



DON'T CRUMBLE

OBJECTIVE

This activity is based on the police Counterattack poster that features gingerbread men. Students are required to think of alternate methods of getting home from a party safely.

MATERIALS NEEDED

- Gingerbread men, icing and decorations
- Poster paper and markers
- Tablecloth and napkins

HOW THE ACTIVITY WORKS

Students who come up with one way they'd get home safe from a party if they or the driver had been drinking and write it on the poster paper are each given a gingerbread man to decorate. The activity gets harder as more students participate because they are not permitted to list ideas already given. Repeats are only allowed once absolutely all alternatives are listed. Display the completed poster in a central area of the school.



SWIFT SPEED RACE

OBJECTIVE

To bike/scooter race your opponent on a course and have the fastest time without touching any of the obstacles in your path.

MATERIALS NEEDED

You will need two bikes or scooters, helmets, a stop watch and cones or standing posters of various things such as animals or people.

HOW THE ACTIVITY WORKS

Set up a corridor and place cones and obstacles close to each other. Have someone time the race and tell participants they must get to the other end without hitting anything, while also clocking the best time. Winners can be given small prizes.

The key message in this activity is that when you race, your vehicle's speed is above what it needs to be and you are more likely to hit an obstacle such as another vehicle, people, poles, etc.



QUICK AND EASY

Activities

LINKS FOR LIFE

OBJECTIVE

This activity demonstrates to students that we are all connected. One person's choice affects another person's life, and if we pledge to make better choices we can save lives.

MATERIALS NEEDED

- Red and green paper cut into strips
- Stapler

HOW THE ACTIVITY WORKS

Set up a table in a central area. Hand out strips of green and red paper and ask students to write their names on a strip, pledging to make a safe choice over the December holiday season. Collect the strips and form them into a "Chain for Life" to display at school or in the community.



SPEAKER'S CORNER

OBJECTIVE

To get students engaged and talking about important road safety issues, and give them the opportunity to speak their minds.

MATERIALS NEEDED

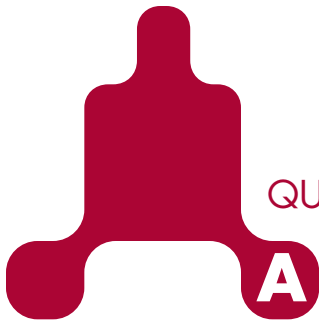
- “Speakers Corner” sign or banner
- Video camera and blank video tape
- Participant prizes (i.e. candy or key chains)

HOW THE ACTIVITY WORKS

Pick a student to be the interviewer. He or she can develop several questions such as:

“What do you see as the biggest driver distraction for young people in BC and how would you reduce that distraction?” Set up an area at the school to serve as the “Speaker’s Corner”, using signs, banners or lights to draw people’s attention. Designate someone to be the camera operator.

A variation on this activity is to get people into a group and create a Public Service Announcement (similar to a TV commercial) about an issue. Create small groups of four or five people and give them a skit topic such as speeding or impaired driving. Give them a time limit to discuss potential ideas for the skit, then limit their time on camera to one minute. Plan to play back the “Speaker’s Corner” videotape during lunch hours, at grad or during other road safety events.



QUICK AND EASY

Activities

MOCKTAIL COMPETITION

OBJECTIVE

The objective of this activity is to demonstrate that non-alcoholic drinks taste great and cost less.

MATERIALS NEEDED

- Plastic cocktail glasses or small Dixie cups
- Drink ingredients. (Have a few different base choices such as cranberry juice, club soda and daiquiri mixes. Contestants may want to bring or have you purchase other mixes or ingredients that will set their drink apart.)
- Blenders and lots of ice
- Tables and signs
- Voting station, ballot box and ballots listing the entered drinks

HOW THE ACTIVITY WORKS

The mocktail competition can be done in many ways. The most basic method is to have specific people representing groups in your school or just have the teachers compete. Each contestant would choose a drink they would make during the competition and their drink would be rated by the spectators. The tally at the end would indicate who had the best liked drink. You could use this drink as the next dance's special drink. Consider giving a small prize to the winner or naming the drink after them. You can also make copies of all the recipes entered in the competition for spectators to take home.

MOCKTAIL RECIPES

NO CRASH SPLASH

4 litres chilled apple juice
1 bottle lemon juice
2 litres club soda
*Serves 32 – small cups

PINA COLADAS

1 bottle Pina Colada mix
1 bottle pineapple juice
Blend ingredients in blender with lots of ice. Follow Pina Colada mix instructions.

MARGARITAS

1 bottle Margarita mix
1 bottle 7-Up
Blend ingredients in blender with lots of ice. Follow Margarita mix instructions.