# CANADIAN FORCES 2002 CANADIAN COMMUNITY HEALTH SURVEY SUPPLEMENT, CYCLE 1.2 MENTAL HEALTH AND WELL-BEING

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#### HOUSEHOLD CONTACT AND DEMOGRAPHICS

#### **Language of Preference Block**

#### LP\_Q01 ADMB LHH

Would you prefer to be interviewed in English or in French?

- 1 English
- 2 French
- 3 Other

(DK, R are not allowed)

#### **CF Dwelling Type (DWCF)**

#### DWCF\_Q01 DHHB PMQ

Do you live in Canadian Forces PMQs?

1 Yes

(Go to Number of Bedrooms Block)

(Go to Age Without Confirmation)

2 No

DK, R (Go to Tenure Block)

#### DWCF\_Q01A DHHB BAR

#### Do you live in Canadian Forces Barracks accommodation?

1 Yes 2 No

(Go to Tenure Block)

#### DWCF\_Q02 DHHB DWE

What type of dwelling do you live in? Is it a:

INTERVIEWER: Read categories to respondent.

- 01 ... single detached?
- 02 ... double? ( )
- 03 ... row or terrace?
- 04 ... duplex?

06

DK, R

- 05 ... low-rise apartment of fewer than 5 stories or a flat?
  - "...high-rise apartment of 5 stories or more?
- 07 \ \langle \text{... institution?
- 08 \(\)... hotel; rooming/lodging house; camp?
- 09 \... mobile home?
- (1/0 ... other Specify
  - DK, R (Go to Tenure Block)

#### Tenure Block

#### TN\_Q01> DHHB\_OWN

#### Is this dwelling owned by a member of your household?

- 1 Yes
- 2 No

#### **Number of Bedrooms Block**

BD\_Q01
DHHB\_BED
How many bedrooms are there in your dwelling?
INTERVIEWER: Enter "0" if no separate, enclosed bedroom.

|\_|\_| Number of bedrooms
(MIN: 0) (MAX: 20)

#### **Age Block Without Confirmation**

ANC\_Q01
DHHB\_DOB
DHHB\_MOB
DHHB\_YOB

ANC\_Q03
DHHB\_AGE

What is [respondent name]'s age?

What is [respondent name]'s age?

L|\_|\_| Age in years
(MIN: 0) (MAX: 130)

(DK, R are not allowed)

#### Sex Block

SEX\_Q01 <u>INTERVIEWER</u>: Enter [respondent name]'s sex.

DHHB\_SEX If necessary, ask: (Is [respondent name] male or female?)

- 1 Male
- 2 Female

(DK, R are not allowed)

#### **Marital Status Block**

MSNC\_Q01 What is [respondent name]'s marital status? Is [he/she]:

DHHB\_MS <u>INTERWEWER</u>: Read categories to respondent.

married?

... living common-law?

... widowed? ... separated?

5 ... divorced?

... single, never married?

#### **Education Block**

#### ED Q01 What is the highest grade of elementary or high school [respondent name] EDUB 1 ever completed? Grade 8 or lower (Québec: Secondary II or lower) (Go to ED Q03) 1 2 Grade 9 - 10 (Québec: Secondary III or IV, (Go to ED Q03) Newfoundland: 1st year of secondary) 3 Grade 11 - 13 (Québec: Secondary V. Newfoundland: 2nd to 4th year of secondary) DK, R (Go to ED Q03) ED Q02 Did [respondent name] graduate from high school (secondary school)? EDUB 2 1 Yes 2 No Has [respondent name] received any other education that dould be counted ED Q03 EDUB 3 towards a degree, certificate or diploma from an educational institution? Yes 2 No DK, R What is the highest degree, certificate or diploma [respondent name] has ED Q04 EDUB 4 obtained? No post-secondary degree, eeftificate or diploma 01 Trade certificate or diploma from a vocational school or apprenticeship 02 training 03 Non-university certificate or diploma from a community college, CEGEP, school of nursing, etc. University certificate below bachelor's level 04 Bachelor's degree 05 06 University degree or certificate above bachelor's degree

#### **GENERAL HEALTH**

GEN\_QINT

This survey deals with various aspects of your health. I'll be asking about such things as physical activity, social relationships and health status. By health, we mean not only the absence of disease or injury but also physical, mental and social well-being.

<u>INTERVIEWER</u>: Press <Enter> to continue.

GEN\_Q01 GENB 01 I'll start with a few questions concerning your health in general. In general, would you say your health is:

INTERVIEWER: Read categories to respondent.

- 1 ... excellent?
- 2 ... very good?
- 3 ... **good?**
- 4 ... fair?
- 5 ... **poor?** DK, R

GEN\_Q02 GENB 02 Compared to one year ago, how would you say your health is now? Is it:

INTERVIEWER: Read categories to respondent.

- 1 ... much better now than 1/year ago?
- 2 ... somewhat better now than 1 year ago?
- 3 ... about the same?
- 4 ... somewhat worse now than year ago?
- 5 ... much worse now than 1 year ago?

DK, R

GEN\_Q03 GENB 03 How long do you usually spend sleeping each night?

INTERVIEWER: Do not include time spent resting.

- 1 Under 2 hours
- 2 2 hours to less than 3 hours
- 3 \ Shours to less than 4 hours
- 4 4 hours to less than 5 hours
- 5 Shours to less than 6 hours
  - 6 hours to less than 7 hours
    - 7 hours to less than 8 hours
    - 8 hours to less than 9 hours
- 9 hours to less than 10 hours
- 10 10 hours to less than 11 hours
- 11 11 hours to less than 12 hours
- 12 12 hours or more

## GEN\_Q04 GENB\_04

#### How often do you have trouble going to sleep or staying asleep?

INTERVIEWER: Read categories to respondent.

- 1 None of the time
- 2 A little of the time
- 3 Some of the time
- 4 Most of the time
- 5 **All of the time** DK. R

#### GEN\_Q05 GENB 05

#### How often do you find your sleep refreshing?

- 1 None of the time
- 2 A little of the time
- 3 Some of the time
- 4 Most of the time
- 5 All of the time DK, R

#### GEN\_Q06 GENB 06

#### How often do you find it difficult to stay awake when you want to?

- 1 None of the time
- 2 A little of the time
- 3 Some of the time
- 4 Most of the time
- 5 All of the time DK, R

#### GEN\_Q07 GENB 07

## Thinking about the amount of stress in your life, would you say that most days are:

INTERVIEWER: Read categories to respondent.

- 1 ... not at all stressful?
- 2 ... not very stressful?
- 3 ...a bit stressful?
- 4 quite a bit stressful?
- 5 \( \) extremely stressful?
  - DK,R

GEN\_Q09 GENB 09 The next question is about your main job or business in the past 12 months. Would you say that most days at work were:

<u>INTERVIEWER</u>: Read categories to respondent.

- 1 ... not at all stressful?
- 2 ... not very stressful?
- 3 ... a bit stressful?
- 4 ... quite a bit stressful?
- 5 ... extremely stressful?
  - DK, R

## GEN\_Q10 How would you describe your sense of belonging to your local community? Would you say it is:

<u>INTERVIEWER</u>: Read categories to respondent.

1 ... very strong?

2 ... somewhat strong?

3 ... somewhat weak?

4 ... very weak?

GEN\_END Go to next module

#### **SCREENING SECTION**

SCR\_QINT1 The next questions are about your well-being and areas of your life that could affect your physical and emotional health. Take your time to think

about each question before answering. INTERVIEWER: Press <Enter> to continue.

SCR Q01 How satisfied are you with your life in general? SCRB 01 INTERVIEWER: Read categories to respondent.

- 1 Very satisfied
- 2 Satisfied
- 3 Neither satisfied nor dissatisfied
- 4 Dissatisfied
- 5 Very dissatisfied

DK, R

SCR Q08 1 In general, would you say your physical health is: SCRB 081

INTERVIEWER: Read categories to respondent,

- 1 ... excellent?
- 2 ... very good?
- 3 ... good?
- 4 ... fair?
- 5 ... poor?

DK, R

SCR Q08 2 In general, would you say your mental health is:

SCRB 082 INTERVIEWER: Read categories to respondent.

- 1 ... excellent?
- 2 ... yery good
- 3 good?
- 4 <del>-f</del>ăîr?
- 5

SCR Q20 Ouring your life, have you <u>ever</u> had an <u>attack of fear or panic</u> when all of a SCRB 20 sudden you felt very frightened, anxious or uneasy?

> Yes No DK, R

(Go to SCR Q21)

SCR Q20A SCRB 20A

Have you ever had an attack when all of a sudden, you became very uncomfortable, you either became short of breath, dizzy, nauseous or your heart pounded, or you thought that you might lose control, die or go crazy?

- 1 Yes
- 2 No

SCR_Q21 SCRB_21		ou <u>ever</u> in your life had a period lasting <u>several days or longer</u> most of the day you felt <u>sad,</u> <u>empty</u> or <u>depressed</u> ?	
	1 2	Yes No DK, R	
SCR_Q21A SCRB_21A		rou <u>ever</u> had a period lasting <u>2 years or longer</u> when <u>most days</u> you her <u>sad or depressed</u> about how things were going in your life?	
	1 2	Yes No DK, R	
SCR_C21A		_Q21 = 1, go to SCR_QINT24. _Q21 = 2, DK or R, go to SCR_Q22.	
SCR_Q22 SCRB_22	Have you ever had a period lasting several days or longer when most of the day you were very discouraged about how things were going in you life?		
	1 2	Yes No DK, R	
SCR_Q22A SCRB_22A		rou <u>ever</u> had a period lasting <u>2 years or longer</u> when <u>most days</u> you ery <u>discouraged</u> about how things were going in your life?	
	1 2	Yes No DK, R	
SCR_C22A	If SCR	_Q22 = 1 go to SCR_QINT24. _Q22 = 2, DK or R, go to SCR_Q23.	
SCR_Q23 SCRB_23	interes	you <u>ever</u> had a period lasting <u>several days or longer</u> when you <u>lost st</u> in most things you usually enjoy like work, hobbies and personal hships?	
	2	Yes No DK, R	
SCR OINT24	much They to somet drive t	people have periods lasting <u>several days or longer</u> when they feel more excited and full of energy than usual. Their minds go too fast. alk a lot. They are very restless or unable to sit still and they imes do things that are unusual for them. For example, they may oo fast or spend too much money.  VIEWER: Press <enter> to continue.</enter>	
SCR_Q24 SCRB_24	During or long	your life, have you <u>ever</u> had a period like this lasting <u>several days</u> ger?	
	1 2 3	Yes No DK, R	

SCR_Q25 SCRB_25	Have you <u>ever</u> had a period lasting <u>several days or longer</u> when most of the time you were very <u>irritable</u> , <u>grumpy</u> or in a <u>bad mood</u> ?		
	1 2	Yes No DK, R	(Go to SCR_Q26) (Go to SCR_Q26)
SCR_Q25A SCRB_25A	the tim		everal days or longer when most of ou either started arguments, shouted at
	1 2	Yes No DK, R	
SCR_Q26 SCRB_26	when y		when you were a "worrier"; that is, hings than other people with the same
	1 2	Yes No DK, R	(Go to SCR Q26B)
SCR_Q26A SCRB_26A			when you were much more <u>nervous</u> ith the same problems as you?
	1 2	Yes No DK, R	
SCR_Q26B SCRB_26B		u <u>ever</u> have a period lasting <u>6</u> is and worried <u>most days</u> ?	months or longer when you were
	1 2	Yes No	
SCR_Q29 SCRB_29	့န္ကhy wi		en you felt very afraid or <u>really, really</u> g new people, going to parties, going n?
		Yes No DK, R	(Go to SCR_C29_1)
SCR_Q29A SCRB_29A	uncom	nere <u>ever</u> a time in your life wh Ifortable when you had to do s ving a speech or speaking in c	something in front of a group of people,
	1 2	Yes No DK, R	(Go to SCR_Q30) (Go to SCR_Q30)

SCR\_C29\_1 If SCR\_Q29 = 1 then use "whenever you were in social situations" in %whenever you were in social situations/when you had to do something in front of a group%

If SCR\_Q29 = 1, use "social situations" in %social situations/situations where you had to do something in front of a group%

If SCR\_Q29A = 1 use "when you had to do something in front of a group" in %whenever you were in social situations/when you had to do something in front of a group%

If SCR\_Q29A = 1 use "situations where you had to do something in front of a group" in %social situations/situations where you had to do something in front of a group%

SCR\_Q29\_1 SCRB\_291 Was there <u>ever</u> a time in your life when you became <u>very upset or nervous</u> %whenever you were in social situations/when you had to do something in front of a group%?

- 1 Yes
- 2 No DK, R

SCR\_Q29\_2 Because of your fear, did you ever stay away from %social situations/situations where you had to do something in front of a group% whenever you could?

- 1 Yes 2 No DK, R
- SCR\_Q29\_3 Do you think your fear was ever much stronger than it should have been?
- SCRB\_293

1 Yes No

DK, R

SCR\_Q30 SCRB 30 Was there ever a time in your life when you felt very uncomfortable or afraid of either being in <u>crowds</u>, going to <u>public places</u>, travelling <u>by</u> yourself, or travelling <u>far away from home</u>?

Yes No DK. R

(Go to SCR\_END) (Go to SCR\_END)

SCR\_Q30\_1 SCRB 301 Was there <u>ever</u> a time in your life when you became very upset or nervous whenever you were in crowds, public places, or travelling?

- 1 Yes
- 2 No

## SCR\_Q30\_2 Because of your fear, did you <u>ever</u> stay away from these situations whenever you could?

- 1 Yes
- 2 No

DK, R

## $SCR\_Q30\_3$ Do you think your fear was $\underline{ever}$ much stronger than it should have been? $SCRB\_303$

- 1 Yes
- 2 No DK, R

SCR\_END Go to next module.

#### **DEPLOYMENT**

DPL\_QINT1 The following questions examine your deployment history. INTERVIEWER: Press < Enter > to continue. DPL Q1 For how many years have you been a member of the Canadian Forces, DPLB\_1 including time served in either the Regular or Reserve Forces? INTERVIEWER: Round to the nearest year. If less than six months, enter 0. Number of years (MIN: 0) (MAX: 99; warning after 35) DK, R If DPL Q1 =< 35, go to DPL QINT2 DPL E1 Otherwise, show pop up edit as follows. An unusual value has been entered. Please confirm or return and correct. For the purpose of answering the next few questions, "deployment" means DPL QINT2 deployed in support of a mission, such as a NATO mission or a UN tour. These deployments must be of at least 3 months duration. Do not include exercises, sea time, individual or collective training courses, TD (temporary duty), aid to civil power activities or Canadian disaster relief activities. INTERVIEWER: Press < Enter > to continue. How many deployments lasting 3 months or more have you had in your DPL Q2 DPLB 2 career? Include deployments as a Regular or Reserve Canadian Forces member. 0 (Go to DPL C8) None 1 (Go to DPL Q4) Onè 2 3 T/hree 4 ₹òur Five or more ÐΚ R (Go to DPL ND) If DPL Q1 = 0 and DPL Q2  $\Rightarrow$  2, show pop up edit as follows. Otherwise, go to DPL\_Q3. An impossible value has been entered.

Please return and correct.

DPLB_3	between the time you <u>completed</u> one deployment and the time you <u>started</u> another?		
	1 Yes 2 No DK, R		
DPL_Q4 DPLB 4	If DPL_Q2 = 1, use the second wording. Otherwise, use the first wording.		
DI	Thinking about your most recent deployment, how much notice did you receive prior to deployment?  INTERVIEWER: Read categories to respondent.		
	1 Less than a month 2 Between 1 and 3 months 3 Between 4 and 6 months 4 More than 6 months DK, R		
DPL_Q5 DPLB_5	Did your immediate family express any concerns regarding this deployment?		
	1 Yes 2 No (Go to DPL_QINT7) DK, R (Go to DPL_QINT7)		
DPL_Q6	Which of the following concerns were expressed?  INTERVIEWER: Read categories to respondent. Mark all that apply.		
DPLB_6A DPLB_6B DPLB_6C DPLB_6D DPLB_6E DPLB_6F DPLB_6G DPLB_6H	1 Your safety 2 Lack of quality time 3 Absence from the family home 4 Care or discipline of children during your absence 5 Financial affairs 6 Difficulty managing daily chores 7 Negative impact on significant relationships 8 Any other concerns – Specify DK, R		
DPL_QINT7	For the purpose of answering the next question, "augmentee" means being deployed with a unit other than your home unit. This may be either as a Regular or Reserve Canadian Forces member.  INTERVIEWER: Press <enter> to continue.</enter>		
DPL_Q7 DPLB_7	Have you ever been deployed as an augmentee?		
	1 Yes 2 No DK, R		
DPL_C8	If DPL_Q1 is = 0, go to DPL_ND.		

DPL\_Q8 DPLB 8 During the <u>past 2 years</u>, how many months did you spend away from your home because of deployment and\or exercises, sea time, individual or collective training courses, TD (temporary duty), aid to civil power activities, or Canadian disaster relief activities?

INTERVIEWER: Do not include vacation periods away from home.

|\_| Number of months (MIN: 0) (MAX: 24)

DK, R

DPL\_ND INTERVIEWER: This is the end of the module. Press <1> to continue.

DPL\_END Go to next module.

#### **DISTRESS**

DIS\_INT The following questions deal with feelings you may have had during the past month. INTERVIEWER: Press <Enter> to continue. DIS Q01A (Please refer to page 4 of the booklet.) DISB\_10A During the past month, that is, from %date one month ago% to yesterday, about how often did you feel: ...tired out for no good reason? INTERVIEWER: Read categories to respondent. 1 All of the time Most of the time 2 3 Some of the time 4 A little of the time 5 None of the time DK, R ...nervous? DIS Q01B DISB 10B 1 All of the time 2 Most of the time Some of the time 3 A little of the time 4 None of the time 5 (Go to DIS\_Q01D) DK, R (Go to DIS\_Q01D) DIS\_C01B If DIS\_Q01B = 5, then DIS\_Q01C will be set at 5 (None of the time) during processing. DIS Q01C ...so nervous that nothing could calm you down? DISB 10C All of the time Most of the time Some of the time A little of the time None of the time DK. R DIS QOYD ...hopeless? DISB 10D All of the time 1 2 Most of the time 3 Some of the time 4 A little of the time 5 None of the time DK, R

#### DIS Q01E ...restless or fidgety? DISB 10E All of the time 1 2 Most of the time 3 Some of the time 4 A little of the time 5 None of the time (Go to DIS Q01G) DK, R (Go to DIS Q01G) DIS\_C01E If DIS\_Q01E = 5, then DIS\_Q01F will be set at 5 (None of the time) during processing. DIS Q01F ...so restless you could not sit still? DISB 10F 1 All of the time 2 Most of the time 3 Some of the time 4 A little of the time 5 None of the time DK, R DIS Q01G During the past month, about how often did you feel: DISB 10G ...sad or depressed? All of the time 1 2 Most of the time 3 Some of the time 4 A little of the time 5 None of the time (Go to DIS Q01I) DK, R (Go to DIS\_Q01I) DIS C01G If DIS\_Q01G = 5, then DIS\_Q01H will be set at 5 (None of the time) during processing. ...so depressed that nothing could cheer you up? DIS Q01H DISB 10H All of the time Most of the time Some of the time A little of the time None of the time DK, R DIS QO'N ...that everything was an effort? DISB 101 1 All of the time 2 Most of the time 3 Some of the time A little of the time 4 5 None of the time DK, R

#### DIS Q01J ...worthless? DISB 10J All of the time 1 2 Most of the time 3 Some of the time 4 A little of the time 5 None of the time DK, R DIS\_C01K If DIS\_Q01B to DIS\_Q01J are DK or R, go to DIS\_END. DIS Q01K We just talked about feelings that occurred to different degrees during the DISB 10K past month. Taking them altogether, did these feelings occur more often in the past month than is usual for you, less often than usual or about the same as usual? More often 1 (Go to DIS-Q01M) 2 Less often (Go to DI\$ Q01N) 3 About the same (Go to DIS END) 4 Never have had any (GO to DIS END) DK. R DIS Q01L Is that a lot more, somewhat more or only a little more often than usual? DISB 10L 1 A lot 2 Somewhat 3 A little DK. R Go to DIS Q01N DIS Q01M Is that a lot less, somewhat less or only a little less often than usual? DISB 10M A/Tot 2 Somewhat 3 A little ĐK, R DIS Q01N During the past month, how much did these feelings usually interfere with DISB/10N your life or activities? 1NTERVIEWER: Read categories to respondent. 1 A lot 2 Some 3 A little 4 Not at all DK, R

DIS\_END

Go to next module.

#### **STRESS**

STR\_QINT Now a few questions about the stress in your life.

INTERVIEWER: Press <Enter> to continue.

STR\_Q1 STRB\_1 In general, how would you rate your ability to handle unexpected and difficult problems, for example, a family or personal crisis? Would you say your ability is:

INTERVIEWER: Read categories to respondent.

- 1 ... excellent?
- 2 ... very good?
- 3 ... good?
- 4 ... fair?
- 5 ... poor?

DK, R (Go to STR\_END)

STR\_Q2 STRB\_2 In general, how would you rate your ability to handle the day-to-day demands in your life, for example, handling work, family and volunteer responsibilities? Would you say your ability is:

INTERVIEWER: Read categories to respondent

- 1 ... excellent?
- 2 ... very good?
- 3 ... **good?**
- 4 ... fair?
- 6 ... poor?

DK, R

STR\_Q3 STRB 3 Thinking about stress in your day-to-day life, what would you say is the <u>most important</u> thing contributing to feelings of stress you may have?

INTERVIEWER: Do not probe.

- 1 Time pressures / not enough time
- 3 Qwn emotional or mental health problem or condition
- Financial situation (e.g., not enough money, debt)
- Own work situation (e.g., hours of work, working conditions)
- School

Employment status (e.g., unemployment)

- Caring for own children
- 9 Caring for others
- 10 Other personal or family responsibilities
- 11 Personal relationships
- 12 Discrimination
- 13 Personal and family's safety
- 14 Health of family members
- 15 Other Specify
- 16 Nothing
- 17 Death of a loved one

#### STR\_Q6\_1 STRB 61

(Please refer to page 5 of the booklet.)

People have different ways of dealing with stress. Thinking about the ways you deal with stress, please tell me how often you do each of the following.

#### How often do you try to solve the problem?

INTERVIEWER: Read categories to respondent.

- 1 Often
- 2 Sometimes
- 3 Rarely
- 4 **Never** DK, R

#### STR\_Q6\_2 STRB 62

To deal with stress, how often do you talk to others?

- 1 Often
- 2 Sometimes
- 3 Rarely
- 4 Never DK, R

#### STR\_Q6\_3 STRB 63

When dealing with stress, how often do you avoid being with people?

- 1 Often
- 2 Sometimes
- 3 Rarely
- 4 Never DK, R

#### STR\_Q6\_4 STRB 64

How often do you sleep more than usual to deal with stress?

- 1 Often
- 2 Sometimes
- 3 Rarely

#### STR\_Q6\_5A STRB 65A

When dealing with stress, how often do you try to feel better by eating more, or less, than usual?



- Often
- 2 Sometimes
- 3 Rarely
- 4 Never

DK, R

#### STR\_Q6\_5B STRB\_65B

When dealing with stress, how often do you try to feel better by smoking more cigarettes than usual?

- 1 Often
- 2 Sometimes
- 3 Rarely
- 4 Never
- 5 Do not smoke

STRB_65C	alcohol?	
	1 Often	
	2 Sometimes	
	3 Rarely	
	4 Never	
	DK, R	
STR_Q6_5D STRB_65D	When dealing with stress, how often do you try to feel better by using drugs or medication?	
	1 Office	
	1 Often	
	2 Sometimes	
	3 Rarely 4 Never	
	DK, R	
STR_Q6_6 STRB 66	How often do you jog or do other exercise to deal with stress?	
	1 Often	
	2 Sometimes	
	3 Rarely	
	4 Never	
	DK, R	
STR_Q6_7 STRB 67	How often do you pray or seek spiritual help to deal with stress?	
3100 01		
31KB_0/	1 Often	
31KB_0/	1 Often 2 Sometimes	
31KB_0/		
31KB_0/	2 Sometimes	
_	2 Sometimes 3 Rarely 4 Never DK, R	
- STR_Q6_8	2 Sometimes 3 Rarely 4 Never DK, R  To deal with stress, how often do you try to relax by doing something	
_	2 Sometimes 3 Rarely 4 Never DK, R	
- STR_Q6_8	2 Sometimes 3 Rarely 4 Never DK, R  To deal with stress, how often do you try to relax by doing something enjoyable?	
- STR_Q6_8	2 Sometimes 3 Rarely 4 Never DK, R  To deal with stress, how often do you try to relax by doing something enjoyable? 1 Often	
- STR_Q6_8	2 Sometimes 3 Rarely 4 Never DK, R  To deal with stress, how often do you try to relax by doing something enjoyable?  1 Often 2 Sometimes	
- STR_Q6_8	2 Sometimes 3 Rarely 4 Never DK, R  To deal with stress, how often do you try to relax by doing something enjoyable? 1 Often	
- STR_Q6_8	2 Sometimes 3 Rarely 4 Never DK, R  To deal with stress, how often do you try to relax by doing something enjoyable? 1 Often 2 Sometimes 3 Rarely	
- STR_Q6_8	2 Sometimes 3 Rarely 4 Never DK, R  To deal with stress, how often do you try to relax by doing something enjoyable? 1 Often 2 Sometimes 3 Rarely Never	?
STR_Q6_8 STRB_68	2 Sometimes 3 Rarely 4 Never DK, R  To deal with stress, how often do you try to relax by doing something enjoyable? 1 Often 2 Sometimes 3 Rarely 4 Never DK, R  To deal with stress, how often do you try to look on the bright side of things	?
STR_Q6_8 STRB_68	2 Sometimes 3 Rarely 4 Never DK, R  To deal with stress, how often do you try to relax by doing something enjoyable? 1 Often 2 Sometimes 3 Rarely 4 Never DK, R  To deal with stress, how often do you try to look on the bright side of things 1 Often	?
STR_Q6_8 STRB_68	2 Sometimes 3 Rarely 4 Never DK, R  To deal with stress, how often do you try to relax by doing something enjoyable? 1 Often 2 Sometimes 3 Rarely 4 Never DK, R  To deal with stress, how often do you try to look on the bright side of things 1 Often 2 Sometimes	?
STR_Q6_8 STRB_68	2 Sometimes 3 Rarely 4 Never DK, R  To deal with stress, how often do you try to relax by doing something enjoyable? 1 Often 2 Sometimes 3 Rarely 4 Never DK, R  To deal with stress, how often do you try to look on the bright side of things 1 Often 2 Sometimes 3 Rarely 3 Rarely	?
STR_Q6_8 STRB_68	2 Sometimes 3 Rarely 4 Never DK, R  To deal with stress, how often do you try to relax by doing something enjoyable? 1 Often 2 Sometimes 3 Rarely 4 Never DK, R  To deal with stress, how often do you try to look on the bright side of things 1 Often 2 Sometimes	?

#### STR\_Q6\_10 STRB\_610

#### How often do you blame yourself?

- 1 Often
- 2 Sometimes
- 3 Rarely
- 4 Never DK, R

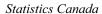
#### STR\_Q6\_11 STRB\_611

To deal with stress, how often do you wish the situation would go away or somehow be finished?

- 1 Often
- 2 Sometimes
- 3 Rarely
- 4 Never DK, R

STR\_END

Go to next module.



#### **DEPRESSION**

DEP\_C01 If SCR\_Q21 = 1 (Yes), DEP\_C01 = 1 and go to DEP\_Q01 (sad, empty or depressed). If SCR Q22 = 1 (Yes), DEP C01 = 2 and go to DEP Q02 (discouraged). If SCR\_Q23 = 1 (Yes), DEP\_C01 = 3 and go to DEP\_Q09 (uninterested). Otherwise, if (SCR Q21 = 2, DK, R) and (if SCR Q22 = 2, DK, R) and if (SCR Q23 = 2, DK, R), DEP C01= 0 go to DEP QINT26CCA. Earlier, you mentioned having periods that lasted several days or longer DEP Q01 DEPB 01 when you felt sad, empty or depressed most of the day. During such episodes, did you ever feel discouraged about how things were going in your life? Yes 1 2 No (Go to DEP Q0\B) (Go to DEP Q01B) DK R (Go to DÉP\_QINT26CCA) During the episodes of being sad, empty or depressed, did you ever lose DEP Q01A DEPB 01A interest in most things like work, hobbies or other things you usually enjoyed? (sad, discouraged or uninterested) 1 Yes 2 (sad or discouraged) No DK, R (sad or discouraged) DEP\_C02 If DEP Q01A = 1, ^KEY PHRASE1 = sad, discouraged or uninterested in things ^KEY PHRASE3 = sad, discouraged or uninterested Use the phrase "these problems" in %this problem/these problems%. Use the phrase "were" in %was/were%. Otherwise, if DEP\_Q01A = 2 or DEP\_Q01A = DK or DEP\_Q01A = R, ^KEY\_PHRASE1 = sad or discouraged NEY PHRASE3 = sad or discouraged Use the phrase "these problems" in %this problem/these problems%. Use the phrase "were" in %was/were%. Go to DEP\_Q12. DEP Q01B During the episodes of being sad, empty or depressed, did you ever lose DEPB 01B interest in most things like work, hobbies or other things you usually enjoyed? 1 Yes (sad or uninterested in things)

2

No

DK, R

(sad)

(sad)

DEP C03

If DEP Q01B = 1,

^KEY PHRASE1 = sad or uninterested in things

^KEY\_PHRASE3 = sad or uninterested

Use the phrase "these problems" in %this problem/these problems%. Use the phrase "were" in %was/were%.

Otherwise, if DEP Q01B = 2 or DEP Q01B = DK or DEP Q01B = R, ^KEY PHRASE1 = sad

^KEY PHRASE3 = sad

Use the phrase "this problem" in %this problem/these problems%. Use the phrase "was" in %was/were%.

Go to DEP\_Q12.

#### DEP Q02 DEPB 02

Earlier, you mentioned having periods that lasted several days or longer when you felt discouraged about how things were going in your life. During such episodes, did you ever lose interest in most things like work, hobbies or other things you usually enjoy?

Yes (discouraged or uninterested in things) 1

2 No (discouraged) DK (discouraged) R

(So to DEP\_QINT26CCA)

DEP C04

If DEP Q02 = 1.

^KEY\_PHRASE1 = discouraged of uninterested in things

^KEY\_PHRASE3 = discouraged or uninterested

Use the phrase "these problems" in %this problem/these problems%. Use the phrase "were" in %was/were%.

Otherwise, if DEP Q02 = 2 or DEP Q02 = DK,

^KEY PHRASE1 = (discouraged)

^KEY PHRASE3 = (discouraged)

Use the phrase "this problem" in %this problem/these problems%. Use the phrase "was" in %was/were%.

Go to DEP Q12.



左arlier, you mentioned having periods that lasted several days or longer when you lost interest in most things like work, hobbies or other things you usually enjoy. Did you ever have such a period that lasted for most of the day, nearly every day, for 2 weeks or longer?

Yes 1 2 (Go to DEP\_QINT26CCA) No DK (Go to DEP QINT26CCA) R (Go to DEP\_QINT26CCA) DEP\_C5 If DEP\_Q09 = 1,

^KEY PHRASE1 = uninterested in things

^KEY\_PHRASE3 = uninterested

Use the phrase "this problem" in %this problem/these problems%.

Use the phrase "was" in %was/were%.

DEP C6 If DEP Q09 = 1 (Yes), go to DEP Q16.

DEP\_Q12 Did you ever have a period of being ^KEY\_PHRASE1 that lasted for most of the day, nearly every day, for 2 weeks or longer?

and day, mounty overy day, for

1 Yes

2 No DK. R (Go to DEP\_QINT26CCA) (Go to DEP\_QINT26CCA)

DEP\_Q16 DEPB 16 Think of periods lasting 2 weeks or longer when %this problem/these problems% with your mood %was/were% most severe and frequent. During those periods, did your feelings of being ^KEY\_PHRASE3 usually last:

INTERVIEWER: Read categories to respondent.

- 1 ... less than one hour?
- 2 ... between 1 and 3 hours?
- 3 ... between 3 and 5 hours?
- 4 ... more than 5 hours?

DK, R

DEP\_Q17 DEPB 17 During those periods, how severe was your emotional distress?

INTERVIEWER: Read categories to respondent.

- 1 Mild
- 2 Moderate
- 3 Severe
- 4 Very severe

DK,∛R

DEP\_Q18 DEPB 18 During those periods, how often was your emotional distress so severe that nothing could cheer you up?

INTERWEWER: Read categories to respondent.

Often

Sometimes

Rarely

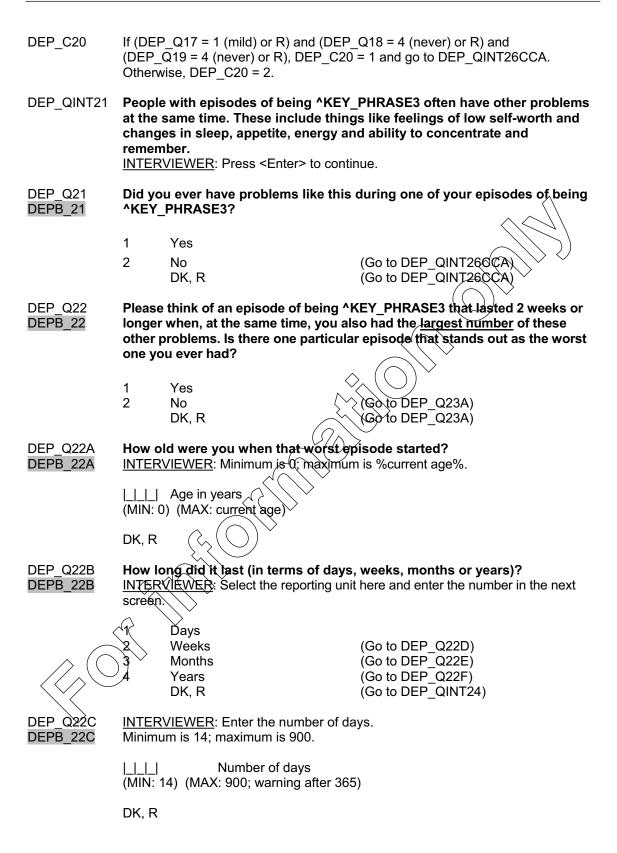
Never

DK, R

DEP\_Q19 DEPB 19 During those periods, how often was your emotional distress so severe that you could not carry out your daily activities?

INTERVIEWER: Read categories to respondent.

- 1 Often
- 2 Sometimes
- 3 Rarely
- 4 Never



DEP_E22C	If DEP_Q22C <= 365, go to DEP_ Otherwise, show pop-up edit as for	
	An unusual value has been enter Please confirm or return and ch	
DEP_Q22D DEPB_22D	INTERVIEWER: Enter the number Minimum is 2; maximum is 104.	r of weeks.
	_ _  Number of weeks (MIN: 2) (MAX: 104; warning after	
	DK, R	
DEP_E22D	If DEP_Q22D <= 52, go to DEP_0 Otherwise, show pop-up edit as for	
	An unusual value has been enter Please confirm or return and ch	
DEP_Q22E DEPB_22E	INTERVIEWER: Enter the number Minimum is 1; maximum is 36.	r of months.
	_ _  Number of month (MIN: 1) (MAX: 36; warning after	
	DK, R	70>
DEP_E22E	If DEP_Q22E <= 24, go to DEP_Q Otherwise, show pop-up edit as for	
	An unusual value has been entered Please confirm or return and ch	
DEP_Q22F DEPB 22F	INTERVIEWER: Enter the number Minimum is 1; maximum is %curre	
	Number of years (MIN: 1) (MAX: current age - (age	
, (	DK, R	
	Go to DEP_QINT24.	
DEP_Q23A DEPB_23A	Think of the last time you had a this. How old were you when the INTERVIEWER: Minimum is 0; Ma	•
	_ _  Age in years (MIN: 0) (MAX: current age)	
	DK R	(Go to DEP_QINT24)

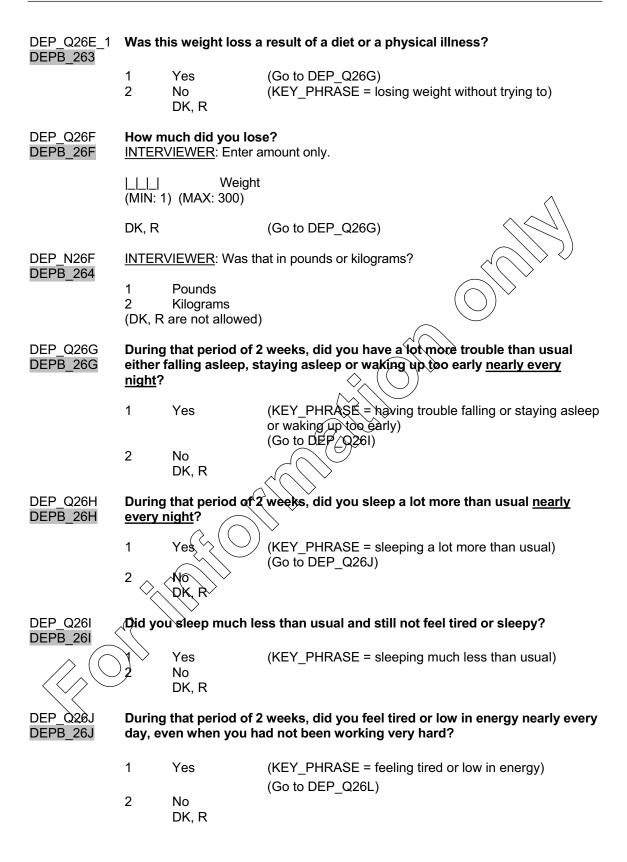
DEP_Q23B DEPB_23B	How long did that episode last? INTERVIEWER: Select the reporting unit here and enter the number in the next screen.		
	1 Days 2 Weeks 3 Months 4 Years DK, R	(Go to DEP_Q23D) (Go to DEP_Q23E) (Go to DEP_Q23F) (Go to DEP_QINT24)	
DEP_Q23C DEPB_23C	INTERVIEWER: Enter the number Minimum is 14; maximum is 900.	of days.	
	_ _  Number of days (MIN: 14) (MAX: 900; warning after	er 365)	
	DK, R		
DEP_E23C	If DEP_Q23C <= 365, go to DEP_ Otherwise, show pop-up edit as fo		
	An unusual value has been ente Please confirm or return and ch		
DEP_Q23D DEPB_23D	INTERVIEWER: Enter the number Minimum is 2; maximum is 104.	of weeks.	
	_ _  Number of weeks (MIN: 2) (MAX: 104; warning after	(O)~ 52)	
	DK, R		
DEP_E23D	If DEP_Q23D <= 52, go to DEP_Q Otherwise, show pop-up edit as fo		
	An unusual value has been ente Please confirm or return and ch		
DEP_Q23E DEPB_23E	NTERWEWER: Enter the number Minimum is 1; maximum is 36.	of months.	
	Number of months (MIN: 1) (MAX: 36; warning after 2		
	DK, R		
DEP_E23E	If DEP_Q23E <= 24, go to DEP_Q Otherwise, show pop-up edit as fo		
	An unusual value has been ente	red.	

Please confirm or return and change the reporting unit.

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DEP Q23F INTERVIEWER: Enter the number of years. Minimum is 1; maximum is %current age - (age in DEP Q23A)%. DEPB 23F Number of years (MIN: 1) (MAX: current age - (age in DEP\_Q23A)) DK, R DEP QINT24 In answering the next questions, think about the period of 2 weeks or longer when your feelings of being ^KEY PHRASE3 and other problems were most severe and frequent. During that period, tell me which of the following problems you had for most of the day, nearly every day. INTERVIEWER: Press <Enter> to continue. Did you feel sad, empty or depressed most of the day, nearly every day DEP Q24A DEPB 24A during that period of 2 weeks? Yes (KEY PHRASE = feeling sad, empty or depressed) 1 2 No (Go to DEP Q24C) DK, R (Go to DEP\_Q24C) DEP Q24B Nearly every day, did you feel so sad that nothing could cheer you up? DEPB 24B = feeling that nothing could cheer 1 Yes (KEY PHRASE you up) 2 No DK, R DEP Q24C During that period of 2 weeks, did you feel discouraged most of the day, nearly every day, about how things were going in your life? DEPB 24C 1 (KEY PHRASE = feeling discouraged about things in Yes vour life) 2 (Go to DEP Q24E) No (Go to DEP Q24E) ØK. Did you feel hopeless about the future nearly every day? DEP Q24D DEPB 24D Yes (KEY PHRASE = feeling hopeless about the future) No DK, R DER Q24E During that period of 2 weeks, did you lose interest in almost all things like DEPB\ work, hobbies and things you like to do for fun? Yes (KEY PHRASE = losing interest in almost all things) 1 2 No DK. R DEP Q24F Did you feel like nothing was fun even when good things were happening? DEPB 24F 1 Yes (KEY PHRASE = feeling that nothing was fun) 2 No DK, R

DEP C25 If any one of DEP Q24A, DEP Q24B, DEP Q24C, DEP Q24D, DEP Q24E or DEP Q24F = 1 (Yes), DEP C25 = 1. Otherwise, DEP\_C25 = 2 and go to DEP\_QINT26CCA. DEP Q26A During that period of 2 weeks, did you, nearly every day, have a much DEPB 26A smaller appetite than usual? 1 Yes (KEY PHRASE = having a much smaller appetite) (Go to DEP\_Q26E) 2 No DK, R Did you have a much larger appetite than usual nearly every day DEP Q26B DEPB 26B (KEY PHRASE = having a much larger appetite) 1 Yes 2 No DK, R During that period of 2 weeks, did you gain weight without trying to? DEP Q26C DEPB 26C 1 Yes 2 (Go to DEP Q26E No DK, R (Go to DEP Q26E Was this weight gain due to a physical growth or a pregnancy? **DEP Q26C 1 DEPB 261** (Go to DER\_Q26G) 1 Yes 2 KEY PHRASE = gaining weight without trying to) No DK, R DEP Q26D How much did you gain? DEPB 26D INTERVIEWER: Enter amount only. ₩eight (MKN; 1) (MAX: 300) DK, R (Go to DEP Q26G) DEP N26D NTERVIEWER: Was that in pounds or kilograms? DEPB/262 **Pounds** Kilograms (DK, R are not allowed) Go to DEP\_Q26G DEP Q26E Did you lose weight without trying to? DEPB 26E INTERVIEWER: If respondent reports being on a diet or physically ill, select "No". 1 Yes (Go to DEP\_Q26G) 2 No DK, R (Go to DEP\_Q26G)



DEP_Q26K DEPB_26K	During that period of 2 weeks, did you have <u>a lot more</u> energy than usual nearly every day?		
	1 2	Yes No DK, R	(KEY_PHRASE = having a lot more energy than usual)
DEP_Q26L DEPB_26L	Did you talk or move more slowly than is normal for you nearly every day?		
	1	Yes	(KEY_PHRASE = talking or moving more slowly than
	2	No DK, R	normal) (Go to DEP_Q26N) (Go to DEP_Q26N)
DEP_Q26M DEPB_26M	Did anyone else notice that you were talking or moving slowly?		
	1	Yes	
	2	No DK B	
		DK, R	
	Go to E	DEP_Q26P	
DEP_Q26N DEPB_26N	Were you so restless or jittery nearly every day that you paced up and down or couldn't sit still?		
	1	Yes	(KEY_PHRASE = feeling restless or jittery, or couldn't sit still)
	2	No DK, R	(Go to DEP_Q26P) (Go to DEP_Q26P)
DEP_Q26O	Did an	yone else notice	that you were restless?
DEPB_260			$\searrow$
	1	Yes No	
		$\langle \langle \langle \rangle \rangle$	
DEP_Q26P DEPB_26P	During that period of 2 weeks, did your thoughts come much more slowly than usual or seem mixed up nearly every day?		
$\wedge$		Yes	(KEY_PHRASE = thinking much more slowly than usual) (Go to DEP_Q26R)
	2	No DK, R	
DEP_Q26Q DEPB_26Q	Did your thoughts seem to jump from one thing to another or race through your head so fast you couldn't keep track of them?		
	1	Yes	(KEY_PHRASE = having thoughts race through your head)
	2	No DK, R	noda <sub>j</sub>

```
DEP Q26R
              Nearly every day, did you have a lot more trouble concentrating than is
DEPB 26R
              normal for you?
                      Yes
                                    (KEY PHRASE = having more trouble concentrating)
              1
              2
                      No
                      DK, R
DEP Q26S
              Were you unable to make up your mind about things you ordinarily have no
DEPB 26S
              trouble deciding about?
              1
                                     (KEY PHRASE = being unable to make your mind about
                      Yes
                                    things)
              2
                      No
                      DK, R
DEP Q26T
              Did you lose your self-confidence?
DEPB 26T
                                     (KEY_PHRASE = losing your self-confidence)
                      Yes
              2
                      No
                      DK, R
              Nearly every day, did you feel that you were not as good as other people?
DEP Q26U
DEPB 26U
                                     (KEY PHRASE = feeling not as good as other people)
                      Yes
              1
                                    (Go to DEP_Q26W)
(Go to DEP_Q26W)
              2
                      No
                      DK, R
              Did you feel totally worthless nearly every day?
DEP Q26V
DEPB 26V
                      Yes
                                     (KÈY PHRASE = feeling worthless)
              1
              2
                      No
                      DK, R
DEP Q26W
              Did you feel quilty nearly every day?
DEPB 26W
                                     (KEY PHRASE = feeling guilty every day)
                      Yes)
                      ØΜ
                      ĎK. R
              Did you feel irritable, grouchy or in a bad mood nearly every day?
DEP Q26X
DEPB 26>
                      Yes
                                     (KEY PHRASE = feeling grouchy)
              2
                      No
                      DK, R
DEP Q26Y
              Did you feel nervous or anxious most days?
DEPB 26Y
                      Yes
                                    (KEY PHRASE = feeling nervous or anxious)
              1
              2
                      No
                      DK, R
```

#### DEP Q26Z During that period of 2 weeks, did you have any sudden attacks of intense DEPB 26Z fear or panic? Yes 1 (KEY PHRASE = having attacks of fear or panic) 2 No DK, R DEP Q26Z FF Did you feel that you could not cope with your everyday responsibilities? DEPB 265 (KEY PHRASE = feeling you couldn't cope with your 1 Yes responsibilities) 2 No DK, R DEP Q26Z GGDid you feel like you wanted to be alone rather than spend time with friends or relatives? DEPB 266 Yes 1 (KEY PHRASE = wanting to be alone) 2 No DK, R DEP Q26Z HH Did you feel less talkative than usual? DEPB 267 Yes (KEY PHRASE = feeling less talkative) 1 2 No DK, R Were you often in tears 2 DEP Q26Z II DEPB 268 PHRASE = being often in tears) 1 Yes 2 No DK(R DEP Q26AA Did you often think a lot about death, either your own, someone else's or DEPB 6A death in general? Yes (KEY PHRASE = thinking about death) No DK, R DEP/Q26BB During that period, did you ever think that it would be better if you were DERB 6B dead? Yes (KEY\_PHRASE = thinking you were better dead) 1 2 No

#### DEP Q26CC DEPB A

(Please refer to page 6 of the booklet.)

Three experiences are listed, EXPERIENCE A, B and C. Think of the period of 2 weeks or longer when your feelings of being KEY\_PHRASE3 and other problems were most severe and frequent. During that time, did EXPERIENCE A happen to you?

INTERVIEWER: EXPERIENCE A is "You seriously thought about committing suicide or taking your own life."

1 Yes (KEY PHRASE = having EXPERIENCE A)

(Go to DEP Q26DD)

2 (Go to DEP Q26CC1) No DK, R (Go to DEP C27)

DEP QINT26CCA

(Please refer to page 6 of the booklet.)

The following questions may be sensitive to some people, but we have to ask the same questions of everyone. Three experiences are listed, **EXPERIENCE A, B and C.** 

INTERVIEWER: Press < Enter > to continue.

DEP Q26CC1 Has EXPERIENCE A ever happened to you?

DEPB A1 INTERVIEWER: EXPERIENCE A is You seriously thought about committing suicide or taking your own life."

> 1 Yes

2 No (Go to DEP C27) DK, R (Goto DEP C27)

DEP\_Q26CC1A In the past 12 months, did EXPERIENCE A happen to you?

DEPB A1A INTERVIEWER: EXPERIENCE A is "You seriously thought about committing suicide or taking your own life."

(Go to DEP Q26DD)

(Go to DEP\_C27)

DEP Q26CC2 How old were you the last time this experience happened to you?

DEPB A2 NTERVIEWER: Minimum is 6; maximum is %current age - 1%

| | | Age in years

(MIN: 6) (MAX: current age -1

DK, R (Go to DEP C27)

#### DEP Q26DD DEPB B

Now, look at the second experience on the list, EXPERIENCE B. Did **EXPERIENCE B happen to you?** 

INTERVIEWER: EXPERIENCE B is "You made a plan for committing suicide."

1 Yes (KEY PHRASE = having EXPERIENCE B)

2 No DK, R

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DEP C26DD

If DEP Q26CC1 = 1 (Yes) and DEP Q26DD = 1 (Yes) or 2 (No), DEP\_C26DD = 1 and go to DEP Q26EE1.

If DEP\_Q26CC = 1 (Yes) and DEP\_Q26DD = 1 (Yes) or 2 (No), DEP C26DD = 2 and go to DEP Q26EE.

If DEP Q26DD = DK or R, DEP C26DD = 3 and go to DEP C26EE7B.

DEP Q26EE DEPB C

Now, look at the third experience on the list, EXPERIENCE C. During that period of 2 weeks or longer, did EXPERIENCE C happen to you? INTERVIEWER: EXPERIENCE C is "You attempted suicide or tried to take your own life."

1 (KEY PHRASE = having EXPERIENCE Yes

2 No (Go to DEP\_Q26EEB) DK. R (Go to DEP\_C26EE7B)

DEPB CA

DEP Q26EEA Has there been a more recent time when EXPERIENCE C happened to you? INTERVIEWER: EXPERIENCE C is "You attempted suicide or tried to take your own life."

> 1 Yes (Go to DEP\_Q26EF/IA (Go to DEP\_Q26EE3) 2 No DK, R (Go to DEP/C26ÈÈ7B

DEP Q26EEB Has EXPERIENCE C ever happened to you?

DEPB CB

INTERVIEWER: EXPERIENCE CAS TYOU attempted suicide or tried to take your own life.'

(Go to DEP\_Q26EE1A) 1 Yes (Go to DEP\_C27) 2 Nο DK, R (Go to DEP\_C27)

DEP Q26EE1 DEPB C1

Now, look at the third experience on the list, EXPERIENCE C.

Has EXPERIENCE C ever happened to you?

INTERMEMER: EXPERIENCE C is "You attempted suicide or tried to take your own life.

Yes

(Go to DEP\_C27) No DK, R (Go to DEP C27)

DEP Q26EE1A During the last 12 months, did EXPERIENCE C happen to you?

DEPB C1A INTERVIEWER: EXPERIENCE C is "You attempted suicide or tried to take your own life."

- Yes 1
- 2 No

```
DEP C26EE1A If DEP Q26EEA = 1 (Yes) and DEP Q26EE1A = 1 (Yes), DEP C26EE1A = 1
              and go to DEP Q26EE3.
              If DEP_Q26EEA = 1 (Yes) and DEP_Q26EE1A = 2 (No), DEP_C26EE1A = 2
              and go to DEP_Q26EE1B.
              If (DEP Q26EE1 = 1 (Yes) or DEP Q26EEB = 1 (Yes)), and
              DEP Q26EE1A = 1 (Yes), DEP C26EE1A = 3 and go to DEP Q26EE3.
              If (DEP Q26EE1 = 1 (Yes) or DEP Q26EEB = 1 (Yes)), and
              DEP Q26EE1A = 2 (No), DEP C26EE1A = 4 and go to DEP Q26EE2.
              If (DEP Q26EE1A = DK or R) or (DEP Q26EEB = DK or R), C26EE4A
                                                                             `=\5∖and
              go to DEP C26EE7B.
DEP_Q26EE1B During the last 12 months, did EXPERIENCE A happen to you?
DEPB A1B
              INTERVIEWER: EXPERIENCE A is "You seriously thought about committing
              suicide or taking your own life."
                     Yes
              1
                                                  (Go to DEP Q26EE1D)
              2
                     No
                                                  (Go to DEP C27)
                     DK, R
DEP_Q26EE1C Did EXPERIENCE B happen to you?
              INTERVIEWER: EXPERIENCE B is "You made a plan for committing suicide."
DEPB B1C
              1
                     Yes
              2
                     No
                     DK, R
                                                  (Go to DEP Q26EE7)
DEP_Q26EE1DHow old were you the last time EXPERIENCE C happened to you?
              INTERVIEWER: EXPERIENCE C is "You attempted suicide or tried to take your
DEPB C1D
              own life."
                                                  (Go to DEP Q26EE3)
              | | | | Age in years
              (MIN: 6) (MAX: current age -1)
              DK, R
                                                  (Go to DEP_C26EE7B)
DEP Q26EE2 How old were you when EXPERIENCE C happened to you?
DEPB C2
              NTERVIEWER: EXPERIENCE C is "You attempted suicide or tried to take your
              own life."
              Minimum is 6; maximum is %current age - 1%.
              If more than one attempt, ask about the most recent one.
              | | | Age in years
              (MIN: 6) (MAX: current age -1)
              DK, R
                                                  (Go to DEP_C26EE7B)
DEP Q26EE3 Did it result in injury or poisoning?
DEPB C3
              INTERVIEWER: If more than one attempt, ask about the most recent one.
                     Yes
              1
              2
                     Nο
                     DK, R
                                                  (Go to DEP C26EE7A)
```

#### DEP Q26EE4 Did you receive medical attention (following the most recent time DEPB C4 **EXPERIENCE C happened to you)?**

INTERVIEWER: EXPERIENCE C is "You attempted suicide or tried to take your own life."

If more than one attempt, ask about the most recent one.

- 1 Yes
- 2 No (Go to DEP C26EE7A) DK. R (Go to DEP\_C26EE7A)

#### DEP Q26EE5 Were you hospitalized overnight or longer (following this most recent time DEPB C5 since EXPERIENCE C happened to you)?

INTERVIEWER: EXPERIENCE C is "You attempted suicide or tried to take your

If more than one attempt, ask about the most recent one.

- 1 Yes
- 2 No DK, R

DEP\_C26EE7A If DEP\_Q26EE1A = 1 (Yes), DEP\_C26EE7A = (and go to DEP\_Q26EE8. Otherwise, DEP C26EE7A = 2 and go to DEP C26EE7B.

DEP C26EE7B If DEP Q26CC1A = 1(Yes) or DEP Q26EE1B = 1(Yes), DEP C26EE7B = 1 and go to DEP\_Q26EE7. Otherwise, DEP\_C26EE7B = 2 and go to DEP\_C27.

# DEPB A7

DEP\_Q26EE7 During the past 12 months, have you seen, or talked on the telephone, to a professional about EXPERIENCE A?

> INTERVIEWER: EXPERTENCE A is "You seriously thought about committing suicide or taking your own life,

- Yes 2
  - No( (Go to DEP C27) DK,∛R (Go to DEP C27)

# DEP Q26EE7A (Please refer to page 7 of the booklet.)

Whom did you see or talk to? Please read the numbers of all that apply. INTERVIEWER: Mark all that apply.

DEPB\AAA **Psychiatrist** 

DEPB\_AAB DERB\_AAC Family doctor or general practitioner

3 **Psychologist** 

DEPB\AAD 4 Nurse

5 DEPB AAE Social worker or counsellor

DEPB AAF 6 Religious or spiritual advisor such as a priest, chaplain or rabbi

DEPB\_AAG 7 Teacher or guidance counsellor

DEPB AAH Other

## DEP Q26EE7B Where did the contact(s) take place?

INTERVIEWER: Mark all that apply.

If respondent says "hospital", probe for details.

DEPB ABA Hospitalized as an overnight patient

DEPB ABB 2 Health professional's office (including doctor's)

DEPB ABC 3 Hospital emergency room 4 DEPB ABD Psychiatric outpatient clinic 5 DEPB ABE Drug or alcohol outpatient clinic

DEPB ABF 6 Other hospital outpatient clinic (e.g. day surgery, cancer)

DEPB ABG 7 Walk-in clinic

DEPB ABH 8 Appointment clinic

DEPB ABI 9 Community health centre / CLSC

DEPB ABJ 10 At work DEPB ABK 11 At school DEPB\_ABL 12 At home

DEPB ABM 13 Telephone consultation only

DEPB ABN Church or other place for religious assembly 14

DEPB ABO 15 Other DK, R

Go to DEP C27

DEPB D8

DEP Q26EE8 During the past 12 months, have you seen, or talked on the telephone, to a professional about EXPERIENCE A or EXPERIENCE C?

INTERVIEWER: EXPERIENCE A is You seriously thought about committing suicide or taking your own life." (

1 Yes

2 No DK, R (Go to DEP\_C27) (Go to DEP\_C27)

# DEP Q26EE8A (Please refer to page /7 of the booklet.)

Whom did you see or talk to? Please read the numbers of all that apply. INTERVIEWER: Mark all that apply.

Psychiatrist DEPB DAA

DEPB DAB Family doctor or general practitioner

DEPB DAG **Psychologist** 

DEPB\DAD Nurse

DEPB DAE Social worker or counsellor

DERB ØAF 6 Religious or spiritual advisor such as a priest, chaplain or rabbi

DEPB\DAG 7 Teacher or guidance counsellor

DEPB DAH 8 Other

#### DEP\_Q26EE8B Where did the contact(s) take place?

INTERVIEWER: Mark all that apply.

If respondent says "hospital", probe for details.

- DEPB DBA 1 Hospitalized as an overnight patient
- DEPB\_DBB 2 Health professional's office (including doctor's)
- DEPB\_DBC 3 Hospital emergency room
  DEPB\_DBD 4 Psychiatric outpatient clinic
  DEPB\_DBE 5 Drug or alcohol outpatient clinic
- DEPB\_DBF 6 Other hospital outpatient clinic (e.g. day surgery, cancer)
- DEPB\_DBG 7 Walk-in clinic
- DEPB\_DBH 8 Appointment clinic
- DEPB\_DBI 9 Community health centre / CLSC
- DEPB\_DBJ 10 At work
  DEPB\_DBK 11 At school
  DEPB\_DBL 12 At home
- DEPB\_DBM 13 Telephone consultation only
- DEPB DBN 14 Church or other place for religious assembly
- DEPB\_DBO 15 Other DK, R
- DEP\_C27 Set count of DEP\_C27 = 0.

If any of DEP\_Q24A through DEP\_Q24D = (1(Yes)), DEP\_C27 = DEP\_C27 + 1. If any of DEP\_Q24E through DEP\_Q24E = (Yes), DEP\_C27 = DEP\_C27 + 1. For each 1 (Yes) in DEP\_Q26A, DEP\_Q26B, DEP\_Q26G, DEP\_Q26H, DEP\_Q26I DEP\_Q26J, DEP\_Q26K, DEP\_Q26L, DEP\_Q26M, DEP\_Q26N, DEP\_Q26O, DEP\_Q26P, DEP\_Q26A, DEP\_Q26S, DEP\_Q26S, DEP\_Q26T, DEP\_Q26U, DEP\_Q26V, DEP\_Q26W, DEP\_Q26X, DEP\_Q26Y, DEP\_Q26Z, DEP\_Q26Z, DEP\_Q26Z, DEP\_Q26Z, DEP\_Q26BB, DEP\_Q26CC, DEP\_Q26DD, DEP\_Q26EE, and each 2 (No) in

DEP\_Q26C\_1 and DEP\_Q26E\_1, DEP\_C27 = DEP\_C27 + 1.

DEP\_C27A If DEP\_C27>= 5, DEP\_C27A = 1.

Otherwise DER C2ZA = 2 and go to DEP ND.

- DEP\_C28 If DEP\_Q26CC=1 (Yes) or DEP\_Q26CC1 = 1 (Yes), DEP\_C28 = 1 and go to DEP\_Q28\_1.

  Otherwise, DEP\_C28 = 2.
- .\_\_ .\_\_ .

DEP\_Q28 You mentioned having a number of the problems that I just asked you DEPB\_28 about.

During that episode, how much did your feelings of being ^KEY\_PHRASE3 and having these other problems interfere with either your work, your social life or your personal relationships?

<u>INTERVIEWER</u>: Read categories to respondent.

If respondent does not remember the problems, press <Ctrl D> to show the list of situations.

1	Not at all	(Go to DEP_Q29A)
2	A little	(Go to DEP_Q28A)
3	Some	(Go to DEP_Q28A)
4	A lot	(Go to DEP_Q28A)
5	Extremely	(Go to DEP_Q28A)
	DK, R	(Go to DEP Q28A)

#### DEP\_Q28\_1 DEPB 281

Earlier, you mentioned having a number of problems during the period of 2 weeks or longer when your feelings of being KEY\_PHRASE3 were most frequent and severe. During that episode, how much did your feelings of being ^KEY\_PHRASE3 and having these other problems interfere with either your work, your social life or your personal relationships?

INTERVIEWER: Read categories to respondent.

If respondent does not remember the problems, press <Ctrl D> to show the list of situations.

1	Not at all	(Go to DEP_Q29A)
2	A little	(Go to DEP_Q28A)
3	Some	(Go to DEP_Q28A)
4	A lot	(Go to DEP_Q28A)
5	Extremely	(Go to DEP_Q28A)
	DK, R	(Go to DEP_Q28A)

# DEP\_Q28A DEPB\_28A

During that episode, how often were you unable to carry out your daily activities because of your feelings of being ^KEY\_PHRASE3?

INTERVIEWER: Read categories to respondent.

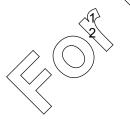
- 1 Often
- 2 Sometimes
- 3 Rarely
- 4 Never DK. R

# DEP\_Q29A DEPB\_29A

Episodes of this sort sometimes occur as a result of a physical illness or injury or the use of medication, drugs or alcohol. Do you think your episodes of feeling ^KEY\_PHRASE3 ever occurred as the result of physical causes, medication, drugs or alcohol?

1 Yes 2 No (Go to DEP\_Q30) DK,R

DEP\_Q29B DEPB 29B Do you think your episodes were <u>always</u> the result of physical causes, medication, drugs or alcohol?



Yes No DK, R

(Go to DEP\_Q30) (Go to DEP\_Q30)

```
DEP Q29C
              What were the causes?
              INTERVIEWER: Mark all that apply.
DEPB 9CA
              1
                     Exhaustion
DEPB 9CB
              2
                     Hyperventilation
DEPB_9CC
              3
                     Hypochondria
DEPB_9CD
              4
                     Menstrual cycle
DEPB 9CE
              5
                     Pregnancy / postpartum
              6
                     Thyroid disease
DEPB 9CF
              7
DEPB 9CG
                     Cancer
DEPB 9CH
              8
                     Overweight
DEPB 9CI
              9
                     Medication (excluding illicit drugs)
DEPB 9CJ
              10
                     Illicit drugs
DEPB 9CK
                     Alcohol
              11
DEPB 9CL
              12
                     Chemical Imbalance/Serotonin Imbalance
DEPB 9CM
              13
                     Chronic Pain
DEPB_9CN
              14
                     Caffeine
DEPB 9CO
              15
                     No specific diagnosis
DEPB 9CP
              16
                     Other - Specify
DEPB_9CQ
              17
                     Accident/Injury
DEPB_9CR
              18
                     Emotional, social or economic reason
DEPB 9CS
                     Other - Physical causes, etc.
              19
                     DK, R
              Did your episodes of feeling KEY_PHRASE3 ever occur just after someone
DEP Q30
DEPB 30
              close to you died?
              1
                     Yes
                                           Go to DEP Q31)
              2
                     No
                     DK, R
                                           Go to DEP Q31)
              Did your episodes of feeling KEY PHRASE3 always occur just after
DEP Q30A
DEPB 30A
              someone close to you died?
              1
                     Yes⊳
              2
                     Mo
                    (DK) R
DEP Q31
              During your life, how many episodes of feeling ^KEY PHRASE3 with some
DEPB 31
              other problems lasting two weeks or longer have you ever had?
              NTERVIEWER: Minimum is 1; maximum is 901.
              If respondent answers more than 900 episodes, enter "900".
              # respondent answers "More than I can remember", enter "901".
              Number of episodes
              (MIN: 1) (MAX: 901)
              DK
              R
DEP_C31
              If DEP Q31 = 1 (number of episodes), DEP C31 = 1 and go to DEP Q37B 2.
              Otherwise, DEP C31 = 2.
```

DEP QINT37 Think of the very first time in your life when you had an episode lasting 2 weeks or longer when most of the day, nearly every day, you felt ^KEY PHRASE3 and you also had some of the other problems we talked about. INTERVIEWER: Press <ENTER> to continue. DEP Q37 Can you remember exactly how old you were the very first time you had DEPB 37 such an episode? 1 Yes 2 No (Go to DEP Q37B) DK (Go to DEP Q37B) R (Go to DEP Q37B 1) DEP Q37A How old were you? INTERVIEWER: Minimum is 0; maximum is %current age% DEPB 37A |\_|\_| Age in years (Go to DEP Q37B 2 (MIN: 0) (MAX: current age) DK R (Gø to DER Q37B 2) DEP Q37B About how old were you (the first time you had such an episode)? DEPB 37B INTERVIEWER: Minimum is 0; maximum is %current age%. If respondent answers "All my life" or "As long as I can remember", press <F6> to indicate "DK". (Go to DEP Q37B 2) Age in years I I I I I(MIN: 0) (MAX: current age) DK R (Go to DEP Q37B 2) Would you say that the very first time you had an episode of this sort was: DEP Q37B 1 **DEPB 371** INTERWER Read categories to respondent. If respondent answers "All my life", press <F6> to indicate "DK". ∴ before you first started school? ... before you were a teenager? ... once you were a teenager or an adult? DK, R DEP Q37B 2 Was that episode brought on by some stressful experience or did it happen DEPB 372 out of the blue? Brought on by stress 1 2 Out of the blue 3 Don't remember DK. R DEP C37B 2 If DEP Q31 = 1 (number of episodes), DEP C37B 2 = 1 and go to DEP Q38. Otherwise,  $DEP_C37B_2 = 2$ .

# DEP Q37C About how long did that episode go on? INTERVIEWER: Select the reporting unit here and enter the number in the next DEPB 7CA screen. 1 Days 2 Weeks (Go to DEP\_Q37C\_D) 3 Months (Go to DEP Q37C E) 4 Years (Go to DEP Q37C F) DK. R (Go to DEP Q38) DEP Q37C C INTERVIEWER: Enter the number of days. DEPB 7CB Minimum is 14; maximum is 900. Number of days (MIN: 14) (MAX: 900; warning after 365) DK, R DEP\_E37C\_C If DEP\_Q37C\_C <= 365, go to DEP\_Q38. Otherwise, show pop-up edit as follows. An unusual value has been entered. Please confirm or return and change the reporting unit. DEP Q37C D INTERVIEWER: Enter the number of weeks DEPB 7CC Minimum is 2; maximum is 104. Number of weeks (MIN: 2) (MAX: 104; warning after DK. R DEP\_E37C\_D If DEP\_Q37Q\_D $\neq = 52$ , go to DEP\_Q38. Otherwise, show popup edit as follows. An unusual value has been entered. Please confirm or return and change the reporting unit. DEP Q37C E MITERWEWER: Enter the number of months. DEPB 7CD Minimum is 1; maximum is 36. Number of months (MIN: 1) (MAX: 36; warning after 24) DK, R DEP\_E37C\_E If DEP\_Q37C\_E <= 24, go to DEP\_Q38. Otherwise, show pop-up edit as follows. An unusual value has been entered.

Please confirm or return and change the reporting unit.

DEP_Q37C_F DEPB_7CE	INTERVIEWER: Enter the number of years.  Minimum is 1; maximum is %current age - (age in DEP_Q37A or DEP_Q37B)%.		
	_ _  Number of years (MIN: 1) (MAX: current age - (age in DEP_Q37A or DEP_Q37B))		
	DK, R		
	Go to DEP_Q38.		
DEP_Q38 DEPB_38	At any time in the <u>past 12 months</u> , did you have an episode lasting 2 weeks or longer when you felt ^KEY_PHRASE3 and also had some of the other problems already mentioned? <u>INTERVIEWER</u> : If respondent does not remember the problems, press < Ctrl D> to show the list of situations.		
	1 Yes 2 No		
	DK, R		
DEP_C38	If (DEP_Q31 = 1 (number of episodes) and DEP_Q38 = 2 (No) or DK or R), DEP_C38 = 1 and go to DEP_C71.		
	If (DEP_Q31 > 1 (number of episodes) or DK or R) and (DEP_Q38 = 2 (No) or DK or R), DEP_C38 = 2 and go to DEP_Q38C.  Otherwise, DEP_C38 = 3.		
DEP_Q38A DEPB 8A	How recently was it?		
DLFD_0A	INTERVIEWER: Read categories to respondent.		
	During the past month Between 2 and 6 months ago More than 6 months ago  DK R		
DEP_C38A	If DER Q31 =1 (number of episodes), DEP_C38A = 1 and go to DEP_Q38A_6. Otherwise, DEP_C38A = 2.		
DEP_QINT38A			
	The next questions, the word "episode" means a period lasting 2 weeks or longer when, nearly every day, you were ^KEY_PHRASE3 and you also had some of the other problems we just mentioned. The end of an episode is when you no longer have the problems for two weeks in a row.  Press <enter> to continue.</enter>		
DEP_Q38A_1 DEPB_8A1	With this definition in mind, how many different episodes did you have in the past 12 months?  INTERVIEWER: Minimum is 0; maximum is 50.  If respondent answers "More than I can remember", enter "50".		
	_ _  Number (MIN: 0) (MAX: 50)		
	DK, R		

```
DEP C38A 2 If DEP Q38A 1 = 0 (number of different episodes), DK or R, DEP C38A 2 = 0
              and go to DEP Q38C.
              If DEP_Q38A_1 = 1 (number of different episodes), DEP_C38A_2 = 1.
              Otherwise, DEP_C38A_2 = 2 and go to DEP_C38A_7.
DEP Q38A 3 In what month and year did that episode start?
              INTERVIEWER: Select the month here and enter the year in the next screen.
DEPB 8A2
              1
                      January
              2
                      February
              3
                      March
              4
                      April
              5
                      May
              6
                      June
              7
                      July
              8
                      August
                      September
              9
              10
                      October
                      November
              11
                      December
              12
                      DK, R
DEP Q38A 3A INTERVIEWER: Enter the year.
DEPB 8A3
              Minimum is %year of birth%; maximum is
                                                     %current year%.
                             Year
              (MIN: year of birth) (MAX: current year
              DK, R
DEP_C38A_4
              If DEP_Q38A = 1 (during the past month), use the phrase "last so far" in %last so
              far/last%.
              Otherwise, use the phrase "last" in %last so far/last%.
              How long did that episode %last so far/last%?
DEP Q38A 4
DEPB 8AA
              INTERVIEWER: Select the reporting unit here and enter the number in the next
              screen.
                      Days
                      Weeks
                                            (Go to DEP_Q38A_4B)
                      Months
                                            (Go to DEP_Q38A_4C)
                                            (Go to DEP_Q38A_4D)
                      Years
                      DK, R
                                            (Go to DEP_C38A_5)
DEP Q38A 4A INTERVIEWER: Enter the number of days.
DEPB 8AB
              Minimum is 14; maximum is 900.
                             Number of days
              (MIN: 14) (MAX: 900; warning after 365)
              DK, R
```

```
Otherwise, show pop-up edit as follows.
              An unusual value has been entered.
              Please confirm or return and change the reporting unit.
DEP Q38A 4B INTERVIEWER: Enter the number of weeks.
DEPB 8AC
              Minimum is 2; maximum is 104.
                             Number of weeks
              (MIN: 2) (MAX: 104; warning after 52)
              DK, R
DEP_E38A_4B If DEP_Q38A_4B <= 52, go to DEP_C38A_5.
              Otherwise, show pop-up edit as follows.
              An unusual value has been entered.
              Please confirm or return and change the reporting unit
DEP Q38A 4C INTERVIEWER: Enter the number of months.
DEPB 8AD
              Minimum is 1; maximum is 36.
                             Number of months
              (MIN: 1) (MAX: 36; warning after 24)
              DK, R
DEP_E38A_4C If DEP_Q38A_4C <= 24, go to DER_C38A_5.
              Otherwise, show pop-up edit as follows.
              An unusual value has been entered.
              Please confirm or return and change the reporting unit.
DEP Q38A 4D INTERVIEWER: Enter the number of years.
DEPB 8AE
              Minimum is 1; maximum is %current age - (age in DEP Q37A or DEP Q37B)%.
                             Number of years
              (MIN: 1) (MAX: current age - (age in DEP Q37A or DEP Q37B))
DEP/C38
              If DEP Q38A = 1 (during the past month), DEP C38A 5 = 1.
              Otherwise, DEP_C38A_5 = 2 and go to DEP_Q39.
DEP Q38A 6 Has this episode ended or is it still going on?
DEPB 8A6
                      Ended
              1
              2
                      Still going on
                      DK, R
DEP C38A 6 If DEP Q31 = 1 (number of episodes), DEP C38A 6 = 1 and go to DEP C62 1.
              Otherwise, DEP C38A 6 = 2 and go to DEP Q39.
```

DEP E38A 4A If DEP Q38A 4A <= 365, go to DEP C38A 5.

DEP C38A 7 If DEP Q38A 1 = 1 (number of different episodes), use the phrase "this episode" in %this episode/the first of these %number in DEP Q38A 1% episodes%. If DEP Q38A 1 > 1 (number of different episodes) or DEP Q38A 1 < 50 (in between 2 and 49), use the phrase "the first of these %number in DEP\_Q38A\_1% episodes" in %this episode/the first of these %number in DEP Q38A 1% episodes%. Otherwise use "the first of these episodes" in %this episode/the first of these %number in DEP Q38A 1% episodes%. (For this condition, do not insert %number in DEP Q38A 1%.) DEP\_Q38A\_7 How long did %this episode/the first of these %number in DEP DEPB 8BA episodes% last? INTERVIEWER: Select the reporting unit here and enter the number in the next screen. 1 Days Weeks (Go to DEP\_Q38A\_7B) 2 Months (Go to DEP Q38A 7C) 3 (Go to QEP\_Q38A\_7D) 4 Years (Go to DEP\_C38A\_8) DK, R DEP Q38A 7A INTERVIEWER: Enter the number of days DEPB 8BB Minimum is 14; maximum is 900. Number of days () (MIN: 14) (MAX: 900; warning after 365 DK, R DEP\_E38A\_7A If DEP\_Q38A\_7A <= 365, go to DEP\_C38A\_8. Otherwise, show poptup edit as follows. An unusual value has been entered.

DEP\_Q38A\_7B INTERVIEWER: Enter the number of weeks.

DEPB 8BC

Minimum is 2; maximum is 104.

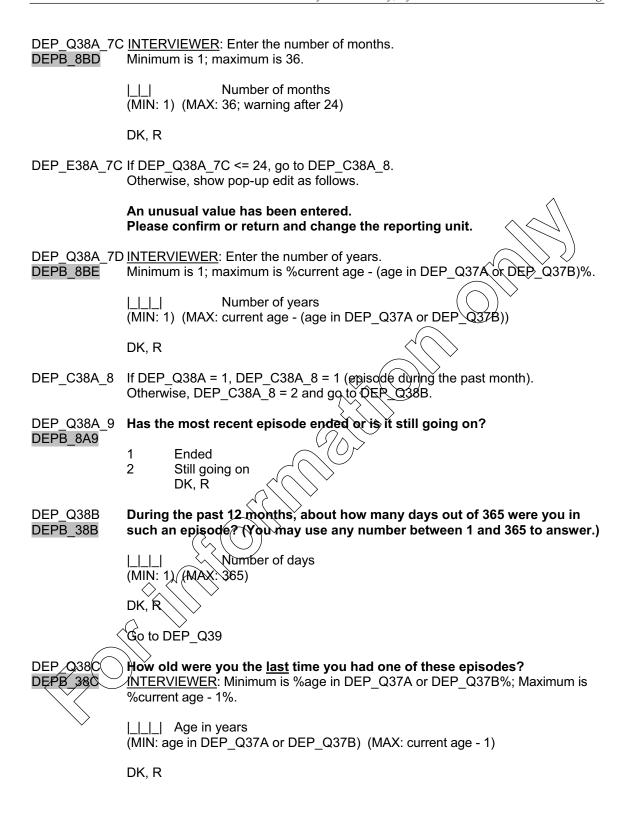
Number of weeks (MIN: 2) (MAX: 104; warning after 52)

DK, R

DEP E38A 7B If DEP Q38A 7B <= 52, go to DEP C38A 8. Otherwise, show pop-up edit as follows.

> An unusual value has been entered. Please confirm or return and change the reporting unit.

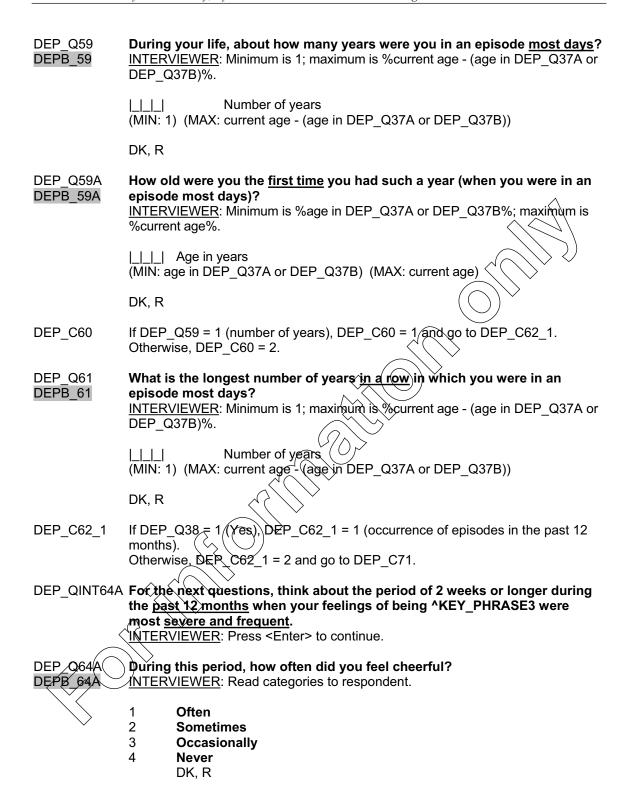
> Please confirm or return and change the reporting unit.



DEP_Q39 DEPB_39A	What is the <u>longest</u> episode you ever had when, most of the day, nearly everyday, you were feeling ^KEY_PHRASE3 and you also had some of the other problems we just mentioned? <u>INTERVIEWER</u> : Select the reporting unit here and enter the number in the next screen.  If respondent does not remember the problems, press <ctrl d=""> to show the list of situations.</ctrl>	
	1 Days 2 Weeks 3 Months 4 Years DK, R	(Go to DEP_Q39B) (Go to DEP_Q39C) (Go to DEP_Q39D) (Go to DEP_Q53_1)
DEP_Q39A DEPB_39B	INTERVIEWER: Enter the number of da Minimum is 14; maximum is 900.	ays.
	_ _  Number of days (MIN: 14) (MAX: 900; warning after 365	5)
	DK, R	
DEP_E39A	If DEP_Q39A <= 365, go to DEP_Q53 Otherwise, show pop-up edit as follows	
	An unusual value has been entered. Please confirm or return and change	the reporting unit.
DEP_Q39B DEPB_39C	INTERVIEWER: Enter the number of we Minimum is 2; maximum is 104.	eeks.
	_ _  Number of weeks (MIN: 2) (MAX: 104; warning after 52)	
	DK, R	
DEP_E39B	If DEP_Q39B = 52, go to DEP_Q53_1 Otherwise, show pop-up edit as follows	
	An unusual value has been entered. Please confirm or return and change	the reporting unit.
DEP Q39C DERB 39D	NTERVIEWER: Enter the number of m Minimum is 1; maximum is 36.	onths.
	_ _  Number of months (MIN: 1) (MAX: 36; warning after 24)	
	DK, R	
DEP_E39C	If DEP_Q39C <= 24, go to DEP_Q53_1 Otherwise, show pop-up edit as follows	
	An unusual value has been entered.	

Please confirm or return and change the reporting unit.

DEP_Q39D DEPB_39E	INTERVIEWER: Enter the number of years.  Minimum is 1; maximum is %current age - (age in DEP_Q37A or DEP_Q37B)%		
	_ _ _  (MIN: 1	Number of year ) (MAX: current age - (a	rs ge in DEP_Q37A or DEP_Q37B))
	DK, R		
DEP_C53_1	DEP_Q	31" in %number in DEP	100 (between 2 and 99) use "number in _Q31/several%. Imber in DEP_Q31/several%.
DEP_Q53_1 DEPB_531	episod weeks by som INTER\	e(s) of feeling KEY_PH or longer in your life. He ne stressful experience	maximum is %number in DEP 031%. odes
	DK, R		
DEP_Q54 DEPB_54	<u>INTER\</u>	<u>/IEWER</u> : Minimum is 1; r 137B)%.	rour life did you have at least one episode? maximum is %current age - (age in DEP_Q37A or
		Number of year ) (MAX: current age - (a	ge in DEP_Q37A or DEP_Q37B))
DEP_C55		Q54 = 1 (number of year ise, DEP 055 = 2.	rs), DEP_C55 = 1 and go to DEP_C62_1.
DEP Q56			f years <u>in a row</u> in which you had at least one
DEPB_56	episod	e per year? <u>XIEVVER</u> : Minimum is 1; r	naximum is %current age - (age in DEP_Q37A or
	) (MIN: 1	Number of year ) (MAX: current age - (a	rs ge in DEP_Q37A or DEP_Q37B))
	DK, R		
DEP_C57	DEP_Q	_Q39A >= 365 or DEP_G 39D >= 1, DEP_C57 = 1 ise, DEP_C57 = 2.	039B >=52 or DEP_Q39C >= 12 or and go to DEP_Q59.
DEP_Q58 DEPB_58		u ever have a period las e <u>most days</u> ?	sting a full year or longer when you were in an
	1 2	Yes No DK, R	(Go to DEP_C62_1) (Go to DEP_C62_1)



#### DEPB 64B INTERVIEWER: Read categories to respondent. 1 Often 2 **Sometimes** Occasionally 3 4 Never DK, R DEP Q64C How often could you enjoy a good book or radio or TV program? DEPB 64C Often Sometimes 2 3 Occasionally 4 Never DK, R During this period, how often did you still enjoy the things you used to DEP\_Q65A DEPB 65A enjoy? INTERVIEWER: Read categories to respondent. As much as usual 1 2 Not quite as much as usual 3 Only a little 4 Not at all DK, R How often could you laugh and see the bright side of things? DEP Q65B DEPB 65B INTERVIEWER: Read categories to respondent. 1 As much as usual 2 Not quite as much as usual 3 Only a little 4 Not at all DK,₹R DEP Q65C How often did you take interest in your physical appearance? DEPB 65C As much as usual Not guite as much as usual Only a little Not at all DK, R DEP Q65D How often did you look forward to enjoying things? DEPB 65D 1 As much as usual 2 Not quite as much as usual

How often did you feel as if you were slowed down?

3

4

Only a little Not at all

DK, R

DEP Q64B

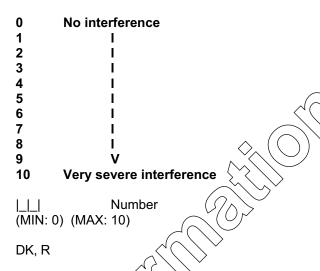
## DEP\_QINT66 (Please refer to page 1 of the booklet.)

Think about the period of time that lasted <u>one month or longer</u> when your feelings of being ^KEY\_PHRASE1 were most severe in the <u>past 12 months</u>. Please tell me what number best describes how much these feelings interfered with each of the following activities. For each activity, answer with a number between 0 and 10; 0 means "<u>no</u> interference" while 10 means "very severe interference".

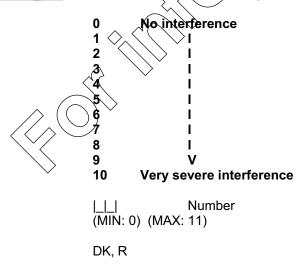
INTERVIEWER: Press < Enter > to continue.

# DEP\_Q66A DEPB 66A

In the past 12 months, how much did your feelings of being ^KEY\_PHRASE1 interfere with your home responsibilities, like cleaning, shopping and taking care of the house or apartment?



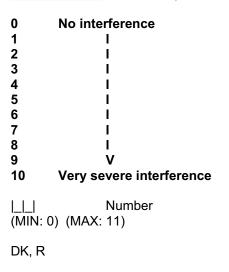
DEP\_Q66B\_1 DEPB 661 How much did your feelings interfere with your ability to attend school? INTERVIEWER If necessary, enter "11" to indicate "Not applicable".



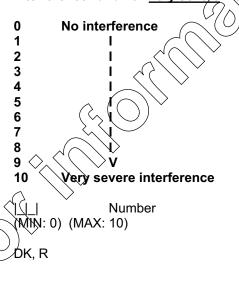


DEP Q66B 2 How much did they interfere with your ability to work at a job?

INTERVIEWER: If necessary, enter "11" to indicate "Not applicable".

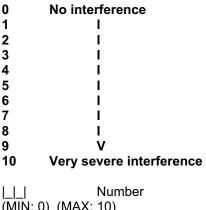


DEP Q66C DEPB 66C Again thinking about that period of time lasting one month or longer during the past 12 months when your feelings of being \*KEY\_PHRASE1 were most severe, how much did they interfere with your ability to form and maintain close relationships with other people? (Remember that 0 means "no interference" and 10 "very severe interference".)



#### DEP Q66D DEPB 66D

How much did they interfere with your social life?



(MIN: 0) (MAX: 10)

DK, R

DEP\_C67

If (DEP\_Q66A, DEP\_Q66B\_1, DEP\_Q66B\_2, DEP\_Q66C and DEP\_Q66D) = 0 (no interference) or = 11 (not applicable), or DK or R, DEP\_C67 = 1 and go to **DEP Q72.** Otherwise, DEP C67 = 2.

DEP Q68 DEPB 68 In the past 12 months, about how many days out of 365 were you totally unable to work or carry out your normal activities because of your feelings of being ^KEY\_PHRASE1? (You may use any number between 0 and 365 to answer.)

IIIIINumber of day (MIN: 0) (MAX: 365)

DK, R

DEP C71

If DEP Q26EEX = 1 (Yes) or DEP Q26EE8 = 1 (Yes), DEP C71 = 1 and go to DEP Q7/2-1. Otherwise, DEP\_C71 = 2.

DEP Q72 DEPB 72

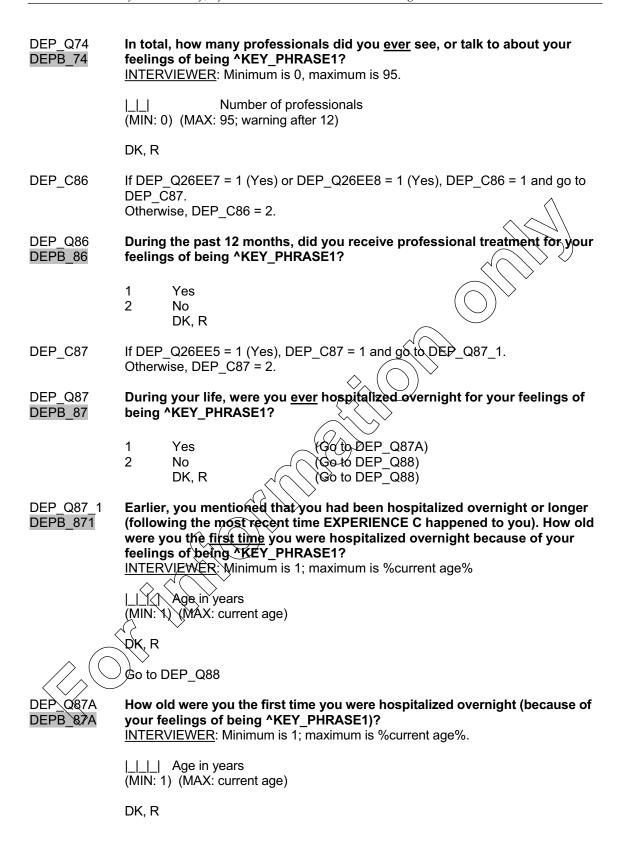
Did you ever in your life see, or talk on the telephone, to a medical doctor or other professional about your feelings of being ^KEY\_PHRASE1? (By other professional, we mean psychologists, psychiatrists, social workers, counsellors, spiritual advisors, homeopaths, acupuncturists, self-help groups or other health professionals.)



# **DEP Q72 1** Earlier, you mentioned that you consulted a professional. Think of the first **DEPB 721** time you saw, or talked to a medical doctor or other professional about your feelings of being ^KEY\_PHRASE1. (By other professional, we mean psychologists, psychiatrists, social workers, counsellors, spiritual advisors, homeopaths, acupuncturists, self-help groups or other health professionals.) How old were you the first time you saw, or talked to a professional about your feelings of being ^KEY PHRASE1? INTERVIEWER: Minimum is 1; maximum is current age. Age in years (MIN: 1) (MAX: current age) DK. R Go to DEP Q73 DEP Q72A How old were you the first time you saw, or talked to a professional about your feelings of being ^KEY\_PHRASE1? DEPB 72A INTERVIEWER: Minimum is 1; maximum is %current age%. | | | Age in years (MIN: 1) (MAX: current age) DK, R Did you ever get treatment for your feelings of being KEY\_PHRASE1 that DEP Q73 DEPB 73 you considered helpful or effective? Yes 1 2 (Go to DEP Q74) No (Go to DEP Q74) DK.∕R DEP Q73A How old were you the first time you got helpful treatment for your feelings DEPB 73A of being \*KEY PHRASE1? INTERVIEWER: Minimum is number in DEP\_Q37A or DEP\_Q37B; maximum is %current age% \_|\_| Age in years (MIN: number in DEP\_Q37A or DEP\_Q37B) (MAX: current age) ΏK, R DEP Q73B Up to and including the first time you got helpful treatment, how many DEPB 73B professionals did you see, or talk to about your feelings of being **^KEY PHRASE1?** INTERVIEWER: Minimum is 1, maximum is 95.

Number of professionals

(MIN: 1) (MAX: 95; warning after 12)



DEP\_Q88 DEPB 88 How many of your close relatives – including your biological parents, brothers, sisters and children – ever had one or several episodes of being sad, depressed, discouraged or uninterested most of the day, for several days, weeks and longer?

INTERVIEWER: Minimum is 0; maximum 95.

|\_|\_| Number of relatives (MIN: 0) (MAX: 95)

DK, R

DEP\_ND <u>INTERVIEWER</u>: This is the end of the module. Press <1> to continue.

DEP\_END Go to next module.

# **DYSTHYMIA**

DYS\_C1A If SCR\_Q21A = 1 and (DEP\_Q09 <> 1 (Yes) and DEP\_Q12 = empty), DYS\_C1A = 1 and go to DYS\_QINT1. (sad)

If SCR\_Q21A = 1 and (DEP\_Q09 = 1 (Yes) or DEP\_Q12 = Yes, No, DK, R), DYS\_C1A = 2 and go to DYS\_QINT1A. (sad)

If SCR\_Q22A = 1 and (DEP\_Q09 <> 1 (Yes) and DEP\_Q12 = empty), DYS\_C1A = 3 and go to DYS\_QINT2. (discouraged)

If SCR\_Q22A = 1 and (DEP\_Q09 = 1 (Yes) or DEP\_Q12 = Yes, No, DK, R) DYS\_C1A = 4 and go to DYS\_QINT2A. (discouraged)

Otherwise, DYS\_C1A = 5 and go to DYS\_END

DYS\_QINT1 Earlier, you mentioned having an episode when most days you felt sad or depressed about how things were going in your life. Think about your

worst 2 years when you felt like this.
INTERVIEWER: Press <Enter> to continue.

Go to DYS Q01

DYS\_QINT1A Earlier, you answered questions about episodes when you were sad or depressed for <u>2 weeks</u> or longer. The next questions may appear similar to some asked earlier, but these ones refer specifically to long periods of <u>2</u> years or longer when you felt sad or depressed most days. Please think

about your worst 2 years when you felt like this. INTERVIEWER: Press Enter to continue.

DYS\_Q01 DysB\_01 During those 2 years, did you ever have a period lasting at least 8 weeks in a row when you were not sad?

1 Yes No

(Go to DYS\_ND)
(Go to DYS\_ND)

DYS D01 (IKDYS Q01 = 2

Use the phrase "sad" in %sad/discouraged%.

Use the phrase "sadness" in %sadness/discouragement%

Go to DYS\_QINT3

Earlier, you mentioned having an episode when <u>most days</u> you felt discouraged about how things were going in your life. Think about your worst 2 years when you felt like this.

INTERVIEWER: Press < Enter> to continue.

Go to DYS Q02

DYS QINT2

#### DYS QINT2A Earlier, you answered questions about episodes when you were sad, depressed, discouraged, or uninterested in things for 2 weeks or longer. The next questions may appear similar to some asked earlier, but these ones refer specifically to long periods of 2 years or longer when you felt discouraged most days. Please think about your worst 2 years when you felt like this. INTERVIEWER: Press < Enter> to continue. DYS Q02 During those 2 years, did you ever have a period lasting at least 8 weeks in DYSB 02 a row when you were not discouraged? 1 Yes (Go to DYS ND) 2 No DK. R (Go to DYS ND) DYS D02 If DYS Q02 = 2Use the phrase "discouraged" in %sad/discouraged% Use the phrase "discouragement" in %sadness/discouragement% In answering the next questions, think about the period of 2 years or longer DYS\_QINT3 when your feelings of being %sad/discouraged% most days were most severe and frequent. Tell me which of the following problems you had. INTERVIEWER: Press < Enter> to continue. (During that period of 2 years or longer,) did you have problems with your DYS Q03A DYSB 03A sleep, either sleeping poorly or sleeping too much? PHRASE = having sleeping problems) Yes 2 No DK, R DYS Q03B Did you have a much smaller appetite or a much larger appetite than DYSB 03B usual? (KEY PHRASE = having a much smaller or larger appetite) DYS Q03C Did you have problems concentrating or problems with your ability to make DYSB<sub>03</sub>C decisions? (KEY PHRASE = having problems concentrating or with 1 Yes your ability to make decisions) 2 No DK, R DYS Q03D Did you feel tired out or low on energy? DYSB 03D Yes (KEY PHRASE = feeling tired out or low on energy) 1 2 No DK, R

DYS_Q03E DYSB_03E	(During that period of <u>2 years or longer</u> when your feelings of being %sad/discouraged% most days were most <u>severe</u> and <u>frequent,</u> ) did you feel that you could not cope with your everyday life and your responsibilities?		
	1	Yes	(KEY_PHRASE = feeling you couldn't cope with
	2	No DK, R	your everyday life responsibilities)
DYS_Q03F DYSB_03F		ou feel like you v itives?	wanted to be alone rather than spend time with friends
	1 2	Yes No DK, R	(KEY_PHRASE = wanting to be alone)
DYS_Q03G DYSB_03G	Did yo	u feel helpless	about the future?
	1 2	Yes No DK, R	(KEY_PHRASE = feeling helpless about the future)
DYS_Q03H DYSB_03H	Did yo	u feel less talka	ative than usuak?
	1 2	Yes No DK, R	(KEY PHRASE = feeling less talkative)
DYS_Q03I DYSB_03I	Did yo	ou feel down on	yourself, no good or worthless?
	1 2	Yes No DK, R	(KEY_PHRASE = feeling down on yourself)
DYS_Q03J DYSB_03J	%sad/		2 <u>years or longer</u> when your feelings of being most days were most <u>severe</u> and <u>frequent,)</u> were you
		Yes No DK, R	(KEY_PHRASE = being often in tears)
DYS_Q03K DYSB_03K	Did yo activit		in, or enjoyment of sex or other pleasurable
	1	Yes	(KEY_PHRASE = losing interest in pleasurable activities)
	2	No DK, R	

# DYS\_Q03L DYSB\_03L Did you feel pessimistic about the future or spend a lot of time brooding over the past?

- 1 Yes (KEY PHRASE = feeling pessimistic about the future)
- 2 No DK, R
- DYS\_C4 If DYS\_C3 (count of responses of 1 (Yes) in DYS\_Q03A through DYS\_Q03L) >= 2, DYS\_C4 = 1.

Otherwise, DYS C4 = 2 and go to DYS ND.

#### DYS\_Q04A DYSB 04A

During that period of <u>2 years or longer</u> when your feelings of being %sad/discouraged% most days were most <u>severe</u> and <u>frequent</u>, how severe was your emotional distress?

INTERVIEWER: Read categories to respondent.

- 1 Mild
- 2 Moderate
- 3 Severe
- 4 **Very severe** DK, R

#### DYS\_Q04B DYSB 04B

During that period, how often was your emotional distress so severe that nothing could cheer you up?

INTERVIEWER: Read categories to respondent.

- 1 Often
- 2 Sometimes
- 3 Rarely
- 4 **Never** DK, R

# DYS\_Q04C DYSB 04C

During that period, now often was your emotional distress so severe that you could not carry out your daily activities?

INTERVIEWER: Read categories to respondent.

- Often
- **Sometimes** 
  - Rarely
  - Never
    - DK, R

DYS\_C5

If DEP\_Q21 = 1, DYS\_C5 = 1 and go to DYS\_QINT5.

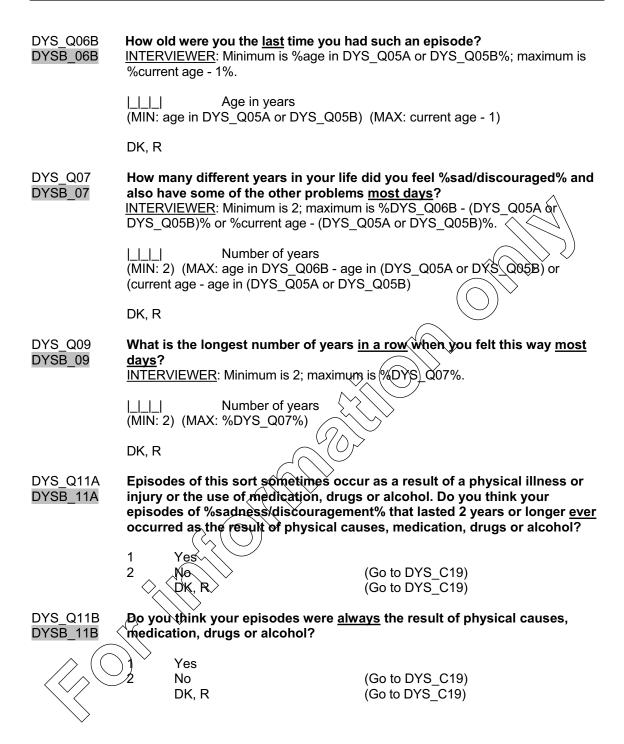
Otherwise, go to DYS\_Q05.

DYS QINT5

Again, this set of questions may appear similar to some asked earlier but they focus on time periods lasting 2 years or longer.

INTERVIEWER: Press <Enter > to continue.

DYS_Q05 DYSB_05	Think of the <u>very first</u> time in your life when you had an episode lasting <u>2</u> <u>years</u> or longer when <u>most days</u> you felt %sad/discouraged% and also had some of the other problems we just talked about. Do you remember how old you were?
	1 Yes 2 No (Go to DYS_Q05B) DK, R (Go to DYS_Q05B)
DYS_Q05A DYSB_05A	How old were you?  INTERVIEWER: Minimum is 2; maximum is %current age - 2%.
	_ _  Age in years (MIN: 2) (MAX: current age - 2)
	DK, R
	Go to DYS_Q06.
DYS_Q05B DYSB_05B	About how old were you the first time you had such an episode?  INTERVIEWER: Minimum is 2; maximum is %current age - 2%.  If respondent answers "All my life" or "As long as remember", press <f6> to indicate "DK".</f6>
	_ _  Age in years (Go to DYS_Q06) (MIN: 2) (MAX: current age - 2)
	DK R (Go to DYS_Q06)
DYS_Q05B_1 DYSB_051	Would you say that the first time you had an episode of this sort was:  INTERVIEWER: Read categories to respondent.  If respondents answers "All my life", press <f6> to indicate "DK".</f6>
	1 before you first started school? 2 before you were a teenager? 3 once you were a teenager or an adult?  DK R
DYS_Q06 DYSB_06	In the past 12 months, did you have an episode that was going on for 2 years or longer when most days you felt %sad/discouraged%?
	1 Yes 2 No (Go to DYS_Q06B) DK, R (Go to DYS_Q06B)
DYS_Q06A DYSB_06A	How recently was it?



```
DYS Q12
              What were the causes?
              INTERVIEWER: Mark all that apply.
DYSB_12A
              1
                      Exhaustion
DYSB_12B
              2
                      Hyperventilation
DYSB 12C
              3
                      Hypochondria
DYSB_12D
              4
                      Menstrual cycle
              5
DYSB 12E
                      Pregnancy / postpartum
              6
DYSB 12F
                      Thyroid disease
              7
DYSB 12G
                      Cancer
DYSB 12H
              8
                      Overweight
DYSB_12I
              9
                      Medication (excluding illicit drugs)
DYSB_12J
              10
                      Illicit drugs
                      Alcohol
DYSB 12K
              11
DYSB 12L
              12
                      Chemical Imbalance/Serotonin Imbalance
DYSB_12M
              13
                      Chronic Pain
DYSB 12N
              14
                      Caffeine
                      No specific diagnosis
DYSB_120
              15
DYSB_12P
                      Other - Specify
              16
                      Other - Physical causes, etc.
DYSB_12Q
              17
                      DK, R
              If Sex = male and DYS_Q12 = 4 (Menstrual Cycle
DYS E12A
                      Show pop-up edit as follows,
                      A response of "Menstrual Cycle" is invalid for a male respondent.
                      Please return and correct.
                      Go to DYS Q12.
              Otherwise
                      go to DYS EQ12B
              ENDIF
                                    Q12 = 5 (Pregnancy/postpartum)
DYS_E12B
              If Sex = male and DYS
                      Show pop-up edit as follows.
                      A response of "Pregnancy/postpartum" is invalid for a male
                      respondent.
                      Please return and correct.
                     Go to DYS Q12.
              Otherwise >
                      Go to DYS C12
              ENDIF
              IF DYS Q06 = 1, DYS C19 = 1.
              ∕Otherwise, DYS_C19 = 2, and go to DYS_Q28.
              If DEP_C67 = 1 or 2, DYS_C20 = 1 and go to DYS_Q28.
              Otherwise, DYS C20 = 2.
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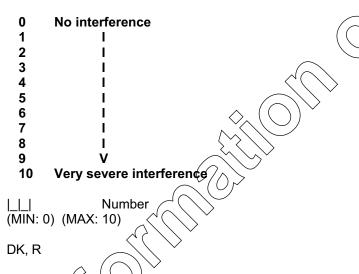
## DYS\_QINT21 (Please refer to page 1 of the booklet.)

Think about the period of time that lasted 1 month or longer when your episodes of %sadness/discouragement% were most severe in the past 12 months. Please tell me what number best describes how much these feelings interfered with each of the following activities. For each activity, answer with a number between 0 and 10; 0 means "no interference", while 10 means "very severe interference".

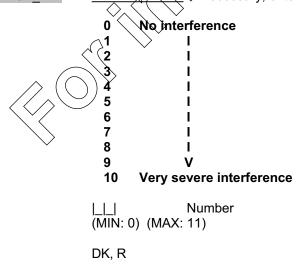
<u>INTERVIEWER</u>: If respondent does not remember the problems, press <Ctrl Y> to show the list of situations.

Press <Enter> to continue.

DYS\_Q21A DYSB 21A In the <u>last 12 months</u>, how much did your episodes of %sadness discouragement% interfere with your home responsibilities, like cleaning, shopping and taking care of the house or apartment?

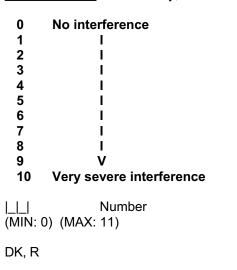


DYS\_Q21B\_1 DYSB 211 How much did your episodes interfere with your ability to attend school? INTERVIEWER: In necessary, enter "11" to indicate "Not applicable".

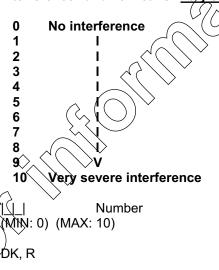


DYS\_Q21B\_2 How much did they interfere with your ability to work at a job?

DYSB 212 INTERVIEWER: If necessary, enter "11" to indicate "Not applicable".



DYS\_Q21C DYSB 21C Again think about that period of time lasting 1 month or longer in the past 12 months when your episodes of %sadness discouragement% were most severe, how much did they interfere with your ability to form and maintain close relationships with other people? (Remember that 0 means "no interference" and 10 means "very severe interference".)



# DYS Q21D How much did they interfere with your social life? DYSB 21D 0 No interference 1 2 3 4 5 6 7 8 9 10 Very severe interference Number (MIN: 0) (MAX: 10) DK, R If (DYS\_Q21A, DYS\_Q21B\_1, DYS\_Q21B\_2, DYS\_Q21C and DYS\_Q21D) = 0 DYS\_C22 (no interference) or = 11 (not applicable) or DK, $\langle r | R, Q \rangle S_C22 = 1$ , and go to DYS Q28. Otherwise, DYS C22 = 2. In the past 12 months, about how many days out of 365 were you totally DYS Q23 DYSB 23 unable to work or carry out your normal activities because of your episodes of %sadness/discouragement%? (You may use any number between 0 and 365 to answer.) Number of day (MIN: 0) (MAX: 365) DK, R DYS Q28 Did you ever in your life see, or talk on the telephone, to a medical doctor DYSB 28 or other professional about your periods of %sadness/discouragement% that lasted 2 years or longer? (By other professional, we mean psychologists, psychiatrists, social workers, counsellors, spiritual advisors homeopaths, acupuncturists, self-help groups or other health professionals.) Yes No (Go to DYS Q32) DK, R (Go to DYS Q32) DYS Q28A How old were you the first time you saw, or talked to a medical doctor or DYSB 28A professional about your episodes of %sadness/discouragement% that lasted 2 years or longer? INTERVIEWER: Minimum is %age in DYS\_Q05A or DYS\_Q05B%; maximum is %current age%.

I I I I I

DK, R

(MIN: age in DYS Q05A or DYS Q05B) (MAX: current age)

Age in years

DYS_Q29 DYSB_29	Did you ever get treatment for your long periods of %sadness/ discouragement% that you considered helpful or effective?	
	1 Yes 2 No DK, R	(Go to DYS_Q29C) (Go to DYS_Q29C)
DYS_Q29A DYSB_29A	periods of %sadness/discourage	ou got helpful treatment for your long ment%? n DYS_Q05A or DYS_Q05B%; maximum is
	_ _  Age in years (MIN: age in DYS_Q05A or DYS_C	(05B) (MAX: current age)
	DK, R	
DYS_Q29B DYSB_29B	Up to and including the first time professionals did you see, or talk %sadness/discouragement%?	you got helpful treatment, how many to about your long periods of
	_ _  Number of profess (MIN: 1) (MAX: 95; warning after 12	
	DK, R	
DYS_Q29C DYSB_29C	In total, how many professionals long periods of %sadness/disco.	did you <u>ever</u> see, or talk to about your uragement%?
	_ _  Number of profess (MIN: 0) (MAX: 95; warning after 12	onals 2)
	DK, R	
DYS_Q30 DYSB_30	During the past 12 months, did y long periods of %sadness/discou	ou receive professional treatment for your uragement%?
	1 Yes 2 No DK, R	
DYS 031	During your life, were you <u>ever</u> h of %sadness/discouragement%?	ospitalized overnight for your long periods
	1 Yes 2 No DK, R	(Go to DYS_Q32) (Go to DYS_Q32)

DYS_Q31A DYSB_31A	How old were you the first time you were hospitalized overnight (because of your long periods of %sadness/discouragement%)?  INTERVIEWER: Minimum is %age in DYS_Q05A or DYS_Q05B%; maximum is %current age%.
	_ _  Age in years (MIN: age in DYS_Q05A or DYS_Q05B) (MAX: current age)
	DK, R
DYS_Q32 DYSB_32	How many of your close relatives – including your biological parents, brothers, sisters and children – ever had one or several episodes of being sad, depressed, discouraged or uninterested most of the day, for 2 years or longer?
	_ _  Number of relatives (MIN: 0) (MAX: 95)
	DK, R
DYS_ND	INTERVIEWER: This is the end of the module. Rress > to continue.
DYS_END	Go to next module

# **PANIC DISORDER**

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PAD_C01A
              If SCR_Q20 = 1 (Yes), go to PAD_QINT1.
              If SCR_Q20A = 1 (Yes), go to PAD_QINT2.
              Otherwise, go to PAD END.
PAD QINT1
              Earlier, you mentioned having attacks of fear or panic when all of a sudden
              you felt very frightened, anxious or uneasy. Think of a bad attack like that.
              During that attack, tell me which of the following problems you had.
              INTERVIEWER: Press < Enter > to continue.
              Go to PAD_C01B.
PAD_QINT2
              Earlier you mentioned having attacks when all of a sudden you had
              problems like being short of breath, feeling dizzy, your heart pounding or
              being afraid you would die or go crazy. Think of a bad attack like that.
              During that attack, tell me which of the following problems/you had.
              INTERVIEWER: Press < Enter > to continue.
PAD C01B
              PAD C01B = Count of all responses of 1 (Yes) in (PAD Q01A through
              PAD Q01P).
              When PAD C01B = 4, go to PAD C02.
              Did your heart pound or race?
PAD Q01A
PADB 01A
                                          RHRASE = having your heart pounding or racing)
              1
                      Yes
              2
                      No
                      DK
                      R
                                           ÝAD ND)
PAD Q01B
              Were you short of breath?
PADB 01B
                                    (KEY_PHRASE = being short of breath)
              2
PAD Q01C
              Did you feel nauseous or sick to your stomach?
PADB 01C
                      Yes
                                    (KEY PHRASE = feeling nauseous)
                      No
                      DK, R
PAD Q01D
              Did you feel dizzy or faint?
PADB 01D
                      Yes
                                    (KEY PHRASE = feeling dizzy)
              1
              2
                      No
                      DK, R
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#### PAD Q01E Did you sweat? PADB 01E Yes (KEY\_PHRASE = sweating) 1 2 No DK, R PAD Q01F Did you tremble or shake? PADB 01F 1 Yes (KEY PHRASE = trembling) 2 No DK. R PAD Q01G Did you have a dry mouth? PADB 01G 1 Yes (KEY\_PHRASE = having a dry mouth) 2 No DK, R PAD Q01H Did you feel like you were choking? PADB 01H Yes (KEY\_PHRASE = feeling like choking) 1 2 No DK, R PAD Q01I Did you have pain or discomfort in your chest? PADB 01I Yes (KEY\_RHRASE = having discomfort in your chest) 2 No DK, R PAD Q01J Were you afraid that you might lose control of yourself or go crazy? PADB 01J (KEY PHRASE = fearing that you might lose control of 1 Yes⊳ yourself) 'Νο ДĶ. Did you feel that you were "not really there", like you were watching a PAD Q01K PADB 01K movie of yourself? Yes (KEY PHRASE = feeling that you were "not really there") (Go to PAD\_Q01M) 2 No DK, R PAD Q01L Did you feel that things around you were not real or like a dream? PADB 01L 1 Yes (KEY PHRASE = feeling that things around you were unreal) 2 Nο DK, R

#### PAD Q01M Were you afraid that you might pass out? PADB 01M Yes (KEY PHRASE = fearing that you might pass out) 1 2 No DK, R PAD Q01N Were you afraid that you might die? PADB 01N 1 Yes (KEY PHRASE = fearing that you might die) 2 No DK. R PAD Q010 Did you have hot flushes or chills? PADB 010 (KEY\_PHRASE = having hot flushes) 1 Yes 2 No DK, R PAD Q01P Did you feel numbness or have tingling sensations? PADB 01P 1 Yes (KEY\_PHRASE = having numbness) 2 No DK. R If count of responses of "Yes" in PAD Q01A through PAD Q01P <= 3. PAD C02 PAD C02 = 1 and go to PAD $\mathbb{ND}$ . Otherwise, $PAD_C02 = 2$ . PAD Q03 During your attacks, did the problems like ^KEY\_PHRASES begin suddenly PADB 03 and reach their peak within 10 minutes after the attacks began? 1 2 (Go to PAD ND) No DK. R (Go to PAD ND) PAD Q04 About how many of these sudden attacks have you had in your entire PADB 04 lifetime? (NTERV)ÉWER: If respondent answers more than 900 attacks, enter "900". √f respondent answers "More than I can remember", enter "901". Number of attacks (MIN: 1) (MAX: 901) DK R (Go to PAD ND) PAD C05 If PAD Q04 = 1 (number of attacks), PAD C05 = 1(only one sudden attack in entire life). Otherwise, PAD C05 = 2 (many sudden attacks in entire life) and go to PAD Q09.

PAD Q06 When did the attack occur? Was it: INTERVIEWER: Read categories to respondent. PADB 06 1 (Go to PAD\_QINT8) ... during the past month? 2 (Go to PAD\_QINT8) ... 2 to 6 months ago? 3 ... 7 to 12 months ago? (Go to PAD QINT8) 4 ... more than 12 months ago? DK, R PAD Q07 Can you remember exactly how old you were when the attack occurred? PADB 07 Yes (Go to PAD Q07B) 2 No (Go to PAD Q07B) DK R (Go to PAD\_Q07B\_1) PAD Q07A How old were you? PADB 07A INTERVIEWER: Minimum is 0; maximum is %current age% (Go to PAD QINT8) Age in years (MIN: 0) (MAX: current age) DK R to PAD QINT8) PAD Q07B About how old were you? PADB 07B INTERVIEWER: Minimum is 0; maximum is %current age%. (Go to PAD QINT8) Age in years (MIN: 0) (MAX: current age) DK R (Go to PAD\_QINT8) When would you say this attack occurred? Was it: PAD Q07B 1 INTERMENER: Read categories to respondent. PADB 071 before you first started school? ... before you were a teenager? ... once you were a teenager or adult? DK, R Attacks of this sort can occur in 3 different situations. The first situation is when the attacks occur unexpectedly, "out of the blue". The second situation is when a person has an unreasonably strong fear. For example,

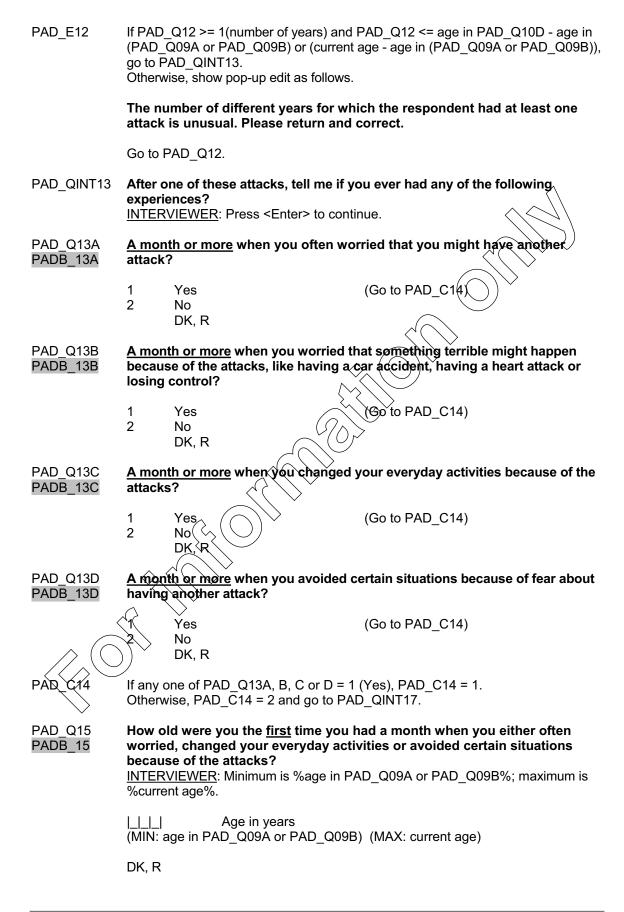
<u>INTERVIEWER</u>: Press <Enter> to continue.

accident or a bank robbery.

some people have a terrible fear of bugs or of heights or of being in a crowd. The third situation is when a person is in <u>real danger</u>, like a car

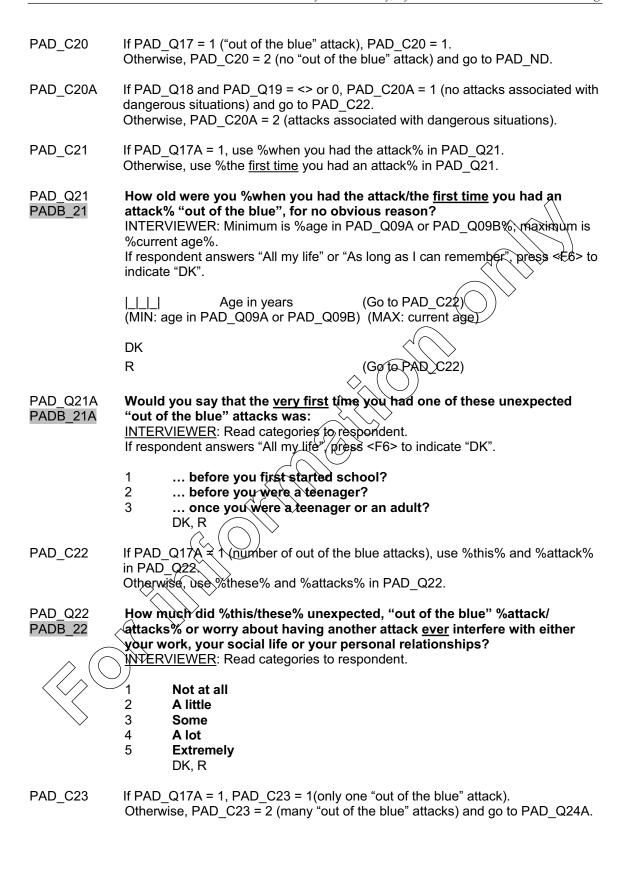
#### PAD Q08 Which of these 3 situations describes your attack? Did it occur: PADB 08 INTERVIEWER: Read categories to respondent. If respondent thought there was real danger even though it turned out not to be dangerous, select category 3, "... in a situation of real danger". ... unexpectedly, "out of the blue"? 2 ... in a situation where you had a strong fear? ... in a situation of real danger? 3 DK. R Go to PAD ND. PAD Q09 Can you remember exactly how old you were, the very first time you had PADB 09 one of these attacks? 1 Yes 2 (Go to PAD Q09B) No DK (Go to PAD\_Q09B) R (Go to PAD\_Q09B\_ PAD Q09A How old were you? PADB 09A INTERVIEWER: Minimum is 0; maximum is %corrent age%. | | | |Age in years (Go to PAD Q10) (MIN: 0) (MAX: current age) DK R (Go to PAD Q10) PAD Q09B About how old were you? PADB 09B INTERVIEWER: Minimum is 0; maximum is %current age%. If respondent answers "All my life" or "As long as I can remember", press <F6> to indicate "DK" (Go to PAD Q10) Age in years (MIN: Q) (MAX; current age) DK (Go to PAD\_Q10) Would you say that the very first time you had one of these attacks PAD Q09B(1 PADB 09 INTERVIEWER: Read categories to respondent. If respondent answers "All my life", press <F6> to indicate "DK". 1 ... before you first started school? 2 ... before you were a teenager? 3 ... once you were a teenager or an adult? DK, R PAD Q10 At any time in the past 12 months, did you have one of these attacks? PADB 10 Yes 1 2 No (Go to PAD Q10D) (Go to PAD Q10D) DK R (Go to PAD\_Q11)

PADB_10A	INTERVIEWER: Read categories to respondent.
	During the past month Between 2 and 6 months ago More than 6 months ago  DK, R
PAD_Q10B PADB_10B	During the <u>past 12 months</u> , in how many weeks did you have at least one attack?
	_ _  Number of weeks (MIN: 1) (MAX: 52)
	DK, R
PAD_Q10C PADB 10C	And how many attacks in total did you have in the past 12 months?
7.00_100	_ _  Number of attacks (MIN: 1) (MAX: 900)
	DK, R
	Go to PAD_Q11.
PAD_Q10D PADB_10D	How old were you the <u>last</u> time you had one of these attacks?  INTERVIEWER: Minimum is %age in PAD_Q09A or PAD_Q09B%; maximum is %current age%.
	_ _  Age in years (MIN: age in PAD_Q09A or PAD_Q09B) (MAX: current age)
	DK, R
PAD_Q11 PADB_11	What is the greatest number of attacks you ever had in any single year of your life?
	NTERVIEWED. Minimum is 1; maximum is %number in PAD_Q04%.
<	Number of attacks (MIN: 1) (MAX: number in PAD_Q04)
	DK, R
PAD Q12	For about how many different years of your life did you have at least one attack?
-ADB_IX	INTERVIEWER: Minimum is 1; maximum is %PAD_Q10D - (PAD_Q09A or PAD_Q09B)% or %current age - (PAD_Q09A or PAD_Q09B)%.
	_ _  Number of years (MIN: 1) (MAX: age in PAD_Q10D - age in (PAD_Q09A or PAD_Q09B) or (current age - age in (PAD_Q09A or PAD_Q09B))
	DK R (Go to PAD, OINT13)



PAD_Q16 PADB_16	Did you have <u>a m</u> months?	onth of worry or ch	ange in activity like t	that in the <u>past 12</u>
	1 Yes 2 No DK, R		(Go to PAD_Q16E) (Go to PAD_Q16E)	
PAD_Q16A PADB_16A	How recently? INTERVIEWER: R	ead categories to re	spondent.	
	2 Between 2	e past month 2 and 6 months ago 16 months ago	•	
PAD_Q16B PADB_16B	In the past 12 more you have?	nths, how many mo	onths of worry or cha	nge in activity did
	_ _  Nu (MIN: 1) (MAX: 12	umber of months )		
	DK, R	,		
PAD_Q16C PADB_16C	attack was the mo	ead categories to re	when your worry ab were, did you worry: spondent.	out having another
		all the time?	~	
	4 sometir 5 only rai DK, R			
PAD_Q16D PADB_16D		) vas your worry duri ead categories to res	ng this time? Was it: spondent.	
	1mild?			
$\nearrow$	Severe :		nable to carry out imp	ortant tasks?
	Go to PAD_QINT1	7.		
PAD_Q16E PADB_16E	worried about hav	ring another attack	e you had a month lik ? AD_Q09A or PAD_Q09	•
		je in years Q09A or PAD_Q09E	B) (MAX: current age)	
	DK, R			

PAD_QINT17	when the attacks occur unexpected	nreasonably strong fear. For example, bugs or of heights or of being in a person is in <u>real danger</u> , like a car	
PAD_Q17 PADB_17	The next questions are about how many of your attacks occurred in <u>each</u> of these 3 kinds of situations. Did you ever have an attack that occurred unexpectedly, "out of the blue"?		
	1 Yes 2 No DK, R	(Go to PAD_Q18) (Go to PAD_Q18)	
PAD_Q17A PADB_17A	In your lifetime, about how many att the blue"?  INTERVIEWER: If respondent answers "More than I can limit the blue"  Number of attacks (MIN: 1) (MAX: 901)		
	DK, R		
PAD_C17	If number in PAD_Q17A = number in PAD_C20. Otherwise, PAD_C17 = 2.	PAD_Q04, PAD_C17 = 1 and go to	
PAD_Q18 PADB_18	In your lifetime, about how many at were not in real danger, but where y the situations?  INTERVIEWER: If respondent answers If respondent answers "More than I can Number of attacks (MIN: 0) (MAX: 901)  DK, R		
PAD_C18	If (number in PAD_Q17A + number in PAD_C18 = 1 and go to PAD_C20. Otherwise, PAD_C18 = 2.	PAD_Q18) = number in PAD_Q04,	
PAD_Q19 PADB_19	In your lifetime, about how many at were in real danger?  INTERVIEWER: If respondent thought turned out not to be dangerous, considered to the control of th	der it as a "real danger". s more than 900 attacks, enter "900".	
	_ _  Number of attacks (MIN: 0) (MAX: 901)		
	DK, R		



PAD_Q24 PADB_24	Did this unexpected, "out of the blue" attack occur while you were asleep?		
ADB_24	1 Yes 2 No DK, R		
	Go to PAD_ND.		
PAD_Q24A PADB_24A	How many of your unexpected, "out of the blue", attacks occurred while you were asleep?  INTERVIEWER: If respondent answers more than 900 attacks, enter "900".  If respondent answers "More than I can remember", enter "901".		
	_ _  Number of attacks (MIN: 0) (MAX: 901)		
	DK, R		
PAD_Q25A PADB_25A	Unexpected attacks sometimes occur as a result of a physical illness or injury or the use of medication, drugs or alcohol Do you think any of your attacks ever occurred as the result of physical causes, medication, drugs or alcohol?		
	1 Yes 2 No (Go to PAD_C33) DK, R (Go to PAD_C33)		
PAD_Q25B PADB_25B	Do you think all of your attacks were the result of physical causes, medication, drugs or alcohol?		
	1 Yes 2 No (Go to PAD_C33) DK, R (Go to PAD_C33)		
PAD_Q25C	What were the causes? INTERVIEWER: Mark all that apply.		
PADB_2CA PADB_2CB PADB_2CC PADB_2CD PADB_2CE PADB_2CF PADB_2CI PADB_2CI PADB_2CI PADB_2CK PADB_2CK PADB_2CK PADB_2CK PADB_2CC PADB_2CN PADB_2CN PADB_2CO PADB_2CO PADB_2CO	1 Exhaustion 2 Hyperventilation 3 Hypochondria 4 Menstrual cycle 5 Pregnancy / postpartum 6 Thyroid disease 7 Cancer 8 Overweight 9 Medication (excluding illicit drugs) 10 Illicit drugs 11 Alcohol 12 Chemical Imbalance/Serotonin Imbalance 13 Chronic Pain 14 Caffeine 15 No specific diagnosis 16 Other – Specify 17 Other – Physical causes, etc. DK, R		

PAD C33 If PAD C20A = 1 (no attack associated with dangerous situations), PAD C33 = 1. Otherwise, PAD\_C33 = 2 (attacks associated with dangerous situations) and go to PAD\_C35. PAD C34 If PAD Q10 = 1 (sudden attack in past 12 month), PAD C34 = 1 and go to PAD Q40. Otherwise, PAD C34 = 2 (no sudden attack in past 12 month) and go to PAD\_C39. PAD C35 If PAD Q10 = 1, (sudden attack in past 12 month), PAD C35 = 1. Otherwise, PAD C35 = 2 (no sudden attack in past 12 month) and go to PAD C39. In the past 12 months, how many unexpected, "out of the blue" attacks did PAD Q36 PADB 36 you have? INTERVIEWER: Minimum is 0; maximum is %number in PAD Q17A%. If respondent answers "More than I can remember", enter (90) Number of attacks (MIN: 0) (MAX: number in PAD Q17A) DK, R If PAD Q36 <= PAD Q17A, go to PAD PAD E36 Otherwise, show pop-up edit as follows The entered number of attacks is greater than the total number of attacks the respondent ever had in %his/her% life. Please return and correct. If PAD\_Q36 = 0, PAD\_ $\bigcirc$ 37  $\stackrel{\checkmark}{=}$ 1 (no "out of the blue" attack in past 12 month). PAD\_C37 If PAD Q36 = 1/PAD Q37 = 2 (only one "out of the blue" attack in past 12 month) and go to PAD Q38. Otherwise, PAD C37 = 3 (many "out of the blue" attacks in past 12 month) and go to PAD Q37B PAD Q37A How old were you the last time you had an unexpected, "out of the blue" PADB 37A attack? INTERVIEWER: Minimum is %age in PAD Q09A or PAD Q09B%; maximum is %current age%. Age in years (MIN: age in PAD\_Q09A or PAD\_Q09B) (MAX: current age) DK, R Go to PAD\_C39.

#### PAD Q37B During the past 12 months, in about how many weeks did you have at least PADB 37B one of these attacks? INTERVIEWER: Minimum is 1; maximum is 52. If respondent answers more than 52 weeks, enter "52". I I INumber of weeks (MIN: 1) (MAX: 52) DK, R PAD Q38 When was your most recent attack? PADB 38 INTERVIEWER: Read categories to respondent. 1 During the past month 2 Between 2 and 6 months ago More than 6 months ago 3 DK, R Go to PAD Q40. PAD\_C39 If PAD\_Q16 = 1, PAD\_C39 = 1 (one month of worry or change in past 12 months) and go to PAD QINT41. Otherwise, PAD C39 = 2 (no month of worry or change in past 12 months) and go to PAD Q50. Think about an attack during the past 12 months. How much emotional PAD Q40 PADB 40 distress did you have during this attack? INTERVIEWER: Read categories to respondent. 1 None 2 Mild 3 **Moderate** 4 Severe 5 So severe that you were unable to concentrate and had to stop what you were doing DK, R PAD QINT41 Sometimes people with attacks get upset by physical sensations that remind them of the attacks. Examples include being out of breath after physical exercise, feeling speeded up after drinking coffee or beverages containing caffeine, feeling out of control after using alcohol or drugs, and feeling tingly while watching a scary movie or television show. √NTERVIEWER: Press <Enter> to continue. In the past 12 months, did you get upset by any physical sensations that reminded you of your attacks? Yes 1 2 (Go to PAD\_QINT44) No

DK, R

(Go to PAD QINT44)

### PAD\_Q41A PADB 41A

In the <u>past 12 months</u>, how strong was your discomfort with any physical sensations like these? Was it:

INTERVIEWER: Read categories to respondent.

- 1 ... mild?
- 2 ... moderate?
- 3 ... severe?
- 4 ... so severe that you became very worried that these sensations might cause you to have another attack?

### PAD\_Q42 PADB 42

In the <u>past 12 months</u>, how often did you avoid situations or activities that might cause these physical sensations?

INTERVIEWER: Read categories to respondent.

- 1 All the time
- 2 Most of the time
- 3 Sometimes
- 4 Rarely (Go to PAD QINT44
- 5 Never (Go to PAD QINT44)
  DK, R (Go to PAD QINT44)

## PAD\_Q43 PADB\_43

In the <u>past 12 months</u>, how much did avoidance of these situations interfere with your work, your social life or your personal relationships?

INTERVIEWER: Read categories to respondent.

- 1 Not at all
- 2 A little
- 3 Some
- 4 **A lot**
- 5 **Extremely** DK, R

## PAD QINT44

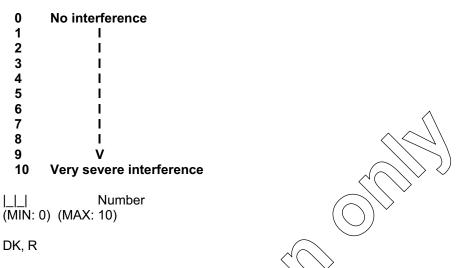
(Please refer to page 1 of the booklet.)

In the past 12 months, think about the period of time that lasted 1 month or longer when your attacks or worry about the attacks were most severe. Please tell me what number best describes how much the attacks or worry about the attacks interfered with each of the following activities. For each activity, answer with a number between 0 and 10; 0 means "no interference", while 10 means "very severe interference".

INTERVIEWER: Press < Enter > to continue.

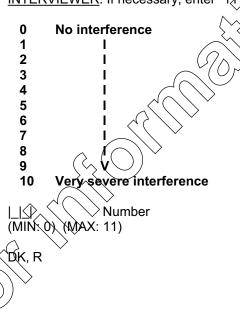
## PAD\_Q44A PADB 44A

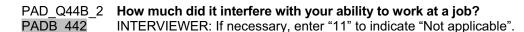
How much did your attacks or worry about the attacks interfere with your home responsibilities, like cleaning, shopping and taking care of the house or apartment?



PAD\_Q44B\_1 PADB 441 How much did it interfere with your ability to attend school?

INTERVIEWER: If necessary, enter "12" to indicate "Not applicable".



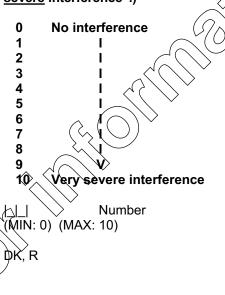


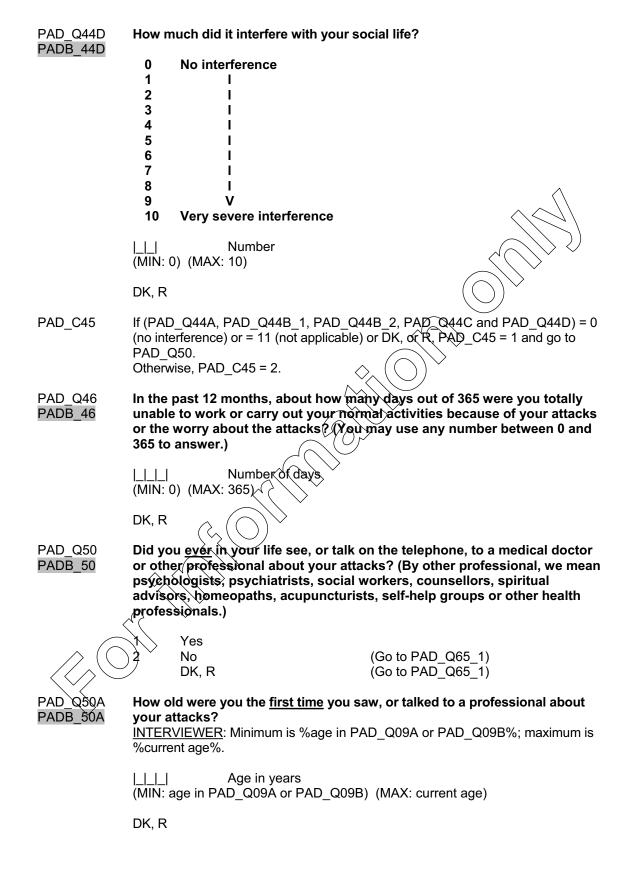
|\_|\_| Number (MIN: 0) (MAX: 11)

DK, R

## PAD\_Q44C PADB 44C

Again think about that period of time lasting <u>Tmonth or longer</u> when your attacks or worry about the attacks were most severe, how much did they interfere with your ability to form and maintain <u>close</u> relationships with other people? (Remember that 0 means "no interference" and 10 means "<u>very</u> severe interference".)





PAD_Q62 PADB_62	Did you <u>ever</u> get treatmer effective?	nt for your attacks that you considered <u>helpful</u> or
	1 Yes 2 No DK, R	(Go to PAD_Q62C) (Go to PAD_Q62C)
PAD_Q62A PADB_62A		st time you got helpful treatment for your attacks? s %age in PAD_Q09A or PAD_Q09B%; maximum is
	_ _  Age in yea (MIN: age in PAD_Q09A or	rs · PAD_Q09B) (MAX: current age)
	DK, R	
PAD_Q62B PADB_62B		rst time you got helpful treatment, how many e, or talk to about your attacks of worry about
	_ _  Number of (MIN: 1) (MAX: 95; warning	professionals g after 12)
	DK, R	
PAD_Q62C PADB_62C	In total, how many profes attacks?	sionals did you <u>ever</u> see, or talk to about your
	_  Number of (MIN: 0) (MAX: 95; warning	professionals g after 12)
PAD_Q64 PADB_64		s, did you receive professional treatment for you
	1 Ves 2 No DK, R	
PAD_Q65 PADB_65	Were you <u>ever</u> hospitalize	ed overnight for your attacks?
	2 No DK, R	(Go to PAD_Q65_1) (Go to PAD_Q65_1)
PAD_Q65A PADB_65A	your attacks?	t time you were hospitalized overnight because of s %age in PAD_Q09A or PAD_Q09B%; maximum is
	_ _  Age in yea (MIN: age in PAD_Q09A or	rs · PAD_Q09B) (MAX: current age)
	DK, R	

PAD\_Q65\_1 PADB 651 How many of your close relatives – including your biological parents, brothers, sisters and children – ever had attacks of this sort?

INTERVIEWER: Minimum is 0; maximum is 95.

\_|\_| Number of relatives

(MIN: 0) (MAX: 95)

DK, R

PAD\_ND <u>INTERVIEWER</u>: This is the end of the module. Press <1> to continue.

PAD\_END Go to next module.

# SOCIAL PHOBIA

SOP\_C1 If SCR\_Q29\_1 = 1 and (SCR\_Q29\_2 = 1 or SCR\_Q29\_3 = 1), go to SOP\_QINT1. Otherwise, go to SOP END. SOP\_QINT1 Earlier, you mentioned having a time in your life when you felt very shy, afraid or uncomfortable with other people or in social situations. The next questions are about which of these situations made you feel this way. Tell me if there was ever a time in your life when you felt shy, afraid or uncomfortable with the following situations. INTERVIEWER: Press < Enter> to continue. SOP Q01A Meeting new people? SOPB 01A 1 Yes (KEY PHRASE = meeting new people 2 No 3 Not applicable DK R (Go to SOP ND) SOP Q01B Talking to people in authority? SOPB 01B (KEY PHRASE = talking to people in authority) 1 Yes 2 No 3 Not applicable DK, R SOP Q01C Speaking up in a meeting or class? SOPB 01C Yes (KEY PHRASE = speaking up at a meeting) 2 No 3 Not applicable DK, R Going to parties or other social gatherings? SOP Q01D SOPB 01D Ƴes (KEY PHRASE = going to parties) No Not applicable DK. R SOP Q01E Have you ever felt very shy, afraid or uncomfortable when you were SOPB 01E performing or giving a talk in front of an audience? 1 Yes (KEY PHRASE = performing in front of an audience) 2 No 3 Not applicable DK, R

#### SOP Q01F Taking an important exam or interviewing for a job, even though you were SOPB 01F well prepared? 1 Yes (KEY\_PHRASE = taking an important exam) 2 No 3 Not applicable DK, R SOP Q01G Working while someone watches you? SOPB 01G Yes (KEY PHRASE = working while someone watches) 2 No 3 Not applicable DK, R SOP Q01H Entering a room when others are already present? SOPB 01H (KEY PHRASE = entering a room when others are Yes already present) 2 No Not applicable 3 DK, R SOP Q01I Talking with people you don't know very well SOPB 01I (KEY PHRASE = talking with people you don't know 1 Yes very well) 2 No 3 Not applicable DK, R SOP Q01J Expressing disagreement to people you don't know very well? SOPB 01J (KEY\_PHRASE = disagreeing with people) 2 3 Not applicable SOP Q01K Writing, eating or drinking while someone watches? SOPB 01K Yes (KEY PHRASE = writing, eating or drinking while someone watches you) No 3 Not applicable DK, R SOP Q01L Have you ever felt very shy, afraid or uncomfortable when using a public SOPB 01L bathroom or a bathroom away from home? 1 Yes (KEY PHRASE = using a public bathroom) 2 No Not applicable 3 DK, R

### SOP\_Q01M SOPB 01M

## When going on a date?

- 1 Yes (KEY\_PHRASE = dating)
- 2 No
- 3 Not applicable DK, R

## SOP\_Q01N SOPB 01N

In any <u>other</u> social or performance situation where you could be the centre of attention or where something <u>embarrassing</u> might happen?

- 1 Yes
- 2 No
- 3 Not applicable DK, R
- SOP\_C2

If count of responses of "Yes" in SOP\_Q01A through SOP\_Q01N = 0, &OP\_C2 = 1 and go to SOP\_ND.

If count of responses of "Yes" in SOP\_Q01A through SOP\_Q01N = 1 through 3, SOP C2 = 2 and go to SOP C3.

If count of responses of "Yes" in SOP\_Q01A through SOP\_Q01N >= 4, SOP C2 = 3 and go to SOP Q03 2.

SOP\_C3

If count of responses of "Yes" in SOP Q01A through SOP\_Q01N = 1, use %this situation% in SOP\_Q03\_1.

Otherwise, use %any of these situations% in SOP\_Q03\_1.

(Applies to SOP\_Q03\_1.)

SOP C3A

If SOP\_Q01N = 1 and count of responses of "Yes" in SOP\_Q01A through SOP\_Q01N = 1, KEY\_PHRASE for SOP\_Q01N = those we just mentioned. (Applies to SOP\_Q03\_1, SOP\_Q20, SOP\_Q25.)

If SOP\_Q01N > 1 and count of responses of "Yes" in SOP\_Q01A through SOP\_Q01N > 1, KEY\_PHRASE for SOP\_Q01N = any other similar situation.

SOP\_Q03\_1 SOPB 031 You mentioned that you had a fear of situations like ^KEY\_PHRASES. Can you remember exactly how old you were, the very first time you had a fear of %this situation/any of these situations%?

 Yes
 (Go to SOP\_Q03A)

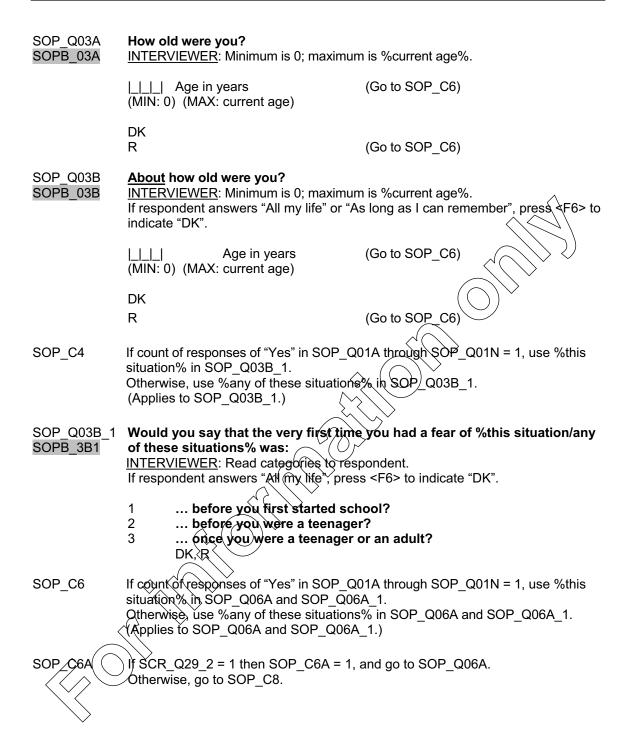
 No
 (Go to SOP\_Q03B)

 DK, R
 (Go to SOP\_Q03B)

SOP\_Q03\_2 SOPB 032 You mentioned that you had a fear of a number of social or performance situations. Can you remember <u>exactly</u> how old you were, the <u>very first</u> time you had a fear of any of these situations?

<u>INTERVIEWER</u>: If respondent does not remember the situations, press <Ctrl+S> to show the list of situations.

- 1 Yes
- 2 No (Go to SOP\_Q03B) DK, R (Go to SOP\_Q03B)

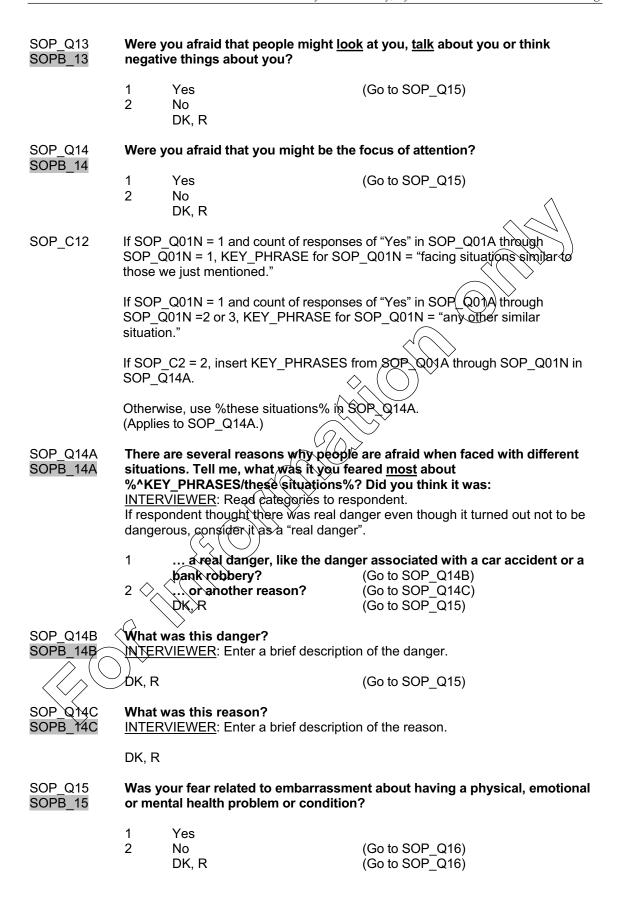


#### SOP Q06A Earlier, you mentioned having times when you avoided social or SOPB 06A performance situations because of your fear. How old were you the very first time you started avoiding %this situation/any of these situations%? INTERVIEWER: Minimum is %age in SOP Q03A or SOP Q03B%; maximum is %current age%. If respondent answers "All my life" or "As long as I can remember", press <F6> to indicate "DK". If respondent does not remember the situations, press <Ctrl+S> to show the list of situations. (Go to SOP C8) Age in years (MIN: 0) (MAX: current age) DK (Go to SOP C8) R Would you say that the very first time you avoided %this situation/any of SOP Q06A 1 SOPB\_6A1 these situations% was: INTERVIEWER: Read categories to respondent. If respondent answers "All my life", press <F6> to indicate "DK". ... before you first started school? 1 2 ... before you were a teenager? 3 ... once you were a teenager or an adult? DK, R If count of responses of "Yes" in SOP QQ1A through SOP Q01N = 1, use %this SOP C8 situation% in SOP QINT8. Otherwise, use %these situations in SOP QINT8. (Applies to SOP\_QINT8∆ Think of the time in your life when your fear or avoidance of %this SOP\_QINT8 situation/these/situations% was most severe. When you were faced with %this situation/these/situations%, or thought you would have to be, did you ever have any of the following experiences? INTERVIEWER. Press <Enter> to continue. SOP Q08A Did you ever blush or shake? SOPB 08A (Go to SOP C9) Yes No DK, R SOR Q08B Did you ever fear that you might lose control of your bowels or bladder? SOPB 08B (Go to SOP C9) Yes 1 2 No DK, R SOP Q08C Did you ever fear that you might vomit? SOPB 08C (Go to SOP C9) Yes 1 2 No DK. R

SOP C9 SOP C9 = Count of all responses of 1 (Yes) in (SOP Q09A through SOP Q090). When  $SOP_C9 = 2$ , go to  $SOP_C11$ . SOP\_C10 If SOP\_Q01N = 1 and count of responses of "Yes" in SOP\_Q01A through SOP Q01N = 1, KEY PHRASE for SOP Q01N = "situations similar to those that we just mentioned." If SOP Q01N = 1 and count of responses of "Yes" in SOP Q01A through SOP\_Q01N > 1, KEY\_PHRASE for SOP\_Q01N = "any other similar situation." If SOP C2 = 2, insert KEY PHRASES from SOP Q01A through SOP Q01N in SOP QINT9. Otherwise, use %these situations% in SOP QINT9. (Applies to SOP\_QINT9.) When you were faced with %^KEY\_PHRASES/these situations%, tell me if SOP QINT9 you ever had any of the following reactions. INTERVIEWER: Press < Enter> to continue. SOP Q09A Did your heart ever pound or race? SOPB 09A Yes 2 No DK. R SOP Q09B Did you sweat? SOPB 09B Yes 1 2 No DK, R SOP Q09C Did you tremble SOPB 09C 2 SOP Q09D Did you feel sick to your stomach? SOPB 09D Yes No DK, R SOP) **Q**09E Did you have a dry mouth? SOPB 09E Yes 1 2 No DK, R SOP Q09F Did you have hot flushes or chills? SOPB 09F Yes 2 Nο DK, R

#### SOP Q09G Did you feel numbness or have tingling sensations? SOPB 09G 1 Yes 2 No DK, R SOP Q09H Did you have trouble breathing normally? SOPB 09H 1 Yes 2 No DK, R SOP Q09I Did you feel like you were choking? SOPB 09I 1 Yes 2 No DK. R SOP Q09J Did you have pain or discomfort in your chest? SOPB 09J Yes 2 No DK, R SOP Q09K Did you feel dizzy or faint? SOPB 09K 1 Yes 2 No DK, R SOP Q09L Were you afraid that you might die? SOPB 09L 1 Yeş 2 No DK, R If SOR Q01N → 1 and count of responses "Yes" in SOP\_01A to SOP\_Q01N = 1, SOP C9M KEY RHRASE for SOP Q01N = "situations similar to those that we just mentioned." \$\SOP Q01N = 1 and count of responses of "Yes" in SOP Q01A through SOP\_Q01N > 1, KEY\_PHRASE for SOP\_Q01N = "any other similar situation." If SOP C2 = 2, insert KEY PHRASES from SOP Q01A through SOP Q01N in SOP Q09M. Otherwise, use %these situations% in SOP Q09M. SOP Q09M (When you were faced with %^KEY\_PHRASES/these situations%), did you SOPB 09M ever fear that you might lose control, go crazy or pass out? INTERVIEWER: If respondent does not remember the situations, press <Ctrl+S> to show the list of situations. 1 Yes 2 No DK, R

SOP_Q09N SOPB_09N	Did you feel like you were "not really there", like you were watching a movie of yourself?		
	1 2	Yes No DK, R	(Go to SOP_C11)
SOP_Q09O SOPB 09O	Did y	ou feel that	things around you were not real or like a dream?
50. 5_000	1 2	Yes No DK, R	
SOP_C11			ses of "Yes" in SOP_Q01A through SOP_Q01N = 1, use %this P_Q10, SOP_Q10A and SOP_Q12.
			othese situations% in SOP_Q10, SOP_Q10A and SOP_Q12. Q10, SOP_Q10A, SOP_Q12.)
SOP_Q10 SOPB_10	Wher that y	n you were i you might h	in %this situation/these situations%, were you ever afraid ave a panic attack?
	1 2	Yes No DK, R	(Go to SOP_Q11) (Go to SOP_Q11)
SOP_Q10A SOPB 10A			ve a panic attack in %this situation/these situations%?
	1 2	Yes No DK, R	
SOP_Q11 SOPB 11	Were	you afraid	that you might be trapped or unable to escape?
	1 2	Yes No DK, R	<b>→</b>
SOP_Q12 SOPB_12			in %this situation/these situations%, were you afraid you ning <u>embarrassing</u> or <u>humiliating</u> ?
		Yes No DK, R	(Go to SOP_Q15)
SOP_Q12A SOPB_12A	Were	you afraid	that you might embarrass other people?
	1 2	Yes No DK, R	(Go to SOP_Q15)



## SOP\_Q15A (Please refer to page 8 of the booklet.)

## What was the problem or condition?

**INTERVIEWER**: Mark all that apply.

SOPB 15A	1	Emotional or mental health problem or condition
SOPB_15B	2	Alcohol or drug problem
SOPB_15C	3	Speech, vision or hearing problem
SOPB_15D	4	Movement or coordination problem
SOPB_15E	5	Facial or body disfigurement, weight or body image problem
SOPB_15F	6	Bad odour or sweating
SOPB_15G	7	Other physical health problem
SOPB_15H	8	Pregnancy
		DK, R
SOP_C13	If cou	nt of responses of "Yes" in SOP_Q01A through SOP_Q01N = 1, ))se %
	situati	ion% in SOP_Q16 and SOP_Q17.

If count of responses of "Yes" in SOP\_Q01A through SOP\_Q01N = 1, use %this situation% in SOP\_Q16 and SOP\_Q17.

Otherwise, use %these situations% in SOP\_Q16 and SOP\_Q17 (Applies to SOP\_Q16, SOP\_Q17.)

## SOP\_Q16 SOPB\_16

How much did your fear or avoidance of %this situation/these situations% ever interfere with either your work, your social life or your personal relationships?

INTERVIEWER: Read categories to respondent

- 1 Not at all
- 2 A little
- 3 Some
- 4 **A lot**
- 5 **Extremely** DK, R

## SOP\_Q17 SOPB 17

Was there ever a time in your life when you felt emotionally upset, worried or disappointed with yourself because of your fear or avoidance of %this situation/these situations%?

```
1 Yes No DK, R
```

R

SOP C14

Stuation% in SOP\_Q18 and SOP\_Q18A.

Otherwise, use %any of these situations% in SOP\_Q18 and SOP\_Q18A. (Applies to SOP\_Q18, SOP\_Q18A.)

SOP\_Q18 SOPB 18 When was the <u>last</u> time you either strongly feared or avoided %this situation/any of these situations%. Was it:

INTERVIEWER: Read categories to respondent.

1	during the past month?	(Go to SOP_C15)
2	between 2 and 6 months ago?	(Go to SOP_C15)
3	between 7 and 12 months ago?	(Go to SOP_C15)
4	more than 12 months ago?	. – ,
	DK	

(Go to SOP\_C15)

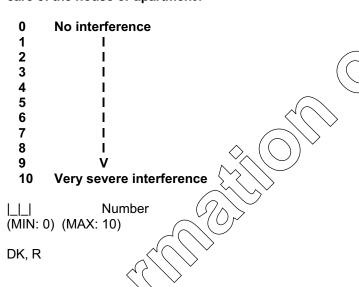
#### SOP Q18A How old were you the last time you either strongly feared or avoided %this SOPB 18A situation/any of these situations%? INTERVIEWER: Minimum is %age in SOP\_Q03A or SOP\_Q03B%; maximum is %current age%. INTERVIEWER: If respondent answers "All my life" or "As long as I can remember", press <F6> to indicate "DK". I I I IAge in years (MIN: age in SOP\_Q03A or SOP\_Q03B) (MAX: current age) DK, R SOP C15 If count of responses of "Yes" in SOP Q01A through SOP Q01N ₹ situation% in SOP Q19. Otherwise, use %one of these situations% in SOP Q19. (Applies to SOP\_Q19.) What if you were faced with %this situation/one of these situations% today. SOP Q19 SOPB 19 How strong would your fear be? INTERVIEWER: Read categories to respondent. If respondent answers "It depends on which situation", ask about the situation that would scare %him/her% most. (Go to SOP C18) 1 No fear 2 Mild (Go to SOP\_C18) Moderate 3 4 Severe 5 Very severe DK, R PHRASES from SOP\_Q01A through SOP\_Q01N in SOP\_C16 If SOP\_C2 = 2, insert KÈY SOP\_Q20. Otherwise, use %any of these situations% in SOP Q20. (Applies to SOP Q20; SOP Q20 uses SOP C3A and SOP C16.) During the past 12 months, how often did you avoid %situations like SOP Q20 SOPB 20 ^KEY\_RHRASES/any of these situations%? INTÉRMEWER: Read categories to respondent. #frespondent answers "It depends on which situation", ask about the situation that %he/she% avoided most. All the time Most of the time **Sometimes** Rarely Never

DK, R

## SOP\_QINT21 (Please refer to page 1 of the booklet.)

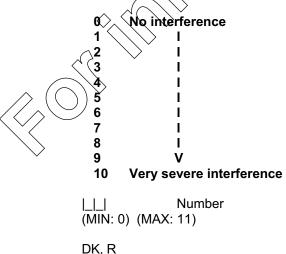
In the <u>past 12 months</u>, think about the period of time that lasted <u>1 month or longer</u> when your fear or avoidance of social and performance situations was most severe. Please tell me what number best describes how much your fear or avoidance of situations interfered with each of the following activities. For each activity, please answer with a number between 0 and 10; 0 means "<u>no</u> interference" while 10 means "<u>very severe</u> interference". <a href="INTERVIEWER">INTERVIEWER</a>: Press <Enter> to continue.

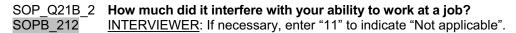
SOP\_Q21A SOPB 21A How much did your fear or avoidance of social and performance situations interfere with your home responsibilities, like cleaning, shopping and taking care of the house or apartment?

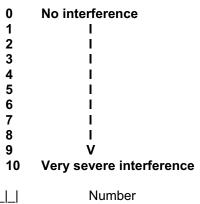


SOP\_Q21B\_1 How much did it interfere with your ability to attend school?

SOPB\_211 INTERVIEWER: It necessary, enter "11" to indicate "Not applicable".





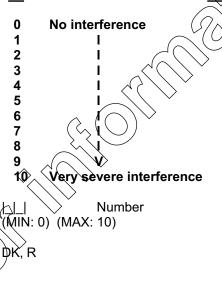


|\_|\_| Numbe (MIN: 0) (MAX: 11)

DK, R

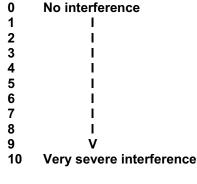
## SOP\_Q21C SOPB 21C

Again think about that period of time lasting 1 month or longer when your fear or avoidance of social or performance situations was most severe, how much did this fear or avoidance interfere with your ability to form and maintain close relationships with other people? (Remember that 0 means "no interference" and 10 means "very severe interference".)



### SOP\_Q21D SOPB 21D

How much did it interfere with your social life?



|\_|\_| Number (MIN: 0) (MAX: 10)

DK, R

SOP\_C17

If (SOP\_Q21A, SOP\_Q21B\_1, SOP\_Q21B\_2, SOP\_Q21C and SOP\_Q21D) = 0 (no interference) or = 11 (not applicable) or DK or R, SOP\_C17 = 1 and go to SOP\_C18.

Otherwise, SOP\_C17 = 2.

SOP\_Q23 SOPB 23 In the past 12 months, about how many days out of 365 were you totally unable to work or carry out your normal activities because of your fear or avoidance of situations? (You may use any number between 0 and 365 to answer.)

|\_|\_| Number of day (MIN: 0) (MAX: 365)

DK, R

SOP C18

If SOP\_C2 = 2, insert KEY\_PHRASES from SOP\_Q01A through SOP\_Q01N in SOP\_Q25 as % a situation like ^KEY\_PHRASES%.

Otherwise, use % of these situations% in SOP\_Q25.

(Applies to SOP\_Q25; SOP\_Q25 uses SOP\_C18 and SOP\_C3A.)

SOP\_Q25 SOPB\_25 Did you ever in your life see, or talk on the telephone, to a medical doctor or other professional about your fear or avoidance %of a situation like KEY\_PHRASES/of these situations%? (By other professional, we mean psychologists, psychiatrists, social workers, counsellors, spiritual advisors, homeopaths, acupuncturists, self-help groups or other health professionals.)

1 Yes 2 No (Go to SOP\_Q39\_1) DK, R (Go to SOP\_Q39\_1)

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SOP_Q25A SOPB_25A	How old were you the <u>first time</u> you saw, or talked to a professional about your fear? <u>INTERVIEWER</u> : Minimum is %age in SOP_Q03A or SOP_Q03B%; maximum is %current age%.	
	_ _  Age in years (MIN: age in SOP_Q03A or SOP_Q03B) (MAX: current age)	
	DK, R	
SOP_Q36 SOPB_36	Did you <u>ever</u> get treatment for your fear that you considered <u>helpful</u> or <u>effective</u> ?	
	1 Yes 2 No (Go to SOP_Q36C) DK, R (Go to SOP_Q36C)	
SOP_Q36A SOPB_36A	How old were you the <u>first time</u> you got <u>helpful</u> treatment for your fear? <u>INTERVIEWER</u> : Minimum is %age in SOP_Q03A or SOP_Q03B%; maximum is %current age%.	
	_ _  Age in years (MIN: age in SOP_Q03A or SOP_Q03B) (MAX: current age)	
	DK, R	
SOP_Q36B SOPB_36B	Up to and including the first time you got helpful treatment, how many professionals did you see, or talk to about your fear?	
	_ _  Number of professionals (MIN: 1) (MAX: 95; warning after 12)	
	DK, R	
SOP_Q36C SOPB_36C	In total, how many professionals did you <u>ever</u> see, or talk to about your fear?	
•	Number of professionals (MIN: 0) (MAX: 95; warning after 12)	
SOE 038	At any time in the past 12 months, did you receive professional treatment	
SORB_38	for your fear?	
$\searrow$	1 Yes 2 No DK, R	
SOP_Q39 SOPB 39	Were you ever hospitalized overnight for your fear?	
23. <u>2_</u> 00	1 Yes 2 No (Go to SOP_Q39_1) DK, R (Go to SOP_Q39_1)	

SOP_Q39A SOPB_39A	How old were you the <u>first time</u> you were hospitalized overnight because of your fear? <u>INTERVIEWER</u> : Minimum is %age in SOP_Q03A or SOP_Q03B%; maximum is %current age%.
	_ _  Age in years (MIN: age in SOP_Q03A or SOP_Q03B) (MAX: current age)
	DK, R
SOP_Q39_1 SOPB_391	How many of your close relatives – including your biological parents, brothers, sisters and children – ever had a strong fear of social or performance situations?  INTERVIEWER: Minimum is 0; maximum is 95.   _ _  Number of relatives (MIN: 0) (MAX: 95)
	DK, R
SOP_ND	INTERVIEWER: This is the end of the module. Press > to continue.
SOP_END	Go to next module.

of

## **GENERALIZED ANXIETY DISORDER**

GAD\_C1 If SCR\_Q26 = 1 (Yes), go to GAD\_QINT1A.

If SCR\_Q26A = 1 (Yes), go to GAD\_QINT1B.

If SCR\_Q26B = 1 (Yes), go to GAD\_QINT1C.

Otherwise, go to GAD\_END.

GAD\_QINT1A Earlier, you mentioned having a time in your life when you were "a worrier".

The next questions are about that time. Please turn to page 9 of the booklet where we list several things which you could have been worried, nervous or anxious about during that time.

INTERVIEWER: Press <Enter> to continue.

GAD\_C1A If SCR\_Q26 = 1, ^KEY\_PHRASE1 = worried, nervous or anxious If SCR\_Q26 = 1, ^KEY\_PHRASE2 = worry, nervousness or anxiety.

Go to GAD\_Q01.

GAD\_QINT1B Earlier, you mentioned having a time in your life when you were much more nervous or anxious than most other people. The next questions are about that time. Please turn to page 9 of the booklet where we list several things which you could have been nervous or anxious about during that time.

INTERVIEWER: Press <Enter> to continue.

GAD\_C1B If SCR\_Q26A = 1, ^KEY\_PHRASE1 = nervous or anxious. If SCR\_Q26A = 1, ^KEY\_PHRASE2 = nervousness or anxiety.

Go to GAD\_Q01.

GAD\_QINT1C Earlier, you mentioned having a period lasting 6 months or longer when you were anxious or worked most days. The next questions are about that time. Please turn to page 9 of the booklet where we list several things which you could have been anxious or worried about during that time.

INTERVIEWER: Press <Enter> to continue.

GAD\_C1C If SCR\_Q26B = 1, ^KEY\_PHRASE1 = anxious or worried. If SCR\_Q26B = 1, ^KEY\_PHRASE2 = anxiety or worry.

#### GAD Q01 Now, tell me which of these things were you ^KEY\_PHRASE1 about during that time? INTERVIEWER: Mark all that apply. 1 GADB 01A Worrying about everything GADB 01B 2 Worrying about nothing in particular GADB 01C 3 **Finances** 4 GADB 01D Success at school or work 5 GADB 01E Social life GADB 01F 6 Love life GADB 01G 7 Relationships at school or work GADB 01H 8 Relationships with family GADB 01I 9 Physical appearance GADB 01J 10 Own physical health GADB 01K 11 Own mental health GADB 01L 12 Alcohol or drug use GADB 01M Being away from home or apart from loved ones 13 GADB 01N 14 The health or welfare of loved ones GADB\_010 15 Social phobias (e.g., meeting people) GADB 01P 16 Agoraphobia (e.g., leaving home alone) Specific phobias (e.g., fears of bugs, heights or closed spaces) GADB 01Q 17 GADB 01R 18 Obsessions (e.g., worry about germs) GADB 01S Compulsions (e.g., repetitive hand washing) 19 GADB 01T 20 Crime / violence Economy GADB 01U 21 Environment (e.g., global warming, pollution) GADB 01V 22 Moral decline of society (e.g., capitalism, decline of the family) 23 GADB 01W GADB 01X 24 War / revolution GADB 01Y 25 Other - Specify DK. R (Go to GAD\_ND) Is there anything else which you were ^KEY\_PHRASE1 about during that GAD Q02A GADB 02A time? (Go to GAD C3A) (Go to GAD C3A) GAD Q02B ीs there anything else which you were ^KEY\_PHRASE1 about during that GADB 02B time? Yes 2 No (Go to GAD C3A) DK, R (Go to GAD C3A) GAD\_C3A Count number of categories selected in GAD Q01. GAD\_C3B If total count of marked categories in GAD\_C3A and of responses of "Yes" in GAD Q02A and GAD Q02B <= 1, GAD C3B = 1 and go to GAD ND. Otherwise, GAD C3B = 2.

GADB_03	unreasonable, or a lot stronger than they should have been?		
	1 2	Yes No DK, R	(Go to GAD_C4B) (Go to GAD_C4B)
GAD_Q04 GADB_04	How often did you find it difficult to control your ^KEY_PHRASE2? <a href="INTERVIEWER">INTERVIEWER</a> : Read categories to respondent.		
	1 2 3 4	Often Sometimes Rarely Never DK, R	
GAD_Q04A GADB_04A	anythir	ten were you so nervous or wong else, no matter how hard you IEWER: Read categories to resp	
	1 2 3 4	Often Sometimes Rarely Never DK, R	
GAD_C4B	If GAD	_Q04 and GAD_Q04A = DK or R; _Q04 or GAD_Q04A = T or 2, GAI ise, GAD_C4B = 3 and go to GAD	
GAD_Q05 GADB_05	you we INTER\ screen. If respo	re feeling *KEY PHRASE1 mos /IEWER: Select the reporting unit ndent reports less than one month indent answers "All my life" or "As	here and enter the number in the next
	2	Months Years DK R	(Go to GAD_Q05B) (Go to GAD_Q05C) (Go to GAD_ND)
GAD Q05A GADB 05A		VIEWER: Enter the number of means is 0; maximum is 36.	onths.
	_ _  (MIN: 0	Number of months () (MAX: 36 warning after 24)	
	DK R		(Go to GAD_Q05C) (Go to GAD_ND)

```
GAD E05A
              If GAD Q05A <= 24, go to GAD C6.
              Otherwise, show pop-up edit as follows.
              An unusual value has been entered.
              Please confirm or return and change the reporting unit.
GAD Q05B
              INTERVIEWER: Enter the number of years.
GADB 05B
              Minimum is 1; maximum is %current age%.
                             Number of years
              (MIN: 1) (MAX: current age)
              DK
                                                   (Go to GAD Q05C)
              R
                                                   (Go to GAD ND)
              Go to GAD_C6
GAD Q05C
              Did you ever have a period that lasted 6 months or longer?
GADB 05C
                     Yes
                                                   (Go to GAD QINT9)
              1
              2
                                                   (Go to GAD ND)
                     No
                                                   (Go to GAD ND
                     DK, R
              If GAD Q05A < 6 (month), GAD C6 \pm
GAD C6
                                                 1′and∖gòto∕GAD ND.
              Otherwise, GAD C6 = 2.
              Think of your worst period lasting 6 months or longer when you were
GAD QINT9
              ^KEY_PHRASE1. During that episode, tell me if you had any of the following
              problems.
              INTERVIEWER: Press < Enter>
                                           to continue.
GAD Q09A
              Did you often feel restless, keyed up or on edge?
GADB 09A
                                     (KEY PHRASE = feeling restless or on edge)
              2
                     No
                     ØK, R
GAD Q09B
              Did you often get tired easily?
GADB 09B
                      Yes
                                    (KEY PHRASE = feeling tired easily)
                     No
                     DK, R
GAD Q09C
              Were you often more irritable than usual?
GADB 09C
                     Yes
                                    (KEY PHRASE = feeling more irritable than usual)
              1
              2
                     No
                     DK, R
GAD Q09D
              Did you often have difficulty concentrating or keeping your mind on what
GADB 09D
              you were doing?
                     Yes
                                    (KEY PHRASE = having difficulty concentrating)
              2
                     Nο
                     DK, R
```

### GAD Q09E Did you often have tense, sore or aching muscles? GADB 09E 1 Yes (KEY\_PHRASE = having tense or aching muscles) 2 No DK, R GAD Q09F (During this worst episode lasting 6 months or longer,) did you often have GADB 09F trouble falling or staving asleep? 1 Yes (KEY PHRASE = having difficulty falling or staying asleep) 2 No DK, R GAD Q10A Did your heart often pound or race? GADB 10A (KEY\_PHRASE = having your heart pound) 1 Yes 2 No DK, R GAD Q10B Did you often sweat? GADB 10B (KEY PHRASE Yes 2 Nο DK, R Did you often tremble or shake? GAD Q10C GADB 10C 1 Yes ĤRASE = trembling) 2 No DK, R GAD Q10D Did you often have a dry mouth? GADB 10D (KEY PHRASE = having a dry mouth) Were you sad or depressed most of the time? GAD Q10E GADB 10E (KEY\_PHRASE = feeling sad) Yes No DK, R If total count of responses of "Yes" in GAD Q09A to GAD Q09F and in GAD CY1 GAD\_Q10A to GAD\_Q10E = 0, GAD\_C11 = 1 and go to GAD\_ND. If count of responses of "Yes" in GAD\_Q10A to GAD\_Q10E = 0, GAD\_C11 = 2 and go to GAD C12. (If count of responses of "Yes" in GAD Q10A to GAD Q10E >=1) and (If total count of responses of "Yes" in GAD Q09A to GAD Q09F and in GAD Q10A to GAD Q10E >= 5), GAD C11 = 3 and go to GAD C14.

Otherwise, GAD C11 = 4 and go to GAD Q13A.

GAD C12 If count of responses "Yes" in GAD Q09A to GAD Q09F >= 3, GAD C12 = 1 and go to GAD C14. Otherwise, GAD\_C12 = 2 and go to GAD\_ND. GAD C13 When total count of responses of "Yes" in GAD Q09A to GAD Q09F and GAD Q10A to GAD Q10E and GAD Q13A to GAD Q13O = 5, go to GAD C14. GAD Q13A (During this episode lasting 6 months or longer,) did you often feel dizzy or GADB 13A lightheaded? Yes 2 No DK, R GAD Q13B Were you often short of breath? GADB 13B 1 Yes 2 No DK, R GAD Q13C Did you often feel like you were choking? GADB 13C 1 Yes 2 Nο DK, R Did you often have pain or discomfort in your chest? GAD Q13D GADB 13D 1 Yes 2 No DK, R Did you often have pain or discomfort in your stomach? GAD Q13E GADB 13E (Go to GAD Q13G) (During this episode lasting 6 months or longer,) did you often have nausea? GAD Q13F GADB 13F Yes No DK, R GAD Q13G Did you often feel that you were unreal? GADB 13G (Go to GAD\_Q13I) 1 Yes 2 No DK, R GAD Q13H Did you often feel that things around you were unreal? GADB 13H 1 Yes 2 No DK, R

GAD Q13I Were you often afraid that you might lose control or go crazy? GADB 13I 1 Yes (Go to GAD\_Q13K) 2 No DK, R GAD Q13J Were you often afraid that you might pass out? GADB 13J 1 Yes 2 No DK, R GAD Q13K (During this episode lasting 6 months or longer,) were you often afraid that GADB 13K you might die? Yes 1 2 No DK, R GAD\_Q13L Did you often have hot flushes or chills? GADB\_13L Yes 1 2 No DK, R Did you often have numbness or tingling sensations? GAD Q13M GADB 13M Yes 1 2 No DK, R GAD Q13N Did you often feel like you had a lump in your throat? GADB 13N 2 No ØK, **GAD Q130** Were you easily startled? GADB 130 Yes No DK, R If count of responses of "Yes" in GAD\_Q09A to GAD\_Q09F >= 3, GAD\_C14 = 1 and go to GAD\_Q15. If total count of responses of "Yes" in GAD Q09A to GAD Q09F and in GAD\_Q10A to GAD\_Q10E and in GAD\_Q13A to GAD\_Q13O  $\geq$  3, GAD\_C14 = 2 and go to GAD\_Q15.

Otherwise, GAD C14 = 3 and go to GAD ND.

### GAD Q15 How much emotional distress did you ever experience because you felt GADB 15 **^KEY PHRASE1?** INTERVIEWER: Read categories to respondent. 1 None 2 Mild 3 **Moderate** 4 Severe 5 Very severe DK. R How often were you so nervous or worried that you could not think about GAD Q16 GADB 16 anything else, no matter how hard you tried? INTERVIEWER: Read categories to respondent. 1 Often 2 **Sometimes** 3 Rarely 4 Never DK, R GAD Q17 How much did your feelings of being ^KEY\_PHRASE1 ever interfere with GADB 17 either your work, your social life or your personal relationships? INTERVIEWER: Read categories to respondent. 1 Not at all (Go to GAD C17 1) 2 A little 3 Some 4 A lot 5 Extremely DK, R How often were you unable to carry out your daily activities because you felt GAD Q17A \*KEY PHRASE1? GADB 17A INTERVIEWER. Read categories to respondent. Often 2 Sometimes Rarely Never DK, R $\frac{1}{4}$ f (GAD Q15 = 3 or 4 or 5) or (GAD\_Q17 = 3 or 4 or 5) or (GAD\_Q17A = 1 or 2), $GAD_C17_1 = 1.$ Otherwise, GAD\_C17\_1 = 2 and go to GAD\_ND. GAD Q18A Feelings of being ^KEY\_PHRASE1 sometimes occur as a result of a physical GADB 18A illness or injury or the use of medication, drugs or alcohol. Do you think these feelings ever occurred as the result of physical causes, medication, drugs or alcohol?

1

2

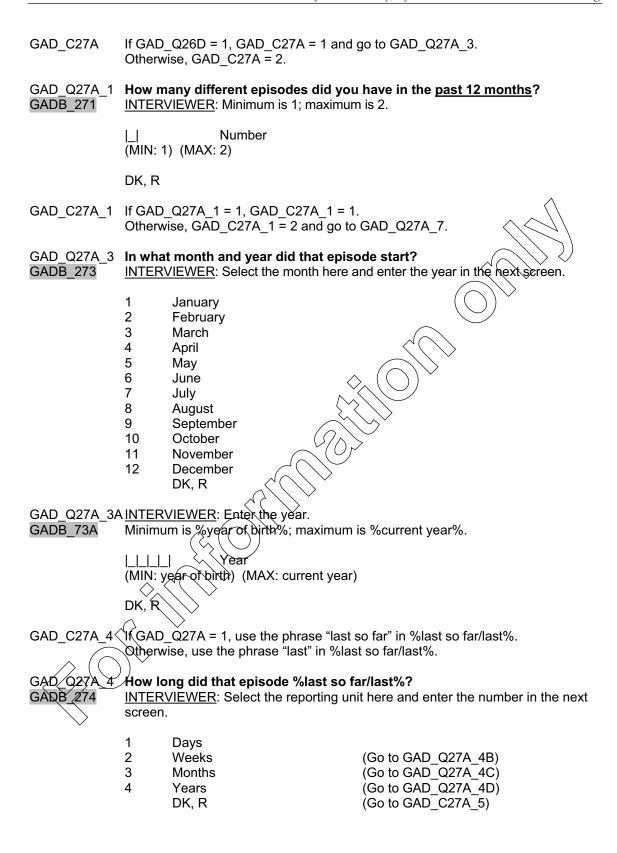
Yes

No DK. R (Go to GAD QINT26)

(Go to GAD\_QINT26)

GAD_Q16B GADB_18B	medication, drugs, or alcohol?		
	1 2	Yes No DK, R	(Go to GAD_QINT26) (Go to GAD_QINT26)
GAD_Q18C		vere the causes? VIEWER: Mark all that	apply.
GADB_8CA GADB_8CB GADB_8CC GADB_8CD GADB_8CE GADB_8CF GADB_8CF GADB_8CH GADB_8CI GADB_8CL GADB_8CL GADB_8CL GADB_8CL GADB_8CN GADB_8CN GADB_8CN GADB_8CN GADB_8CO GADB_8CO	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17	Exhaustion Hyperventilation Hypochondria Menstrual cycle Pregnancy / postpart Thyroid disease Cancer Overweight Medication (excluding Illicit drugs Alcohol Chemical Imbalance/ Chronic Pain Caffeine No specific diagnosis Other – Specify Other – Physical cau DK, R	g illicit drugs) Serotonin Imbalance
GAD_QINT26	month you alse episod INTER to show	s or longer when, ne so had some of the o le is when you no lon	word « episode » means a period <u>lasting six</u> arly every day, you were ^KEY_PHRASE1, and ther problems we just mentioned. The end of an ger have these feelings for a full month. t does not remember the problems, press <ctrl+g>ER&gt; to continue.</ctrl+g>
GAD_Q26 GADB_26	month some	s or longer when you of the other problems	in your life when you had an episode <u>lasting 6</u> felt ^KEY_PHRASE1 most days and also had swe just talked about. Can you remember then you had this episode?  (Go to GAD_Q26B) (Go to GAD_Q26B)
GAD_Q26A GADB_26A		<b>ld were you?</b> <u>VIEWER</u> : Minimum is (	); maximum is %current age%.
	_ _  (MIN: 0	Age in years )) (MAX: current age)	(Go to GAD_Q26C)
	DK R		(Go to GAD_Q26C)

### GAD Q26B About how old were you? GADB 26B INTERVIEWER: Minimum is 0; maximum is %current age%. If respondent answers "All my life" or "As long as I can remember", press <F6> to indicate "DK". | | | Age in years (Go to GAD Q26C) (MIN: 0) (MAX: current age) DK R (Go to GAD Q26C) GAD Q26B 1 When would you say the very first episode occurred? Was it: GADB 261 INTERVIEWER: Read categories to respondent. If respondent answers "All my life", mark "DK". ... before you first started school? 1 2 ... before you were a teenager? 3 ... once you were a teenager or adult? DK, R GAD Q26C Was that episode brought on by some stressful experience or did it happen GADB 26C out of the blue? 1 Brought on by stress 2 Out of the blue 3 Don't remember DK, R During your life, how many episodes lasting 6 months or longer have you GAD Q26D ever had when you felt (KEY\_RHRASE1? GADB 26D INTERVIEWER: Minipaym is 1; maximum is %current age\*2%. (Vamber (MIN: 1) (MAX; current/age\*2) DK, R GAD Q27 During the past 12 months, did you have an episode of being KEY PHRASE1 GADB 27 that lasted at least six months or longer? Yes No DK, R If GAD Q26D = 1 and GAD Q27 = No, DK, R, GAD C27 = 1 and go to GAD C29. If GAD Q26D > 1 and GAD Q27 = No, DK, R, GAD C27 = 2 and go to GAD Q27C. Otherwise, GAD C27 = 3. GAD Q27A How recently was it? GADB 27A INTERVIEWER: Read categories to respondent. 1 **During the past month** 2 Between 2 and 6 months ago 3 More than 6 months ago DK, R



```
GAD Q27A 4A INTERVIEWER: Enter the number of days.
GADB 74A
              Minimum is 1; maximum is 900.
                             Number of days
              (MIN: 1) (MAX: 900; warning after 365)
              DK, R
GAD_E27A_4A If GAD_Q27A_4A <= 365, go to GAD_C27A_5.
              Otherwise, show pop-up edit as follows.
              An unusual value has been entered.
              Please confirm or return and change the reporting unit.
GAD Q27A 4B INTERVIEWER: Enter the number of weeks.
GADB 74B
              Minimum is 1; maximum is 104.
                             Number of weeks
              (MIN: 1) (MAX: 104; warning after 52)
              DK, R
GAD E27A 4B If GAD Q27A 4B <= 52, go to GAD C27A
              Otherwise, show pop-up edit as follows.
              An unusual value has been entered
              Please confirm or return and change the reporting unit.
GAD Q27A 4C INTERVIEWER: Enter the number of months.
GADB 74C
              Minimum is 1; maximum ($ 36).
                             Number of months
              (MIN: 1) (MAX: 36; warning after 24)
              DK, R
GAD E27A 4C If GAD Q27A 4C <= 24, go to GAD C27A 5.
              Otherwise, show pop-up edit as follows.
              An unusual value has been entered.
              Please confirm or return and change the reporting unit.
           ¾Ď∕NTERVIEWER: Enter the number of years.
GADB 74D
              Minimum is 1; maximum is %current age - (age in GAD Q26A or GAD Q26B)%.
                             Number of years
              | | | |
              (MIN: 1) (MAX: current age - age in GAD_Q26A or GAD_Q26B)
              DK, R
GAD C27A 5 If GAD Q27A = 1, GAD C27A 5 = 1.
              Otherwise, GAD C27A 5 = 2 and go to GAD C29.
```

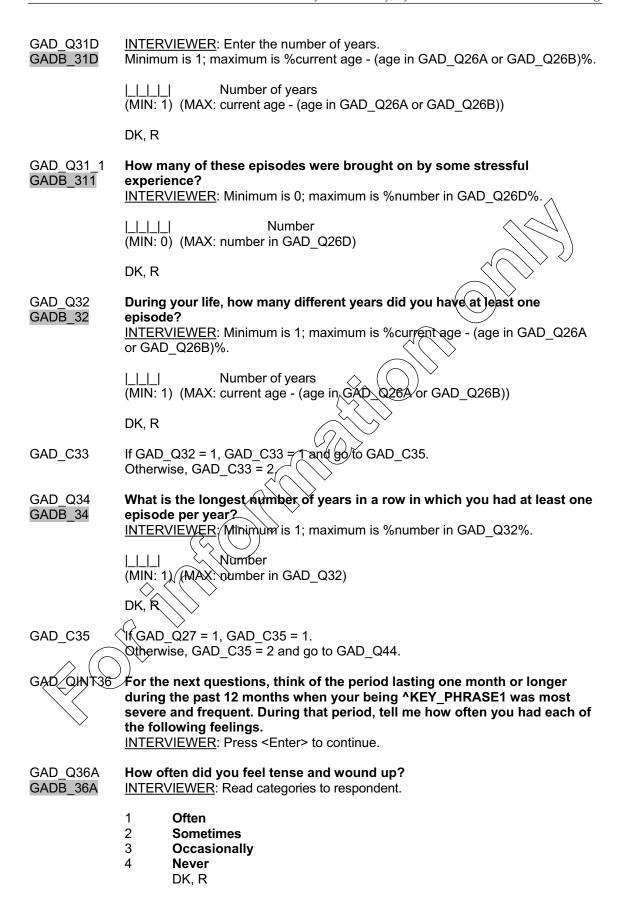
GAD_Q27A_6 GADB 276	nas un	is episode ended or is it still g	only on?
ONDD_210	1 2	Ended Still going on DK, R	
	Go to G	GAD_C29	
GAD_Q27A_7 GADB_277	last (in	terms of days, weeks, months VIEWER: Select the reporting uni	e %number in GAD_Q27A_1% episodes s or years)? it here and enter the number in the next
	1 2 3 4	Days Weeks Months Years DK, R	(Go to GAD_Q27A_7B) (Go to GAD_Q27A_7C) (Go to GAD_Q27A_7D) (Go to GAD_C27A_8)
GAD_Q27A_7A GADB_77A		VIEWER: Enter the number of dam is 1; maximum is 900.	lys.
	_ _ _  (MIN: 1	Number of days ) (MAX: 900; warning after 365	
	DK, R		
GAD_E27A_7A		_Q27A_7A <= 365, go to GAD dise, show pop-up edit as follows.	27A_8.
		usual value has been entered. confirm or return and change	the reporting unit.
GAD_Q27A_7B GADB_77B	Minimu	VIEWER Enter the number of wm is 1; maximum is 104.  Number of weeks  (MAX: 104; warning after 52)	eeks.
	DK, R		
GAD_E27A(7B	If GAD_ Otherw	_Q27A_7B <= 52, go to GAD_C2 ise, show pop-up edit as follows.	?7A_8.
		usual value has been entered. confirm or return and change	the reporting unit.
GAD_Q27A_7C GADB_77C		VIEWER: Enter the number of mm is 1; maximum is 36.	nonths.
	_ _  (MIN: 1	Number of months ) (MAX: 36; warning after 24)	
	DK, R		

```
GAD E27A 7C If GAD Q27A 7C <= 24, go to GAD C27A 8.
              Otherwise, show pop-up edit as follows.
              An unusual value has been entered.
              Please confirm or return and change the reporting unit.
GAD Q27A 7D INTERVIEWER: Enter the number of years.
              Minimum is 1; maximum is %current age - (age in GAD Q26A or GAD Q26B)%.
GADB 77D
                            Number of years
              (MIN: 1) (MAX: current age - (age in GAD Q26A or GAD Q26B))
              DK, R
GAD C27A 8 If GAD Q27A = 1, GAD C27A 8 = 1.
              Otherwise, GAD_C27A_8 = 2 and go to GAD_Q27B.
GAD_Q27A_9 (Of the %number in GAD_Q27A_1% episodes you had in the past 12
GADB 279
              months,) has the most recent episode ended or is it still going on?
                     Ended
              2
                     Still going on
                     DK, R
              In the past 12 months, how many months did you have such an episode?
GAD Q27B
GADB 27B
                            Number of months
              (MIN: 1) (MAX: 12)
              DK, R
              Go to GAD C29
              How old were you the last time you had one of these episodes?
GAD Q27C
GADB 27C
              INTERVIEWER: Minimum is 0; maximum is %current age%.
               Age in years
              (MIN: 0) (MAX: current age)
              DK, R
If GAD Q26D = 1 and GAD_Q27 = No, DK, R, then GAD_C29 = 1.
              If GAD_Q26D = 1 and GAD_Q27 = 1, GAD_C29 = 2 and go to GAD_C35.
              Otherwise, GAD_C29 = 3 and go to GAD_Q31.
GAD Q30
              How long did that episode last?
GADB 30
              INTERVIEWER: Select the reporting unit here and enter the number in the next
              screen.
              If the episode is still going on, ask "How long has it lasted so far?"
              1
                     Days
              2
                     Weeks
                                                  (Go to GAD Q30B)
                     Months
                                                  (Go to GAD Q30C)
              3
              4
                                                  (Go to GAD Q30D)
                     Years
                     DK, R
                                                  (Go to GAD C35)
```

GAD_Q30A GADB_30A	INTERVIEWER: Enter the number of days. Minimum is 180; maximum is 900.
	_ _  Number of days (MIN: 180) (MAX: 900; warning after 365)
	DK, R
GAD_E30A	If GAD_Q30A <= 365, go to GAD_C35. Otherwise, show pop-up edit as follows.
	An unusual value has been entered. Please confirm or return and change the reporting unit.
GAD_Q30B GADB_30B	INTERVIEWER: Enter the number of weeks. Minimum is 26; maximum is 104.
	_ _  Number of weeks (MIN:26) (MAX: 104; warning after 52)
	DK, R
GAD_E30B	If GAD_Q30B <= 52, go to GAD_C35. Otherwise, show pop-up edit as follows.
	An unusual value has been entered Please confirm or return and change the reporting unit.
GAD_Q30C GADB_30C	INTERVIEWER: Enter the number of months.  Minimum is 6; maximum is 36.
	_ _  Number of months (MIN: 6) (MAX: 36; warning after 24)
	DK, R
GAD_E30C	If GAD_Q300 = 24, go to GAD_C35. Otherwise, show pop-up edit as follows.
· (	An unusual value has been entered. Please confirm or return and change the reporting unit.
GAD Q30D GADB 30D	) / <u>NTERVIEWER</u> : Enter the number of years. Minimum is 1; maximum is %current age - (age in GAD_Q26A or GAD_Q26B)%.
$\searrow$	_ _  Number of years (MIN: 1) (MAX: current age - age in GAD_Q26A or GAD_Q26B)
	DK, R
	Go to GAD C35

GAD_Q31 GADB_31	How long was the longest episode you ever had? <a href="INTERVIEWER">INTERVIEWER</a> : Select the reporting unit here and enter the number in the next screen.		
	1 Days 2 Weeks 3 Months 4 Years DK, R	(Go to GAD_Q31B) (Go to GAD_Q31C) (Go to GAD_Q31D) (Go to GAD_Q31_1)	
GAD_Q31A GADB_31A	INTERVIEWER: Enter the number of da Minimum is 180; maximum is 900.	ays.	
	_ _  Number of days (MIN: 180) (MAX: 900; warning after 3	65)	
	DK, R		
GAD_E31A	If GAD_Q31A <= 365, go to GAD_Q31_ Otherwise, show pop-up edit as follows.		
	An unusual value has been entered. Please confirm or return and change	ythe reporting unit.	
GAD_Q31B GADB_31B	INTERVIEWER: Enter the number of w Minimum is 26; maximum is 104.	rèeks.	
	_ _  Number of weeks (MIN: 26) (MAX: 104; warning after 52	<i>&gt;</i> )	
	DK, R		
GAD_E31B	If GAD_Q31B <= 52, go to GAD_Q31_1 Otherwise, show pop-up edit as follows.		
	An unusual value has been entered. Please confirm or return and change	e the reporting unit.	
GAD_Q31C GADB_31C	Minimum is 6; maximum is 36.	nonths.	
	Number of months (MIN: 6) (MAX: 36; warning after 24)		
	DK, R		
GAD_E31C	If GAD_Q31C <= 24, go to GAD_Q31_ Otherwise, show pop-up edit as follows.		
	An unusual value has been entered.		

Please confirm or return and change the reporting unit.



#### GAD Q36B How often did you get a sort of frightened feeling like butterflies in the GADB 36B stomach? INTERVIEWER: Read categories to respondent. 1 Often 2 **Sometimes** 3 Occasionally 4 Never DK, R GAD Q36C How often did you feel restless, as if you had to be on the move? GADB 36C 1 Often 2 Sometimes 3 Occasionally 4 Never DK, R GAD Q36D How often did you get sudden feelings of panic? GADB\_36D Often 1 2 Sometimes 3 Occasionally Never 4 DK, R How often did you have worrying thoughts go through your mind? GAD Q36E GADB 36E 1 Often 2 Sometimes Occasionally. 3 4 Never DK, R GAD Q36F (During that period,) how often could you sit at ease and feel relaxed? INTERVIEWER. Read categories to respondent. GADB 36F Often Sometimes Occasionally Never DK, R GAD Q36G How often did you get a frightened feeling, as if something awful was about GADB 36G to happen? 1 Often Sometimes 2 3 Occasionally (Go to GAD QINT38) 4 Never DK, R (Go to GAD QINT38)

### GAD\_Q37

GADB 37

### Did this frightened feeling worry you:

INTERVIEWER: Read categories to respondent.

- 1 Seriously
- 2 Not seriously
- 3 **Not at all** DK, R

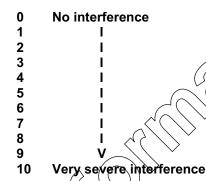
### GAD\_QINT38 (Please refer to page 1 of the booklet.)

Think about the period of time <u>lasting one month or longer</u> when your feelings of being ^KEY\_PHRASE1 were most severe in the <u>past 12 months</u>. Please tell me what number best describes how much these feelings interfered with each of the following activities. For each activity, please answer with a number between 0 and 10; 0 means "<u>no</u> interference" while 10 means "<u>very severe</u> interference".

INTERVIEWER: Press <Enter> to continue.

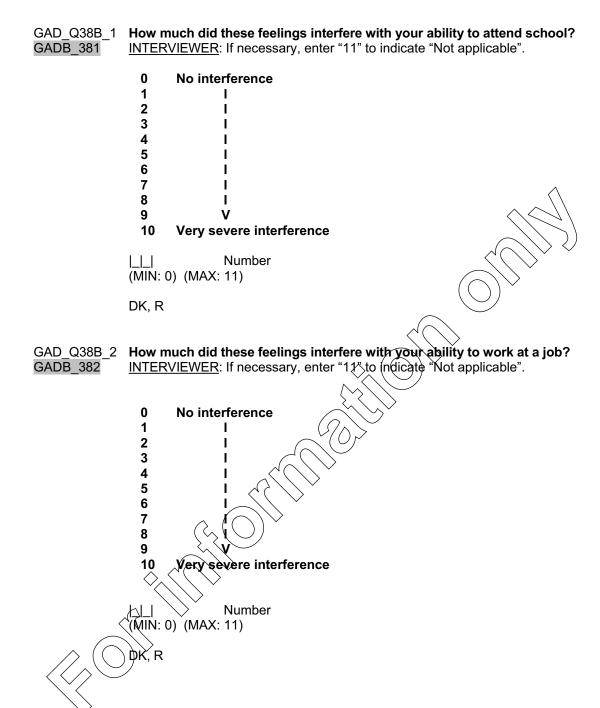
## GAD\_Q38A GADB\_38A

How much did your feelings of being ^KEY\_PHRASE1 interfere with your home responsibilities, like cleaning, shopping, and taking care of the house or apartment?

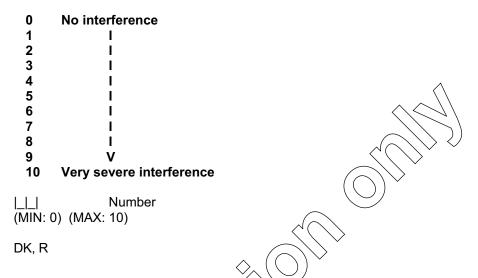


|\_|\_| Number (MIN: 0) (MAX: 10)

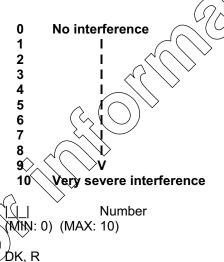
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GAD\_Q38C GADB 38C Again thinking about the period of time that lasted <u>one month or longer</u> when your feelings of being **^KEY\_PHRASE1** were most severe, how much did these feelings interfere with your ability to form and maintain <u>close</u> relationships with other people? (Remember that 0 means "<u>no</u> interference" and 10 means "<u>very severe</u> interference").



GAD\_Q38D GADB 38D How much did these feelings interfere with your social life?



CAD C30

If (GAD\_Q38A, GAD\_Q38B\_1, GAD\_Q38B\_2, GAD\_Q38C and GAD\_Q38D) = 0 (no interference) or 11 (not applicable) or DK or R, GAD\_C39 = 1 and go to GAD\_Q44.

Otherwise, GAD\_C39 = 2.

GAD_Q40 GADB_40	In the past 12 months, about how many days out of 365 were you totally unable to work or carry out your normal activities because of your feeling of being ^KEY_PHRASE1? (You may use any number between 0 and 365 answer.)			
	_ _  (MIN: 0)	Number of days ) (MAX: 365)	i	
	DK, R			
GAD_Q44 GADB_44	or other other pr counse	r professional about yo rofessional, we mean p	or talk on the telephone, to a medical doctor our feelings of being ^KEY_PHRASE1? (By esychologists, psychiatrists, social workers, a, homeopaths, acupuncturists, self-help sionals.)	
	2	Yes No DK, R	(Go to GAD_Q59_1) (Go to GAD_Q59_1)	
GAD_Q44A GADB_44A	being ^	KEY_PHRASE1?	you saw, or talked to a professional about naximum is %current age%.	
	_ _  (MIN: 1)	Age in years ) (MAX: current age)		
	DK, R			
GAD_Q56 GADB_56		ever get treatment for ensidered <u>helpful</u> or <u>effe</u>	your feelings of being ^KEY_PHRASE1 that ctive?	t
	1 2	Yes No DK, R	(Go to GAD_Q56C) (Go to GAD_Q56C)	
GAD_Q56A GADB_56A	of being	KEY_PHRASE1?	e you got helpful treatment for your feelings naximum is %current age%.	<b>;</b>
	(MIN: 1)	Age in years ) (MAX: current age)		
	DK, R			
GAD_Q56B GADB_56B			me you got helpful treatment, how many talk to about being ^KEY_PHRASE1?	
	_ _  (MIN: 1)	Number of professionals (MAX: 95; warning after		
	DK, R			

GAD_Q56C GADB_56C	In total, how many professionals did you <u>ever</u> see, or talk to about your feelings of being <b>^KEY_PHRASE1?</b>		
	_ _  Number of professionals (MIN: 1) (MAX: 95; warning after 12)		
	DK, R		
GAD_Q58 GADB_58	During the past 12 months, did you receive professional treatment for being ^KEY_PHRASE1?		
	1 Yes 2 No DK, R		
GAD_Q59 GADB 59	Were you ever hospitalized overnight for being ^KEY_PHRASE1?		
GADB_39	1 Yes 2 No (Go to GAD_Q59_1) DK, R (Go to GAD_Q59_1)		
GAD_Q59A GADB_59A	How old were you the <u>first time</u> you were hospitalized overnight (because of being ^KEY_PHRASE1)?  INTERVIEWER: Minimum is 1; maximum is %current age%.		
	Age in years (MIN: 1) (MAX: current age)		
	DK, R		
GAD_Q59_1 GADB_591	How many of your close relatives – including your biological parents, brothers and sisters, and children – were very nervous or anxious people?  INTERVIEWER: Minimum is 0; maximum is 95.    Number of relatives (MIN: 0) (MAX: 95)  DK, R		
GAD_ND <	INTERVIEWER: This is the end of the module. Press <1> to continue.		
GAD_END	Go to next module.		

# POST TRAUMATIC STRESS DISORDER

(See Appendix 1 for reference card.)

PTS QINT1

In this next part of the interview, we ask about how people react to very stressful events that might have happened <u>anytime</u> during their life. Some questions might be a little more sensitive than others. Please take a few minutes to read the events on the reference card. This card is provided to help you keep track of these events and you may take it with you at the end of the interview.

INTERVIEWER: Press <Enter> to continue.

PTS\_Q001 PTSB 01 During your lifetime, have any of these events ever happened to you?

I Yes

2 No DK, R (Go to PTS\_ND) (Go to PTS\_ND)

PTS\_Q002 PTSB\_02 Looking at your reference card, how many different events have you ever experienced during your life? If the same event happened more than once, only count it once.

|\_|\_| Number of events (MIN: 1) (MAX: 28)

DK, R

PTS\_C3

If PTS\_Q002 <> 1, go to PTS\_Q004

## PTS\_Q003 PTSB\_03

# Looking at your reference card, please tell me the Event ID number that corresponds to this event.

INTERVIEWER: If the respondent wants to keep the event confidential, code "28".

(Go to PTS_C5)

# PTS\_Q004 Looking at your reference card, please tell me the Event ID numbers that correspond to these events.

**INTERVIEWER**: Mark all that apply.

If the respondent wants to keep the event confidential, code "28".

DTOD 044	4	0.4	
PTSB_04A	1	01	
PTSB_04B	2	02	
PTSB_04C	3	03	
PTSB_04D	4	04	
PTSB_04E	5	05	
PTSB_04F	6	06	$\wedge$
PTSB_04G	7	07	
PTSB_04H	8	08	
PTSB_04I	9	09	
PTSB_04J	10	10	
PTSB_04K	11	11	\(\sqrt{\sq}\sqrt{\sq}}\sqrt{\sq}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}
PTSB_04L	12	12	
PTSB_04M	13	13	
PTSB_04N	14	14	
PTSB_04O	15	15	
PTSB_04P	16	16	$\langle \langle \langle \rangle \rangle$
PTSB_04Q	17	17	· · · · · · · · · · · · · · · · · · ·
PTSB_04R	18	18	$\Diamond$ (( $)$ ) $\lor$
PTSB_04S	19	19	
PTSB 04T	20	20	
PTSB 04U	21	21	
PTSB 04V	22	22	
PTSB_04W	23	23	$\sim$ $(0)$
PTSB 04Y	24	24	
PTSB 04Y	25	25	\(\)\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\
PTSB_04Z	26	26	
PTSB_040	27	27	
PTSB_041	28	28 /	
		DK(R)	(Go to PTS_ND)
		$\sim$	/

PTS\_C5 If PTS\_Q002 = 1 use the phrase "this traumatic event" in %this traumatic event/any of these traumatic events%.

Otherwise, use the phrase "any of these traumatic events" in %this traumatic event/any of these traumatic events%.

PTS\_QINT5

After experiences like these, people sometimes have problems like upsetting memories or dreams, feeling emotionally distant or depressed, trouble sleeping or concentrating or feeling jumpy or easily startled.

<u>INTERVIEWER</u>: Press <Enter> to continue.

PTS\_Q005 PTSB 05 Did you <u>ever</u> experience any of these reactions after %this traumatic event/any of these traumatic events%?

- 1 Yes
- 2 No (Go to PTS\_ND) DK, R (Go to PTS\_ND)

PTS_Q006 PTSB_06	Did you have reactions like this at least once a week for one month or longer?		
	1 2	Yes No DK, R	o to PTS_ND) o to PTS_ND)
PTS_C7		_Q2 = 0, go to PTS_C64. vise go to PTS_Q007.	
PTS_Q007 PTSB_07		any of these reactions related ment?	to an event that occurred during a
	1 2	Yes No DK, R	
PTS_C64		_Q002 = 1, PTS_C64 = 1 and go vise, PTS_C64 = 2.	to PTS_Q064B.
PTS_Q064 PTSB_F4	about numbe	the <u>one</u> that caused you the me er that corresponds to this eve	e events that happened to you, think ost reactions. Please tell me the ID nt.
	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	01 02 03 04 05 06 07 08 09 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 DK R	(Go to PTS_Q064B)

### PTS\_Q064A PTSB\_F4A

Looking at your reference card, of the events that happened to you, which traumatic event happened most recently? Please tell me the ID number that corresponds to this event.

INTERVIEWER: If the respondent wants to keep the event confidential, code "28".

```
1
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        02
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28
                                         (Go to PTS_ND)
```

PTS\_Q064B PTSB\_F4B Did this traumatic event happen more than once?

1 Yes 2 No (Go to PTS\_C64D)
DK, R (Go to PTS\_C64D)

PTS Q064C

In total, how many times did this event happen during your life?

<u>INTERVIEWER</u>: Minimum is 2; maximum is 100.

If the respondent answers more than 100 times, enter "100".

If the event happened repeatedly over a period of time, code "995".

|\_|\_| Number of times (MIN: 2) (MAX: 100, 995) DK, R

PTS C64D

If PTS\_Q064B = 1, use the phrase "this first" in %this first/this%. Otherwise, use the phrase "this" in %this first/this%.

PTS Q064D How old were you when %this first/this% happened? PTSB F4D INTERVIEWER: Minimum is 1; maximum is %current age%. Age in years (MIN: 1) (MAX: current age) DK, R PTS C64E If PTS Q064B = 2, PTS C64E=1 and go to PTS C64F. Otherwise, PTS C64E=2. PTS Q064E How old were you when this event stopped happening? PTSB F4E INTERVIEWER: Minimum is %age in PTS Q064D%; maximum is %current age %. Age in years IIII(MIN: age in PTS\_Q064D) (MAX: current age) DK, R PTS\_C64F If PTS\_Q064B = 1, PTS\_C64F = 1. Otherwise, PTS C64F = 2, go to PTS QINT65As Of all the times this event happened, which time caused you the most PTS Q064F reactions? Was it the first occurrence, the second or a later occurrence? PTSB F4F Please give me the number of the time which caused you the most reactions. INTERVIEWER: Minimum is 1; maximum is %number in PTS\_Q064C%. If the event happened repeatedly over a period of time, code "995". Number (MIN: 1) (MAX: number (n) (PTS) Q064C, 995) DK. R Go to PTS (QINT65B PTS QINT65A For the following questions, that event that caused you the most reactions will be referred as your worst event. INTÉRWEWER: Press < Enter > to continue. Go to PTS C65. PTS QINT65B For the following questions, that time that caused you the most reactions will be referred to as your worst event. INTERVIEWER: Press < Enter > to continue. PTS C65 If (PTS Q002 = 1 or PTS Q007 = 2), go to PTS C67. Otherwise, go to PTS Q065. **PTS Q065** Did your worst event occur during a deployment? PTSB F5 Yes 2 No DK. R

### PTS C67

If PTS Q064C = 995 use the phrase "During the period of time when your worst event was happening, did you ever feel terrified or very frightened?" in %During the period of time when your worst event was happening, did you ever feel terrified or very frightened?/Were you terrified or very frightened at the time of your worst event%?

Otherwise, use the phrase "Were you terrified or very frightened at the time of your worst event?" in %During the period of time when your worst event was happening, did vou ever feel terrified or very frightened?/Were vou terrified or very frightened at the time of your worst event%?

### PTS Q067 PTSB F7

%During the period of time when your worst event was happening, did you ever feel terrified or very frightened?/Were you terrified or very frightened at the time of your worst event%?

(Go to PTS\_C68)

(Go to PTS C68)

- Yes 1
- 2 No DK, R

## PTS Q067A PTSB F7A

Did you feel helpless (at the time of your worst event)?

- 1 Yes 2 No
- DK, R

### PTS Q067B PTSB F7B

Did you feel shocked or horrified (at the time of your worst event)?

- Yes 1 2 No
- DK, R

## PTS Q067C

Did you feel numb (at the time of your worst event)?

PTSB F7C

- 2 No ØK,
- PTS C68

Select the first "Yes" in PTS Q068 through PTS Q074 and create ^REACTION1 using the respective KEY PHRASE REACTION L.

### PTS Q068 PTSB/F8

In the weeks, months or years after your worst event, did you try not to think about what happened?

- 1 Yes (KEY PHRASE REACTION L = trying not to think about this event)
- 2 No DK, R

### PTS Q069 PTSB F9

Did you purposely stay away from places, people or activities that reminded you of your worst event?

- 1 Yes (KEY PHRASE REACTION L = staying away from reminders of this event)
- 2 Nο DK, R

### PTS Q070 Were you ever unable to remember some important parts of what PTSB G0 happened? INTERVIEWER: If the respondent was unable to remember because %he/she% was unconscious, knocked out or had a head injury, code "No". 1 Yes (KEY PHRASE REACTION L = being unable to remember part(s) of this event) 2 No DK. R PTS Q071 Did you lose interest in doing things you used to enjoy? PTSB G1 1 Yes (KEY PHRASE REACTION L = losing interest in things used to enjoy) 2 No DK, R PTS Q072 Did you feel emotionally distant or cut off from other people? PTSB G2 1 Yes (KEY\_PHRASE\_REACTION\_L = feeling distant from other people) 2 No DK, R Did you have trouble feeling normal feelings like love, happiness or warmth PTS Q073 PTSB G3 toward other people? (KEY PHRASE REACTION\_L = having trouble feeling normal 1 Yes feelings) 2 No DK, R PTS Q074 Did you feel you had no reason to plan for the future because you thought it would be cut short? PTSB G4 (KEY PHRASE REACTION L = feeling you had no reason to plan for the future) 2 PTS\_C75 Nowunt of responses of "Yes" = 0 in PTS Q068 through PTS Q074, PTS C75 = 1, go to PTS ND. Otherwise, PTS C75 = 2. PTS C86 Select the first "Yes" in PTS Q086 through PTS Q090 and create ^REACTION2 using the respective KEY PHRASE REACTION L. **PTS Q086** Did you ever have repeated unwanted memories of your worst event, that PTSB H6 is, you kept remembering it even when you didn't want to? (KEY PHRASE REACTION L = having unwanted memories) Yes 1 2 No DK. R

### **PTS Q087** Did you ever have repeated unpleasant dreams about your worst event? PTSB H7 1 Yes (KEY\_PHRASE\_REACTION\_L = having unpleasant dreams) 2 No DK, R PTS Q088 Did you have flashbacks, that is, suddenly act or feel as if your worst event PTSB H8 was happening all over again? Yes (KEY PHRASE REACTION L = having flashbacks) 1 2 No DK, R PTS Q089 Did you get very upset when you were reminded of your worst event PTSB H9 1 (KEY PHRASE REACTION\_L = getting\_really upset when Yes reminded of this event) 2 No DK, R PTS Q090 When you were reminded of your worst event, did you ever have physical PTSB I0 reactions like sweating, your heart racing or feeling shaky? (KEY\_PHRASE\_REACTION\_L = having physical reactions) Yes 1 2 Nο DK, R If count of responses of "Yes" (0 in PTS\_Q086 through PTS\_Q090, PTS C91 PTS C91 = 1, and go to PTS NDOtherwise, PTS C91, ≠ 2. Select the first "Yes" in PTS\_Q102 through PTS\_Q106 and create ^REACTION3 PTS C102 using the respective KEY PHRASE REACTION L. PTS Q102 During the time your worst event affected you most, did you have trouble falling or staying asleep? PTSB J2 Yes (KEY PHRASE REACTION L = having sleep problems) No DK, R PT.8 . Q10: Were you more <u>irritable</u> or short-tempered than you usually are? PTSB 1 Yes (KEY PHRASE REACTION = being irritable) 2 No DK, R PTS Q104 Did you have more trouble concentrating or keeping your mind on what PTSB J4 you were doing? Yes (KEY PHRASE REACTION L = having trouble concentrating) 1 2 No DK, R

```
PTS Q105
              Were you much more alert or watchful, even when there was no real need
PTSB J5
              to be?
              1
                      Yes
                             (KEY_PHRASE_REACTION_L = being more alert or watchful)
              2
                      No
                      DK, R
PTS Q106
              Were you more jumpy or easily startled by ordinary noises?
PTSB J6
                      Yes
                             (KEY PHRASE REACTION L = being jumpy or easily startled)
              2
                      No
                      DK, R
              If count of responses of "Yes" = 0 in PTS Q102 through PTS Q106
PTS C107
              1. go to PTS ND.
              Otherwise, PTS_C107 = 2.
PTS C110
              Create <Ctrl+L> pane:
              INTERVIEWER: Press <Enter> to continue.
              You have reported the following lifetime reactions to your worst event:
              Insert KEY_PHRASE_REACTION_L of all "Yes" in PTS_Q068 through
              PTS Q106.
PTS_QINT110 During your life, you mentioned having reactions to your worst event such as
              ^REACTION1, ^REACTION2 and ^REACTION3.
              INTERVIEWER: Press < Enter > to continue.
              How soon after your worst event did you start having any of these
PTS Q110A
PTSB KA1
              reactions?
              INTERVIEWER: Select the reporting unit here and enter the number in the next
              screen.
              If the respondent answers "immediately" or "same day", enter "0" days.
                      Days
              2
                      .Weeks∕
                                                   (Go to PTS Q110A 3)
                      (Months
              3
                                                   (Go to PTS_Q110A_4)
                                                   (Go to PTS_Q110A_5)
                      Years
                      DK, R
                                                   (Go to PTS Q110B)
PTS Q110A 2 INTERVIEWER: Enter the number of days.
              Minimum is %MIN PTS C2%; maximum is 901.
PTSB/ KA2
                             Number of days
              (MIN: %MIN PTS C2%) (MAX: 901; warning after 365)
              DK, R
                             (Go to PTS_Q110B)
PTS E110A 2 If PTS Q110A 2 <= 365, go to PTS Q110B.
              Otherwise, show pop-up edit as follows.
              An unusual value has been entered.
              Please confirm or return and change the reporting unit.
```

```
PTS Q110A 3 INTERVIEWER: Enter the number of weeks.
PTSB KA3
              Minimum is 1; maximum is 104
                             Number of weeks
              (MIN: 1) (MAX: 104; warning after 52)
              DK, R
                                                   (Go to PTS Q110B)
PTS E110A 3 If PTS Q110A 3 <= 52, go to PTS Q110B.
              Otherwise, show pop-up edit as follows.
              An unusual value has been entered.
              Please confirm or return and change the reporting unit.
PTS Q110A 4 INTERVIEWER: Enter the number of months.
PTSB KA4
              Minimum is 1; maximum is 36.
                             Number of months
              (MIN: 1) (MAX: 36; warning after 24)
              DK, R
                                                   (Go to KTS
                                                              Q130B)
PTS E110A 4 If PTS Q110A 4 <=24, go to PTS Q110B.
              Otherwise, show pop-up edit as follows.
              An unusual value has been entered
              Please confirm or return and change the reporting unit.
PTS Q110A 5 INTERVIEWER: Enter the number of years.
              Minimum is 1; maximum is %current age - (age in PTS Q064D)%.
PTSB KA5
                             Number of years
              (MIN: 1) (MAX: current age - (age in PTS_Q064D))
              DK, R
              How long did you continue to have any of these reactions?
PTS Q110B
PTSB KB1
              INTÉRWEWER: Select the reporting unit here and enter the number in the next
              screen.
              If the respondent answers "still going on", select 'days' as reporting unit and enter
                      Days
                      Weeks
                                                   (Go to PTS_Q110B_3)
              3
                      Months
                                                   (Go to PTS_Q110B_4)
                                                   (Go to PTS Q110B 5)
                      Years
                      DK, R
                                                   (Go to PTS C111)
PTS_Q110B_2 INTERVIEWER: Enter the number of days.
PTSB KB2
              Minimum is %MIN PTS C2%; maximum is 901.
                             Number of days
              (MIN: %MIN PTS C2%) (MAX: 901; warning after 365)
              DK, R
                                                   (Go to PTS C111)
```

```
PTS E110B 2 If PTS Q110B 2 <= 365, go to PTS C111.
              Otherwise, show pop-up edit as follows.
              An unusual value has been entered.
              Please confirm or return and change the reporting unit.
PTS Q110B 3 INTERVIEWER: Enter the number of weeks.
              Minimum is 1; maximum is 104
PTSB KB3
                             Number of weeks
              (MIN: 1) (MAX: 104; warning after 52)
              DK, R
                                                   (Go to PTS C111)
PTS_E110B_3 If PTS_E110B_3 <= 52, go to PTS_C111.
              Otherwise, show pop-up edit as follows.
              An unusual value has been entered.
              Please confirm or return and change the reporting unit
PTS Q110B 4 INTERVIEWER: Enter the number of months.
PTSB KB4
              Minimum is 1; maximum is 36.
                             Number of months
              (MIN: 1) (MAX: 36; warning after 24)
                                                    Go to PTS C111)
              DK, R
PTS_E110B_4 If PTS_Q110B_4 <= 24, go to PTS
              Otherwise, show pop-up edit as follows.
              An unusual value has been entered.
              Please confirm or return and change the reporting unit.
PTS Q110B 5 INTERVIEWER: Enter the number of years.
PTSB KB5
              Minimum is 1; maximum is %current age - (age in PTS Q064D)%.
                             Number of years
               (MIN: ↑) (MAX: current age - (age in PTS Q064D))
               DK>R
              If PTS Q110B = DK or PTS Q110B 2 = DK, R or PTS Q110B 3 = DK, R or
              PTS Q110B 4 = DK, R or PTS Q110B 5 = DK, R or (PTS Q110B = 1 and
              PTS Q110B 2 = 901), PTS C111 = 1 and go to PTS Q111.
              Otherwise, PTS_C111 = 2 and go to PTS_C113.
PTS Q111
              Did any of these reactions to your worst event last at least one month?
PTSB L1
                      Yes
                                                   (Go to PTS QINT113)
              2
                                                   (Go to PTS ND)
                      No
                      DK. R
                                                   (Go to PTS ND)
```

PTS C113 If (PTS Q110B = 1 and PTS Q110B 2 <= 25) or (PTS Q110B = 2 and PTS Q110B 3 <= 4) or PTS Q110B = R, PTS C113 = 1 and go to PTS ND. Otherwise,  $PTS_C113 = 2$ .

PTS QINT113 Think of the time when these reactions were most frequent and intense.

INTERVIEWER: If the respondent does not remember the lifetime reactions, press <Ctrl+L> to show the list of reactions.

PTS Q113 How often did these reactions occur?

PTSB L3 INTERVIEWER: Read categories to respondent.

- Less than once a month (Go to PTS ND
- 2 One to two times a month
- 3 Three to five times a month
- 4 Six to ten times a month
- 5 More than ten times a month DK, R

#### PTS Q114 How much distress did these reactions cause you? PTSB L4

INTERVIEWER: Read categories to respondent.

If the respondent does not remember lifetime reactions, press <Ctrl+L> to show the list of reactions.

- 1 None
- 2 Mild
- **Moderate** 3
- 4 Severe
- 5 Very severe DK, R

PTS Q115

PTSB L5

How much did these reactions disrupt or interfere with your normal life? INTERVIEWER: Read categories to respondent.

If the respondent poes not remember the lifetime reactions, press <Ctrl+L> to show the list of reactions.

- Not at all A\Little
- 3 Some
- A)lot
  - Extremely DK, R

/f ((PTS\_Q114 = 1 or 2 ) and (PTS\_Q115 = 1 or 2)), PTS\_C116 = 1, go to PTS ND.

Otherwise, PTS C116 = 2, go to PTS QINT260.

PTS\_QINT260 The next question deals with any reactions you may have had in the past 12 months. These reactions could have been associated with one or more of the traumatic events that ever happened to you during your life.

INTERVIEWER: Press < Enter > to continue.

# PTS\_Q260 PTSB\_Z0

During the <u>past 12 months</u>, did you have any reactions like having upsetting memories or dreams, feeling emotionally distant or depressed, having trouble sleeping or concentrating, or feeling jumpy or easily startled?

1 Yes

2 No DK, R (Go to PTS\_Q282) (Go to PTS\_Q282)

PTS C261

If PTS Q002 = 1, use the phrase:

"this traumatic event" in %this traumatic event /these traumatic events%:
"was" in %was/were%.

"it" in %it/them%.

Otherwise, use the phrase:

"these traumatic events" in %this traumatic event /these traumatic events%. "were" in %was/were%.

"them" in %it/them%.

#### PTS\_Q261A PTSB\_Z1A

### During the past 12 months, did you try not to think about what happened?

1 Yes (KEY PHRASE REACTION Tetrying not to think about it)

2 No DK, R

#### PTS\_Q261B PTSB Z1B

(During the past 12 months,) did you purposely stay away from places, people or activities that reminded you of %this traumatic event/these traumatic events%?

- 1 Yes (KEY PHRASE\_REACTION\_T = staying away from reminders
- 2 No( \( \sigma \) DK,\( \R \)

#### PTS\_Q261C PTSB Z1C

(During the past 12 months,) were you unable to remember some important parts of what happened?

MTERWEWER: If the respondent was unable to remember because %he/she% was unconscious, knocked out or had a head injury, code "No".

Yes (KEY\_PHRASE\_REACTION\_T = being unable to remember part of it)

2 No DK, R

#### PTS\_Q261D PTSB Z1D

(During the past 12 months,) did you lose interest in doing things you used to enjoy?

- 1 Yes (KEY\_PHRASE\_REACTION\_T = loosing interest in things you used to enjoy)
- 2 No DK, R

#### PTS Q261E (During the past 12 months,) did you feel emotionally distant or cut off from PTSB Z1E other people? 1 Yes (KEY\_PHRASE\_REACTION\_T = feeling distant from other people) 2 No DK, R PTS Q261F During the past 12 months, did you have trouble feeling normal feelings PTSB Z1F like love, happiness or warmth toward other people? Yes (KEY PHRASE REACTION T = having trouble feeling normal feelings) 2 No DK. R PTS Q261G (During the past 12 months,) did you feel you had no reason to plan for the PTSB Z1G future because you thought it would be cut short? Yes (KEY\_PHRASE\_REACTION\_T = feeling you had no reason to plan for the future) 2 No DK, R (During the past 12 months,) did you have repeated unwanted memories of PTS Q261H PTSB Z1H %this traumatic event/ these traumatic events% that is, you kept remembering %it/them% even when you didn't want to? (KEY PHRASE REACTION T = having unwanted memories) 1 Yes 2 No DK, R (During the past 12 months,) did you ever have repeated unpleasant PTS Q261I dreams about %this traumatic event/these traumatic events%? PTSB Z1I **KEY PHRASE REACTION T = having unpleasant dreams)** 1 2 No ΦK, PTS Q261J (During the past 12 months,) did you have flashbacks, that is, suddenly act PTSB Z1J ั่or feel as if %this traumatic event/these traumatic events% %was/were% happening all over again? Yes (KEY PHRASE REACTION T = having flashbacks) 2 No DK, R PTS Q261K (During the past 12 months,) did you get very upset when you were reminded of %this traumatic event/these traumatic events%? PTSB Z1K 1 Yes (KEY PHRASE REACTION T = getting really upset when reminded of it) 2 No DK. R

#### PTS Q261L During the past 12 months, when you were reminded of %this traumatic PTSB Z1L event/these traumatic events%, did you have physical reactions like sweating, your heart racing or feeling shaky? 1 (KEY PHRASE REACTION T = having physical reactions) Yes 2 No DK, R PTS Q261M (During the past 12 months,) did you have trouble falling or staying asleep? PTSB Z1M (KEY PHRASE REACTION T = having sleep problems.) Yes 2 No DK, R (During the past 12 months,) were you more irritable or short-tempered PTS Q261N PTSB Z1N than you usually are? (KEY PHRASE REACTION T = being (rritable) Yes 2 No DK, R PTS Q2610 (During the past 12 months,) did you have more trouble concentrating or PTSB Z10 keeping your mind on what you were doing? (KEY PHRASE REACTION T = having trouble concentrating) Yes 1 2 Nο DK. R (During the past 12 months,) were you much more alert or watchful, even PTS Q261P PTSB Z1P when there was no real heed to be? 1 Yes PHRASE\_REACTION\_T = being more alert or watchful) 2 No DK( R PTS Q261Q (During the past 12 months,) were you more jumpy or easily startled by PTSB Z1Q ordinary noises? Yes (KEY PHRASE REACTION T = being jumpy or easily startled) No DK, R If count of responses of "Yes" < 3 in PTS Q261A through PTS Q261Q, PTS C262 = 1, go to PTS Q282. Otherwise, PTS C262 = 2. PTS Q262 When was the last time you had any of these reactions? PTSB Z2 INTERVIEWER: Read categories to respondent. If the respondent does not remember the reactions, press <Ctrl+T> to show the list of reactions. 1 ... within the past month?

2

3

... 2 to 6 months ago?

DK, R

... more than 6 months ago?

```
PTS Q263
              In the past 12 months, how many weeks altogether did you have any of
PTSB Z3
              these reactions?
              INTERVIEWER: Use any number between 1 and 52.
                             Number of weeks
              (MIN: 1) (MAX: 52)
              DK, R
PTS_C264
              If PTS Q263 <= 3 weeks or PTS Q263 = DK, R, PTS C264 = 1, and go to
              PTS Q282.
              Otherwise, PTS C264 = 2, and go to PTS Q265.
PTS_Q265
              Looking at your reference card, please give me the Event ID numbers of all
              the traumatic events that caused these reactions in the past 12 months.
              INTERVIEWER: Mark all that apply.
              If the respondent does not remember the reactions, press (Ctr) to show the
              list of reactions.
              If the respondent wants to keep the event confidential, code "28"
PTSB Z5A
                      01
              2
PTSB Z5B
                      02
PTSB_Z5C
              3
                      03
PTSB Z5D
              4
                      Z5
PTSB Z5E
              5
                      05
              6
                      06
PTSB Z5F
              7
PTSB Z5G
                      07
PTSB Z5H
              8
                      80
PTSB Z5I
              9
                      09
PTSB Z5J
              10
                      10
PTSB Z5K
              11
                      11
PTSB_Z5L
              12
                      12
PTSB Z5M
              13
                      13
PTSB Z5N
              14
                      14
              15
PTSB Z50
                      15
PTSB Z5P
              16
                      16
PTSB Z5Q
              17<
PTSB Z5R
              18
                      18
PTSB_Z5S
                      19
                      20
PTSB Z5T
PTSB Z5U
                      21
PTSB∕Z5V
                      22
PTSB_Z5W
PTSB_Z5Y
              23
                      23
              24
                      24
PTSB\Z5Y
              25
                      25
                      26
              26
PTSB ZSZ
PTSB Z50
              27
                      27
PTSB_Z51
              28
                      28
                      DK
                      R
                                                          (Go to PTS C268A)
              If PTS Q007 = 2, go to PTS C267.
PTS C266
```

Otherwise go to PTS Q266.

#### PTS Q266 Were any of these past 12 months reactions related to an event that PTSB Z6 occurred during a deployment? Yes No DK, R PTS C267 If count of responses in PTS Q265 = 1, PTS C267 = 1, and go to PTS C268A. Otherwise, PTS\_C267 = 2, and go to PTS\_Q267. PTS Q267 Looking at your reference card, of these traumatic events, was there one PTSB Z7 that caused you the most upsetting reactions during the past 12 months? Yes No (Go to PTS\_C269) DK, R (Go to PTS\_C269) PTS\_Q268 Looking at your reference card, please tell me the Event ID number that PTSB Z8 corresponds to this event. INTERVIEWER: If the respondent wants to keep the event confidential, code "28". 16<

PTS\_C268A If (PTS\_Q007 = 2 OR PTS\_Q266=2, DK, R) go to PTS\_C269. Otherwise go to PTS\_Q268B.

DK, R

#### PTS Q268B Did the event that caused the most upsetting reactions during the past 12 PTSB Z8B months occur during a deployment? 1 Yes 2 No DK, R PTS C269 If count of responses in PTS Q265 = 1 or PTS Q267 = 1, use: the phrase "this traumatic event" in %this traumatic event/these traumatic events%. the phrase "was" in %was/were%. Otherwise, use: the phrase "these traumatic events" in %this traumatic event/these traumatic events%. the phrase "were" in %was/were%. PTS\_QINT269 For the next few questions, think of the 30-day period in the past 12 months when your reactions to %this traumatic event/these traumatic events% were most frequent and intense. INTERVIEWER: Press <Enter> to continue. PTS Q269 During this 30-day period, did you lose interest in doing things you used to PTSB Z9 enjoy? 1 Yes 2 No DK, R PTS Q270 (During this 30-day period), did you feel emotionally distant or cut off from PTSB 70 other people? Yes 2 No ØK, PTS Q271 (During this 30-day period,) did you have trouble feeling normal feelings PTSB 71 like love, happiness or warmth toward other people? Yes No DK, R (During this 30-day period,) did you feel you had no reason to plan for the future because you thought it would be cut short? 1 Yes

2

No DK, R

# PTS\_Q273 During this 30-day period, did you have any trouble falling or staying PTSB\_73 asleep?

- 1 Yes
- 2 No

DK, R

PTS\_Q274 (During this 30-day period,) were you more jumpy or more easily startled by PTSB\_74 ordinary noises?

- 1 Yes
- 2 No

DK, R

#### PTS\_Q275 PTSB 75

(During this 30-day period,) did you purposely stay away from places, people or activities that reminded you of %this traumatic event/these traumatic events%?

- 1 Yes
- 2 No

DK, R

PTS C277

If count of response of "Yes" in PTS\_Q269 through PTS\_Q275 = 0, PTS\_C277 = 1, and go to PTS\_Q282.

Otherwise, PTS\_C277 = 2 and go to PTS\_QINT278.

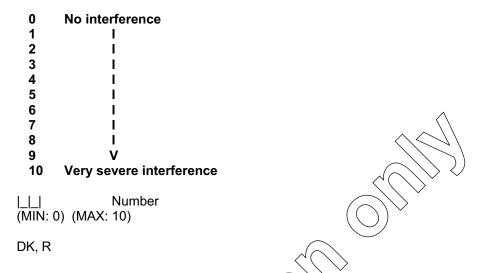
PTS\_QINT278 (Please refer to page 1 of the booklet.)

In the <u>past 12 months</u>, think about the period of time that lasted <u>one month</u> <u>or longer</u> when your reactions to %this traumatic event/these traumatic events% were most severe. Tell me on a scale from 0 to 10 how much these reactions interfered with each of the following activities. For each activity, answer with a number between 0 and 10; 0 means "<u>no</u> interference", while 10 means "very severe interference".

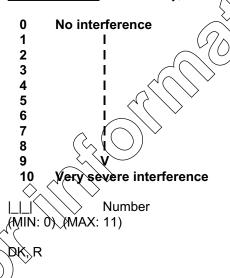
INTERVIEWER: Press < Enter> to continue.

If the respondent does not remember the events, have the respondent look at the reference card

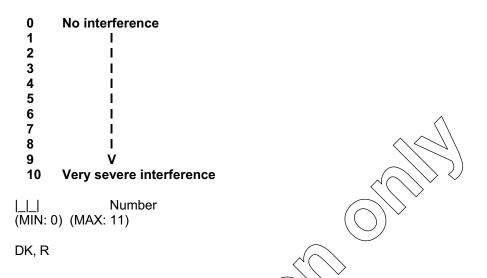
PTS\_Q278A PTSB 78A How much did your reactions interfere with your home responsibilities, like cleaning, shopping and taking care of the house or apartment?



PTS\_Q278B\_1 How much did they interfere with your ability to attend school?
PTSB\_781 INTERVIEWER: If necessary, enter "11" to indicate "Not applicable".



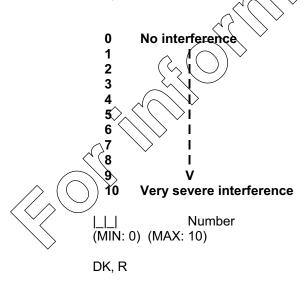
# PTS\_Q278B\_2 How much did they interfere with your ability to work at a job? PTSB 782 INTERVIEWER: If necessary, enter "11" to indicate "Not applicable".



#### PTS\_Q278C PTSB 78C

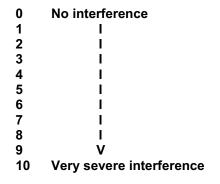
Again think about that period of time lasting one month or longer when your reactions to %this traumatic event/these traumatic events % were most severe, how much did they interfere with your ability to form and maintain close relationships with other people? (Remember that 0 means "no interference" and 10 means "very severe interference".)

INTERVIEWER: If the respondent does not remember the events, ask the respondent to look at the reference card.



#### PTS\_Q278D PTSB 78D

# How much did they interfere with your social life?



|\_|\_| Number (MIN: 0) (MAX: 10)

DK, R

PTS\_C279

If PTS\_Q278A through PTS\_Q278D = 0 (no interference) or = 11 (not applicable) or = DK or = R, PTS\_C279 = 1, and go to PTS\_Q281.

Otherwise, PTS\_C279 = 2, and go to PTS\_Q280.

#### PTS\_Q280 PTSB 80

In the past 12 months, about how many days out of 365 were you totally unable to work or carry out your normal activities because of your reactions to %this traumatic event/these traumatic events%? (You may use any number between 0 and 365 to answer.)

<u>INTERVIEWER</u>: If the respondent does not remember the events, ask the respondent to look at the reference card.

If the respondent does not remember the reactions, press <Ctrl+T> to show the list of reactions.

|\_|\_| | Number of days (MIN: 0) (MAX. 365)

DK\R

PTS\_Q281 PTSB 81 During the past 12 months, did you receive any professional treatment for your reactions to %this traumatic event/these traumatic events%?

NTERVIEWER: If the respondent does not remember the events, ask the respondent to look at the reference card.

- 1 Yes
- 2 No

DK, R

#### PTS\_Q282 PTSB 82

Did you <u>ever</u> in your life see, or talk on the telephone, to a medical doctor or other professional about your reactions related to traumatic events? (By other professional, we mean psychologists, psychiatrists, social workers, counsellors, spiritual advisors, homeopaths, acupuncturists, self-help groups or other health professionals.)

- 1 Yes
- 2 No DK, R

(Go to PTS\_ND) (Go to PTS\_ND)

Statistics Canada

PTS_Q283 PTSB_83	these	these reactions?  INTERVIEWER: Minimum is %age in PTS_Q064D%; maximum is %current age%.					
	_ _  (MIN:	_ _  Age in years (MIN: age in PTS_Q064D) (MAX: current age)					
	DK, F	DK, R					
PTS_Q284 PTSB_84		Did you <u>ever</u> get treatment for these reactions that you considered <u>helpful</u> or <u>effective</u> ?					
	1 2	Yes No DK, R		(Go to PTS_Q287) (Go to PTS_Q287)			
PTS_Q285 PTSB_85	relate	How old were you the <u>first time</u> you got <u>helpful</u> treatment for your reactions related to traumatic events? <u>INTERVIEWER</u> : Minimum is %age in PTS_Q064D%; maximum is %current age%.					
	_ _  (MIN:		e in years Q064D) (MAX: cur	rent age			
	DK, F	₹					
PTS_Q286 PTSB_86	profe	Up to and including the first time you got helpful treatment, how many professionals did you see, or talk to about your reactions related to traumatic events?					
	I_I_I (MIN: DK, F	: 1) (MAX: 95;	mber of professior warning after 12)	aais			
PTS_Q287 PTSB_87		tal, how many tions?	professionals di	d you <u>ever</u> see, or talk	to about these		
	_ _  (MIN:		mber of professior warning after 12)	nals			
^ (C	DK, F	₹					
PTS 0288 PTSB 88	At any time in the <u>past 12 months</u> , did you receive professional treatment for these reactions?						
$\rightarrow$	1 2	Yes No DK, R					
PTS_Q289 PTSB_89	Were even		spitalized overniç	pht for your reactions i	related to traumatic		
	1 2	Yes No DK, R		(Go to PTS_ND) (Go to PTS_ND)			

PTS\_Q290
PTSB\_90
How old were you the <u>first time</u> you were hospitalized overnight because of these reactions?

<u>INTERVIEWER</u>: Minimum is %age in PTS\_Q064D%; maximum is %current age%.

|\_|\_| Age in years
(MIN: age in PTS\_Q064D) (MAX: current age)

DK, R

INTERVIEWER: This is the end of the module. Press <1> to continue.

PTS\_END Go to next module.

PTS\_ND

# **ALCOHOL USE**

ALC_QINT	When we use the word drink, it means:  - one bottle or can of beer or a glass of draft  - one glass of wine or a wine cooler  - one drink or cocktail with 1 and a 1/2 ounces of liquor.  INTERVIEWER: Press <enter> to continue.</enter>			
ALC_Q1 ALCB_1	During the past 12 months, that is, from %date one year ago% to yesterday, have you had a drink of beer, wine, liquor or any other alcoholic beverage?			
	1 2	Yes No DK, R	(Go to ALC_Q5B) (Go to ALC_END)	
ALC_Q2 ALCB 2				
ALOD_Z	1 2 3 4 5 6 7	Less than once a month Once a month 2 to 3 times a month Once a week 2 to 3 times a week 4 to 6 times a week Every day DK, R		
ALC_Q3	How often in the past 12 months have you had 5 or more drinks on one			
ALCB_3	1 2 3 4 5 6	Never Less than once a month Once a month 2 to 3 times a month Once a week More than once a week DK, R		
ALC_Q4 ALCB_4	During week?	the past 12 months, did you r	egularly drink more than 12 drinks a	
	1 2	Yes No DK, R		
ALC_Q5 ALCB_5	Now, thinking back over the past week, that is, from %date last week% yesterday, did you have a drink of beer, wine, liquor or any other alcohoverage?			
	1 2	Yes No DK, R	(Go to ALC_Q6) (Go to ALC_Q6)	

## ALC\_Q5A Starting with yesterday, that is %day name%, how many drinks did you have:

(If R on first day, go to ALC\_Q6) (MIN: 0 MAX: 99 warning after 12 for each day)

ALCB 5A1 Sunday? ALCB 5A2 2 Monday? 3 ALCB 5A3 Tuesday? ALCB 5A4 4 Wednesday? ALCB\_5A5 5 Thursday? ALCB 5A6 6 Friday? ALCB 5A7 Saturday?

2

Go to ALC\_Q6.

#### ALC\_Q5B ALCB 5B

#### Have you ever had a drink?

1 Yes

No DK, R

# ALC\_Q6 ALCB\_9 Before %current month/current year-1%, was there ever a 12 month period when, at least once every month, you had 5 drinks or more in one occasion?

- 1 Yes 2 No DK, R
- ALC\_Q6A Again, before %current month/current year-1%, did you ever regularly drink more than 12 drinks a week?
  - 1 Yes 2 No DK, R
  - SA If (ALC\_Q3

If (ALC\_Q3 <=2 and ALC\_Q6 = 1) or if (ALC\_Q4 = 2 and ALC\_Q6A = 1), go to

(Go to ALC\_END)

(Go to ALC END)

Atherwise, go to ALC\_Q8.

Why did you reduce or quit drinking altogether? ALC\_Q7 INTERVIEWER: Mark all that apply. ALCB\_7A 1 Dieting ALCB\_7B 2 Athletic training ALCB 7C 3 Pregnancy 4 ALCB 7D Getting older 5 Drinking too much / drinking problem ALCB 7E 6 ALCB 7F Affected – work, studies, employment opportunities ALCB\_7G 7 Interfered with family or home life 8 ALCB 7H Affected - physical health Affected - friendships or social relationships ALCB 7I 9 ALCB 7J 10 Affected - financial position ALCB 7K Affected – outlook on life, happiness 11 Influence of family or friends ALCB 7L 12 ALCB\_7M 13 Other - Specify DK, R ALC\_Q8 Not counting small sips, how old were you when you started drinking ALCB\_8 alcoholic beverages? INTERVIEWER: Drinking does not include having a few sips of wine for religious purposes. |\_|\_| Age in years (MIN: 5) (MAX: current age) DK, R ALC END Go to next module.

# **ALCOHOL DEPENDENCE**

ALD\_C1A If  $(ALC_Q5B = 2, DK \text{ or } R)$ , go to  $ALD_END$ . If  $((ALC Q1 = 2) \text{ and } (ALC Q6 = 2, DK, R)) \text{ or } ((ALC Q3 \le 2 DK \text{ or } R)) \text{ and } (ALC Q6 = 2, DK, R))$  $(ALC_Q6 = 2, DK or R)), go to ALD_END.$ Otherwise, go to ALD C1B. ALD C1B If (ALC Q3 > 2) (In the past 12 months had at least 5 drinks at least once/a month), go to ALD\_QINT1. If (ALC Q3 <= 2 or ALC Q5B = 1) and ALC Q6 = 1 (Previously had a 12-month period when had at least 5 drinks at least once a month), go to ALD QINT2. ALD QINT1 The next questions are about how drinking can affect people in their activities. We will be referring to the past 12 months, that is, from %date one year ago% to yesterday. INTERVIEWER: Press <Enter> to continue. ALD Q01 During the past 12 months, have you ever been drunk or ALDB 01 hung-over while at work, school or while taking care of children? Yes (Çoxto ALD\_Q02) 2 No DK, R (Go to ALD END) ALD C01 If ALC Q6 = 1, go to ALD  $\sqrt{Q01}$ Otherwise, go to ALD\_Q03 ALD Q01A Has that ever happened? ALDB 01A 1 2 (Go to ALD Q03) Nο (Go to ALD\_END)

ALD\_Q02 How many times? Was it:
ALDB 02 INTERVIEWER: Read cate

<u>INTERVIEWER</u>: Read categories to respondent.

... once or twice?
2 ... 3 to 5 times?
3 ... 6 to 10 times?
4 ... 11 to 20 times?

5 ... more than 20 times?

DK, R

ALD\_Q03
ALDB\_03

During the past 12 months, were you ever in a situation while drunk or hung-over which increased your chances of getting hurt? (For example, driving a boat, using guns, crossing against traffic, or during sports.)

1 Yes (Go to ALD\_Q04) 2 No DK, R (Go to ALD\_Q04) ALD C03 If ALC Q6 = 1, go to ALD Q03A. Otherwise, go to ALD Q04. ALD\_Q03A Has that ever happened? ALDB 03A Yes 1 2 No DK, R ALD Q04 During the past 12 months, have you had any emotional or psychological ALDB 04 problems because of alcohol use, such as feeling uninterested in things, depressed or suspicious of people? Yes (Go to ALD Q05) 1 2 No DK, R (Go to ALD\_Q05) If ALC Q6 = 1, go to ALD Q04A. ALD C04A Otherwise, go to ALD\_Q05. ALD Q04A Has that ever happened? ALDB 04A Yes 2 No DK, R During the past 12 months, have you had such a strong desire or urge to ALD Q05 ALDB 05 drink alcohol that you could not resist it or could not think of anything else? Yes 1 (Go to ALD Q06) 2 No DK, R (Go to ALD\_Q06) ALD\_C05A Otherwise, go to ALD Q06. Has that ever happened? ALD Q05A ALDB 05A Yes No DK, R ALØ⁄Q06 Ďuring the past 12 months, have you had a period of a month or more when ALDB 06 you spent a great deal of time getting drunk or being hung-over? 1 Yes (Go to ALD Q07) 2 No (Go to ALD\_Q07) DK, R If ALC Q6 = 1, go to ALD Q06A. ALD C06A Otherwise, go to ALD Q07.

ALD Q06A Has that ever happened? ALDB 06A Yes 1 2 No DK, R ALD Q07 During the past 12 months, did you ever drink much more or for a longer period of time than you intended? ALDB 07 1 Yes (Go to ALD\_Q08) 2 No DK, R (Go to ALD Q09) ALD C07 If ALC Q6 = 1, go to ALD Q07A. Otherwise, go to ALD\_Q09. ALD Q07A Has that ever happened? ALDB 07A Yes 1 2 (Go to AL/D Q09) No (Go to ALD Q09) DK, R How many times? Was it: ALD Q08 INTERVIEWER: Read categories to responden ALDB 08 1 ... once or twice? 2 ... 3 to 5 times? ... 6 to 10 times? 3 4 ... 11 to 20 times? 5 ... more than 20 times? DK, R During the past/12 months, did you ever find that you had to drink more ALD Q09 alcohol than usual to get the same effect or that the same amount of alcohol ALDB 09 had less effect on you than usual? (Go to ALD\_Q10) 2 (øV DK. R (Go to ALD Q10) ALD C09 IFALC Q6 = 1, go to ALD Q09A. Otherwise, go to ALD\_Q10. ALD Q09A Has that ever happened? ALDB\09A Yes 1 2 No DK, R During the past 12 months, did you ever have a period when you stopped, ALD Q10 cut down, or went without alcohol and then experienced symptoms like ALDB 10 fatigue, headaches, diarrhea, the shakes or emotional problems? 1 Yes (Go to ALD\_Q11)

2

No DK, R

(Go to ALD Q11)

ALD C10 If ALC Q6 = 1, go to ALD Q10A. Otherwise, go to ALD Q11. ALD\_Q10A Has that ever happened? ALDB 10A Yes 1 2 No DK, R ALD Q11 During the past 12 months, did you ever have a period when you drank ALDB 11 alcohol even though you promised yourself you wouldn't, or when you drank a lot more than you intended? (Go to ALD Q12) 1 Yes 2 No DK, R (Go to ALD\_Q12) ALD\_C11 If ALC Q6 = 1, go to ALD Q11A. Otherwise, go to ALD\_Q12. ALD Q11A Has that ever happened? ALDB 11A Yes 2 No DK, R During the past 12 months, did you ever have a period of several days or ALD Q12 more when you spent so much time drinking alcohol or recovering from the ALDB 12 effects that you had little time for anything else? 1 Yes (Go to ALD\_Q13) 2 No (Go to ALD\_Q13) ALD C12 If ALC Q6\_≠1, go to ALD Q12A. Otherwise, go to ALD\_Q13. Has that ever happened? ALD Q12A ALDB 12A Yes No DK, R ALD 013 During the past 12 months, did you ever have a period of a month or longer ALDB\13 when you gave up or greatly reduced important activities because of your use of alcohol? 1 Yes (Go to ALD\_Q14) 2 No DK, R (Go to ALD Q14) ALD C13 If ALC Q6 = 1, go to ALD Q13A. Otherwise, go to ALD Q14.

#### ALD\_Q13A ALDB 13A

#### Has that ever happened?

- 1 Yes 2 No DK, R
- ALD\_Q14 ALDB 14

During the past 12 months, did you ever continue to drink alcohol when you knew you had a serious physical or emotional problem that might have been caused by or made worse by your alcohol use?

- 1 Yes (Go to ALD\_C15) 2 No DK, R (Go to ALD\_C15)
- ALD\_C14 If ALC\_Q6 = 1, go to ALD\_Q14A. Otherwise, go to ALD\_C15.

#### ALD\_Q14A ALDB 14A

#### Has that ever happened?

- 1 Yes 2 No DK, R
- ALD\_C15 = Count of instances where ALD\_Q01\_ALD\_Q03, ALD\_Q04, ALD\_Q05, ALD\_Q06, ALD\_Q07, ALD\_Q09, ALD\_Q10, ALD\_Q11, ALD\_Q12, ALD\_Q13 and ALD\_Q14 <> 2, Dk or R

If ALD\_C15 => 1 AND ALC\_Q3 > 2 (in) the past 12 months had 5 drinks in one occasion at least once a month), go to ALD\_QINT15.

Otherwise, go to ALD PND.

#### ALD QINT15

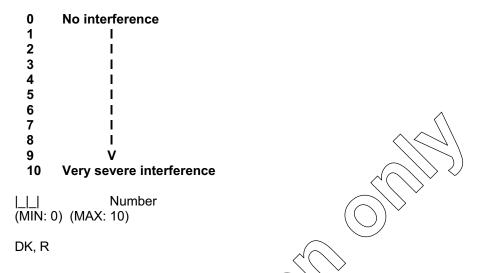
#### (Please refer to page 1 of the booklet.)

Please tell me what number best describes how much your use of alcohol interfered with each of the following activities during the past 12 months. For each activity, answer with a number between 0 and 10; 0 means "no interference", while 10 means "very severe interference".

INTERWEWER: Press <Enter> to continue.

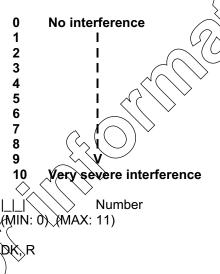
#### ALD\_Q15A ALDB 15A

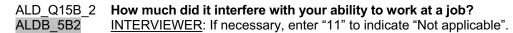
During the past 12 months, how much did your alcohol use interfere with your home responsibilities, like cleaning, shopping and taking care of the house or apartment?

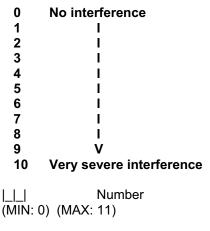


ALD\_Q15B\_1 ALDB 5B1 How much did it interfere with your ability to attend school?

INTERVIEWER: If necessary, enter "11" to indicate "Not applicable".



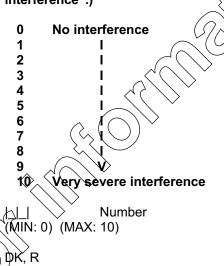




DK, R

#### ALD\_Q15C ALDB 15C

(During the past 12 months,) how much did your alcohol use interfere with your ability to form and maintain <u>close</u> relationships with other people? (Remember that 0 means "<u>no</u> interference" and 10 means "<u>very severe</u> interference".)



#### ALD Q15D How much did it interfere with your social life? ALDB 15D 0 No interference 1 2 3 4 5 6 7 8 9 10 Very severe interference Number (MIN: 0) (MAX: 10) DK, R Go to ALD\_END. ALD QINT2 The next questions are about how drinking can affect people in their INTERVIEWER: Press < Enter> to continue: ALD Q01L During your life, have you ever been drunk or hung-over while at work, school or while taking care of children? ALDB 01L 1 Yes 2 No DK, R (Go to ALD\_END) How many times? Was it: ALD Q02L ALDB 02L INTERVIEWER: Read categories to respondent. once or twice? 2 .3⊳to 5 times? 2 6 to 10 times? ... 11 to 20 times? ... more than 20 times? DK, R ALD Q03L During your life, were you ever in a situation while drunk or hung-over

ALDB 03L

which increased your chances of getting hurt? (For example, driving a boat, using guns, crossing against traffic, or during sports.)

- Yes 1 2 No
  - DK, R

ALD_Q04L ALDB_04L	During your life, have you ever had any emotional or psychological problems because of alcohol use, such as feeling uninterested in things depressed or suspicious of people?		
	1 2	Yes No DK, R	
ALD_Q05L ALDB_05L		your life, have you ever had such a strong desire or urge to drink I that you could not resist it or could not think of anything else?	
	1 2	Yes No DK, R	
ALD_Q06L ALDB_06L		your life, have you ever had a period of a month or more when you a great deal of time getting drunk or being hung-over	
	1 2	Yes No DK, R	
ALD_Q07L ALDB_07L		your life, did you ever drink much more or for a longer period than you intended?	
	1 2	Yes No DK, R	
ALD_Q08L ALDB_08L		vany times? Was it:  VIEWER: Read categories to respondent.	
	1 2 3 4 6	once of twice? 3 to 5 times? 6 to 10 times? 11 to 20 times? more than 20 times? DK,R	
ALD_Q09L ALDB_09L	usual t	your life, did you ever find that you had to drink more alcohol than o get the same effect or that the same amount of alcohol had less on you than usual?	
	1 2	Yes No DK, R	
ALD_Q10L ALDB_10L	or wen	your life, did you ever have a period when you stopped, cut down, t without alcohol and then experienced symptoms like fatigue, ches, diarrhea, the shakes or emotional problems?	
	1 2	Yes No DK, R	

ALD_Q11L ALDB_11L	During your life, did you ever have a period when you drank alcohol even though you <u>promised</u> yourself you wouldn't, or when you drank a lot more than you intended?				
	1 Yes 2 No DK, R				
ALD_Q12L ALDB_12L	During your life, did you ever have a period of several days or more when you spent so much time drinking alcohol or recovering from the effects that you had little time for anything else?				

1 Yes 2 No DK, R

ALD\_Q13L ALDB\_13L During your life, did you ever have a period of a month or longer when you gave up or greatly reduced important activities because of your use of alcohol?

Yes
 No
 DK, R

ALD\_Q14L During your life, did you ever continue to drink alcohol when you knew you had a serious physical or emotional problem that might have been caused by or made worse by your alcohol use?

1 Yes 2 No DK, R

ALD\_END Go to next module.

# **EATING TROUBLES ASSESSMENT**

ETA\_QINT1 This part of the interview is about problems people may have with their weight or with eating.

INTERVIEWER: Press <Enter> to continue.

ETA\_Q01A ETAB 01A Was there ever a time in your life when you had a strong fear or a great deal of concern about being too fat or overweight?

1 Yes

2 No (Go to ETA\_END) DK, R (Go to ETA\_END)

ETA\_Q01B ETAB 01B During the <u>past 12 months</u>, did you have a strong fear or a great deal of concern about being too fat or overweight?

1 Yes

2 No (Go to ETA\_END) DK, R (Go to ETA\_END)

ETA\_QINT2 (Please refer to page 11 of the booklet.)

Now, I am going to read you a series of statements about food and eating habits that describe feelings and experiences that you may have had during the <u>past 12 months</u>. Please tell me whether the statements are <u>true for you</u> by answering, "always", "usually", "often", "sometimes", "rarely", or "never". <a href="INTERVIEWER">INTERVIEWER</a>: Press < Enter to continue.

ETA\_Q02 ETAB 02 You are terrified about being overweight.

- 1 Always
- 2 Usually
- 3 Often
- 4 Sometimes
- 5 ARarely
- 6 Never

ETA Q03

You avoid eating when you are hungry.

ETAB 03

- Always
- 2 Usually 3 Often
- 4 Sometimes
- 5 Rarely
- 6 Never

DK, R

#### You find yourself preoccupied with food. ETA Q04 ETAB 04 1 Always 2 Usually 3 Often 4 Sometimes 5 Rarely Never 6 DK, R ETA Q05 You go on eating binges where you feel you may not be able to stop. ETAB\_05 1 Always 2 Usually 3 Often 4 Sometimes 5 Rarely 6 Never DK, R ETA Q06 You cut your food into small pieces. ETAB 06 1 Always 2 Usually 3 Often 4 Sometimes 5 Rarely 6 Never DK, R You are aware of the calorie content of the foods you eat. ETA Q07 ETAB\_07 1 Always 2 Usually Often 4 Semetimes 5 Rarely 6 Never ĎК, R ETA Q08 You particularly avoid food with a high carbohydrate content such as ETAB/08 bread, rice or potatoes. 1 Always 2 Usually 3 Often 4 Sometimes 5 Rarely Never DK, R

#### ETA Q09 ETAB 09

#### (Again, in the past 12 months, please tell me how true the following statements are for you.)

You feel that others would prefer if you ate more.

- 1 Always
- 2 Usually
- 3 Often
- 4 Sometimes
- 5 Rarely
- 6 Never

DK, R

#### ETA Q10 ETAB 10

#### You vomit after you eat.

- 1 Always
- 2 Usually
- 3 Often
- 4 Sometimes
- 5 Rarely
- 6 Never DK, R

## ETA Q11 ETAB\_11

## You feel extremely guilty after eating

- 1 Always
- 2 Usually
- 3 Often
- 4 Sometimes
- 5 Rarely
- 6 Never

DK, R

#### ETA Q12 ETAB 12

# You are preoccupied with a desire to be thinner.



Sometimes

- Rarely
  - Never

DK, R



#### You think about burning up calories when you exercise.

- 1 Always
- 2 Usually
- 3 Often
- 4 Sometimes
- 5 Rarely
- Never

DK, R

#### Other people think you are too thin. ETA Q14 ETAB 14 1 Always 2 Usually 3 Often 4 Sometimes 5 Rarely Never 6 DK, R ETA Q15 You are preoccupied with the thought of having fat on your body. ETAB\_15 1 Always 2 Usually 3 Often 4 Sometimes 5 Rarely 6 Never DK, R ETA Q16 You take longer than others to eat your meals ETAB 16 1 Always 2 Usually 3 Often 4 Sometimes 5 Rarely 6 Never DK, R You avoid foods with sugar in them. ETA Q17 ETAB\_17 1 Always 2 Usually Often 4 Semetimes 5 Rarely 6 Never ĎК, R ETA Q18 Again, in the past 12 months, please tell me how true the following ETAB/18 statements are for you. You eat diet foods. 1 Always 2 Usually 3 Often 4 Sometimes 5 Rarely Never DK, R

#### You feel that food controls your life. ETA Q19 ETAB 19 1 Always 2 Usually 3 Often 4 Sometimes 5 Rarely Never 6 DK, R ETA Q20 You display self-control around food. ETAB\_20 1 Always 2 Usually 3 Often 4 Sometimes 5 Rarely 6 Never DK, R ETA Q21 You feel that others pressure you to eat. ETAB 21 1 Always 2 Usually 3 Often 4 Sometimes 5 Rarely 6 Never DK, R You give too much time and thought to food. ETA Q22 ETAB\_22 Always 2 3 Usually Often 4 Semetimes 5 Rarely 6 Never ФК, R ETA Q23 You feel uncomfortable after eating sweets. Always 2 Usually 3 Often 4 Sometimes 5 Rarely Never DK, R

#### ETA Q24 You engage in dieting behaviour. ETAB 24 1 Always 2 Usually 3 Often 4 Sometimes 5 Rarely Never 6 DK, R ETA Q25 You like your stomach to be empty. ETAB\_25 1 Always 2 Usually 3 Often 4 Sometimes 5 Rarely 6 Never DK, R ETA Q26 You have the impulse to vomit after meals. ETAB 26 1 Always Usually 2 3 Often 4 Sometimes 5 Rarely 6 Never DK, R You enjoy trying new rich foods. ETA Q27 ETAB\_27 Always Usually 1 2 Often 4 Sometimes 5 Rarely 6 Never ĎК, R ETA\_END Go to next module.

# RESTRICTION OF ACTIVITIES

RAC\_QINT The next few questions deal with any current limitations in your daily activities caused by a long-term health condition or problem. In these questions, a "long-term condition" refers to a condition which is expected to last or has already lasted 6 months or more. INTERVIEWER: Press < Enter> to continue RAC Q1 Do you have any difficulty hearing, seeing, communicating, walking, RACB 1 climbing stairs, bending, learning or doing any similar activities? INTERVIEWER: Read categories to respondent. 1 **Sometimes** 2 Often 3 Never DK (Go to RAC END R RAC Q2A Does a long-term physical condition or mental condition or health problem, RACB 2A reduce the amount or the kind of activity you can do: ... at home? INTERVIEWER: Read categories to responden 1 **Sometimes** 2 Often 3 Never DK R (Go to RAC\_END) RAC Q2B 1 (Does a long-term physical condition or mental condition or health problem, RACB 2B1 reduce the amount or the kind of activity you can do:) ... at school? Sometimes **Often** Never Not applicable DK R (Go to RAC\_END) RAC Q2B 2 (Does a long-term physical condition or mental condition or health problem, RACB 2B2 reduce the amount or the kind of activity you can do:) ... at work?

- 1 Sometimes
- 2 Often
- 3 Never
- 4 Not applicable

DK

R

(Go to RAC END)

#### RAC\_Q2C (Does a long-term physical condition or mental condition or health problem, RACB 2C reduce the amount or the kind of activity you can do:) ... in other activities, for example, transportation or leisure? Sometimes 1 2 Often 3 Never DK R (Go to RAC END) RAC C5 If has difficulty or is limited in activities (i.e. any of RAC Q1 = 1 or 2 or RAC Q2(A)-(C) = 1 or 2), ask RAC Q5. Otherwise, go to RAC Q6A. Which one of the following is the best description of the cause of this RAC Q5 RACB 5 condition? INTERVIEWER: Read categories to respondent. 1 Accident at home 2 Motor vehicle accident 3 Accident at work 4 Other type of accident 5 Existed from birth or genetic 6 Work conditions 7 Disease or illness 8 Ageing Emotional or mental health problem or condition 9 Use of alcohol or drugs 10 Other - Specify 11 DK. R Because of your condition or health problem, have you ever experienced RAC Q5A 1 RACB 5A1 any embarrassment? (Go to RAC Q5B 1) (Go to RAC Q5B 1) The the past 12 months, how much embarrassment did you experience? RAC Q5A 2 RACB 5A2 NTERVIEWER: Read categories to respondent. A lot 2 Some 3 A little 4 None at all DK. R RAC Q5B 1 Because of your condition or health problem, have you ever experienced RACB 5B1 discrimination or unfair treatment? 1 Yes (Go to RAC\_Q6A) 2 No DK. R (Go to RAC Q6A)

RAC_Q5B_2 RACB_5B2	In the pa		uch discrimination o	r unfair treatment did you	
	2 S 3 A 4 N	A lot Some A little None at all DK, R			
RAC_Q6A RACB_6A	question	next few questions may not apply to you, but we need to ask the same tions of everyone. Because of any physical condition or mental ition or health problem, do you need the help of another person.			
	with p	reparing meals?			
	1 Y	⁄es			
		No DK, R			
RAC_Q6B_1 RACB_6B1	do you n	need the help of anothe	er person:)	tion or health problem,	
	with g grocerie	getting to appointment s?	s and running erran	ds such as shopping for	
	2 N	Yes No DK, R			
RAC_Q6C RACB_6C		e of any physical cond need the help of anothe		tion or health problem,	
		loing everyday housev	vork?		
	1 \\2 \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\	Veson No.			
RAC_Q6D RACB_6D		of any physical cond eed the help of anothe		tion or health problem,	
	with d	oing heavy household	chores such as spri	ng cleaning or yard work?	
	2 N	∕es No DK, R			
RAC_Q6E RACB_6E		e of any physical cond need the help of anothe		tion or health problem,	
	with p	ersonal care such as wo	vashing, dressing, ea	iting or taking	

1

2

Yes

No DK, R

#### RAC Q6F (Because of any physical condition or mental condition or health problem, RACB 6F do you need the help of another person:) ... with moving about inside the house? Yes 2 No DK, R RAC Q6G (Because of any physical condition or mental condition or health problem, RACB 6G do you need the help of another person:) ... with looking after your personal finances such as making bank transactions or paying bills? Yes 1 2 No DK, R RAC Q7A Because of any physical condition or mental condition or health problem, do RACB 7A you have difficulty: ... making new friends or maintaining friendships? 1 Yes 2 No DK, R (Because of any physical condition or mental condition or health problem, RAC Q7B RACB 7B do you have difficulty:) ... dealing with people you don't know well? 2 No RAC Q7C (Because of any physical condition or mental condition or health problem, RACB 7C do you have difficulty:) starting and maintaining a conversation? Yes 2 No DK, R If any of RAC\_Q6A to RAC\_Q6G or RAC\_Q7A to RAC\_Q7C = 1, ask RAC\_Q8. RAC\_C8

Otherwise, go to RAC\_END.

RAC\_Q8 Are these difficulties due to your physical health, to your emotional or mental health, to your use of alcohol or drugs, or to another reason?

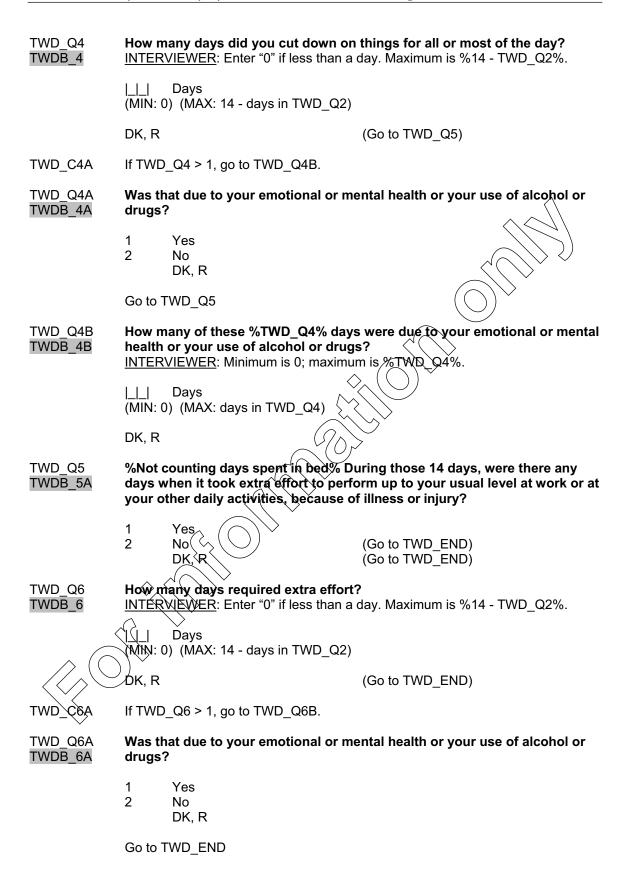
INTERVIEWER: Mark all that apply.

RACB\_8A 1 Physical health
RACB\_8B 2 Emotional or mental health
RACB\_8C 3 Use of alcohol or drugs
RACB\_8D 4 Another reason – Specify
DK, R

RAC\_END Go to next module.

### TWO-WEEK DISABILITY

TWD\_QINT The next few questions ask about your health during the past 14 days. It is important for you to refer to the 14-day period from %date two weeks ago% to %date vesterday%. INTERVIEWER: Press < Enter> to continue. TWD Q1 During that period, did you stay in bed at all because of illness or injury, TWDB 1 including any nights spent as a patient in a hospital? 1 Yes 2 (Go to TWD Q3) No DK, R (Go to TWD END) How many days did you stay in bed for all or most of the day? TWD Q2 TWDB 2 INTERVIEWER: Enter 0 if less than a day. Days (MIN: 0) (MAX: 14) DK, R TWD C2A If TWD Q2 > 1, go to TWD Q2B. Was that due to your emotional or mental health or your use of alcohol or TWD Q2A TWDB 2A drugs? 1 Yes 2 No DK. R Go to TWD/©3 TWD Q2B How many of these %TWD\_Q2% days were due to your emotional or mental TWDB 2B health or your use of alcohol or drugs? INTERVIEWER: Minimum is 0; maximum is %TWD\_Q2%. Days (MIN: 0) (MAX: days in TWD Q2) ØK, R If TWD Q2 = 14 days, go to TWD END. TWD Q3 %Not counting days spent in bed% During those 14 days, were there any TWDB 3 days that you cut down on things you normally do because of illness or injury? 1 Yes 2 No (Go to TWD Q5) DK, R (Go to TWD Q5)



TWD\_Q6B
TWDB\_6B

How many of these %TWD\_Q6% days were due to your emotional or mental health or your use of alcohol or drugs?

INTERVIEWER: Minimum is 0; maximum is %TWD\_Q6%.

|\_|\_| Days
(MIN: 0) (MAX: days in TWD\_Q6)

DK, R

TWD\_END

Go to next module.

### **SERVICES 1**

SR1_QINT1	Now I would like to ask you some questions about your contacts with health professionals.  INTERVIEWER: Press <enter> to continue.</enter>			
SR1_C1A	If DEP_Q26EE5 or DEP_Q26EE7B or DEP_Q26EE8B or DEP_Q87 or DYS_Q31 or MIA_Q48 or PAD_Q65 or SOP_Q39 or AGP_Q38 or GAD_Q59 or PTS_Q289 = 1 (Yes), SR1_C1A = 1 and go to SR1_QINT3.  Otherwise, SR1_C1A = 0.			
SR1_Q002 SR1B_02	Have you <u>ever</u> been hospitalized ove care facility to receive help for proble or use of alcohol or drugs?	rnight or longer in any type of health ems with your emotions, mental health		
	1 Yes 2 No DK, R	(Go to SR1_Q003) (Go to SR1_Q010) (Go to SR1_Q010)		
SR1_QINT3	Earlier, you mentioned being hospital mental health or use of alcohol or dry INTERVIEWER: Press <enter> to continuous</enter>			
SR1_Q003 SR1B_03	During your lifetime, how many times problems?  INTERVIEWER: Minimum is 1; maximum if respondent answers "More than loan is liminated by the second of the s	ri is 251.		
SR1_C4	If SR1_Q003 = 1 (hospitalization), SR1_ Otherwise, SR1_C4 = 2, go to SR1_Q0	_C4 = 1. 06.		
SR1_Q005A SR1B_05A	How recently was that? INTERVIEWER: Read categories to res	spondent.		
	During the past month Between 2 and 6 months ago Between 7 and 12 months ag More than a year ago DK, R	_ ,		
SR1_Q005B SR1B_05B	How old were you at the time of this INTERVIEWER: Minimum is 1; maximum			
	_ _  Age in years (MIN: 1) (MAX: current age - 1)			
	DK, R			

SR1_Q005C SR1B_05C	During this admission, how many nights did you stay in the hospital? <a href="INTERVIEWER">INTERVIEWER</a> : Select the reporting unit here and enter the number in the next screen.		
	<ol> <li>Nights</li> <li>Weeks</li> <li>Months</li> <li>Years</li> <li>DK, R</li> </ol>	(Go to SR1_Q005E) (Go to SR1_Q005F) (Go to SR1_Q005G) (Go to SR1_Q010)	
SR1_Q005D SR1B_05D	INTERVIEWER: Enter the number of ni Minimum is 1; maximum is 900.	ights.	
	_ _  Number of nights (MIN: 1) (MAX: 900; warning after 365)		
	DK, R		
SR1_E005D	If SR1_Q005D <= 365, go to SR1_Q01 Otherwise, show pop-up edit as follows		
	An unusual value has been entered. Please confirm or return and change	the reporting unit.	
SR1_Q005E SR1B_05E	INTERVIEWER: Enter the number of we Minimum is 1; maximum is 104.	peks	
	_ _  Number of weeks (MIN: 1) (MAX: 104; warning after 52)	>	
	DK, R		
SR1_E005E	If SR1_Q005E <= 52, go to SR1_Q010 Otherwise, show pop-up edit as follows		
	An unusual value has been entered. Please confirm or return and change	the reporting unit.	
SR1_Q005F SR1B_05F	NTERWEWER: Enter the number of m Minimum is 1; maximum is 36.	onths.	
	Number of months (MIN: 1) (MAX: 36, warning after 24)		
	DK, R		
SR1_E005F	If SR1_Q005F <= 24, go to SR1_Q010. Otherwise, show pop-up edit as follows.		
	An unusual value has been entered. Please confirm or return and change	the reporting unit.	

SR1_Q005G SR1B_05G	INTERVIEWER: Enter the number of years.  Minimum is 1; maximum is %(current age -1) - age in SR1_Q005B%.			
	_ _  Number of years (MIN: 1) (MAX: (current age -1) - (age in SR1_Q005B)			
	DK, R			
	Go to SR1_Q010.			
SR1_Q006 SR1B_06	How old were you at the time of your <u>first</u> admission? <u>INTERVIEWER</u> : Minimum is 1; maximum is %current age%.			
	_ _  Age in years (MIN: 1) (MAX: current age)			
	DK, R			
SR1_C007	If SR1_Q003 > 0 and SR1_Q003 < 100 (between 1 and 99) use "number" in %number in SR1_Q003/several%			
	Otherwise use "several" in %number in SR1_Q003/several%			
SR1_Q007 SR1B_07	In total, how much time did you spend in the hospital on those %number in SR1_Q003/several% occasions?  INTERVIEWER: Select the reporting unit here and enter the number in the next screen.			
	1 Days 2 Weeks 3 Months 4 Years DK, R DK, R (Go to SR1_Q007B) (Go to SR1_Q007C) (Go to SR1_Q007D) (Go to SR1_Q008)			
SR1_Q007A SR1B_07A	INTERVIEWER: Enter the number of days.  Minimum is 1, maximum is 900.			
	Number of days (MIN: 1) (MAX: 900, warning after 365)			
SR1_E007A	f SR1_Q007A <= 365, go to SR1_Q008. Otherwise, show pop-up edit as follows.			
$\searrow$	An unusual value has been entered. Please confirm or return and change the reporting unit.			
SR1_Q007B SR1B_07B	INTERVIEWER: Enter the number of weeks. Minimum is 1; maximum is 104.			
	_ _  Number of weeks (MIN: 1) (MAX: 104; warning after 52)			
	DK, R			

SR1 E007B If SR1 Q007B <= 52, go to SR1 Q008. Otherwise, show pop-up edit as follows. An unusual value has been entered. Please confirm or return and change the reporting unit. SR1 Q007C INTERVIEWER: Enter the number of months. SR1B 07C Minimum is 1; maximum is 36. Number of months (MIN: 1) (MAX: 36; warning after 24) DK, R SR1 E007C If SR1 Q007C <= 24, go to SR1 Q008. Otherwise, show pop-up edit as follows. An unusual value has been entered. Please confirm or return and change the reporting unit SR1 Q007D INTERVIEWER: Enter the number of years. SR1B 07D Minimum is 1; maximum is %current age - (age in \$R1 Q006 - 1)%. Number of years I I I I(MIN: 1) (MAX: current age - (age in SR1 DK, R During the past 12 months, were you hospitalized overnight or longer for SR1 Q008 SR1B 08 problems with your emotions, mental health or use of alcohol or drugs? (Go to SR1 Q009) 1 Yes 2 No DK\\R\ (Go to SR1 Q010) How old were you the last time you were hospitalized overnight or longer SR1 Q008A SR1B 08A for any of these problems? INTERVIEWER: Minimum is 1; maximum is %current age - 1%. Age in years (MIN: 1) (MAX: current age - 1) ΏK, R Go to SR1 Q010. SR1 Q009 How long did you stay in the hospital for these problems (during the past SR1B 09 12 months)? INTERVIEWER: Select the reporting unit here and enter the number in the next screen. 1 Days 2 Weeks (Go to SR1\_Q009B) (Go to SR1\_Q009C) 3 Months DK, R (Go to SR1\_Q010)

SR1 Q009A INTERVIEWER: Enter the number of days. SR1B 09A Minimum is 1; maximum is 365. Number of days (MIN: 1) (MAX: 365) DK, R Go to SR1\_Q010 SR1 Q009B INTERVIEWER: Enter the number of weeks. SR1B 09B Minimum is 1; maximum is 52. Number of weeks (MIN: 1) (MAX: 52) DK, R Go to SR1 Q010 SR1 Q009C INTERVIEWER: Enter the number of months. SR1B 09C Minimum is 1; maximum is 12. Number of months (MIN: 1) (MAX: 12) DK, R During your lifetime, have you ever seen, or talked on the telephone, to any SR1 Q010 of the following professionals about your emotions, mental health or use of alcohol or drugs? INTERVIEWER: Read categories to respondent. Mark all that apply. **SR1B 10A** A psychiatrist SR1B 10B 2 A family doctor, general practitioner or medical officer SR1B 10C Other medical doctor such as a cardiologist, gynaecologist or 3 urologist SR1B\_10D A psychologist Anurse, nurse practitioner, physician's assistant (PA) or medic **SR1B 10E** A social worker, counsellor or psychotherapist SR1B 10F SR1B 10G A religious or spiritual advisor such as a priest, chaplain or rabbi SR1B\_10H SR1B\_10J Other professional None DK, R (Go to SR1 Q100A) SR1 E010 If only category 9 has been selected, go to SR1 Q100A. If SR1 Q010 = 9 and any other response is indicated, show hard pop-up edit as follows: You cannot select "None" and another category. Please return and correct. Go to SR1 Q010 Otherwise, go to SR1\_Q012.

```
SR1 Q012
               With any of these professionals, did you ever have a session of
SR1B 12
               psychological counselling or therapy that lasted 15 minutes or longer?
               1
                       Yes
               2
                       No
                                                      (Go to SR1_C20)
                       DK, R
                                                      (Go to SR1_C20)
SR1 Q013
               How old were you the first time you had such a session (of psychological
SR1B 13
               counselling or therapy)?
               INTERVIEWER: Minimum is 1; maximum is %current age%.
                               Age in years
               (MIN: 1) (MAX: current age)
               DK. R
SR1 C20
               Create KEY PHRASEP1:
                                                       "a psychiatrist"
               If SR1 Q010 = 1, KEY PHRASEP1 =
                                                      "a family doctor, general practitioner or
               If SR1 Q010 = 2, KEY PHRASEP1 =
                                                      medical officer
               If SR1_Q010 = 3, KEY_PHRASEP1 =
                                                      "another medical doctor such as a
                                                      cardiologist, gynaecologist or urologist"
                                                       "a psychologist"
               If SR1 Q010 = 4, KEY PHRASEP1 \(\infty\)
               If SR1 Q010 = 5, KEY PHRASEP1
                                                      "a nurse, nurse practitioner, physician's
                                                      assistant (PA) or medic"
               If SR1 Q010 = 6, KEY PHRASEF
                                                       "a social worker, counsellor or
                                                      psychotherapist"
               If SR1 Q010 = 7, KEY
                                                       "a religious or spiritual advisor such as a
                                                      priest, chaplain or rabbi"
               If SR1 Q010 = 8, KE
                                                       "another professional"
               Create KEY
               If SR1 Q010=1, KEY PHRASEP2 =
                                                      "the psychiatrist"
               If $\text{SR1 \( \text{Q010} = 2 \), KEY PHRASEP2 =
                                                      "the family doctor, general practitioner or
                                                      medical officer"
                      Q010 = 3, KEY_PHRASEP2 =
                                                      "this other type of medical doctor (such
                                                      as a cardiologist, gynaecologist or
                                                      urologist)"
               )f SR1 Q010 = 4, KEY_PHRASEP2 =
                                                      "the psychologist"
               If SR1 Q010 = 5, KEY PHRASEP2 =
                                                      "the nurse, nurse practitioner,
                                                      physician's assistant (PA) or medic"
               If SR1 Q010 = 6, KEY PHRASEP2 =
                                                      "the social worker, counsellor or
                                                      psychotherapist"
               If SR1 Q010 = 7, KEY PHRASEP2 =
                                                      "the religious or spiritual advisor such as
                                                      a priest, chaplain or rabbi"
               If SR1 Q010 = 8, KEY PHRASEP2 =
                                                      "this other type of professional"
SR1_C20A
               For categories 1 to 7 selected in SR1_Q010, ask SR1_B20.
               When the last category of SR1 Q010 (items 1 through 7 only) is completed in
               SR1 B20, go to SR1 C90.
               If only category 8 has been selected in SR1_Q010, go to SR1_C90.
```

SR1_B20	REPEATED BLOCK for categories 1 to 7 selected in SR1_Q010, ask questions SR1_Q020n through SR1_Q028n, where n = A, B,, G.	;
SR1_Q020 SR1B_0n	You mentioned that you saw, or talked on the telephone, to ^KEY_PHRASEP1 about your emotions, mental health or use of alcohol o drugs. How old were you the <u>first</u> time you saw, or talked to this professional? <u>INTERVIEWER</u> : Minimum is 1; maximum is %current age%.	r
	_ _  Age in years (MIN: 1) (MAX: current age)	
	DK, R	
SR1_Q021 SR1B_1n	When was the <u>last</u> time? <u>INTERVIEWER</u> : Read categories to respondent.	
	During the past month  Between 2 and 6 months ago  Between 7 and 12 months ago  More than a year ago  DK, R (Go to SR1_Q023)  Go to SR1_Q023)	
SR1_Q022 SR1B_2n	How old were you the <u>last</u> time you saw, or talked to ^KEY_PHRASEP1 (about your emotions, mental health or use of alcohol or drugs)? <u>INTERVIEWER</u> : Minimum is 1; maximum is %current age - 1%.	
	_ _  Age in years (MIN: 1) (MAX: current age -1)	
	DK, R	
	Go to SR1_C20A	
SR1_Q023 SR1B_3n	Think of *KEY PHRASEP2 you talked to the most often during the past 12 months. How many times did you see, or talk on the telephone, to this professional about your emotions, mental health or use of alcohol or drugs?	2
	Number Number is 365.	
	MIN: 1) (MAX: 365)	
	DK, R (Go to SR1_Q027)	
SR1_C23	If SR1_Q023 = 1, use "this contact" in %this contact/these contacts%. Otherwise use "these contacts" in %this contact/these contacts%.	

```
SR1 Q024
               Where did %this contact/these contacts% take place?
               INTERVIEWER: Read categories to respondent. Mark all that apply.
              If respondent says "hospital", probe for details.
SR1B 4nA
               1
                      In a health care facility, when hospitalized as an overnight patient
SR1B 4nB
               2
                      MIR (medical inspection room) or other CF medical facility
SR1B 4nC
               3
                      At work, excluding MIR (medical inspection room) or other CF
                      medical facility
SR1B 4nD
               4
                      Civilian doctor's office/Appointment clinic
SR1B 4nE
               5
                      Psychiatric outpatient clinic
SR1B 4nF
               6
                      Drug or alcohol outpatient clinic
SR1B 4nG
               7
                      Hospital emergency room
SR1B 4nH
               8
                      Other hospital outpatient clinic (e.g., day surgery, cancer
               9
                      Walk-in clinic/Community health center/CLSC
SR1B 4nl
SR1B 4nJ
               10
                      At home
SR1B_4nK
               11
                      Telephone consultation [including telephone consultation with
                      CFMAP (Canadian Forces Member's Assistance Program)]
               12
SR1B 4nL
                      Other - Specify
                      DK, R
               Have you stopped seeing ^KEY PHRASEP2?
SR1 Q027
SR1B 7n
                      Yes
               1
               2
                      No
                                                     (Go to SR1 C20A)
                      DK. R
                                                     (Go to SR1 C20A)
               (Please refer to page 13 of the booklet.)
SR1 Q028
              Why did you stop?
               INTERVIEWER: Mark all that apply
SR1B_8nA
               1
                      You felt better
                      You completed the recommended treatment
               2
SR1B 8nB
               3
                      You thought it was not helping
SR1B 8nC
               4
SR1B 8nD
                      You thought the problem would get better without more professional help
                     You couldn't afford to pay
You were too embarrassed to see the professional
               5
SR1B 8nE
               6
SR1B 8nF
               7
SR1B 8nG
                       You wanted to solve the problem without professional help
SR1B 8nH
                       You had problems with things like transportation, childcare or your
                      schedule
SR1B 8nl
                      The service or program was no longer available
SR1B_8nJ
SR1B_8nK
                      You were not comfortable with the professional's approach
                      Other reason – Specify
                      DK, R
SR1 C90
               If SR1 Q010 = 8, go to SR1 Q090.
              Otherwise, go to SR1_Q100A.
```

**END OF REPEATED QUESTIONS** 

SR1 Q090

You mentioned that you saw, or talked on the telephone, to other professionals about your problems with your emotions, mental health or use of alcohol or drugs. What kind(s) of other professional(s) did you ever talk to about such problems?

INTERVIEWER: Mark all that apply.

,	SR1B_90A	1	Acupuncturist	
,	SR1B_90B	2	Biofeedback teacher	
	SR1B_90C	3	Chiropractor	
,	SR1B_90D	4	Energy healing specialist	
,	SR1B_90E	5	Exercise or movement therapis	t
,	SR1B_90F	6	Herbalist	_ '
,	SR1B_90G	7	Homeopath or naturopath	
,	SR1B_90H	8	Hypnotist	_ \ \ `
,	SR1B_90I	9	Guided imagery specialist	
,	SR1B_90J	10	Massage therapist	$\langle (                                   $
,	SR1B_90K	11	Relaxation, yoga or meditation	expert
,	SR1B_90L	12	Dietician	$((\ )\ )$
,	SR1B_90M	13	Other – Specify	
			DK, R	(Go to SR1 Q100A)

SR1\_Q091 SR1B\_91 During the <u>past 12 months</u>, what kind of other professional did you see, or talk to the <u>most often</u> (about your emotions, mental health or use of alcohol and drugs)?

- 1 Acupuncturist
- 2 Biofeedback teacher
- 3 Chiropractor
- 4 Energy healing specialist
- 5 Exercise or movement therapist
- 6 Herbalist
- 7 Homeopath or naturopath
- 8 Hypnotist
- 9 Guided imagery specialist
- 10 Massage therapist
- 11 Relaxation, yoga or meditation expert
- 12 \ Dietician
- 13 Other Specify
- 14 None) DK, R

SR1 Æ911₿( `\l∱r

lf réported categories in SR1\_Q091 were not already selected in SR1\_Q090, show hard pop-up edit as follows:

A response inconsistent with a response to a previous question has been entered. Please return and correct.

Go to SR1\_Q090 or to SR1Q091.

Otherwise, go to SR1\_C92.

#### SR1\_Q100A SR1B A0A

Have you <u>ever</u> used an internet support group or chat room to get help for problems with your emotions, mental health or use of alcohol or drugs?

- 1 Yes 2 No
  - DK, R

(Go to SR1\_Q101A) (Go to SR1\_Q101A)

Statistics Canada

SR1_Q100B SR1B_A0B	When was the <u>last</u> time (you used an internet support group or chat room)? <u>INTERVIEWER</u> : Read categories to respondent.
	During the past month Between 2 and 6 months ago Between 7 and 12 months ago More than a year ago (Go to SR1_Q101A) DK, R (Go to SR1_Q101A)
SR1_Q100C SR1B_A0C	During the past 12 months, how many times did you use an internet support group or chat room for your problems with your emotions, mental health or use of alcohol or drugs?  INTERVIEWER: Minimum is 1; maximum is 901.  If respondent answers "More than I can remember", enter "901".
	(MIN: 1) (MAX: 901) DK, R
SR1_Q101A SR1B_A1A	Not counting internet support groups, did you ever go to a self-help group for help with your emotions, mental health or use of alcohol or drugs?
	1 Yes 2 No (Go to SR1_Q102A) DK, R (Go to SR1_Q102A)
SR1_Q101B SR1B_A1B	How old were you the first time you went (to a self-help group for any of these problems)?  INTERVIEWER: Minimum is 1, maximum is %current age%.   _ _  Age in years (MIN: 1) (MAX: current age)
SR1_Q101C SR1B_A1C	When was the last time (you went to a self-help group)?  INTERVIEWER: Read categories to respondent.  During the past month Between 2 and 6 months ago Between 7 and 12 months ago More than a year ago  (Go to SR1_Q102A)
SD4 O404D	DK, R (Go to SR1_Q102A)
SR1_Q101D SR1B_A1D	During the past 12 months, how many times did you go to a meeting of a self-help group?  INTERVIEWER: Minimum is 1; maximum is 901.  If respondent answers "More than I can remember", enter "901".
	_ _  Number of times (MIN: 1) (MAX: 901)
	DK, R

SR1_Q102A SR1B_A2A	Did you <u>ever</u> use a telephone helpline for problems with emotions, mental health or use of alcohol or drugs?		
	1 Yes 2 No (Go to SR1_Q103) DK, R (Go to SR1_Q103)		
SR1_Q102B SR1B_A2B	How old were you the <u>first</u> time (you used a telephone helpline for any of these problems)? <u>INTERVIEWER</u> : Minimum is 1; maximum is %current age%.		
	_ _  Age in years (MIN: 1) (MAX: current age)		
	DK, R		
SR1_Q102C SR1B_A2C	When was the <u>last</u> time (you used a telephone helpline for any of these problems)?  INTERVIEWER: Read categories to respondent.		
	During the past month  Between 2 and 6 months ago  Between 7 and 12 months ago  More than a year ago  DK, R  Go to SR1_Q103)  DK, R		
SR1_Q102D SR1B_A2D	During the past 12 months, how many times did you use a telephone helpline?  INTERVIEWER: Minimum is 1; maximum is 901.  If respondent answers "More than I can remember", enter "901".    _  Number of times  (MIN: 1) (MAX: 901)  DK, R		
SR1_Q103	During the past 12 months, have you used or been in contact with any of the following <u>Canadian Forces</u> resources for your own needs?  INTERVIEWER: Read categories to respondent. Mark all that apply.		
SR1B_A3A SR1B_A3B SR1B_A3D SR1B_A3E SR1B_A3F SR1B_A3G SR1B_A3H	MFRC (Military Family Resource Centre) Telephone consultation with CFMAP (Canadian Forces Member's Assistance Program) CFMAP (Canadian Forces Member's Assistance Program) excluding telephone consultation Health Information Line CF Harassment Line Ombudsman Other resources – Specify None DK, R		

SR1\_E103 If only category 8 has been selected, go to SR1\_ND.

If SR1\_Q103 = 8 and any other response is indicated, show hard pop-up edit as

follows:

You cannot select "None" and another category.

Please return and correct.

Go to SR1\_Q103

Otherwise, go to SR1\_C103.

SR1\_ND <u>INTERVIEWER</u>: This is the end of the module. Press <1> to continue.

SR1\_END Go to next module.

### **SERVICES 2**

SR2\_QINT1 The following questions deal with the different kinds of help you received, or thought you needed, for problems with your emotions, mental health or use of alcohol or drugs. INTERVIEWER: Press <Enter> to continue. SR2\_Q01 During the past 12 months, did you receive the following kinds of help for problems with your emotions, mental health or use of alcohol or drugs? INTERVIEWER: Read categories to respondent. Mark all that apply. SR2B 1A 1 Information about mental health problems, its treatments or available services 2 Medication SR2B 1B SR2B 1C 3 Counselling or therapy SR2B 1D 4 Help for financial or housing problems 5 SR2B 1E Help for problems with personal relationships SR2B 1F 6 Help for employment status or work situation SR2B\_1G 7 Other – Specify 8 SR2B\_1H None DK, R SR2 E1 If only category 8 has been selected go to \$R2 C2 If SR2\_Q01 = 8 and any other response is indicated, show hard pop-up edit as follows: You cannot select "None" and another category. Please return and correct. Go to SR2\_Q01 SR2\_C2 If SR2\_Q01 <> 1, go to SR2\_Q02B. Otherwise, go to \$R2\_Q02A. SR2 Q02A You mentioned that you received information about mental health SR2B 2A problems, its treatments or available services. Do you think you got as much of this kind of help as you needed? Ýes (Go to SR2 C3) No DK, R (Go to SR2 C3)

#### SR2\_Q02A\_1 (Please refer to page 14 of the booklet.)

#### Why didn't you get more help?

INTERVIEWER: Read categories to respondent. Mark all that apply.

- SR2B\_2AA 1 Didn't know how or where to get this kind of help
- SR2B\_2AB 2 Language problems
- SR2B 2AC 3 Couldn't afford to pay
- SR2B\_2AD 4 Job interfered (e. g., workload, hours of work or no cooperation
  - from supervisor)
- SR2B\_2AE 5 Have not gotten around to it
- SR2B 2AF 6 Afraid of what others would think
- SR2B\_2AG 7 Help not readily available
- SR2B\_2AH 8 Didn't have confidence in military health, administrative or social
  - services
- SR2B\_2Al 9 Other Specify
  - DK, R

## SR2\_Q02B You mentioned that you did not receive information about mental health problems, its treatments or available services. Do you think you needed

this kind of help?

- 1 Yes
- 2 No

(Go to SR2\_C3)

DK, R

SR2\_Q02B\_1 (Please refer to page 14 of the booklet.)

#### Why didn't you get this help?

INTERVIEWER: Mark all that apply.

- SR2B\_2BA 1 Didn't know how or where to get this kind of help
- SR2B\_2BB 2 Language problems
- SR2B 2BC 3 Couldn't afford to pay
- SR2B\_2BD 4 Job interfered (e. g., workload, hours of work or no cooperation from supervisor)
- SR2B 2BE 5 Supervisor)
- SR2B 2BF 6 Afraid of what others would think
- SR2B 2BG (7) Welp not readily available
- SR2B 2BH 8 Didn't have confidence in military health, administrative or social services
- SR2B 2Bl 9 Other Specify
  - DK, R

SR2\_C3 If SR2\_Q01 <> 2, go to SR2\_Q03B.

Otherwise, go to SR2\_Q03A.

## SR2\_Q03A You mentioned that you received medication. Do you think you got as SR2B 3A much medication as you needed?

- 1 Yes (Go to SR2 C4)
- 2 No
  - DK, R (Go to SR2\_C4)

#### SR2\_Q03A\_1 (Please refer to page 14 of the booklet.)

### Why didn't you get more medication?

INTERVIEWER: Mark all that apply.

SR2B_3AA	1	Didn't know how or where to get this kind of help
SR2B_3AB	2	Language problems
SR2B_3AC	3	Couldn't afford to pay
SR2B_3AD	4	Job interfered (e. g., workload, hours of work or no cooperation from
		supervisor)
SR2B 3AF	5	Have not gotten around to it

SR2B\_3AE 5 Have not gotten around to it SR2B\_3AF 6 Afraid of what others would think

SR2B\_3AG 7 Help not readily available
SR2B 3AH 8 Didn't have confidence in military health, administrative or social services

SR2B 3AI 9 Other – Specify

DK, R

## SR2\_Q03B You mentioned that you did not receive medication. Do you think you needed medication?

1 Yes

2 No DK, R (Go to \$R2 C4) (Go to \$R2 C4)

#### SR2\_Q03B\_1 (Please refer to page 14 of the booklet.)

#### Why didn't you get medication?

INTERVIEWER: Mark all that apply

SR2B_3BA	1	Didn't know how or where to get this kind of help

SR2B\_3BB 2 Language problems
SR2B\_3BC 3 Couldn't afford to pay

SR2B\_3BD 4 Job interfered (e.g., workload, hours of work or no cooperation from supervisor)

SR2B\_3BE 5 Have not gotten around to it

SR2B\_3BF 6 Afraid of what others would think SR2B\_3BG 7 \ Help not readily available

SR2B\_3BH 8 Didn't have confidence in military health, administrative or social services

SR2B\_3BI 9 Other – Specify DK, R

SR2\_C4 If SR2\_Q01 <> 3, go to SR2\_Q04B.
Otherwise, go to SR2\_Q04A.

## SR2\_Q04A You mentioned that you received counselling or therapy. Do you think you got as much of this kind of help as you needed?

1 Yes (Go to SR2\_C5)

2 No DK, R

(Go to SR2\_C5)

#### SR2\_Q04A\_1 (Please refer to page 14 of the booklet.)

### Why didn't you get more help?

INTERVIEWER: Mark all that apply.

SR2B_4AA SR2B_4AB SR2B_4AC	1 2 3	Didn't know how or where to get this kind of help Language problems Couldn't afford to pay
SR2B_4AD	4	Job interfered (e. g., workload, hours of work or no cooperation from
		supervisor)
SR2B_4AE	5	Have not gotten around to it
SR2B_4AF	6	Afraid of what others would think
SR2B_4AG	7	Help not readily available
SR2B 4AH	8	Didn't have confidence in military health, administrative or social services
SR2B_4AI	9	Other – Specify

## SR2\_Q04B You mentioned that you did not receive counselling or therapy. Do you think you needed this kind of help?

1 Yes
2 No (Go to \$R2 C5)
DK, R (Go to \$R2 C5)

#### SR2\_Q04B\_1 (Please refer to page 14 of the booklet.)

DK, R

#### Why didn't you get help?

INTERVIEWER: Mark all that apply

SR2B_4BA	1	Didn't know how or where to get this kind of help
SR2B_4BB	2	Language problems
SR2B_4BC	3	Couldn't afford to pay
SR2B_4BD	4	Job interfered (e.g., workload, hours of work or no cooperation from
		supervisor)
SR2B_4BE	5	Have not gotten around to it
SR2B_4BF	6	Afraid of what others would think
SR2B_4BG	7 🔷	Help not readily available
SR2B_4BH	8	Didn't have confidence in military health, administrative or social services
SR2B_4BI	,9∖	Other – Specify
_	<'(	DK, R
	///	
SR2 (%)	\	R2 O01 <> 4 go to SR2 O05B

SR2\_C5 If SR2\_Q01 <> 4, go to SR2\_Q05B Otherwise, go to SR2\_Q05A.

## SR2\_Q05A You mentioned that you received help for financial or housing problems. SR2B\_5A Do you think you got as much of this kind of help as you needed?

1 Yes (Go to SR2\_C6)
2 No
DK, R (Go to SR2\_C6)

#### SR2\_Q05A\_1 (Please refer to page 14 of the booklet.)

### Why didn't you get more help?

<u>INTERVIEWER</u>: Mark all that apply.

SR2B_5AA	1	Didn't know how or where to get this kind of h	elp
----------	---	--	-----

SR2B\_5AB 2 Language problems SR2B\_5AC 3 Couldn't afford to pay

SR2B 5AD 4 Job interfered (e. g., workload, hours of work or no cooperation from

supervisor)

SR2B\_5AE 5 Have not gotten around to it

SR2B 5AF 6 Afraid of what others would think

SR2B 5AG 7 Help not readily available

SR2B\_5AH 8 Didn't have confidence in military health, administrative or social services

SR2B 5Al 9 Other – Specify

DK, R

## SR2\_Q05B You mentioned that you did not receive help for financial or housing SR2B 5B problems. Do you think you needed this kind of help?

1 Yes

2 No (Go to SR2 DK, R (Go to SR2

SR2 Q05B 1 (Please refer to page 14 of the booklet.)

#### Why didn't you get help?

INTERVIEWER: Mark all that apply

SR2B_5BA	1	Didn't know how or where to get this kind of help

SR2B\_5BB 2 Language problems
SR2B\_5BC 3 Couldn't afford to pay

SR2B\_5BD 4 Job\_interfered (e.g., workload, hours of work or no cooperation from

supervisor)

SR2B\_5BE 5 Have not gotten around to it

SR2B\_5BF 6 Afraid of what others would think

SR2B\_5BG 7 \ Help not readily available

SR2B\_5BH 8 \Qidn't have confidence in military health, administrative or social services

SR2B\_5BI Other – Specify

DK, R

SR2  $\angle$ 6 ( ) If  $\dot{S}$ R2\_Q01 <> 5, go to SR2\_Q06B.

∕Otherwise, go to SR2\_Q06A.

# SR2\_Q06A You mentioned that you received help for problems related to personal relationships. Do you think you got as much of this kind of help as you needed?

1 Yes (Go to SR2\_C7)

2 No

DK, R (Go to SR2 C7)

#### SR2\_Q06A\_1 (Please refer to page 14 of the booklet.)

### Why didn't you get more help?

INTERVIEWER: Mark all that apply.

SR2B_6AA	1	Didn't know how or where to get this kind of help
SR2B_6AB	2	Language problems
SR2B_6AC	3	Couldn't afford to pay
SR2B_6AD	4	Job interfered (e. g., workload, hours of work or no cooperation from
		supervisor)
SR2B_6AE	5	Have not gotten around to it
SR2B_6AF	6	Afraid of what others would think
SR2B_6AG	7	Help not readily available
SR2B_6AH	8	Didn't have confidence in military health, administrative or social services

SR2B\_6Al 9 Other – Specify

DK, R

SR2\_Q06B You mentioned that you did not receive help for problems with personal sR2B\_6B relationships. Do you think you needed this kind of help?

1 Yes 2 No (Go to \$R2 C7) DK, R (Go to \$R2 C7)

#### SR2\_Q06B\_1 (Please refer to page 14 of the booklet.)

#### Why didn't you get help?

INTERVIEWER: Mark all that apply

SR2B_6BA	1	Didn't know how or where to get this kind of help
SR2B_6BB	2	Language problems
SR2B_6BC	3	Couldn't afford to pay
SR2B_6BD	4	Job_interfered (e.g., workload, hours of work or no cooperation from
		supervisor)
SR2B_6BE	5	Have not gotten around to it
SR2B_6BF	6	Afraid of what others would think
SR2B_6BG	7 🔷	Help not readily available
SR2B_6BH	8	Didn't have confidence in military health, administrative or social services
SR2B_6BI	<i>(</i> <b>9</b> )	Other – Specify
	<'(	DK, R

SR2\_C7 If SR2\_Q01 <> 6, go to SR2\_Q07B. Otherwise, go to SR2\_Q07A.

## SR2\_Q07A You mentioned that you received help for your employment status or work situation. Do you think you got as much of this kind of help as you needed?

1 Yes (Go to SR2\_ND) 2 No

DK, R (Go to SR2\_ND)

#### SR2\_Q07A\_1 (Please refer to page 14 of the booklet.)

#### Why didn't you get more help?

INTERVIEWER: Mark all that apply.

SR2B 7A	A 1	Didn't know how o	or where to get this kind	of help
---------	-----	-------------------	---------------------------	---------

SR2B\_7AB 2 Language problems SR2B 7AC 3 Couldn't afford to pay

SR2B\_7AD 4 Job interfered (e. g., workload, hours of work or no cooperation from

supervisor)

SR2B\_7AE 5 Have not gotten around to it

SR2B\_7AF 6 Afraid of what others would think

SR2B\_7AG 7 Help not readily available

SR2B\_7AH 8 Didn't have confidence in military health, administrative or social services

SR2B 7AI 9 Other – Specify

DK, R

## SR2\_Q07B You mentioned that you did not receive help for your employment status or SR2B\_7B work situation. Do you think you needed this kind of help?

1 Yes

2 No (Go to \$R2 NĔ DK, R (Go to \$R2 NĔ

#### SR2\_Q07B\_1 (Please refer to page 14 of the booklet.)

#### Why didn't you get help?

INTERVIEWER: Mark all that apply

SR2B 7BA	1	Didn't know how or where to get this kind of help

SR2B\_7BB 2 Language problems SR2B\_7BC 3 Couldn't afford to pay

SR2B\_7BD 4 Job interfered (e.g., workload, hours of work or no cooperation from

supervisor)

SR2B\_7BE 5 Have not gotten around to it

SR2B\_7BF 6 Afraid of what others would think

SR2B\_7BG 7 Help not readily available SR2B\_7BH 8 Didn't have confidence in military health, administrative or social services

ĎK, R

SR2 ND(( )INTERVIEWER: This is the end of the module. Press <1> to continue.

SR2\_END Go to next module.

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### **M**EDICATION USE

MED\_QINT Now I'd like to ask a few questions about your use of medications, both prescription and over-the-counter, as well as other health products. INTERVIEWER: Press < Enter> to continue. MED\_C1 For each yes in MED\_Q01A to MED\_Q01G, create a fill ^MEDGRP. MED Q01A In the past 12 months, that is, from %date one year ago% to yesterday, MEDB 11A did you take any medication to help you sleep (such as Imovane, Nytôl or Starnoc)? (MEDGRP = medication to help you sleep) 1 Yes 2 No DK R (Go to MED END) MED Q01B (In the past 12 months, that is, from %date one year ago% to yesterday,) did you take diet pills (such as Ponderal, Dexatrim or Fastin)? MEDB 11B (MEDGRP = diet pilfs) 1 Yes 2 No DK, R (In the past 12 months, that is, from %date one year ago% to yesterday,) MED Q01C MEDB 11C did you take any medication to reduce anxiety or nervousness (such as Ativan, Valium or Serax)? 1 Yes (MEDGRP = medication to reduce anxiety or nervousness) 2 No DK. R (In the past 12 months, that is, from %date one year ago% to yesterday,) MED Q01D MEDB 11D did you take mood stabilizers (such as Lithium, Tegretol or Epival)? (MEDGRP = mood stabilizers) 2 Nδ ĐK, R (In the past 12 months, that is, from %date one year ago% to yesterday.) MED Q01/É did you take anti-depressants (such as Prozac, Paxil or Effexor)? MEDB/ 1 Yes (MEDGRP = anti-depressants) 2 No DK, R MED Q01F (In the past 12 months, that is, from %date one year ago% to yesterday,) MEDB 11F did you take any medication for the treatment of psychotic behaviours (such as Haldol, Risperdol or Seroquel)? Yes (MEDGRP = medication for the treatment of psychotic behaviours) 1 2 No DK, R

#### MED\_Q01G MEDB 11G

(In the past 12 months, that is, from %date one year ago% to yesterday,) did you take any stimulants (such as Ritalin, Dexedrine or Alertec)?

- 1 Yes (MEDGRP = stimulants)
- 2 No DK, R

#### MED\_C2

If any medications indicated in MED\_Q01A to MED\_Q01G (i.e. any of MED\_Q01A to MED\_Q01G = 1), go to sub-module of repeated questions on medication use. Once sub-module is completed for all medications, go to MED\_Q2.

If no medications indicated in MED\_Q01A to MED\_Q01G (i.e. none of MED\_Q01A to MED\_Q01G = 1), go to MED\_Q4.

#### REPEATED QUESTIONS

MED\_C3 For each yes in MED\_Q01A to MED\_Q01G, ask MED\_Q01n\_1 to MED\_Q01n\_4 where n = A, B, ..., G

## MED\_Q01n\_1 You mentioned taking ^MEDGRP. Was that under the supervision of a MEDB\_n1 health professional?

- 1 Yes
- 2 No (Go to MED, QQ1x 1 for the next MEDGRP)
  - DK (Go to MED)
  - R (Go to MED\_QQ4

### MED\_Q01n\_2 Who prescribed the medication?

INTERVIEWER: Read categories to respondent. Mark all that apply.

- MEDB n2A 1 Psychiatrist
- MEDB\_n2B 2 Family doctor or general practitioner
- MEDB n2C 3 Other medical doctor (e.g., cardiologist, gynaecologist, urologist)
- MEDB n2D 4 Other health professional
  - DK,₹R

#### MED\_Q01n\_3 MEDB\_n3

Think of a typical month during the past 12 months when you took ^MEDGRR. Were there any days when you either forgot to take the medicine or took less than you were supposed to?



No (Go to MED\_Q01n\_1 for the next MEDGRP)

DK, R (Go to MED\_Q01n\_1 for the next MEDGRP)

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#### MED\_Q01n\_4 Why did you do that?

INTERVIEWER: Read categories to respondent. Mark all that apply.

MEDB n4A	1	You forgot
MEDB_n4B	2	You felt better
MEDB_n4C	3	The medicine was not helping
MEDB_n4D	4	You thought the problem would get better without more medicine
MEDB_n4E	5	You couldn't afford to pay for the medicine
MEDB_n4F	6	You were too embarrassed to take the medicine
MEDB_n4G	7	You wanted to solve the problem without medication
MEDB_n4H	8	The medicine caused side-effects that made you stop
MEDB_n4I	9	You were afraid that you would get dependent on the medication
MEDB_n4J	10	Other reason – Specify

MED\_C5 Go to MED\_Q01n\_1 for the next MEDGRP.

#### **END OF REPEATED QUESTIONS**

#### MED\_Q04 MEDB\_4

Do you have insurance that covers all or part of the cost of your prescription medications? Include any private government or employee-paid insurance plans.

- 1 Yes 2 No DK, R
- MED\_Q05 MEDB\_5

Many people use other health products such as herbs, minerals or homeopathic products for problems with emotions, alcohol or drug use, energy, concentration, sleep or ability to deal with stress. In the past 12 months, have you used any of these health products?

```
1 Yes (Go to MED_END)

DK R (Go to MED_END)
```

#### MED\_Q06 What health products have you used?

INTERVIEWER: Mark all that apply.

MEDB_6A	_\1\	St. John's Wort / Mille	pertuis
MEDB_6B	2/>	Valerian	
MEDB 60	) 3	Chamomile	
MEDB_6D	4	Ginseng	
MEDB_6E	5	Kava Kava / Kava roo	t / piper methysticum
MEDB_6F	6	Lavender	
MEDB_6G	7	Chasteberry / Chaste	Tree Berries / vitex agnus-castus
MEDB_6H	8	Black Cohosh	
MEDB_6I	9	Ginkgo Biloba	
MEDB_6J	10	NeuRocover-DA	
MEDB_6K	11	Vitamins	
MEDB_6L	12	Other – Specify	
		DK, R	(Go to MED_END)

MED C8 If none of categories 1 to 12 are selected in MED Q6, go to MED END. If only 1 response of categories 1 to 12 in MED Q6, ask MED Q7 using the phrase "Was this". Otherwise, use the phrase, "Were these". If only 1 response of categories 1 to 12 in MED\_Q6, ask MED\_Q8 using "it" in %it/them%. Otherwise, use "them" in %it/them%. MED Q07 %Was/Were% %this/these% recommended to you by a professional? MEDB 7 Yes 2 No (Go to MED\_END) DK, R (Go to MED\_END) MED\_Q08 Who recommended %it/them%? INTERVIEWER: Mark all that apply. MEDB\_8A 1 Psychiatrist MEDB 8B 2 Family doctor or general practitioner 3 MEDB 8C Other medical doctor (e.g., cardiologist, gynaecologist,/urologist) 4 MEDB 8D **Psychologist** MEDB 8E 5 Chiropractor MEDB 8F 6 Nurse 7 MEDB\_8G Social worker or counsellor 8 MEDB 8H Homeopath or naturopath 9 Herbalist MEDB 8I MEDB 8J 10 Relaxation therapist MEDB\_8K 11 Biofeedback teacher Other - Specify MEDB 8L 12 DK, R MED END Go to next module.

### **SOCIAL SUPPORT**

SSM\_QINT Next are some questions about the support that is available to you. <u>INTERVIEWER</u>: Press <Enter> to continue. SSM Q01 Starting with a question on friendship, about how many close friends and SSMB\_01 close relatives do you have, that is, people you feel at ease with and can talk to about what is on your mind? (MIN: 0) (MAX: 99; warning after 20) Close friends DK, R (Go to SSM END) SSM\_QINT2 People sometimes look to others for companionship, assistance or other types of support. INTERVIEWER: Press <Enter> to continue. SSM Q02 (Please refer to page 15 of the booklet.) SSMB 02 How often is each of the following kinds of support available to you if you need it: ... someone to help you if you were confined to bed? INTERVIEWER: Read categories to respondent. 1 None of the time A little of the time 3 3 Some of the time 4 Most of the time 5 All of the time DK, R (Go to SSM\_END) SSM\_C02 If SSM\_Q02=2,3,4 or 5 then KEY\_PHRASE = %to help you if you were confined to bed% SSM Q03 someone you can count on to listen to you when you need to talk? SSMB 03 None of the time A little of the time Some of the time Most of the time All of the time DK, R SSM C03 If SSM Q03 = 2, 3, 4 or 5 then KEY PHRASE = %to listen to you%

#### SSM Q04 ... someone to give you advice about a crisis? SSMB 04 1 None of the time 2 A little of the time 3 Some of the time 4 Most of the time 5 All of the time DK, R SSM C04 If SSM\_Q04 = 2, 3, 4 or 5 then KEY\_PHRASE = %to give you advice% SSM Q05 ... someone to take you to the doctor if you needed it? SSMB 05 1 None of the time 2 A little of the time 3 Some of the time 4 Most of the time 5 All of the time DK, R If SSM\_Q05 = 2, 3, 4 or 5 then KEY\_PHRASE \(\psi\) to take you to the doctor% SSM\_C05 ... someone who shows you love and affection? SSM Q06 SSMB 06 1 None of the time 2 A little of the time 3 Some of the time 4 Most of the time 5 All of the time DK, R SSM\_C06 If SSM\_Q06 = 2, 3, 4 or 5 then KEY\_PHRASE = %to show you affection% SSM Q07 Again, how often is each of the following kinds of support available to you SSMB 07 if you need it; someone to have a good time with? None of the time A little of the time Some of the time Most of the time All of the time DK, R SSM C07 If SSM Q07 = 2, 3, 4 or 5 then KEY PHRASE = %to have a good time with% SSM\_Q08 ... someone to give you information in order to help you understand a SSMB\_08 situation? None of the time 1 2 A little of the time 3 Some of the time 4 Most of the time 5 All of the time DK, R

SSM C08 If SSM Q08 = 2, 3, 4 or 5 then KEY PHRASE = %to give you information% SSM Q09 ... someone to confide in or talk to about yourself or your problems? SSMB 09 1 None of the time 2 A little of the time 3 Some of the time 4 Most of the time 5 All of the time DK. R SSM C09 If SSM Q09 = 2, 3, 4 or 5 then KEY PHRASE = %to confide in% SSM Q10 ... someone who hugs you? SSMB 10 None of the time 1 2 A little of the time 3 Some of the time 4 Most of the time 5 All of the time DK, R SSM C10 If SSM Q10 = 2, 3, 4 or 5 then KEY PARASE  $\stackrel{\triangle}{=}$ %tǒ hug you% SSM Q11 ... someone to get together with for relaxation? SSMB 11 1 None of the time 2 A little of the time Some of the time 3 4 Most of the time 5 All of the time DK, R SSM\_C11 If SSM\_Q1( $\pm 2$ ,\3,4\ordright\square 5 then KEY\_PHRASE = %to relax with\% ... someone to prepare your meals if you were unable to do it yourself? SSM Q12 SSMB 12 None of the time Alittle of the time Some of the time Most of the time All of the time DK, R If SSM\_Q12 = 2, 3, 4 or 5 then KEY\_PHRASE = %to prepare your meals% SSM Q13 ... someone whose advice you really want? SSMB 13 1 None of the time 2 A little of the time 3 Some of the time 4 Most of the time 5 All of the time DK, R

SSM C13 If SSM\_Q13 = 2, 3, 4 or 5 then KEY\_PHRASE = %to advise you% SSM Q14 Again, how often is each of the following kinds of support available to you SSMB 14 if you need it: ... someone to do things with to help you get your mind off things? None of the time 2 A little of the time Some of the time 3 4 Most of the time 5 All of the time DK, R If SSM Q14 = 2, 3, 4 or 5 then KEY\_PHRASE = % to do things with % SSM\_C14 ... someone to help with daily chores if you were sick? SSM Q15 SSMB 15 1 None of the time 2 A little of the time 3 Some of the time 4 Most of the time 5 All of the time DK, R SSM\_C15 If SSM Q15 = 2, 3, 4 or 5 then KEY PHRASE = %to help with daily chores% ... someone to share your most private worries and fears with? SSM Q16 SSMB 16 1 None of the time A little of the time 2 3 Some of the time 4 Most of the time 5 All of the time DK, R SSM C16 If SSM Q16 = 2, 3, 4 or 5 then KEY PHRASE = %to share your worries and fears with%> SSM Q17 someone to turn to for suggestions about how to deal with a personal SSMB 17 problem? None of the time 2 A little of the time 3 Some of the time 4 Most of the time 5 All of the time DK, R SSM C17 If SSM Q17 = 2, 3, 4 or 5 then KEY PHRASE = %to turn to for suggestions%

#### SSM Q18 ... someone to do something enjoyable with? SSMB 18 1 None of the time 2 A little of the time 3 Some of the time 4 Most of the time 5 All of the time DK, R SSM\_C18 If SSM Q18 = 2, 3, 4 or 5 then KEY PHRASE = %to do something enjoyable with% SSM Q19 ... someone who understands your problems? SSMB 19 1 None of the time 2 A little of the time 3 Some of the time Most of the time 4 5 All of the time DK, R %to understand your If SSM\_Q19 = 2, 3, 4 or 5 then KEY\_PHRASE SSM C19 problems% SSM Q20 ... someone to love you and make you feel wanted? SSMB 20 1 None of the time 2 A little of the time 3 Some of the time 4 Most of the time 5 All of the time DK, R If SSM Q20 \(\sigma\_2\) SSM C20 3,4/or 5 then KEY\_PHRASE = %to love you and make you feel wanted% SSM\_C21A If any responses of 2, 3, 4 or 5 in SSM Q02 to SSM Q20, go to SSM\Q\NT21 A. Otherwise, go to SSM END. SSM QINT2 You have just mentioned that if you needed support, someone would be available for you. The next questions are about the support or help you actually received in the past 12 months. INTERVIEWER: Press <Enter> to continue. SSM\_C21 If any responses of 2, 3, 4 or 5 in SSM Q02 or SSM Q05 or SSM Q12 or SSM\_Q15, then SSM\_C21 = 1 (Yes) and go to SSM\_Q21A. Otherwise, SSM\_C21 = 2 (No) and go to SSM\_C22. SSM Q21A In the past 12 months, did you receive the following support: SSMB\_21A someone **^KEY PHRASES?** Yes 1 2 (Go to SSM C22) No DK, R (Go to SSM C22)

#### SSM Q21B When you needed it, how often did you receive this kind of support (in the SSMB 21B past 12 months)? INTERVIEWER: Read categories to respondent. 1 Almost always 2 Frequently 3 Half the time 4 Rarely 5 Never DK, R SSM C22 If any responses of 2, 3, 4 or 5 in SSM Q06 or SSM Q10 or SSM Q20 then SSM C22 = 1 (Yes) and go to SSM Q22A. Otherwise, SSM C22 = 2 (No) and go to SSM C23. SSM Q22A (In the past 12 months, did you receive the following supports) SSMB 22A someone **^KEY PHRASES?** 1 Yes 2 (Go to \$\shi\c\23) No (Go to \$SM C23) DK, R SSM Q22B When you needed it, how often did you receive this kind of support (in the SSMB 22B past 12 months)? INTERVIEWER: Read categories to respondent. 1 Almost always 2 Frequently 3 Half the time 4 Rarely 5 Never DK, R If any responses of 2,3,4 or 5 in SSM Q07 or SSM Q11 or SSM Q14 or SSM C23 SSM\_Q18, then SSM\_C23 = 1 (Yes) and go to SSM\_Q23A. Otherwise, SSM\_C23 = 2 (No) and go to SSM\_C24. SSM Q23A (In the past 12 months, did you receive the following support:) SSMB 23A someone ^KEY\_PHRASES? Yes (Go to SSM C24) No DK, R (Go to SSM C24) SSM QŽ3B When you needed it, how often did you receive this kind of support (in the past 12 months)? SSMB 23B INTERVIEWER: Read categories to respondent. 1 Almost always 2 Frequently 3 Half the time

4

5

Rarely

Never DK, R If any responses of 2, 3, 4 or 5 in SSM\_Q03 or SSM\_Q04 or SSM\_Q08 or SSM\_Q09 or SSM\_Q13 or SSM\_Q16 or SSM\_Q17 or SSM\_Q19, then SSM\_C24 = 1 (Yes) and go to SSM\_Q24A.

Otherwise, SSM\_C24 = 2 (No) and go to SSM\_END.

Otherwise, 35M\_C24 - 2 (NO) and go to 35M\_END.

SSM\_Q24A (In the past 12 months, did you receive the following support:) someone **^KEY\_PHRASES?** 

1 Yes

2 No (Go to SSM\_END) DK, R (Go to SSM\_END)

SSM\_Q24B SSMB\_24B When you needed it, how often did you receive this kind of support (in the past 12 months)?

<u>INTERVIEWER</u>: Read categories to respondent.

- 1 Almost always
- 2 Frequently
- 3 Half the time
- 4 Rarely
- 5 **Never** DK, R

SSM END Go to next module.

## SOCIO-DEMOGRAPHIC CHARACTERISTICS

SDE_QINT	Now some general background questions which will help us compare the health of people in Canada.  INTERVIEWER: Press <enter> to continue.</enter>					
SDE_Q1 SDCB 1	In wha	nt country were	you born?			
5565_1	1 2 3 4 5 6 7 8 9	Canada China France Germany Greece Guyana Hong Kong Hungary India Italy	(Go to SDE_Q4)	11 12 13 14 15 16 17 18 19	Jamaica Netherlands / Holland Philippines Poland Portugal United Kingdom United States Viet Nam Sri Lanka Other – Specify	
		DK, R	(Go to SDE_Q4)		>	
SDE_Q2 SDCB_2	Were y	Were you born a Canadian citizen?				
2222	1 2	Yes No DK, R	(Go to SDE (Q4)			
SDE_Q3 SDCB_3			irst come to Canada to rum is %year of birth%;		n is %current year%.	
		_  Year year of birth (M.	AX: current year)			
SDE_E3	DK, R  If SDE Otherw	7 - 7 / 2	oirth or SDE_Q3 <= curre p edit as follows.	ent year, ç	go to SDE_Q4.	
	Year n	nust be betweer	ո ^Info.YearofBirth and	l ^Info.Cı	urrentYear.	

## SDE\_Q4 To which ethnic or cultural group(s) did your <u>ancestors</u> belong? (For example: French, Scottish, Chinese, East Indian)

INTERVIEWER: Mark all that apply.

If "Canadian" is the only response, probe. If the respondent hesitates, do not suggest Canadian.

SDCB_4A	1	Canadian	SDCB_4L	12	Polish
SDCB_4B	2	French	SDCB_4M	13	Portuguese
SDCB_4C	3	English	SDCB_4N	14	South Asian (e.g. East Indian,
SDCB_4D	4	German			Pakistani, Sri Lankan)
SDCB_4E	5	Scottish	SDCB_40	15	Norwegian
SDCB_4F	6	Irish	SDCB_4P	16	Welsh
SDCB_4G	7	Italian	SDCB_4Q	17	Swedish
SDCB_4H	8	Ukrainian	SDCB_4R	18	Aboriginal (North American
					Indian, Métis, Inuit)
SDCB_4I	9	Dutch (Neth	erlands) SDCB_4S	3 19	Other – Specify
SDCB_4J	10	Chinese			DK, R
SDCB_4K	11	Jewish			(())

### SDE\_Q5 In what languages can you conduct a conversation?

INTERVIEWER: Mark all that apply.

			// / / / / / / / / / / / / / / / / / /	. ) ]	
SDCB_5A	1	English	SDCB_6K	<b>1</b> 1	Persian (Farsi)
SDCB_5B	2	French	SDCB 5L	12	Polish
SDCB_5C	3	Arabic	SDCB 5M	<sup>^</sup> 13	Portuguese
SDCB_5D	4	Chinese	SOCB 5N	14	Punjabi
SDCB_5E	5	Cree	SDEB 50	15	Spanish
SDCB_5F	6	German	SDCB_5P	16	Tagalog (Pilipino)
SDCB_5G	7	Greek	SDCB_5Q	17	Ukrainian
SDCB_5H	8	Hungarian 📈	SDCB_5R	18	Vietnamese
SDCB_5I	9	Italian	SDCB_5W	19	Dutch
SDCB_5J	10	Korean (	SDCB_5T	20	Hindi
		$(\%(\bigcirc)$	SDCB_5U	21	Russian
			SDCB_5V	22	Tamil
			SDCB_5S	23	Other – Specify
	$\Diamond$	$\checkmark(./\nearrow)$			DK, R
	<	(			

# SDE\_Q6 What is the language that you first learned at home in childhood and can still understand?

INTERVIEWER: Mark all that apply.

If person can no longer understand the first language learned, mark the second.

SDCB_6A	1	English	SDCB_6K	11	Persian (Farsi)
SDCB_6B	2	French	SDCB_6L	12	Polish
SDCB_6C	3	Arabic	SDCB_6M	13	Portuguese
SDCB_6D	4	Chinese	SDCB_6N	14	Punjabi
SDCB_6E	5	Cree	SDCB_60	15	Spanish
SDCB_6F	6	German	SDCB_6P	16	Tagalog (Pilipino)
SDCB_6G	7	Greek	SDCB_6Q	17	Ukrainian
SDCB_6H	8	Hungarian	SDCB_6R	18	Vietnamese
SDCB_6I	9	Italian	SDCB_6W	19	Dutch \
SDCB_6J	10	Korean	SDCB_6T	20	Hindi
			SDCB_6U	21	Russian
			SDCB_6V	22	(Tamil)
			SDCB_6S	23	Other – Specify
					DK. R

# SDE\_Q7 People living in Canada come from many different cultural and racial backgrounds. Are you:

INTERVIEWER: Read categories to respondent. Mark all that apply.

```
SDCB 7A
                      ...White?
              1
              2
SDCB 7B
                     ...Chinese?
                     ...South Asian (e.g., East Indian, Pakistani, Sri Lankan)?
SDCB 7C
              3
SDCB 7D
              4
                     ...Black?
SDCB 7E
              5
                     ...Filipino?
SDCB_7F
              6
                      ...Latin American?
                      ...Southeast Asian (e.g., Cambodian, Indonesian, Laotian,
SDCB_7G
              7
                     Vietnamese)?
              8
                      ...Arab?
SDCB 7H
                      ...West Asian (e.g., Afghan, Iranian)?
SDCB 7I
              9
                     J.Japanese?
SDCB 7J
              10
SDCB_7K
              11
                      ...Korean?
SDCB_7L
              12
                      . Aboriginal (North American Indian, Métis or Inuit)?
```

13 Other – Specify

DK, R

213

SDCB 7M

SDE\_Q8 Are you currently attending a school, college or university? SDCB\_8

1 Yes

2 No (Go to SDE\_END) DK, R (Go to SDE\_END)

SDE\_Q9 Are you enrolled as a full-time student or a part-time student? SDCB 9

1 Full-time

2 Part-time DK, R

SDE\_END Go to next module.

## CHILDHOOD AND ADULT STRESSORS

CAS\_QINT1 The next few questions ask about some things that may have happened to you while you were a child or a teenager, before you moved out of the house. Please tell me if any of these things have happened to you. INTERVIEWER: Press < Enter > to continue. CAS Q1 Did you spend 2 weeks or more in the hospital? CASB 1 Yes 1 2 No DK. R CAS Q2 Did your parents get a divorce or separate? CASB 2 Yes 2 No DK, R CAS Q3 Did your father or mother not have a job for a long time when they wanted CASB 3 to work? 1 Yes 2 No DK. R CAS Q4 Were you sent away from home because you did something wrong? CASB 4 1 Yes 2 No DK, R Did either of your parents drink or use drugs so often that it caused CAS Q5 CASB 5 problems for the family? Nδ ϿŔ, R Were you apprehended by a child protection service? CAS Q6 Yes 2 No DK, R CAS END Go to next module.

## SPIRITUAL VALUES

SPK_QIIVI			s <enter> to continue.</enter>	i values ili your ili	e.	
SPR_Q1 SPVB 1	Do spiritual values play an important role in your life?					
	1 2	Yes No DK, R		to SPR_Q5) to SPR_END)		
SPR_Q2 SPVB_2		To what extent do your spiritual values help you to find meaning in your life?  INTERVIEWER: Read categories to respondent.				
	1 2 3 4	A lot Some A little Not at all DK, R				
SPR_Q3 SPVB_3	To w every	To what extent do your spiritual values give you the strength to face everyday difficulties?				
	1 2 3 4	A lot Some A little Not at all DK, R		>		
SPR_Q4 SPVB_4	To what extent do your spiritual values help you to understand the difficulties of life?					
	1 2 3 4	A lot Some A little Not at all DK, R				

#### SPR\_Q5 SPVB 5

#### What, if any, is your religion?

- 1 No religion (Agnostic, Atheist) (Go to SPR\_END)
- 2 Roman Catholic
- 3 Ukrainian Catholic
- 4 United Church
- 5 Anglican (Church of England, Episcopalian)
- 6 Presbyterian
- 7 Lutheran
- 8 Baptist
- 9 Pentecostal
- 10 Eastern Orthodox
- 11 Jewish
- 12 Islam (Muslim)
- 13 Hindu
- 14 Buddhist
- 15 Sikh
- 16 Jehovah's Witness
- 17 Other Specify

DK, R

(Go to SPR\_END)

#### SPR\_Q6 SPVB 6

Not counting events such as weddings or funerals, during the past 12 months, how often did you participate in religious activities or attend religious services or meetings?

INTERVIEWER: Read categories to respondent.

Do not include special events such as weddings, funerals, baptisms, bar mitzvahs, etc.

- 1 Once a week or more
- 2 Once a month.
- 3 3 or 4 times a year
- 4 Once a year
- 5 Not at all DK R

SPR\_Q7 SPVB 7 In general, would you say that you are:

INTERWEWER: Read categories to respondent.

very religious?

... not very religious?

... not religious at all?

DK, R

SPR END

Go to next module.

## **CANADIAN FORCES LABOUR FORCE**

FLF\_QINT1

The next few questions concern your activities in the last 7 days. By the last 7 days, I mean beginning %date one week ago%, and ending %date yesterday%.

INTERVIEWER: Press < Enter> to continue.

#### **Job Attachment**

FLF\_Q01 FLFB 01 Last week, did you work at a job or a business? Please include part-time jobs, seasonal work, contract work, self-employment, your Canadian Forces job and any other paid work, regardless of the number of hours worked.

1 Yes (Go to FLF\_Q03)

DK, R (Go to FLE END)

FLF\_Q02 FLFB 02 Last week, did you have a job or business from which you were absent?

1 Yes (Go to FLF\_Q03)
2 No
3 DK, R (Go to FLF END)

21,11

FLF\_E02 If FLF\_Q02 = 2 (didn't have a job or business from which they were absent), show pop-up edit as follows.

The response is inconsistent with being a member of the Canadian Forces. Please return and correct.

FLF\_Q03 FLFB 03 Did you have more than one job or business last week?

1 Yes

#### (Primary) Job Characteristics

DK, R

FLF\_C42 | If FLF\_Q03 = 1 (had more than one job or business last week), go to FLF\_Q42A. Otherwise, go to FLF\_Q42B.

FLF\_Q42A FLFB 42A About how many hours a week do you usually work at your civilian job or business? If you usually work extra hours, paid or unpaid, please include these hours.

|\_|\_| Hours (MIN: 1) (MAX: 168; warning after 84) FLF\_Q42B About how many hours a week do you usually work at your Canadian FLFB 42B Forces job? If you usually work extra hours, paid or unpaid, please include these hours. Hours (MIN: 1) (MAX: 168; warning after 84) DK, R FLF\_E42 If FLF\_Q42A+ FLF\_Q42B >100 issue warning. An unusual value has been entered. Please confirm or return and correct. If FLF Q42A+ FLF\_Q42B >168 show pop-up edit as follows; The total number of hours worked per week in all jobs exceeds the total number of hours in a week. Please return and correct. FLF C44 If FLF\_Q42A > FLF\_Q42B THEN JobTypeE = "civilian job or business" JobTypeF = "emploi civil ou entreprise" Otherwise JobTypeE = "Canadian Forces job" JobTypeF = "emploi dans les Forces canadiennes" **ENDIF** (FLF Q42A — blank, DK, and R should be interpreted as 0) Which of the following best describes the hours you usually work at your FLF Q44 FLFB 44 ^JobTypeE? INTERVIEWER: Read categories to respondent. 1 Regular - daytime schedule or shift (Go to FLF\_Q46) Regular – evening shift 2 3 Regular - night shift 4 Rotating shift/(change from days to evenings to nights) 5 Split shift 6 On call Irregular schedule 8 Other hours - Specify DK. R (Go to FLF Q46) FLF Q45 What is the main reason that you work this schedule? Requirement of job / no choice 2 Going to school 3 Caring for – own children 4 Caring for - other relatives 5 To earn more money 6 Likes to work this schedule 7 Other - Specify DK, R FLF Q46 Do you usually work on weekends at your ^JobTypeE? FLFB 46 Yes 1 2 Nο DK, R

FLF C47 If FLF Q42A (# of hours worked per week at their civilian job or business-- blank, DK, and R should be interpreted as 0 in FLF Q42A) > FLF Q42B (# of hours worked per week at their Canadian Forces job), then go to FLF Q47). Otherwise, go to FLF C50. FLF Q47 Are you an employee or self-employed in your civilian job or business? FLFB 47 Employee 2 Self-employed 3 Working in a family business without pay DK, R FLF Q48 Which of the following best describes your occupation in your civilian job FLFB 48 or business? INTERVIEWER: Read categories to respondent. 1 Management 2 Professional (including accountants) 3 Technologist, Technician or Technical occupation 4 Administrative, Financial or Clerical 5 Sales or Service 6 Trades, Transport or Equipment operator/ Occupation in Farming, Forestry, Fishing or Mining 7 Occupation in Processing, Manufacturing or Utilities 8 Other occupation - Specify DK. R Absence / Hours FLF\_C50 If  $FLF_Q02 = 1$ , go  $t_Q FLF$ Otherwise, go to FLE What was the main reason you were absent from work last week? FLF Q50 FLFB 50 Own illness or disability Caring for – own children 3 Caring for – elder relatives Maternity leave (Females only) Other personal or family responsibilities Vacation Labour dispute (strike or lockout) Temporary layoff due to business conditions (Employees only) 9 Seasonal layoff (Employees only) Casual job, no work available (Employees only) 10 Work schedule (e.g. shift work) (Employees only) 11

12

13

14

15

Self-employed, no work available (Self-employed only)

Seasonal business (Excluding employees)

School or educational leave

Other - Specify

DK, R

```
FLF E50A
               If Sex = male and FLF Q50 = 4 (Maternity Leave)
                      Show pop-up edit as follows.
                      A response of "Maternity Leave" is invalid for a male respondent.
                      Please return and correct.
                      Go to FLF C51.
               Otherwise
                      go to FLF_E50B
               ENDIF
FLF E50B
               If FLF Q47 = 1 (employee) and FLF Q50 = 12 or 13.
                      Show pop-up edit as follows.
                      A response of "Self-employed, no work available" or "Seasonal
                      Business" is invalid for an employee.
                      Please return and correct.
                      Go to FLF_C51.
               Otherwise
                       Go to FLF E50C.
               ENDIF
FLF_E50C
               If FLF_Q47 = 2 (self-employed) and FLF_Q50 = 8, 9, 10 or 11.
                      Show pop-up edit as follows.
                      A response of "Temporary layoff due to business conditions",
                      "Seasonal layoff", "Casual jøb, no work available" or "Work
                      schedule" is invalid for a self-employed person.
                      Please return and correct.
                      Go to FLF C51.
               Otherwise
                       Go to FLF_E50D.
               ENDIF
               If FLF_Q47 = 3 (family business) and FLF_Q50 = 8, 9, 10, 11 or 12.
FLF_E50D
                      Show pop-up edit as follows.
                       A response of "Temporary layoff due to business conditions",
                       "Seasonal layoff", "Casual job, no work available", "Work
                      schedule" or "Self-employed, no work available" is invalid for a
                       person working in a family business without pay.
                       Please return and correct.
                       Go to FLF_C51.
                રીtherwiંsફે
                       Go to FLF_C50A.
               If FLF Q50 = 1 (Own illness or disability), ask FLF Q50A.
               Otherwise, go to FLF C51.
FLF Q50A
               Was that due to your physical health, to your emotional or mental health, to
FLFB 50A
               your use of alcohol or drugs, or to another reason?
               1
                       Physical health
               2
                      Emotional or mental health (including stress)
               3
                      Use of alcohol or drugs
                      Other – Specify
                      DK. R
```

#### Other Job

FLF\_C51 If FLF\_Q03 = 1 (had more than one job or business last week), go to FLF\_Q51A. Otherwise, go to FLF\_Q61.

#### FLF\_Q51A FLFB 51A

You indicated that you have more than one job. For how many weeks in a row did you work at more than one job in the past 12 months?

INTERVIEWER: Obtain best estimate.

|\_|\_| Weeks (MIN: 1) (MAX: 52)

DK, R

#### FLF\_Q52 FLFB 52

What is the main reason that you work at more than one job?

- 1 To meet regular household expenses
- 2 To pay off debts
- 3 To buy something special
- 4 To save for the future
- 5 To gain experience
- 6 To build up a business
- 7 Enjoys the work of the second job
- 8 Other Specify

DK. R

FLF C53

If FLF\_Q42A > FLF\_Q42B THEN

JobTypeE = "Canadian Forces job"

JobTypeF = "emploidans les Forces canadiennes"

Otherwise

JobTypeE = "civilian job or business"
JobTypeF = "emploi civil ou entreprise"

**ENDIF** 

(FLF\_Q42A ← blank, DK, and R should be interpreted as 0)

#### FLF\_Q53 FLFB\_53

Do you usually work on weekends at your ^JobTypeE?

1 Yes No DK, R

FLF\_C54

IF FLF\_Q42A (# of hours worked per week at their civilian job or business-blank, DK, and R should be interpreted as 0) > FLF\_Q42B (# of hours worked per week at their Canadian Forces job), then go to FLF\_Q61.

Otherwise go to FLF\_Q54.

#### FLF\_Q54 FLFB 54

Are you an employee or self-employed at your civilian job or business? <a href="INTERVIEWER">INTERVIEWER</a>: (If person currently holds two or more civilian jobs, report on the job for which the number of hours worked per week is the greatest.)

- 1 Employee
- 2 Self-employed
- Working in a family business without pay DK. R

#### FLF Q55 FLFB 55

#### Which of the following best describes your occupation at your civilian job or business?

INTERVIEWER: (If person currently holds two or more civilian jobs, report on the job for which the number of hours worked per week is the greatest.) INTERVIEWER: Read categories to respondent.

- 1 Management
- 2 Professional (including accountants)
- 3 Technologist, Technician or Technical occupation
- 4 Administrative, Financial or Clerical
- 5 Sales or Service
- 6 Trades, Transport or Equipment operator
- Occupation in Farming, Forestry, Fishing or Mining 7
- 8 Occupation in Processing, Manufacturing or Utilities
- 9 Other reason - Specify

DK, R

#### **Weeks Worked**

FLF Q61 FLFB 61

During the past 52 weeks, how many weeks did you do any work at a job or a business? (Include paid vacation leave, paid maternity leave, and paid sick leave.)

Weeks (MIN: 1) (MAX: 52)

DK, R

#### **Looking For Work**

FLF C71

If  $FLF_Q61 = 52$ , go to  $FLF_END$ . If FLF Q61(=51, goto/FLF\_Q71A. Otherwise, go to FLF Q71.

FLF Q71 FLFB 71

If RUE, Q61 was answered (i.e. not DK or R), use the second wording. Otherwise, use the first wording.

During the past 52 weeks, how many weeks were you looking for work?

That leaves %52 - FLF\_Q61% weeks. During those %52 - FLF\_Q61% weeks, how many weeks were you looking for work? INTERVIEWER: Minimum is 0; maximum is %52 - FLF Q61%.

Weeks (MIN: 0) (MAX: 52 - FLF\_Q61)

DK, R

Go to FLF C72.

#### FLF\_Q71A FLFB 71A

#### That leaves 1 week. During that week, did you look for work?

```
1 Yes (make FLF_Q71 = 1)
2 No (make FLF_Q71 = 0)
DK, R (make FLF_Q71 = FLF_Q71A)
```

FLF\_C72

If either FLF\_Q61 or FLF\_Q71 are non-response, go to FLF\_END. If the total number of weeks reported in FLF\_Q61 and FLF\_Q71 = 52, go to FLF\_END.

#### Otherwise

```
NumWeeks = [52 - (FLF_Q61 + FLF_Q71)].

If NumWeeks = 1 Then

WeeksTxt = 'week'

SemainesTxt = 'semaine'

LesquellesTxt = 'laquelle'

Otherwise (NumWeeks > 1)

WeeksTxt = 'weeks'
```

SemainesTxt = 'semaines' LesquellesTxt = 'lesquelles'

Endif

If FLF\_Q61 = 1 THEN
Q61WeeksTxt = 'week'
Q61SemainesTxt = 'semaine'
Q61LesquellesTxt = 'laquelle'

Otherwise (FLF\_Q61 > 1)
Q61WeeksTxt = 'weeks'
Q61SemainesTxt = 'semaines'
Q61Lesquelles Txt = 'lesquelles'

**ENDIF** 

If FLF Q71 = 1 THEN
Q71WeeksTxt = 'week'
Q71SemainesTxt = 'semaine'
Q71LesquellesTxt = 'laquelle'
Qtherwise (FLF\_Q71 = 0 or >1)
Q71WeeksTxt = 'weeks'
Q71SemainesTxt = 'semaines'
Q71LesquellesTxt = 'lesquelles'

ĖNDIF

Go to FLF\_Q72

FLF 072 FLFB 72

That leaves 'NumWeeks 'WeeksTxt during which you were neither working nor looking for work. Is that correct?

1 Yes (Go to FLF\_C73) 2 No DK, R (Go to FLF\_C73)

FLF E72

You have indicated that you worked for ^FLF\_Q61 ^Q61WeeksTxt and that you were looking for work for ^FLF\_Q71 ^Q71WeeksTxt, leaving ^NumWeeks ^WeeksTxt during which you were neither working nor looking for work. The total number of weeks must add to 52. Please return and correct.

FLF C73 If (FLF Q01 = 1 or FLF Q02 = 1), go to FLF Q73. Otherwise, go to FLF END. FLF Q73 What is the main reason that you were not looking for work? FLFB 73 INTERVIEWER: If more than one reason, choose the one that explains the most number of weeks. 1 Own illness or disability 2 Caring for – own children 3 Caring for – elder relatives 4 Pregnancy (Females only) 5 Other personal or family responsibilities 6 Vacation 7 Labour dispute (strike or lockout) 8 Temporary layoff due to business conditions 9 Seasonal layoff 10 Casual job, no work available Work schedule (e.g. shift work) 11 School or educational leave 12 13 Retired Believes no work available (in area or suited to skills) 14 15 Other - Specify FLF E73 If Sex = male and FLF\_Q73 = 4 (Pregnancy), show pop-up edit as follows. A response of "Pregnancy" is invalid for a male respondent. Please return and correct. If FLF Q73 = 1 (Own illness or disability), ask FLF Q73A. FLF C73A Otherwise, go to FLF END. FLF Q73A Was that due to your physical health, to your emotional or mental health, to FLFB 73A your use of alcohol or drugs, or to another reason? Physical health 1 2 Emotional or mental health (including stress) Use of alcohol or drugs Other – Specify DK, R

225

So to next module.

## **WORK STRESS**

WST\_C400 If respondent age > 75, go to WST\_END.

WST\_QINT4 (Please refer to page 16 of the booklet.)

The next few questions are about your <u>main job or business</u> in the past 12 months. I'm going to read you a series of statements that might describe your job situation. Please tell me if you strongly agree, agree, neither agree nor disagree, disagree, or strongly disagree.

INTERVIEWER: Press <Enter> to continue.

#### WST\_Q401 WSTB 401

Your job required that you learn new things.

- 1 Strongly agree
- 2 Agree
- 3 Neither agree nor disagree
- 4 Disagree
- 5 Strongly disagree

DK R

(Go to WST END

#### WST\_Q402 WSTB 402

Your job required a high level of skill

- 1 Strongly agree
- 2 Agree
- 3 Neither agree nor disagre
- 4 Disagree
- 5 Strongly disagree DK, R

WST\_Q403

Your job allowed you freedom to decide how you did your job.

## WSTB\_403

- 1 Strongly agree
- 2 Agree
- 3 Neither agree nor disagree
- 4 Disagree
- Strongly disagree

DK, R

WST 0404 WSTB 404

Your job required that you do things over and over.

- 1 Strongly agree
- 2 Agree
- 3 Neither agree nor disagree
- 4 Disagree
- 5 Strongly disagree

DK, R

#### WST\_Q405 WSTB 405

#### Your job was very hectic.

- 1 Strongly agree
- 2 Agree
- 3 Neither agree nor disagree
- 4 Disagree
- 5 Strongly disagree DK, R

#### WST\_Q406 WSTB 406

#### You were free from conflicting demands that others made.

- 1 Strongly agree
- 2 Agree
- 3 Neither agree nor disagree
- 4 Disagree
- 5 Strongly disagree

DK, R

#### WST\_Q407 WSTB\_407

#### Your job security was good.

- 1 Strongly agree
- 2 Agree
- 3 Neither agree nor disagree
- 4 Disagree
- 5 Strongly disagree

DK, R

#### WST\_Q408 WSTB 408

## Your job required a lot of physical effort.

- 1 Strongly agree
- 2 Agree
- 3 Neither agree nor disagree
- 4 Disagree
- 5 Strongly disagree

DK,₹R

#### WST\_Q409 WSTB 409

#### You had a lot to say about what happened in your job.

1 Strongly agree 2 Agree

Neither agree nor disagree

Disagree

Strongly disagree

DK, R

#### WST\_Q410 WSTB\_410

#### You were exposed to hostility or conflict from the people you worked with.

- 1 Strongly agree
- 2 Agree
- 3 Neither agree nor disagree
- 4 Disagree
- 5 Strongly disagree

DK, R

#### WST\_Q411 WSTB 411

Your supervisor was helpful in getting the job done.

- 1 Strongly agree
- 2 Agree
- 3 Neither agree nor disagree
- 4 Disagree
- 5 Strongly disagree DK, R

#### WST\_Q412 WSTB 412

The people you work with were helpful in getting the job done.

- 1 Strongly agree
- 2 Agree
- 3 Neither agree nor disagree
- 4 Disagree
- 5 Strongly disagree DK, R

WST\_Q413

How satisfied were you with your job?

WSTB\_413 <u>INTERVIEWER</u>: Read categories to respondent.

- 1 Very satisfied
- 2 Somewhat satisfied
- 3 Not too satisfied
- 4 Not at all satisfied

DK, R

WST\_END

Go to next module.



### INCOME

INCB 1C

INC E1

(Please turn to page 17 of the booklet.)

INC\_QINT

Although many health expenses are covered by health insurance, there is still a relationship between health and income. Please be assured that, like all other information you have provided, these answers will be kept strictly

confidential.

INTERVIEWER: Press < Enter> to continue.

INC\_Q1 Thinking about the total income for all household members, from which of the following sources did your household receive any income in the past 12

months?

INTERVIEWER: Read categories to respondent. Mark all that apply

INCB\_1A 1 Wages and salaries INCB\_1B 2 Income from self-em

2 Income from self-employment 3 Dividends and interest (e.g. on bonds, savings

INCB\_1D 4 Employment insurance INCB\_1E 5 Worker's compensation

INCB\_1F 6 Benefits from Canada or Quebec Pension Plan

INCB\_1G 7 Retirement pensions, superannuation and annuities

INCB\_1H 8 Old Age Security and Guaranteed Income Supplement

INCB\_1I 9 Child Tax Benefit

INCB\_1J 10 Provincial or municipal social assistance or welfare

INCB\_1K 11 Child support

INCB\_1L 12 Alimony

INCB\_1M 13 Other (e.g. rental/income/scholarships)

INCB\_1N 14 None (Go to INC\_Q3)
DK, R (Go to INC\_END)

If INC\_Q1 = 14 (None) and any other response selected in INC\_Q1, show popup edit as follows.

You cannot select "None" and another category. Please return and correct.

INC\_E2 If (INC\_Q1 > 1 or 2) and (LBF\_Q01 = 1 or LBF\_Q02 = 1 or LBF\_Q21 = 1), show opp-up edit as follows.

Inconsistent answers have been entered. Please confirm.

If more than one source of income is indicated, ask INC\_Q2. Otherwise, ask INC\_Q3. (INC\_Q2 will be filled with INC\_Q1 during processing.)

#### INCB 2 1 Wages and salaries 2 Income from self-employment 3 Dividends and interest (e.g. on bonds, savings) 4 **Employment insurance** 5 Worker's compensation 6 Benefits from Canada or Quebec Pension 7 Retirement pensions, superannuation and annuities 8 Old Age Security and Guaranteed Income Supplement 9 Child Tax Benefit 10 Provincial or municipal social assistance or welfare 11 Child support Alimony 12 13 Other (e.g. rental income, scholarships) None (category created during processing) 14 DK, R If the response in INC\_Q2 was not selected in INC\_Q1, show pop-up edit as INC\_E3 follows. The main source of income is not selected as one of the sources of income for all household members. Please return and correct. What is your best estimate of the total income, before taxes and deductions, INC Q3 of all household members from all sources in the past 12 months? INCB 3 (Go to INC C4) Income (MIN: 0) (MAX: 500,000; warking after 150,000) (Go to INC\_END) DK\_ (Go to INC\_Q3A) Can you estimate in which of the following groups your household income INC Q3A INCB 3A falls? Was the total household income less than \$20,000 or \$20,000 or more? Less than \$20.000 \$20,000 or more (Go to INC Q3E) No income (Go to INC END) DK. R (Go to INC END) Was the total household income from all sources less than \$10,000 or \$10,000 or more? Less than \$10,000 1 2 \$10,000 or more (Go to INC\_Q3D) (Go to INC\_C4) DK, R

What was the main source of income?

INC Q2

INC_Q3C INCB_3C		e total <u>household</u> income from all sour or more?	ces less than \$5,000 or
	1 2	Less than \$5,000 \$5,000 or more DK, R	
	Go to II	NC_C4	
INC_Q3D INCB_3D		e total <u>household</u> income from all sour 0 or more?	ces less than \$15,000 or
	1 2	Less than \$15,000 \$15,000 or more DK, R	
	Go to II	NC_C4	
INC_Q3E INCB_3E		e total <u>household</u> income from all sour 0 or more?	ces less than \$40,000 or
	1 2	Less than \$40,000 \$40,000 or more DK, R	(Go to INC_Q3G) (Go to INC_C4)
INC_Q3F INCB_3F		e total <u>household</u> income from all sour 0 or more?	ces less than \$30,000 or
	1 2	Less than \$30,000 \$30,000 or more DK, R	
	Go to II	NC_C4	
INC_Q3G INCB_3G		e total household income from all sour VIEWER: Read categories to respondent	
	1 2 3	less than \$50,000? \$50,000 to less than \$60,000? \$60,000 to less than \$80,000? \$80,000 or more? DK, R	
INC_C4	If age >	= 15, ask INC_Q4. Otherwise, go to INC_	END.
INC_Q4 INCB_4		s your best estimate of your total <u>perso</u> leductions, from all sources in the pas	
	_ _ _ _ (MIN: 0	_ _  Income  ) (MAX: 500,000; warning after 150,000)	(Go to INC_END)
	DK, R		(Go to INC_Q4A)

INC_Q4A INCB_4A	Can you estimate in which of the following groups your <u>personal</u> income falls? Was your total <u>personal</u> income less than \$20,000 or \$20,000 or more?				
	1 2 3	Less than \$20,000 \$20,000 or more No income DK, R	(Go to INC_Q4E) (Go to INC_END) (Go to INC_END)		
INC_Q4B INCB 4B	Was y	ur total <u>personal</u> income less than \$10,000 or \$10,000 or more?			
	1 2	Less than \$10,000 \$10,000 or more DK, R	(Go to INC_Q4D) (Go to INC_END)		
INC_Q4C INCB 4C					
	1 2	Less than \$5,000 \$5,000 or more DK, R			
	Go to I	INC_END			
INC_Q4D INCB 4D	Was your total <u>personal</u> income less than \$15,000 or \$15,000 or more?				
	1 2	Less than \$15,000 \$15,000 or more DK, R	>		
	Go to I	INC_END			
INC_Q4E INCB_4E	Was y	our total personal income less than \$	640,000 or \$40,000 or more?		
	1 2	Less than \$40,000 \$40,000 or more DK, R	(Go to INC_Q4G) (Go to INC_END)		
INC_Q4F INCB 4F	Wasy	our total <u>personal</u> income less than \$	330,000 or \$30,000 or more?		
	Go to I	Less than \$30,000 \$30,000 or more DK, R INC_END			
NC_Q4G INCB_4G		our total personal income: <u>VIEWER</u> : Read categories to responde	ent.		
	\$50 \$60	s than \$50,000? 0,000 to less than \$60,000? 0,000 to less than \$80,000? 0,000 or more?			
INC_END	Go to i	next module.			

## **APPENDIX 1: POST-TRAUMATIC STRESS DISORDER REFERENCE CARD**

	Type of event	Event ID number	Experience d Event in Lifetime?	Events related to 12 month reactions
1	Have you ever participated in combat, either as a member of a military, or as a member of an organized non-military group?	01	0	0
2	Have you ever served as a peacekeeper or relief worker in a war zone or in a place where there was ongoing terror of people because of political, ethnic, religious or other conflicts?	02	0	0
3	Were you ever an unarmed civilian in a place where there was a war, revolution, military coup or invasion?	03	0	0
4	Have you ever lived as a civilian in a place where there was ongoing terror of civilians for political, ethnic, religious or other reasons?	04	(9)	0
5	Were you ever a refugee — that is, did you ever flee from your own home to a foreign country or place to escape danger or persecution?	05	9/	0
6	Were you ever kidnapped or held captive?	96	\\ \o\\ \)	0
7	Were you ever exposed to a toxic chemical or substance that could cause you serious harm?	07	0	0
8	Were you ever involved in a life-threatening motor vehicle accident?	98	0	0
9	Were you ever in any other life-threatening accident, including on your job?	09	0	0
10	Were you ever involved in a major natural disaster, like a devastating flood, hurricane, or earthquake?	10	0	0
11	Were you ever in a man-made disaster, like a fire started by a cigarette, or a bomb explosion?	11	0	0
12	Have you ever had a life-threatening illness?	12	0	0
13	As a child, were you ever badly beaten by your parents or the people who raised you?	13	0	0
14	Were you ever badly beaten by a spouse or romantic partner?	14	0	0
15	Were you ever badly beaten up by anyone else?	15	0	0
16	Were you ever mugged, held up, or threatened with a weapon?	16	0	0
17	The next two questions are about sexual assault. We define sexual assault as anyone forcing you or attempting to force you into any unwanted sexual activity, by threatening you, holding you down or hurting you in some way. Has this ever happened to you?	17	0	0
18	Has anyone ever touched you against you will in any sexual way? By this I mean unwanted touching or grabbing, to kissing or foodling.	18	0	0
19	Has someone ever stalked you that is followed you or kept track of your activities in a way that made you feel you were in serious danger?	19	0	0
20	Has someone very close to you ever died unexpectedly; for example, they were killed in an accident, murdered, committed suicide, or had a fatal heart attack at a young age?	20	0	0
21	Other than what you already reported, have you ever had a son or daughter who had a life-threatening illness or mury?	21	0	0
22	Has anyone very close to you ever had an extremely traumatic experience, like being kidnapped, tortured or sexually assaulted?	22	0	0
23	When you were a child, did you ever witness serious physical fights at home, like your father beating up your mother?	23	0	0
24	Have you ever seen someone being badly injured or killed, or unexpectedly seen a dead body?	24	0	0
25	Have you ever done something that accidentally led to the serious injury or death of another person?	25	0	0
26	Have you ever purposely injured, tortured, or killed another person?	26	0	0
27	Have you ever seen atrocities or massacres such as mutilated bodies or mass killings?	27	0	0
28	Other than what you reported, have you ever experienced any other life threatening event?	28		
	Total of Lifetime Events (Count of total items marked in column)			