

## VISITOR SERVICES

### Québec City

Sales & Reservations Office  
Place de la Cité, Tour Cominar  
2640 boulevard Laurier  
Bureau 250, 2<sup>e</sup> étage  
Sainte-Foy, Québec G1V 5C2

### Year-round

Monday, Tuesday, and Wednesday, 8:30 a.m. to 6 p.m.  
Thursday and Friday until 9 p.m.  
Saturday, 9 a.m. to 6 p.m.  
Sunday, 10 a.m. to 6 p.m.

### By phone

Open daily, 8:30 a.m. to 9 p.m.  
(except Saturday and Sunday from mid-October to mid-May, 8:30 a.m. to 7:30 p.m.)

1 800 665-6527 (Canada and U.S.A.)  
(418) 890-6527  
(outside Canada and U.S.A.)

Fax: (418) 528-6025

E-mail: [inforeservation@sepaq.com](mailto:inforeservation@sepaq.com)

### Montréal

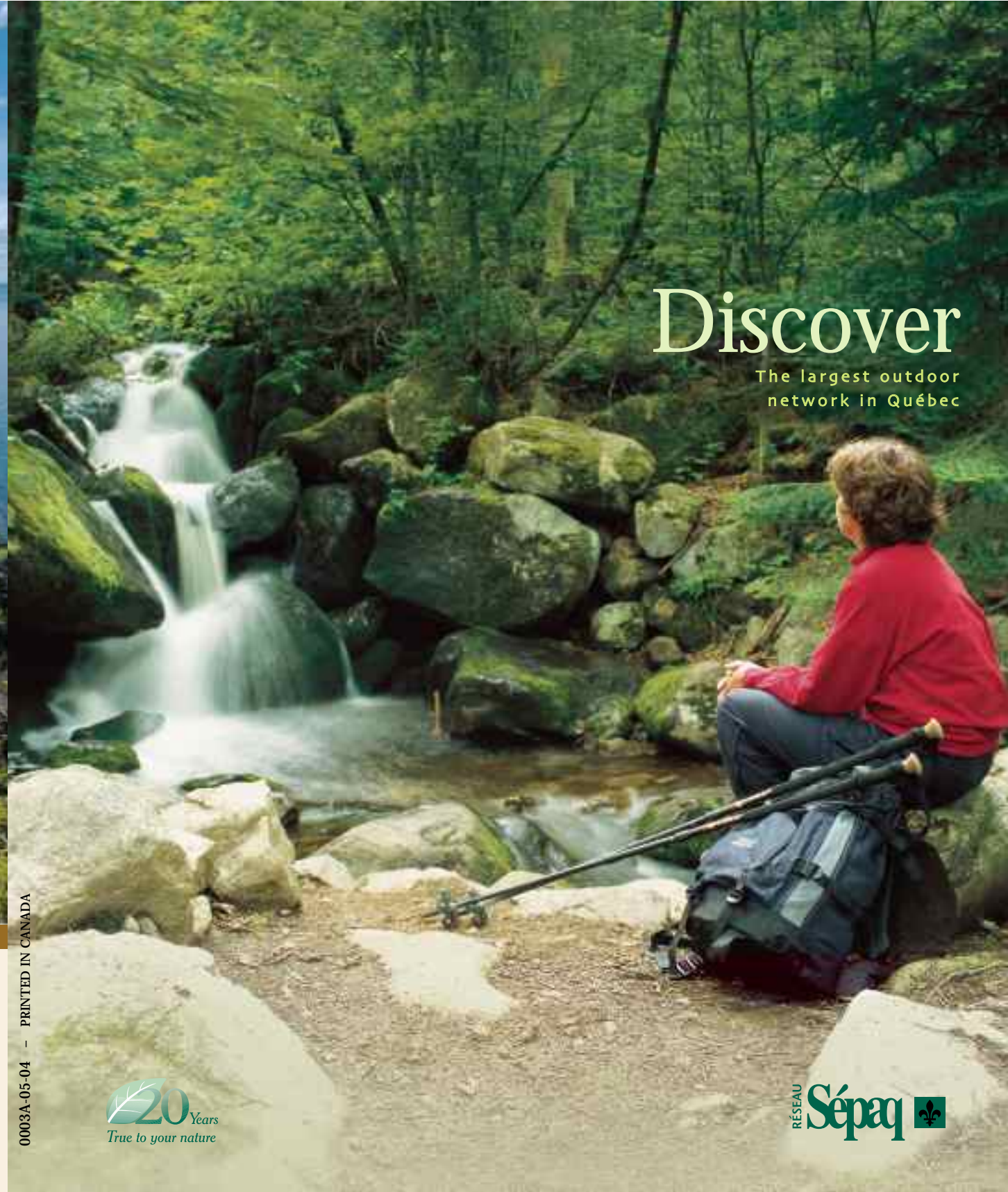
#### Centre infotouriste

1001 rue du Square Dorchester  
Suite 100  
(at Peel and Sainte-Catherine)  
Montréal, Québec

Monday to Friday, 9 a.m. to 6 p.m.  
Saturday, 10 a.m. to 5 p.m.  
Sunday (June to September), 10 a.m. to 5 p.m.



Parc national de Miguasha – Unesco World Heritage Site



# Discover

The largest outdoor network in Québec

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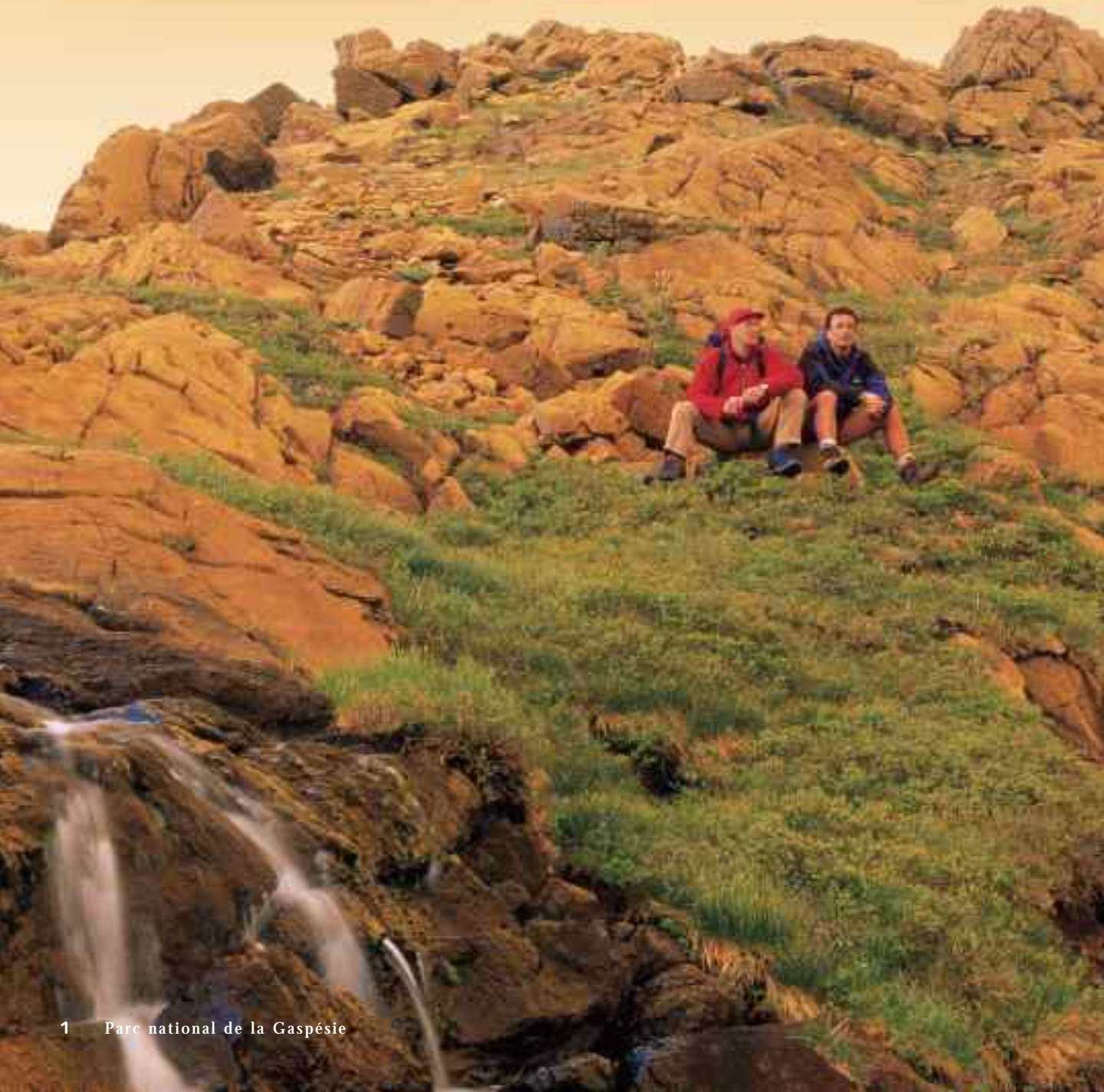
0003A-05-04 - PRINTED IN CANADA

20 Years  
True to your nature

RÉSEAU Sépaq

# DISCOVER...

a land larger than life



Gîte du Mont-Albert

## DISCOVER...

the taste of something unique

After a fun-filled day in the great outdoors, choose a table at one of the best restaurants in the region for a taste of local gourmet cuisine at its finest—elegant presentation, mouthwatering aromas, and exquisite flavors, all served up with the discreet and efficient attention you deserve.

Add breathtaking views of Lac St-Joseph (Station touristique Duchesnay), Montmorency Falls (Manoir Montmorency), the sea (Auberge Fort-Prével), or Québec's most impressive mountains (Gîte du Mont-Albert), and you'll be well on your way to a memorable meal. Choose from table d'hôte dinner menus, economical lunchtime picks, or Sunday brunch.

Whether you're there for an extended stay or just passing through, the Sépaq nature and outdoor network boasts a wide selection of quality accommodation facilities. It offers lodgings

ranging from fully appointed, comfortable waterside cabins to primitive campgrounds, huts, and serviced campgrounds.

Gîte du Mont-Albert and Auberge Fort-Prével Vacation Resort on the Gaspé Peninsula both offer superior accommodation facilities. Whether you opt for the inn, a motel with panoramic views of the sea, or a cabin with kitchenette, you're sure to enjoy the comfortable and well-appointed rooms. Meeting and reception rooms are also available. And the new Chic-Chocs Mountain Lodge will offer an array of packages and activities in truly unique surroundings.

On the edge of an enchanted forest only minutes from Québec City, Station touristique Duchesnay offers a range of accommodation options and can readily host groups of up to 180 people for meetings. With a new 48-



Auberge Fort-Prével



Auberge Duchesnay



Manoir Montmorency



Chic-Chocs Mountain Lodge

room inn overlooking the lake, 40 rooms in the lodges, and 14 villas spread out along the water, you're sure to enjoy a peaceful and comfortable stay.

If you're planning a vacation to Anticosti Island, choose from accommodation in a cabin, inn, lodge, or campground. Your dream vacation is closer than ever with Sépaq Anticosti!



Parc national d'Anticosti

# DISCOVER...

hospitality and helpfulness

## AN ENTHUSIASTIC TEAM

The Sépaq Sales & Reservation Office team provides friendly and helpful service 7 days a week. Our 40 staffers are devoted to helping you discover Québec's beautiful wilderness and plan an unforgettable stay—whatever the season—in the Parcs Québec network, one of the wildlife reserves, or a tourist resort. You're sure to appreciate the warm and professional service awaiting you at each and every one of the 47 Sépaq establishments. Reserve today!

## A TREASURE TROVE OF INFORMATION

You can also obtain a wide selection of publications on Québec's three outdoor and nature net-

works and a host of information on our many attractive packages by dropping by to see us or calling the Sépaq Sales & Reservations Office at **1 800 665-6527**.

## HEAD FOR THE WEB...

The [www.sepaq.com](http://www.sepaq.com) website features a wealth of information on the activities and services available at each of the Sépaq-managed establishments. Photo galleries of spellbinding scenery and charming cabins are just clicks away! You can even reserve your cabin, campsite, or vacation resort stay and register for random draws for sport hunting and fishing trips online, too. Click your way to a fabulous world of nature and the great outdoors!



Sales and Reservations Counter - Place de la Cité



Réserve faunique Mastigouche



Auberge Fort-Prével



Parc national du Saguenay

Every year, nearly 3 million people visit the Sépaq website ([www.sepaq.com](http://www.sepaq.com)) and make over 150,000 transactions.

## A ONE-OF-A-KIND NETWORK

A vast land of lakes and rivers. The mighty St. Lawrence. Huge expanses of wilderness. A wealth of wildlife, birds, and aquatic life. Protected territories and spellbinding scenery unique in the world. Places to enjoy a myriad of outdoor and vacation activities. Sites that promote features of the natural environment. A wide range of high-quality accommodation facilities. Mouthwatering regional cuisine... In short, a remarkable opportunity to discover Québec's outstanding nature and outdoor network.

A network covering nearly 80,000 km<sup>2</sup> where visitors can enjoy a range of ecotourism, wildlife, outdoor, and natural and cultural heritage activities.

This unique network is operated by Société des établissements de plein air du Québec (Sépaq), a public corporation in existence since 1985 under the responsibility of the Minister of Sustainable Development, Environment and Parks. Its mission is to administer, operate, protect, and promote—in cooperation with regional authorities—the establishments and lands entrusted to it by the Government of Québec.

Whether you're a nature and wilderness buff, a lover of aquatic, outdoor, and ecotourism activities, a sport hunting and fishing enthusiast, a keen student of history and geology, or a discerning gourmet in search of fine restaurants and charming inns in unique settings, you're sure to find a reason to get back to nature!



Réserve faunique Mastigouche

A network that boasts 22 national parks, 16 wildlife reserves, 8 tourist resorts, and Sépaq Anticosti, and covers nearly 80,000 km<sup>2</sup>.

# DISCOVER...

a piece of paradise



## WELCOME TO PARADISE...

All the wildlife reserves and many Québec parks offer opportunities for sport fishing. Thousands of lakes and rivers throughout the network teem with an array of favorite sport fishing species, including brook trout, lake trout, walleye, pike, bass, arctic char, Atlantic salmon, ouananiche (landlocked salmon) and muskellunge.

In addition to day fishing, wildlife reserves and a number of Québec's national parks offer overnight stays in lodges, cabins, primitive camps, or campgrounds.

All the wildlife reserves and some of Québec's national parks offer fishing packages that include accommodation, use of a boat, and access to many bodies of water. Trout and salmon fishing enthusiasts looking for a more exotic getaway will love Sépaq Anticosti, with its grandiose surroundings, crystal-clear rivers, waterfalls, canyons, and the ever-present sea.

The Sépaq network is a true sport fisher's paradise!



Réserve faunique La Vérendrye



Réserve faunique de Port-Daniel

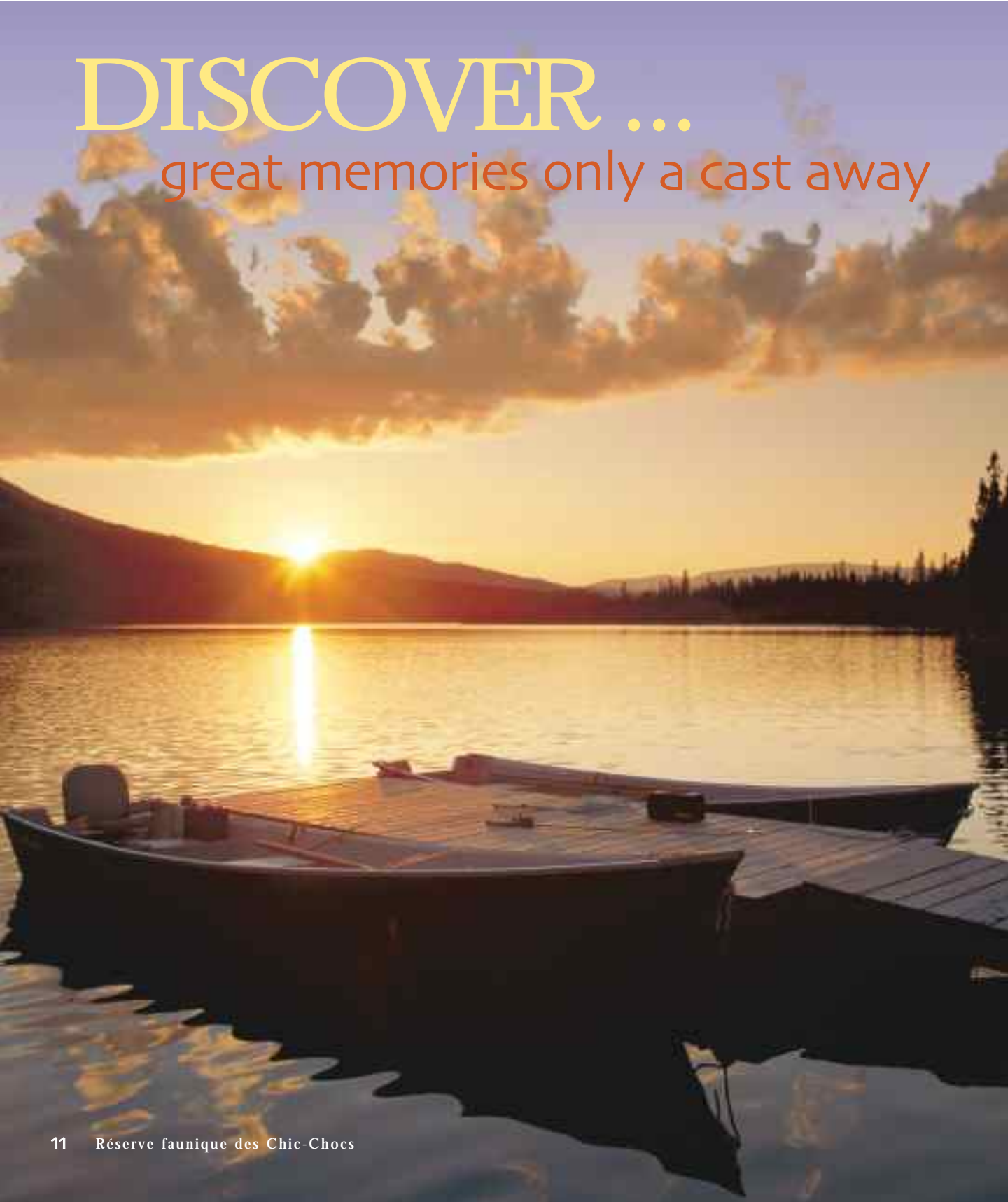


Réserve faunique des Laurentides

At a bend in the trail or as you drift down a river, discover the explorer or coureur des bois within!

# DISCOVER ...

great memories only a cast away



## UNPARALLELED TERRITORIES

### Québec's national parks

The Québec's national parks network is devoted to protecting and conserving areas representative of Québec's 47 natural regions. It is also in charge of promoting these remarkable sites for educational and recreational purposes and sustainably ensuring that their cultural, social, and economic value is shared with the public. These protected territories are ideal for discovering nature, and have become popular tourist destinations.

### Wildlife reserves

Wildlife reserves are devoted to conserving, promoting, and fostering sensible use of wildlife in keeping with the principles of sustainable development. They offer visitors a wide array of wildlife-oriented activities and related outdoor products such as canoe-camping, regular camping, vacation rentals, and more. Wildlife research studies are also conducted on the reserves with a view to improving wildlife management throughout Québec. Wildlife reserves promote an integrated management approach to the natural resources found there.

For its part, Sépaq Anticosti offers some of the best white-tailed deer hunting in North America, as well as sport fishing and vacation getaways in a truly spectacular setting.

### Tourist resorts

Sépaq tourist resorts offer a vast selection of outdoor, cultural, and other activities, including accommodation and meal packages. Our tourist resorts—among them Parc de la Chute-Montmorency, Station touristique Duchesnay, Centre touristique du Lac-Simon in the Outaouais region, and Auberge Fort-Prével in Gaspésie—have earned an enviable reputation for service.



Centre touristique du Lac-Simon

Discover our Sépaq cabins that can accommodate 2 to 16 people in the peace and quiet of the great outdoors, but with all the comforts of home.

# DISCOVER ...

the true face of winter



## THE GREAT OUTDOORS UNDER STARRY SKIES

If you're looking to get your fill of pure fresh air, nothing beats the fun of camping and aquatic activities. The Sépaq network boasts thousands of lakes and hundreds of rivers where outdoor enthusiasts can enjoy kayaking, canoeing, and canoe-camping. Anticosti Island and Parc national du Saguenay also offer great sea kayaking.

Paddle your way through spectacular surroundings, relax around a campfire, sleep under the stars or in the comfort of a tent—what better way to experience nature at its very best!

The campgrounds of Québec's national parks, tourist resorts, and wildlife reserves are the perfect place to get a real feel for a region.

The campgrounds at Baie-de-Percé, Des Voltigeurs, Lac-Kénogami, and Lac-Simon tourist resorts, as well as Bic, Mont-Orford, Mont-Tremblant, Gaspésie, Yamaska, and Aiguebelle national parks, to name a few, are an ideal gateway to a nature vacation. They offer both serviced and primitive sites that are either easy to get to or secluded in the woods, some with showers and/or sanitary and laundry facilities.



Parc national du Saguenay



Parc national du Mont-Tremblant



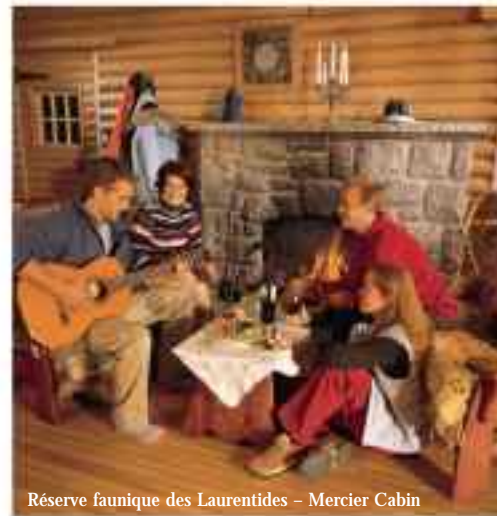
Parc national des Hautes-Gorges-de-la-Rivière-Malbaie

Sépaq boasts over 8,000 campsites and nearly 600 cabins and huts to accommodate outdoor enthusiasts.



# DISCOVER ...

sweet dreams under the stars



Réserve faunique des Laurentides - Mercier Cabin

## WINTER WONDERLAND

Come winter, nature rolls out her immaculate white carpet. But that doesn't mean outdoor and sports activities get put on hold. On the contrary!

Kilometers of cross country ski and snowshoe trails wind through the forests around Station touristique Duchesnay and Centre touristique du Lac-Simon, and through Québec's wildlife reserves and national parks. Take the opportunity to discover fabulous winterscapes in the peaceful silence of the woods.

Many of Québec's national parks offer a wide array of educational and recreational activities throughout the winter.

In certain wildlife reserves, visitors can snowmobile on groomed and marked trails, notably in Rouge-Matawin, La Vérendrye, Portneuf, and Laurentides wildlife reserves. Other great winter activities available include snowshoeing, telemark and downhill skiing, ice climbing, and tobogganing.



Réserve faunique des Laurentides



Parc national des Monts-Valin



Réserve faunique des Laurentides

Over 1,500 kilometers of trails await you for cross country skiing (classic and skating), backcountry skiing, snowshoeing, and hiking on snow.

# DISCOVER...

## a roadmap to excitement

LOCATION OF ALL OUR ESTABLISHMENTS



### NETWORK OF QUÉBEC'S NATIONAL PARKS

- 1 Parc national d'Aigüebelle
- 2 Parc national d'Anticosti
- 3 Parc national du Bic
- 4 Parc national de Frontenac
- 5 Parc national de la Gaspésie
- 6 Parc national des Grands-Jardins
- 7 Parc national des Hautes-Gorges-de-la-Rivière-Malbaie
- 8 Parc national de Île-Bonaventure-et-du-Rocher-Percé
- 9 Parc national des Îles-de-Boucherville
- 10 Parc national de la Jacques-Cartier
- 11 Parc national de Migouasha
- 12 Parc national du Mont-Mégantic
- 13 Parc national du Mont-Orford
- 14 Parc national du Mont-Saint-Bruno
- 15 Parc national du Mont-Tremblant
- 16 Parc national des Monts-Valin
- 17 Parc national d'Oka
- 18 Parc national de Plaisance
- 19 Parc national de la Pointe-Taillon
- 20 Parc national du Saguenay
- 21 Parc marin du Saguenay-Saint-Laurent
- 22 Parc national de la Yamaska



### ACTIVITIES IN THE SÉPAQ NETWORK

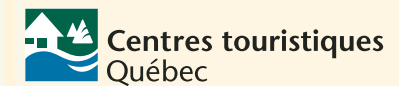
Throughout the Sépaq network, visitor facilities and equipment allow for a multitude of outdoor activities in beautiful natural settings. Hiking, picnicking, swimming, canoeing, sport fishing, wild berry picking,

kayaking, photography, cycling, skiing, and snowshoeing are just some of the many options visitors can pick from. In addition, Québec's national parks offer a vast range of educational and interpretive activities.



### NETWORK OF QUÉBEC'S WILDLIFE RESERVES

- 1 Réserve faunique Ashuapmushuan
- 2 Réserves fauniques Assinica et des Lacs-Albanel-Mistassini-et-Waconichi
- 3 Réserve faunique des Chic-Chocs
- 4 Réserve faunique de Dunière
- 5 Réserve faunique des Laurentides
- 6 Réserve faunique La Vérendrye, secteur Abitibi-Témiscamingue
- 7 Réserve faunique La Vérendrye, secteur Outaouais
- 8 Réserve faunique Mastigouche
- 9 Réserve faunique de Matane
- 10 Réserve faunique de Papineau-Labelle
- 11 Réserve faunique de Port-Cartier-Sept-Îles
- 12 Réserve faunique de Port-Daniel
- 13 Réserve faunique de Portneuf
- 14 Réserve faunique de Rimouski
- 15 Réserve faunique Rouge-Matawin
- 16 Réserve faunique du Saint-Maurice
- \* Sépaq Anticosti



### NETWORK OF QUÉBEC'S TOURIST RESORTS

- 1 Auberge Fort-Prével
- 2 Sépaq-Val-Jalbert, s.e.n.c.
- 3 Camping de la Baie-de-Percé
- 4 Station touristique Duchesnay
- 5 Camping des Voltigeurs
- 6 Centre touristique du Lac-Kénogami
- 7 Centre touristique du Lac-Simon
- 8 Parc de la Chute-Montmorency