



K. Knowles

Experience

Adventure

Interpretation

Hiking

Camping

Nature



**Parks and Natural Areas
Newfoundland and Labrador**

Since the creation of Sir Richard Squires Memorial Park in 1954, Provincial Parks and Reserves have brought you Newfoundland and Labrador at its natural best. Today, thanks to the foresight of those who worked towards the creation of Provincial Parks and Reserves in Newfoundland, you can still enjoy their many benefits. Whether you visit one of these areas for a day or for an extended vacation, our excellent facilities and programs together with outstanding natural surroundings and friendly staff will help you celebrate our natural heritage.

Just imagine...

You are surrounded by family and friends. Swimming and hiking have sharpened everyone's appetites, and the kids are clamouring for hot dogs and juice. After a satisfying lunch, you and the children take a relaxed walk around the pond, and explore a variety of habitats and ecosystems together with the park interpreter. As the warm sun completes your sense of well-being, you are filled with happy memories of summers past.



Notre Dame Provincial Park



Notre Dame Provincial Park

The sweet smell of wood smoke is enriched by the aroma of frying "toutons". As the campfire leader passes out the rounds of fried bread dough, you ladle a spoonful of partridgeberry jam on yours. The touton's taste is reminiscent of fresh-baked bread, and the jam is both sweet and deliciously tangy. This is the fun of a Provincial Park campfire program.

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Parks and Natural Areas Division of the Department of Environment and Conservation is responsible for the administration, management, planning and establishment of Newfoundland and Labrador's Provincial Parks, T'Railway, Wilderness Reserves and Ecological Reserves. The Division works jointly with Parks Canada in planning new National Parks and Marine Conservation Areas in the Province. The Division is also a member of the Canadian Heritage Rivers Board and System.

Our mission is to protect and preserve in an unimpaired condition representative and rare examples of the Province's natural heritage as Wilderness and Ecological Reserves and to provide a diverse range of outdoor recreational opportunities, province-wide, which will encourage visitors to celebrate, discover, explore, understand and appreciate our natural heritage.

Provincial Parks

SOMETHING FOR EVERYONE

Young and old, groups and individuals can enjoy a myriad of outdoor activities in Provincial Parks. The fun awaits you whether you join in a cross-country ski meet, enjoy an environmental game or spend a day at the beach with your friends. Leave stress behind as you unwind in the refreshing natural setting of a park.



Notre Dame Provincial Park

PLACES FOR ALL SEASONS

Beat the winter blues by taking part in activities such as camping, snowshoeing, nature photography and cross-country skiing. You will find groomed cross-country ski trails in two parks: Butter Pot and Notre Dame.

If you wish to winter camp in your trailer, you can do so in Notre Dame Park. Services available are limited to snow-cleared parking areas, pit toilets and firewood. Campers are responsible for their own drinking water and the removal of garbage. Access to winter campsites in this park can be via skis or snowshoes. To avoid user conflicts, off-road vehicles, including snowmobiles and ATV's are prohibited in all Provincial Parks. Those wishing to winter camp with a tent must register with the park.



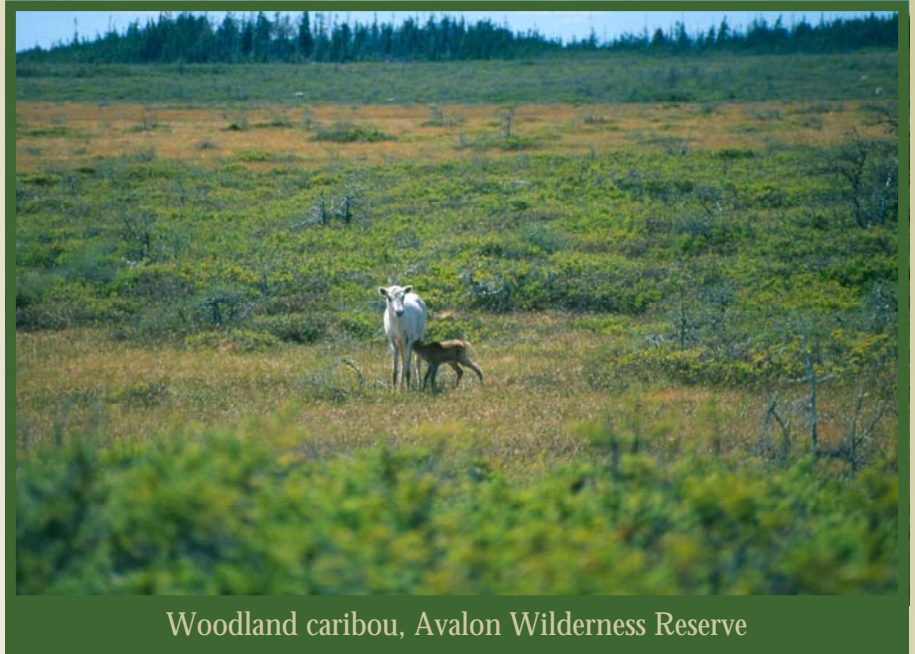
Barchois Pond Provincial Park

Wilderness and Ecological Reserves System

Striving to protect the province's natural heritage for all residents and visitors for today and tomorrow.

WILDERNESS RESERVES

Wilderness Reserves are large undisturbed natural areas where people may hunt, fish, travel and otherwise experience this province's rich natural heritage. These reserves protect significant wildlife populations and important ecosystems. The Avalon Wilderness and Bay du Nord Reserves protect two of North America's unspoiled barren lands, unpolluted water systems, and wildlife such as caribou, moose, Canada geese, and ptarmigan. An entry permit is required before entering.



Woodland caribou, Avalon Wilderness Reserve



Atlantic puffins, Witless Bay Ecological Reserve

ECOLOGICAL RESERVES

Ecological Reserves are much smaller and provide a sanctuary for unique, rare or endangered plants, animals or natural history artifacts such as fossils. Mistaken Point Ecological Reserve near Cape Race protects an internationally significant Precambrian fossil site. Several seabird nesting sites are designated ecological reserves. Interpreters are located at Cape St. Mary's Visitor Centre from May to October and at Burnt Cape from June to October. Private boat tour operators take visitors to view the nine species of seabirds at Witless Bay Seabird Reserve.

It is important that the natural balance of reserves not be disturbed. For this reason, access to most reserves is restricted and monitored by permits. Permits are available from Parks and Natural Areas headquarters or online at www.gov.nl.ca/parks. Refer to the specific reserve management plan (available from Parks and Natural Areas) for further information.

Learning naturally!!

Provincial Parks are nature's classrooms where learning comes naturally. Join the fun as a park interpreter leads you in a sing-song around the campfire, shows you a movie in the amphitheatre, or helps you create a nature craft. If you prefer something a little quieter, join a guided nature walk and discover the natural wonders of Newfoundland and Labrador. Bring your school or community group - young and old alike will enjoy the activities, and participating will enrich your park visit.

If you're lucky, you might see a moose in Barchois Pond. It is a bird watchers paradise in La Manche and Notre Dame Parks. Salmon jump the falls in Squires Memorial Park while the endangered Piping Plover is found on the sand dunes of J.T. Cheeseman and Sandbanks Parks. These are some of the many first hand experiences found in our protected areas. Seasonal park/reserve interpreters are on hand at Barchois Pond, La Manche, Butter Pot, J.T. Cheeseman, Lockston Path, Notre Dame Parks and also at Burnt Cape and Cape St. Mary's Ecological Reserves. Join a nature program or activity at any of these parks or reserves and learn about our natural environment.



Notre Dame Provincial Park

Discover more about the Province's plants, animals, geology and ecology by reading some of the brochures published by Parks and Natural Areas Division. They are available from individual Parks and Parks Headquarters.

In the fall, Provincial Parks truly turn into outdoor classrooms when the parks and reserves with Interpretive staff begin the Nature's Classroom program. The program is activities based and satisfies the school curriculum of grades 1-6. This program is offered free of charge to schools throughout our province. Please contact Geoff Bailey at Parks and Natural Areas Division for more information.



Lockston Path Provincial Park

Heritage Rivers

The Canadian Heritage Rivers System was established in 1984 to conserve and protect the best examples of Canada's river heritage, to give special rivers national recognition, and to encourage the public to enjoy and appreciate them.

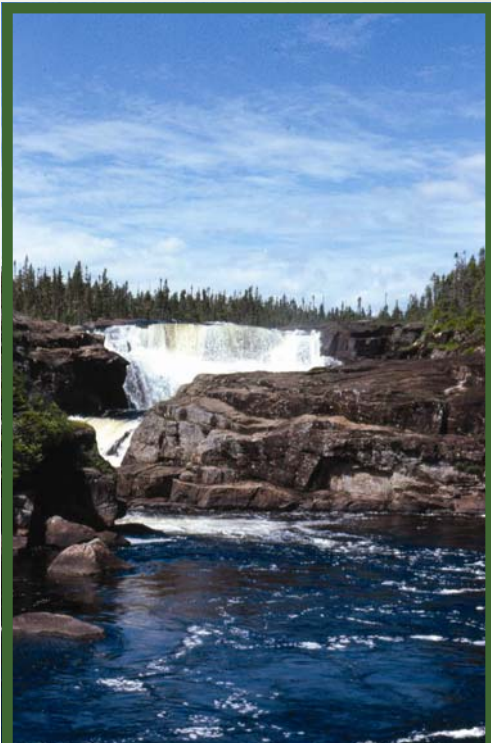
As of 2004, 32 rivers across the country known for their natural, recreational, and cultural significance have been designated as Canadian Heritage Rivers. Seven more are nominated.

Newfoundland and Labrador's first Heritage River—the Main River—received its designation in 2001. Located at the base of the Island's Great Northern Peninsula, the Main River winds through old-growth forest and the rich plant- and wildlife of the "Big Steady" before plunging down to the sea. It provides, by turns, placid tranquility and thrilling white-water canoeing.



The Main River

The Bay du Nord River system was nominated in 1992 and will soon, we hope, be the province's second Canadian Heritage River. Flowing through the pristine landscape of the Bay du Nord Wilderness Reserve, it sweeps paddlers past wide barrens where caribou roam, through whitewater "rattles" and quiet pools where countless brook trout, landlocked salmon, and Atlantic salmon swim, then down to the salt waters of Fortune Bay on Newfoundland's south coast.



Smokey Falls, Bay du Nord








The Canadian Heritage Rivers System (CHRS) is a public trust. Local citizens and grass-roots involvement move its programs forward. Communities, aboriginal peoples, landowners, and stakeholders have their rights and concerns respected. Governments are responsible for designation, as well as lending support and guidance, and providing approvals and protection as required.

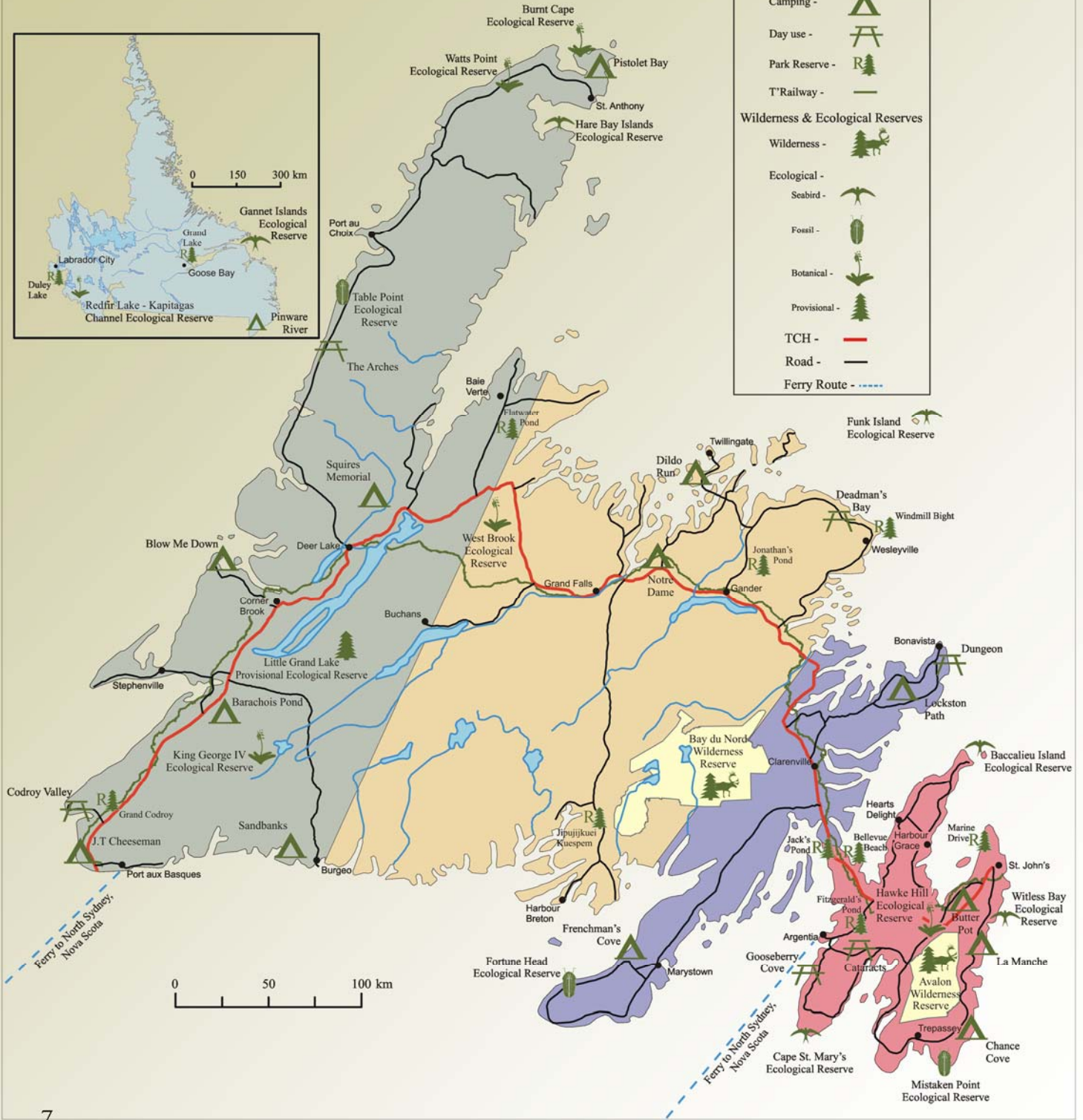
The CHRS is administered by the Canadian Heritage Rivers Board. Its members are appointed by the federal, provincial, and territorial governments. The CHRS has no legislative authority—it is driven by voluntary participation, partnerships, cooperation, and community involvement.
















Learn more about the Canadian Heritage River System through their website at www.chrs.ca.

Provincial Parks and Reserves



Provincial Parks	
Camping -	
Day use -	
Park Reserve -	
T' Railway -	
Wilderness & Ecological Reserves	
Wilderness -	
Ecological -	
Seabird -	
Fossil -	
Botanical -	
Provisional -	
TCH -	
Road -	
Ferry Route -	

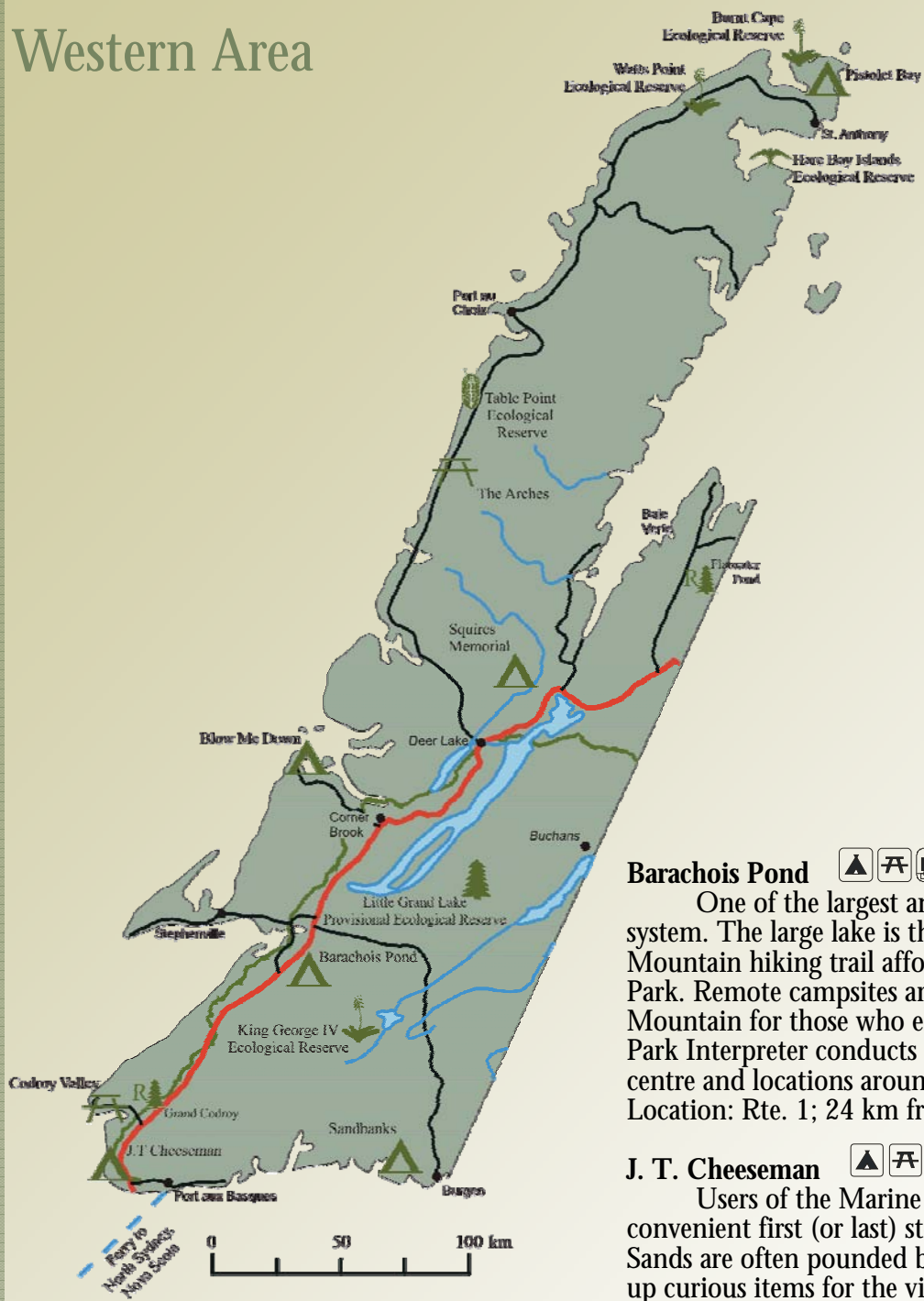


Provincial Parks	Page	Camping 	Picnic Areas 	Trailer Dumping 	Modern Washrooms 	Laundry 	Public Phone 	Brochure 	Swimming 	Hiking Trails 	Playground 	Interpretive Program 	Winter Camping 	X-Country Skiing 	Boat Launch 	Wheelchair Accessible 	
J.T. Cheeseman	9	●	●		●		●	●		●	●	●					●
Codroy Valley	10		●														
Barachois Pond	9	●	●	●	●	●		●	●	●	●	●				●	●
Sandbanks	10	●	●	●	●	●		●	●	●	●	●			●		●
Blow Me Down	10	●	●	●	●	●	●			●	●						●
Squires Memorial	10	●	●								●						●
The Arches	10		●														●
Pistolet Bay	10	●	●	●	●	●		●									●
Notre Dame	11	●	●	●	●	●	●	●			●	●	●	●			●
Dildo Run	11	●	●	●	●	●		●		●							●
Deadman's Bay	11		●														
Lockston Path	12	●	●	●	●	●		●	●	●	●	●				●	●
Dungeon	12																
Frenchman's Cove	12	●	●		●			●	●	●	●						
Gooseberry Cove	13		●														
Cataracts	13		●								●						
Chance Cove	14	●	●														
La Manche	14	●	●					●	●	●	●	●					
Butter Pot	14	●	●	●	●	●		●	●	●	●	●	●	●			●
Pinware River	14	●	●					●		●							

Wilderness and Ecological Reserves	Page	Interpretive Programs 
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Little Grand Lake	10	
Table Point	10	
Watts Point	10	
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Funk Island	11	
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Fortune Head	12	●
Baccaliu Island	13	
Cape St. Mary's	13	●
Hawke Hill	13	
Mistaken Point	13	●
Witless Bay	14	
Avalon Wilderness	13	
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Redfir Lake/ Kapitagas Channel	14	

Provincial Park Reserves	
Bellevue Beach	Duley Lake
Fitzgerald's Pond	Flatwater Pond
Grand Codroy	Jack's Pond
Jipujikuei Kuespem	Jonathon's Pond
Marine Drive	Windmill Bight
Grand Lake	

Western Area



Barchois Pond



One of the largest and most popular parks in the system. The large lake is the setting for aquatic sports. Erin Mountain hiking trail affords a breathtaking view of the Park. Remote campsites are located on top of Erin Mountain for those who enjoy wilderness camping. The Park Interpreter conducts diverse programs in the activity centre and locations around the park.

Location: Rte. 1; 24 km from St. George's

J. T. Cheeseman



Users of the Marine Atlantic Ferry find this park a convenient first (or last) stop on the island. The Cape Ray Sands are often pounded by spectacular waves which wash up curious items for the visitor to investigate. The endangered Piping Plover nests within the park in the sand dunes, please be careful when exploring. Interpretation and Special Events programs are conducted weekly.

Location: Rte. 1; 3 km from Cape Ray

Codroy Valley

This scenic beach is located at the mouth of the Grand Codroy River, which is a recommended canoeing trip. Bring your camera to catch the magnificent view of the Long Range Mountains. Location: Rte. 406; 37 km north of Port aux Basques

King George IV Ecological Reserve

The King George IV delta is a part of the Lloyds/Exploits river system. The area encompasses one of the largest undisturbed delta sites on the island. Location: Situated 90 km north of Burgeo, approximately 5 km west of the Burgeo highway.

Sandbanks

The Park is named for its undulating sand dunes and long expanses of flat, sandy beaches which are some of the most magnificent on the island portion of the province. The endangered Piping Plover nests within the parks sand dunes, please exercise caution.

Location Rte. 480; in the community of Burgeo

Blow Me Down

Magnificent views of the Blow Me Down mountains and the Bay of Islands make this park one of the most scenic locations in the area to visit. The comfort station with hot showers and laundry facilities make your stay more enjoyable.

Location: Rte. 450, 58 km off Rte. 1, located in Lark Harbour

Sir Richard Squires Memorial

Big Falls and the salmon pools on the Humber River are the main attractions here. Whether your interest is angling, photography or just watching the salmon leaping the water falls, you can enjoy yourself in this large but quiet park.

Location: Rte. 422; 40 km off Rte. 1 and 30 km from Cormack Jct.; Rte. 430

The Arches

This site features a natural rock archway created by tidal action. An interpretative exhibit explains the formation of the arches, and the two Ecological Reserves in the area - Table Point and Watts Point.

Location: Rte. 430; 140 km north of Deer Lake

Table Point Ecological Reserve

Table Point is a unique fossil locality of international importance. It contains excellent examples of limestone approximately 470 million years old. The limestone contain well preserved fossils.

Location: Rte. 430; 2 km north of Belburns

Watts Point Ecological Reserve

Watts Point - Calcareous barrens are unique because they support many species of plants which are not found anywhere else in Newfoundland. Many of the plant species in this area are rare and endangered.

Location: Off Rte. 430; between Eddie's Cove and Cook's Harbour.

Hare Bay Islands Ecological Reserve

This reserve is comprised of Gilliant, Spring and Brent Islands and protects the breeding habitat of Eider ducks.

Location: 10 km off Main Brook; Rte. 432

Pistolet Bay

Located at the tip of the Northern Peninsula it is near L'Anse Aux Meadows National Historic Park. Good canoeing is possible in a nearby lake. Location: Rte. 437; 12 km off Rte. 430; 6 km from Raleigh

Little Grand Lake Ecological Reserve

This area preserves the habitat of the endangered Newfoundland marten and representative portions of three of the Province's ecoregions.

Location: 20 km south east of Corner Brook.

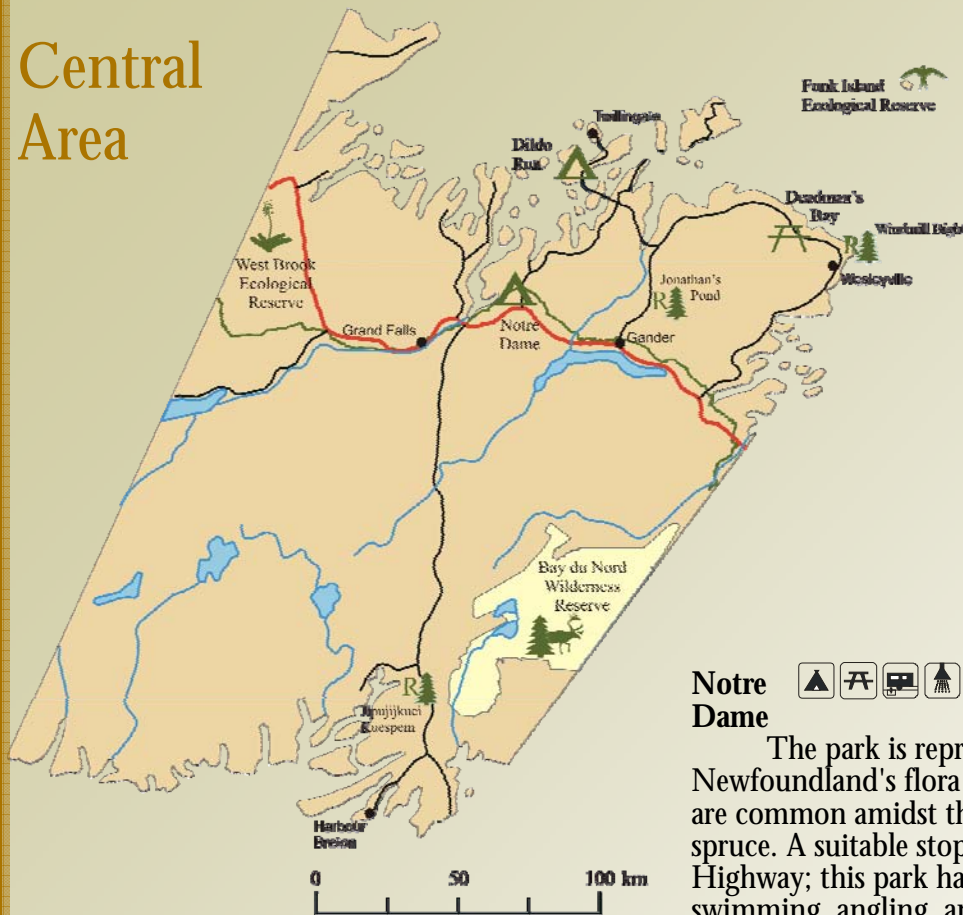
Burnt Cape Ecological Reserve

The home to over 30 species of rare plants and a total of just over 300 species of plants. This reserve is a famous locale for botanical and geological enthusiasts. Tours are provided by two very knowledgeable Interpreters.

Contact Pistolet Bay Provincial Park for Guided Tour Information.

Location: Rte, 437; 1 km north west of Raleigh.

Central Area



Deadman's Bay

This beach of fine beige sand is a nice place to stop for a picnic. The exposed coastline is an excellent spot to view offshore icebergs in early summer. Location: 93 km north of Gambo on Rte. 320

Notre Dame

The park is representative of Central Newfoundland's flora and fauna. Moose, bear and beaver are common amidst the mixed stands of birch, fir and spruce. A suitable stopover along the Trans Canada Highway; this park has many attractions. Facilities for swimming, angling, and boating are the most obvious. The Park Interpreter conducts guided walks, campfire and nature craft programs. An activity centre allows programs to continue - rain or shine!

Location: Rte. 1; 1 km east of the Notre Dame Junction

Dildo Run

After a journey along the Road to the Isles, the traveller will enjoy the refreshing surroundings of this park which overlooks the bay. The remains of a small tramway is of historical significance to the area. The park offers a variety of special events programming throughout the season. This park is an excellent starting or ending point for sea kayaking.

Location: Rte. 340; 2 km from Virgin Arm

Funk Island Ecological Reserve

The last known breeding site in North America of the Great Auk - driven to extinction by human exploitation. The site is important for its Common Murres which make it the largest colony in the western North Atlantic. Access is restricted to research scientists. Location: 65 km offshore from Cape Freels

West Brook Ecological Reserve

This 10.74 km² Red pine site is situated at the headwaters of West Brook. Red pine is presently the rarest indigenous coniferous tree species in Newfoundland.

Location: Rte. 1; 30 km southwest of Springdale

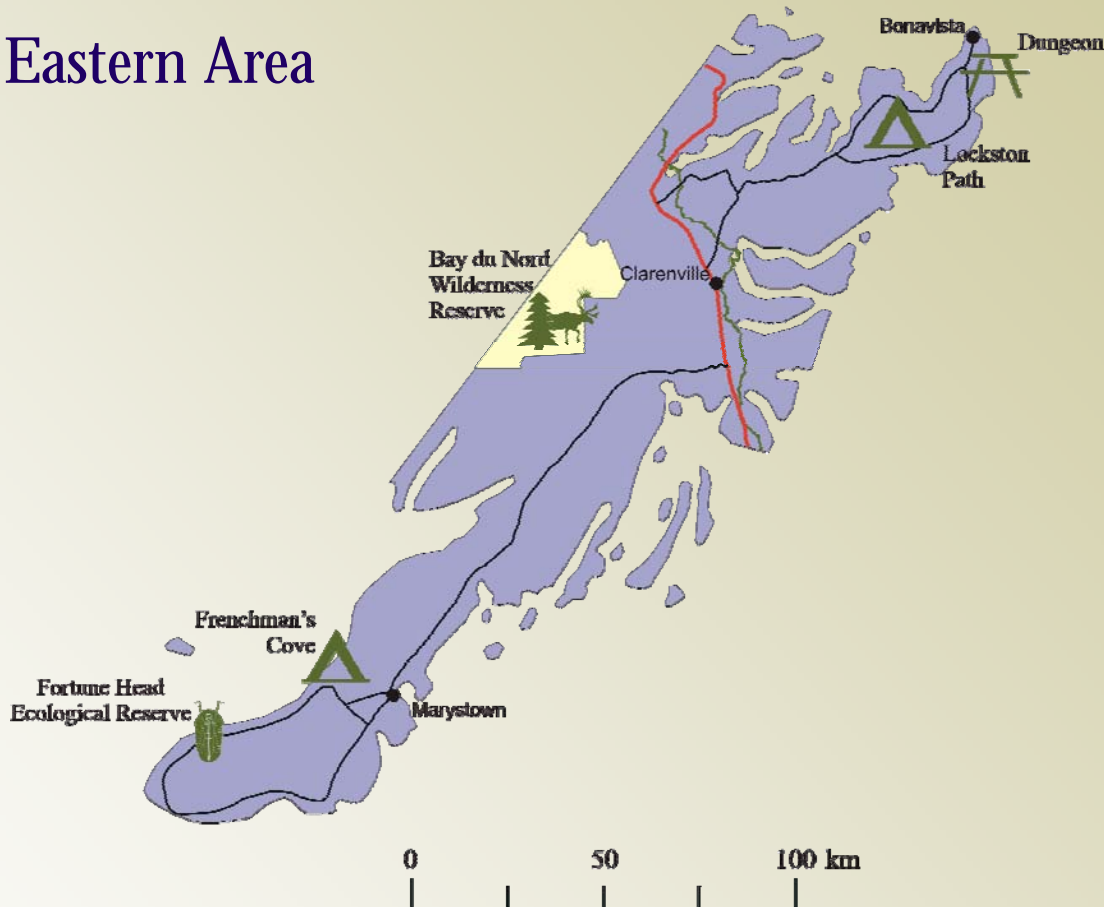
Bay du Nord Wilderness Reserve

Within this roadless wilderness the visitor can experience wildlife populations, and plant communities representative of wild Newfoundland. The caribou here thrive with little or no disturbance from humans.

Waterways including the scenic Bay du Nord and the Northwest River and their headwater lakes offer extensive unpolluted water systems for canoe travel. Entry permits are required and are available from nearby Provincial Parks and Headquarters in Deer Lake.

Location: Situated between Rte.360,Rte.1and Rte. 210

Eastern Area



Lockston Path



This park with its sheltered campsites and freshwater beach provides a good base camp for visits to the nearby historic communities. Guided hikes, amphitheatre programs, campfires and learning activities are available at this park. Please check with the Park Interpreter at the activity centre for times and dates. Water and electrical hook-ups are available here (30 amps & 50 amps).
Location: Rte. 236; 6 km from Port Rexton

Frenchman's Cove



A pebble beach, a quiet barachois, a marsh and a stream can all be found in this park. The varied habitat will fascinate the serious or casual observer of nature. With a wide variety of species to be observed, it is of particular interest to bird watching enthusiasts. Next door to the park is the Grand Meadows Golf Association and park users have access to a 9 hole golf course.
Location: Rte. 213; 2 km from Frenchman's Cove

Dungeon

A collapsed sea cave with a natural archway carved out by tidal action highlights this site. A restored 19th century lighthouse is nearby, at Cape Bonavista, a Provincial Historic site.
Location: Rte. 238, 15 km north of Catalina

Fortune Head Ecological Reserve



Fortune Head is a minor headland of international significance located approximately 1.6 km west of the town of Fortune on the southwestern tip of the Burin Peninsula. A portion of the rock section exposed along the cliffs at Fortune Head has been designated by the International Union of Geological Scientists as a global stratotype representing the boundary between the Precambrian era and Cambrian period, approximately 530 million years ago.
Location: Rte. 220; 1.6 km west of Fortune

Avalon Area



Mistaken Point Ecological Reserve



Rare fossils make this one of the most important fossil sites in the world. It is home to the oldest multi-celled fossils in North America and the best variety of deep water marine fossils found in the world from 565 million years ago. Location: Off Rte. 10; 16 km southwest of Portugal Cove South.

Gooseberry Cove



Nestled in a valley overlooking Placentia Bay, Gooseberry Cove is a perfect place for a rest stop. The sandy beach is ideal for picnicking and beachcombing. High wave action restricts swimming. Location: Rte. 100; 30 km south of Placentia

Cape St. Mary's Ecological Reserve



This reserve has been called "one of the best and most accessible seabird watching spots in the world." Four hundred foot cliffs and sea stacks, gentle rolling barrens and over 80,000 seabirds offer a spectacular opportunity to view, learn and photograph this magnificent reserve. Added to this natural experience is an interpretation centre equipped with wheelchair accessibility, natural history displays, audio visuals, seabird nature store, viewing telescopes, and qualified interpreters. The best viewing time: May - late July, but gannets remain to October.

Location: Rte. 100; 15 km east of St. Brides, 16 km paved road

Cataraacts



A deep river gorge with two cascading waterfalls provides a scenic setting for photographs. Stairs and walkways enable the visitor to descend the gorge and cross the river. Location: Rte. 91; 28 km west of Salmonier on Rte. 90

Baccalieu Island Ecological Reserve



Eleven different species of seabirds breed on this island during the summer. 3,000,000 breeding pairs of Leache's Storm Petrel, making it the largest colony in the world. Location: Off the northwestern tip of the Avalon Peninsula.

Avalon Wilderness Reserve



This Reserve is one of the most accessible, unspoiled barren lands in North America. Its caribou herd is Canada's most southerly, containing some of the world's largest caribou which are easily viewed from Route 10. The Reserve is ideal for canoeing, hiking, angling, photography and wilderness camping. A permit is required and available from Butter Pot Park, La Manche Park and Deer Lake Office.

Location: Avalon Peninsula, situated between Rte. 1, Rte. 90 and Rte. 10

Hawke Hill Ecological Reserve



It contains the best representative area of Alpine Barrens east of the Long Range Mountains. Location: Rte. 1; 50 km west of St. John's

La Manche



A waterfall, a trail and lily filled ponds make up this beautiful park. If you like walking in the woods, canoeing, meandering streams or swimming; you can have a relaxing stay here. The park is a paradise for birdwatchers; over 50 species of birds have been identified in the park. An interpreter conducts natural history programs and special events.

Location: Rte. 10; 11 km from Cape Broyle

Witless Bay Ecological Reserve



This reserve is comprised of four small islands - Green, Pee Pee, Great and Gull. With over 2,003,000 breeding birds, the Reserve has the second largest population of seabirds in eastern North America. There are several boat tours which leave the Southern Shore to take visitors out to view the islands. Access to the islands is generally restricted to research scientists and professionals.

Location: Off Witless Bay, via Rte.10

Butter Pot



The numerous camping and picnic sites are very popular. The beach is one of the main attractions, but many are awed by the view from the "Lookout", a 3.5 km hike up Butter Pot hill. The park interpreter conducts guided walks, campfires, amphitheatre programs and nature crafts. Fun and learning for all ages.

Location Rte. 1; 11 km from Holyrood

Chance Cove



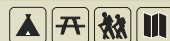
The camping area was once the site of an old settlement. Seals can often be seen near the pebble beach and birdwatchers will not be disappointed when they visit this area. There are no designated campsites. Camping is permitted on the parking lot in the picnic area.

Location: Rte. 10; 15 km from Cappahayden

Labrador Area



Pinware River



This park borders on an estuary of a good salmon and trout river in Southern Labrador. It is a convenient location to make a base camp for touring the Labrador Straits. Close to Red Bay Interpretation Site, it provides excellent opportunities for viewing icebergs well into the summer.

Location: Rte. 510; 40 km from Blanc Sablon; a ferry crosses from St. Barbe to Blanc Sablon

Gannet Islands Ecological Reserve



During the breeding season, this Reserve is home to over 200,000 seabirds. This sanctuary has the largest Razorbill colony in North America. Its name comes from a boat which sank in the area, not the bird. There are no gannets found on the island. Access restricted to research scientists.

Location: 40 km from Cartwright

Red Fir Lake Ecological Reserve



This site supports the only known natural stand of Jack Pine in Newfoundland and Labrador. It offers excellent opportunities for canoeing and wilderness travel.

Location: 160 km southeast of Labrador City

Provincial Park Reserves

Park Reserves, protect areas with significant natural features and landscapes as part of a provincial initiative to protect representative portions of all the different ecoregions within this province. These areas have no day use or camping facilities. Currently there are 11 Park Reserves in the province.

Many of these Park Reserves were former Provincial Parks with the campground portion leased to private operators. The park reserve is the remaining land mass which was included in the former provincial park.

Park reserves are not open to camping.

Grand Codroy

This park reserve is in the magnificent Codroy Valley and offers a wonderful view of the Long Range Mountains. It protects a portion of a fluvial delta. Location; Rte. 406; 3 km off Rte. 1, near Doyles.

Duley Lake

Protection of the open lichen woodland which is representative of Ecoregion V (Labrador) is this park reserves main purpose. This park reserve is 6.90 km² in size. Located 10km from Labrador City.

Flatwater Pond

Offers protection to an excellent example of a delta/marsh complex. The site was a former logging camp near the mining town of Baie Verte. It is located off Rte. 410; 56km of Rte. 1 ; 23 km from Baie Verte.

Jipujikuei Kuespem

Located on Rte. 360; near Bay d'Espoir on the south coast, this park reserve is part of the traditional hunting grounds of the Mi'kmaq people. Their descendants are still living in nearby Conne River on the Islands south coast. This reserve was created to protect examples of forested ecoregions, namely Ecoregions IE and IID.

Jonathan's Pond

This park reserve preserves a majestic stand of white birch in central Newfoundland. It is located 16km from Gander on Rte. 330; 16km off Rte. 1. It is 3.43 km² in size.

Windmill Bight

This park provides protection for the plateau bog which is found here, an element of Ecoregion VII. Located 3 km from Lumsden, Rte. 330; 97 km off Rte. 1 & 320.

Jack's Pond

This area preserves some of this province's rare plants. It also contains an area of high habitat diversity including; barren vegetation, wetlands and a forested stream valley. Rte. 1; 8 km from Arnold's Cove.

Bellevue Beach

A long sand and beachrock bar separates the sea from a placid barachois, this area protects a beach complex, saltmarsh and habitat for migrating shorebirds. Rte. 201; 3 km off Rte. 1; 10 km from Bellevue.

Fitzgerald's Pond

This area protects a population of globally rare lichen *Erioderma pendicellatum*. This reserve protects 1.63 km² of habitat. Located on the Avalon peninsula, Rte. 100; 18 km off Rte. 1; 15 km from Dunville.

Marine Drive

Consisting of 6.17 km², this park reserve is the youngest of the park reserves. It is an essential representative area of the northeastern barrens subregion.

Grand Lake

This park reserve protects a portion of forested area between North West River and Goose Bay, in Labrador. This reserve is 15.05 km² in size.

Camp in Comfort and Safety

The parks system offers a wide variety of campsites, services and programs.

Comfort stations with modern washrooms, hot showers and laundry facilities are available at Barchois Pond, Blow Me Down, Butter Pot, Dildo Run, Lockston Path, Sandbanks and Pistolet Bay Parks. J.T Cheeseman and Frenchman's Cove are equipped with modern washrooms and hot showers.

All camping parks have attractive campsites in private locations, and have picnic tables and fireplaces.

GROUP CAMPING

If you are planning an outing for your youth group, be sure to visit Butter Pot, Notre Dame, Lockston Path or Barchois Pond Parks where a group camping area is provided free of charge to youth organizations. Reservations can be made by calling these individual parks.

PRIVATE SECTOR PROGRAM

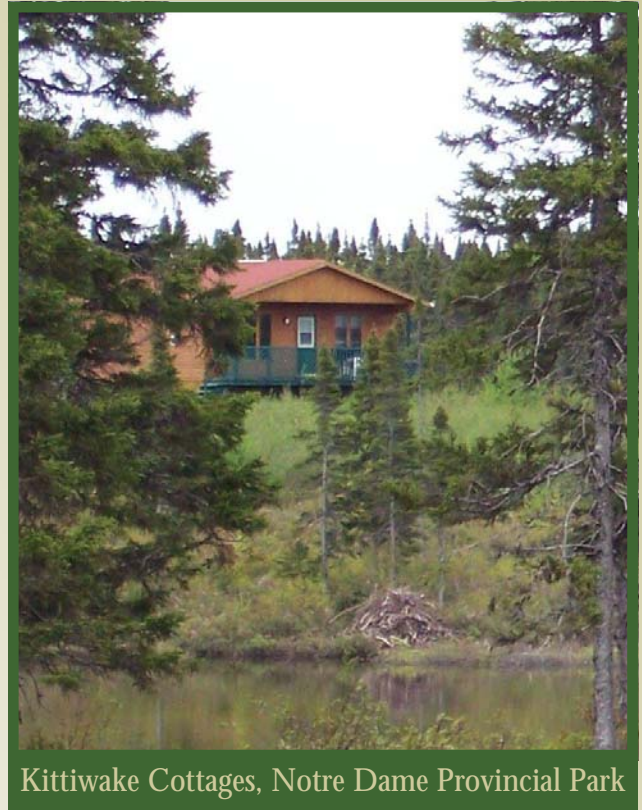
In addition to the facilities offered by Parks and Natural Areas Division, the private sector has developed services in a number of parks.

As of printing of this brochure the private sector facilities operating are:

Frenchman's Cove - paddle boats, water trikes, row boats, canoes, kayaks and bike rentals; 9 hole golf, rental cabins.

Notre Dame - convenience store; paddle boat and bike rentals; rental cabins.

Barchois Pond - convenience store; mini golf; paddle boat, canoe, row boat, aquabike, bicycle, charcoal barbecue, swimming aid, life jacket and horseshoe and volleyball equipment rentals.



Sir Richard Squires Memorial - Tourist Lodge

SEWAGE DISPOSAL STATIONS

... are available at Barchois, Blow-Me-Down, Butter Pot, Dildo Run, Notre Dame, Pistolet Bay, Sandbanks and Lockston Path Parks.

RECREATIONAL VEHICLE STORAGE

Most parks with camping facilities offer the convenience of recreational equipment storage. You can get a permit to store your RV when it is not in use.



Barchois Pond Provincial Park

GET BACK TO BASICS

In Barchois Pond Park you can camp in remote sites at the 340 metre summit of Erin Mountain. Please register and pay at the park office.

HIKING AND WALKING TRAILS

While enjoying your stay in one of our Provincial Parks, be sure to go on a hike or a nature walk. Most Parks have trails leading to scenic lookouts, rivers, boglands and forests. Trails are continually being improved and developed often in partnership with local communities. Look for trails in Dildo Run, Sandbanks, Butter Pot, Blow Me Down, Lockston Path, Frenchman's Cove, J.T. Cheeseman, Pinware River, Cataracts and La Manche Parks. The Piping Plover, an endangered shorebird, may be viewed from a new lookout platform located in Cheeseman Park.

FIRES AND FIREWOOD

For your convenience, firewood is sold in parks with camping facilities and is available at the check point. Fires must be confined to the fireplaces provided. Please respect the environment and do not leave a fire unattended and make sure it is completely extinguished before leaving. During summer periods, open fires may be restricted; please consult park staff. **Open fires are not permitted in unstaffed parks.** When barbecuing, please place used charcoal in the fireplace or in a container provided.

PETS

For the comfort of all visitors and park wildlife, all pets in a park **must** be kept on a leash. Parks and Reserves managers have the authority to impound roaming animals.

USE OF ALCOHOLIC BEVERAGES

The consumption of alcohol in Provincial Parks is restricted to designated camping and picnic sites. Possession of, or drinking from, a container of alcoholic beverage in any other area of the park, including park roads, beaches or trails, is prohibited. Notre Dame Provincial Park establishes an alcohol ban from Victoria Day weekend until Canada Day weekend.

PARK STAFF

We are there to help you and service with a smile is guaranteed. Your suggestions are always welcome. All parks with camping facilities, and some with day-use facilities, are staffed during the summer operating season. Park staff are responsible for the operation and maintenance of the park. All Parks and Reserves Managers and Rangers are authorized by the Provincial Parks Act to enforce park rules and regulations. Parks and Reserves Managers and Rangers have completed training to deal with emergency situations. First aid materials are available at the park office.

SYSTEM OF PROTECTED AREAS

Provincial Parks fulfill many roles, protecting natural heritage; providing high-quality outdoor recreation opportunities; fostering environmental education/heritage appreciation; and encouraging tourism. The protection of heritage areas, representing a full range of the provincial ecoregions including their natural processes and features and rare natural heritage fall in the care of the Wilderness and Ecological Reserves. Together the Provincial Parks and Reserves make up the system of Parks and Natural Areas. Parks and reserves are protected for the benefit of present and future generations.

Did you know?

Interesting facts about Provincial Parks

- ◆ At 3500 hectares, Barchois Pond is the largest Provincial Park.
- ◆ Blow Me Down Provincial Park features a trail with a section of stairs encased by stone called the Governor's Staircase.
- ◆ Butter Pot Provincial Park is actually named after Butter Pot hill. The term "butter pot" was a local term which referred to a small, half barrel used to hold cod livers. Butter Pot hill looks like such a barrel turned bottom up.
- ◆ At the southern border of Dildo Run Provincial Park exists the remains of a tramway. The tram was a trolley with four train wheels. The tram was used to transport goods across New World Island saving the timely trip around the Island.
- ◆ J.T. Cheeseman and Sandbanks Provincial Parks are both nesting sites for the endangered Piping Plover, a small robin sized shorebird.
- ◆ La Manche Provincial Park is located in the scenic La Manche valley on the Avalon peninsula. A hiking trail in this park will take you out to the remains of what was La Manche village. La Manche was swept away in a severe winter storm in January 1966. This park also features a suspension bridge.
- ◆ Lockston Path Provincial Park is the only Provincial Park in the system which features both water and electrical hookups at 20 of their 56 sites.
- ◆ Pinware River Provincial Park contains a portion of Pinware hill which is one of the oldest archaeological sites in the province. The Palaeo-Indians occupied this area nearly 9000 years ago.
- ◆ Sandbanks Provincial Park is named for the undulating sand dunes and long flat sandy beaches that are found in this park. These beaches are some of the most magnificent sandy beaches in this province.
- ◆ Sir Richard Squires Memorial Provincial Park was the first provincial park created in Newfoundland and Labrador. The park was named in memoriam of Sir Richard Squires, one of Newfoundland's last prime ministers. The park was established in 1954 and opened in 1959.
- ◆ Notre Dame Provincial Park was a logging site for the Anglo-Newfoundland Development Company, now Abitibi Price. This park is situated on donated land from this company.
- ◆ The Bobolink, an uncommon bird, and the Avocet, a rare bird for this province, have been seen at Frenchman's Cove Provincial Park.
- ◆ Pistolet Bay Provincial Park and surrounding area was covered by approximately 3km of ice during the last Ice Age.



La Manche Provincial Park



Barchois Pond Provincial Park



The Arches Provincial Park



Dwarf hawk's beard (*Crepis nana*), Burnt Cape



La Manche Provincial Park

Parks and Natural Areas Division

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**General tourism information is
available at**

1-800-563-NFLD (6353)



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