

# Disability & Risk Management Resource Guide

Produced by  
The Workers Compensation Board of Manitoba

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## **Disability and Risk Management Resource Guide**

Any workplace, regardless of size, can manage injuries in the workplace more effectively using some basic principles. In its simplest term, “disability management” is developing a way to meet the needs of ill or injured workers in order to bring them back to health and work. The result? The development of a sound disability management program can lead to a reduction in lost work time, maintaining productivity, a reduction in the time between the onset of injury and the worker’s safe return to work and a reduction in the cost of disability—including WCB assessments.

This Disability and Risk Management Resource Guide has been prepared by the Workers Compensation Board of Manitoba to encourage employer to develop disability and risk management programs in their workplaces. It does this by providing a guide to various organizations that offer disability and risk management resources and/or services. The resource guide provides assistance on where to go for help when dealing with various disability management issues such as training, return-to-work programs, occupational therapy, etc.

The guide is divided into two sections as follows:

**Section 1** lists various disability and risk management problems together with those organizations (government, non-profit and private-sector companies and consultants) which may be able to offer some assistance with a particular issue. In most cases the organizations are based in Winnipeg but are willing to provide services outside Winnipeg. Some have offices outside Winnipeg as well, and others are based in other communities.

A number of organizations referenced in Section 1 charge on a “fee for service” basis. Generally, organizations that charge fees for service do not do so for information and advice, provided that long consultations or on-site visits are not involved.

**Section 2** provides information that will assist you to make contact with the various organization listed in the first section.

The information provided, while as comprehensive as possible, is not necessarily a complete list of all the various organizations providing some health or safety assistance. To be included on this list, please contact the Communications Branch of the Workers Compensation Board at 1-800-362-3340.

**Note:** Persons and companies are included in this guide on a voluntary basis. The Workers Compensation Board of Manitoba does not approve, endorse or accept responsibility for the use of any products or services offered for sale by the listed suppliers. The guide is intended for information only.

## **SECTION 1: PROBLEMS AND RESOURCES**

### **Accident Investigations**

Barrie Simoneau and Associates  
Canadian Disability Management  
Deloitte & Touche  
DW Nielsen Ent  
E.K. Gillin & Associates Inc  
Health and Wellness Group of Manitoba Inc  
Mastery Group of Canada  
Moduspec Risk Management Services Canada  
Oliver, Yaskiw & Associates Inc  
SOS Safety Services Inc

### **Advocates for Workers**

Barrie Simoneau and Associates  
Dorothy Wigmore  
Manitoba Brain Injury Association Inc  
Occupational Rehabilitation Group of Canada

### **Advocates for Employers**

Barrie Simoneau and Associates  
Canadian Disability Management  
Case Management Canada  
Deloitte & Touche  
E.K. Gillin & Associates Inc  
Employers' Medical Assistance

### **Appeal Representation**

Barrie Simoneau and Associates  
Canadian Disability Management  
Case Management Canada  
Deloitte & Touche  
E.K. Gillin & Associates Inc  
Employers' Medical Assistance

### **Case Management**

B.A. Kowalski Group  
Barrie Simoneau and Associates  
Canadian Disability Management  
Case Management Canada  
Crawford Healthcare Management  
Deloitte & Touche  
E.K. Gillin & Associates Inc  
Health and Wellness Group of Manitoba Inc  
Manitoba Brain Injury Association Inc  
Medcan Health Management  
NRCS Inc  
Occupational Rehabilitation Group of Canada

**Case Management Audits**

Canadian Disability Management  
Case Management Canada  
Crawford Healthcare Management  
Deloitte & Touche  
E.K. Gillin & Associates Inc  
Mercer Human Resource Consulting  
Occupational Rehabilitation Group of Canada

**Claims Management**

Barrie Simoneau and Associates  
Canadian Disability Management  
Case Management Canada  
Crawford Healthcare Management  
Deloitte & Touche  
E.K. Gillin & Associates Inc  
Employers' Medical Assistance  
Health and Wellness Group of Manitoba Inc  
NRCS Inc  
Occupational Rehabilitation Group of Canada

**Disability Claim Investigation**

Canadian Disability Management  
Case Management Canada  
Crawford Healthcare Management  
Deloitte & Touche  
E.K. Gillin & Associates Inc  
Health and Wellness Group of Manitoba Inc  
Oliver, Yaskiw & Associates Inc

**Disability Program Audits**

Canadian Disability Management  
Case Management Canada  
Crawford Healthcare Management  
Deloitte & Touche  
E.K. Gillin & Associates Inc  
Mercer Human Resource Consulting  
Occupational Rehabilitation Group of Canada

**Disability Management**

B.A. Kowalski Group  
Brandon Private Occupational Therapy Clinic  
Canadian Disability Management  
Case Management Canada  
Crawford Healthcare Management  
Deloitte & Touche  
Dorothy Wigmore  
E.K. Gillin & Associates Inc  
Health and Wellness Group of Manitoba Inc  
Manitoba Brain Injury Association Inc  
Medcan Health Management  
Mercer Human Resource Consulting  
NRCS Inc  
Occupational Rehabilitation Group of Canada  
Pro-Active Occupational Therapy & Ergonomics

**Employee Benefit Services**

Mercer Human Resource Consulting

**Ergonomics**

B.A. Kowalski Group  
Brandon Private Occupational Therapy Clinic  
Crawford Healthcare Management  
Dorothy Wigmore  
E.K. Gillin & Associates Inc  
Future Industrial Technologies  
Mastery Group of Canada  
Maximize Human Capabilities  
NRCS Inc  
SOS Safety Services Inc  
Transitions Rehabilitation Consulting Services Inc  
Work-Able Solutions

**Fitness Assessments**

Health and Wellness Group of Manitoba Inc  
Medcan Health Management  
Maximize Human Capabilities  
NRCS Inc

**Functional Capacity**

B.A. Kowalski Group  
Brandon Private Occupational Therapy Clinic  
Crawford Healthcare Management  
Health and Wellness Group of Manitoba Inc  
Medcan Health Management  
Maximize Human Capabilities  
NRCS Inc  
Occupational Rehabilitation Group of Canada  
Transitions Rehabilitation Consulting Services Inc  
Westman Evaluation and Rehabilitation Center  
Work-Able Solutions

**Home Assessments**

B.A. Kowalski Group  
Brandon Private Occupational Therapy Clinic  
NRCS Inc  
Transitions Rehabilitation Consulting Services Inc  
Work-Able Solutions

**Injury Claim Investigation**

Barrie Simoneau and Associates  
Case Management Canada  
Crawford Healthcare Management  
E.K. Gillin & Associates Inc  
Health and Wellness Group of Manitoba Inc  
Oliver, Yaskiw & Associates Inc  
SOS Safety Services Inc

<b>Injury Prevention</b>	<p>B.A. Kowalski Group          Barrie Simoneau and Associates          Canadian Disability Management          Crawford Healthcare Management          Deloitte &amp; Touche          Dorothy Wigmore          DW Nielsen Ent          E.K. Gillin &amp; Associates Inc          Future Industrial Technologies          Health and Wellness Group of Manitoba Inc          Maximize Human Capabilities          Moduspec Risk Management Services Canada          NRCS Inc          Occupational Rehabilitation Group of Canada          Pro-Active Occupational Therapy &amp; Ergonomics          SOS Safety Services Inc          Work-Able Solutions</p>
<b>Insurance Claim Investigation</b>	<p>Deloitte &amp; Touche          Oliver, Yaskiw &amp; Associates Inc</p>
<b>Integrated Disability Claims Management</b>	<p>B.A. Kowalski Group          Case Management Canada          Crawford Healthcare Management          Deloitte &amp; Touche          E.K. Gillin &amp; Associates Inc          Health and Wellness Group of Manitoba Inc</p>
<b>Legal Advice on Claims</b>	<p>Occupational Rehabilitation Group of Canada          Sheldon Rosenstock Barrister and Solicitor</p>
<b>Massage Therapy</b>	<p>Health and Wellness Group of Manitoba Inc</p>
<b>Occupational Therapy</b>	<p>B.A. Kowalski Group          Brandon Private Occupational Therapy Clinic          Crawford Healthcare Management          Mastery Group of Canada          NRCS Inc          Occupational Rehabilitation Group of Canada          Pro-Active Occupational Therapy &amp; Ergonomics          Transitions Rehabilitation Consulting Services Inc          Work-Able Solutions</p>
<b>Occupational Therapy Supplies</b>	<p>B.A. Kowalski Group          Brandon Private Occupational Therapy Clinic          Diamond Athletic Medical Supplies Inc</p>
<b>Personal Injury Claims</b>	<p>Crawford Healthcare Management          Occupational Rehabilitation Group of Canada</p>

<b>Physiotherapy</b>	Medcan Health Management Westman Evaluation and Rehabilitation Center
<b>Psychosocial Therapy</b>	B.A. Kowalski Group Health and Wellness Group of Manitoba Inc
<b>Rehabilitation Assessment</b>	B.A. Kowalski Group Brandon Private Occupational Therapy Clinic NRCS Inc Occupational Rehabilitation Group of Canada Transitions Rehabilitation Consulting Services Inc Westman Evaluation and Rehabilitation Center Work-Able Solutions
<b>Return to Work Products</b>	B.A. Kowalski Group Case Management Canada Crawford Healthcare Management Diamond Athletic Medical Supplies Inc Occupational Rehabilitation Group of Canada
<b>Return to Work Programs</b>	B.A. Kowalski Group Brandon Private Occupational Therapy Clinic Canadian Disability Management Case Management Canada Crawford Healthcare Management Deloitte & Touche E.K. Gillin & Associates Inc Health and Wellness Group of Manitoba Inc Maximize Human Capabilities Medcan Health Management Mercer Human Resource Consulting NRCS Inc Occupational Rehabilitation Group of Canada Pro-Active Occupational Therapy & Ergonomics Transitions Rehabilitation Consulting Services Inc Westman Evaluation and Rehabilitation Center Work-Able Solutions
<b>Risk Assessment</b>	ALP & Associates Incorporated Barrie Simoneau and Associates Crawford Healthcare Management Dillon Consulting Dorothy Wigmore DW Nielsen Ent Moduspec Risk Management Services Canada Oliver, Yaskiw & Associates Inc SOS Safety Services Inc

**Risk Management**

ALP & Associates Incorporated  
Case Management Canada  
Deloitte & Touche  
Dillon Consulting  
Dorothy Wigmore  
DW Nielsen Ent  
Future Industrial Technologies  
Health and Wellness Group of Manitoba Inc  
Moduspec Risk Management Services Canada  
Oliver, Yaskiw & Associates Inc  
Pro-Active Occupational Therapy & Ergonomics

**Safety Audits**

ALP & Associates Incorporated  
CRSP Education Services  
Deloitte & Touche  
Dillon Consulting  
DW Nielsen Ent  
E.K. Gillin & Associates Inc  
Moduspec Risk Management Services Canada  
SOS Safety Services Inc

**Vocational Assessments**

B.A. Kowalski Group (transferable skills)  
Crawford Healthcare Management  
NRCS Inc  
Occupational Rehabilitation Group of Canada  
Pro-Active Occupational Therapy & Ergonomics  
Transitions Rehabilitation Consulting Services Inc

**WCB Assessment Rate Review/Analysis**

Canadian Disability Management  
Case Management Canada  
Deloitte & Touche

**Work Conditioning Programs**

Barrie Simoneau and Associates  
Health and Wellness Group of Manitoba Inc  
Maximize Human Capabilities  
Medcan Health Management  
NRCS Inc  
Occupational Rehabilitation Group of Canada  
Westman Evaluation and Rehabilitation Center



## **TRAINING**

### ***Accident Investigation***

Barrie Simoneau and Associates  
Canadian Disability Management  
Crawford Healthcare Management  
CRSP Education Services  
Deloitte & Touche  
DW Nielsen Ent  
E.K. Gillin & Associates Inc  
Mastery Group of Canada  
Moduspec Risk Management Services Canada  
SOS Safety Services Inc

### ***Disability Management***

B.A. Kowalski Group  
Canadian Disability Management  
Case Management Canada  
Crawford Healthcare Management  
Deloitte & Touche  
Dorothy Wigmore  
Manitoba Brain Injury Association Inc  
Mastery Group of Canada  
Mercer Human Resource Consulting  
NRCS Inc

### ***Policy/Procedures***

Barrie Simoneau and Associates  
Canadian Disability Management  
CRSP Education Services  
Deloitte & Touche  
Dillon Consulting  
Dorothy Wigmore  
DW Nielsen Ent  
E.K. Gillin & Associates Inc  
Mastery Group of Canada  
Moduspec Risk Management Services Canada  
Oliver, Yaskiw & Associates Inc

### ***Risk Management***

ALP & Associates Incorporated  
Barrie Simoneau and Associates  
Canadian Disability Management  
Deloitte & Touche  
Dillon Consulting  
Dorothy Wigmore  
DW Nielsen Ent  
Future Industrial Technologies  
Mastery Group of Canada  
Moduspec Risk Management Services Canada

### ***Athletic Therapy***

Westman Evaluation and Rehabilitation Center

### ***Pre-Employment Screening***

Westman Evaluation and Rehabilitation Center

## SECTION 2: CONTACT INFORMATION

Organization Name: **ALP & Associates Incorporated**

Address: 87 Topham Crescent  
Richmond Hill, ON L4C 9E9

Telephone: 905-508-2595

Fax: 905-508-2679

Website: [www.ertugrulalp.com](http://www.ertugrulalp.com)  
[www.alp-risk.ca](http://www.alp-risk.ca)

E-Mail: [Ertugrul.alp@rogers.com](mailto:Ertugrul.alp@rogers.com)

Organization Name: **B.A. Kowalski Group**

Address: RPO Courts, P.O. Box 54004  
Winnipeg, MB R3J 3Z3

Telephone: 204-885-1297

Fax: 204-885-1297

Website: n/a

E-Mail: [bakowalski@aol.com](mailto:bakowalski@aol.com)

Organization Name: **Barrie Simoneau and Associates**

Address: 215 Penfold Crescent  
Winnipeg, MB R2J 1S3

Telephone: 204-254-4724

Fax: 204-255-6310

Website: n/a

E-Mail: [simoneau@mts.net](mailto:simoneau@mts.net)

Organization Name: **Brandon Private Occupational Therapy Clinic**

Address: 42 McTavish Avenue  
Brandon, MB R7A 2B2

Telephone: 204-726-1850

Fax: 204-725-2689

Website: n/a

E-Mail: n/a

Organization Name: **Canadian Disability Management (CDM)**

Address: RPO Corydon, P.O. Box 75  
Winnipeg, MB R3M 3S3

Telephone: 204-774-7158

Fax: 204-487-2675

Website: n/a

E-Mail: [werier@mb.sympatico.ca](mailto:werier@mb.sympatico.ca)

Organization Name: **Case Management Canada**

Address: 307-2855 Pembina Hwy  
Winnipeg, MB R2T 2H5

Telephone: 204-284-5965

Fax: 204-284-6427

Website: n/a

E-Mail: [tsauve@mb.sympatico.ca](mailto:tsauve@mb.sympatico.ca)

Organization Name: **Crawford Healthcare Management**

Address: 539 Riverbend Drive  
Kitchener, ON N2K 3S3

Telephone: 1-800-267-5540 (toll free)

Fax: 519-578-2868

Website: [www.crawfordandcompany.com](http://www.crawfordandcompany.com)

E-Mail: [jaqueline.roy@crawco.ca](mailto:jaqueline.roy@crawco.ca)

Organization Name: **CRSP Education Services**

Address: 396 Oakdale Drive  
Winnipeg, MB R3R 0Z8

Telephone: 204-255-7444

Fax: n/a

Website: n/a

E-Mail: [crspes@mts.net](mailto:crspes@mts.net)

Organization Name: **Deloitte & Touche**

Address: 2300 – 360 Main Street  
Winnipeg, MB R3C 3Z3

Telephone: 204-944-3635

Fax: 204-947-9390

Website: [www.deloitte.ca](http://www.deloitte.ca)

E-Mail: [ymilner@deloitte.ca](mailto:ymilner@deloitte.ca)

Organization Name: **Diamond Athletic Medical Supplies Inc**

Address: 1387 Grant Avenue  
Winnipeg, MB R3M 1Z9

Telephone: 204-488-7820, Toll-Free – 1-800-781-9127

Fax: 204-488-0294

Website: n/a

E-Mail: n/a

Organization Name: **Dillon Consulting**

Address: 895 Waverley  
Winnipeg, MB R3T 5P4

Telephone: 204-453-2301

Fax: 204-453-4412

Website: [www.dillon.ca](http://www.dillon.ca)

E-Mail: [dpoole@dillon.ca](mailto:dpoole@dillon.ca)

Organization Name: **Dorothy Wigmore**

Address: 133 Langside Street  
Winnipeg, MB R3C 1Z5

Telephone: 204-774-4826

Fax: n/a

Website: n/a

E-Mail: [dorothyw@web.ca](mailto:dorothyw@web.ca)

Organization Name: **DW Nielsen Ent**  
Address: 11 Red River Place  
St. Andrew's MB R1A 2V2  
Telephone: 204-334-2243  
Fax: 204-633-4203  
Website: n/a  
E-Mail: [dnielson@rrc.mb.ca](mailto:dnielson@rrc.mb.ca)

Organization Name: **E.K. Gillin & Associates Inc**  
Address: 91 Peel Street  
New Hamburg, ON N3A 1E7  
Telephone: 519-662-3819, Toll Free – 1-888-771-6754  
Fax: 519-662-6595  
Website: [www.ekginc.com](http://www.ekginc.com)  
E-Mail: [ekginc@ekginc.com](mailto:ekginc@ekginc.com)

Organization Name: **Employers' Medical Assistance**  
Address: 637 Fairmont Road  
Winnipeg, MB R3R 1B2  
Telephone: 204-832-9326  
Fax: 204-832-9326  
Website: n/a  
E-Mail: n/a

Organization Name: **Future Industrial Technologies**

Address: 350 South Hope Avenue, Suite A201  
Santa Barbara, CA, USA 93105

Telephone: 800-775-2225 or 805-563-2225

Fax: 805-563-2245

Website: [www.backsafe.com](http://www.backsafe.com)

E-Mail: [info@backsafe.com](mailto:info@backsafe.com)

Organization Name: **Health and Wellness Group of Manitoba Inc**

Address: 205 Maryland Street  
Winnipeg, MB R3G 1L4

405 Carrie  
Baldur, MB

Telephone: 204-832-9355

204-535-2083 (Baldur, MB)

Fax: 204-832-9355

Website: n/a

E-Mail: [Lilyg@mts.ca](mailto:Lilyg@mts.ca)

Organization Name: **Manitoba Brain Injury Association Inc**

Address: 204-825 Sherbrook Street  
Winnipeg, MB R3A 1M5

Telephone: 204-953-5354

Fax: 204-975-3027

Website: [www.mbia.ca](http://www.mbia.ca)

E-Mail: [mbiaadvoc@mts.net](mailto:mbiaadvoc@mts.net)

Organization Name: **Mastery Group of Canada**  
Address: P.O. Box 310, 225 Emery Drive  
Emeryville, ON N0R 1C0  
Fax: n/a  
Website: [www.masterycanada.com](http://www.masterycanada.com)  
E-Mail: n/a

Organization Name: **Maximize Human Capabilities**  
Address: P.O. Box 28081, North Kildonan  
Winnipeg, MB R2G 4E9  
Telephone: 204-661-8580  
Fax: 204-668-0135  
Website: n/a  
E-Mail: [mhc@mb.sympatico.ca](mailto:mhc@mb.sympatico.ca)

Organization Name: **Medcan Health Management**  
Address: 436 Thompson Drive  
Thompson, MB R8N 0C6  
Telephone: 204-667-7836  
Fax: 204-677-2695  
Website: [www.medcan.com](http://www.medcan.com)  
E-Mail: n/a



Organization Name: **Mercer Human Resource Consulting**

Address: 1410 – 1 Lombard  
Winnipeg, MB R3B 0X5

Telephone: 204-934-4849

Fax: 204-943-8442

Website: [www.mercerhr.com](http://www.mercerhr.com)

E-Mail: [jane.emslie@mercerc.com](mailto:jane.emslie@mercerc.com)

Organization Name: **Moduspec Risk Management Services Canada**

Address: 200, 525 – 28<sup>th</sup> Street, SE  
Calgary, AB T2A 6W9

Telephone: 403-235-4007

Fax: 403-235-4125

Website: [www.moduspec.com](http://www.moduspec.com)

E-Mail: [Canada@moduspec.com](mailto:Canada@moduspec.com)

Organization Name: **NRCS Inc**

Address: 640 – 175 Hargrave Street  
Winnipeg, MB R3C 3R8

1E – 20-18<sup>th</sup> Street  
Brandon, MB R7A 5A3

Telephone: 204-956-5780, Toll Free – 1-800-552-9160  
204-571-3140, Toll Free – 1-800-571-3140 (Brandon)

Fax: 204-947-0091  
204-571-3141 (Brandon)

Website: [www.nrcc.ca](http://www.nrcc.ca)

E-Mail: [nrcc@nrcc.ca](mailto:nrcc@nrcc.ca)

Organization Name: **Occupational Rehabilitation Group of Canada**

Address: 825 Sherbrook Street  
Winnipeg, MB R3A 1M5

Telephone: 204-779-1887

Fax: 204-784-9229

Website: n/a

E-Mail: [admin@orgoc.ca](mailto:admin@orgoc.ca)

Organization Name: **Oliver, Yaskiw & Associates Inc**

Address: Unit 6 – 5 Scurfield Blvd  
Winnipeg, MB R3Y 1G3

Telephone: 204-942-8002

Fax: 204-942-8220

Website: [www.oliveryaskiw.com](http://www.oliveryaskiw.com)

E-Mail: n/a

Organization Name: **Pro-Active Occupational Therapy & Ergonomics**

Address: 233, Unit 162, 2025 Corydon Avenue  
Winnipeg, MB R3P 0N5

Telephone: 204-940-4783

Fax: 204-488-0132

Website: [www.proactive.mywinnipeg.com](http://www.proactive.mywinnipeg.com)

E-Mail: [mhovrisko@mts.net](mailto:mhovrisko@mts.net)

Organization Name: **Sheldon Rosenstock Barrister and Solicitor**

Address: 848 Waterloo Street  
Winnipeg, MB R3N 0T6

Telephone: 204-488-4121

Fax: 204-488-1869

Website: n/a

E-Mail: n/a

Organization Name: **SOS Safety Services Inc**

Address: 425 Shaftesbury Blvd  
Winnipeg, MB R3P 0M2

Telephone: 204-955-0321

Fax: 204-896-7103

Website: n/a

E-Mail: [macdor@mts.net](mailto:macdor@mts.net)

Organization Name: **Transitions Rehabilitation Consulting Services Inc**

Address: 201 – 1549 St. Mary's Rd  
Winnipeg, MB R2M 5G9

Telephone: 204-953-0044, Toll-Free – 1-866-333-1079

Fax: 204-953-0042

Website: n/a

E-Mail: [mgibb@transitions-rehab.mb.ca](mailto:mgibb@transitions-rehab.mb.ca)

Organization Name: **Westman Evaluation and Rehabilitation Center**

Address: 42 McTavish Avenue, E  
Brandon, MB R7A 2B2

Telephone: 204-725-3301

Fax: 204-727-8790

Website: n/a

E-Mail: [westmanrehab@mts.net](mailto:westmanrehab@mts.net)

Organization Name: **Work-Able Solutions**

Address: P.O. Box 38033  
Winnipeg, MB R2E 1H3

Telephone: 204-338-0601

Fax: 204-334-8898

Website: n/a

E-Mail: [ehuzel@gatewest.net](mailto:ehuzel@gatewest.net)