

**OCCUPATIONAL  
HEALTH AND SAFETY  
VIDEO CATALOGUE**

**2007**

## INTRODUCTION

The Occupational Health and Safety Video Library is a joint initiative of the **Workers' Compensation Board of Nova Scotia** and the **Occupational Health and Safety Division of Nova Scotia Environment and Labour**. This video catalogue has been assembled in an effort to make these educational materials more readily available to clients in Atlantic Canada.

This catalogue is produced by the **Nova Scotia Environment and Labour Library**.

## DIRECTIONS FOR REQUESTING VIDEOS/DVDS

1. All videos and DVDs are available on loan to residents of Nova Scotia, Newfoundland, Prince Edward Island and New Brunswick. Materials are loaned free of charge.
2. A maximum of 5 items may be borrowed at any one time.
3. Make your reservations at least 3 weeks in advance.
4. The normal lending period is 2 weeks, and materials must be returned at that time. Where circumstances warrant and a request is made in advance, arrangements may be made to extend the loan period.
5. Shipping costs on all outgoing videos and DVDs are paid by the OH&S division.
6. **The borrower is required to pay all return charges. Materials must be returned by courier or in person, not by mail.**
7. Videos and DVDs lost or damaged while in the possession of the borrower are the responsibility of the borrower.
8. Videos/DVDs can be requested by contacting the Nova Scotia Environment and Labour Library. The contact information is listed below.

Contact:

Nova Scotia Environment & Labour Library  
5151 Terminal Road  
Halifax, NS  
B3J 2T8

Tel: (902) 424-8474

Fax: (902) 424-6925

E-mail: [ohsvideo@gov.ns.ca](mailto:ohsvideo@gov.ns.ca)

Website: <http://www.gov.ns.ca/enla/ohs/video/doc/nsvideocatalogue.pdf>

# CONTENTS

<b>Accident Investigation</b>	<b>6</b>
<b>AIDS</b>	<b>7</b>
<b>Air Quality and Ventilation</b>	<b>8</b>
<b>Analysing Safety</b>	<b>9</b>
<b>Asbestos</b>	<b>11</b>
<b>Back Safety</b>	<b>13</b>
<b>Chemical Safety</b>	<b>14</b>
<b>Committees and Meetings</b>	<b>19</b>
<b>Confined Space Safety</b>	<b>20</b>
<b>Construction Safety</b>	<b>22</b>
<b>Driving Safety</b>	<b>26</b>
<b>Electrical Safety</b>	<b>28</b>
<b>Ergonomics</b>	<b>30</b>
<b>Eye Safety</b>	<b>36</b>
<b>Farm/Groundskeeping Safety</b>	<b>37</b>
<b>Fire Safety</b>	<b>40</b>

<b>Foot Safety</b>	<b>41</b>
<b>Forestry Safety</b>	<b>42</b>
<b>Forklift Safety</b>	<b>44</b>
<b>General Health</b>	<b>46</b>
<b>Hand Safety</b>	<b>49</b>
<b>Hazard Awareness and Analysis</b>	<b>50</b>
<b>Head Safety</b>	<b>52</b>
<b>Hearing Safety</b>	<b>53</b>
<b>Housekeeping Safety</b>	<b>54</b>
<b>Industrial Safety</b>	<b>55</b>
<b>Kitchen Safety</b>	<b>56</b>
<b>Legislative and Regulatory</b>	<b>58</b>
<b>Machine Safety</b>	<b>59</b>
<b>Managing Health and Safety</b>	<b>60</b>
<b>Manual Handling</b>	<b>61</b>
<b>Marine and Air Safety</b>	<b>64</b>
<b>Medical and Hospitals</b>	<b>65</b>
<b>Motivation</b>	<b>69</b>
<b>Office Safety</b>	<b>71</b>
<b>Personal Protection and Safety</b>	<b>72</b>

<b>Prevention</b>	<b>78</b>
<b>Respirators</b>	<b>81</b>
<b>Rigging Safety</b>	<b>83</b>
<b>Safety Awareness and Inspection</b>	<b>84</b>
<b>Supervisors/Employees</b>	<b>86</b>
<b>Tools: Hand and Power</b>	<b>87</b>
<b>Trenching Safety</b>	<b>88</b>
<b>Underground Mining</b>	<b>89</b>
<b>Welding, Grinding and Cutting</b>	<b>91</b>
<b>WHMIS/Hazardous Materials</b>	<b>92</b>

## **ACCIDENT INVESTIGATION**

### **(421) Accident Investigation**

Accident investigation is an essential part of any overall safety program. Much can be learned from successful completion of investigations to improve procedures, safety rules and prevent accidents and injuries in the future. Some highlights of this program include: types of accidents, outcomes of accidents, and contributory factors leading to accidents.

Length: 12 minutes

### **(472 DVD) Accident Investigation**

The topics covered in the video include the goals of an accident investigation, securing an accident scene, "root-cause" analysis, the importance of investigative interviews, assisting in an accident investigation, reporting the "near misses", the role of policies, equipment and training on accident prevention.

Length: 13 minutes

### **(424) Too Close for Comfort: Near Miss Reporting and Investigation**

This video defines the term "Near Miss Incident" and stresses the importance of proper reporting and investigation of near miss incidents.

Length: 15 minutes

### **(064) Who's to Blame?**

Mary Dalton thinks incident reports are for finger-pointing, but when she injures herself, she learns that incident reports are meant to help all of us work safely. TAKE TWO and learn from the mistakes of others.

Length: 9 minutes

## AIDS

### **(054) About AIDS**

This tape is designed to give clean answers to some common questions about AIDS and motivate people to protect themselves from infection with the AIDS virus.

Length: 20 minutes

## **AIR QUALITY AND VENTILATION**

### **(435) Air Purifying Respirators : Information to Know**

No description available.

Length: English - 22 minutes  
French - 25 minutes

### **(016) Air Sampling**

This is an informative video on air monitoring techniques used by an industrial hygienist.

Length: 12 minutes

### **(233) A Breath of Fresh Air: Improving Air Quality in Your Office**

Concerned about the air quality in your office? This live action video for office workers and managers will help you become an office detective. It includes common symptoms caused by poor air quality; a step-by-step procedure for investigating and correcting a suspected problem in your office.

Length: 25 minutes

### **(017) Ventilation**

This video provides information on techniques and controls used to control airborne hazards.

Length: 13 minutes



## **ANALYSING SAFETY**

### **(297) A Formula For Effective Risk Management**

The first of this two tape program introduces the components of effective risk communication and introduces the concept of hazard versus outrage. The program then continues to discuss the first six of 20 components that create outrage and how they can be effectively addressed. The second of the two tape program continues the discussion of components seven to 20 that create outrage and outlines effective strategies for addressing each component. The session finishes up with a series of conclusions, a review of the two tape program and a short question and answer session.

Length: Part 1 - 46 minutes  
Part 2 - 65 minutes

### **(174) Guiding the New Employee to Safety**

New employees must be introduced to the importance of safe work practices, and that responsibility rests upon the first-line supervisor.

Length: 14 minutes

### **(250) The Making of JSA: Job Safety Analysis**

This program uses the humorous interaction between a wild video producer and a conservative safety director to illustrate the components of the JSA, such as criteria for job selection, breaking the job into steps, identifying the hazards at each step, and developing procedures to eliminate hazards. Also covered are the uses of the JSA, including self-reference guides, training for new workers, equipment safety maintenance checklists, and accident analysis.

Length: 21 minutes

### **(170) Mastering Job Safety Analysis**

Teaches the first-line supervisor how to develop a step-by-step procedure for breaking down the elements of a job so it can be performed as safely as possible.

Length: 15 minutes

### **(295) Risk Management Today**

Deals with risk management and accidents pertaining to losses, including a brief reference to safety. Resource tape for those involved in loss control management. Deals also with cost analysis pertaining to losses in workplaces of all types - insured or uninsured. Business common sense stressed.

Length: 10 minutes

**(022) Supervising Safety: You Make The Difference**

A video training program designed for supervisors. It informs them of the ways in which they can improve the safety of the operations they supervise by modeling and other techniques. The program discusses the factors that lead to accidents and the techniques supervisors can use to change employees' behaviours to reduce the number of accidents.

Length: 19 minutes

**(172) Understanding Your Safety Responsibility**

Provides seven rules to observe in order to obtain the company's accident prevention goals while ensuring the safety of the entire work crew.

Length: 14 minutes

**(290) Workcare: Occupational Health & Safety**

This video depicts four scenarios where young engineers and managers have been exposed to health and safety problems - not to themselves but with staff in their control. All resulted in workers contracting either serious injury or permanent sickness as a result of the ignorance of the young professional person in charge. Because health and safety was not part of their basic management or engineering training, these people have inadvertently caused others to suffer.

Length: 22 minutes

## **ASBESTOS**

### **(019) Asbestos Abatement**

This video provides a total overview of asbestos abatement techniques and technologies. The program assumes no specific knowledge on the part of the viewer and is designed for use by both lay persons and professionals who must quickly understand the complex process of asbestos abatement in buildings.

Length: 63 minutes

### **(325) Asbestos In Buildings**

The purpose of this video is to put asbestos risks into perspective as well as to provide practical guidelines on how best to deal with friable asbestos-containing materials in buildings.

Length: 14 minutes

### **(033) Asbestos: Small Scale, Short Duration**

This is a two-part live-action video program designed to instruct employees about the work procedures to follow when working with asbestos. The program covers preliminary precautions and appropriate work practices for jobs involving asbestos found in pipe insulation, flange gaskets, pump and valve packing, and insulation above drop ceilings. The importance of using wet methods is emphasized. Both the glove bag and non-glove bag technique are demonstrated.

Length: 29 minutes

### **(034) Asbestos: Understanding the Hazard**

This tape is a live-action video program designed to instruct employees about the hazards of asbestos. This program covers some basic facts about asbestos, discusses government regulations concerning asbestos, describes the long-term or chronic health effects associated with asbestos, and the basic work practices for working safely with asbestos.

Length: 22 minutes

### **(031) HEPA Vacuum Cleaners for Asbestos Clean-up (Automotive Brakes)**

This video deals with the hazards of asbestos in brake repairs. The procedures for brake repair are covered to protect the mechanics from asbestos dust. The stages of filtration in the HEPA vacuum cleaner are explained.

Length: 10 minutes

**(020) Maintaining Asbestos Covered Pipes & Surfaces**

This video provides a total orientation to the problem as well as specific instruction on how to minimize asbestos exposure for janitors, custodial and industrial maintenance personnel.

Length: 50 minutes

## **BACK SAFETY**

### **(453 DVD) Back at Work**

DVD. This unique video program reviews proper lifting procedures and makes workers realize how important lifestyle is when it comes to avoiding back injuries. It covers proper lifting procedures, consequences of shortcuts, posture, exercise and physical fitness. This program should make a positive impact on every aspect of your employees' performance at work and at home.

Length: 16 minutes

### **(222) Back Care & Safety**

Informs the viewers about the back and how it works. Demonstrations include common types of back injuries and their causes. The short and long-term effects of back injuries are discussed. Injury prevention techniques are shown. Back muscle strengthening exercises and proper lifting techniques are illustrated.

Length: 14 minutes

### **(378) Back Injury Prevention**

No description available

Length: 15 minutes

### **(443) Back Safety for Material Handlers**

This program teaches back safety techniques specific to material handlers, as well as exercises to keep back muscles strong and flexible. This video includes: back structure, repetitive stress and reverse stretching, proper lifting, vehicles and back safety, using hand trucks, and warning signs of back injury.

Length: 13 minutes

### **(039) Facts on Backs**

This tape shows various ways back injury problems can sneak into your operations. Explains how to avoid back injury in situations where worker can't bend at the knees and lift. Also applies back injury prevention to off-the-job and family safety situations.

Length: 19 minutes

## **CHEMICAL SAFETY**

### **(416) Anthrax Awareness**

No description available

Length: 13 minutes

### **(344) Centrifugation Hazards**

This video provides guidance for the safe use of centrifuges. It will introduce new staff to good laboratory practices and provide a meaningful technical review in safety for the more experienced laboratory worker.

Length: 9 minutes

### **(343) Chemical Storage Hazards**

This video provides guidance for the prudent storage of the chemicals used in the modern biology laboratory. It will introduce new staff to good laboratory practices and provide a meaningful technical review in safety for the more experienced laboratory worker.

Length: 11 minutes

### **(126) Chemicals And Pregnancy: Giving Your Baby The Right Start**

Employers, supervisors, workers and their spouses are equally concerned about how chemical exposure may effect pregnancy. This clear, concise, factual video program presents the most current information, emphasizing that, by following recommended procedures, chemicals can be handled safely. The program thoroughly discusses the causes of birth defects and the precautionary measures necessary to prevent exposure to harmful agents, both at home and in the workplace.

Length: 18 minutes

### **(073) Chemicals Under Control**

This tape is organized as a general information source for employees who need to know about handling chemicals safely. Among the new potential dangers discussed in this tape are fire, explosion, toxicity, reactivity, and the hidden hazards caused by changing conditions and combinations. Among the safety factors illustrated are housekeeping, work procedures, clean-up and personal hygiene, detecting the presence of hazardous chemicals, emergency procedures, and personal protective devices.

Length: 17 minutes

**(219) Chlorine Safety**

This video demonstrates and explains the properties of chlorine, how it is recognized, and how to deal with chlorine emergencies. The program is designed for employees who come in contact with chlorine in their daily work.

Length: 9 minutes

**(015) Controlling Exposure To Toxic Substances**

This video deals with training on the controls used to minimize toxic substances.

Length: 30 minutes

**(328) Controlling Lead Exposure For Stained Glass Professionals & Hobbyists**

This video discusses the control of lead exposure in stain glass work for hobbyists and professionals in the field. The potential health affects are described as well as the control measures and techniques that can reduce the likelihood of exposure. The video prepared in the U.S. discuss regulatory requirements from the American context. For information specific to your jurisdiction, contact Environment and Labour.

Length: 13 minutes

**(028) Corrosives and Irritants**

It may surprise you how many corrosive or irritating chemicals are to be found in everyday applications - both at home and at work. This program looks at some that are most commonly found and the hazards they pose. Route of entry for this category of chemicals is usually skin contact and inhalation. The program describes the difference between corrosives and irritants, and follows up with advice on protection, first aid, and clean-up procedures.

Length: 10 minutes

**(193) Dealing With Chemical Safety**

The physical form, the dose, the risks, the hazards and methods of entry into the body are some of the subjects addressed in this video. Control measures to minimize the hazards ranging from elimination and substitution through to the role of personal protective equipment are examined in detail. A good video to expose the workforce to the hazards of a variety of chemical in the workplace, the risks to the workers, the plant and the environment.

Length: 11 minutes

**(161) Fire & Spill Procedures for Pesticide Vendors**

Pre-emergency planning and emergency procedures for fires and spills are outlined. Topics covered include step by step procedures for dealing with major fires, powder and liquid spills.

Length: 14 minutes

**(026) Flammables, Combustibles & Explosives**

A number of the substances in this category are not usually thought of as chemicals - yet, they can cause serious physical hazards. For example, gasoline, alcohol, acetylene, and even grain dust can all be classified as flammables, combustibles or explosives. This program explains the difference between a flammable material and a combustible material, then presents information on protection and labeling, first aid, and clean-up of spills. The importance of checking the MSDS is stressed.

Length: 12 minutes

**(342) Glassware Washing Hazards**

This video provides guidance for the safe washing and sterilization of laboratory glassware. It will introduce new staff to good laboratory practice and provides a meaningful technical review in safety for the more experienced laboratory worker.

Length: 10 minutes

**(074) Handling Hazardous Chemicals Safely**

Illustrates how the labels on chemical containers can guide workers to properly handle hazardous chemicals on your premises. Explains how to handle and store oxidizers, poisons, corrosives, flammables and water sensitive chemicals; shows what to do if a spill occurs; stresses the importance of protective and emergency equipment.

Length: 16 minutes

**(097) Hazardous Materials**

Recognize types of hazards presented by materials used in the workplace and safe work procedures involved.

Length: 27 minutes



**(332) Lab Ventilation**

This video describes the purpose and general operation of lab systems. The program describes the characteristics of a ventilation system and explains the parts and operation of fume hoods and biological safety cabinets. It is also intended as an introduction for new employees and as a refresher for experienced employees.

Length: 10 minutes

**(158) Pesticide Safety in the Greenhouse**

This video demonstrates safety procedures specific to applying pesticides in the greenhouse during high volume, low volume, and granular applications. Procedures cover times before, during, and after application.

Length: 13 minutes

**(160) Pesticide Vendor Storage & Display**

This tape outlines the federal and provincial requirements and additional safety precautions to which wholesale and retail vendors must comply to properly and legally store and display pesticides.

Length: 21 minutes

**(159) Protective Clothing & Equipment for Pesticide Use**

This video demonstrates the types of clothing that a user of pesticides should wear to protect him/her self from exposure. The tape discusses the reasons for wearing equipment, the situations requiring different degrees of protection, and the proper methods of cleaning and storing clothing and equipment.

Length: 27 minutes

**(281) Safe Handling Of Gases**

Included in this video are types of gases, the hazards associated with gases, things to do before using a gas cylinder; general do's and don'ts; safe storage, safe handling, transportation, leak testing and emergency procedures.

Length: 19 minutes

**(044) Safety Elements in Laboratory Practice**

This video shows basic safety principles for employees or students using chemicals in laboratories in industry, schools, or hospitals, including eye protection, protective clothing, flammability, glassware, chemicals, apparatus, injury prevention and toxicity.

Length: 20 minutes

**(023) Toxicology**

With the ever increasing number of chemicals and substances, this video covers the understanding of what is meant by toxicology, the health effects and control methods to control exposure.

Length: 15 minutes

**(029) Toxins and Poisons**

All of us are exposed to toxic substances everyday, but most exposures are not harmful. Problems do occur, however, when doses are increased or the periods of exposure are extended. While most hazardous substances affect the body at the point of contact, toxins and poisons affect organ systems and processes. This program introduces the two basic types of toxic effects (acute and chronic), routes of entry, and first aid procedures. To protect against this hazard, the program advises becoming familiar with toxic substances handled, as well as good personal hygiene.

Length: 9 minutes

**(061) Why Take Two**

Lab Technician Joe Atkins does a lot of talking about safety but talking about safety isn't practicing safety. He learns this when he spills acid while not wearing face protection. We need to TAKE TWO and think about safety before starting any tasks.

Length: 8 minutes

**(294) Your Part In Safe Chemical Storage**

Because chemicals are so common and because the dangers of improper storage are so real, it's important that employees know what they can do to make sure chemicals are stored safely. This video will explain ten guidelines that employees can use to prevent the most common types of safety hazards that result from the improper storage of chemicals.

Length: 15 minutes

## **COMMITTEES AND MEETINGS**

### **(169) Improving Your Safety Meetings**

Shows the foreman five rules of good practice and offers examples to use in a safety presentation.

Length: 16 minutes

### **(333) Talking Of Safety**

This video dramatizes how a poorly functioning Occupational Health and Safety Committee can be transformed to an effective group through dedicated leadership and attention to the proper roles of such committees.

Length: 23 minutes

## **CONFINED SPACE SAFETY**

### **(130) Confined Space Atmospheric Testing (Canadian version)**

By nature, the air within confined spaces can become hazardous due to a lack or excess of oxygen. Atmospheric testing is paramount for safe work in this environment as it allows for the identification and elimination of dangers.

Length: 17 minutes

### **(133) Confined Space Case Histories**

Stresses the importance of the supervisor's responsibility to teach miners the correct, safe, and efficient methods for performing their jobs.

Length: 15 minutes

### **(448 DVD) Confined Space Entry: Investigation**

DVD. Investigates two real confined space accidents, what happened, what went wrong and how they could have been prevented.

Length: 23 minutes

### **(236) Confined Space Hotwork**

Covers: entry permit; preparation, atmospheric testing; fire watch; and emergency rescue.

Length: 13 minutes

### **(131) Confined Space Non-Entry Rescue (Canadian version)**

Entry into confined spaces by untrained rescuers has resulted in injury and death. This video provides techniques on retrieving workers by avoiding further entry into the confined space.

Length: 20 minutes

### **(141) Confined Space Rescue (Canadian version)**

No description available

Length: 21 minutes

**(136) Confined Space Ventilation (Canadian version)**

Ventilation is a means of controlling atmospheric hazards of confined spaces. This video discusses mechanical ventilation.

Length: 18 minutes

**(119) Confined Spaces**

Covers the hazards of confined spaces, precautionary measures and general working practices. Confined spaces covered in this module include vessels, bins, hoppers, open or closed tanks, pipes, ducts, flues, reactors, and chambers.

Length: 18 minutes

**(452 DVD) Inside Maneuvers: Confined Space Entry - Entrée en espace clos: Manœuvres internes**

DVD. Working in a confined space is a lot like working in a submarine -- space is tight, atmospheric conditions are critical and potential hazards abound. This DVD features the USS Atlanta, a United States naval submarine, and its crew as a dramatic backdrop to compare the dangers of working in a submarine with those of working in a confined space. In English and French.

Length: 24 min.

**(067) The What-if Game**

Rudy Valdez enters a tank without a back-up person, an air bottle, or taking an air test. Safety is not a matter of luck. We need to think WHAT IF? and anticipate the consequences. It's important to rely on procedures and TAKE TWO.

Length: 10 minutes

## **CONSTRUCTION SAFETY**

### **(362) Anchorages Make The Connection (Canadian)**

No description available

### **(305) Being Your Best**

This video is specifically designed for the needs of the pipeline construction industry; the video emphasizes top down involvement, teamwork, and personal responsibility. It highlights the many aspects of pipeline construction where safety hazards exist, and illustrates what is required to minimize the dangers.

Length: 21 minutes

### **(426) Inspection, Care and Storage of Slings**

This program looks at a range of lifting equipment and the fundamental principles that should be followed to prevent accidents.

The program concentrates on chain slings, wire slings and fibre slings and covers the following issues: pre-use checks, care of equipment whilst in use, planned periodic inspections, and storage of equipment.

The program looks at all the general do's and don'ts when using slings and highlights the importance of the pre-use checks and what all operators should look for when selecting the appropriate sling for a given task.

Length: 17 minutes

### **(354) Ladder Safety Off the Job**

No description available

Length: 10 minutes

### **(353) Ladder Safety On the Job**

No description available

Length: 10 minutes

**(312) Ladder Safety Training**

Using a ladder without setting it properly can result in falling and severe injury. This tape on ladder safety will show the user how to use various ladders (step and extension) in a safe way. It also includes many tips on picking the proper ladder for the specific job.

Length: 22 minutes

**(218) Ladders**

A substantial number of ladder-related construction accidents involve falls causing critical injury or death, and most are due to the improper use of ladders. This program provides guidelines to promote better safety awareness and responsibility in ladder use. Viewers become acquainted with many common types of ladders in various situations. The safe construction of job-built single and double-width ladders is also demonstrated.

Length: 19 minutes

**(206) Mobile Cranes**

Covers on rubber/off rubber load and capacity chart interpretations and unsafe, outriggers, hydraulic and lattice booms, operations and assembly, operating techniques.

Length: 18 minutes

**(207) Radio Controlled Crane Safety**

Covers Transmitter Use, Safety Procedures, Lifting Techniques, Operator Positioning, Pendant Care and Use.

Length: 15 minutes

**(002) Safety Demonstration on Jointer**

Explains uses of jointer and describes its parts. Shows how to find minimum length and thickness of stock; how to feed stock; how to joint an edge, a face, and an end; how to make bevel cuts; push stick/hand feeding.

Length: 12 minutes

**(003) Safety Demonstration on Radial Saw**

Illustrates procedures for ripping, crosscutting and adjusting the blade guard and anti-kickback bar. Explains use of the friction brake, how to adjust the motor yoke, change the cutting angle, etc.

Length: 12 minutes

**(006) Safety Demonstration on Single Surface Planer**

Shows use of planer and details of operation including: how to determine settings, selecting feed roll speed, maximum width and minimum length of stock, feeding stock with regard to grain, dealing with STUCK STOCK, etc.

Length: 16 minutes

**(001) Safety Demonstration on the Band Saw**

Shows how to adjust table angle and height of upper guard and guide assembly operation of brake, previsualization of cutting moves, need for a maximum of forward cuts and how to use relief cuts, how to feed stock.

Length: 14 minutes

**(007) Safety Demonstration on Wood Lathe**

Shows lathe shaping, cutting to size, sanding and finishing, main parts and functions of the wood lathe. Also gouges, skewers, parting tools and scrapers, how to mount stock, adjust tool rest, turning tools, and the spindle speed.

Length: 11 minutes

**(004) Safety Demonstration on Wood Shaper-1**

Shows use of shaper and variety of spindle and cutter shapes and sizes. Also shows how to change spindles and cutters, to install and align fence, select cutter rotation and reverse direction and how to test a set-up.

Length: 10 minutes

**(005) Safety Demonstration on Wood Shaper-2**

Explains steady feed, dangers of stopping and backing up, feed for straight facing, using rub collar, feeding with starting pin and rub collar. Use of spring ring guard, pressure bar, tall and bevel fences.

Length: 10 minutes



**(383) Scaffolds**

No description available

Length: 14 minutes

**(340) Working Safely at Heights, Belledune**

1991 - This tape introduces fall arrest equipment such as belts, harnesses, lanyards, etc. Proper use and installation of fall arrest equipment is demonstrated, and the prevention of accidents and regulations governing fall arrest are discussed.

Length: 7 minutes

## DRIVING SAFETY

### **(322) The Bead Seater**

This video covers a new way of mounting tires on rims and saves 50 - 60% of labour factor. It can be used in shops, on the road or on wood sites. A must for all operators and people changing heavy equipment tires.

Length: 8 minutes

### **(434) Drive to Survive : Dedicated to Improving Public Safety on our Roadways**

No description available.

Length: 18 minutes

### **(377) Driving - Risks and Responsibilities**

The motor vehicle is the single largest cause of work related deaths in this country. It is also the cause of many serious injuries.

This program examines the costs associated with operating company vehicles and some general issues associated with driving at work. It does not teach driving skills.

Included in the program:

- \* Essential reason for a safe driving program
- \* The four components of a safe driving program
- \* Preventing theft
- \* Parking a vehicle
- \* General do's and don'ts
- \* What should be done if an accident occurs

Its potential to cause death and injury, plus the costs associated with their operation, puts the motor vehicle right at the top of the list of safety issues.

Length: 17 minutes

### **(321) Rim And Wheel Safety**

This video discusses accidents and portrays accidents using a dummy. It covers tires in the mining and forestry industry, demounting and mounting tires the safe way and safety cages. This is a good tape for people who change tires on heavy equipment as well as operators of equipment.

Length: 14 minutes

**(145) Safety on the Move : Truck Haulage Safety**

No description available

Length: 16 minutes

**(372) Winter Driving Safety**

Excellent video. Shows employees how to drive in winter weather. Gives procedures for being stuck in snow/ice, and correcting and eliminating skids. Indicates stopping distances in winter weather, and proper use of conventional vs. ABS braking systems.

Length: 18 minutes

**(441) Winter Driving Techniques**

Show simple safety precautions with this video that discusses techniques for negotiating hills, handling skids, getting vehicles out of snow and avoiding collisions

Length: 8 minutes

## **ELECTRICAL SAFETY**

### **(457) Agricultural lockout**

Provides good information on the importance of lockout and tagout procedures while working on machinery in a farm setting. Video refers to hazard assessments and written safety programs as well as the need for written lockout/tagout procedures. The video further notes and illustrates the need for communicating the written procedures to workers and contractors and the need for proper restarting procedures. Viewer should be aware that lockout is a specific requirement in the N.S. Occupational Safety General Regulations.

### **(099) Electrical Installations**

Recognize various pieces of electrical equipment and safe practices in their installation.

Length: 18 minutes

### **(146) Electrical Lock-out Procedures**

In this tape, some of these ACCIDENTS are dramatically recreated pointing out the potential hazards connected with specific jobs - and the need for immediate, thorough training in proper lock-out procedures for all those who work with or around electrical installations, and those who operate electric-powered machinery and equipment.

Length: 11 minutes

### **(406) Electrical Safety in the Workplace**

Contains definitions of basic electrical terms. States and explains basic rules of electricity, effects of current on the human body; common hazards and hazard control.

Length: 27 minutes

### **(256) Electricity: the Unseen Danger**

This is a video training program designed to provide employees with an understanding of the hazards of electricity, and the safe work practices used to minimize the incidence of electrical injuries. Topics covered include how electricity affects the human body, common accident situations, and emergency procedures to follow in the event of an electrical accident.

Length: 22 minutes

**(326) Electro-Juice**

Every year, electrical accidents cause serious injury or death. Many of these casualties are young people just entering the workplace. They are involved in accidents that result from carelessness, from the pressures and distractions of a new job, or lack of understanding about electricity. This package of material is intended to develop an awareness that will help prevent young people from being injured in electrical accidents.

Length: 28 minutes

**(366) Equipment and Machine Guarding**

No description available

**(194) Lockout Procedure**

1989 - Lockout is a safety procedure which is essential whenever cleaning, maintenance or adjustments are to be carried out on many pieces of industrial equipment. The aim of a successful lockout is to isolate all forms of energy, ensure no accidental release of potentially hazardous energy and to control entry to a restricted area.

Length: 11 minutes

**(345) Lockout/Tagout - Controlling the Beast**

This video deals with the measures necessary to protect employees from the hazards of uncontrolled energy. It reviews vital lock/tagout procedures, graphically demonstrates the hazards of uncontrolled energy and how and why to lockout.

Length: 19 minutes

**(346) Lockout/Tagout - Of Energy Sources**

This classic video has been considered the pre-eminent program on lockout/tagout for some time. It details correct procedures for locking and tagging all energy sources and it will help your company avoid catastrophic accidents. It covers hazards of uncontrolled energy when to lock and tag; equipment shutdown and isolation and control of stored energy.

Length: 27 minutes

## **ERGONOMICS**

### **(199) All the Right Moves: Ergonomics In The Workplace**

1990 - This is a live action video program designed to inform supervisors and managers about the nature and seriousness of cumulative trauma disorders. It emphasizes how to identify, analyse and control work situations that can lead to musculoskeletal disabilities by implementing ergonomic principles.

Length: 18 minutes

### **(260) Anthropometry: Is It Going to Fit Your Workplace?**

This video reviews physical differences - strength, size, sex - and how they influence efficiency, production, and safety. The dangers of designing for the average person.

Length: 16 minutes

### **(259) Applying Basic Ergonomics to Materials Handling**

The sequel to The Bad Back Video...covers how to design-out lifting hazards from the workplace using basic ergonomic techniques at little or no cost. Excellent for management, engineers, supervisors, safety managers, and anyone interested in preventing back injury and back pain, the tape draws on graphic workshop examples to demonstrate that back injuries are not the price that industry must pay for production, and that back injuries can be prevented and controlled at little or no cost.

Length: 27 minutes

### **(196) Back Injury Prevention Through Ergonomics**

This program examines the back and explains why injuries occur so often. The important factors involved in analysing and planning tasks to fit workers' physical capabilities are stressed. The NIOSH formula for lifting-task analysis is fully explained. Examples of ergonomically designed industrial situations illustrate the advantages of such job alterations.

Length: 15 minutes

### **(258) The Bad Back Video**

This video reviews the functional anatomy of the spine. Demonstrates better back care and shows that back injuries are easily preventable.

Length: 26 minutes

**(198) Carpal Tunnel Syndrome: Key Method of Prevention**

The purpose of this video is to discuss and demonstrate what Carpal Tunnel Syndrome is, what causes it, and how it can be prevented.

Length: 15 minutes

**(278) Computer Fitness - How To Work Comfortably, Productively & Safely**

This training video addresses valuable "how-to's" of working safely with video display terminals, including how to set up a workstation correctly, how to decrease physical stress and fatigue, and how to use adaptive devices. Concern over RF radiation is discussed. Simple and effective stretches to help reduce computer related health problems are also demonstrated.

Length: 19 minutes

**(267) The Development of Ergonomics**

As Mr. Ring discusses how ergonomics came to the forefront, the viewer realizes that minor changes can result in significant improvements. Mr. Ring's lecture is a passionate examination of the human side of loss due to poor workplace design.

Length: 23 minutes

**(195) Ergonomics At Work**

Everyone viewing this detailed program will realize how ergonomics can help people work more safely while increasing productivity and efficiency. The concept of ergonomics is fully explained while industrial situations demonstrate how helpful devices, good workplace design, employee training and job redesign can improve production. These solutions may involve only common sense and minimum investment, resulting in maximum employee well-being and productivity.

Length: 14 minutes

**(350) Ergonomics Off The Job**

No description available

Length: 12 minutes

### **(429) Ergonomics : The Practical Approach**

Ergonomics is the study of the relationship between people, the equipment they use and the physical environment in which they work.

Ergonomics is about the application of the knowledge of this relationship to benefit well-being, performance and improve both short and long term health and safety.

Subjects covered in the program include:

- \* Why and how ergonomics is applied
- \* The general approach individuals should apply when addressing ergonomic hazards
- \* The human body and work space design
- \* Static and muscular effort
- \* Controls and displays

Compromises and often small improvement are the hallmarks of almost every organization's commitment to ergonomics - however, long term results can be dramatic.

Applied properly, ergonomic principles will improve productivity, morale, health and safety.

This program is suitable for all in the workforce for an introduction to ergonomics and to reinforce the principles that must be employed when addressing ergonomic problems.

Length: 15 minutes

### **(265) The Evaluation of Visual Display Terminals**

Poorly-designed visual display terminal workstations cause numerous preventable problems. Using interesting visual aids, Mr. Ring encourages viewers to think about the specific steps for improving their workplace. Training visual display terminal operators should be fun; Mr. Ring offers some practical suggestions for making it so.

Length: 24 minutes

### **(268) Home Ergonomics**

This video teaches viewers to recognize that the home is, as Mr. Ring puts it, a "minefield" of ergonomic hazards. Using a variety of interesting visual aids, Mr. Ring examines the ergonomics of everything from automobile trunks to the best way of getting out of bed.

Length: 20 minutes



**(209) It All Adds Up - Cumulative Trauma**

1991 - After watching this video, employees will be able to: define ergonomics in simple terms; define cumulative trauma disorder (CTD)/repetitive motion disorder; list two common types of CTDs; describe activities that lead to repetitive motion injuries; recognize body postures and awkward positions that can cause CTD problems; practice prevention measures on hand and off the job; define and demonstrate the "neutral position"; utilize simple solutions to workstation design problems in their own workstations; and understand the importance of exercise and job variety in the prevention of CTDs.

Length: 16 minutes

**(157) Man the Fallible Machine**

Ergonomics is the application of knowledge about human characteristics to benefit well-being and performance in any man-machine system through: design, selection and training. Benefits include improved productivity, quality and safety with reduced absenteeism and turnover. The result will be work systems which are more humane, fulfilling and efficient.

Length: 12 minutes

**(211) Managing Cumulative Trauma**

1991 - After watching this video, supervisors will be able to: define Cumulative Trauma Disorder (CTD); identify the most common areas of injury that are affected by CTD; create a plan for handling a CTD injury that treats, rehabilitates, and meets compliance requirements; analyse and neutralize problem work areas; develop a case management plan that utilizes health care, communications, return-to-work, and education; define work hardening; integrate work hardening into a case management plan; and describe a functional assessment and explain why it is necessary.

Length: 20 minutes

**(257) Managing Ergonomics in the Workplace**

This video is designed for supervisors and deals with cumulative trauma disorders. Describes how to recognize the risk factors and when to intervene to eliminate the effects of cumulative trauma disorders.

Length: 18 minutes

**(210) Meeting the Challenge**

1991 - After watching this video, supervisors will be able to: define Cumulative Trauma Disorder (CTD); explain why CTD is an important issue in today's workplace; describe causes of CTD, list two key preventative measures; analyse workstations to gauge the risk of CTD; neutralize the effects of CTD through better workstation design; encourage good body posture and communication; discuss the importance of job sharing and exercise; and identify possible injury causing situations.

Length: 14 minutes

**(447 DVD) Office Ergonomics: It's Your Move**

DVD. Takes a look at musculoskeletal disorders (MSDs), their signs and symptoms, and what your employees can do to prevent them. Covers signs and symptoms of MSDs, identifies MSD risk factors, how to prevent MSDs, and the benefits of protecting yourself while you work.

**(261) Posture and Fatigue**

Clear, concise, and full of practical commonsense, this tape shows the difference between static and active muscle work and the physiological consequences leading to fatigue... why good posture is so important for safe and efficient work environment... what are optimum work positions?...how to design so that good posture can be easily maintained. All work activities should occur within normal arm, leg, and head movements - this tape covers all these aspects, and more.

Length: 29 minutes

**(264) The Prevention of Repetitive Strain Hand Injuries**

Mr. Ring uses some very interesting visual aids and clear non-technical language to discuss the causes and effects of repetitive motion disorders, such as Carpal Tunnel Syndrome. In particular, Mr. Ring illustrates how simple ergonomic design changes can reap great benefits.

Length: 28 minutes

**(262) Seating for Everybody**

We spend almost 30% of our life sitting, yet we give remarkably little attention to the chairs we choose. Best selling, eye pleasing chairs are often very poor performers for employee comfort. In this video, Mr. Ring discusses six factors of good chair design, and illustrates reasons to buy a chair to suit the body, not the eye.

Length: 28 minutes

**(263) Traumatic Hand Injury Prevention & Stereotyping**

In this video, Mr. Ring's topic is the uniqueness of our hands and how our very independence ultimately depends on them. Mr. Ring explains why awareness does not necessarily influence performance. Viewers develop a greater appreciation of what must be done to protect hands.

Length: 22 minutes

**(266) The Urgency of the Problem**

This video helps increase viewers' awareness of ergonomics while offering ideas that can be put to work immediately at little or no cost. With all of the current focus on ergonomics, and confusion about what it means for the workplace, Mr. Ring helps to sort it all out.

Length: 23 minutes

**(197) VDT: The Human Connection**

This video is designed to familiarize you with the human factors involved in working with VDT's. It answers the basic questions: Is there any radiation hazard in working with a VDT? Will it affect eyesight? What is the most comfortable method of working with a VDT? How can I relieve the stress associated with constant use of a VDT?

Length: 12 minutes

## **EYE SAFETY**

### **(223) Eye Care & Safety**

Understanding how eyes work and the long-term effects of eye injuries helps prevent accidents from happening. Frequent types and causes of eye injuries are covered. Eye care and safety practices are illustrated - especially the importance of selecting and utilizing proper protective equipment.

Length: 14 minutes

### **(214) Eye Safety**

Eye injuries in the workplace commonly fall into four categories: sudden blows to the eye; penetration of the eye; chemical injury to the eye and radiation from intense light sources. This video addresses the hazards that lead to these types of injuries and the control measures necessary to reduce eye injuries at work.

Length: 11 minutes

## **FARM/GROUNDS KEEPING SAFETY**

### **(456 DVD) Country Commuters: Farm Machinery on the Road**

DVD. No description available.

### **(414) Entanglement "It's Not Worth the Cost"**

Michael, host of the Morning Show, and freelance reporter, Susan Proven travel across the country investigating some of the devastating accidents involving farm machinery.

Length: 33 minutes

### **(439) The Great Outdoor Summer Groundskeeping Video**

This is your guide to safe groundskeeping and landscaping work. It will help you:

- recognize workplace hazards
- prevent accident and injury
- follow safe work practices
- select and use proper personal protective equipment (PPE)

The Summer video covers:

- working in hot environments
- biohazards
- pesticides
- electrical safety
- tree trimming
- machinery hazards
- health and safety legislation (WHMIS)

Includes manual.

Length: 22 minutes

**(438) The Great Outdoor Winter Groundskeeping Video**

This is your guide to safe groundskeeping and landscaping work. It will help you:

- recognize workplace hazards
- prevent accident and injury
- follow safe work practices
- select and use proper personal protective equipment (PPE)

The Winter video covers:

- cold weather safety
- vital signs of cold injury
- working safely on snow and ice
- health and safety legislation (WHMIS)

Includes manual.

Length: 22 minutes

**(164) Horsepower**

Deals with tractor safety training. A farmer tells about a tractor accident that resulted in loss of a leg. A quiz follows dealing with highway, PTO's, roll-over protection and other tractor hazards. After each question, there is a review.

Length: 10 minutes

**(298) John Deere Safety Program**

This video deals with different types of safety on farms - safety attitudes, lawn mower safety, drive-on mower safety, tractors, combines, etc.

Length: 70 minutes

**(229) Making Farms Safe for Kids**

This video opens with some statistics from the U.S. indicating the extent of disabling and fatal accidents involving kids. Hazardous situations are reviewed, along with case histories and interviews. The video closes with a step-by-step checklist of the 15 steps to farm safety and encourages viewers to develop their own hazard list and action plan.

Length: 16 minutes

**(455) Safe Tractor Operation for New and Experienced Tractor Operators**

An overview of safe handling procedures for tractor operations. Video covers: pre-operational check; starting and stopping; avoiding rollover and tipover; driving on public roadways.

Note: video refers to Ontario regulations; viewer will need to determine NS highway requirements.

## **FIRE SAFETY**

### **(152) Family Fire Safety**

Featured in this video are the following issues: - Home protection systems - Teaching your family about fire prevention - Fire drills and escape planning - What to do if you catch on fire - Types of fires and correct responses - How to report a fire - Home fire prevention - kitchen, basement, garage, Christmas, furnace - How to get out alive

Length: 23 minutes

### **(419) Fire Awareness**

Fire safety is an on-going process that combines the design, installation, and maintenance of fire protection equipment and fittings with fire prevention procedures.

### **(368) Fire Prevention**

No description available

Length: 16 minutes

### **(420) Identifying Fire Hazards**

Fire safety is an on-going process that combines the design, installation, and maintenance of fire protection equipment and fittings with fire prevention procedures.

Length: 14 minutes



## **FOOT SAFETY**

### **(230) Foot Safety**

Safety footwear is essential protection in some workplace situations and frequently it is used as a last line of defence should an accident occur. The situations where safety footwear should be worn, the different types of shoes and boots, and the myths about the problems they cause are all examined in this program.

Length: 12 minutes

### **(242) Protecting Your Feet**

Discover attractive, new looks in safety shoes and other protective devices for feet. Learn the correct conditions for their wear. See how to avoid injuries, how to properly care for foot safety equipment, and how to avoid tired feet.

Length: 12 minutes

### **(243) Safety Gear: Foot Protection**

Three classifications of safety shoes are identified. The program also explains the functions of toe shields, metatarsal guards, and puncture-resistant soles.

Length: 11 minutes

### **(356) Slips, Trips, and Falls - Off the Job**

No description available

Length: 9 minutes

## **FORESTRY SAFETY**

### **(401) Basic Safety in Forestry Operations**

No description available

Length: 23 minutes

### **(032) Chain Saw Safety**

The forests can be a beautiful place but for a professional woods worker, it is his working place. We watch Charlie who disregards safety and George who takes pride in everything he does.

Length: 21 minutes

### **(316) Chainsaw Maintenance & Safety**

This video deals with the following: the components of the chainsaw; chain types and selection; chain components, sharpening the chain and setting the depth gauge; guide bar maintenance and chain assembly; chain tension; personal safety and operational safety.

Length: 16 minutes

### **(277) Critical Areas Sawmill Safety**

Each of these five-minute units looks at a particular accident, but the cases chosen represent classes of accidents that together account for a high percentage of the most serious accidents in the industry. This video can be used by safety committees as case studies, for new employee training, or as part of refresher training.

Length: 25 minutes

### **(293) Every Twelve Seconds**

This video profiles five workers who were injured in the forestry industry. They are poignant stories that should be taken as examples of why adherence to training and safety rules are a must.

Length: 29 minutes

**(156) Forestry Ergonomics**

In this animated program viewers learn how knowledge of the principles of ergonomics can improve productivity, quality and safety with reduced absenteeism and turnover.

Length: 12 minutes

**(035) A Logging Safety Program**

Eleven threatening hazards are created and avoided in this real life video training program. Loggers are shown face to face with some of the most common and deadly problems confronting modern production cutters. Realistic solutions and suggestions for each hazard make the program particularly appealing. A fast paced review of all the situations ends the program.

Length: 18 minutes

**(315) Safe Operation Of Chain Saws**

The chainsaw can be an extremely dangerous tool if it is not operated correctly. This video looks at a range of operational and cutting procedures that are crucial for the safe and successful operation of the chainsaw in all situations. Included in this program: preparing a chainsaw for use; starting a chainsaw; holding and operating a chainsaw; general lumbering and felling a tree.

Length: 14 minutes

**(200) Small Sawmill Safety**

Small Sawmill Safety is a program that examines the safety aspects of smaller, less automated operations. Areas covered include proper log piling, sawing for grade as well as safety, PPE, equipment maintenance, and lockout procedures.

Length: 15 minutes

**(245) Woods Truckin' Safety - No Boss on Your Back**

This full-color video is designed to be the most comprehensive video safety program available for log and chip truck drivers. Every aspect of log/chip truck safety is covered, under nine critical safety areas: inspect your truck; know your roads; drive defensively; load and unload safely; avoid overweight/oversize loads; drive appropriately for the weather; have the proper safety gear; use your radio and stay healthy and alert.

Length: 24 minutes

## **FORKLIFT SAFETY**

### **(337) Behind The Mast: Lift Truck Operation Unit IV**

This unit reviews the principles of: handling palletized loads; handling lift trucks on slopes; loading or unloading public carriers; leaving the job in a safe condition by following a safe parking procedure; and following safe procedures for refuelling the engine or recharging the battery of the lift truck.

Length: 30 minutes

### **(334) Behind The Mast: Loads & Their Effects Unit I**

This video establishes safe operating rules concerning load weight, load centre and carrying position. It explains the means by which lift trucks are turned and lists some of the viewpoints of the error-free professional operator.

Length: 10 minutes

### **(335) Behind The Mast: Maintaining Control Unit II**

This unit establishes safe operating procedures for turning, raising a load, driving on inclines, operating an unloaded truck, and operating in reverse. It stresses the principle that existing conditions determine the safe speed.

Length: 12 minutes

### **(336) Behind The Mast: The Professional Operator Unit III**

This video applies defensive driving to techniques of Planning for Safety. It also establishes safe operating procedures for personal safety, which show the lift truck operator what to do to prevent injury to him or herself and to others.

Length: 13 minutes

### **(238) Forklift Pre-start Inspection and Safety Checks**

This program teaches operators how to keep their vehicles operating smoothly and safely by performing pre-start inspections and safety checks of electrical and mechanical systems. The program is intended as an introduction for new employees, but it is equally useful as a refresher for more experienced employees.

Length: 13 minutes

**(237) Introduction to Forklift Trucks**

This program introduces common types of industrial forklift trucks. Trainees will learn where to find and how to use working dimensions for safe forklift operation. They will also be introduced to the features and terms associated.

Length: 10 minutes

**(239) Preventive Maintenance for Forklift Trucks**

In addition to understanding inspection techniques and safety checks for forklifts, operators should understand proper preventive maintenance and refuelling procedures. This program stresses the importance of caring for maintaining forklifts to ensure safe operation.

Length: 8 minutes

**(240) Safe Forklift Operation**

This program teaches new operators some of the rules for safely maneuvering, lifting, hauling, and stacking loads using a forklift truck. Pivot points, load centre, and weight transfer are carefully explained to help ensure safe truck operation. Loaded and empty truck scenarios are provided to alert operators to the different techniques required for each job.

Length: 17 minutes

**(187) Safety and Forklifts**

1989 - This program will show you that sound work practices can ensure the safety of all those who come in contact with forklifts. The pre-operating check, personal apparel, travelling, working together stability, lifting the load, stacking the load, and unattended forklifts are some of the key points covered in this video.

Length: 11 minutes

## GENERAL HEALTH

### **(030) Biological Hazards**

Tetanus, rabies, farmer's lung, and food poisoning are all examples of disease or illness caused by germs and bacteria. Although our bodies provide a good defence against many germs, contact with them may still result in illness, and health care workers and life science lab workers are most at risk. This program focuses on safeguards such as immunizations and preventing contamination through good hygiene and containment of the hazardous substance.

Length: 12 minutes

### **(027) Carcinogens, Mutagens & Teratogens**

This is one category of hazards where an adverse effect may take months or even years to show up. The program briefly looks at how the human body works, then shows how carcinogens and mutagens affect growth patterns and how teratogens affect reproduction. Limiting or preventing exposure is the most important aspect of reducing these effects, and the program stresses administrative controls and safe work practices. The program also touches upon reducing overall exposure to carcinogens, mutagens and teratogens in our food or environment.

Length: 8 minutes

### **(180) Danger Zone: Stress**

When employees do not identify and manage their stress properly, productivity and safety suffer. Using comic approach with situations all viewers can identify with, outbursts, fatigue, low back pain, dropping things. This tape explores some of the causes of stress overload: ALL OR NOTHING thinking, magnification, making SHOULD statements - suggests several solutions.

Length: 13 minutes

### **(308) Defusing Hostility**

This video will show you examples of angry people in a variety of situations and levels of intensity. These "vignettes" are discussed with experts in this field. Basic skills and concepts are listed on the screen for ease of use. The discussion guide will indicate three major stop points for the video. By stopping and discussing the questions in the guide and relating the content of the video to the real-life situations you encounter, you will be able to integrate the skills effectively. If you are viewing the video on your own, write your answers down.

Length: 45 minutes

**(070) Don't Hide an Injury**

Tom Jasnowski, a macho man, ignores a sprained ankle and, later, an open cut when he is working in a cyanide area. All injuries, even minor ones, should be treated. TAKE TWO to report minor injuries and learn how to prevent major injuries.

Length: 8 minutes

**(253) Drugs & Alcohol in the Workplace**

The object of this video is to identify some of the problems and to look at a variety of options available to handle this issue - definition of what is a workplace alcohol and drug problem; brief history of alcohol in the workplace; safety and productivity issues associated with alcohol and drug problems; policy statement for dealing with dependency problems in the workplace; employee assistance programs; identification of problems; issues of confidentiality; drug and alcohol testing; and self-denial.

Length: 12 minutes

**(367) Due Diligence: What does it mean to you?**

No description available

Length: 37 minutes

**(014) Health Matters At Work**

This educational and informative training video deals with such topics as breathing, swallowing, absorption, hearing and vision.

Length: 40 minutes

**(454 DVD) The Sun and Skin Cancer**

DVD. Provides information on the potential health risk of exposure to the sun while working. Video shows many typical farm activities and highlights potential health issues including, skin cancer, lip cancer, eye damage etc. Video offers preventive measures and some indicators of possible skin cancer.

**(079) Your Body is Only Human**

Spotlights the relationship between mind and body in establishing safe work patterns. Physical limitations are explored, and the proper use of tools and equipment, to augment strength and dexterity are described.

Length: 10 minutes



## HAND SAFETY

### **(124) Danger Zone: Your Hands**

Hand injuries are among the most common of all workplace injuries. Workers take their hands for granted and often put them where they invite injury. Sometimes a minor injury can have major consequences. "Danger Zone: Your Hands" motivates workers to: recognize hazardous areas; practice good personal hygiene; be aware of the other hand; wear the right protective equipment.

Length: 18 minutes

### **(185) Hand Safety**

The three rules for Hand Safety are: firstly, be aware of the potential hazards; secondly, follow safe work procedures; finally, make appropriate use of protective equipment. These three points are the basis of this program, as it examines hazards in the workplace. General hazards including manual handling, hand tools, mechanical hazards, contact hazards, contact dermatitis, personal protection (in the form of barrier creams and gloves) and personal hygiene complete this program.

Length: 11 minutes

## HAZARD AWARENESS AND ANALYSIS

**(077) Congratulations, You Made it Through Another Vacation**

Follows a typical family on their vacation. They encounter many unsafe situations and successfully deal with all of them.

Length: 10 minutes

**(445) Hazard Recognition and Control**

This training program uses hazard scenarios to show root causes of accidents.

Length: 18 minutes

**(352) Hazardous Materials Off The Job**

No description available

Length: 8 minutes

**(351) Hazardous Materials On The Job**

No description available

Length: 9 minutes

**(369) Heat Stress**

No description available

Length: 10 minutes

**(444) Job Safety Analysis: Proactive Planning**

Job Safety Analysis is a way of planning ahead, a way to spot problems before they become accidents. Designed to help you and your employees learn to prepare a job safety analysis.

Length: 12 minutes

**(113) Mills and Concentrators**

This video shows how to recognize different process steps and identify hazardous plant conditions.

Length: 25 minutes

**(220) Picture Perfect Vacation**

This video is a humorous, yet fact-filled look at how to prepare for a safe vacation. It is ideal material for a spring off-the-job safety meeting!

Length: 14 minutes

**(373) Recognition, Evaluation and Control of Hazards Training Course**

This training course is designed to involve participants in the identification and analysis of hazards in the workplace and to enable them to provide suggestions or recommendations in removing or minimizing the risk of these hazards.

**(407) Understanding Hazards and Risks**

This is a combination video and training manual designed to offer the participants an understanding of the difference between a "hazard" and a "risk." Program is divided into four parts:

- a) A definition of the terms; Hazard and Risk.
- b) The second part requires the participants to complete an exercise focusing on their own work environment.
- c) The third section deals with two methods of categorizing hazards in the workplace. It involves the participants in identifying some hazards in their workplace.
- d) The last section will involve participants in an exercise to focus on how to make their workplace a safer environment to work in.

Length: 15 minutes

## **HEAD SAFETY**

### **(276) Head Protection**

Falling objects, overhead pipes, protrusions, moving objects, slips, trips and falls are just some of the hazards that can lead to head injuries. Recognition, evaluation and control of these hazards and the wearing of personal protective equipment is the necessary strategy to address the issue of head safety in the workplace.

Length: 11 minutes

## **HEARING SAFETY**

### **(025) Hearing Conservation**

This tape deals with the anatomy of the ear, how hearing loss takes place, and the importance of protecting yourself.

Length: 20 minutes

### **(213) Noise And Hearing Conservation**

Noise assaults us from all quarters nearly 24 hours a day. Most of the sounds we encounter are of a tolerable level and pose no risks to our hearing, but unfortunately, this is not always true, especially in the workplace where there are many hazards which can put your hearing at risk. The topics covered in this video include: the anatomy of the ear, categories of noise, testing noise levels, monitoring noise levels, engineering and administrative control measures, and protective equipment.

Length: 14 minutes

## **HOUSEKEEPING SAFETY**

### **(451 DVD) Housekeeping: It Ain't Like the Movies**

DVD. Did you know that falls are the cause of ten percent of on-the-job deaths? This video program reviews the importance of good housekeeping and what to look for in your facility.

Length: 15 minutes

### **(371) Laundry Room Safety**

No description available

Length: 8 minutes

### **(425) Workplace Housekeeping**

Every workplace either produces products or renders services or does both. To provide these products and services they all have one thing in common - the flow of materials.

By combining this "flow of materials" with the movement of people plus the use of tools and equipment, we end up with a need to keep the workplace neat and tidy, or in other words, a need for good housekeeping practices.

The program includes:

Definition: What is Workplace Housekeeping?

What are the Benefits of an effective good housekeeping program?

Reducing Accidents and Injuries

Reducing the Risk of Fires

Basic Essentials of Good Housekeeping

Good housekeeping is an on-going responsibility of everyone in the workplace. A commitment by everyone to adhere to good housekeeping practices will result in more pleasant working conditions and more importantly create a safe workplace for everybody.

Length: 13 minutes

## **INDUSTRIAL SAFETY**

### **(138) The Air We Breathe in Industrial Environments**

Discusses the composition and importance of air in relation to various working environments; describes industrial health [breathing] hazards encountered. Explains the need for the evaluation of working conditions; for observation of safety precautions; and for the protection of workers from noxious gases and oxygen deficiency by using protective equipment and proper ventilation.

Length: 16 minutes

### **(046) Questions and Answers (Q&A)**

For industrial personnel: what safety is and why it is important, what an accident is, what causes accidents and suggestions for preventing accidents in the workplace; to stimulate employee interest in adhering to established safety procedures and to provide guidelines for working toward an accident free work-environment, presented.

Length: 17 minutes

### **(021) Robotics**

This video outlines the dangers of working around robots and the need for proper procedures to be used by maintainers and other workers, proper fencing, guarding and warning signs to protect all concerned.

Length: 12 minutes

### **(168) Understanding Industrial Hygiene**

Introduces supervisors to the basics of industrial hygiene. Shows three ways toxic substances can enter the body, how to test worker's exposure, how to protect against radiation and other IH problems.

Length: 18 minutes

## **KITCHEN SAFETY**

### **(050) Kitchen Fire Safety**

This film is designed to help you train your kitchen personnel in fire safety practices. Your personnel will learn steps to reduce the possibility of fire as they learn the importance of fire prevention. They will also learn to combat a fire effectively and the importance of keeping calm in an emergency.

Length: 10 minutes

### **(052) Kitchen Knives: Safety & Efficient Use**

This film is designed to help kitchen workers get the best service possible from kitchen knives - their basic tools of trade with safety and efficiency.

Length: 11 minutes

### **(327) Kitchen Safety...It's Up To You!**

This video was created with you, the busy food services operator, in mind. The short, concise vide tape presentation will give your employees a base of safety knowledge focusing on slips and falls, lifting and moving, operating machinery, cuts and burns, fires and handling chemicals. The video is designed to assist in training employees.

Length: 15 minutes

### **(051) Kitchen Safety: Preventing Cuts and Strains**

This film is designed to help you train your kitchen personnel in accident-preventative measures pertaining to cuts from knives or broken glass and to strains from lifting.

Length: 9 minutes

### **(048) Kitchen Safety: Preventing Falls**

This film is designed to help you train your personnel to recognize and avoid the common hazards that can cause falls.

Length: 8 minutes



**(049) Kitchen Safety: Preventing Machine Injuries**

This film is designed to help you train your kitchen personnel in safety practices for operating kitchen machines.

Length: 9 minutes

## LEGISLATIVE AND REGULATORY

### **(010)VHS Taking Responsibility: The Occupational Health and Safety Act of Nova Scotia & DVD**

This video has been produced to act as an information guide for anyone wanting to know about the rights and responsibilities under the Occupational Health & Safety Act. It outlines certain rights and responsibilities which may have an impact on your daily activities in the workplace in Nova Scotia. It is important to remember that this is a guide only and for more authoritative information, please refer to the N.S. Statutes.

Length: 11 minutes

## **MACHINE SAFETY**

### **(083) Basic Practices**

Shows safety is an attitude. Demonstrates that proper approach to tools, machines, and dress improve the safety factor. Visual demonstrations prove that working defensively and being tidy is the best protection in lifting, carrying, and working with others.

Length: 14 minutes

### **(008) Machine Hazard Awareness**

This video will help you learn how to look at the workplace for machine hazards; how to know if guards are properly in use; how to know if the guards do protect people.

Length: 7 minutes

### **(302) Safety And Use Of Air Compressors**

Safety and maintenance, coupling, pneumatic tools, hoses, protective clothing and equipment are just some of the subjects addressed in this program. Compressed air, although still relatively safe compared to alternative sources of energy, such as electricity, can still present dangers to operators unaware or unprotected from the hazards involved.

Length: 13 minutes

### **(111) Shop Practices**

Recognize safe work practices in different shop situations.

Length: 18 minutes

## **MANAGING HEALTH AND SAFETY**

### **(254) Excellence In Safety**

Designed to convince senior managers of the benefits of integrating safety into their overall management system.

Length: 20 minutes

### **(319) Getting Things Done - Vol. 1**

Volume 1 covers "Goals" - the principles of time management; goal setting to get on track and "To Do Lists" - using the Pareto Principle to focus on important tasks; how to define your prime time; how to plan your day; setting up an effective time log and overcoming distractions and interruptions.

Length: 82 minutes

### **(173) Managing Safety Yourself**

Reviews nine 'how-to principles of good supervision' for promoting safe workmanship. Contains an exercise of seven observation examples in which the foreman must detect an unsafe act or condition.

Length: 15 minutes

### **(066) No Exceptions**

Supervisor Ben Ferguson fails to wear the proper protective suit when he checks employees who are repairing a pipe break. No one is exempt from the TAKE TWO program, not even supervisors. When supervisors practice TAKE TWO, their employees will too!

Length: 9 minutes

## **MANUAL HANDLING**

### **(036) Bend Your Knees**

This tape will prove to be a classic tape in its contribution to the prevention of crippling back injuries in the work environment. It is designed for a total work force audience and will have unusual appeal for everyone from general manager to the floor sweeper.

Length: 22 minutes

### **(037) Bend Your Knees Review**

Leonard Ring relates back injury prevention to the individual's fitness and exercise programs. This tape is highly motivational with new visual aids and illustrations which encourage the total Bend Your Knees approach to back health, safety and fitness.

Length: 18 minutes

### **(123) Danger Zone: Your Back**

Focuses on one business and industry's most critical problems... back injuries. While providing instruction, the tape is directed towards the attitudes of the employees, forcing them to recognize lifting, carrying and pushing-pulling tasks and getting to want to perform the tasks properly.

Length: 19 minutes

### **(186) Dealing with Manual Handling**

As a safety issue manual handling is easily the most contentious. In every workplace manual handling occurs in some form or another; lifting, pushing, pulling, pouring, wearing weighty protective clothing all fit the category of manual handling. This tape examines the types of manual handling, the resulting types of problems and injuries and explains through a hierarchy of control measures how all manual handling situations should be addressed.

Length: 10 minutes

### **(162) Making Light of Lifting**

This tape shows the right and wrong ways of using the body to handle heavy weights. It demonstrates correct techniques for lifting and moving boxes, sacks, drums, cylinders and other heavy equipment, and shows how supervisors can pass on the advantages of kinetic handling.

Length: 17 minutes

**(417) Manual Handling**

This program covers detailed description of manual handling, the problems and how injuries are caused, types of injuries, and steps to deal with manual handling.

Length: 30 minutes

**(059) Minimizing Back Strain On The Job**

This is a very well produced and interesting video which explains the four important points for a healthy back. Demonstrations include anatomy of the spine/discs/muscles and ligaments, lever effects, normalizing posture, basic lifting procedures and "trade-offs" when ideal techniques cannot be used.

Length: 30 minutes

**(038) Prevent That Pain**

This tape is a reinforcement and follow up for the Bend Your Knees tape. It is a motivational tape featuring Leonard Ring. Mr. Ring's enjoyable style of humour with his tremendous knowledge of manual handling makes this product a must in every library. He reinforces the "Knees" message but adds a single "get rid of the load as soon as possible", message to prevent abdominal injury and hernia. The emphasis is placed on minimizing the distance that workers carry loads in order to reduce potential strain. Its message is practical and to the point.

Length: 13 minutes

**(458) Safe Lifting and Carrying in Agriculture**

Video illustrates various farm activities and the risk of injury due to poor lifting techniques. Video offers simple anatomical information on how the back works and how it's susceptible to injury. Several examples of safe lifting are shown both solo or with another person; as well as promoting use of mechanical means where possible.

Length: 10 minutes

**(269) Safety on the Job: Manual Load Handling in the Warehouse**

About two-thirds of warehouse injuries are caused by improper lifting, carrying, or handling materials. This program presents the "do's" and "don'ts" of warehouse activities and shows workers how to handle products safely and efficiently. Common-sense safety rules are presented. Exits should never be blocked, "no smoking" rules must be observed, and the working environment should be kept clean and orderly. The program also stresses the serious dangers of working under the influence of alcohol and drugs.

Length: 12 minutes

**(314) Smart Moves - For A Healthy Back**

This video was designed with the health care worker in mind. Not only does it promote proper body mechanics for safe patient transfer, but it also looks at back health risks facing non-patient care personnel. Viewers drop in on an in-service class to see how employees react to body mechanics information through comments and flashbacks. By using this approach, employees can identify with the characters while learning: how the spine works; why smart moves are important; how attitudes affect injury potential; correct and incorrect posture and movements and back strengthening exercises.

Length: 18 minutes

## **MARINE AND AIR SAFETY**

### **(402) Practicing Safety: How to Conduct Effective Emergency Drills on Fishing Vessels**

Five emergency drills for masters and crews in fishing industry.

Length: 24 minutes



## **MEDICAL AND HOSPITALS**

### **(289) As It Should Be Done**

The purpose of this video is to provide general information on the requirements of the Blood borne Pathogens Standards currently administered by the Occupational Safety & Health Administration (OSHA) in the U.S. It also outlines the precautions that can be used in the workplace such as hospitals, dental offices, emergency response personnel, to reduce the likelihood of disease caused by blood borne pathogens. The examples used include Hepatitis "B" and Acquired Immune Deficiency (AIDS).

Length: 24 minutes

### **(467) Drive Alive**

Video highlights traffic accidents as workplace accidents specifically within the healthcare industry. Examples and statistics are Ontario based and the video offers practical suggestions for safe driving practices.

Length: 11 minutes

### **(309) Environmental Illness: Bad Chemistry**

Perfumes, aerosols, plastic on television sets, etc...for some people, these everyday chemicals may create health problems ranging from headaches to loss of consciousness. This program examines the medical and political dimensions of environmental illness - the controversial and mysterious condition whose victims cannot tolerate common chemicals of modern life.

Length: 60 minutes

### **(468) Ergonomics in Health Care: A Fitting Solution**

Video provides good practical solutions to ergonomic issues within the healthcare and community health industry. Video offers a wide variety of activities and occupations, for example - dental hygienist, lab work, hospital work, day care, housekeeping, food services.

Length: 17 minutes

**(317) Fire Safe: The Right Combination**

This fire safety video is designed to teach employees the right combination of fire response techniques and rescue and evacuation procedures. It is produced specifically for hospital and health care facilities to meet health care accreditation requirements for fire safety training. This video includes scenarios of fires in various hospital departments to dramatically reinforce effective fire response techniques.

Length: 12 minutes

**(470) L'ergonomie dan les soins de santé: une solution adaptée**

Video provides good practical solutions to ergonomic issues within the healthcare and community health industry. Video offers a wide variety of activities and occupations, for example - dental hygienist, lab work, hospital work, day care, housekeeping, food services.

Length: 17 minutes

**(192) Mechanical Lifting Devices**

Demonstrates a small variety of mechanical lifts and highlights the methods in choosing a lifting device to suit the situation.

Length: 12 minutes

**(190) Moving A Patient From Bed To Chair**

This video covers the following lifts and transfers: Top and Tail lift, Pivot transfer, Standing transfer, Shoulder lift, Stepping transfer and Frame transfer.

Length: 12 minutes

**(191) Moving a Patient from Bed to Trolley**

This video covers the following: emergency turn; glide boards, jordan frame; canvas and poles and the log lift.

Length: 11 minutes

**(189) Moving a Patient in Bed**

This program covers the following lifts and is designed to show how to correctly and safely transfer and lift patients and avoid injury to the lifter: the shoulder lift; the modified cradle lift; the combination lift; the log roll; supine to side-lying; moving up the bed and supine to sitting over the side of bed.

Length: 11 minutes

**(318) Patient Falls: Panic Or Prevention**

This patient safety video teaches patient care personnel to recognize patients at high risk for falls - those on medication, older patients, or patients prone to confusion or imbalance. It presents practical steps to prevent falls - from correct use of side rails and "protective devices" to colour coding charts. "Patient Falls" also shows all health care workers the importance of incident-reporting procedures.

Length: 13 minutes

**(465 DVD) Personal Protection Against Infection**

DVD. Deals with the exposure to infectious diseases in the healthcare field. Video provides simple illustrations on how infections may be transmitted and provides examples of routine prevention practices. Video also notes the need for an assessment as a means of providing appropriate prevention procedures.

Length: 11 minutes

**(469) Protection personelle contre les infections**

Deals with the exposure to infectious diseases in the healthcare field. Video provides simple illustrations on how infections may be transmitted and provides examples of routine prevention practices. Video also notes the need for an assessment as a means of providing appropriate prevention procedures.

Length: 12 minutes

**(313) Safety Illustrated**

Accidents by hospital employees can be costly, leading to staff shortages when valuable employees become patients. However, effective employee training can prevent most accidents. This video provides this training by promoting a team approach to hospital safety. Using a humorous approach, it takes viewers to the playing field where teams of hospital employees demonstrate proper safety procedures and the detrimental consequences of not following them. Events covered in this video include: falls; injuries from lifting and pulling; cuts, punctures and needle sticks; burns; spread of infection and incident reporting.

Length: 15 minutes

**(466 DVD) Slips & Falls: More Than a Trivial Affair**

DVD. Deals with slips and falls in the health care field; the video is presented in a news show style. Statistics and case examples are taken from Ontario. The impact and consequences of slips and falls are illustrated through re-enactment of actual cases, including actual persons recounting their cases. Video offers suggestions for what to look for and how to avoid falls.

Length: 11 minutes

**(255) Universal Precautions: Specimen Handling & Laboratory Testing**

This is a video training program designed to inform employees of the universal precautions that have been established to prevent the transmission of Blood borne diseases. Topics covered include a definition of the term universal precautions and a demonstration of how universal precautions should be applied in phlebotomy procedures, specimen transport, sample sorting, data entry, laboratory analysis, and waste disposal. In addition, the program dispels false assumptions about the spread and occurrence of blood transmitted diseases.

Length: 16 minutes

## MOTIVATION

### **(279) Hazard Alert: The Junkyard/Grave Remarks**

This compelling, motivational video provides two engaging meeting openers. "The Junkyard" features a gruff junkyard worker salvaging a car demolished in an impaired driving accident. His comments will cause anyone to think twice about ever drinking and driving again. "Grave Remarks" will motivate your employees to stop taking dangerous shortcuts. Voices from the dead who took that "one little chance" serve as an equally memorable safety meeting kick-off.

Length: 7 minutes

### **(440) Rudy : Safety Takes Courage**

"People might ask me, 'Hey, what do you know about safety?' And I can say to them, I know because I watched a friend die in my arms. And I know why he died. Because he didn't follow simple procedures." -- Daniel "Rudy" Ruettiger

In the blockbuster movie about his lifelong dream of playing football for Notre Dame's Fighting Irish, Rudy's amazing story of perseverance and triumph was an inspiration to millions around the world.

Now Rudy is inspiring workers with another motivational story... one that details a tragic workplace accident that redirected the course of his life.

Highlights from 'Rudy: Safety Takes Courage' include:

- \* Visualization
- \* Character
- \* Courage
- \* Respect for life

Length: 14 minutes

### **(382) Safety: Everyone's Responsibility**

Charlie Morecraft delivers a rousing wake-up call that puts an end to complacency and taking responsibility for granted.

Length: 48 minutes

### **(303) Safety Is No Accident**

Covers safety and accident prevention in K-Mart Stores; also problems or accidents, plus protecting staff and customers. Also covers forklifts, moving vehicles, abrasions and lacerations, lifting and carrying and slips, trips and falls.

Length: 20 minutes

**(436)        Threads of Life : a Journey Together**

Covers the trauma family members and loved ones endure when one of their own is killed or seriously injured in a workplace accident. It is an inspirational story of how these sometimes forgotten victims cope by supporting one another.

It also covers the importance of workplace safety and hazard awareness.

Length:    17 minutes

**(291)        Working Together Works**

Stresses team work in sports, hobbies, and the working environment. Human Resources or Personnel Department oriented. Leadership, supervisory or management could benefit to create team-building in a workplace environment. Positive human relations improves productivity in the workplace.

Length:    28 minutes

## **OFFICE SAFETY**

### **(450 DVD) Office Safety: It's a Jungle in There**

DVD. This DVD covers the hidden and subtle dangers of working in an office, as well as preventing injury, controlling danger and formulating emergency plans.

Length: 19 minutes

## **PERSONAL PROTECTION AND SAFETY**

### **(471) Bullying - Who Wins? (Corporate Version)**

Bullying in the workplace is damaging to staff morale and productivity and often causes high levels of stress. This film is designed to assist management and staff combat and prevent bullying. It uses realistic workplace scenarios to highlight four of the most typical instances of bullying and demonstrates how to achieve a more settled and productive workplace.

Length: 21 minutes

### **(462) Bullying - Who Wins? (Industrial Version)**

The video addresses the issue of bullying and aims to make all employees aware of the rights and responsibilities in a workplace. Through the use of four scenarios, the video raises the awareness of the causes and consequences of bullying (after each scenario the video pauses to allow for discussion among viewers). The scenarios include: practical jokes; isolation/exclusion; intimidation/constant criticism; abuse of power. While suitable for viewing by all employees the video does appear to be aimed at managers and supervisors.

Length: 21 minutes

### **(413) Conflict Communication Skills**

The Conflict Communication Skills video shows employees how to diffuse a hostile and potentially violent situation. It teaches techniques for defusing hostility in someone who may be getting angry or verbally abusive so violent situations can be avoided.

Length: 14 minutes

### **(408) Controlling Alcohol and Drug Abuse in the Workplace**

No description available

Length: 26 minutes

### **(125) Danger Zone: Your Head**

Our body can take a lot of abuse...but not our head. If we damage our brain - the damage is permanent and a life can be changed or even snuffed out! This tape motivates workers to: protect their head, recognize hazardous areas, wear head protection properly, inspect and clean their head protection.

Length: 16 minutes



**(464) Dealing with Aggressive Behavior**

The objectives of the video are: to help understand triggers of hostile and aggressive behaviour; learn two important options in dealing with the behaviour; and help choose an appropriate option when confronted by this behaviour.

The video offers 3 scenarios – service center, health clinic hospital, and construction site – in applying its L.A.S.S.I.E system to deal with hostile and aggressive behaviour. L.A.S.S.I.E stands for: Listen, Acknowledge, Separate, Sit down, Indicate (options), Encourage to try.

Length: 16 minutes

**(431) Dog Bite Prevention**

A 10 minute training videotape for meter readers, delivery personnel, and others who may encounter expressions of territorial aggression because they enter yards in the course of their work.

Length: 10 minutes

**(432) Dog Bite Prevention**

Prevention through understanding is the focus of this video. It explains how to recognize and handle dangerous dogs and how not to become a statistic. Highly-skilled dog trainers demonstrate what to do if threatened by an aggressive dog.

"Dog Bite Prevention" is recommended viewing for postal workers, delivery people, utility employees, sales people, and anyone who has occasion to make home visits.

The video is also important for dog owners, since most unreported dog bites occur within the home--to dog owners and their families.

Length: 15 minutes

**(459) Effective People Skills: Determining the Right Response to Conflict**

The video offers four types/causes of conflict and the strategies that may be used to turn conflict into productive situations. All scenarios take place in an office setting.

Types of conflict dealt with are: covert passive-aggressive; covert passive; overt aggressive; and overt assertive.

Length: 10 minutes

**(163) Hidden Hazards**

Covers the hazards associated with welding and respiratory protection for welders. The health effects caused by dust, fumes, and gases are outlined as well as prevention techniques including proper respirators.

Length: 9 minutes

**(433) Lost Youth : Four stories of Injured Young Workers**

Michael, Jennifer, John, and Nick all speak of losing their youth after suffering serious workplace accidents. Through dramatic recreations of these accidents and one-on-one discussions with the young people and their parents, "Lost Youth" tells four stories of lives forever altered.

All were still in their teens when they were injured on the job. None were properly trained to deal with hazards and risks at their workplaces. Michael wears a prosthetic after his leg was crushed by sawmill machinery, Jennifer lost three fingers in a pizza dough maker, and John and Nick had their backs broken in forklift accidents. Their lives will never be the same.

In emotional interviews, their parents speak of the need for all - parents, employers, works, and the community - to make sure young people know how to be safe on the job. (2003)

Length: 17 minutes

**(024) Personal Protective Equipment**

This is a live-action video training program designed to explain to employees the personal protective equipment that may be required on the job. The program discusses eye and face, hearing, respirator, head, hand, foot and fall protection. Protective clothing and the importance of maintaining personal protective equipment.

Length: 9 minutes

**(118) Personal Protective Equipment**

Covers basic personal protective equipment including head, eye and face, hearing, respiratory, foot, hand, and fall protection. This video also applies to exploration and well drilling.

Length: 24 minutes

**(338) Personal Protective Equipment**

This program is designed for all personnel who are required to wear personal protective equipment. It is a general program suitable for induction or to reinforce the need to wear items of personal protection. This video examines in detail: eye and face protection; head protection; respiratory protection; hearing protection and protective clothing.

Length: 17 minutes

**(358) Personal Protective Equipment - Off The Job**

No description available

Length: 10 minutes

**(357) Personal Protective Equipment - On The Job**

No description available

Length: 13 minutes

**(355) Personal Security - On The Job**

No description available

Length: 10 minutes

**(463) Raising Awareness of Violence in the Workplace: The Trouble with Trouble**

Six Safety Associations in Ontario provide an overview of various types of violent incidents in the workplace and their possible cause. The video follows one person in his workday, from traveling to work through the lunch hour and after work, and the various incidents of violence or harassment he encounters. The various vignettes are meant to give an overview of the nature of the problem, the steps that can be taken to address it, and the resources available to assist employers and workers. Definitions may not coincide with legislation in your jurisdiction.

Length: 20 minutes

**(471 Robbery Deterrence  
CDROM)**

CD-ROM. The program features actual store scenarios with appropriate employee responses to challenging situations, with analysis and explanations of proper and improper employee behaviour. Includes chapter quizzes and a mastery test to gauge viewer's retention.

**(179) Using Personal Protective Equipment**

Provides a detailed review of the personal protective equipment available to workers, how and why each is used, plus the foreman's responsibility.

Length: 24 minutes

**(412) Violence in the Workplace**

No description available

Length: 10 minutes

**(409) Violence in the Workplace: An Employer's Guide to Prevention**

No description available

Length: 21 minutes

**(418) Violence : Keeping it Out of the Workplace**

No description available

Length: 12 minutes

**(437) Working in Bear Country**

This video is the consensus opinion of leading experts on working safely in grizzly and black bear country.

Reduce human injury and property damage from bears through this guide to:

- Field safety including employee responsibilities and helicopter support
- Camp safety including location and design and attractant management
- Bear detection systems
- Bear deterrents
- Firearms
- Bear response planning

Length: 22 minutes

**(460 DVD) Workplace Violence**

DVD. The video shows employees how to recognize warning signs of possible violent behaviour, as well as how to avoid or defuse potentially dangerous situations.

The areas covered by the video are: Nature of workplace violence; underlying causes; warning signs; aggressive behaviour; threats and verbal abuse; sexual harassment; physical assaults; armed assailants; fostering a positive workplace environment.

Length: 14 minutes

**(411) Workplace Violence : Recognizing and Defusing Aggressive Behavior**

No description available

Length: 26 minutes

## **PREVENTION**

### **(227) Avoiding Slips, Trips, and Falls**

The causes of slips, trips and falls are dramatized. Factors including gravity, friction, and momentum are examined. Understanding potential health effects of such mishaps reveals the importance of taking precautions. The role of safety shoes and proper ladder usage are demonstrated.

Length: 12 minutes

### **(069) The Countdown**

Frank Inglewood is injured when he and another employee fail to follow the established LOCK, TAG AND TRY procedure. Safety is often the result of a series of actions of many people. TAKE TWO and remember that safety is everyone's responsibility.

Length: 9 minutes

### **(348) Due Diligence**

Based on a workshop for senior management presented at Ryerson Technical University.

Length: 75 minutes

### **(423) Job Safety Analysis**

The aim of a job safety analysis (JSA) is to document how a particular job should be done safely. Subjects covered in the program include: How a JSA is performed, how to break down a job into basic steps, hazard identification, hazard assessment, hazard control. The program also contains a practical example of how a JSA is conducted.

Length: 15 minutes

### **(071) Make Pounds... But Safely**

Foreman Wayne Kirk, in his haste to MAKE POUNDS, fails to follow safe procedures. As a result, a fellow employee is injured. Safe production produces the most in the long run. TAKE TWO and maintain a balance between production and safety.

Length: 9 minutes

**(068) Making Do...Won't Do**

Pat O'Connor tries to disconnect a hydraulic line without the proper wrench and injures himself. TAKE TWO and find the correct tools and equipment for the specific job... and reduce injuries.

Length: 9 minutes

**(062) A Matter of Habit**

Working safely or unsafely can become a habit, as Bill Barnes discovers when he forgets to tie off a ladder and falls. We need a new, beneficial habit - TAKE TWO.

Length: 8 minutes

**(063) The NO MAN**

Jim Norton is a typical no man who ignores safety rules - until he directs an oil tanker into a nitric acid area. TAKE TWO can help the no man develop a positive attitude toward safety.

Length: 9 minutes

**(065) Over and Over Again**

John Erickson fails to use the proper protective gloves and burns his hands. Repetitious, monotonous jobs often lead us into a false sense of security. TAKE TWO reminds us that each task must be thought through and not performed automatically.

Length: 9 minutes

**(449 DVD) Pro-active Safety Attitudes: Looking Out for Number One**

DVD. This DVD takes a unique look at safety and safety training. It underscores the importance of safety equipment and safety habits and demands that all employees take responsibility for safety. It covers prevention and protection, reenactments of real-life accidents motivate workers to take precautions, and interviews with actual workers.

Length: 15 minutes

**(275) Safety On The Job: Accident Causes & Prevention**

Employee staff and supervisors are shown the behaviours that signal safety hazards. Among the things to look for in others as well as in themselves are: lack of attention and concentration, tenseness, irritability, conflict with fellow workers, and health problems. Supervisors are taught to be alert and sensitive to staff problems with the goal of preventing accidents. Staff is taught to seek help to deal with personal problems. The program notes that employee assistance programs may be available to help overcome risk-producing problems, and urges open communication as a means of preventing accidents.

Length: 16 minutes

**(184) Slips, Trips, & Falls**

Along with manual handling, slips, trips and falls are the cause of a majority of accidents and injuries in the workplace. This video covers everything from the ground up...leaks on floors, objects such as books and briefcases, slippery surfaces through to filing cabinets and reaching too far, taking short cuts and general good housekeeping practices.

Length: 11 minutes

**(364) So It Won't Happen Again**

No description available

**(072) Take Two When You're Through**

Bob Jones gets an idea about using splash guards while catching hot tar samples, but doesn't write it down. Later, his friend is burned while catching a sample. After a job, TAKE TWO to write out ideas about how the job can be performed more safely.

Length: 10 minutes



## **RESPIRATORS**

### **(167) 3M Fit Training**

This video has a training introduction followed by a sequence of short demonstrations on each type of respirator and its use.

Length: 34 minutes

### **(165) Evaluating the Options - Respiratory Protection**

No description available

Length: 30 minutes

### **(166) Four Elements of Respiratory Protection**

This tape provides the viewer with an understanding of respiratory hazards, the importance of identifying types of contaminants, how to select an appropriate respirator and the importance of training on the proper use and care of respirators.

Length: 11 minutes

### **(232) Respiratory Safety**

This program looks at the function of respirators, the situations where they are used as well as the types and the factors governing their use. Fit testing is examined in detail. Common problems and necessary precautions are also covered.

Length: 16 minutes

### **(224) Respiratory Safety**

This program shows how the respiratory system works. The causes and effects of respiratory hazards, and ensuing problems, are demonstrated. Safety practices and equipment are illustrated.

Length: 11 minutes

**(248)      Something In The Air**

To ensure you are getting all the protection you need, you should know the correct respirator to wear for your particular job, how to put it on and operate the equipment properly, how to perform the field tests to make sure you have a good facial seal, when the equipment needs maintenance or repair, such as clean filters or new parts. But most of all you must be aware that it's your responsibility to wear the respirator assigned to you every time you are in a hazardous location.

Length:    15 minutes

**(177)      Using Respiratory Protection**

Provides detailed instruction on wearing, testing, inspecting and maintaining respirators and other industrial self-contained breathing apparatus.

Length:    30 minutes

## **RIGGING SAFETY**

### **(103) Moving Heavy Equipment**

Details recognized practices for moving heavy equipment, the potential danger areas, and safe rigging practices.

\* This video also applies to mining.

Length: 24 minutes

### **(284) Over The Edge**

This tape illustrates the use of a bosun's chair and rappelling device in training sessions between a seasoned window cleaner and a young trainee. The unforgiving nature of the equipment is emphasized. Proper rigging techniques; equipment inspection, fall-arrest systems, and adequate anchorage for lifeline tiebacks are also emphasized.

Length: 14 minutes

### **(202) Selection and Care of Rigging Equipment**

1990 - This program introduces slings and hardware commonly used for overhead lifting in industrial situations. It covers characteristics of the equipment, special use considerations, and proper care and handling to protect the equipment from damage.

Length: 15 minutes

## **SAFETY AWARENESS AND INSPECTION**

### **(339) Artsafe - First Steps**

This video is designed to raise awareness of health and safety issues in the visual arts and art conservation. It shows how educators and professional artists find and implement information to make their classroom and workplace as safe as possible without compromising their art.

Length: 17 minutes

### **(176) Avoiding Safety Hazards**

Shows a supervisor how to recognize potentially hazardous conditions. Specific examples are given to assist the foreman with recognizing behaviour which would eliminate hazards to workers.

Length: 23 minutes

### **(403) Beachline Safety : A Guide to Safe Work Practices**

Introduces beach crews to safe work practices.

Length: 28 minutes

### **(215) Bomb Threat Strategy**

Bomb threats are designed to strike at the heart of your organization to disrupt the normal flow of business and to create an atmosphere of anxiety and panic. Preventative measures, what to look for, search procedures, assessing the threat, the telephone call, when to evacuate, and the correct evacuation procedures are the key points covered in this video.

Length: 15 minutes

### **(415) Dying to Work**

W-Five examines the perils of teen labour. The most high-profile case that of 18-year-old David Ellis, killed on his second day on the job at a Toronto-area bakery. He died while taking cookie dough from a mixer that suddenly turned on. The program follows Ellis' father as he campaigns for tougher safety rules and tries to make teenagers aware of the risks they can face.

Length: 19 minutes

**(370) Job Safety Analysis**

No description available

Length: 10 minutes

**(098) Maintenance Field Work Practices**

This video shows how to recognize safe field work practices and the various pieces of equipment encountered.

Length: 31 minutes

**(461 DVD) Safety Audits**

DVD. The video reminds employers and employees about the goals of Safety Audits and how all workers should become involved. Deals with such areas as: definition of safety audit; workplace analysis; administrative and engineering controls; ppe; equipment maintenance; emergency response; safety and health training and regulator compliance; accident investigation; and a safety self-assessment.

Length: 15 minutes

**(300) Safety Awareness**

This video has been designed for all personnel. It can be used as a general safety training program and can be also utilized as an induction program for new personnel to introduce safety concepts.

Length: 21 minutes

**(134) Sell Safety**

Explains why supervisors have to sell their workmen on the necessity of safe work habits. Tape stresses that to be successful, the supervisor must create the desire in the workman to be safe; outlines negative, possibly fatal, results of his working unsafely; and points out the importance of his safety to not only himself but to his family.

Length: 10 minutes

## SUPERVISORS/EMPLOYEES

### **(287) The Human Touch Performance Appraisal**

By providing the "how-to" step-by-step elements of a successful performance appraisal, this video will give your managers the tools they need to conduct less stressful and more productive employee appraisals. It will help your managers understand that the performance appraisal doesn't begin and end in the interview. It's an on-going process. Everyone benefits from the "human-touch" approach!

Length: 30 minutes

### **(310) Look Around: You Have Rights**

The video stresses that the young or new worker must understand their right and responsibilities, that workplace policies and correct work procedures must be known and followed that wearing appropriate personal protective equipment is essential and that the reporting of all incidents and hazards will lead to a safer workplace for everyone. Not knowing could result in tragedy.

Length: 29 minutes

### **(306) On The Right Track**

It's up to each employee to work safely. That's their responsibility. At the same time an employer must ensure the work environment is as risk free as possible, and provide all the help and equipment needed for employee safety. This video helps the new employee to be aware of the hazards found in some jobs, so that accidents can be prevented. Topics covered include: fire prevention, WHMIS, proper lifting techniques, and electrical safety.

Length: 9 minutes

## TOOLS: HAND AND POWER

### **(081) Hand Tools**

For safety's sake keep tools sharp and clean. Shows the correct usage of common hand tools and safe sheet metal, forge and welding practices.

Length: 12 minutes

### **(374) Pneumatic Fastening Tools**

No description available

### **(375) Power Actuated Fastening Tools**

No description available

### **(082) Power Tools**

Emphasizes that the operator does the thinking - not the machine. Shows precautionary measures to take when working with power tools commonly used in the shop. Demonstrates standard safety practices.

Length: 13 minutes

### **(228) Using Hand & Power Tools**

Highlights include spotting potential hazards before accidents occur, using common hand and power tools, tool maintenance and using appropriate protective equipment.

Length: 16 minutes

## **TRENCHING SAFETY**

### **(380) Introduction To Trenching Hazards**

No description available

Length: 27 minutes

### **(360) Trenching and Shoring**

No description available

### **(272) Underground Safety - Jobsite Hazards**

Covers keeping the worksite free of debris, working around underground utilities and overhead lines, safety in traffic zones.

Length: 10 minutes



## UNDERGROUND MINING

### **(143) Assume Nothing: Accident Investigation in Coal Mines**

When a roof fall injures one of their miners, the company accident investigation team sets out to learn what caused the mishap. The team members conduct a thorough on-the-site investigation to gather evidence; they interview the victim and other eyewitnesses; they collect, compile and evaluate the facts; and prepare accident reports with recommendations to prevent similar accidents.

Length: 21 minutes

### **(139) Breathe & Live: Ventilation in Metal & Nonmetal Mines**

Tape shows why the mine ventilation system is the underground miner's personal lifeline. Components of mine ventilation systems are shown - including main and booster fans, air curtains, ventilation tubes, doors, and regulators - and the importance of good maintenance is emphasized. The film dramatically recreates several fatal accidents that were caused by contaminated air, inadequate ventilation, or failure to warn workmen away from unventilated DEAD END zones. The importance of frequent safety checks with instruments that measure the quality and quantity of ventilating air - a responsibility of mine management - is also emphasized.

Length: 21 minutes

### **(140) Cabs and Canopies for Your Safety**

A tape that points out the need for cabs and canopies on underground mining equipment to protect miners from falls of roofs and ribs. Scenes taken after three actual roof fall accidents in which fallen coal and rock covered the mining equipment show that, in each case, the operator escaped unharmed because of the protective canopy on his machine. In-the-mine interviews of the operators involved in these near-fatal accidents are presented, where the men relate what happened, and why they are convinced that the canopies saved their lives.

Length: 10 minutes

### **(153) Conveyor Safety**

Introduces basic hazards found around conveyor belts. Stresses accident prevention.

Length: 16 minutes

**(128) Fighting Coal Mine Fires**

The nature of fire, its uses and controls are explained; the FIRE TRIANGLE is used to illustrate the basic elements or conditions necessary for combustion; various classes of fires: A, B, and C are shown; and the proper use of recommended fire extinguishers is demonstrated - both for surface and underground mine fires. The foam plug is also demonstrated extinguishing an underground coal mine fire.

Length: 31 minutes

**(288) Heavy Rock**

No description available

Length: 23 minutes

**(144) In Search of the Facts: Accident Investigation in Metal & Nonmetal Mining Operations**

In the tape, a fatal front-end loader accident at an open-pit operation prompts a company investigative team to conduct such an investigation. They gather evidence - collect facts, interview eyewitnesses, check records - then objectively evaluate the compiled information and make recommendations that will prevent such accidents from recurring.

Length: 26 minutes

## **WELDING, GRINDING AND CUTTING**

### **(127) Don't Push Your Luck**

This tape points out necessity of wearing eye protection. It depicts a man grinding without the use of eye protection, the eye accident which occurs while grinding, the vivid eye operation, and the loss of sight in both eyes.

Length: 12 minutes

### **(235) Oxyfuel Gas Cutting**

Covers: torch, regulator and cylinder maintenance; proper safety equipment; hook-up procedures; ventilation; and preventing spark and spatter.

Length: 13 minutes

### **(252) Safe & Effective Grinding**

This video reviews the safe use of grinders, the safety features, pre-use inspection, selection and inspection of abrasive wheels, personal safety, and dressing the wheels.

Length: 18 minutes

### **(234) Securing the Work Zone**

Covers: oxyfuel and electric-arc welding; securing the 360 degree zone; health hazards; proper ventilation; clothing and gear; and fire watch.

Length: 16 minutes

### **(376) Tig Welding**

No description available

## WHMIS/HAZARDOUS MATERIALS

### **(047) Introducing WHMIS**

The primary purpose of this video is to provide general information about the basic elements comprising WHMIS. It was not intended to be used as a training audio-visual aid in the workplace, as it is highly technical and provides a great deal of information related to legislated supplier or employer requirements. For this reason it is designed for presentation to regulatory staff, persons involved extensively in occupational safety and health, interested industry and labour groups, professional groups, etc.

Length: 30 minutes

### **(422) WHMIS**

This program covers the following areas:

Classes of controlled products:

- Labeling
- Material Safety Data Sheets
- How hazardous materials can hurt us

Length: 15 minutes

### **(057) WHMIS Right to Know**

Tape #2 - Right to Know

Module 1 - Class A

Module 3 - Class C

Module 2 - Class B

Module 4 - Class F

This video introduces you to WHMIS hazard classes A, B, C and F. They explain what hazardous products are, how they can harm you and how to handle them safely.

Length: 35 minutes

### **(058) WHMIS Right to Know**

Tape #3 - Right to Know

Module 1 - Class D1

Module 3 - Class D3

Module 2 - Class D2

Module 4 - Class E

This video introduces you to WHMIS hazard classes D and E. They explain what hazardous products are, how they harm you and how to handle them safely.

Length: 40 minutes

**(056) WHMIS Right to Know**

Tape #1 - Right to Know

Module 1 - Overview of Hazardous Materials Module 2 - Material Safety Data Sheets

This video helps you understand the nature of hazardous substances and the best ways to work with them safely. Material Safety Data Sheets are explained in detail.

Length: 15 minutes

**(299a) The Winning Label: A Simplified Introduction to WHMIS**

This video is a training package intended to be used as a general introduction to the basic features of WHMIS. It is aimed specifically at workers who speak English as a second language or workers who have low literacy skills. The detailed presenter's package, including guidance on how to present the information, is available upon request. Trainers who have minimal experience in instructing employees with limited English language proficiency should find the package particularly useful.

## TITLE INDEX

<b>3M Fit Training</b>	<b>81</b>
<b>About AIDS</b>	<b>7</b>
<b>Accident Investigation</b>	<b>6</b>
<b>Agricultural lockout</b>	<b>28</b>
<b>Air Purifying Respirators: Information to Know</b>	<b>8</b>
<b>Air Sampling</b>	<b>8</b>
<b>The Air We Breath in Industrial Environments</b>	<b>55</b>
<b>All the Right Moves: Ergonomics in the Workplace</b>	<b>30</b>
<b>Anchorage Make the Connection</b>	<b>22</b>
<b>Anthrax Awareness</b>	<b>14</b>
<b>Anthropometry: Is It Going to Fit Your Workplace?</b>	<b>30</b>
<b>Applying Basic Ergonomics to Materials Handling</b>	<b>30</b>
<b>Artsafe - First Steps</b>	<b>84</b>
<b>As It Should Be Done</b>	<b>65</b>
<b>Asbestos Abatement</b>	<b>11</b>
<b>Asbestos in Buildings</b>	<b>11</b>
<b>Asbestos: Small Scale, Short Duration</b>	<b>11</b>
<b>Asbestos: Understanding the Hazard</b>	<b>11</b>
<b>Assume Nothing: Accident Investigation in Coal Mines</b>	<b>89</b>
<b>Avoiding Safety Hazards</b>	<b>84</b>
<b>Avoiding Slips, Trips, and Falls</b>	<b>78</b>
<b>Back at work</b>	<b>13</b>
<b>Back Care &amp; Safety</b>	<b>13</b>
<b>Back Injury Prevention</b>	<b>13</b>
<b>Back Injury Prevention Through Ergonomics</b>	<b>30</b>
<b>Back Safety for Material Handlers</b>	<b>13</b>
<b>The Bad Back Video</b>	<b>36</b>
<b>Basic Practices</b>	<b>59</b>
<b>Basic Safety in Forestry Operations</b>	<b>42</b>
<b>Beachline Safety: A Guide to Safe Work Practices</b>	<b>84</b>
<b>The Bead Seater</b>	<b>26</b>

<b>Behind The Mast: Lift Truck Operation Unit IV</b>	<b>44</b>
<b>Behind The Mast: Loads &amp; Their Effects Unit I</b>	<b>44</b>
<b>Behind The Mast: Maintaining Control Unit II</b>	<b>44</b>
<b>Behind The Mast: The Professional Operator Unit III</b>	<b>44</b>
<b>Being Your Best</b>	<b>22</b>
<b>Bend Your Knees</b>	<b>61</b>
<b>Bend Your Knees Review</b>	<b>61</b>
<b>Biological Hazards</b>	<b>46</b>
<b>Bomb Threat Strategy</b>	<b>84</b>
<b>A Breath of Fresh Air: Improving Air Quality in Your Office</b>	<b>8</b>
<b>Breathe &amp; Live: Ventilation in Metal &amp; Nonmetal Mines</b>	<b>89</b>
<b>Bullying - Who Wins? (Industrial Version)</b>	<b>72</b>
<b>Cabs and Canopies for Your Safety</b>	<b>89</b>
<b>Carcinogens, Mutagens &amp; Teratogens</b>	<b>46</b>
<b>Carpal Tunnel Syndrome: Key Method of Prevention</b>	<b>31</b>
<b>Centrifugation Hazards</b>	<b>14</b>
<b>Chain Saw Safety</b>	<b>42</b>
<b>Chainsaw Maintenance &amp; Safety</b>	<b>42</b>
<b>Chemical Storage Hazards</b>	<b>14</b>
<b>Chemicals and Pregnancy: Giving Your Baby The Right Start</b>	<b>14</b>
<b>Chemicals Under Control</b>	<b>14</b>
<b>Chlorine Safety</b>	<b>15</b>
<b>Computer Fitness - How to Work Comfortably, Productively &amp; Safely</b>	<b>31</b>
<b>Confined Space Atmospheric Testing (Canadian version)</b>	<b>20</b>
<b>Confined Space Case Histories</b>	
<b>Confined space entry: Investigation</b>	<b>20</b>
<b>Confined Space Hotwork</b>	<b>20</b>
<b>Confined Space Non-Entry Rescue (Canadian version)</b>	<b>20</b>
<b>Confined Space Rescue (Canadian version)</b>	<b>20</b>
<b>Confined Space Ventilation (Canadian version)</b>	<b>20</b>
<b>Confined Spaces</b>	<b>21</b>

<b>Conflict Communication Skills</b>	<b>72</b>
<b>Congratulations, You Made it Through Another Vacation</b>	<b>50</b>
<b>Controlling Alcohol and Drug Abuse in the Workplace</b>	<b>72</b>
<b>Controlling Exposure to Toxic Substances</b>	<b>15</b>
<b>Controlling Lead Exposure For Stained Glass Professionals &amp; Hobbyists</b>	<b>15</b>
<b>Conveyor Safety</b>	<b>89</b>
<b>Corrosives and Irritants</b>	<b>15</b>
<b>The Countdown</b>	<b>78</b>
<b>Country Commuters: Farm Machinery on the Road</b>	<b>37</b>
<b>Critical Areas Sawmill Safety</b>	<b>42</b>
<b>Danger Zone: Stress</b>	<b>46</b>
<b>Danger Zone: Your Back</b>	<b>61</b>
<b>Danger Zone: Your Hands</b>	<b>49</b>
<b>Danger Zone: Your Head</b>	<b>72</b>
<b>Dealing with Aggressive Behavior</b>	<b>73</b>
<b>Dealing with Chemical Safety</b>	<b>15</b>
<b>Dealing with Manual Handling</b>	<b>61</b>
<b>Defusing Hostility</b>	<b>46</b>
<b>The Development of Ergonomics</b>	<b>31</b>
<b>Dog Bite Prevention</b>	<b>73</b>
<b>Don't Hide an Injury</b>	<b>47</b>
<b>Don't Push Your Luck</b>	<b>91</b>
<b>Drive Alive</b>	<b>65</b>
<b>Drive to Survive: Dedicated to Improving Public Safety on our Roadways</b>	<b>26</b>
<b>Driving - Risks and Responsibilities</b>	<b>26</b>
<b>Drugs &amp; Alcohol in the Workplace</b>	<b>47</b>
<b>Due Diligence</b>	<b>78</b>
<b>Due Diligence: What does it mean to you?</b>	<b>47</b>
<b>Dying to Work</b>	<b>84</b>
<b>Effective People Skills: Determining the Right Response to Conflict</b>	<b>73</b>
<b>Electrical Installations</b>	<b>28</b>
<b>Electrical Lock-out Procedures</b>	<b>28</b>



<b>Electrical Safety in the Workplace</b>	<b>28</b>
<b>Electricity: the Unseen Danger</b>	<b>28</b>
<b>Electro-Juice</b>	<b>29</b>
<b>Entanglement "It's Not Worth the Cost"</b>	<b>37</b>
<b>Environmental Illness: Bad Chemistry</b>	<b>65</b>
<b>Equipment and Machine Guarding</b>	<b>29</b>
<b>Ergonomics at Work</b>	<b>31</b>
<b>Ergonomics in health care: a fitting solution</b>	<b>65</b>
<b>Ergonomics off the Job</b>	<b>75</b>
<b>Ergonomics: The Practical Approach</b>	<b>32</b>
<b>Evaluating the Options - Respiratory Protection</b>	<b>81</b>
<b>The Evaluation of Visual Display Terminals</b>	<b>32</b>
<b>Every Twelve Seconds</b>	<b>42</b>
<b>Excellence in Safety</b>	<b>60</b>
<b>Eye Care &amp; Safety</b>	<b>36</b>
<b>Eye Safety</b>	<b>36</b>
<b>Facts on Backs</b>	<b>13</b>
<b>Family Fire Safety</b>	<b>40</b>
<b>Fighting Coal Mine Fires</b>	<b>90</b>
<b>Fire Awareness</b>	<b>40</b>
<b>Fire Prevention</b>	<b>40</b>
<b>Fire Safe: The Right Combination</b>	<b>66</b>
<b>Fire &amp; Spill Procedures for Pesticide Vendors</b>	<b>16</b>
<b>Flammables, Combustibles &amp; Explosives</b>	<b>16</b>
<b>Foot Safety</b>	<b>41</b>
<b>Forestry Ergonomics</b>	<b>43</b>
<b>Forklift Pre-start Inspection and Safety Checks</b>	<b>44</b>
<b>A Formula for Effective Risk Management</b>	<b>9</b>
<b>Four Elements of Respiratory Protection</b>	<b>81</b>
<b>Getting Things Done - Vol. 1</b>	<b>60</b>
<b>Glassware Washing Hazards</b>	<b>16</b>
<b>The Great Outdoor Summer Groundskeeping Video</b>	<b>37</b>
<b>The Great Outdoor Winter Groundskeeping Video</b>	<b>38</b>
<b>Guiding the New Employee to Safety</b>	<b>9</b>

<b>Hand Safety</b>	<b>49</b>
<b>Hand Tools</b>	<b>87</b>
<b>Handling Hazardous Chemicals Safely</b>	<b>16</b>
<b>Hazard Alert: The Junkyard/Grave Remarks</b>	<b>69</b>
<b>Hazard Recognition and Control</b>	<b>50</b>
<b>Hazardous Materials</b>	<b>16</b>
<b>Hazardous Materials off the Job</b>	<b>50</b>
<b>Hazardous Materials on the Job</b>	<b>50</b>
<b>Head Protection</b>	<b>52</b>
<b>Health Matters At Work</b>	<b>47</b>
<b>Hearing Conservation</b>	<b>53</b>
<b>Heat Stress</b>	<b>50</b>
<b>Heavy Rock</b>	<b>90</b>
<b>HEPA Vacuum Cleaners for Asbestos Clean-up (Automotive Brakes)</b>	<b>11</b>
<b>Hidden Hazards</b>	<b>74</b>
<b>Home Ergonomics</b>	<b>32</b>
<b>Horsepower</b>	<b>38</b>
<b>Housekeeping: It Ain't Like the Movies</b>	<b>54</b>
<b>The Human Touch Performance Appraisal</b>	<b>86</b>
<b>Identifying Fire Hazards</b>	<b>40</b>
<b>Improving Your Safety Meetings</b>	<b>19</b>
<b>In Search of the Facts: Accident Investigation in Metal &amp; Nonmetal Mining Operations</b>	<b>90</b>
<b>Inside maneuvers: Confined space entry - Entrée en espace clos: Manœuvres internes</b>	<b>21</b>
<b>Inspection, Care and Storage of Slings</b>	<b>22</b>
<b>Introducing WHMIS</b>	<b>92</b>
<b>Introduction to Forklift Trucks</b>	<b>45</b>
<b>Introduction to Trenching Hazards</b>	<b>88</b>
<b>It All Adds Up - Cumulative Trauma</b>	<b>33</b>
<b>Job Safety Analysis</b>	<b>78</b>
<b>Job Safety Analysis</b>	<b>85</b>
<b>Job Safety Analysis: Proactive Planning</b>	<b>51</b>
<b>John Deere Safety Program</b>	<b>38</b>

<b>Kitchen Fire Safety</b>	<b>56</b>
<b>Kitchen Knives: Safety &amp; Efficient Use</b>	<b>56</b>
<b>Kitchen Safety...It's Up To You!</b>	<b>56</b>
<b>Kitchen Safety: Preventing Cuts and Strains</b>	<b>56</b>
<b>Kitchen Safety: Preventing Falls</b>	<b>56</b>
<b>Kitchen Safety: Preventing Machine Injuries</b>	<b>57</b>
<b>L'ergonomie dan les soins de santé: une Solution adaptée</b>	<b>66</b>
<b>Lab Ventilation</b>	<b>17</b>
<b>Ladder Safety off the Job</b>	<b>22</b>
<b>Ladder Safety on the Job</b>	<b>22</b>
<b>Ladder Safety Training</b>	<b>23</b>
<b>Ladders</b>	<b>23</b>
<b>Laundry Room Safety</b>	<b>54</b>
<b>Lockout Procedure</b>	<b>29</b>
<b>Lockout/Tagout - Controlling the Beast</b>	<b>29</b>
<b>Lockout/Tagout - Of Energy Sources</b>	<b>29</b>
<b>A Logging Safety Program</b>	<b>43</b>
<b>Look Around: You Have Rights</b>	<b>86</b>
<b>Lost Youth: Four stories of injured young workers</b>	<b>74</b>
<b>Machine Hazard Awareness</b>	<b>59</b>
<b>Maintaining Asbestos Covered Pipes &amp; Surfaces</b>	<b>12</b>
<b>Maintenance Field Work Practices</b>	<b>85</b>
<b>Make Pounds... But Safely</b>	<b>78</b>
<b>Making Do...Won't Do</b>	<b>79</b>
<b>Making Farms Safe for Kids</b>	<b>38</b>
<b>Making Light of Lifting</b>	<b>61</b>
<b>The Making of JSA: Job Safety Analysis</b>	<b>9</b>
<b>Man the Fallible Machine</b>	<b>33</b>
<b>Managing Cumulative Trauma</b>	<b>33</b>
<b>Managing Ergonomics in the Workplace</b>	<b>33</b>
<b>Managing Safety Yourself</b>	<b>60</b>
<b>Manual Handling</b>	<b>62</b>
<b>Mastering Job Safety Analysis</b>	<b>9</b>

<b>A Matter of Habit</b>	<b>79</b>
<b>Mechanical Lifting Devices</b>	<b>66</b>
<b>Meeting the Challenge</b>	<b>34</b>
<b>Mills and Concentrators</b>	<b>51</b>
<b>Minimizing Back Strain on the Job</b>	<b>62</b>
<b>Mobile Cranes</b>	<b>23</b>
<b>Moving a Patient from Bed to Chair</b>	<b>66</b>
<b>Moving a Patient from Bed to Trolley</b>	<b>66</b>
<b>Moving a Patient in Bed</b>	<b>66</b>
<b>Moving Heavy Equipment</b>	<b>83</b>
<b>No Exceptions</b>	<b>60</b>
<b>The NO MAN</b>	<b>79</b>
<b>Noise and Hearing Conservation</b>	<b>53</b>
<b>Office Ergonomics: It's Your Move</b>	<b>34</b>
<b>Office Safety: It's a Jungle in There</b>	<b>71</b>
<b>On The Right Track</b>	<b>86</b>
<b>Over and Over Again</b>	<b>79</b>
<b>Over The Edge</b>	<b>83</b>
<b>Oxyfuel Gas Cutting</b>	<b>91</b>
<b>Patient Falls: Panic or Prevention</b>	<b>67</b>
<b>Personal Protection against Infection</b>	<b>67</b>
<b>Personal Protective Equipment</b>	<b>74</b>
<b>Personal Protective Equipment</b>	<b>74</b>
<b>Personal Protective Equipment</b>	<b>74</b>
<b>Personal Protective Equipment - Off the Job</b>	<b>75</b>
<b>Personal Protective Equipment - On the Job</b>	<b>75</b>
<b>Personal Security - On the Job</b>	<b>75</b>
<b>Pesticide Safety in the Greenhouse</b>	<b>17</b>
<b>Pesticide Vendor Storage &amp; Display</b>	<b>17</b>
<b>Picture Perfect Vacation</b>	<b>51</b>
<b>Pneumatic Fastening Tools</b>	<b>87</b>
<b>Posture and Fatigue</b>	<b>34</b>
<b>Power Actuated Fastening Tools</b>	<b>87</b>
<b>Power Tools</b>	<b>87</b>

<b>Practicing Safety: How to Conduct Effective Emergency Drills on Fishing Vessels</b>	<b>64</b>
<b>Prevent That Pain</b>	<b>62</b>
<b>The Prevention of Repetitive Strain Hand Injuries</b>	<b>34</b>
<b>Preventive Maintenance for Forklift Trucks</b>	<b>45</b>
<b>Pro-active Safety Attitudes: Looking Out for Number One</b>	<b>79</b>
<b>Protecting Your Feet</b>	<b>41</b>
<b>Protection personelle contre les infections</b>	<b>67</b>
<b>Protective Clothing &amp; Equipment for Pesticide Use</b>	<b>17</b>
<b>Questions and Answers (Q&amp;A)</b>	<b>55</b>
<b>Radio Controlled Crane Safety</b>	<b>23</b>
<b>Raising Awareness of Violence in the Workplace: The Trouble with Trouble</b>	<b>75</b>
<b>Recognition, Evaluation and Control of Hazards Training Course</b>	<b>51</b>
<b>Respiratory Safety</b>	<b>81</b>
<b>Respiratory Safety</b>	<b>81</b>
<b>Rim and Wheel Safety</b>	<b>26</b>
<b>Risk Management Today</b>	<b>9</b>
<b>Robbery Deterrence</b>	<b>75</b>
<b>Robotics</b>	<b>55</b>
<b>Rudy: Safety Takes Courage</b>	<b>69</b>
<b>Safe &amp; Effective Grinding</b>	<b>91</b>
<b>Safe Forklift Operation</b>	<b>45</b>
<b>Safe Handling of Gases</b>	<b>17</b>
<b>Safe Lifting and Carrying in Agriculture</b>	<b>62</b>
<b>Safe Operation of Chain Saws</b>	<b>43</b>
<b>Safe Tractor Operation for New and Experienced Tractor Operators</b>	<b>39</b>
<b>Safety and Forklifts</b>	<b>45</b>
<b>Safety and Use of Air Compressors</b>	<b>59</b>
<b>Safety Audits</b>	<b>85</b>
<b>Safety Awareness</b>	<b>85</b>
<b>Safety Demonstration on Jointer</b>	<b>23</b>
<b>Safety Demonstration on Radial Saw</b>	<b>24</b>

<b>Safety Demonstration on Single Surface Planer</b>	<b>24</b>
<b>Safety Demonstration on the Band Saw</b>	<b>24</b>
<b>Safety Demonstration on Wood Lathe</b>	<b>24</b>
<b>Safety Demonstration on Wood Shaper-1</b>	<b>24</b>
<b>Safety Demonstration on Wood Shaper-2</b>	<b>24</b>
<b>Safety Elements in Laboratory Practice</b>	<b>19</b>
<b>Safety: Everyone's Responsibility</b>	<b>69</b>
<b>Safety Gear: Foot Protection</b>	<b>41</b>
<b>Safety Illustrated</b>	<b>67</b>
<b>Safety Is No Accident</b>	<b>69</b>
<b>Safety on the Job: Accident Causes &amp; Prevention</b>	<b>80</b>
<b>Safety on the Job: Manual Load Handling in the Warehouse</b>	<b>63</b>
<b>Safety on the Move: Truck Haulage Safety</b>	<b>27</b>
<b>Scaffolds</b>	<b>25</b>
<b>Seating for Everybody</b>	<b>34</b>
<b>Securing the Work Zone</b>	<b>91</b>
<b>Selection and Care of Rigging Equipment</b>	<b>83</b>
<b>Sell Safety</b>	<b>85</b>
<b>Shop Practices</b>	<b>59</b>
<b>Slips &amp; Falls: More Than a Trivial Affair</b>	<b>68</b>
<b>Slips, Trips, and Falls - Off the Job</b>	<b>41</b>
<b>Slips, Trips, &amp; Falls</b>	<b>80</b>
<b>Small Sawmill Safety</b>	<b>43</b>
<b>Smart Moves - For a Healthy Back</b>	<b>63</b>
<b>So It Won't Happen Again</b>	<b>80</b>
<b>Something in the Air</b>	<b>82</b>
<b>The Sun and Skin Cancer</b>	<b>47</b>
<b>Supervising Safety: You Make the Difference</b>	<b>10</b>
<b>Take Two When You're Through</b>	<b>80</b>
<b>Taking Responsibility: The Occupational Health and Safety Act of Nova Scotia</b>	<b>58</b>
<b>Talking Of Safety</b>	<b>19</b>
<b>Threads of Life: a Journey Together</b>	<b>70</b>
<b>Tig Welding</b>	<b>91</b>

<b>Too Close for Comfort: Near Miss Reporting and Investigation</b>	<b>6</b>
<b>Toxicology</b>	<b>18</b>
<b>Toxins and Poisons</b>	<b>18</b>
<b>Traumatic Hand Injury Prevention &amp; Stereotyping</b>	<b>35</b>
<b>Trenching and Shoring</b>	<b>88</b>
<b>Underground Safety - Jobsite Hazards</b>	<b>88</b>
<b>Understanding Hazards and Risks</b>	<b>51</b>
<b>Understanding Industrial Hygiene</b>	<b>55</b>
<b>Understanding Your Safety Responsibility</b>	<b>10</b>
<b>Universal Precautions: Specimen Handling &amp; Laboratory Testing</b>	<b>68</b>
<b>The Urgency of the Problem</b>	<b>35</b>
<b>Using Hand &amp; Power Tools</b>	<b>87</b>
<b>Using Personal Protective Equipment</b>	<b>75</b>
<b>Using Respiratory Protection</b>	<b>82</b>
<b>VDT: The Human Connection</b>	<b>35</b>
<b>Ventilation</b>	<b>8</b>
<b>Violence in the Workplace</b>	<b>76</b>
<b>Violence in the Workplace: An Employer's Guide to Prevention</b>	<b>76</b>
<b>Violence: Keeping it Out of the Workplace</b>	<b>76</b>
<b>The What-if Game</b>	<b>21</b>
<b>WHMIS</b>	<b>92</b>
<b>WHMIS Right to Know #1</b>	<b>92</b>
<b>WHMIS Right to Know #2</b>	<b>92</b>
<b>WHMIS Right to Know #3</b>	<b>92</b>
<b>Who's to Blame?</b>	<b>6</b>
<b>Why Take Two</b>	<b>18</b>
<b>The Winning Label: A Simplified Introduction to WHMIS</b>	<b>93</b>
<b>Winter Driving Safety</b>	<b>27</b>
<b>Winter Driving Techniques</b>	<b>27</b>
<b>Woods Truckin' Safety - No Boss on Your Back</b>	<b>43</b>
<b>Workcare: Occupational Health &amp; Safety</b>	<b>10</b>

<b>Working in Bear Country</b>	<b>76</b>
<b>Working Safely at Heights, Belledune</b>	<b>25</b>
<b>Working Together Works</b>	<b>70</b>
<b>Workplace Housekeeping</b>	<b>54</b>
<b>Workplace Violence</b>	<b>76</b>
<b>Workplace Violence: Recognizing and Defusing Aggressive Behavior</b>	<b>77</b>
<b>Your Body is Only Human</b>	<b>48</b>
<b>Your Part in Safe Chemical Storage</b>	<b>18</b>