

"...Darkness is present as depression descends upon me, but I see hope...I have been a nurse, teacher, mother and grandmother. I worked until I became ill with chronic pain, depression and anxiety...I have found my voice through my paintings."

"Lest We Forget" Catherine Pryor Moore

Your Health Matters

## CALL FOR SUBMISSION

The Department of Health, Mental Health Branch is seeking submissions of works of visual art from women who have experienced or are experiencing a mood disorder (i.e. anxiety, depression, bi-polar disorder etc.) and who live in Nova Scotia.

Artwork will be reproduced in a calendar to be published by the Department of Health to raise awareness of women and mood disorders and the issues for them at home and in the workplace.

### **For further information contact:**

Web site: [www.gov.ns.ca/health/mhs](http://www.gov.ns.ca/health/mhs)

or

Tony Prime (902) 424-7235

[primets@gov.ns.ca](mailto:primets@gov.ns.ca)

**Submission deadline is midnight March 31, 2008.**

### **Submissions to be sent to:**

Healthy Minds Cooperative  
C/o Francine Vezina, Coordinator  
The Village at Bayers Road  
7071 Bayers Road, Suite I12  
Halifax, NS B3L 2C2



**NOVA SCOTIA**  
**NOUVELLE-ÉCOSSE**

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Santé**