



GO BIG OR GO HOME – Seatbelts

Activities

SEATBELTS SAVE LIVES

MISS SAFETY

OBJECTIVE

This activity reminds students and staff in your school about the importance of seatbelts. It has the potential to be fun, and is very subtle. Students (and staff) wear a seatbelt over their clothing for the entire day.

MATERIALS NEEDED

- Seatbelts purchased through a car wrecker or car refurbishing business
- Volunteers to wear them outside their clothing all day

HOW THE ACTIVITY WORKS

Have students from your road safety team wear light or brightly coloured clothing and then wear the seatbelts, like they would in a vehicle, over their clothes. They don't have to act it up, just have it as a subtle something different. If students are asked why they are wearing a seatbelt, have them act as though they didn't even realize it was there, and it just feels natural. This sends a message that seatbelts are neither uncomfortable nor annoying. The volunteers who are wearing seatbelts could ask seatbelt quiz questions (check out www.icbc.com for information to help you design the quiz questions) to other students and give our small prizes for the correct answers.

BUCKLED FOR LIFE

OBJECTIVE

This activity educates students on the value of seatbelts and raises money to support road safety activities.

MATERIALS NEEDED

- Chairs
- Duct tape
- Paper for pledge sheets

HOW THE ACTIVITY WORKS

Members of your road safety team or other student volunteers collect pledges based on how long they can sit duct-taped (like a seatbelt) to a wooden chair, while doing certain tasks such as acting, dancing, singing, playing catch, watching TV etc. Prizes can be offered to students who last the longest.