

# **BCHealthFiles**

Number 18b September 2007

### Tetanus, Diphtheria and Polio (Td-IPV) Vaccine

#### Keep your child safe. Get all shots on time.

By getting all shots on time, your child can be protected from many diseases over a lifetime.

Immunization has saved more lives in Canada in the last 50 years than any other health measure.

#### What is the Td-IPV vaccine?

The Td-IPV vaccine protects against three diseases:

- Tetanus
- Diphtheria
- Polio

The vaccine is approved by Health Canada and is provided free. Call your public health nurse or doctor to make an appointment.

#### Who should get the Td-IPV vaccine?

The Td-IPV vaccine is given to those 7 years of age and older who require a booster dose against tetanus and diphtheria and also need polio protection because of special circumstances.

It is important to keep a record of all immunizations received.

#### **Benefits of Td-IPV Vaccine**

The Td-IPV vaccine is the best way to protect against tetanus, diphtheria, and polio,

which are serious and sometimes fatal diseases.

When you get vaccinated, you help protect others as well.

#### **Possible Reactions after the Vaccine**

Vaccines are very safe. It is much safer to get the vaccine than to get tetanus, diphtheria or polio.

Common reactions to the vaccine may include soreness, swelling or redness where the shot was given.

Acetaminophen or Tylenol<sup>®</sup> can be given for fever or soreness. ASA or Aspirin<sup>®</sup> should NOT be given to anyone under 20 years of age due to the risk of Reye Syndrome.

It is important to stay in the clinic for 15 minutes after getting any vaccine because there is an extremely rare possibility of a life-threatening allergic reaction called anaphylaxis. This may include hives, difficulty breathing, or swelling of the throat, tongue or lips. If this happens after you leave the clinic, call 911 or the local emergency number. This reaction can be treated, and occurs in less than one in a million people who get the vaccine.

**Report serious or unexpected reactions to your public health nurse or doctor.** 

## Who should not get the Td-IPV vaccine?

Speak with a public health nurse or doctor if you or your child has had a life-threatening reaction to a previous dose of tetanus, diphtheria, or polio vaccine, or any component of the vaccine, including neomycin or polymyxin B.

The vaccine is not given to children less than 7 years of age as other vaccines are recommended.

People who developed Guillain-Barré Syndrome (GBS) within 8 weeks of getting tetanus vaccine should not get the Td-IPV vaccine. GBS is a rare condition that can result in weakness and paralysis of the body's muscles.

## What are Tetanus, Diphtheria, and Polio?

**Tetanus**, also called "lockjaw", is caused by a germ (bacteria) mostly found in the soil. When the bacteria enter the skin through a cut or scrape, they produce a poison that can cause painful tightening of muscles all over the body. It is very serious if the breathing muscles are affected. Up to 2 in 10 people who get tetanus will die.

**Diphtheria** is a serious infection of the nose and throat. About 1 in 10 people who get diphtheria will die. The germ (bacteria) is spread through the air by persons sneezing or coughing and by direct skin-to-skin contact. The disease can result in very severe breathing problems. It can also cause heart failure and paralysis.

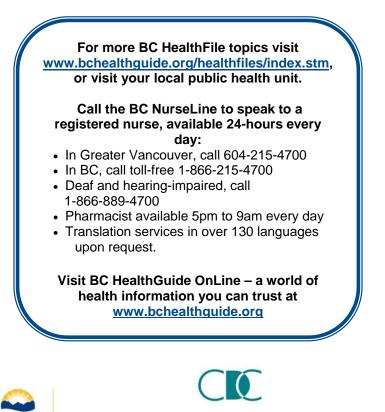
**Polio** is a disease caused by infection with a virus. While some polio infections show no symptoms, others can result in paralysis of arms or legs and even death. Polio can be

spread by contact with the bowel movements (stool) of an infected person. This can happen from eating food or drinking water contaminated with stool.

These diseases are now rare in BC because of routine childhood vaccination programs.

#### **Mature Minor Consent**

Effort is made to seek parental or guardian consent prior to immunization. Children under the age of 19 who are able to understand the risks and benefits may consent to or refuse immunizations, regardless of the parent's or guardian's wishes. It is recommended that parents/guardians and their minor children discuss immunizations beforehand, and ask the nurse or doctor any questions.



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