

Practical Help in Finding a Job

Are you looking for a job? If you are eligible for the Employment Services measure, you can

- attend information sessions on the labour market;
- receive career advice and counselling services;
- participate in job search assistance (including the job search club approach) and job placement assistance activities.

You are eligible if

you receive Employment Insurance benefits;
you receive employment-assistance benefits;
you are unemployed and do not receive public income support;
you are employed or in school and are in need of employment services.

Duration of assistance

Varies according to participants' needs, but generally less than 180 hours

Resources providing this assistance

Organizations supported by Emploi-Québec

For more information

Log on to emploiquebec.net or visit your local employment centre (CLE).

**To find the local employment
centre nearest you, visit emploiquebec.net
or call 1-888-367-5647.**

Québec is responsible for active employment measures and certain functions of the National Employment Service that are funded by Canada's Employment Insurance Account.