

Home Safety Checklist

	Yes	No	To Do
Are the front steps and walkways leading to your house or apartment in good repair?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Are stairs and walkways kept free of snow, ice or leaves?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Does the surface of stairs and walkways provide good traction?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Throw rugs and scatter mats are dangerous. If you insist on having them, do they have non-skid backing to keep them from slipping?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Can you do without them?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Are your traffic areas clear of telephone and electrical cords?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is your home, including stairwells, well lit?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Are interior stairs in good condition, with a non-skid surface?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Are there solid handrails on both sides of the stairway?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Are stairs free of clutter?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you have a rubber bath mat or a non-slip surface to make your bathtub or shower less slippery?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If you have trouble getting on and off the toilet, do you have a raised toilet seat and a grab bar?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In your kitchen, do you have a stable step stool (with a safety rail) for reaching high places?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you frequently have to walk around furniture in your home?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you have a phone near your bed?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you have nightlights in your bedroom and bathroom?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Source: Adapted from *The Safe Living Guide*, Health Canada.