



My Road to the BC Games...

Participant Biography Form

Sports included in the BC Games are using the Games as an integral part of their sport's athlete, coaches', and officials' development. As a result there are younger and better athletes competing at the BC Games on their way to higher levels of competition, something the media is definitely interested in.

You can help us, and your sport, by taking the time to complete and submit this form.

Our Corporate Partner, Global BC, will also be doing daily, on-site coverage during the BC Winter Games, and will be looking for good stories.

We can't guarantee that the media will pick up every story that is submitted, but we know for sure that if you don't submit your story, it's a lot harder for the media to find out about you.

Good luck with your preparations for the Kimberley-Cranbrook 2008 BC Winter Games!

Examples of past stories that were covered by Global BC include:

- A Prince George volleyball zone coach who was coached by her father when she played in the BC Games, and then went on to coach her niece at the BC Games
- A 13 year old diver who is aiming to be the first BC Aboriginal Olympian in diving
- Julia Murray, the daughter of Crazy Canuck Dave Murray of national ski team fame in the 1980's, who is starting her own career

INVOLVEMENT IN YOUR SPORT

Tell us how you became involved in your sport and what keeps you involved.

ATHLETES:

Ideas: How did you qualify to come to these Games? What are your goals in sport? Who is your coach? How long have you worked with your current coach? How has your coach helped you to improve as an athlete? Describe your training program. How do you and your team keep sport fun?

COACHES:

Ideas: How long have you coached? Have you coached any athletes that British Columbians might know? Who influenced you to become a coach? Do you have a story that captures what coaching means to you? How do you keep sport fun?

OFFICIALS:

Ideas: How long have you officiated? Have you officiated at other major competitions that British Columbians might know? Who influenced you to become an official? Do you have a story that captures what officiating means to you?

Once completed, please return this form to your Zone Representative or to:

BC Games Society, 200-990 Fort Street, Victoria BC V8V 3K2 Fax: 250-387-4489
Email: info@bcgames.org

You can also complete this form online by going to www.bcgames.org and clicking on "Your Sport" and then "BC Winter Games." This will be available by January 2008.

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Participant Biography Form – Kimberley-Cranbrook 2008 BC Winter Games

Are you an: Athlete Coach Official

Name: _____ Age: _____ Male Female

Sport: _____ Zone Name: _____

Hometown: _____ Phone: (____) _____

Email address: _____

Tell us how you became involved in your sport and what keeps you involved.

Hint: Good Games stories capture the value of sport and the pursuit of excellence.

OTHER INFORMATION:

How has participation in sport made a difference in your life? What role has your family played in your sport career? If you do well at the BC Games, what will be the next step in your career?
