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# IN THE SPIRIT OF HEALING AND WELLNESS

Vol. 2 No 4  
March 2000

This is a newsletter of the Aboriginal Healing and Wellness Strategy (AHWS)

## INSIDE

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### OVER \$400 IN 30 MINUTES!

This recipe for a successful "Loonie Auction" is brought to you by the Fort Erie Healing and Wellness Strategy Team:

- up to 10 donated gifts (pottery, watches, household supplies, etc.)
- 5 double rolls of numbered "tickets"
- 5 runners to sell tickets
- 1 auctioneer
- 1 container for drawing tickets
- an event with lots of people
- a microphone

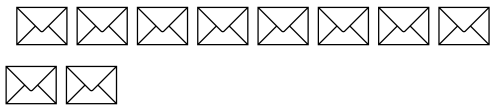
At a community gathering (e.g. meeting, dance, etc.) Ask for about 20 - 30 minutes of time. Explain to everyone how the money raised will be used.

Display all donated items on a table. Announce the rules of the auction: The auctioneer will describe the item. If you are interested in buying a ticket for one of the items, raise your hand. The runners spread out through the room quickly, selling tickets at one dollar per ticket to those people who raised their hand. The runners spend about 3 - 5 minutes selling tickets and then bring all of the sold tickets to the auctioneer. The tickets are placed in a container and one ticket is drawn. Request that the person with the winning number come forward. Tell everyone to destroy the last ticket they purchased. The auctioneer describes the second item and the auction begins all over again.

This is how Eli Laforme, Kristi Perrett, Lauren Jamieson, Kitten Moses, Dorren Hill, Jackie Poulin and Diana Sowden, from the Fort Erie Friendship Centre raised \$448 in 30 minutes at the Annual General Meeting of the Ontario Federation

of Indian Friendship Centres on October 23rd. The fundraising profits went towards their Christmas Crisis Fund. Thanks for a great idea team!

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## IN THE SPIRIT OF HEALING

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## HOW TO FUNDRAISE

### Stories and Tidbits

You are invited to send in stories or tidbits about healing and wellness activities for the newsletter (No announcements please). Send or fax your articles to:

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