

DISCOVER

PLANNING FOR Post-Secondary Studies

EXPLORING INTERESTS AND ABILITIES, DEVELOPING AND SETTING CAREER GOALS
POST-SECONDARY EDUCATION: OPTIONS AND BENEFITS



SEARCHING FOR FINANCIAL INFORMATION, SUPPORTING YOUR TEEN
FINANCING POST-SECONDARY EDUCATION SCHOLARSHIPS, GRANTS, BURSARIES

G R A D E
T W E L V E
P A R E N T
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EXPLORE

EXPLORE

contents >



EXPLORING INTERESTS AND ABILITIES, SETTING CAREER GOALS
FINANCING EDUCATION, EXPLORING CAREER OPTIONS, SUPPORTING YOUR TEEN



02 | Introduction

04 | Exploring Interests and Abilities

05 | Activity: Skill Development Plan

06 | Setting Career Goals

07 | Activity: Career Goal-setting

08 | Activity: Developing Your Goal

09 | Post-secondary Education

09 | Benefits of Post-secondary Education

09 | Exploring Options for Post-secondary Education

11 | Activity: Post-secondary Research Chart

12 | Financing Post-secondary Education

12 | Scholarships

13 | Activity: Scholarship Quiz

13 | Student Savings

14 | Other Grants and Bursaries

14 | Financial Support for Aboriginal Students

14 | Government Student Loans

14 | Bank Student Loans

15 | Activity: Searching for Financial Information

16 | Supporting Your Teen's Learning and Career Development

17 | Activity: Parent Checklist

18 | Final Words

19 | Resources for More Information

Introduction

Lifelong learning... **Heather** laughed with her nephew and said, "That's okay, Ian. I still don't know what I want to be when I grow up." A 45-year-old full-time mother of three, Heather had previously been a nurse in the emergency department of a local hospital. Because she had stopped hospital work to raise her family, her status as a registered nurse had lapsed. She knows that raising her family has taught her many skills that she could use if she wants to return to paid work. She would like to enhance the skills she has developed in her career so far, and would like to pursue further education. She discusses her goals with her nephew and asks if he'd like to join her in exploring post-secondary education options.

Jamal, a 55-year-old government worker, sits at the kitchen table with his grade 11 daughter and grade 12 son. He leafs through the calendar from a local community college. He tells his children that he is interested in taking courses in herbology and massage because, when he retires from his current job, he wants to keep working in order to better support himself in his later years. He encourages his children to recognize the importance of lifelong learning and the need to plan throughout life. His discussion with his children about pursuing further education encouraged his son, Arif, to apply to two universities.



Career development is a process of self-awareness, research and financial planning. The foundation-building years of Kindergarten to Grade 12 have been an important part of your teen's career-planning journey. Now, as your teen approaches the end of high school, he or she must decide on post-secondary options and narrow down the multitude of career possibilities. With the right information, you can help support your teen as he or she continues planning and making these transitions.

In the future job market, post-secondary education will be required for most careers, which is why a higher education is essential to bring options and opportunities within your teen's reach. This booklet is designed to provide the information and tools you and your teen need to continue the process of planning for post-secondary education and for a future career.



With the right **information**, you can

help **support** your teen as he or she continues

planning for post-secondary studies.

Each section has ideas for supporting your teen's career development, and activities you can use to help your teen think about options, analyze information and make informed choices. This booklet will also assist you in identifying ways you and your family can work toward paying for post-secondary education. Open dialogue and exploration of opportunities with your teen will ensure that he or she can make good decisions for the future.



Exploring Interests and Abilities

PEOPLE WHO CHOOSE CAREERS that make the most of their skills, values and interests have more rewarding job experiences and are more likely to stay with their job for many years. During their junior and senior high school years, teens have been building a base of self-knowledge by trying different jobs and activities, and learning what they enjoy doing and what they do best. Now, as they prepare for the transition into their first post-secondary experiences, teens need to take the time to reflect on the interests and abilities they have developed through activities such as work experience, volunteering and extra-curricular activities.

Talk with your teen about his or her work-related skills and the skills that still need to be developed. Encourage your teen to use the **Skill Development Plan** on page 5 to assess and record his or her skills development.

Teens need **time** to **discover** what they
enjoy doing and what they **do best**

DISCOVER

interests

Activity: Skill Development Plan

Yes Not Yet CHECK 'YES' IF YOU HAVE THIS SKILL. CHECK 'NOT YET' IF YOU WANT TO DEVELOP THIS SKILL

Communication

- Do I communicate with the needs of different audiences in mind?
- Do I write with appropriate styles for particular audiences?
- When I read, am I able to understand a variety of written materials?

Interpersonal Skills

- Do I notice and appreciate the individuals in my school?
- Do I have a positive attitude and behave with:
 - self-confidence?
 - integrity?
 - willingness to learn?
 - respect for others?
- Do I behave responsibly toward myself and others?

Teamwork Skills

- Do I understand the goals of the team and work cooperatively to accomplish these goals?
- Do I understand and respect the culture and rules of my school or workplace?

Personal Management

- Do I take responsibility for my actions and decisions?
- Do I come up with new ideas, if required, to get work done?
- Do I begin new tasks and have the drive to get the work done?
- Do I set goals and manage my time and resources to meet them?

Date Skill Development Plan Completed

Date Skill Development Plan Reviewed and Revised



Setting Career Goals

02



It's

IMPORTANT TO HELP YOUR TEEN SET REALISTIC AND ACHIEVABLE GOALS. Career goals give teens a sense of direction to follow during and after high school. Discuss the importance of setting goals and finding strategies to achieve them. Encourage your teen to actively pursue his or her goals.

As your teen sets goals, it's important to remember that today's careers demand the ability to adapt to change. In the 21st century, individuals may have a number of careers over the course of a lifetime and there is a need to continually learn new skills and information. For this reason, encourage your teen to keep his or her options open and plan to be flexible and adaptable. Help your teen to monitor future job opportunities by identifying and discussing trends as he or she watches the news or reads newspapers and magazines. Encourage your teen to explore the business and careers sections of the newspaper. Model for your teen the desire and intent to pursue lifelong learning.

By grade 12, teens will probably have expressed interest in specific careers, but they may still be brainstorming ideas. Encourage your teen to use the Internet and other sources to find out more about careers he or she is interested in and to explore other possibilities. For example, www.nextsteps.org has links to occupational profiles that can be searched from A to Z. Alberta Learning Information Service at www.alis.gov.ab.ca and Human Resources and Skills Development Canada at www.hrsdc-rhdcc.gc.ca websites help teens discover career options and research predictions about future career trends in the global economy. These websites also describe employment rates for graduates from different programs of study, the occupations they found work in, typical earnings, and much more.

direction

High school is a crucial time for students to work on a career goal-setting process. Encourage your teen to complete the **Career Goal-Setting** activity below and the **Developing Your Goal** activities on the next page as they gather information. Your teen may want to develop an action plan for two or three career choices, so that if something happens to the first choice, he or she can still be on the way to achieving other long-term goals.

Activity: Career Goal-setting

What career/careers am I suited for?

Where can I learn more about these careers?

How much post-secondary education do these careers require?

Where are the schools that offer the programs I'll need?

Are there other courses that will be required or helpful when I apply for this program in the future?

How can I find people who will give me work experience in these fields?

How will I work towards getting the best possible grades this year?

How will I keep track of my progress on this goal?



goals

Activity: Developing Your Goal

My personal learning or career goal is:

What is influencing this goal?

- | | |
|--|--|
| <input type="checkbox"/> new information | <input type="checkbox"/> paid or unpaid work experience |
| <input type="checkbox"/> influence of another person | <input type="checkbox"/> discovery of new strength or talent |
| <input type="checkbox"/> personal interests | <input type="checkbox"/> other |

Minimal education/training needed for my career goal:

High school courses and minimum marks needed to be eligible for these post-secondary training opportunities:

What steps do I need to take to reach my career goal?

- ---
- ---
- ---
- ---
- ---
- ---
- ---
- ---
- ---



Post-secondary Education

03

Benefits of Post-secondary Education

EVERY PERSON HAS the potential to benefit from some type of post-secondary education. High school is not the end of an education, but a stepping-stone to future learning, whether it is at a college or university, a technical school, an apprenticeship training program or elsewhere.

The 21st century is a time of rapid change. New ideas and technological innovation will demand new job skills. The teen that goes on to post-secondary education will have more knowledge of a broad range of topics, a greater capacity for thinking critically and logically, and a better ability to communicate clearly in speech and in writing. These skills, plus the ability to make effective decisions, are an advantage in the workplace as well as in the community.

In this century, an estimated two-thirds of all new jobs will require post-secondary education (Canadian Bankers Association, *Saving for Your Children's Education*, 2000). Statistics show that individuals with a post-secondary education have a significantly lower unemployment rate than those with a high school education or less. A post-secondary education can mean a higher quality of life, including more career opportunities, better standard of living, greater job security, and higher income. Helping your teen plan for the transition from high school to post-secondary education will help to ensure he or she has satisfying work options in the global economy.

In this century, an estimated **two-thirds** of all new jobs will require **post-secondary** education

Exploring Options for Post-secondary Education

THERE ARE A WIDE VARIETY of post-secondary institutions, each serving different types of students with different skills and goals. Encourage your teen's interest in various options for post-secondary education, and become familiar with the different kinds of institutions so you can help your teen identify which ones would best fit his or her specific skills and goals.

The chart on the following page provides a general overview of the types of post-secondary institutions in Alberta and a description of the kinds of programs offered by each one. Further information can be found at www.learning.gov.ab.ca, and go to the *Post-Secondary Institutions* page.

QUOTE:
CANADIAN BANKERS
ASSOCIATION

TYPE OF INSTITUTION**INSTITUTIONS IN ALBERTA****Universities**

Offer a wide range of undergraduate degree programs, as well as a range of graduate studies

University of Calgary
 University of Alberta
 University of Lethbridge
 Athabasca University (distance learning)

Publicly funded colleges

Offer academic upgrading, apprenticeship, certificate, diploma, university transfer and applied degree, and degree completion opportunities

Alberta College of Art and Design (Calgary)
 Bow Valley College (Calgary and southern Alberta)
 Grande Prairie Regional College
 Grant MacEwan College (Edmonton)
 Keyano College (Fort McMurray)
 Lakeland College (Vermilion, Lloydminster and Sherwood Park)
 Lethbridge Community College
 Medicine Hat College
 Mount Royal College (Calgary)
 NorQuest College (Edmonton and surrounding areas)
 Northern Lakes College (Slave Lake, Grouard and northern Alberta)
 Olds College
 Portage College (Lac La Biche and northeastern Alberta)
 Red Deer College

Technical institutes

Offer certificate, diploma, applied degree, apprenticeship

Northern Alberta Institute of Technology (Edmonton)
 Southern Alberta Institute of Technology (Calgary)

Private colleges

Offer specific degrees at the university level

Canadian University College (Lacombe)
 Concordia University College (Edmonton)
 DeVry Institute of Technology (Calgary)
 The King's University College (Edmonton)
 Nazarene University College (Calgary)
 Taylor University College and Seminary (Edmonton)

Private vocational schools

Offer vocational training to provide graduates with basic skills for a specific occupation

There are over 140 private training institutions in Alberta

Community consortia

Offer educational opportunities - such as business, academic, administration, trades, nursing and university transfers - for residents in communities not served directly by a single institution; these opportunities may change from year to year, depending on the needs of students

Big Country Educational Consortium (serves Drumheller, Hanna, Stettler, Three Hills, Oyen, Youngstown, Cereal)
 Chinook Educational Consortium (serves Crowsnest Pass, Pincher Creek, Claresholm)
 Pembina Educational Consortium (serves Drayton Valley, Rocky Mountain House, Whitecourt, Fox Creek, Westlock)
 Yellowhead Region Educational Consortium (serves Hinton, Edson, Grande Cache, Jasper)



contacts

When your teen decides he or she needs more information, there are many sources to explore. Encourage your teen to conduct Internet-based research, ask others for referrals and recommendations, read college, technical and university guides and visit campuses. Support your teen's research by encouraging him or her to keep track of and compare their findings in the **Post-secondary Research Chart** below.

Activity: Post-secondary Research Chart

What are my academic and career interests?

What institutions offer programs related to these interests?

Name of Institution _____

Contact Person _____

Entrance Requirements _____

Diploma/certificate/degree offered _____

Name of Institution _____

Contact Person _____

Entrance Requirements _____

Diploma/certificate/degree offered _____

Name of Institution _____

Contact Person _____

Entrance Requirements _____

Diploma/certificate/degree offered _____

Name of Institution _____

Contact Person _____

Entrance Requirements _____

Diploma/certificate/degree offered _____

Name of Institution _____

Contact Person _____

Entrance Requirements _____

Diploma/certificate/degree offered _____



Financing

Post-secondary Education

PAGE

12

If

YOU HAVEN'T ALREADY DONE SO, it's time to start talking with your teen about how you and your family plan to finance his or her post-secondary education. As a family, discuss the contributions you will be able to make, perhaps from a Registered Education Savings Plan (RESP), or other sources, as well as your teen's role and responsibility in saving for his or her education. If you have younger children, you should consider opening a RESP for their post-secondary education.

There are a number of sources available to help finance your teen's post-secondary education. These include scholarships, grants and bursaries; federal and provincial government student loans; bank loans; and student summer or part-time jobs. At this stage of your teen's education, the key is to start investigating and applying for funding immediately— **application deadlines may be earlier than you think**. You can find out more about financial options such as scholarships and loans at www.alis.gov.ab.ca, www.canlearn.ca, and www.tradesecrets.org

Scholarships

Do you believe that competition for scholarships is too fierce and your teen has limited chances? The fact is, there are many scholarships available from a variety of sources including governments, school boards, schools, post-secondary institutions, industry, businesses and community organizations. Most of these scholarships are awarded based on academic achievement, sometimes in combination with other factors such as community service.

Alberta students can earn up to \$2,500 toward their post-secondary education through Alexander Rutherford Scholarships. These scholarships are awarded to students when they enroll in post-secondary institutions and have earned an 80% average in five designated high school courses (one of which must be a language arts course) in at least one grade in high school. Students typically apply for the Alexander Rutherford Scholarship in the spring of their grade 12 year, and the award is paid during the first semester of post-secondary studies.

If your teen is interested in an apprenticeship program, he or she may be eligible for the Alberta Apprenticeship and Industry Training Board Registered Apprenticeship Program Scholarship, known as the RAP Scholarship. This scholarship provides \$1,000 for up to 50 high school students who have participated in RAP and wish to continue into a regular apprenticeship program after finishing high school.

The True/False quiz on page 13 will help you rate your understanding of scholarships.

Activity: Scholarship Quiz (See answers below)

True	False	Statement
_____	_____	1. My own community is a good place to look for available scholarships.
_____	_____	2. My teen will not be eligible for scholarships if they also apply for a student loan.
_____	_____	3. My school, employer, community league, or church may have information about available scholarships.
_____	_____	4. My teen can apply for many different sources of funding.

4. TRUE – There are many sources of scholarship money including community organizations, government, post-secondary institutions, private industry and service organizations.

2. FALSE – Scholarships are usually awarded for academic excellence or in recognition of other achievements, not financial need.

3. TRUE – Another good source of information is the Internet.

Student Savings

In most families, financing post-secondary education is a shared responsibility. Your teen must plan for their financial contribution. Your teen may be able to contribute money he or she has saved from summer or part-time jobs. Help your teen look for jobs that will expose him or her to different types of work or to a particular field of interest. Your teen may also be able to contribute money saved from allowances, birthdays, investments or other sources.

Planning to contribute financially to his or her own post-secondary education will give your teen valuable experience with managing and saving money, and with goal setting and planning for the future.

Other Grants and Bursaries

The provincial and federal governments give grants and bursaries, such as:

- Alberta Opportunities Bursary - for first or second year students who qualify for a government student loan, demonstrate high financial need and are attending post-secondary studies at a participating Alberta institution
- Canada Millennium Bursary - up to \$3,000 per year for undergraduate students who qualify for a government student loan, demonstrate high financial need, and are enrolled in their second or subsequent year of undergraduate studies at a recognized institution in Canada
- Canada Study Grants - for students with permanent disabilities, female doctoral students and high-need students with children or other dependants, whose needs are not met through scholarships and student loans
- Maintenance Grants - for disadvantaged students
- Fellowships for Full-time Studies in French - up to \$500 per semester for students enrolled in full-time studies taught in French.

Unlike loans, grants and bursaries do not need to be repaid upon graduation. Most grants and bursaries are awarded to students based on financial or other special needs. Students are automatically considered for the awards listed above when they apply for a student loan, except for the French Fellowships which require a separate application form.

Financial Support for Aboriginal Students

Financial support for post-secondary studies is available to Inuit and Status Indian students living on or off reserve in Canada through the Department of Indian Affairs and Northern Development (DIAND). To qualify for this support, students must be identified as Status Indians under the federal *Indian Act*. Most individual First Nations bands establish their own criteria for selection. Students who are status and on a band list can contact their own band administrative office for more information. Policies and programs vary across the country and across the province. Additional information on specific benefits available is also available from regional and district offices of DIAND, Health Canada, First Nations band offices and tribal councils.

The Métis Nation of Alberta provides funding for Métis students entering or returning to post-secondary studies. For more information, contact the Métis Nation of Alberta at 780-423-2237.

In addition, the current directory *Scholarships, Bursaries and Awards for Aboriginal Students* lists over 500 sources of funding available to Aboriginal students entering or returning to post-secondary studies. For a copy of the directory, visit

http://collection.nlc-bnc.ca/100/200/301/inac-ainc/scholarships-e/sbaas_e.pdf.

Government Student Loans

Depending on your situation, you teen may be eligible to receive student loans sponsored by the provincial and federal governments. These loans are available to full-time students who have financial need and who are attending a certified post-secondary institution. Government loans are interest- and payment-free until the student leaves school. Government sponsored student financial assistance is a shared responsibility between parents, the student and government.

Bank Student Loans

Loans issued directly from a bank or other financial institution may be another alternative if your teen does not qualify for a government sponsored student loan.



Activity: Searching for Financial Information

Encourage your teen to use the following checklist to ensure he or she is covering all the bases when searching for information about financing post-secondary education.

Information sources on financing post-secondary education

Source:	Date and Contact for Follow-up:
The financial aid office at a local post-secondary institution (e.g. university, career college, etc.)	_____
High school counselor	_____
Federal agencies (e.g. Canada's Department of National Defense for students interested in a career with the Canadian Forces)	_____
The reference section of your school or public library	_____
The Internet (see the resources section at the back of this book)	_____
Foundations, religious organizations, community organizations, local businesses, cultural groups, sports organizations and civic groups	_____
Organizations (including professional associations) related to your field of interest	_____
Your employer	_____

It's important that **your family** develop
a plan to pay for **post-secondary** education



Supporting your teen's learning and career development

THERE ARE MANY WAYS PARENTS CAN ENCOURAGE AND SUPPORT their teens to pursue and complete post-secondary education and lifelong learning, including the following:

Discover interests and careers

Help your teen to identify his or her interests and to connect interests to specific careers. Listen to your teen's ideas when discussing topics related to career and post-secondary education planning. Help your teen find mentors in his or her field of interest.

Support them at school

Emphasize that school is the number one priority now and support your teen's efforts. In general, teens should spend at least 10 hours per week doing homework and studying outside of class. Encourage your teen to set goals for academic achievement. High school courses are designed to teach important skills and information.

It's also important for your teen to take part in a variety of school activities. Students who are involved in extra-curricular activities are more likely to complete high school.

Encourage your teen to **believe** in possibilities,
in themselves and in their abilities.

Explore volunteer and part-time work

Explore volunteer work as a family. If you participate in your community, your teen will be more likely to do the same. Volunteering can be a good way for teens to make contacts in the community and the larger world of work and learn new skills.

Encourage your teen to find part-time work that uses and develops his or her skills. Help them find strategies to manage their time to ensure that school remains the number one priority.

Plan for post-secondary

At the beginning of grade 12, encourage your teen to make and put into action a learning and career plan that outlines important steps such as researching the application deadlines for post-secondary institutions and scholarships. Help your teen find out the dates of open houses or career days at post-secondary institutions and plan to attend together. Take the opportunity to talk with students and faculty and perhaps tour the campus.

Help your teen explore post-secondary programs that fit his or her needs, skills and interests. Talk about college, university, technical institute, or apprenticeship programs and about how your own level of education influenced where you are in your career. What you say will influence your teen.

Encourage your teen to believe in possibilities, in themselves and in their abilities. Students with confidence are better able to set and reach fulfilling career goals. They are also able to develop communication skills that will help them throughout their life.

You may want to use the **Parent Checklist** activity below to reflect on and assess the ways that you are providing support for your teen's learning and career development.

Activity: Parent Checklist

Yes	Not Yet	Statement
<input type="checkbox"/>	<input type="checkbox"/>	Discover interests and careers
<input type="checkbox"/>	<input type="checkbox"/>	I listen to my teen and discuss interests, hopes and dreams.
<input type="checkbox"/>	<input type="checkbox"/>	I help my teen explore talents, strengths and interests.
<input type="checkbox"/>	<input type="checkbox"/>	I provide books about things my teen has an interest in, including biographies and sport, hobby and discovery subjects.
<input type="checkbox"/>	<input type="checkbox"/>	I set aside time to talk with my teen about goals for the next year and for the next five years.
<input type="checkbox"/>	<input type="checkbox"/>	I have taken steps to help ensure that my teen will have some real experience with his or her chosen career path before graduating from high school.
<input type="checkbox"/>	<input type="checkbox"/>	Support them at school
<input type="checkbox"/>	<input type="checkbox"/>	I am familiar with my teen's school program and discuss classroom activities, assignments and exam preparation regularly.
<input type="checkbox"/>	<input type="checkbox"/>	I have set aside a place in the house where my teen can study in quiet and with appropriate learning materials.
<input type="checkbox"/>	<input type="checkbox"/>	Explore volunteer and part-time work
<input type="checkbox"/>	<input type="checkbox"/>	I read employment ads with my teen and discuss qualifications.
<input type="checkbox"/>	<input type="checkbox"/>	I support my teen in finding summer employment.
<input type="checkbox"/>	<input type="checkbox"/>	I regularly create opportunities for my teen to assume responsibility.
<input type="checkbox"/>	<input type="checkbox"/>	I help my teen find job shadowing opportunities.
<input type="checkbox"/>	<input type="checkbox"/>	Plan for post-secondary
<input type="checkbox"/>	<input type="checkbox"/>	I help my teen research which courses he or she should take in a post-secondary institution to work toward career goals.
<input type="checkbox"/>	<input type="checkbox"/>	My teen and I developed a financial plan to pay for post-secondary education.

Support

Final Words

EXPLORING INTERESTS AND ABILITIES, FINANCING EDUCATION, SETTING GOALS

PAGE

18

THIS IS A TIME IN YOUR TEEN'S LIFE when he or she focuses on setting goals related to post-secondary education and career planning. High school students have the maturity to be more independent and responsible and make their own decisions. However, as parents, we continue to mentor them as they make the choices that will impact their future. By encouraging teens to plan for the transitions they will make in the coming years, parents can support a teen's success, and help provide the skills and knowledge he or she will need to make a positive contribution to the community.

If you **believe you can**, you probably can.

If you believe you won't, you most assuredly won't.

Belief is the ignition switch that gets you off the launching pad.

DENIS WAITLEY, IN
SEEDS OF GREATNESS

SEEDS OF GREATNESS



Resources

Websites

Publications

PAGE

19

for more information

THE FOLLOWING list of websites and publications offers a wide variety of career, post-secondary program and institution information, and various options for financing your teen's education.

www.alis.gov.ab.ca

The Alberta Learning Information Service website provides career, learning and employment information and services. The video *"Street Cents - Saving for School"* video is available on this website.

www.learning.gov.ab.ca

This Government of Alberta website provides information on curriculum and access to listings of post-secondary institutions.

www.tradesecrets.org

The Alberta Apprenticeship and Industry Training website provides information about trades and designated occupations in Alberta.

www.canlearn.ca

This Government of Canada interactive website provides information about post-secondary opportunities, learning strategies and financial planning. The website also includes information about the National Student Loans Service Centre.

www.hrsdc-rhdcc.gc.ca

This Human Resources and Skills Development Canada website provides links to job search and career development programs and services.

www.millenniumscholarships.ca

The Canada Millennium Scholarship Foundation website provides information on Millennium Scholarships.

www.lrc.learning.gov.ab.ca

The Learning Resources Centre (LRC) website lists resources such as *Lasting Gifts*, *The Parent Advantage* and *Make School Work for You*, that are available for purchase through the LRC. You can also phone 780-427-5775 (for toll-free access within Alberta, dial 310-0000).

Senior High Curriculum Handbooks for Parents and Programs of Study

These resources for parents can be found at www.learning.gov.ab.ca/parents/handbooks. They are also available in printed format through the Learning Resources Centre.

Student Learning-Career Planner Information Booklet

A short booklet published by the Government of Alberta that teens can use to begin or continue their career planning. Available at www.learning.gov.ab.ca/k_12/curriculum/other.asp

It's all about **making the most** of the
high school years, opening the door
to as many **opportunities** as possible

What's Next: Planning and Financing Your Post-secondary Education

A Government of Alberta publication that outlines initial steps for deciding on a post-secondary program and institution, and discusses various options for financing. Available at www.alis.gov.ab.ca and click on *Students Finance*, then *Guides and Publications*.

Time to Choose...a post-secondary education program

A booklet published by Alberta Human Resources and Employment to help teens research post-secondary options in Alberta and plan for their future education. Available at www.alis.gov.ab.ca and click on *e-Career Shop Catalogue*.

www.careerccc.org

The Canada Career Consortium website provides information on exploring and building work skills and career planning.



www.cba.ca

The Canadian Bankers Association website provides advice and resources related to financial planning for post-secondary education.

www.fac-aec.gc.ca

The Foreign Affairs Canada website provides information on studying abroad.

www.nextsteps.org

This website links to the City of Calgary's employment and career development website for youth.

www.workinfonet.ca

This website is sponsored by Human Resources and Skills Development Canada and provides access to the Canadian Web portal for education and job opportunity information.

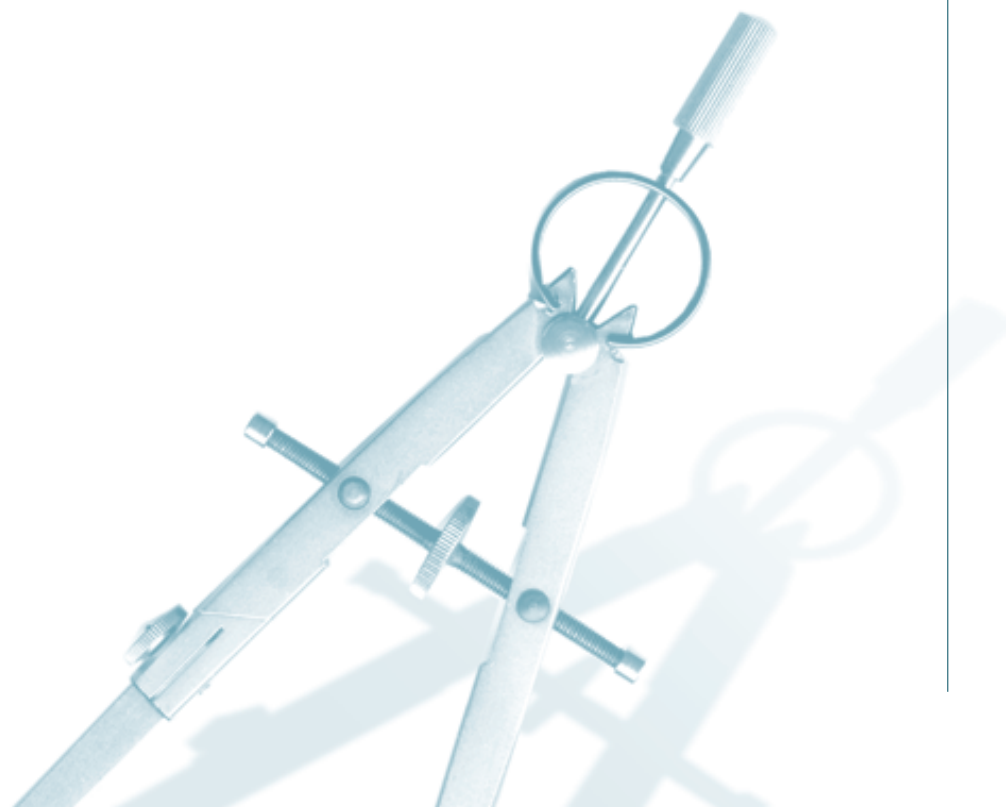
www.schoolnet.ca

This Government of Canada website provides learning resource and e-learning information.

Employability Skills 2000+ Brochure

A pamphlet that describes skills that future employees will need to be successful in the workplace. Published by the Conference Board of Canada and available at

www.conferenceboard.ca



Notes

EXPLORING INTERESTS AND ABILITIES, TEEN, FUTURE CAREER GOALS

PAGE

22



Alberta. Alberta Advanced Education. Learner Services Branch.
Planning for post-secondary studies : grade twelve parent guide.

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3. Education, Higher - Parent participation - Alberta. I. Title.
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For further information, contact:

Alberta Advanced Education
Learner Services Branch
9th Floor, Sterling Place
9940 - 106 Street
Edmonton, Alberta T5K 2V1

Telephone: 780-427-9726

Fax: 780-422-4517

Various websites are listed in this document. These sites are listed as a service only. Individuals using the sites are responsible for evaluating the relevance and accuracy of the information.



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For more information
on planning for post-
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