# What Is Continuing Care?

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Continuing care serves people who need ongoing care, either on a long-term or short-term basis.

Continuing Care Branch, Department of Health, provides access to

- home care
- long-term care (such as a nursing home or a residential care facility)
- protection for vulnerable adults (Adult Protection Services)

The one number to call toll free to connect with continuing care services is 1-800-225-7225.

This number operates every day, including weekends, from 8:30 a.m. to 4:30 p.m. A person at that number will help you identify your needs for care and the services that would best meet them.

## For more information

**Department of Health—Continuing Care Branch**
Home Care, Long-Term Care, and Adult Protection Services

Phone:     1-800-225-7225 (toll free)
Website:   www.gov.ns.ca/health/ccs

## 1-800-225-7225

**NOVA SCOTIA**
**Department of Health**