



YOU ARE ONE OF THE LUCKY VACATIONERS WHO WILL SOON HAVE THE PLEASURE OF DISCOVERING ANTICOSTI ISLAND! THIS GUIDE AND THE INFORMATION APPEARING ON YOUR INVOICE WILL HELP YOU PLAN YOUR STAY. PLEASE READ IT CAREFULLY AND KEEP IT HANDY, AS YOU MAY WISH TO CONSULT IT IN THE NEAR FUTURE.

## BEFORE YOUR DEPARTURE...

### CANCELLATION INSURANCE

Did you know that there is still time to buy cancellation insurance? It covers cancellation fees for major reasons such as illness, accident, flight delay, disaster, death of a relative or loved one. We encourage you to take advantage of this insurance for your peace of mind. Our agents can help you. Dial 1 800 463-0863.

## GETTING TO THE ISLAND... BECAUSE ALL ROADS LEAD TO ANTICOSTI!

### AIR TRAVEL : DEPARTURE TIMES FROM...

• Montréal: 7 AM • Québec City: 8:15 AM • Mont-Joli: 9:15 AM  
Please arrive at the airport one hour before the scheduled departure time. Should an agent confirm a different departure time one week before your departure date, you must stick to the new time. The time of your return flight will be confirmed when you register at the Port-Menier Visitors Centre.

### RUNNING LATE? LET US KNOW!

If you are going to be late for the plane, we would greatly appreciate your notifying one of our agents by phone.  
Montréal : 514 631-3000 (Propair) Québec : 418 877-6708 (Transol)  
Mont-Joli : 418 775-3875 Anticosti : 418 535-0156.

### NOT TRAVELING WITH US?

If you have reserved your flight other than through Sépaq Anticosti, it is essential that you notify us of when you will be arriving in Port-Menier. That way, we can be there to greet you at the airport.

### IMPORTANT 2007...YOUR BAGGAGE: MAXIMUM 50 LBS

Due to a limited weight allowance on the plane and for flight safety, there is no guarantee that you will be able to bring extra luggage... Exceptionally, if the weight allowance has not been reached, some surplus luggage may be accepted for \$4.40/kg (\$2/lb) on your way to Anticosti and \$4.40/kg (\$2/lb) on your way home.

### TO AVOID PAYING EXTRA FOR LUGGAGE, ORDER AHEAD AND SAVE TIME...

The Port-Menier (CCIA) grocery and butcher shop offers a wide variety of fruits, vegetables and cheeses, plus butcher, bakery and grocery services, a Société des Alcools (SAQ) agent and an excellent choice of products for the same prices as on the continent. You can send your shopping list by fax: 418 535-0140 or e-mail: [info@cooperativeanticosti.com](mailto:info@cooperativeanticosti.com).

You can borrow a cooler to store and transport your purchases (deposit required: approximately \$20). Order ahead of time so you can arrive at your place of accommodations more quickly.

## GETTING TO ANTICOSTI

### AT THE AIRPORT...

When you arrive at the Port-Menier Airport, a member of our team will be there to greet you. If your package includes a vehicle, please read the insurance clause on your invoice. As with a vehicle rental, you are responsible for the vehicle assigned to you. To speed up the process at the rental counter, make sure you have all the necessary documents on hand: driver's license, copy of insurance (where applicable), etc. Then go directly to the Sépaq Anticosti office in the Village of Port-Menier. Follow the signs—it's only about a five-minute drive.

### AT THE VISITORS CENTRE

All visitors must check in at our Visitors Centre in Port-Menier and receive safety information before traveling in the Sépaq Anticosti territory. You must also complete a registration card for each member of your party. The office staff will let you know of any particular road conditions on Anticosti and will explain how to use the radiocommunication device. And if you plan to enjoy a little fishing while you're here, you can also purchase a fishing license. Ask about all the options available!

## NORTH-SOUTH OPTION... MIGRATE AND DISCOVER EVEN MORE!

Due to the sheer size of Anticosti and at the request of our customers, we have created the North-South option, which consists of three days on the north side and four days on the south side of the island, or vice versa, so you can visit each area and discover the many fascinating facets of the island.

Be sure to leave your first accommodations location by 10 AM and move into your second by 3 PM.

## LAKE FISHING IN JUNE... FOR MEMORABLE FISHING TALES

While we can't guarantee miracles, the fishing will be good... and the spellbinding surroundings even better! You will fish in a sector that is reserved exclusively for your group. Fishing access rights are included for a number of lakes, and life jackets, a row boat and motor will be provided. Here are our suggestions for fishing gear:

### SPINNING

- Toronto Wobbler 2 1/2"
- Sutton West-River
- Bob-it
- William Wabblers 3 "
- Rapala CD-5S, J-7G, J-9S
- Hook #6 and #8

### FLY FISHING

- A variety of muddlers (# 6, #8, and #10)
- Black Wulff and Brown Wulff (# 6, #8, and #10)
- Natural nymphs (# 6, #8, and #10)
- Brown Delta (#8 and #10)
- Streamers: #10 Grey Ghost and #6 Grizzly King

## TROUT AND SALMON FISHING ON LA LOUTRE RIVER...

You'll enjoy Rivière La Loutre, the perfect place to try your hand at fly fishing. You can also fish for trout at Petit and Grand Lac Long lakes. We urge you to carefully read the section on your invoice about catch limits on Anticosti Island.

Most popular flies: Rusty Rat, Silver Rat, Silver Cossaboom, Pattern Fly, Black Ghost, Mickey Finn, Bomber and Green Machine.

## ACTIVITIES... FOR THE YOUNG AND YOUNG-AT-HEART

Anticosti Island boasts a wide range of activities you can enjoy alone, as a couple, or with the whole family. You will receive a copy of the Park Journal when you arrive in Port-Menier. Be sure to consult it for the complete activity program. The following is a brief summary of what's available. For information and to sign up, go to one of the two Visitors Centres –McDonald on the north side or Chicotte-la-Mer on the south side.

### ACTIVITIES AND RATES

Please take note that activities are held if the weather and number of participants are favorable.

**SEA KAYAKING** Various departure times and excursion lengths from dawn to dusk.....\$45 to \$100 Available through Expédition Agaguk

**HORSEBACK RIDING** Choice of guided excursions .....\$25/hour/adult (minimum age : 14)

**HIKING** Self-guided hikes ..... Free

A network of hiking trails takes you straight to the park's and Anticosti's most beautiful attractions. To help you fully appreciate all natural wealth, be sure to pick up a copy of Ecoguide, a collection of wildlife, flora, historical, and anecdotal information. On sale on Anticosti Island at Boutique Nature (\$10.87)

**DAY FISHING** On lakes or rivers.....starting at \$15/person/day  
Motor rentals: ..... \$42.12/day  
Bait available on Anticosti : .....CCIA and Accommodateur Malouin  
Reserve by radio communication 24 hours in advance at the McDonald or Chicotte-la-Mer Visitors Centres.  
A popular complementary activity that may be affected by weather conditions, so it is best not to make it the focal point of your stay.

**INFORMATION** Visitors Centres: McDonald, Chicotte-la-Mer and Port-Menier

Prices vary according to the activity you choose, and their duration. Subject to change without notice. Taxes not included.

## USEFUL TIPS FOR VACATIONERS...

### SERVICES IN PORT-MENIER

Before going to your place of accommodations, you may wish to stop at one of the stores in Port-Menier to pick up supplies:

- Grocery store/butcher shop
- Société des alcools (liquor store)
- Convenience store
- Gas station
- Bank (Caisse populaire)

### BEFORE GOING HOME, GIVE YOURSELF TIME TO VISIT THE VILLAGE:

- Boutique Nature\* at Auberge Port-Menier: all kinds of souvenirs.
- Boutique des Artisans : local crafts
- Ecomuseum
- The village and its surroundings (Ruins of Château Menier, Baie Sainte-Claire...)

\* Parc national d'Anticosti's Boutique Nature stores are located in McDonald and Chicotte-la-Mer

### AND AROUND THE ISLAND

#### Treat yourself...

To add a gourmet touch to your stay, be sure to dine at one of the inns at McDonald, Chicotte-la-Mer, or Auberge Port-Menier, where you will enjoy mouth-watering full-course meals or à la carte items featuring regional specialties. Simply reserve your table by radio communication a few hours in advance. When you arrive on the island, ask about the business hours of these restaurants.

#### Did you know...

Lobster season on Anticosti is from June to July.

#### GAS

The two gas stations on the terrain are located at the McDonald and Chicotte-la-Mer Visitors Centres. Make sure to fill up your tank on your way by!

## THE ROAD TO YOUR HOME-AWAY-FROM-HOME

On the day of your arrival, it is best to start off for your place of accommodations without too much delay... Take advantage of the light to travel. The distances are sometimes long. Be careful on the roads. Wood transport may be taking place in some sectors.

## CHECKLIST ...WHAT TO BRING TO ANTICOSTI

Anticosti is characterized by a sub-boreal climate, which means that it gets quite hot on sunny days but nights are cool, so you'll sleep well. Temperatures tend to range between 10 °C and 25 °C. For your comfort, be sure to pack some warm clothes.

### CLOTHING

- Wool socks
- Hiking boots
- Rubber boots
- Cap/hat
- Sweaters
- Sneakers
- Rain gear
- Windbreaker
- Pants
- Shorts
- Underwear
- T-shirt
- Wool vest
- Rope and string
- Complete cookset<sup>1, 2</sup>
- Binoculars
- Flashlight and batteries
- Reading material
- Dishcloth<sup>2</sup>
- Personal medication
- Watch
- Can opener
- Bottle opener
- Pillow<sup>2</sup>
- Pencil and paper
- Sticky tape
- Backpack
- Sleeping bag<sup>3</sup>
- Soap
- Towels<sup>3</sup>
- Pillowcase<sup>2</sup>
- First aid kit
- Toiletries
- Sunglasses

### PERSONAL ITEMS

- Firestarter (Zip)
- Wooden matches/lighter
- Toothbrush and toothpaste
- Compass
- Coffeemaker (Bodum)<sup>2</sup>
- Camera, film, flash, batteries
- Fishing rod
- Candle
- Pocket knife

Anticosti Island is the perfect place for picnics, more elaborate dinners, or enjoying a snack around the fireplace. Keep that in mind when you go grocery shopping!

### GROCERIES

- Peanuts
- Bacon
- Butter, margarine
- Peanut butter, jam
- Drinks
- Crackers and cookies
- Coffee, tea, herbal teas
- Spreads
- Chips
- Desserts
- Bottles of water
- Spices (salt, pepper, etc.)
- Paper towels
- Flour
- Cheese
- Fresh and dried fruit
- Steel wool
- Vegetables
- Marinades
- Mustard, relish, ketchup
- Mixed nuts
- Eggs
- Onions
- Bread and muffins
- Hamburger and hot dog buns
- Aluminum foil
- Potatoes
- Deboned chicken
- Stew
- Rice
- Garbage bags
- Lettuce and dressing
- Dish soap
- Sauces (gravy, spaghetti)
- Sausages (beef, hot dog)
- Soup (can or packet)
- Sugar
- Chocolate bars and granola
- Cold cuts
- Ground meat

- 1** For picnics
- 2** For camping
- 3** For cabin packages and camping

## IMPORTANT INFORMATION... FOR THE PROTECTION AND CONSERVATION OF OUR HERITAGE

During your stay on Anticosti Island, we would appreciate your showing the same respect to the environment as you expect others to show you. We respect and highly value our environment, and are happy to share it with you.

### ANIMALS

In order to allow the white-tailed deer to continue to roam free in their habitat and for visitors to admire them up close, a municipal by-law prohibits dogs on the island. Thank you for your cooperation.

## PARC NATIONAL D'ANTICOSTI... THE ENCHANTMENT OF A MYSTERIOUS ISLAND

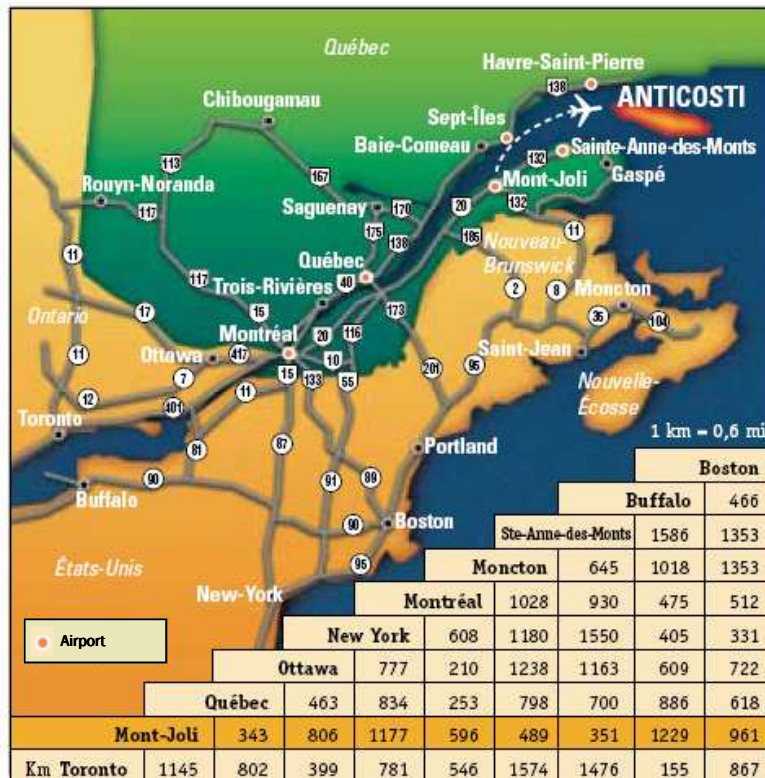


With its creation in 2001 by the Québec Government, Parc national d'Anticosti (572 km<sup>2</sup>) became the biggest land park to be created in Québec since 1981. The park includes examples of all the natural features found on Anticosti Island, including some that are unique in Québec and Canada. A jewel in Québec's natural heritage, the park boasts breathtaking scenery, easily observed wildlife, and fascinating flora, and offers visitors a world of beauty and enchantment.

## JUST A PREVIEW...TO WHET YOUR APPETITE

Get the feeling the island's offerings exceed your wildest dreams? To help you get the most out of your stay on Anticosti and all its rich beauty, treasures, and natural attractions, we suggest you concentrate your activities in a single sector of the island, so as to not spend too much time traveling. And remember, it's impossible to see absolutely everything in just one visit!

### THE ROAD TO ANTICOSTI



**1 800 463-0863**

[www.sepaq.com/anticosti](http://www.sepaq.com/anticosti)

### IMPORTANT

Sépaq Anticosti is not liable for any accidents or delays that occur during your trip as a result of weather or any other conditions beyond our control. All rates, packages, and activities are subject to change without notice. Taxes are not included in the prices.

