



# What's up in Manitoba



## Max Out in Manitoba!

No one planning a visit to Manitoba needs to be told to see the polar bears in Churchill, fish for Northern pike or take in a performance of the Royal Winnipeg Ballet. But did you know that you can snorkel with beluga whales, paddle white water on surging rivers, or celebrate Manitoba's indigenous people? Read on!

Cathy Senecal  
Manager, Media Relations

## Manitoba Musts

- Sleep with the polar bears in Churchill
- View, kayak or snorkel with the beluga whales in Churchill
- Spend time in Winnipeg neighbourhoods: Saint-Boniface, 'Little Italy', Exchange District, Corydon Avenue
- Eat perogies, fresh pickerel, bison ribs, a BDI Goog (ice cream sundae), berries
- Fish for northern pike at a remote fly-in resort
- Visit provincial parks such as Spruce Woods and Whiteshell and dozens of others for sand dune hikes, paddling and hiking.

## Manitoba's Bear Truths

Typically, visitors to Canada tour outside of Churchill, Manitoba in giant tundra vehicles during the bears' fall migration to the Hudson Bay ice packs. While that short season runs October through November, polar bears can also be spotted in summer and deep winter, too, usually with a different twist and vantage point.

### Bears Outside, you Caged?

At Nanuk Polar Bear Lodge ([www.nanukpolarbearlodge.com](http://www.nanukpolarbearlodge.com)), on the southern tip of Wapusk National Park, it's the guests who are caged – behind an eight-foot high Buffalo Fence that surrounds the camp to keep visitors secure from bears. All-terrain vehicles negotiate 35 kilometers of established trails (with strict safety protocols applied – any bears guests may happen to see will be both beautiful and potentially dangerous). From July through August bears with cubs may be spotted, and bears, fresh from the now-broken ice packs, browse stretches of sedge grass – summer salads following a long winter of seal main courses. In early autumn, visitors may be lucky enough to see bears sparring with each other.

*continued on page 2 »*

## in this issue :

Manitoba Bear Truths .....	1
Romantic Manitoba .....	3
Hot, Fresh Story Ideas .....	4
Packages for Unforgettable You .....	5
A Great Weekend in Winnipeg .....	6
Manito Ahbee Media Trip .....	7
Upcoming Events .....	8

## QUIZ

Q: Why did Roy Rogers, Fred McMurray, Don Ameche, Ginger Rogers, Howard Hughes, Gary Cooper and Clark Gable visit Manitoba in the 1930s?

Q: Lily Acheson Wallace is from Virden, Manitoba. What is she credited with founding?

(see answers on page 8)





photo by Yvette Cardozo

Manitoba's Bear Truths *continued*

### ***Walk with Bears – Very, Very Carefully***

Throughout spring and summer, hikers can explore the Arctic tundra with guides from Northern Soul ([www.northernsoul.ca](http://www.northernsoul.ca)), explore the sandy beach called 'Polar Bear Alley' where bears sometimes lounge in summer warmth.

In July and August, Paul Ratson's Nature 1<sup>st</sup> Tours ([www.nature1sttours.ca](http://www.nature1sttours.ca)), launches its heli-hikes, flying adventurers forty miles past the tree line to the Seal River or Dymond Lake to explore the world of permafrost, or to Knights Hill to begin a day-long hike back along the Bay's tidal flats to Churchill. There are three-thousand-year-old First Nations tent rings and kayak rests here, dating from the ancient Dorset, Pre Dorest, and Thule people. Thousands of beluga whales sing underwater in the mouth of the Churchill River – and, oh yes, there could be a polar bear or two out here.

Summer's also peak season at the remote, fly-in Seal River Heritage Lodge for a 'Birds, Bears, and Belugas' adventure, when the tundra is alive with flora and fauna: caribou, foxes, more than a hundred species of birds, and a few bears. ([www.churchillwild.com](http://www.churchillwild.com))

### ***Paddle Past Bears***

This is the time of year that long-distance paddlers head up the Seal River to its mouth on the Bay, and in the last few days of those canoe journeys, guides routinely carry loaded shotguns with them – because there may be bears around. [www.northernsoul.ca](http://www.northernsoul.ca); [www.wildernessspirit.com](http://www.wildernessspirit.com)

### ***Bear-Watch in Lodge Cozy Comfort***

And when winter comes round again, Churchill Wild takes guests to Dymond Lake Lodge, thirty kilometers from Churchill. The host lodge for the Great Ice Bear tour has been built right on the bears' migration route. Guests can spend four days at the lodge, safely watching bears wander past, then spend a day in Churchill on the tundra vehicles, gathering those last few unforgettable images to show the folks back home – images of North America's largest predatory animals, little Knut's very big bear cousins, the true Lords of the Arctic.

### ***Baby Bear Spotting***

In late February, cubs emerge with their mothers for the first time from their birthing dens, to begin their first-ever long trek to the bay. From Wat'chee Lodge ([www.watchee.com](http://www.watchee.com)) near Wapusk National Park, visitors and eager photographers travel by snowmobile or big ice tractors into the park itself to watch and take images of these new cubs discovering their world.

### ***Sleep With Bears***

Adventurers can nod off in cozy beds at temporary mobile 'lodges.' Frontiers North Tundra Buggy Lodge or Great White Bear Tundra Lodge near the shore of Hudson Bay, while bears snooze outside on the snow. These temporary lodges, set up every October and November, resemble tundra trains built on platforms – complete with bunk-bed-style sleeper cars and lounge and dining cars. During the day, guests can catch bears in the best light as they spar and snooze. At night, humans tuck into their bunks and peek out their windows to watch bears, or stay up late to watch the Northern Lights stream across the sky.

## Romantic Manitoba

Manitoba is the perfect place to cuddle or re-kindle ties or relax in a cozy cabin, get spoiled at a spa, or explore a backwoods trail. Here are enticing ideas to indulge the romantic in you:

- 1** *Catch the big one* – Home to 100,000 lakes, Manitoba boasts some of the best fishing in Canada. Fly-in to a remote lodge with your loved one, reel in the walleye (pickerel), pike (jack) and trout by day, and enjoy candlelit gourmet cuisine by night. [www.webberslodges.com](http://www.webberslodges.com)
- 2** *Bond While Mudslinging* – Situated in the Fort Garry Hotel, Ten Spa offers a luxurious getaway. Hamam treatments provide aromatic salt scrubs and warm mud for a truly 'hands on' experience, leaving you rejuvenated and detoxified. [www.tenspa.ca](http://www.tenspa.ca)
- 3** *Find love lakeside* – Whiteshell Provincial Park is the perfect setting to cuddle up for a winter weekend. Winter horse rides, Nordic skiing, or hot tubbing can all be part of the mix in this stunning area of the Canadian Shield. [www.whiteshell.mb.ca](http://www.whiteshell.mb.ca)
- 4** *C'est si bon!* – Experience the 'joie de vivre' of St. Boniface's French Quarter. Situated near downtown Winnipeg over the scenic Esplanade Riel, highlights include the St. Boniface Cathedral, St. Boniface Museum, Fort Gibraltar fur-trade post, and a dozen restaurants offering the city's best French cuisine. [www.destinationwinnipeg.ca](http://www.destinationwinnipeg.ca)
- 5** *Cosmopolitan couples* – Spending time in the heart of the city is sure to win your lover's heart. Couples' packages at the Inn at The Forks and Riverstone Spa let you indulge in Swedish massage and facial, followed by sparkling wine and chocolate-covered strawberries, topped off with a tantalizing breakfast the next morning. Complete the experience by exploring The Forks Market and strolling many miles of Winnipeg's river walks. [www.innforks.com](http://www.innforks.com)
- 6** *Walk on the wild side* – Visit the rolling aspen woodlands near Riding Mountain National Park for a once-in-a-lifetime wildlife adventure. Safely watch and photograph bears, elk, moose, deer, coyotes, wolves, lynx, beavers, and other creatures native to the land. [www.ridingmountain.ca](http://www.ridingmountain.ca)
- 7** *Ripples on the river* – The Paddlewheel riverboats in Winnipeg offer a unique and unforgettable romantic atmosphere. Both the Moonlight Dance Cruise under starry skies, and the Sunset Dance Cruise along the dusky city shoreline, offer delectable dining and stunning scenery sure to make hearts melt. [www.paddlewheelcruises.com](http://www.paddlewheelcruises.com)
- 8** *Sail the waters* – Manitoba is a sailing paradise, and the Gimli Yacht Club in the heart of this idyllic town offers sailing lessons on Lake Winnipeg. Club races take place weekly, and regular social events like banquets and potlucks add another dimension to this soul-soothing pastime. [www.sailmanitoba.com](http://www.sailmanitoba.com)



### COUPLES ONLY RESORTS

**TALL PINE LODGES** at West Hawk Lake is renowned as the first 'couples only' resort in Manitoba. Offering privacy and seclusion amid a forest of evergreens, the resort is uniquely situated within walking distance of restaurants and convenience stores. With private Jacuzzi, sauna, fireplace, and kitchenette, each cabin allows for the perfect getaway. [www.tallpinelodges.com](http://www.tallpinelodges.com)

**BARRIER BAY RESORT** provides for an intimate adult escape in a spectacular wilderness setting in Whiteshell Provincial Park. Lakefront cabins feature sensuous whirlpool, fireplace, satellite television and screened porch. Hike, paddle and cycle the region with complimentary kayaks, canoes, and mountain bikes – don't forget the complimentary picnic basket! [www.barrierbay.com](http://www.barrierbay.com)

**GETAWAYS ROMANTIC RETREAT** is located along the Brokenhead River near Beausejour. Cabins feature spa tub, steam shower, king bed, home theatre system, and four-season sunroom great for any weather. Options include golf packages, anniversary specials, and special order gift baskets. [www.getawaysromanticretreat.com](http://www.getawaysromanticretreat.com)

**COUNTRY CHARM ROMANTIC RESORT** near Richer offers a unique and luxurious experience and rich romantic atmosphere with Roman-style pillars, plush carpeting, and warm fireplace glow. Cabin choices include gourmet kitchen, granite Jacuzzi tub, and pool table. [www.countrycharmresort.com](http://www.countrycharmresort.com)

## Hot, Fresh Story Ideas

*Best Pizza Chef, Best Chef in Canada,  
Best Clubhouse—Food On, Manitoba!*

In unassuming Manitoba, our chefs have covered the full range of fine cuisine like the finest of flaky veloutes, from ever-so rarified morsels of epicurean delight, to the down-home, gravy-glopped wonders of comfort food. Where else could one dine on the downtown Winnipeg's soda-counter-style **WAGON WHEEL** lunch's celebrated club sandwich (the best in Canada, says Reader's Digest) made by cook Luis Mathez with fresh-roasted real turkey? Now in his mid-seventies, he roasts from three to five thirty-pounders each day to satisfy demand from eager customers.

Certainly nowhere else can a lusty foodie then take dinner at **GLUTTONS** bistro in Winnipeg's Italian District, where Canada's finest chef, Makoto Ono, winner of the 2006 Canadian Culinary Championship in the form of the coveted Gold Medal Plate, presides in a kitchen that turns out heaven-sent gems like three plump little oysters, each boasting its own dressing: perhaps a blood orange relish, chipotle salsa, or soy ginger vinaigrette. And that's just for starters.

For dare-we-say simpler fare, one can always avail oneself of Canada's best pizza chef, the remarkable Diana Coutu. The operator of aptly-named **DIANA'S GOURMET PIZZA** has held that Reader's Digest title for three years in a row. Hand-tossed crusts from thick to twice-baked, yeastless crispy-thin, or whole wheat—are topped with whatever one desires. But what one should desire is the Diana Supreme: onions, green peppers, pepperoni, ham, bacon, beef, Italian sausage, mushrooms, pineapple and double cheese.

### *Why is that Whale Smiling?*

Churchill River is one of the best places in the world to be a beluga whale. Over 3,000 belugas follow the tides making the return journey from Hudson Bay to the river every few hours in the summer. Stick your head in the water, and you can hear the clicking and chirping of their underwater world! Of course, you could wait and go out on a whale watching boat equipped with a hydrophone if you want to avoid the 'ice cream headache'. Whales are no longer hunted in the Churchill River. They swim right up to tour boats, beside, beneath and around the boats. Often, there are so many it feels like you could walk across the river on their backs! Those who are willing to snorkel with the whales get an unearthly view as belugas cast a strange greenish glow underwater. Cruising along on their back, curious belugas will swim right underneath you, turning and cocking their head to look up inquisitively and playfully.  
[www.destinationchurchill.com](http://www.destinationchurchill.com)

*Manitoba Geocaching:  
Hunt Hidden Treasure 21<sup>st</sup> Century-Style*

There's a world of wonder for geocachers to discover in undiscovered Manitoba—more than 200 treasures cunningly concealed around this province, in farming areas, historic sites, small communities, big cities, and national parks. Track down hidden containers using clues and GPS technology in the fast-growing outdoor activity called geocaching.

### *Cache Riding Mountain*

At [www.cachingridingmountain.ca](http://www.cachingridingmountain.ca) you'll find coordinates to secret spots in places around Riding Mountain National Park, many of which focus on clues about the people, places and heritage of the area. Venture a little further, into the towns of Minnedosa and Russell, to the south and north of the park, and you'll find more caches. So far, the Riding Mountain group has created nine caches in this Manitoba region: Water Tower, Combining Trails, Gates and History, Flashback, Lake Audy, Land of The Giant Trees, Gorge Creek 'Virtual Tour', Stop in for a 'Steamer', Find Your Self Onanole, and Water View. If you're looking for more camaraderie or competition, time your search for the annual mid-June Caching Riding Mountain GPS Adventure Quest ([www.cachingridingmountain.ca/wasagaming.htm](http://www.cachingridingmountain.ca/wasagaming.htm)), and track down roughly fifty caches hidden especially for the event.

### *French Cache*

In French Winnipeg, get a clue-filled Voyageur Journal in Ti-Jean's GPS Quest (1-866-808-8338). And to really open up hundreds more hidden geocaching treasures, check for new caches logged constantly at [www.geocaching.com](http://www.geocaching.com).



## WHO HAS THE BEST BUNS?

But if true, and if time is available, fly to Churchill for a fresh cinnamon bun from **GYPSY'S CAFE**. Then return to Winnipeg and drive east on the TransCanada Highway to the junction of Highway 308 and the hamlet of McMunn, where **NELDA'S CINNAMON BUN BAKERY** turns out southern Manitoba's sole, seriously-gooney, sweet competition for the Gypsy's bun. And then there's **TALL GRASS PRAIRIE BAKERY...**

### *Carol Shields in Short: A Journey Through Pulitzer-Prize Inspiration*

She was a Winnipegger through-and-through, in the fine Winnipeg tradition of wholeheartedly embracing and adopting someone who's come from somewhere else. Carol Shields was born American, but spent her writing years in Winnipeg, and her novels, including the Pulitzer Prize-winning *Stone Diaries*, celebrated southern Manitoba.

Take a self-driving journey through Carol Shields' world: the urban neighbourhoods and rural towns that informed her unique literary voice, outlined at [www.routesonthered.ca/pdf/CarolShields.pdf](http://www.routesonthered.ca/pdf/CarolShields.pdf).

Highlights include well-known landmarks like the Tyndall-stone-built Manitoba legislature, the University of Winnipeg and trendy granola-belt Osborne Village, as well as lesser-known areas like the elm tree-lined upper-middle-class residential streets of River Heights—the institutions, structures, and streets that Shields' characters frequented. Move on to Manitoba's southern countryside, Stonewall, the setting for Shields' *Stone Diaries*, and later, the Gillis Quarry. You see the places Carol Shields knew and loved—the settings she wrote of, where her characters and plotlines came to literary life.

photo by Gary Crallé

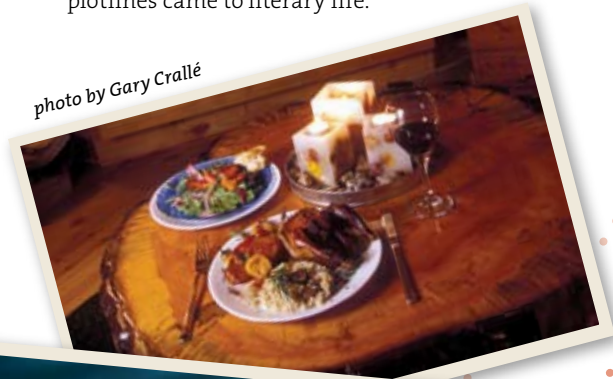


photo by Brandon Cole



## Packages for Unforgettable You

### *Walk With Wolves*

Travel to Thompson, Manitoba and see wonderful public wolf art and live wolves. Visit the Heritage North Museum and take the Spirit Way and Wolves along the Way Tour. See the world-class 10-storey Robert Bateman Wolf mural. Visit live wolves at the Thompson Zoo and learn about these elusive creatures at a wolf educational seminar. Choose two of the following - Millennium Trail Nature walk, World class mine surface tour or visit Pisew Falls, a Manitoba Star Attraction! Contact 1-800-661-3830 or [www.greatcanadiantravel.com](http://www.greatcanadiantravel.com).

### *Arctic Birding Off the Beaten Path*

Be part of the migration following birds off the beaten path, away from the road system and into the diverse and changing habitats of the Churchill region. Leisurely walk through the pristine boreal forest, taiga, tundra and marine ecosystems that surround Churchill with local naturalists and guides. Learn about the wildlife, history, culture and geology/fossils. Possible sightings of wildlife include polar bear, caribou, ringed and bearded seals, red and Arctic fox, and Arctic hare. Contact 1-204-675-2147 or [www.nature1stours.ca](http://www.nature1stours.ca).

### *Manitoba Historical Fur Trade Tour*

Journey to Norway House along the northern shores of Lake Winnipeg to tour historic Hudson's Bay Company (HBC) buildings and learn about the York boat and its role in the fur trade. Feast on Arctic char or caribou in Churchill, Manitoba and board a zodiac to visit Sloop Cove and Prince of Wales Fort with a tour by Parks Canada experts. Travel to York Factory and learn about this site that was once considered the gateway between Europe and all of western and northern Canada for the HBC. Contact 1-866-890-3377 or [www.heartlandtravel.ca](http://www.heartlandtravel.ca).

### *Pictographs and Traditional Sweat on the Bloodvein*

Experience unsurpassed diversity paddling the Bloodvein Canadian Heritage River. Combine cultural sites, views of moose and eagles, ancient granite cliffs, tranquil marshlands, and exciting rapids to create a favourite for river-runners, naturalists and photographers alike. For those who like to angle, northern pike and walleye await. Participate in a traditional native feast at the adventure's end along with a sweat lodge ceremony provided by the people of the Bloodvein First Nation. All skill levels welcome. Contact 1-866-425-9430 or [www.redriveroutfitters.ca](http://www.redriveroutfitters.ca).

*more packages, page 6*



## A Great Weekend in Winnipeg

### Day One

#### Shop The Exchange District

**THE EXCHANGE DISTRICT** is an architecturally-distinct area which is a designated National Historic Site and is the original centre of commerce and the arts in Winnipeg. It is known for its 30-block collection of turn-of-the-last-century architecture, reputed to be unrivalled in North America. It is used in movies such as *Shall We Dance?* with Jennifer Lopez and Richard Gere and *The Assassination of Jesse James by the Coward Robert Ford* with Brad Pitt. Check [exchangedistrict.org](http://exchangedistrict.org) for tours.

The Exchange District is becoming a vibrant emerging area. After lunch, go antiquing, explore hip shops and discover numerous art galleries. Check out **KATCH-22** (new boutique – 217 McDermot); **CAKE CLOTHING** (imported and house-designed feminine fashion – A-225 McDermot); **CANDIE & DOLLS** (businesswear & flirty fashion – 101-52 Albert St); **HOOPERS BAZAAR** (retro décor – 70 Albert St); and **HILARY DRUXMAN** (chic jewellery – 1-258 McDermot St). There are also many art galleries in the Exchange. **PLUG IN INSTITUTE OF CONTEMPORARY ART** (286 McDermot Ave; [plugin.org](http://plugin.org)) represented Canada at the renowned Venice Biennale in 2001, and won the Special Prize, a first and only for Canada. The **URBAN SHAMAN GALLERY** (203-290 McDermot Ave) has been getting some attention lately due to its focus on promoting contemporary indigenous art ([urbanshaman.org](http://urbanshaman.org)).

Make your way to **THE MANITOBA MUSEUM**, also located in the east Exchange District, to experience many interpretive galleries, including the Parklands/Mixed Woods Gallery. Stand on the deck of the Nonsuch, a life-sized 17th century ship which had the gallery built around it.

#### Winnipeg's Da Vinci Code

Visit the **WINNIPEG ART GALLERY**, which houses the world's largest collection of contemporary Inuit art. From there, go to the wonderful Beaux-Arts **MANITOBA LEGISLATIVE** building, littered with Masonic architectural references.

In August, taste traditional ethnic meals and see spectacular performances in 44 pavilions located throughout the city during the largest multicultural event of its kind in the world – **FOLKLORAMA**.

### Day Two

Unwind at Ten Spa ([tenspa.ca](http://tenspa.ca)) at The Fort Garry for a signature Turkish hamam experience or at Inn at the Forks' Riverstone Spa ([riverstonespa.ca](http://riverstonespa.ca)), enjoy an indigenous massage with aboriginal traditions. Explore **THE FORKS**, a National Historic Site of Canada. Learn about the native aboriginal tribes that frequented this area over 6,000 years ago, take a self-guided heritage tour, visit the Explore Manitoba Centre, where guided one-hour history tours begin. At Oodena Celebration Circle, stand where Aboriginal people did 3,000 years ago. The Forks has many nifty shops and eateries. **SYDNEY'S AT THE FORKS** (2<sup>nd</sup> Floor, The Forks Market, 204-942-6075), is rated one of Canada's 'Top Ten New Restaurants' by Where Magazine. Great cinnamon buns at Tall Grass Bakery. **THE CURRENT** at Inn at the Forks often has pickerel on the menu.

#### Script A Romantic Ending

Manitoba Theatre Centre is celebrating 50 years of performances. With four show stopping options to choose from, laughter and tears await. *The Importance of Being Earnest*, *Fiddler on the Roof*, *Shakespeare's Dog*, *The Syringa Tree* and *Dreamgirls* are sure to draw cheers of 'encore'. Includes two tickets to one of the mainstage performances, a one-night stay at The Fairmont Winnipeg and breakfast for two in the comforts of your room or The Velvet Glove Restaurant. Contact 1-800-974-7666 or [www.fairmont.com/winnipeg](http://www.fairmont.com/winnipeg).

#### Official Pajama Party for Women

Throw an Official Pajama Party! Gather four to eight friends in one of the hospitality suites at Inn at the Forks. Your gal-pals-only overnighter includes use of spa robes, hot pink feather boas and pink slippers for you to keep, plus two disposable cameras. Personal estheticians will attend to your suite to provide individual manicures while you sip on signature Chocolate Kiss martinis for each person along with wine. Later, a fruit platter and chocolate dipped strawberries will arrive to tantalize your taste sensations. After your evening of fun, enjoy a hot breakfast or delicious Sunday Brunch. Contact 1-877-377-4100 or [www.innforks.com](http://www.innforks.com).

#### For more Unforgettable Manitoba, Canada packages:

Real Fishing	<a href="http://www.unforgettablefishing.com">www.unforgettablefishing.com</a>
Getaway Now	<a href="http://www.unforgettablemanitoba.com">www.unforgettablemanitoba.com</a>
Foreplay	<a href="http://www.unforgettablegolf.com">www.unforgettablegolf.com</a>
Maximum Manitoba	<a href="http://www.unforgettableoutdoors.com">www.unforgettableoutdoors.com</a>
A String of Pearls	<a href="http://www.unforgettableculture.com">www.unforgettableculture.com</a>
Outta Sight White	<a href="http://www.unforgettablewinter.com">www.unforgettablewinter.com</a>
Shoot in Paradise	<a href="http://www.unforgettablehunting.com">www.unforgettablehunting.com</a>



### *French Connection*

Cross the **ESPLANADE RIEL BRIDGE** into the **FRENCH QUARTER** and see one of the oldest areas in Winnipeg. (Winnipeg has the largest concentration of French Canadians west of the Great Lakes.) See the impressive façade of the **ST. BONIFACE CATHEDRAL** and stay for Theatre in the Cemetery. Visit **LE MUSÉE DE SAINT-BONIFACE/ST. BONIFACE MUSEUM**, which depicts the lives of the French and Métis people and houses the largest collection of Louis Riel artifacts in the country.

Continue on to **MAISON GABRIELLE-ROY**, one of Canada's most influential authors of the 20th century, to visit the setting of many of her novels.

Visit historic **FORT GIBRALTAR**, and go back to fur-trade times in the eyes of the costumed interpreters.

For evening dining in summer, do what the locals do – stroll **CORYDON AVENUE**, Winnipeg's Little Italy, to window shop, people watch, and dine at one of the numerous outdoor cafes. After dinner, sample a gelato at Nucci's (643 Corydon) or an espresso.

For Winnipeg activities and events, visit [destinationwinnipeg.ca](http://destinationwinnipeg.ca) and [travelmanitoba.com](http://travelmanitoba.com).



## Manito Ahbee Media Trip

November 5 – 9, 2008, Winnipeg

Experience first-hand the rich traditions of Manitoba's indigenous people. Be awed by thousands of dancers at the Pow Wow component of Manito Ahbee, a multi-day festival celebrating Aboriginal music and culture. Take part in a traditional cleansing sweat lodge ceremony, and then be purified and strengthened through a one-of-a-kind spa treatment incorporating traditional Aboriginal medicines and the ancient healing art of massage. [www.manitoahbee.com](http://www.manitoahbee.com)



## Upcoming Events

*February 2-8, 2008*

**CENTARA CORPORATION INTERNATIONAL NEW MUSIC FESTIVAL:** Come and see this unique music festival in Winnipeg that spawned new music festivals across the country. 'Must be seen to be heard.' [www.wso.mb.ca](http://www.wso.mb.ca).

*February 9, 2008*

**CBC'S HOCKEY DAY IN CANADA:** CBC Sports personalities Ron MacLean, Don Cherry, Cassie Campbell and Dick Irvin, along with several former NHL players, will participate in day-long festivities broadcast from Winkler at 11:00 a.m. CT. [www.cbc.ca](http://www.cbc.ca).

*February 15-24, 2008*

**FESTIVAL DU VOYAGEUR:** Western Canada's largest winter festival celebrating Canada's fur trading era with joie de vivre, includes more than 300 music performances, Pond Hockey Championships (1st time ever), snow sculptures, the voyageur International Sled Dog Classic, and the historical interpretation of the early 19th century at Fort Gibraltar in Winnipeg. [www.festivalvoyageur.mb.ca](http://www.festivalvoyageur.mb.ca).

*March 8-16, 2008*

**TIM HORTONS BRIER MEN'S CANADIAN CURLING CHAMPIONSHIP:** In Winnipeg at the MTS Centre. [www.timhortons.com](http://www.timhortons.com).

*July 10-13, 2008*

**WINNIPEG FOLK FESTIVAL:** Internationally acclaimed celebration of people and music at Birds Hill Provincial Park featuring over 60 acts, six daytime stages, evening main stage and food court. [www.winnipegfolkfestival.ca](http://www.winnipegfolkfestival.ca).

*July 16-27, 2008*

**WINNIPEG FRINGE THEATRE FESTIVAL:** North America's second largest Fringe festival features more than 100 theatre groups over 11 full days. Outdoor stage and Kids Fringe feature street performers, buskers and bands from noon to midnight. [www.winnipegfringe.com](http://www.winnipegfringe.com).

*August 1-4, 2008*

**ISLENDINGADAGURINN (Icelandic Festival of Manitoba):** Second oldest ethnic gathering in Canada held in the largest Icelandic community outside Iceland, Gimli, Manitoba. Includes beach volleyball, Amma's kitchen, folk festival, fine art show, sandcastle building contest, New Iceland historic and cultural exhibits, traditional program. [www.icelandicfestival.com](http://www.icelandicfestival.com).



*August 3-16, 2008*

**FOLKLORAMA - Canada's Cultural Celebration:** Represents cultures from around the world in a two-week extravaganza full of ethnic richness and traditions in culture, food and art. With over 40 pavilions, this multicultural event is held throughout Winnipeg. [www.folklorama.ca](http://www.folklorama.ca).

*September 5-8, 2008*

**CANADIAN COUNTRY MUSIC WEEK AND AWARDS:** One of the largest music events in Canada will showcase the hottest talent in Canadian country music in true Winnipeg style. More than 1,000 country music industry members will enjoy workshops, parties and the awards and special entertainment events. Neil Young, Doc Walker, The Guess Who and countless others launched their careers here. [www.ccma.org](http://www.ccma.org).

### For more of everything

Media – Download an e-kit, rights-free images and articles at [www.TravelManitoba.com/Media](http://www.TravelManitoba.com/Media). For media kits, image CD, story development, deskside briefings, trips, questions or new ideas, contact Colette Fontaine at 204-927-7832; [cfontaine@travelmanitoba.com](mailto:cfontaine@travelmanitoba.com) or Cathy Senecal at 204-927-7827; [csenecal@travelmanitoba.com](mailto:csenecal@travelmanitoba.com).

Travel Agents/Tour Operators – Download themed itineraries in English, French, and German at [www.TravelManitoba.com](http://www.TravelManitoba.com). For travel trade kits, image/itinerary CD, tour development, briefings, training or questions, contact Travel Manitoba at 204-927-7800.

### ANSWERS

A: They came to hunt ducks at Delta Marsh.

A: Wallace founded Reader's Digest.

(see questions on page 1)