disseminated.

**Title:** Culturally appropriate best practices for healthy aging

**Project #:** 6785-15-2000/0390347

**Organization:** Canadian Ethnocultural Council  
176 Gloucester Street, Suite 400  
Ottawa, Ontario K2P 0A6  
Tel.: (613) 230-3867  
Website: www.ethnocultural.ca

**Start Date:** September 27, 2000

**End Date:** September 27, 2003

<b>Budget:</b>	2000/2001	\$34,100
	2001/2002	\$121,000
	2002/2003	\$100,000
	2003/2004	\$65,900
	<i>Total:</i>	<b>\$321,000</b>

The Canadian Ethnocultural Council (CEC) was established in 1980 with the objectives of providing a forum for communication among different ethnocultural communities for Canada; and of disseminating to the Canadian public, government, elected officials, media and other agencies, information on ethnocultural communities and their concerns.

**Partners:** United Chinese Community Enrichment Services Society, Ukrainian Canadian Congress, Multicultural Association of Nova Scotia and the National Council of Barbadian Association in Canada.

**Project:** The CEC proposed this project to inform and educate ethnocultural seniors, their caregivers and health care providers of culturally appropriate and relevant best practices on healthy aging. The CEC is developing education tools and strategies to address the risk factors and health issues faced by ethnocultural seniors, their families and caregivers. The project is also addressing the most common chronic conditions and mental health issues facing seniors (e.g. musculo-skeletal conditions, diabetes, heart disease, cancers) using a culturally sensitive community-based, health promotion and disease prevention approach.

**Products/  
Results:**

- Report: "Ethnic seniors and healthy aging: perceptions, practices, and needs".

Available upon completion of the project.

**Title:** Development of resource kit for common drug related problems

**Project #:** 5555-15-1997/0000064

**Organization:** Canadian Pharmacists Association  
1785 Alta Vista Drive  
Ottawa, Ontario K1G 3Y6  
Tel.: 1-800-917-9489 or (613) 523-7877  
Website: www.pharmacists.ca

**Start Date:** November 6, 1997  
**End Date:** June 30, 1998  
**Budget:** 1997/1998 \$102,200

The Canadian Pharmacists Association (CPhA) is the national voluntary association of pharmacists. Its mission is to establish the pharmacist as the health professional whose practice, based on unique knowledge and skills, ensures optimal patient outcomes from drug therapy.

**Partners:** Lambton Seniors Association in Sarnia and a National Advisory Panel of pharmacists.

**Project:** The project reviewed the most commonly identified issues older adults have with their medications, and created prototypes of screening tools and response guides that identify and resolve the problems. One aspect of the kit is a checklist that can be used by seniors themselves to identify potential areas of concern or symptoms of drug related problems. This empowers older adults to ask more direct questions about their medication therapies and promotes the health of the non-institutionalized older adult population.

**Products/**

**Results:** ■ Tool Kit: “Just Checking... Am I Getting the Most From my Medication?”

**Title:** **Enhancing seniors' nutrition from awareness to action / La nutrition : un élément essentiel pour vieillir en santé**

**Project #:** 5555-15-1997/0000038

**Organization:** National Institute of Nutrition  
408 Queen Street, 3<sup>rd</sup> Floor  
Ottawa, Ontario K1R 5A7  
Tel.: (613) 235-3355  
Website: www.nin.ca

**Start Date:** December 3, 1997  
**End Date:** May 14, 1998  
**Budget:** 1997/1998 \$54,975

Founded in 1983, the National Institute of Nutrition (NIN) is a national, non-profit organization providing effective leadership in promoting the nutritional well-being of all Canadians through research, education and health promotion.

**Partners:** Representatives from the seniors' community and stakeholders from the health, academic and private sectors.

**Project:** The project fostered intersectoral collaboration to reinforce healthy eating practices among Canadian seniors. The project broadened the understanding of nutrition issues, attitudes and knowledge shaping the dietary practices of various age cohorts of Canadian seniors. It increased awareness among stakeholders from industry, the health profession, academia and the seniors' community, of good nutrition practices and the challenges to optimal nutritional health of older Canadians. It also identified key action areas to enhance seniors' nutritional health and healthy eating behaviours.

As a major activity, the project developed a background paper on nutrition issues for seniors. A stakeholders' workshop was also held to discuss the findings and implications of optimal nutritional health for older Canadians.

**Products/  
Results:**

- Proceedings: "Enhancing Seniors' Nutrition From Awareness to Action" (also available in French).

**Title:** **Enhancing the health of informal caregivers through physical activity**

**Project #:** 6785-15-2001/0390570

**Organization:** Canadian Association for Community Care  
1 Nicholas Street  
Ottawa, Ontario K1N 7B7  
Tel.: (613) 241-7510  
Website: www.cacc-acssc.com

**Start Date:** May 21, 2002  
**End Date:** March 31, 2004

**Budget:**

2002/2003	\$83,208
2003/2004	\$116,760
<i>Total:</i>	<b>\$199,968</b>

The Canadian Association for Community Care (CACC) is a national association committed to a strong voice for the community care sector including home-based care, facility-based long term care, and community support programs. Its mission is to promote the development of a range of high quality, flexible, responsive and accessible community care services within a seamless continuum of care.

**Partners:** Active Living Coalition for Older Adults (ALCOA) and other health providers concerned with healthy aging, active living, and the creation of supportive environments.

**Project:** CACC is developing, testing, and evaluating models of active living programs for older informal caregivers and will be disseminating these for implementation at local levels. The program is designed to respond to, and be sensitive to the unique needs of caregivers in respect to income, availability, schedules, time, lack of respite care, transportation, as well as facilitating social networks to minimize social isolation. Caregivers' increased physical participation will enhance their health and improve their capacity to provide care.

Upon completion of the project, there will be the development of effective active living strategies to support the health of informal caregivers and the recipients of their care.

**Products/  
Results:** Available upon completion of the project.



**Title:** **Ethnocultural communities and guardianship**

**Project #:** 5555-15-1997/0000054

**Organization:** Minority Advocacy and Rights Council **Start Date:** December 3, 1997  
190 Wright Street **End Date:** June 30, 1998  
Hull, Quebec J8X 2G7  
Tel.: (819) 776-4495 **Budget:** 1997/1998 \$53,195

The Minority Advocacy and Rights Council (MARC) is a non-profit organization formed in 1991 for the purpose of monitoring, assisting, sponsoring and undertaking selective litigation concerning human rights legislation and the Canadian Charter of Rights and Freedoms, in the promotion and protection of minority rights.

**Partners:** Immigrant and Visible Minority Women Against Abuse (IVM) and the National Organization of Immigrant and Visible Minority Women (NOIVM).

**Project:** MARC produced an educational package that includes a brochure and a workshop facilitator's guide that contains basic legal advice, public legal information and the names of contact agencies. The package was produced to assist ethnocultural and other seniors in preventing elder abuse of ethnocultural seniors. Twenty-four thousand brochures (in eight languages) were distributed to seniors and other interested parties through 60 community groups.

**Products/**

**Results:**

- Brochure: "Guardianship of Adults" (available in several languages)
- Adult Guardianship Facilitator's Guide

**Title:** **4th Global Conference of the International Federation on Ageing /**

*Promoting healthy aging and addressing factors  
leading to illness, disability and death*

## 4<sup>e</sup> Conférence sur le vieillissement de la Fédération internationale de la vieillesse

**Project #:** 5555-15-1997/0000153

**Organization:** Canadian Board of Directors  
4<sup>th</sup> Global Conference of the International Federation on Ageing  
425 Viger Av. W., Suite 520  
Montreal, Quebec H2Y 3X7  
Tel.: (514) 396-3358  
Website: www.ifa-fiv.org

**Start Date:** February 26, 1999  
**End Date:** January 4, 2001  
**Budget:** 1999/2000 \$100,000

The International Federation on Ageing (IFA) is a non-governmental, not-for-profit organization linking more than 100 associations in over 50 nations around the world. It is committed to providing a world-wide forum on aging issues and concerns and to fostering the development of associations and agencies that serve or represent older persons. The IFA has consultative status at the United Nations.

**Partners:** Governments of Canada, Quebec and New Brunswick, as well as some seniors organizations from all parts of Canada.

**Project:** This project planned the 4<sup>th</sup> global conference of the IFA in the areas of marketing and communications, and administration. The conference built on the theme identified by the United Nations for IYOP: *Towards a Society for All Ages*; over 3,000 delegates participated from around the world.

**Products/  
Results:** Symposium Summary: "End-of-life Care for Seniors: Canadian Initiative and Lessons Learned".

**Title:** **Improving the quality of life of Canadian urban seniors: a community-based participatory project / Améliorer la qualité de vie des Canadiens du troisième âge vivant en milieu urbain : un projet communautaire participatif**

**Project #:** 6785-15-1998/0390003 (IYOP)

**Organization:** Centre for Health Promotion  
c/o Department of Public Health Sciences  
University of Toronto  
100 College St. Suite 511  
Toronto, Ontario M5G 1L5  
Tel.: (416) 978-1101  
Website: www.phs.utoronto.ca

**Start Date:** February 22, 1999  
**End Date:** February 22, 2001

**Budget:** 1999/2000 \$161,628  
2000/2001 \$101,217  
**Total: \$262,845**

The Centre for Health Promotion is an extra-departmental unit in the Medical School at the University of Toronto. The project was coordinated by the Quality of Life Research Unit of the Centre, which has developed an approach to assess the quality of life of seniors living in the community.

**Partners:** Toronto Seniors Health Promotion Interest Group. The Centre also enlisted the participation of an official from the municipal or territorial government, a researcher from a local university and a local seniors organization. Close to 30 organizations and agencies participated in the project

**Project:** The project developed and implemented a model by which seniors can identify and work to influence the determinants of health in their urban community. Project activities took place in Toronto, Halifax, Montréal, Québec, Ottawa, Regina, Vancouver and Whitehorse, where local groups organized consultations and developed action plans on the issues and factors affecting seniors' quality of life.

**Products/Results:**

- Webpage: [www.utoronto.ca/seniors](http://www.utoronto.ca/seniors)
- Summary Report: "A Nation for All Ages? A Participatory Study of Canadian Seniors' Quality of Life in Seven Municipalities"
- Québec: "Améliorer la qualité de vie des Canadiens âgés vivant en milieu urbain"
- Montréal: "Quality of Life of Older Adults Living in Montréal: Associated Factors and Courses of Action"(also available in French and Spanish)
- Ottawa: "Improving the Quality of Life for Ottawa Seniors"
- Toronto: "A City for All Ages: fact or fiction? Effects of Government Policy Decisions on the Quality of Life of Toronto Seniors"
- Regina: "Speak Up, Speak Out. Improving the Life of Saskatchewan Seniors"
- Whitehorse: "How's Life? A Participatory Project Involving Yukon Seniors"
- Vancouver: "Improving Quality of Life of Urban Canadian Seniors: A Community-Based Participatory Project".

**Title:** **Jeunesse d'aujourd'hui - Vieillesse de demain**

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*Promoting healthy aging and addressing factors leading to illness, disability and death*

(Today's Youth - Tomorrow's Seniors)

**Project #:** 6785-15-1998/0390135 (IYOP)

**Organization:** Assemblée des aînées et  
et aînés francophones du Canada  
P.O. Box 198  
Pointe-de-l'Église, Nova Scotia  
B0W 1M0  
Tel.: (902) 837-1081  
Website: [www.franco.ca/aafc/](http://www.franco.ca/aafc/)

**Start Date:** July 2, 1999

**End Date:** October 2, 2000

**Budget:** 1999/2000 \$119,621  
2000/2001 \$28,610  
*Total:* **\$148,231**

Founded in 1982, the Assemblée des aînées et aînés francophones du Canada [Assembly of francophone seniors of Canada] is the only national francophone association representing seniors from every province and territory. Its objective is to bring together francophones from across the country who are retired or are in pre-retirement.

**Partners:** Fédération de la jeunesse canadienne-française [French-Canadian youth federation]

**Project:** The Assemblée established a general awareness program on the impact of the determinants of health on quality of life in aging and it created a toolkit promoting concrete action in relation to the determinants. The purpose of the project was to make young adults and persons who are growing older more aware of the importance of the determinants of health for quality of life and healthy aging, as well as to develop tools for taking appropriate action in relation to those determinants.

**Products/  
Results:**

- The final report including the results of the consultation groups, a synthesis of those results and recommendations (French only).

**Title:** 1999 National Nutrition Month / Mois national de la nutrition 1999

**Project #:** 6785-15-1998/0390212 (IYOP)

**Organization:** Dietitians of Canada  
480 University Avenue  
Suite 604  
Toronto, Ontario M5G 1V2  
Tel.: (416) 596-0857  
Website: www.dietitians.ca

**Start Date:** January 28, 1999

**End Date:** May 10, 1999

**Budget:** 1998/1999 \$33,000

Dietitians of Canada is an association representing approximately 5,000 dietitians across Canada. The primary purpose of the association is to support members as advocates for the health of Canadians through food and nutrition.

**Partners:** The Canadian Cancer Society and the Heart and Stroke Foundation partnered with the association to disseminate healthy eating messages and resources through their networks.

**Project:** The project supported the Dietitians of Canada's 1999 National Nutrition Month, which was held in March 1999. The campaign focused on healthy aging and healthy lifestyles, with the slogan "Eat Well, Live Well... for a Lifetime". The campaign raised awareness of nutrition as a key contributor to health and healthy aging. It offered clear and consistent messages on healthy eating and profiled key nutrition resources for communities, seniors and other consumers.

**Products/**

**Results:**

- Webpage: [www.dietitians.ca/eatwell](http://www.dietitians.ca/eatwell).
- Guide: "The ABC of Healthy Eating: A Health Professional's Guide to Antioxidants, B Vitamins, Calcium and Other Bone Health Nutrients".
- Several fact sheets and a brochure providing nutrition tips and suggestions to consumers.

**Title:** National Post Polio Network

**Project #:** 6785-15-2001/0390515

**Organization:** Ontario March of Dimes

10 Overlea Boulevard

Toronto, Ontario M4H 1A4

Tel.: 1-800-263-3463 or (416) 425-3463

Website: www.dimes.on.ca

**Start Date:** May 21, 2002

**End Date:** March 31, 2004

**Budget:** 2002/2003 \$80,000

2003/2004 \$120,000

*Total:* **\$200,000**

The Ontario March of Dimes (OMOD) is a provincial association with a mandate to assist physically disabled adults to lead a meaningful and dignified life by building on existing abilities, promoting choice, community integration and self-sufficiency.

**Partners:** Provincial representatives from the Post Polio Associations across Canada and representative consultants from nine named medical and social disciplines.

**Project:** OMOD proposed to create the National Post Polio Network (NPPN) in order to provide education, information and support directly to polio survivors who are generally adults 45 and older, and who may be experiencing the next stages of disabling health problems referred to as Post Polio Syndrome.

Upon completion of the project, there will be an increased awareness of the late effects of polio and post polio syndrome, a national registry of polio survivors, a national bilingual newsletter, an expanded bilingual web service, development of a national health care professional education program, bilingual educational packages, assistance to individuals and groups establishing new associations and peer support groups across Canada, as well as assistance to established provincial support groups and associations to expand services into new populations and new areas.

**Products/**

**Results:** Available upon completion of the project.

**Title:** Screening and managing medication problems in isolated, independent-living seniors

**Project #:** 6785-15-2001/0390537

**Organization:** Canadian Pharmacists Association  
1785 Alta Vista Drive  
Ottawa, Ontario K1G 3Y6  
Tel.: 1-800-917-9489  
or (613) 523-7877  
Website: www.pharmacists.ca

**Start Date:** May 21, 2002

**End Date:** March 31, 2004

**Budget:** 2002/2003 \$67,280  
2003/2004 \$132,470  
*Total:* **\$199,750**

The Canadian Pharmacists Association (CPhA) is a professional association providing leadership to pharmacists in all areas of practice. It is active in community and hospital pharmacies, long-term care facilities, and home care. CPhA's mission is to establish the pharmacist as the health professional whose practice ensures optimal patient outcomes from drug therapies.

**Partners:** The Canadian Association for Community Care (CACC) and the Canadian Association for the Fifty-Plus (CARP).

**Project:** CPhA proposed to examine the role that a pharmacist could play in helping independent-living seniors manage their medication better. Some of the services proposed by Home care pharmacy entail the provision of specialized, complex pharmaceutical products, clinical assessment and monitoring of seniors in their homes, infusion therapy, parenteral and enteral nutrition and hospice pharmaceutical services.

**Products/Results:** Upon completion of the project, there will be resource guides, screening tools, and training workshops for seniors and support workers. Partners will continue to promote and support the delivery of training packages.

**Title:** Seniors' health: strengthening capacity for physical and social well-being

**Project #:** 6785-15-2001/0390543

**Organization:** VON Canada  
110 Argyle Avenue  
Ottawa, Ontario K2P 1B4  
Tel.: (613) 233-8825  
Website: www.von.ca

**Start Date:** May 21, 2002

**End Date:** March 31, 2004

**Budget:** 2002/2003 \$77,407  
2003/2004 \$114,053  
*Total:* **\$191,460**

The Victorian Order of Nurses for Canada (VON Canada) is a national health organization with a network of 72 branch offices across Canada. Local branches offer a range of community health care programs and services.

**Partners:** Canadian Centre for Activity and Aging (CCAA) is a research centre affiliated with the University of Western Ontario.

**Project:** VON Canada's project proposes to strengthen capacities for physical and social well-being by creating a best practice model required to deliver a professionally structured physical exercise program for seniors.

**Products/Results:** Upon completion of this project, a model for the creation of a nationally based program and a best practice template will be created, including several wellness programs.



**Title:** Seniors' mental health and home care

**Project #:** 6785-15-2000/0390331

**Organization:** Canadian Mental Health Association  
National Office  
2160 Yonge Street, 3rd Floor  
Toronto, ON M4S 2Z3  
Tel.: (416) 484-7750  
Fax: (416) 484-4617  
Website: www.cmha.ca

**Start Date:** August 8, 2000

**End Date:** July 8, 2003

**Budget:**

2000/2001	\$42,900
2001/2002	\$107,087
2002/2003	\$89,350
<i>Total:</i>	<b>\$239,337</b>

The Canadian Mental Health Association (CMHA) was founded in 1918 and has a Division office in each province and territory. It is dedicated to mental health promotion and to ensuring the provision of effective services for people with mental health problems.

**Partners:** Canadian Home Care Association, the Victorian Order of Nurses Canada and Canada's Association for the Fifty-Plus.

**Project:** The project proposed to enhance the capacity of home support services to identify and support seniors' mental health. It is also exploring strategies and models that home care providers can use for optimizing seniors' mental health and identifying, minimizing, or preventing mental health problems and disorders.

**Products/  
Results:**

Upon completion of the project, there will be the development and the dissemination of a policy and planning tool to build appropriate pathways to care, and a service delivery guide for home health workers will be available.

**Title:** Seniors' mental health and self help – Forum / La santé mentale des aînés et l'entraide – Forum

**Project #:** 5555-15-1997/0000013

**Organization:** Canadian Mental Health Association  
National Office  
2160 Yonge St., 3rd Floor  
Toronto, Ontario M4S 2Z3  
Tel.: (416) 484-7750  
Website: www.cmha.ca

**Start Date:** November 6, 1997

**End Date:** March 31, 1998

**Budget:** 1997/1998 \$57,820

The Canadian Mental Health Association (CMHA) is the only voluntary organization in Canada that deals with all aspects of mental health and mental illness.

**Partners:** One Voice Seniors Network, Self-Help Canada, Canadian Network of Self-Help Centres and the Canadian Association for Community Care.

**Project:** The project brought together seniors and organizations involved with seniors, mental health, and self-help to share ideas and strategies towards enhancing self-help resources for seniors' mental health. The project outlined an environmental scan of existing resources for seniors' self-help for mental health, it identified models and gaps in resources, particularly for isolated seniors or those who are caregivers. The project also charted action steps for future initiatives to promote self-help resources for seniors' mental health.

**Products/**

**Results:** ■ Proceedings: "Bringing the Self-Help Message to Seniors"  
(also available in French).

**Title:** Spirit in motion - active living and Aboriginal older adults / Un esprit dynamique : Vie active et Autochtones du 3<sup>e</sup> âge

**Project #:** 6785-15-1998/0390030 (IYOP)

**Organization:** National Indian & Inuit Community Health Organization Representatives (NIICHRO)  
P.O. Box 1019  
#One Roy Montour Lane  
Kahnawake, Quebec J0L 1B0  
Tel.: (450) 632-0892  
Website: www.niichro.com

**Start Date:** June 22, 1999  
**End Date:** October 22, 2000

**Budget:** 1999/2000 \$145,125  
2000/2001 \$130,325  
**Total: \$275,450**

The National Indian and Inuit Community Health Representatives Organization (NIICHRO) is a non-governmental organization incorporated in 1992. It assists Community Health Representatives (CHRs) in improving the health status of Indian and Inuit people to the level enjoyed by most of the Canadian population.

**Partners:** Centre for Active Living and Aging and the Active Living Coalition for Older Adults (ALCOA).

**Project:** With this project, NIICHRO developed an active living program for Elders, created an awareness of the benefits of active living to the broader Aboriginal community, and complemented an earlier diabetes project. The approach focused on motivating Elder Aboriginals to become more active and on encouraging traditional lifestyles. The project targeted Aboriginal Elders that were well, disabled, with chronic conditions, confined to wheelchairs or bedridden. The project used a train-the-trainer model to train approximately 250 CHRs and other health workers.

**Products/  
Results:**

- “Community Health Representatives - Training Kit”  
(also available in French).

**Title:** Stepping in: long-term care collaborative falls prevention project

**Project #:** 6785-15-2001/0390538

**Organization:** University of Victoria  
Prevention & Health Promotion Division  
Ministry of Health Services  
2<sup>nd</sup> Floor, 1520 Blanshard Street  
Victoria, British Columbia V8W 3C8  
Tel.: (250) 952-1520  
Website: [www.healthservices.gov.bc.ca/prevent/](http://www.healthservices.gov.bc.ca/prevent/)

**Start Date:** June 19, 2002  
**End Date:** March 31, 2004

**Budget:** 2002/2003 \$82,533  
2003/2004 \$117,386  
**Total: \$199,919**

The Adult Injury Management Network (AIMNet) at the University of Victoria has an established track record in the area of falls and fall-related injury prevention among older people. AIMNet is recognized as a national leader in the field of injury prevention.

**Partners:** British Columbia Injury Research and Prevention Unit at the Centre for Community Health & Health Evaluation Research (Children's & Women's Health Centre of B.C.), the Institute on Health of the Elderly (University of Ottawa) and the School of Nutrition & Dietetics (Acadia University).

**Project:** The goal of this project is to reduce falls and fall-related injuries among residents of long-term care facilities in several pilot sites across Canada. The proposed model focuses on the determinants of health that put residents of care facilities at greatest risk of sustaining a fall and related injuries. Through the creation of networks of support and information, this project aims to strengthen the capacities of both the residents of these facilities and those who care for them. The project results include the publication of a paper in a scientific journal and presentations at national conferences such as the Canadian Association of Gerontology Annual Scientific and Educational Meeting.

**Products/**

**Results:** Available upon completion of the project.

**Title:** A Strategy to optimize the use of hypnotics in the elderly

**Project #:** 5555-15-1997/0390039

**Organization:** Addiction Research Foundation  
33 Russell Street  
Toronto, Ontario M5S 2S1  
Tel.: (416) 535-8501  
Website: www.camh.net

**Start Date:** December 3, 1997

**End Date:** April 30, 1998

**Budget:** 1997/1998 \$78,169

The Addiction Research Foundation (ARF) is an Ontario agency that develops and makes available knowledge and programs that can reduce the problems caused by alcohol and other drugs. The ARF has a substantial interest in safe medication use and its impact on abuse and dependence.

**Partners:** Experts from the Sunnybrook Health Science Centre (a University of Toronto teaching hospital), the Department of Psychiatry of the University of Toronto and the Canadian Pharmacists Association.

**Project:** The project did a situational analysis to increase knowledge of the use of prescription and non-prescription products, and their combination, by the elderly Canadian population. With the help of focus groups, an assessment of the need for an intervention strategy to optimize the use of hypnotics was also done.

**Products/  
Results:**

- Final report including an Action Plan for the development of the intervention strategy.

**Title:** **Supporting healthy aging: round table and forum / Table ronde et tribune pour le vieillissement en santé**

**Project #:** 5555-15-1997/0000077

**Organization:** Active Living Coalition for Older Adults  
33 Laird Drive  
Toronto, Ontario M4G 3S9  
Tel.: 1-800-549-9799 or (416) 423-2069  
Website: www.alcoa.ca

**Start Date:** November 6, 1997  
**End Date:** June 30, 1998

**Budget:**

1997/1998	\$2,700
1998/1999	\$37,600
<i>Total:</i>	<b>\$40,300</b>

The Active Living Coalition for Older Adults (ALCOA) is a partnership of organizations and individuals having interest in the field of aging. It encourages older Canadians to maintain and enhance their well-being and independence through a lifestyle that embraces daily physical activities.

**Partners:** Canadian Centre for Activity and Aging, National Anti-Poverty Organization, Cooperative Housing Federation, National Institute of Nutrition, and Canadian Ethnocultural Council.

**Project:** The 1999 forum highlighted innovative best-practice models and approaches; it demonstrated ways to improve health and functional independence among low-income populations, long-term care settings and Aboriginal communities; it helped breakdown stereotypes of old age in the form of dance, drama, music and sport demonstrations; and, it finalized collaborative, national action plans on population health approaches to active aging.

**Products/  
Results:**

- Proceedings: “National forum on older adults’ active living – activity for older adults: from research to action” (also available in French).

**Title:** **Training in medication management for informal caregivers of seniors in the home / Formation sur l'administration des médicaments, à l'intention des aidants naturels des aînés vivant à domicile**

**Project #:** 6785-15-2000/0390340

**Organization:** Canadian Association for Community Care  
1 Nicholas Street  
Ottawa, Ontario K1N 7B7  
Tel.: (613) 241-7510  
Website: www.cacc-acssc.com

**Start Date:** September 1, 2000  
**End Date:** February 28, 2002

**Budget:** 2000/2001 \$47,750  
2001/2002 \$100,915  
**Total: \$148,665**

The Canadian Association for Community Care (CACC) is a national association committed to a strong voice for the community care sector including home-based care, facility-based long-term care and community support programs. Its mission is to promote the development of a range of high-quality, responsive community care services within a seamless continuum of care.

**Partners:** Canadian Pharmacists Association, the Canadian Public Health Association, the Canadian Medical Association and local organizations involved in community care and caregiving.

**Project:** The project reviewed existing training and awareness materials aimed at non-professionals and assessed the needs of caregivers through telephone interviews. Based on this, the project designed, tested and disseminated a program to inform and train informal caregivers about proper medication management for seniors receiving care at home.

**Products/  
Results:**

- Guide: "The safe use of medicines - a workshop for caregivers of seniors" (also available in French).

**Title:** A Week in celebration of the health of older adults

**Project #:** 6785-15-1998/0390053 (IYOP)

**Organization:** Canadian Nurses Association  
50 Driveway  
Ottawa, Ontario K2P 1E2  
Tel.: 1-800-361-8404 or (613) 237-2133  
Website: www.cna-nurses.ca

**Start Date:** September 30, 1998  
**End Date:** June 30, 1999  
**Budget:** 1999/2000 \$43,875

The Canadian Nurses Association (CNA) is a federation of 11 provincial and territorial nursing associations representing more than 110,000 registered nurses. Its mission is to advance the quality of nursing in the interest of the public.

**Partners:** CNA has involved its existing networks and partnerships with nursing associations and individual nurses, consumer groups, voluntary health organizations, corporate sponsors and government agencies.

**Project:** With this project, CNA has increased the knowledge and understanding of the health needs of older adults, provided practical information about seniors' health issues and raised public awareness of the needs of Canada's diverse and aging population. This was accomplished in a week long slate of educational and awareness raising activities which took place in communities across Canada during the National Nurses Week, May 1999.

**Products/**

**Results:** ■ Final report including a resource guide: "Older Persons and Nurses – Partners for Healthy Aging".





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## *Strengthening the capacity to support healthy aging*

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As Canadians live longer, it is important to enhance their capacity to age well. This can be achieved by enabling communities through supportive informal networks, and formal service systems that support their health and well-being.

**The challenge for action** is to foster personal support networks, caring communities, appropriate health, and other social systems that support healthy aging, by:

- Strengthening the **capacity of organizations and networks**, at both the national and community levels, to identify and effectively address issues relating to seniors and healthy aging, with a focus on enhancing knowledge and skills, developing innovative approaches, tools and resources, and establishing coalitions, networks and collaborative partnerships.

NB: Projects are listed in alphabetical order by project title (in language of origin).

**Title:** **Best practice models of self-managed care: their application for seniors / Les meilleurs modèles d'autogestion des services à domicile : leur application pour les aînés**

**Project #:** 6785-15-1998/0390055 (IYOP)

**Organization:** Canadian Home Care Association  
17 York Street - Suite 401  
Ottawa, Ontario K1N 9J6  
Tel.: (613) 569-1585  
Website: www.cdnhomecare.on.ca

**Start Date:** January 6, 1999  
**End Date:** October 30, 2000

**Budget:** 1999/2000 \$20,090  
2000/2001 \$63,664  
2001/2002 \$20,436  
*Total:* **\$104,190**

The Canadian Home Care Association (CHCA) is a national association representing publicly-funded home care programs, provider agencies, consumers, researchers and others with an interest in home care and community support. CHCA is also dedicated to quality home care and community support services which enable people to stay in their homes and communities with safety and dignity.

**Partners:** One Voice and Université Laval.

**Project:** The project identified and compared models of self-managed care throughout Canada and other parts of the world. It identified the best-practice elements and issues in developing and implementing such models and described the clients who use the self-managed care models and the criteria that contribute to the models' success. It also provided recommendations for the implementation of "best-practice" self-managed care models.

**Products/  
Results:**

- Final report including an information booklet for the practitioners and participants and recommendations.

**Title:** **Bringing nutrition screening to seniors**

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**Project #:** 6785-15-2000/0390336

**Organization:** Dietitians of Canada  
480 University Avenue, Suite 604  
Toronto, Ontario M5G 1V2  
Tel.: (416) 596-0857  
Website: www.dietitians.ca

**Start Date:** August 8, 2000

**End Date:** July 8, 2003

<b>Budget:</b>	2000/2001	\$16,841
	2001/2002	\$96,356
	2002/2003	\$115,765
	2003/2004	\$88,008
	<i>Total:</i>	<b>\$316,970</b>

Dietitians of Canada is an association representing approximately 5,000 dietitians across Canada. The primary purpose of the association is to support members as advocates for the health of Canadians through food and nutrition.

**Partners:** This is a collaborative national project developed by Dietitians of Canada (DC) and the Department of Family Relations and Applied Nutrition (FRAN) at the University of Guelph. Other partners are VON Canada, One Voice, Canadian Association for Community Care, Canadian Association of Retired Persons, and Canadian Home Care Association.

**Project:** To enhance the understanding of the importance of nutrition as a key factor in healthy aging, DC and FRAN are implementing and assessing an intersectoral model on the use of SCREEN<sup>®</sup>, a validated nutritional risk screening tool for older adults. This project is strengthening the capacity of communities to identify nutritional risk in seniors and identify the capacity of current community resources to address this identified nutritional risk with the help of an *Implementation Guide*, an *Educational Resource Directory*, and executive summaries of project findings, including policy implications.

**Products/**

**Results:** Available upon completion of the project.

**Title:** **The Canadian Study of Health and Aging (CSHA) Symposium 1999: from research to policy and practice / Symposium de l'Étude sur la**

## santé et le vieillissement au Canada (ESVC) de 1999 : Depuis la recherche jusqu'aux politiques et à la pratique

**Project #:** 6785-15-1998/0390173

**Organization:** University of Ottawa  
Epidemiology & Community Medicine  
Faculty of Medicine  
451 Smyth Road  
Ottawa, Ontario K1H 8M5  
Tel.: (613) 562-5410  
Website: [www.medicine.uottawa.ca/epid/](http://www.medicine.uottawa.ca/epid/)

**Start Date:** February 28, 1999  
**End Date:** December 15, 1999

**Budget:**

1998/1999	\$25,499
1999/2000	\$124,495
<i>Total:</i>	<b>\$149,994</b>

The mission of the Department of Epidemiology and Community Medicine, University of Ottawa, is to contribute to health promotion and disease prevention by providing a scholarly environment for community health sciences that stimulates and enhances learning, to expand knowledge through research, and to offer expertise and advice to persons and agencies in other fields.

**Partners:** Canadian Association on Gerontology, the Alzheimer Society of Canada and researchers in the field of seniors and aging from across Canada.

**Project:** The project promoted and disseminated CSHA findings beyond the academic sector to broader audiences. It communicated these results to policy makers, service providers, health practitioners, care agencies, stakeholders and caregivers in a manner that was conducive to translating study results into practice. It was achieved through the organization of a workshop, held in April 1999, that considered CSHA results and explored the implication of CSHA findings for future program and policy development. Participants discussed key CSHA findings relating to dementia, caregiving and frailty, considered the practical implications arising from these findings, and developed policy options.

**Products/  
Results:**

- Proceedings: “The Canadian Study of Health and Aging: from research to policy and practice” (also available in French).

**Title:** **Closing the care gap / L'inégalité des soins : fermer la brèche**

**Project #:** 6785-15-1998/0390219

**Organization:** Canadian Association on Gerontology  
100 - 824 Meath Street  
Ottawa, Ontario K1Z 6E8  
Tel.: (613) 728-9347  
Website: www.cagacg.ca

**Start Date:** February 3, 1999

**End Date:** March 9, 2000

**Budget:** 1998/1999 \$30,000

The Canadian Association on Gerontology (CAG) is a national, not-for-profit, multidisciplinary, scientific and educational association that provides leadership in matters relating to the aging population.

**Partners:** Seniors organizations of all levels and Medical Societies.

**Project:** The project organized the invitational national forum on Closing the Care Gap in March 1999 in response to concerns raised by many stakeholders. The forum brought together 150 key stakeholders (researchers, health care consumers, care providers, etc) to discuss the development of effective and appropriate health care policies and health practices for all Canadians.

**Products/**

**Results:** ■ Proceedings: “National Forum on Closing the Care Gap”  
(also available in French).

**Title:** **Design for aging: process for product assessment project**

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**Project #:** 6785-15-2001/0390604

**Organization:** Canadian Standards Association  
5060 Spectrum Way  
Mississauga, Ontario L4W 5N6  
Tel.: 1-800-463-6727 or (416) 747-4000  
Website: www.csa.ca

**Start Date:** May 21, 2002

**End Date:** March 31, 2004

**Budget:** 2002/2003 \$64,800  
2003/2004 \$41,200  
*Total:* **\$106,000**

CSA International (Canadian Standards Association) is an independent, not-for-profit membership association serving business, industry, government and consumers, and the global marketplace. CSA helps promote public health and safety by developing standards, certifying products, and registering management systems.

**Partners:** CSA will have the opportunity to build on existing relationships with key stakeholders in the seniors and standards communities.

**Project:** The project's aim is to identify the most effective process for assessing the usability of products by seniors, as well as incorporating the model approach (as identified by the Seniors Volunteers on Standards Work project), for the effective participation of seniors in the process. The project will also develop baseline information that can be used by CSA and other groups to determine the value and feasibility of a program in assessing the usability of products by seniors.

**Products/  
Results:** Available upon completion of the project.

**Title:** **Diabetes and aging in Aboriginal communities / Diabète et vieillissement dans les communautés autochtones**

**Project #:** 5555-15-1997/0000007

**Organization:** National Indian & Inuit Community Health Representative Organization  
P.O. Box 1019  
#One Roy Montour Lane  
Kahnawake, Quebec J0L 1B0  
Tel.: (514) 632-0892  
Website: www.niichro.com

**Start Date:** November 17, 1997  
**End Date:** March 31, 1998  
**Budget:** 1997/1998 \$147,350

The National Indian and Inuit Community Health Representatives Organization (NIICHRO) is a non-governmental organization incorporated in 1992 to assist Community Health Representatives (CHRs) in improving the health status of Indian and Inuit people to the level enjoyed by most of the Canadian population.

**Partners:** Lifescan Educational Institute and Johnson and Johnson.

**Project:** This project provided an updated review of programs and resources on the issue of diabetes and aging in the Aboriginal community. In order to raise awareness and to encourage lifestyle adaptation, NIICHRO developed a training package based directly on the emotional, social, material and spiritual realities of aging aboriginal seniors. They provided for the training of 250 community health representatives at the Fifth National Training Session of NIICHRO.

**Products/**

**Results:** ■ Training Kit: “Diabetes and Aging in Aboriginal Communities”, including a video (also available in French).



**Title:** Healthy aging in caring communities: a cross-cultural approach

**Project #:** 5555-15-1997/0000067

**Organization:** Canadian Ethnocultural Council  
176 Gloucester Street, Suite 400  
Ottawa, Ontario K2P 0A6  
Tel.: (613) 230-3867  
Website: www.ethnocultural.ca

**Start Date:** December 3, 1997

**End Date:** May 22, 1998

**Budget:** 1997/1998 \$140,420

The Canadian Ethnocultural Council (CEC) was established in 1980 with the objectives of providing a forum for communication among different ethnocultural communities for Canada; and of disseminating to the Canadian public, government, elected officials, media and other agencies, information on ethnocultural communities and their concerns.

**Partners:** National Indian and Inuit Community Health Representatives Organization (NIICHRO), S.U.C.C.E.S.S. (United Chinese Community Enrichment Services Society) and the Ukrainian Canadian Congress - Saskatchewan Provincial Council (UCC-SPC).

**Project:** To empower ethnocultural seniors to address their health and well-being, the CEC delivered a cross-cultural model on the use and misuse of medication by ethnocultural seniors, and developed intervention strategies which are culturally appropriate and relevant. The project was delivered in five selected sites, where it trained health workers and community leaders, and promoted the approach to other community organizations.

**Products/**

**Results:**

- Final report including valuable directions for the future and the list of trainers and organizations that participated in each of the five centres.
- Products from a previous project (Training Tools, including a video, resource manual and resource kit) were used for the training sessions.

**Title:** **An initiative to bring the corporate volunteer program to communities across Canada**

**Project #:** 5555-15-1997/0000035

**Organization:** Don Mills Foundation for Senior Citizens  
1 Overland Drive  
Toronto, Ontario M3C 2C3  
Tel.: (416) 447-7244  
Website: www.dmfseniors.org

**Start Date:** December 3, 1997  
**End Date:** June 30, 1998  
**Budget:** 1997/1998 \$53,063

The Don Mills Foundation for Senior Citizens Inc. is a not-for-profit community organization of volunteers and professionals committed to serving the well-being and social needs of seniors through a broad range of services and a commitment to a continuum of care.

**Partners:** Complete Geriatric Care (CGC), the Royal Bank of Canada and St. Elizabeth Health Care.

**Project:** The project promoted the recruitment of volunteers from within companies through the development of a Corporate Volunteer Program (CVP). The CVP Model encourages the building of strong new bridges between the business world and community services providers. The project helped Canadians in later life remain in the community, with independence and dignity, for as long as safely possible and finally, it prepared Canada's communities for the coming restructuring of health care services in Canada, particularly in long-term care.

**Products/**

- Results:**
- Brochure: "Bridges – Only You Can Do It"
  - Information Kit
  - Videos and manual, Phase I

**Title:** Mature consumer

**Project #:** 6785-15-1999/0390233 (IYOP)

<b>Organization:</b> Alberta Tourism Education Council 1600, 8215-112 Street NW Edmonton, Alberta T6G 2C8 Tel.: 1-800-265-1283 or (780) 423-9225 Website: www.atec.ca	<b>Start Date:</b> July 2, 1999
	<b>End Date:</b> July 2, 2002
	<b>Budget:</b>
	1999/2000 \$80,452
	2000/2001 \$38,600
	2001/2002 \$51,830
	2002/2003 \$3,750
	<i>Total:</i> <b>\$174,632</b>

The Alberta Tourism Education Council (ATEC) is a not-for-profit corporation created in 1986. Its mandate is to support businesses and organizations that have human resource development needs, and to offer business training solutions to improve the level of professionalism and the quality of customer experience.

**Partners:** Alberta Council on Aging and tourism education councils in other provinces, Chambers of Commerce, Community Future groups and economic development councils.

**Project:** ATEC is seeking to enhance the health and quality of life of seniors by helping the business sector to provide "senior-friendly" services to its clientele. The project is demonstrating to businesses the benefits of providing "senior-friendly" services, and is providing them with the knowledge and skills to identify the needs of the senior customer and to modify their service delivery and facilities to meet those needs.

**Products/  
Results:** Available upon completion of the project.

**Title:** 2<sup>nd</sup> National Aboriginal Symposium

**Project #:** 6785-15-1998/0390164 (IYOP)

**Organization:** Métis National Council  
350 Sparks Street, Suite 201  
Delta Office Tower  
Ottawa, Ontario K1R 7S8  
Tel.: 1-800-928-6330 or (613) 232-3216  
Website: www.metisnation.ca

**Start Date:** January 28, 1999

**End Date:** March 31, 2000

**Budget:** 1998/1999 \$17,050  
1999/2000 \$45,050  
*Total:* **\$62,100**

The Métis National Council is the national representative and voice of the Métis Nation in Canada. It acts as an advocate and negotiator for the Métis people with the Government of Canada and at national conferences and fora, and represents the interests of the Métis people on the international stage.

**Partners:** Assembly of First Nations, Confederacy of Treaty 6 First Nations, Congress of Aboriginal Peoples, Inuit Tapirisat of Canada, Métis Nation of Alberta, Native Women's Association of Canada and Treaty 8 (Alberta)/Treaty 8 Health Authority.

**Project:** The symposium brought together Elders and seniors from various Aboriginal peoples and communities – First Nations, Métis and Inuit – along with key organizations representing these Aboriginal peoples and service providers. It provided a unique opportunity to discuss the issues faced by Elders and seniors, and to collaboratively develop community-based programs and services to address these issues. The key themes for the symposium were health, support programs, aids to daily living, traditional medicine and wellness, elder abuse, and housing.

**Products/**

**Results:** Final report including a symposium summary.

**Title:** Peer support programs: learning from the experience of others

**Project #:** 5555-15-1997/0000040

**Organization:** Nova Scotia Centre on Aging  
Mount Saint Vincent University  
166 Bedford Highway  
Halifax, Nova Scotia B3M 2J6  
Tel.: (902) 457-6546  
Website: [www.msvu.ca/campus-information/caging/](http://www.msvu.ca/campus-information/caging/)

**Start Date:** October 28, 1997  
**End Date:** July 15, 1998  
**Budget:** 1997/1998 \$44,650

The Nova Scotia Centre on Aging (NSCA), one of fourteen university based centres on aging across Canada, is affiliated with the Mount Saint Vincent University's Department of Gerontology. The NSCA has a three fold mandate to establish standards of excellence in research, continuing education, and community outreach/consultation on age-related issues.

**Partners:** Canadian Pensioners Concerned, the academic community, governments, private sector, senior and voluntary/professional organizations.

**Project:** In recognition of the key role that peer support provides in the informal care sector within communities, this project enhanced the understanding of what factors contributed to the viability of Peer Support Programs. It identified a "best practice" program model and made recommendations to major funders, particularly Health Canada, about how to ensure that peer support survives and thrives in our communities.

**Products/**

**Results:** ■ Final report including recommendations.

**Title:** Psychosocial approaches to mental health challenges of later life

**Project #:** 6785-15-2001/0390605

**Organization:** British Columbia Psychogeriatric Association (BCPGA)  
1665 Grant Avenue, 2<sup>nd</sup> floor  
Nanaimo, British Columbia V9S 5K7  
Tel.: (250) 755-3301  
Website: www.bcpga.bc.ca

**Start Date:** May 28, 2002

**End Date:** March 31, 2004

**Budget:** 2002/2003 \$70,416  
2003/2004 \$128,964  
*Total:* **\$199,380**

The British Columbia Psychogeriatric Association (BCPGA) is a provincial non-profit multi-disciplinary organization interested in developing and sharing knowledge and expertise, with the goal of benefiting seniors with mental health problems.

**Partners:** Canadian Mental Health Association, Canadian Geriatric Nurses Association as well as representation in four regions of Canada, including a provincial seniors' organization, provincial psychogeriatric associations and provincial mental health programs serving seniors.

**Project:** The project is identifying psycho-social strategies to promote, prevent or address seniors' mental health problems. The project is also developing a mental health impact model to assess the effect of policies and programs on seniors' mental health, as well as developing useful community resources based on the findings of this project.

**Products/**

**Results:** Available upon completion of the project.

**Title:** Seeking solutions: Canadian community action for seniors and alcohol abuse

**Project #:** 6785-15-2000/0390343

**Organization:** Seniors Well Aware Program  
3rd Floor, 411 Dunsmuir Street  
Vancouver, British Columbia V6B 1X4  
Tel.: (604) 687-7927  
Website: www.swapbc.ca

**Start Date:** August 22, 2000

**End Date:** August 22, 2003

<b>Budget:</b>	2000/2001	\$53,258
	2001/2002	\$72,481
	2002/2003	\$104,894
	2003/2004	\$46,527
	<i>Total:</i>	<b>\$277,160</b>

The Seniors Well Aware Program (SWAP) is a non-profit organization which has been helping seniors who have alcohol or other substance abuse problems in the Lower Mainland of British Columbia since 1981. The agency's mission is to promote the well-being of seniors who are facing challenges such as social isolation, substance misuse/abuse, and elder abuse.

**Partners:** Over 20 organizations representing specialists in addictions and aging, seniors and care providers from across Canada.

**Project:** SWAP proposed this project to enhance the capacity of communities across Canada to understand and address problem alcohol use in seniors. Through a review of existing resources, focus groups and stakeholder workshops, the project aims to identify best practices in informing, reaching and assisting seniors with alcohol challenges, as well as to develop effective community development approaches that address the issue.

**Products/**

**Results:** Upon completion of the project, these best practices and successful strategies will be captured in a series of worksheets addressing close to 40 topics.

**Title:** Senior Friendly Canada initiative / Amis des aînés

**Project #:** 6785-15-1998/0390020 (IYOP)

<b>Organization:</b> Alberta Council on Aging #104, 10010 - 107A Avenue Edmonton, Alberta T5H 4H8 Tel.: 1-800-423-9666 or (780) 423-7781 Website: www.seniorfriendly.ca	<b>Start Date:</b> September 30, 1998
	<b>End Date:</b> June 30, 2000
	<b>Budget:</b> 1999/2000 \$62,936
	2000/2001 \$209,498
	<b>Total: \$272,434</b>

The Alberta Council on Aging (ACA) is a voluntary organization of groups, individuals and agencies in Alberta, concerned with the process of aging. It seeks to increase understanding of the impact of aging on both individuals and society.

**Partners:** ACA received the assistance of a national network of partners and supporters from various sectors, including national, provincial and local seniors organizations, consumer and educational organizations, private sector groups, business and government representatives and agencies.

**Project:** ACA created and supported senior friendly communities, programs and services across Canada. The project included the development of educational products and a national launch in Ottawa of the Senior Friendly initiative as part of celebrations for International Year of Older Persons.

**Products/  
Results:**

- Senior Friendly: Tool kit (also available in French).
- Friendly Seniority video (also available in French)
- Community guidebook (also available in French)
- Webpage: <http://www.seniorfriendly.ca/seniorfriendly.htm>



**Title:** Seniors - Volunteers in Standards Work

**Project #:** 6785-15-2000/0390328

<b>Organization:</b> Canadian Standards Association 5060 Spectrum Way Mississauga, Ontario L4W 5N6 Tel.: 1-800-463-6727 or (416) 747-4000 Website: www.csa.ca	<b>Start Date:</b> October 1, 2000
	<b>End Date:</b> October 1, 2003
	<b>Budget:</b> 2000/2001 \$11,900
	2001/2002 \$82,209
	<b>Total: \$94,109</b>

CSA International (Canadian Standards Association) is an independent, not-for-profit membership association serving business, industry, government and consumers, and the global marketplace. CSA helps promote public health and safety by developing standards, certifying products, and registering management systems.

**Partners:** International Organization for Standardization, Canada Safety Council, and the Standards Council of Canada.

**Project:** To ensure that the concerns of older persons are incorporated into the development and application of standards that affect seniors, the CSA developed a “model” of seniors’ participation in standards development. The project involved a literature search and consultations with seniors groups, standards volunteers, and other relevant stakeholders to identify the barriers to participation by seniors and developed recommendations for solutions.

**Products/  
Results:** Available upon completion of the project.

**Title:** Urban Aboriginal health promotion

**Project #:** 5555-15-1997/0000057

**Organization:** National Association of Friendship Centres  
275 Maclaren Street  
Ottawa, Ontario K2P 0L9  
Tel.: (613) 563-4844  
Website: www.nafc-aboriginal.com

**Start Date:** November 17, 1997  
**End Date:** October 9, 1998  
**Budget:** 1997/1998 \$95,000

The National Association of Friendship Centres (NAFC) was incorporated in 1972. It represents 114 Friendship Centres and seven Provincial/Territorial Associations (PTAs) across Canada. Friendship Centres have taken different programs and services available to the general public and adapted them to respond to the specific needs of the urban Aboriginal population.

**Partners:** Canadian Public Health Association and Friendship Centres

**Project:** The project developed health information kits for the use of the Friendship Centre Movement. The kits served as a starting point for the development of programs and services for the urban Aboriginal population. They also provided information on the development of partnerships, increasing the participation within programs and assisted in seeking resources for needed programs and services.

**Products/  
Results:**

- “Aboriginal Health Intervention Tool Kit (AHIT)”.

**Title:** Use and misuse of drugs by ethnocultural seniors:  
a cross-cultural education model

**Project #:** 6785-15-1998/0390166 (IYOP)

**Organization:** Canadian Ethnocultural Council  
176 Gloucester Street, Suite 400  
Ottawa, Ontario K2P 0A6  
Tel.: (613) 230-3867  
Website: www.ethnocultural.ca

**Start Date:** February 22, 1999

**End Date:** August 22, 2000

**Budget:**

1998/1999	\$5,550
1999/2000	\$136,536
2000/2001	\$39,267
<i>Total:</i>	<b>\$181,253</b>

The Canadian Ethnocultural Council (CEC) is a non-profit, non-partisan coalition of 33 national ethnocultural umbrella organizations. Its objectives are to ensure the preservation, enhancement and sharing of the cultural heritage of Canadians, the removal of barriers that prevent some Canadians from participating fully and equally in society, the elimination of racism, and the preservation of a united Canada.

**Partners:** The Centre for Addiction and Mental Health, VON Canada, Canadian Nurses Association, ACCESS Centres and key stakeholder groups in each of the communities where training was held.

**Project:** The project determined the level of drug use and misuse among older adults in ethnocultural communities. It also explored common concerns that might lead to inappropriate medication use, identified culturally appropriate prevention methods, and through a train-the-trainer approach increased the capacity of health professionals to provide culturally appropriate drug prevention services.

**Products/**

**Results:**

- Training Kit: "Use and Misuse of Drugs by Seniors: A Cross-Cultural Education Model".

**Title:** **Volunteerism in the Canadian health sector / Bénévolat dans le secteur canadien de la santé**

**Project #:** 5555-15-1997/0000046

**Organization:** Volunteer Canada  
330 Gilmour Street  
Ottawa, Ontario K2P 0P6  
Tel.: 1-800-670-0401 or (613) 231-4371  
Website: www.volunteer.ca

**Start Date:** December 3, 1997  
**End Date:** July 31, 1998  
**Budget:** 1997/1998 \$85,000

Volunteer Canada is a national, charitable organization mandated to facilitate and support the work of volunteer centres and to promote volunteerism in Canada.

**Partners:** Canadian Administrators of Volunteer Resources, Canadian Association for Community Care, Canadian Healthcare Association, and Canadian Association of Healthcare Auxiliaries.

**Project:** By way of a literature review and a survey, this project provided a thorough analysis of the issues and challenges faced by individuals and organizations responsible for managing volunteers in health settings, as well as an understanding of how volunteers are being used to support health care delivery in Canada.

**Products/**

**Results:** ■ Report: “Volunteerism in the Canadian Health Sector”  
(also available in French).



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## *Enhancing Personal Autonomy and Independence*

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Enabling seniors to maintain personal autonomy and influence over decisions that affect them, particularly during critical periods of transition (e.g., loss of a spouse, disabling conditions, institutionalization, etc.) contributes significantly to healthy aging. Safe and supportive living environments are essential to compensate for a decline in physical or mental capacity for healthy aging and for reducing the risk of injuries and harm. Furthermore, ageist attitudes and stereotypes can create barriers to social participation and personal fulfilment.

**The challenge for action** is to find the best ways to foster the personal, social and physical environments which enable seniors to remain integrated and fully participating members of society, by:

- Fostering well-being among **older seniors** (seniors aged 80+), in response to physical, psycho-social, economic and environmental vulnerabilities associated with the very senior years,
- Promoting the well-being of seniors with **cognitive impairment** and/or of informal caregivers of seniors with cognitive impairment,
- Enhancing and supporting the independence, participation and safety of seniors with **physical disabilities** in communities or institutions, with a focus on promoting the safe use of assistive devices and caregiver support,
- Developing and testing tools as well as strategies to identify and counter **myths and stereotypes about aging** and address age discrimination by promoting concepts and positive aging in society.

NB: Projects are listed in alphabetical order by project title (in language of origin).

**Title:** Aging/Caregiving video series

**Project #:** 5555-15-1997/0000034

**Organization:** Canadian ACCESSability Network Inc.  
585 Grierson Street  
Oshawa, Ontario L1G 5J2  
Tel.: (905) 668-6815

**Start Date:** February 1, 1998

**End Date:** September 4, 1998

**Budget:** 1997/1998 \$100,000

The ACCESSability Network Inc. (CAN) is a not-for-profit organization striving to address the information and communication needs of older Canadians, their families and caregivers.

**Partners:** CAN built on the strengths and experience of its board members and partners from the broadcast, communications, academic and consumer communities.

**Project:** The project empowered aging Canadians and their families to maintain their independence and quality of life by providing them practical, timely and accurate information dealing with the challenges they face. It fostered self-care by seniors, enhanced the quality of care provided by informal caregivers, and contributed to improving the health and well-being of both seniors and those shouldering the burden of their care.

**Products/**

**Results:**

- Series of 13 half-hour videos on issues such as housing, well-being, etc.
- Resource Guide: “The Complete Aging and Caregiving Resource Guide”.

**Title:** Aging together, aging in place / Vivre ensemble, vieillir ensemble

**Project #:** 5555-15-1997/0000036

**Organization:** Co-operative Housing Federation  
of Canada  
225 Metcalfe Street, Suite 311  
Ottawa, Onatrio K2P 1P9  
Tel.: 1-800-465-2752 or (613) 230-2201  
Website: www.chfc.ca

**Start Date:** December 3, 1997  
**End Date:** November 11, 1998

**Budget:** 1997/1998 \$116,800

The Co-operative Housing Federation of Canada (CHF Canada) is a voluntary association of nearly 900 housing co-operatives and other stakeholder organizations. CHF Canada exists to unite, represent and serve housing co-ops across Canada, and the member organizations that support their development and continuing existence.

**Partners:** Canadian Mortgage and Housing Corporation, other housing organizations as well as seniors organizations.

**Project:** The Aging Together, Aging in Place conference built on the learnings and resources developed from a previous project “Co-op Housing and Seniors at Risk – Breaking the Barriers” by providing professional development and educational opportunities for cooperative staff educators and older adult members. The conference provided a venue for discussion on the issues of aging in place, and the need to properly house and care for the growing numbers of older cooperative housing members.

**Products/  
Results**

- Workshop report and video entitled: “Aging Together – Aging in Place” (also available in French).



**Title:** **Analyse de besoins, élaboration et mise en oeuvre d'un modèle pour la mise sur pied de projets intergénérationnels au Canada / Analysis of needs and development and implementation of a model for establishment of intergenerational projects in Canada.**

**Project #:** 6785-15-2000/0390361

**Organization:** Groupe de recherche sur les pratiques sociales et religieuses  
Faculty of Theology  
Université de Montréal  
P. O. Box 6128, Centre-ville Station  
Montreal, Quebec H3C 3J7  
Tel.: (514) 343-7506  
Website: www.cerum.umontreal.ca

**Start Date:** November 11, 2001  
**End Date:** October 31, 2003

<b>Budget:</b>	2000/2001	\$32,254
	2001/2002	\$77,729
	2002/2003	\$90,206
	2003/2004	\$94,583
	<i>Total:</i>	<b>\$294,772</b>

Le Groupe de recherche sur les pratiques sociales et religieuses (GRPSR) is affiliated with the faculty of theology at the Université de Montréal. Its general objectives are: to facilitate, conduct or supervise interdisciplinary research in the field; develop and test analytical, interpretive and intervention frameworks; ensure continuity and interaction among various research projects; provide the social and ecclesiastical communities with a place of research on their practices.

**Partners:** Assemblée des aînées et aînés francophones du Canada [Assembly of francophone seniors of Canada], Canadian Federation of Students, Canadian Labour Congress, professors at the Université de Moncton and Ryerson, and British Columbia Council for Families.

**Project:** Conducting an analysis of needs with respect to intergenerational relations, in collaboration with partners and participants from each of the laboratory regions: Vancouver, Toronto, Montréal and Moncton. The project's final product will be a tool kit including the following elements: 1) the results of the analysis of intergenerational needs in the four targeted communities and the resulting avenues for reflection for all regions of Canada; 2) the existing projects, those for which the testing has been done and those planned with respect to the targeted cohorts; and 3) the criteria for and steps in the implementation. This final product will be accompanied by a complementary facilitation videocassette. The target public is made up of 1) the cohorts of young adults and persons aged 50-65/65 and older; and 2) the suitable organizations, associations and institutions for implementation of the projects.

**Products/  
Results:** Available upon completion of the project.

**Title:** **Bringing incontinence out of the closet / Finis les tabous sur l'incontinence**

**Project #:** 5555-15-1997/0000021

**Organization:** The Canadian Continence Foundation  
P.O. Box 30, Victoria Branch  
Westmount, Quebec H3Z 2V4  
Tel.: (514) 488-8379  
Website: www.continence-fdn.ca

**Start Date:** October 28, 1997

**End Date:** August 31, 1998

**Budget:** 1997/1998 \$119,500  
1998/1999 \$10,000  
*Total:* **\$129,500**

The Canadian Continence Foundation (CCF) is the only not-for-profit organization in Canada exclusively dedicated to meeting the needs of individuals with incontinence, and their families.

**Partners:** Canadian Association for Community Care, One Voice – The Seniors Network, Health Station (a Toronto community health center), VON Canada, Pharmascience Inc., Procter & Gamble Inc. and Wal-Mart.

**Project:** The project identified ways to efficiently and effectively increase public awareness and knowledge about incontinence, and facilitated seeking and accessing help for sufferer and their informal caregivers. As part of the project, CCF did an environmental scan to consolidate previous knowledge on needs for Canadians experiencing incontinence and on worldwide initiatives to-date to increase public awareness about incontinence, as well as a partnership workshop to identify ways to increase awareness, knowledge and access to services.

**Products/  
Results:**

- Summary of Workshop Proceedings: “Bringing Incontinence Out of the Closet” (also available in French).
- Brochure and poster: “Is urine leakage keeping you from Sex? Laughing? Golf? Socializing?” (also available in French).
- Adaptation of video on incontinence after prostate surgery produced by The Canadian Prostate Cancer Network: “How will it affect my waterworks?”
- A national incontinence product directory.

**Title:** **Community care for seniors: helping family caregivers of seniors overcome barriers to using respite services / Soins de santé communautaires pour les aînés : aider les aidants familiaux d'aînés à surmonter les barrières à l'utilisation de soins de relève**

**Project #:** 6785-15-2000/0390330

**Organization:** Canadian Association for Community Care  
1 Nicholas Street, Suite 702  
Ottawa, Ontario K1N 7B7  
Tel.: (613) 241-7510  
Website: www.cacc-acssc.ca

**Start Date:** September 1, 2000  
**End Date:** August 31, 2002

**Budget:** 2000/2001 \$72,165  
2001/2002 \$121,496  
2002/2003 \$74,897  
*Total:* **\$268,558**

The Canadian Association for Community Care (CACC) is a national, non-profit, bilingual association, formed in 1995 by the merger of Home Support Canada and the Canadian Long-Term Care Association. CACC's mission is to promote the development of a range of high-quality, flexible, responsive and accessible community care services within a seamless continuum of care.

**Partners:** VON Canada, Canadian Pensioners Concerned, Queen's University and other national and provincial partners.

**Project:** The project helped family caregivers of seniors overcome barriers to using respite services. To this end cross country focus groups and a national survey were conducted with family caregivers to determine the barriers they have experienced in accessing respite services, and to solicit their views on improving use and access to these services. Best practice models were identified and information sessions were held with provincial and territorial government stakeholders to share findings with a view to increasing the knowledge base for future program and policy development.

**Products/**

**Results:**

- Report and CD: "Give me a break! Helping family caregivers of seniors overcome barriers to respite" (including recommendations to Health Canada) (also available in French).

**Title:**           **Developing plain language forms for seniors**

**Project #:**       5555-15-1997/0000004

<b>Organization:</b>	The Canadian Public Health Association	<b>Start Date:</b> January 2, 1998
	National Literacy and Health Program	<b>End Date:</b> October 30, 1998
	1565 Carling Avenue, Suite 400	
	Ottawa, Ontario K1Z 8R1	<b>Budget:</b> 1997/1998 \$40,693
	Tel.: (613) 725-3769	1998/1999 \$39,307
	Website: www.cpha.ca	<i>Total:</i> <b>\$80,000</b>

The Canadian Public Health Association’s (CPHA) National Literacy and Health Program (NLHP) works in partnership with twenty-five national health associations to promote awareness among health professionals about literacy and health. Incorporated in 1912, CPHA represents over 25 health disciplines and the general public. NLHP has established significant links with national and provincial literacy coalitions and contacts which administer literacy programs for seniors.

**Partners:**       One Voice – The Canadian Network, the Canadian Coalition on Medication Use and Seniors, the Canadian Association of Retired Persons, the Lambton Seniors Association and the Seniors Education Centre in Regina, Saskatchewan.

**Project:**       The project improved seniors’ access to necessary income and health services and raised awareness among the private, public and industry sectors about the barriers faced by seniors. The guide also helped health providers to take very practical steps forward in improving health services for seniors by using senior-specific, clear verbal communication and plain language health information in clinical practice.

**Products/**

**Results:**       ■ Guide: “Creating plain language forms for seniors: a guide for the public, private and not-for-profit sectors”.

**Title:**           **Everyday technology and older adults: Friends or foes?**

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**Project #:** 6785-15-1998/0390168 (IYOP)

**Organization:** Nova Scotia Centre on Aging  
Mount Saint Vincent University  
166 Bedford Highway  
Halifax, Nova Scotia B3M 2J6  
Tel.: (902) 457-6546  
Website: [www.msvu.ca/campus-information/caging](http://www.msvu.ca/campus-information/caging)

**Start Date:** February 4, 1999

**End Date:** May 23, 2002

**Budget :**

1999/2000	\$122,755
2000/2001	\$86,855
2001/2002	\$68,250
<i>Total:</i>	<b>\$277,860</b>

The Nova Scotia Centre on Aging (NSCA) is one of 12 Canadian university-based centres on aging. It is affiliated with Mt. St. Vincent University's Department of Gerontology. The Centre strives to set standards of excellence in its mandated areas of research, continuing education and community outreach.

**Partners:** Adult Education Program at Mount Saint Vincent University, Canadian Pensioners Concerned, Federal Superannuates National Association, Federation of Seniors and Pensioners, Gerontology Association of Nova Scotia, Nova Scotia Centre on Aging, Seniors' Citizens Secretariat, Seniors' Education Centre and the Third Age Centre at St. Thomas University.

**Project:** Focussing on banking, telecommunications and accessing health information via technology, the project broadened the knowledge about the experiences and impact of technology in the day-to-day lives of older adults and developed collaborative strategies.

**Products/**

**Results:**

- Fact sheet and facilitator's manual: "Everyday technology and older adults: friends or foe?"

**Title:** Forum pancanadien pour recomposer les rapports de génération dans une perspective de santé pour tous les âges / Pan-Canadian Forum to reestablish generational relations from a health perspective for all ages

**Project #:** 6785-15-1998/0390062 (IYOP)

<b>Organization:</b> Groupe de recherche sur les pratiques sociales et religieuses (GRPSR) Faculty of Theology Université de Montréal P.O. Box 6128, Centre-ville Station Montreal, QC H3C 3J7 Tel.: (514) 343-7506 Website: www.cerum.umontreal.ca	<b>Start Date:</b> September 30, 1998
	<b>End Date:</b> October 31, 2000
	<b>Budget:</b> 1998/1999 \$35,300
	1999/2000 \$147,100
	2000/2001 \$22,142
	<i>Total:</i> <b>\$204,542</b>

The GRPSR is affiliated with the faculty of theology at the Université de Montréal. Its general objectives are: to facilitate, conduct or supervise interdisciplinary research in the field; develop and test analytical, interpretive and intervention frameworks; ensure continuity and interaction among various research projects; and provide the social and ecclesiastical communities with a place of research on their practices.

**Partners:** Le pont entre les générations (working group), a professor of sociology at the University of Winnipeg and the Quebec health network.

**Project:** The social and religious practices research group (GRPSR) organized a pan-Canadian forum that contributed to reestablishment of generational relations from a perspective of health for all ages. It designed and constructed a bank of Canadian data on everything being done in the area of intergenerational relations with respect to health (articles, books, audiovisual materials, references to organizations and so on).

**Products/**

- Results:**
- National Forum on Generational Issues (forum program)
  - Databank (was available on website [www.theo.umontreal.ca/forum](http://www.theo.umontreal.ca/forum))

**Title:** Golden gardens / Jardins des années d'or

**Project #:** 6785-15-1999/0390279 (IYOP)

**Organization:** Canadian Wildlife Federation  
350 Michael Cowpland Drive  
Kanata, ON K2M 2W1  
Tel.: 1-800-563-WILD or (613) 599-9594  
Website: www.cwf-fcf.org

**Start Date:** May 4, 1999  
**End Date:** July 24, 2000  
**Budget:** 1999/2000 \$80,000

The Canadian Wildlife Federation (CWF) has been advocating the protection of Canada's wild species and spaces since 1962. Representing over half a million members and supporters, the federation is Canada's largest non-profit, non-governmental conservation organization. The CWF is dedicated to fostering awareness and enjoyment of Canada's natural world.

**Partners:** The Governor General helped the program receive greater recognition by having three model gardens planted on the grounds of Rideau Hall, and hosted an event at Rideau Hall in June 1999.

**Project:** To celebrate the International Year of Older Persons, the CWF introduced "Golden Gardens", a communal gardening program designed especially for seniors. This first-of-its-kind program promotes active living by seniors, by targeting one of their preferred outdoor physical activities – gardening. The program provided project guidelines and seed money to create a habitat for wildlife (e.g. butterfly gardens), as opposed to simply beautifying an area or creating vegetable gardens. At the request of seniors, the program also promoted intergenerational cooperation, enabling seniors to work with youth in the context of the program.

**Products/  
Results:** Gardens across Canada and a final report including a summary of the project.

**Title:** **Keeping the hands in motion / Maintenir les mains en mouvement**

**Project #:** 6785-15-1998/390008 (IYOP)

**Organization:** Canadian Association of the Deaf  
203 - 251 Bank Street  
Ottawa, Ontario K2P 1X3  
Tel.: (613) 565-2882 or 565-8882 (TTY)  
Website: www.cad.ca

**Start Date:** July 26, 1999

**End Date:** July 26, 2000

**Budget:** 1999/2000 \$73,276  
2000/2001 \$80,424  
*Total:* **\$153,700**

The Canadian Association of the Deaf (CAD) is a national research, information and community action organization whose mandate is to promote and protect the rights, needs, and responsibilities of Canada's deaf and whose preferred mode of communication is sign language.

**Partners:** Deaf In Touch, Cyan Corp. and Cantel.

**Project:** The projet focused on the special needs and abilities of deaf seniors. It explored the need for technical aids specifically designed for the communication abilities of older deaf people. It also studied issues and proposed recommendations to provide guidance in dealing with transition situations that impact upon the quality of their lives. Resources resulting from the project were disseminated to service agencies for the deaf, care facilities designed for deaf seniors, and institutions providing care to a broad seniors clientele.

**Products/**

- Results:**
- Report: "Keeping the Hands in Motion" (also available in French).
  - Video in sign language summarizing the report.



**Title:** Plain language and clear verbal communication for seniors guide /  
Guide de langage simple et clair

**Project #:** 5555-15-1997/0000001

**Organization:** Canadian Public Health Association  
National Literacy and Health Program  
1565 Carling, Suite 400  
Ottawa, Ontario K1Z 8R1  
Tel.: (613) 725-3769  
Website: www.cpha.ca

**Start Date:** October 24, 1997  
**End Date:** November 16, 1998  
**Budget:** 1997/1998 \$31,178

The Canadian Public Health Association's (CPHA) National Literacy and Health Program (NLHP) works in partnership with twenty-five national health associations to promote awareness among health professionals about literacy and health. Incorporated in 1912, CPHA represents over 25 health disciplines and the general public. NLHP has established significant links with national and provincial literacy coalitions which administer literacy programs for seniors.

**Partners:** Canadian Medical Association, Prescription Manufacturers of Canada, Canadian Pharmaceutical Association, Non-Prescription Drugs Manufacturers of Canada, as well as links with national and provincial literacy coalitions.

**Project:** The project developed a plain language and clear verbal communication guide as an adjunct and companion to a training package previously developed for health providers to seniors. The project also produced a resource needed to help improve communications with health providers and seniors, which is also of potential benefit for the most vulnerable of seniors.

**Products/**

**Results:** ■ Guide entitled: "Working with low-literacy seniors – practical strategies for health providers" (also available in French).

**Title:** **Promoting a collaborative consumer-focused approach to continence care in Canada / Promouvoir une approche concertée des soins pour incontinents au Canada, axée sur le consommateur**

**Project #:** 6785-15-1998/0390169 (IYOP)

**Organization:** The Canadian Continence Foundation  
P.O. Box 30, Victoria Branch  
Westmount, Quebec H3Z 2V4  
Tel.: (514) 488-8379  
Website: www.continence-fdn.ca

**Start Date:** January 21, 1999

**End Date:** May 21, 2001

**Budget:**

1998/1999	\$11,000
1999/2000	\$115,578
2000/2001	\$110,290
2001/2002	\$73,505
<i>Total:</i>	<b>\$310,373</b>

The Canadian Continence Foundation is the only not-for-profit organization in Canada exclusively dedicated to meeting the needs of individuals with incontinence, and their families.

**Partners:** Canadian Pharmacists Association, Canadian Nurses Association, One Voice, and the Canadian Healthcare Association.

**Project:** The project increased overall commitment among stakeholders to a collaborative consumer-focused approach to continence care. It also explored potential multidisciplinary continence care models to allow individuals suffering from incontinence to access the information, support and care they needed to live independently in the community. The project produced, disseminated and promoted national continence care guidelines, both for consumers and for professionals.

**Products/  
Results:**

- Consumer guide: “Talking Together About Bladder Control” - frequently asked questions about urinary incontinence (available in French)
- Working models of continence care (also available in French)
- “Clinical practice guidelines for adults” (also available in French)
- Report on the Survey of Reactor Panels (also available in French)
- “Report on Continence Services Worldwide: An Environmental Scan”

**Title:** **Reducing barriers in accessing continence care / Réduction du nombre d'obstacles à franchir pour accéder aux soins liés à la continence**

**Project #:** 5555-15-1997/0000016

**Organization:** Victorian Order of Nurses for Canada  
110 Argyle Avenue  
Ottawa, Ontario K2P 1B4  
Tel.: (613) 233-5694  
Website: www.von.ca

**Start Date:** November 6, 1997

**End Date:** May 7, 1998

**Budget:** 1997/1998 \$113,916

The Victorian Order of Nurses for Canada (VON Canada) is a national health organization with a network of 72 branch offices across Canada. Local branches offer a range of community health care programs and services.

**Partners:** This project was a collaborative effort between VON Canada, McMaster University, and the Collaborative Continence Program. Other partners included the Salvation Army-race Hospital (Toronto), Grace Hospital (Ottawa), Canadian Continence Network and the Canadian Continence Foundation.

**Project:** The project facilitated the involvement of clients in decisions and actions about their own health. It was directed primarily at elderly individuals experiencing incontinence, and at their care providers.

**Products/  
Results:**

- Handbook: "Promoting Continence Care in Canada" (also available in French).
- Website: www.continence.von.ca

**Title:** Seniors in housing co-ops / Les aînés et l'habitation coopérative

**Project #:** 6785-15-1998/0390002 (IYOP)

**Organization:** Co-operative Housing Federation  
of Canada  
225 Metcalfe Street, Suite 311  
Ottawa, Ontario K2P 1P9  
Tel.: 1-800-465-2752 or (613) 230-2201  
Website: www.chfc.ca

**Start Date:** March 25, 1999  
**End Date:** December 31, 2000

**Budget:** 1999/2000 \$46,000  
2000/2001 \$34,500  
*Total:* **\$80,500**

The Co-operative Housing Federation of Canada (CHF Canada) is a voluntary association of nearly 900 housing co-operatives and other stakeholder organizations. CHF Canada exists to unite, represent and serve housing co-ops across Canada, as well as the member organizations that support their development and continued existence.

**Partners:** Co-op housing federations across Canada and the Alzheimer Society of Canada.

**Project:** CHF Canada has found that “seniors-only” housing co-ops face different issues than other co-ops. They therefore proposed a project that would address the individual and collective ability of older seniors to manage their housing co-ops, and the need for guidelines and model policies for co-op board and staff decision makers on issues related to dementia.

**Products/**

**Results:** ■ Final report including recommendations.

**Title:** **Traditional teachings supporting independent living for Aboriginal people in later life**

**Project #:** 5555-15-1997/0000028

**Organization:** Aboriginal Nurses Association of Canada  
56 Sparks Street, Suite 502  
Ottawa, Ontario K1P 5A9  
Tel.: (613) 724-4677  
Website: www.anac.on.ca

**Start Date:** November 17, 1997  
**End Date:** March 31, 1998  
**Budget:** 1997/1998 \$109,300

The Aboriginal Nurses Association of Canada (ANAC) is a 22 year old non-profit, membership based organization, representing Aboriginal nurses across Canada.

**Partners:** Centre for Research on Diversity Training at Carleton University.

**Project:** The project used a combination of traditional teachings and leading-edge technology to facilitate the transfer of traditional knowledge to Aboriginal youth. It enhanced life skills for youth and encouraged youth support and interaction with people in later life. The prototype is used as an educational resource for community caregivers and educators and is designed for use in the classroom and in health and social services facilities.

**Products/  
Results:** ■ CD-ROM Teaching Tool – “Caring Together”

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## *Addressing concerns surrounding the end of life*

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End-of-life care and ethical and legal concerns are becoming increasingly urgent as the population ages. Continuing advances in medical technology, evolving health care needs and increased ethical and legal challenges around individual treatment will generate greater public attention.

**The challenge for action** will be to develop appropriate models for care strategies, and ethical-legal responses with and for Canadian seniors, by:

- Enhancing our understanding of, and sharing information on a range of **end of life/palliative care** delivery models, practices and approaches that respond to the needs of seniors who are facing probable death associated with varied illness conditions.

NB: Projects are listed in alphabetical order by project title (in language of origin).

**Title:** Abuse prevention in long-term care: Train-the-trainers / **Projet de prévention des mauvais traitements dans les soins de longue durée : Formation des formateurs**

**Project #:** 5555-15-1997/0000008

**Organization:** Sisters of Charity of Ottawa  
Health Services  
43 Bruyère Street  
Ottawa, Ontario K1N 5C8  
Tel.: (613) 562-0050  
Website: www.scohs.on.ca

**Start Date:** December 3, 1997

**End Date:** August 31, 1998

**Budget:** 1997/1998 \$102,006  
1998/1999 \$36,425  
*Total:* **\$138,431**

The Sisters of Charity of Ottawa Health Services (SCOHS), a long-term care (LTC) facility, offers a variety of primary and specialized care. Residents live in a range of care levels, including residential, nursing, rehabilitation and palliative and chronic care.

**Partners:** Representatives from five LTC facilities across Canada (British Columbia, Manitoba, Ontario, Quebec and Newfoundland).

**Project:** The project trained 665 people across Canada on preventing and stopping abuse/neglect against residents with the use of an educational package, which included a video. It also provided LTC facilities with standardized policy and procedural guidelines for preventing and responding to resident abuse and neglect.

**Products/  
Results:**

- Final report including ‘Policy and Procedure Guidelines for Responding to and Preventing Resident Abuse and Neglect in Long-Term Care’.
- Educational Kit: “Abuse Prevention in Long-Term Care” (also available in French).

**Title:** **Community-based palliative care for Canadian seniors / Soins palliatifs communautaires pour les aînés Canadiens**

**Project #:** 5555-15-1997/00000044

**Organization:** Canadian Hospice Palliative Care Association  
Suite 131C, 43 Bruyère Street  
Ottawa, Ontario K1N 5C8  
Tel: 1-800-668-2785 or (613) 241-3663  
Website: www.chpca.net

**Start Date:** November 27, 1999  
**End Date:** June 30, 1998  
**Budget:** 1997/1998 \$61,700

The Canadian Hospice Palliative Care Association (CHPCA) and the Canadian Association for Community Care (CACC) are joint sponsors of this project. CHPCA is a national association that promotes the philosophy and principles of palliative care in Canada through support of education, networking, advocacy and research.

**Partners:** Canadian Healthcare Association, Canadian Home Care Association and VON Canada.

**Project:** The project pilot-tested and evaluated a resource manual for training support workers in palliative care (the National Palliative Care Training Program) with a view to enhance the care given by support workers to individuals receiving palliative care and to their families. The training program was conducted in three different pilot sites, in a long-term care facility in Calgary, a palliative care centre in Montreal and a home care program in Winnipeg.

**Products/**

**Results:**

- Video: “Facing the Fears, Making the Journey” (also available in French).
- “Palliative Care: A Fact Sheet for Seniors” (also available in French).



**Title:** **Community-based palliative care for Canadian seniors - phase II / Soins palliatifs communautaires pour les aînés Canadiens – Phase II**

**Project #:** 6785-15-1998/0390054 (IYOP)

<b>Organization:</b> Canadian Hospice Palliative Care Association Suite 131C, 43 Bruyère Street Ottawa, Ontario K1N 5C8 Tel: 1-800-668-2785 or (613) 241-3663 Website: www.chpca.net	<b>Start Date:</b> January 28, 1999
	<b>End Date:</b> January 28, 2002
	<b>Budget:</b>
	1999/2000 \$109,000
	2000/2001 \$151,245
	2001/2002 \$250,790
	<b>Total: \$511,035</b>

The Canadian Hospice Palliative Care Association (CHPCA) and the Canadian Association for Community Care (CACC) co-managed the project. CHPCA is a national association that promotes the philosophy and principles of palliative care in Canada through support of education, networking, advocacy and research.

**Partners:** Canadian Home Care Association, Canadian Healthcare Association, Canadian Pensioners Concerned, One Voice – The Canadian Seniors Network and other seniors organizations.

**Project:** The project improved the care and well-being of seniors requiring palliative care and of their families. It was done by training individuals and communities to provide palliative care and creating supportive environments for caregivers of seniors and others in the final stage of life. As a result of this training, a network of 100 trained Area Palliative Care Instructors from across Canada was developed, who have subsequently provided training and support to an estimated 6,000 front-line support workers and volunteers involved in palliative care in their region.

**Products/  
Results:**

- Guide: “Living Lessons About Quality of Life for the Last Stages of Life - A Guide for Caregivers” (also available in French).
- “A Model to Guide Hospice Palliative Care: Based on National Principles and Norms of Practice” (also available in French and on CD).

**Title:** **End-of-life care for elders: a comprehensive guide**

**Project #:** 5555-15-1997/0000049

**Organization:** Interdepartmental Division of Geriatrics  
Sunnybrook Health Science Centre  
University of Toronto  
2075 Bayview Avenue, M478  
Toronto, Ontario M4N 3M5  
Tel.: (416) 480-6100  
Website: www.sunnybrookandwomens.on.ca

**Start Date:** November 6, 1997  
**End Date:** June 30, 1998

**Budget:** 1997/1998 \$30,900  
1998/1999 \$57,445  
**Total: \$88,345**

The Interdepartmental Division of Geriatrics (IDDG) is a focal point for academic activities related to aging and health in the Faculty of Medicine, University of Toronto.

**Partners:** Faculty of Health Sciences (University of Ottawa).

**Project:** The project created an outline for the development of a manual of national guidelines to support end-of-life care of seniors, which reflected a national consensus on best practices in the area. The project conducted national consultations with all health and social professions who provide end of life care, as well as with seniors and informal caregivers. It also determined the conceptual framework, and the key theoretical and practice-oriented concepts.

**Products/**

**Results:** ■ Summary report including best practices (serving as foundation for a guide – see phase II of the project on p. 72).

**Title:** **End-of-life care for elderly persons: a comprehensive guide – phase II**

**Project #:** 6785-15-1998/0390028

<b>Organization:</b>	University of Toronto	<b>Start Date:</b> January 28, 1999
	Faculty of Medicine	<b>End Date:</b> March 31, 2001
	Sunnybrook Health Science Centre	
	2075 Bayview Avenue	<b>Budget:</b> 1998/1999 \$700
	Toronto, Ontario M4N 3M5	1999/2000 \$283,897
	Tel.: (416) 480-6100	2000/2001 \$54,000
	Website: www.sunnybrookandwomens.on.ca	<b>Total: \$338,597</b>

The Interdepartmental Division of Geriatrics (IDDG) is a focal point for academic activities related to aging and health in the Faculty of Medicine, University of Toronto.

**Partners:** Faculty of Health Sciences (University of Ottawa).

**Project:** The project developed a manual of national guidelines to support the end-of-life care of seniors. These guidelines illustrate effective models of service delivery which reflect a national consensus on best practices in this area, and which can be understood easily and integrated into everyday practice.

**Products/Results:** ■ Report: “End-of-Life Care for Elderly Persons: A Comprehensive Guide”.

**Title:** In-home service demonstration project

**Project #:** 5555-15-1997/0000115

**Organization:** The Third Age Centre  
St. Thomas University  
Fredericton, New Brunswick E3B 5G3  
Tel.: (902) 452-0526  
Website: www.stthomasu.ca

**Start Date:** November 28, 1997  
**End Date:** March 25, 1999  
**Budget:** 1997/1998 \$47,800

St. Thomas University has pioneered the development and delivery of programs in aging. The Third Age Centre and the Chair in Gerontology together engage in research activities and provide community-based programming to seniors, volunteers, caregivers, and professionals employed in aging-related fields.

**Partners:** New Brunswick Ministry of Health, Atlantic Health Sciences Corporation, New Brunswick Federation of Seniors, New Brunswick Telephone, Statistics Canada, Canadian Institute for Health Information, National Population Health Clearinghouse, and the Gerontology Centre (Lund, Sweden).

**Project:** The St. Thomas University Gerontology Centre established a national demonstration project to look at ways to provide in-home services to seniors in the 80+ age range. This project focused on establishing a small team to carry out start up tasks, partnership development and further planning for the demonstration – confirming Fredericton as the Canadian site for the Lund Longitudinal Research Study.

**Products/  
Results:** ■ Final report including a summary of the project.

**Title:** **Plenary panel on healthy aging and Symposium on end-of-life care: Canadian initiatives / Séance plénière sur le vieillissement en santé et symposium sur les soins en fin de vie : Initiatives canadiennes**

**Project #:** 6785-15-2000/0390444

**Organization:** Canadian Organizing Committee for the World Congress of Gerontology  
Gerontology Research Centre  
Simon Fraser University - Harbour Centre  
2800 - 515 West Hastings Street  
Vancouver, British Columbia V6B 5K3  
Tel.: (604) 291-5062  
Website: [www.harbour.sfu.ca/gero/](http://www.harbour.sfu.ca/gero/)

**Start Date:** October 20, 2000  
**End Date:** October 20, 2001

<b>Budget:</b>	2000/2001	\$50,825
	2001/2002	\$35,436
	<b>Total:</b>	<b>\$86,261</b>

The International Association of Gerontology's (IAG) World Congress is held every four years and is a major vehicle through which the IAG pursues its objectives.

**Project:** The congress allowed the Canadian Organizing Committee to share the knowledge and experiences from many countries to the benefit of Canada, to highlight innovative Canadian developments in the field of aging, and to create networks to maintain fruitful exchanges in key policy areas, both nationally and internationally.

The final report summarized the presentations, highlighted key themes in the discussions with the international audiences and concluded with "lessons learned" for Canadian policy and programs or for future activities of this nature at international meetings.

**Products/  
Results:**

- Final report including a summary of the project.

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## Appendix I

### Alphabetical Listing of Funded Organizations for National PHF Later Life Projects, 1997-2004

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Organization	Page
Aboriginal Nurses Association of Canada	66
Active Living Coalition for Older Adults	27
Addiction Research Foundation	26
Alberta Council on Aging	45
Alberta Tourism Education Council	40
Assemblée des aînées et aînés francophones du Canada	17
British Columbia Psychogeriatric Association	43
Canadian Academy of Geriatrics	9
Canadian ACCESSability Network Inc.	52
Canadian Association for Community Care	13, 28, 56
Canadian Association of the Deaf	61
Canadian Association on Gerontology	35
Canadian Continence Foundation	55, 63
Canadian Ethnocultural Council	10, 38, 48
Canadian Home Care Association	32
Canadian Hospice Palliative Care Association	69, 70
Canadian Lung Association	8
Canadian Mental Health Association	22, 23
Canadian Nurses Association	29
Canadian Pharmacists Association	11, 20
Canadian Public Health Association	57, 62
Canadian Standards Association	36, 46
Canadian Wildlife Federation	60
Co-operative Housing Federation of Canada	53, 65
Dietitians of Canada	18, 33
Don Mills Foundation for Senior Citizens	39
Groupe de recherche sur les pratiques sociales et religieuses (Université de Montréal)	54, 59
International Federation on Ageing	15
Métis National Council	41
Minority Advocacy and Rights Council	14
National Association of Friendship Centres	47
National Indian & Inuit Community Health Organization Representatives	24, 37
National Institute of Nutrition	12
Native Women's Association of Canada	6
Nechi Training, Research and Health Promotion Institute	7
Nova Scotia Centre on Aging (Mount Saint Vincent University)	42, 58
Ontario March of Dimes	19
Seniors Well Aware Program	44
Simon Fraser University (Gerontology Research Centre)	74

Sisters of Charity of Ottawa Health Services	68
The Third Age Centre (St. Thomas University)	73
University of Ottawa (Epidemiology & Community Medicine)	34
University of Toronto (Department of Public Health Sciences)	16
University of Toronto (Sunnybrook Health Science Centre)	71, 72
University of Victoria (Prevention and Health Promotion Division)	25
Victorian Order of Nurses Canada	21, 64
Volunteer Canada	49

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## Appendix II

### Listing of National Projects Funded in Support of the 1999 International Year of Older Persons (IYOP)

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Canadians of all ages had an opportunity to participate in the United Nations' International Year of Older Persons 1999 (IYOP). Under the theme "Canada, A Society for all Ages", there were five objectives for IYOP: enhancing support across generations; increasing the recognition of seniors' contributions; helping Canadians understand how today's decisions will affect their future; encouraging society to be responsive to our aging population; and, creating the potential for aging-related products and services.

The **challenge** was to promote the development of activities that contributed to IYOP objectives, to foster participation by all segments of Canadian society, to mobilize communities into action, and to ensure that IYOP activities had long-term impact beyond 1999.

A total of 17 projects, valuing approximately \$2.5 million, were funded under the IYOP. The projects are listed here in order of year and project number:

<b>Project Number</b>	<b>Organization</b>	<b>Project Title</b>	<b>Page</b>
6785-15-1998/0390002	Co-operative Housing Federation of Canada	Seniors in Housing Co-ops	65
6785-15-1998/0390003	University of Toronto, Centre for Health Promotion	Improving the Quality of Life of Canadian Urban Seniors: A Community-Based Participatory Project	16
6785-15-1998/0390008	Canadian Association of the Deaf	Keeping the Hands in Motion	61
6785-15-1998/0390020	Alberta Council on Aging	Senior Friendly Canada Initiative/Amis des aînés	45
6785-15-1998/0390030	National Indian & Inuit Community Health Organization Representatives (NIICHRO)	Spirit in Motion - Active Living and Aboriginal Older Adults	24
5555-15-1998/0000054	Canadian Hospice Palliative Care Association	Community Based Palliative Care for Canadian Seniors - Phase II	70
6785-15-1998/0390053	Canadian Nurses Association	A Week in Celebration of the Health of Older Adults	29



<b>Project Number</b>	<b>Organization</b>	<b>Project Title</b>	<b>Page</b>
6785-15-1998/0390055	Canadian Home Care Association	Best Practice Models of Self-Managed Care: Their Application for Seniors	32
6785-15-1998/0390062	Groupe de recherche sur les pratiques sociales et religieuses (GRPSR)	Forum pancanadien pour recomposer les rapports de génération dans une perspective de santé pour tous les âges	59
6785-15-1998/0390135	L'assemblée des aînées et aînés francophones du Canada	Jeunesse d'aujourd'hui - Vieillesse de demain (Today's Youth - Tomorrow's Seniors)	17
6785-15-1998/0390164	Métis National Council	2 <sup>nd</sup> National Aboriginal Symposium	41
6785-15-1998/0390166	Canadian Ethnocultural Council	Use and Misuse of Drugs by Ethnocultural Seniors: A Cross-Cultural Education Model	48
6785-15-1998/0390168	Nova Scotia Centre on Aging	Everyday Technology and Older Adults: Friends or Foes?	58
6785-15-1998/0390169	The Canadian Continence Foundation	Promoting a Collaborative Consumer - Focused Approach to Continence Care in Canada	63
6785-15-1998/0390212	Dietitians of Canada	1999 National Nutrition Month	18
6785-15-1999-0390233	Alberta Tourism Education Council	Mature Consumer	40
6785-15-1999/0390279	Canadian Wildlife Federation	Golden Gardens/Jardins des années d'or	60

**Distribution of funds  
by funding priority**

## Appendix III

### Health Canada, Population Health Fund – Table National Later Life Projects, by Funding Priority (in dollars), 1997-2004

Later Life Priorities	1997/98	1998/99	1999/00	2000/01	2001/02	2002/03	2003/04*	Total of Projects	Total
Healthy Aging	\$601,666	\$141,175	\$584,894	\$384,902	\$329,002	\$718,576	\$913,343	25	\$3,673,558
Strengthening Community Capacity	\$527,263	\$61,049	\$424,509	\$432,928	\$323,312	\$366,125	\$291,699	17	\$2,426,885
Enhancing Personal Autonomy and Independence	\$607,001	\$46,300	\$584,709	\$438,630	\$340,980	\$185,225	\$74,461	15	\$2,277,306
End of Life Care	\$140,400	\$58,145	\$392,897	\$255,530	\$286,226	\$80,000	\$120,000	7	\$1,333,198
<b>Total</b>	<b>\$1,876,330</b>	<b>\$306,669</b>	<b>\$1,987,009</b>	<b>\$1,511,990</b>	<b>\$1,279,520</b>	<b>\$1,349,926</b>	<b>\$1,399,503</b>	<b>64</b>	<b>\$9,710,947</b>

Note: These figures include the 17 national projects funded under the International Year of the Older Persons (IYOP)

\* Forecast amount for 2003/04

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## Appendix IV

### Health Canada, Population Health Fund – Chart National Later Life Projects, by Funding Priority (in percentage), 1997-2004

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