
YOUTH WORKING IN RESTAURANTS

Amendments to Section 68(2) of the *Labour Standards Code* make it possible for young people of 14 and 15 to work in restaurants, providing:

- They are not operating cooking equipment,
- Safety training is provided on all equipment, and
- Adequate supervision is provided.

Q: [WHAT IS COOKING EQUIPMENT?](#)

A: Cooking equipment is equipment used to prepare food by heating: e.g., stoves, deep fryers, grills, ovens, etc.

Q: **HOW CAN I FIND OUT MORE ABOUT SAFETY AND SAFETY TRAINING?**

The **Workers Compensation Board of Nova Scotia (WCB)** has a number of resources that may be of assistance to employers and young workers.

- WCB's young worker website has a broad range of information in a "storefront" format that provides information to young workers and would be of interest to those employing young workers: <http://www.notworthit.ca/>
- WCB also has a brochure on young worker safety entitled [Intro to Workplace Injury Prevention For Workers Under 25](#). This brochure is on the young worker website, in the "One Stop Shopping" section. It is also available in hard copy from the WCB office.
- WCB's Prevention website <http://www.wcb.ns.ca/new/prevention.php> has information on creating safety programs.
- WCB's Preventing Workplace Injuries family of resources can be accessed at <http://www.wcb.ns.ca/new/prevention.php?id=278>. These materials are also available in hard copy from the Information Officer.
- For more information on safety awareness and resources, contact WCB's Information Officer at 491-8950.

The **Department of Environment & Labour - Occupational Health & Safety Division** <http://www.gov.ns.ca/enla/healthandsafety/> offers the following resources:

- **Young Workers:** <http://www.gov.ns.ca/enla/healthandsafety/workers.asp>

- **Training Consultants:** Employers wishing to provide on-site training may visit the Department of Environment & Labour's Occupational Health and Safety Consultants list at <http://www.gov.ns.ca/enla/healthandsafety/consultants/>

The Canadian Centre for Occupational Health & Safety <http://www.ccohs.ca/> has a number of resources, including a Food Service Workers Safety Guide: <http://www.ccohs.ca/products/publications/food.html>

The Canadian Restaurant and Food Services Association has information about safety on its website <http://www.crfa.ca>

THE FOLLOWING WEBSITES ALSO HAVE USEFUL INFORMATION:

http://www.osha.gov/SLTC/youth/restaurant/equipment_foodprep.html

<http://www2.worksafebc.com/Topics/YoungWorker/RestaurantAndHospitality.asp>

http://www.workcover.nsw.gov.au/NR/rdonlyres/E19F548A-8F89-43D2-9EF3-8E0136E65EB5/0/guide_safetywork_young_111.pdf

<http://www.worksmartontario.gov.on.ca/scripts/default.asp?contentID=6-1-1&mcategory=health#H4>

HOW TO CONTACT THE LABOUR STANDARDS DIVISION

phone: (902) 424-4311

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www.gov.ns.ca/enla/employmentrights

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