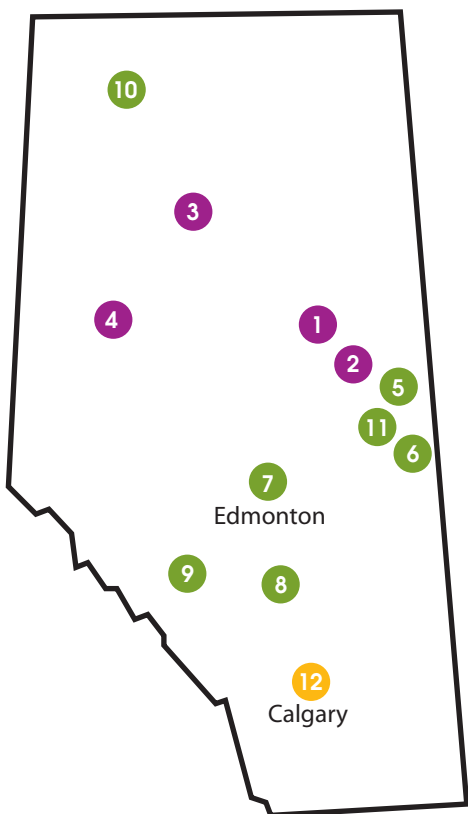


Aboriginal programs and services in Alberta



Legend

- | | |
|-----------------|------------------------|
| 1 Wabasca | 7 Edmonton |
| 2 Calling Lake | 8 Red Deer |
| 3 Peerless Lake | 9 Rocky Mountain House |
| 4 High Prairie | 10 High Level |
| 5 Cold Lake | 11 Bonnyville |
| 6 Fishing Lake | 12 Calgary |

What is AADAC?

As an agency of the Government of Alberta, AADAC (Alberta Alcohol and Drug Abuse Commission) operates and funds information, prevention and treatment services to help all Albertans with alcohol, tobacco, other drug and gambling problems.

AADAC also provides funding for programming and services specific to Aboriginal people. These include crisis services, outpatient treatment, short-term and long-term residential treatment, priority access for pregnant women, information, prevention, community education and addictions-related training programs.

This brochure lists the culturally based Aboriginal programs and services that receive funding from AADAC. Funded programs and services specific to Aboriginal people are located in several communities throughout Alberta.

Northern Alberta

Action North Recovery Centre (ANRC)

PO Box 872

High Level, AB T0H 1Z0

Phone 780-926-3113

Fax 780-926-2060

Website www.actionnorth.org

Email director@actionnorth.org

ANRC provides a 28-day inpatient addiction treatment program and a 90-day long-term residential program. There is also a 12-day follow-up program. The program content reflects Aboriginal culture.

Métis Indian Town Alcohol Association (MITAA)

PO Box 1202

High Prairie, AB T0G 1E0

Phone 780-523-3372

Fax 780-523-3922

Email mitaa@telusplanet.net

MITAA operates a shelter and social detoxification centre in High Prairie that provides a safe environment for the intoxicated person to withdraw from alcohol and other drugs. Services also include referral, introduction to AA, and individual counselling. MITAA also operates outpatient counselling offices in Peace River and Valleyview. MITAA helps clients gain access to traditional Aboriginal practices as needed.

Native Counselling Services of Alberta Addictions Program (NCSA)

PO Box 158

Wabasca, AB T0G 2K0

or

General Delivery

Calling Lake, AB T0G 0K0

Phone 780-891-3818 (Wabasca)

780-331-2127 (Calling Lake)

NCSA provides addiction services to the communities of Wabasca, Calling Lake, and Sandy Lake. Addictions counsellors provide prevention, education, and outpatient counselling services in Wabasca and Calling Lake and areas surrounding those communities. Clients are also encouraged to make traditional Aboriginal practices part of their healing. NCSA holds an annual Youth and Elder Summer Camp. The camp's creative education program aims to increase resiliency in youth to protect against harmful involvement with substances. The camp incorporates traditional practices such as elders' teachings and sweat lodge ceremonies.

Peerless Lake Healing Centre

PO Box 133

Peerless Lake, AB T0G 2W0

Phone 780-869-2544

Fax 780-869-2849

Peerless Lake Healing Centre offers outpatient addiction counselling and referral. The centre is involved annually in a local Treaty Day Celebration, and Family Camp. These events focus on traditional dress, activities, and practices to promote resiliency and prevent harmful substance use.

Central Alberta

Bonnyville Indian Métis Rehabilitation Centre (BIMRC)

PO Box 8148

Bonnyville, AB T9N 2J4

Phone 780-826-3328

Fax 780-826-4166

BIMRC provides a 28-day residential addiction treatment program that includes individual and group counselling information sessions, an introduction to self-help groups and exposure to Aboriginal culture (including workshops with Elders). This program is for adults and youth, ages 14 to 17 (youth must be accompanied by a parent or guardian).

Elizabeth Métis Settlement Addictions Program

PO Box 420

Cold Lake, AB T9M 1P1

Phone 780-594-3493

Fax 780-594-5452

This program provides addiction information, crisis intervention, counselling, referral and aftercare support for any individual (adult or youth), from the Elizabeth Métis Settlement.

Fishing Lake Métis Settlement Addictions Program

General Delivery

Fishing Lake, AB T0A 3G0

Phone 780-943-2202

Fax 780-943-2575

This program provides addiction information, crisis intervention, counselling, referral and aftercare support to adults and youth from the Fishing Lake Métis Settlement.

Nechi Training, Research and Health Promotions Institute

PO Box 34007

Kingsway Mall Post Office

Edmonton, AB T5G 3G4

Phone 780-459-1884

Fax 780-458-1883

Toll Free 1-800-459-1884

Website www.nechi.com

The institute offers a variety of addiction training programs for counsellors, volunteers and program administrators. Nechi has the capacity to develop innovative training for special community needs not addressed by regular training programs. Some training programs link with Keyano College and the University of Lethbridge.

Niwichihaw Aboriginal Addiction Counselling Service

Suite 205
4814-50 Street
Red Deer, AB T4N 1X6
Phone 403-342-0369
Fax 403-342-7437
Email niwich@shaw.ca

This program offers addiction assessment, referral, counselling and prevention services using the medicine wheel. Access to traditional Aboriginal healing such as the smudge, healing circle, feasts and elders' teachings is also provided. This program is for adults, youth and community groups from Red Deer and surrounding areas.

Poundmaker's Lodge Treatment Centres

PO Box 34007
Kingsway Mall Post Office
Edmonton, AB T5G 3G4
Phone 780-458-1884
Fax 780-459-1876
Website www.poundmaker.org

Services include residential drug and alcohol treatment programs for adults and adolescents and a residential problem gambling program, all located just outside St. Albert, Alberta. Community outpatient services are located at 10010-102A Avenue in Edmonton. The residential program helps clients connect with Aboriginal culture, and offers education, skill development, and group and individual counselling. Cultural activities in treatment include sweat lodge, smudges, pipe ceremonies, and teachings from elders. This is a culturally diverse program and everyone is welcome.

Rocky Native Friendship Centre

PO Box 1927

4917-52 Street

Rocky Mountain House, AB T4T 1B4

Phone 403-845-2788

Fax 403-845-3093

The centre provides prevention, education and outpatient counselling services for anyone (Aboriginal or non-Aboriginal) with alcohol, other drug or gambling problems.

Southern Alberta

Sunrise Native Addictions Services (NAS)

1231-34 Ave NE

Calgary AB T2E 6N4

Phone 403-261-7921

Fax 403-261-7945

Email nasgeneral@nass.ca

NAS offers Aboriginal-based short-term residential, long-term residential, outpatient and drop-in programs for adults and youth. Crisis intervention, assessment, referral, and information on alcohol, other drugs, and problem gambling for youth and adults are available.

NAS also delivers education and prevention programs to community groups and other organizations. Outpatient programs serve both youth and adults. The residential program is offered to adults only.



How to find us

If you or someone you know has a problem with alcohol, tobacco, other drugs or gambling, AADAC is here to help.

Call us toll-free 1-866-332-2322 or visit us online at www.aadac.com

Programs and services funded by

AADAC

Alberta Alcohol and Drug Abuse Commission
An Agency of the Government of Alberta

For more information, contact your local AADAC office,
call 1-866-33AADAC or visit our website www.aadac.com



Aboriginal

programs and services