

RADIO ONE

100 Mile House 91.3 FM	Cache Creek 1450 AM	Denman 92.5 FM	Goodlow 88.3 FM	Lasqueti 92.5 FM
108 Mile Ranch 91.3 FM	Campbell River 104.5 FM	Denman Island 92.5 FM	Grand Forks 860 AM	Lazo 92.5 FM
150 Mile House 91.3 FM	Canal Flats 91.7 FM	Deroche 91.7 FM	Granisle 920 AM	Lillooet 860 AM
70 Mile House 91.3 FM	Canim Lake 91.3 FM	Dog Creek 91.3 FM	Granthams Landing 690 AM	Lions Bay 690 AM
Abbotsford 690 AM	Canoe 96.9 FM	Donald Station 900 AM	Grasmere 101.3 FM	Logan Lake 92.9 FM
Agassiz 91.7 FM	Canyon 100.3 FM	Duncan 90.5 FM	Gray Creek 89.9 FM	Lone Butte 91.3 FM
Ainsworth Hot Springs 89.9 FM	Cassidy 690 AM	Dunster 92.1 FM	Greenwood 97.9 FM	Longworth 91.5 FM
Alvansh 102.3 FM	Castlegar 94.9 FM	Eagle Bay 95.5 FM	Grindrod 86.9 FM	Louis Creek 104.1 FM
Alert Bay 105.1 FM	Cawston 1350 AM	Eagle Creek 91.3 FM	Groundbirch 89.7 FM	Lower Nicola 860 AM
Alexis Creek 93.7 FM	Cecil Lake 88.3 FM	Edgewood 860 AM	Hagensborg 88.1 FM	Lumby 96.7 FM
Alice Arm 1150 AM	Cedar 690 AM	Egmont 92.5 FM	Hanceville 93.7 FM	Lund 92.5 FM
Alkali Lake 91.3 FM	Celista 96.9 FM	Elkford 105.7 FM	Harrison Hot Springs 96.7 FM	Lytton 93.1 FM
Anahim Lake 98.1 FM	Central Saanich 90.5 FM	Elko 101.3 FM	Hazelton 1170 AM	Mackenzie 920 AM
Anmore 690 AM	Charlie Lake 88.3 FM	Endako 102.9 FM	Heffley Creek 94.1 FM	Madeira Park 690 AM
Armstrong 106.5 FM	Chase 95.5 FM	Enderby 92.7 FM	Hixon 91.5 FM	Malahat 90.5 FM
Arras 89.7 FM	Chemainus 90.5 FM	Erickson 100.3 FM	Holberg 1490 AM	Maple Ridge 690 AM
Ashcroft 860 AM	Chetwind 93.5 FM	Errington 690 AM	Honeymoon Bay 690 AM	Mara 96.9 FM
Athalmer 94.5 FM	Chilanko Forks 93.7 FM	Esquimalt 90.5 FM	Hope 101.7 FM	Masset 103.9 FM
Atlin 90.1 FM	Chilliwack 91.7 FM	Fairmont Hot Springs 91.7 FM	Hornby Island 92.5 FM	Mayne Island 690 AM
Avola 91.9 FM	Christina Lake 88.5 FM	Falkland 102.7 FM	Horsely 91.3 FM	McBride 92.1 FM
Baldonnel 88.3 FM	Clayhurst 88.3 FM	Fanny Bay 92.5 FM	Houston 102.1 FM	McLeese Lake 91.3 FM
Balfour 89.9 FM	Clearwater 860 AM	Farmington 89.7 FM	Hudson's Hope 940 AM	McLure 94.1 FM
Bamfield 540 AM	Clinton 1070 AM	Ferne 97.7 FM	Invermere 94.5 FM	Merritt 860 AM
Barkerville 540 AM	Coal Harbour 540 AM	Field 860 AM	Jaffray 101.3 FM	Merville 92.5 FM
Barriere 104.1 FM	Cooper Creek 1540 AM	Forest Grove 91.3 FM	Kaleden 93.7 FM	Metchoin 99.5 FM
Belcarra 690AM	Cobble Hill 90.5 FM	Fort Fraser 102.9 FM	Kamloops 94.1 FM	Mica Dam 1150 AM
Bella Bella 89.9 FM	Colwood 90.5 FM	Fort Nelson 88.3 FM	Kaslo 860 AM	Midway 97.9 FM
Bella Coola 103.5 FM	Coldstream 106.5 FM	Fort Steele 101.3 FM	Kelowna 88.9 FM	Mill Bay 90.5 FM
Big Lake Ranch 91.3 FM	Comox 92.5 FM	Fort St. James 91.9 FM	Kemano 101.1 FM	Mission 690 AM
Blubber Bay 92.5 FM	Comox Valley 92.5 FM	Fort St. John 88.3 FM	Kent 91.7 FM	Monte Creek 94.1 FM
Blue River 860 AM	Coombs 690 AM	Francois Lake 99.1 FM	Keremeos 1350 AM	Monte Lake 94.1 FM
Bonington 89.5 FM	Cooper Creek 1540 AM	Fraser Lake 102.9 FM	Kersley/Quenesel 90.9 FM	Montey 88.3 FM
Boston Bar 90.7 FM	Coquitlam 690 AM	Fruitvale 94.9 FM	Kimberley 900 AM; 101.3 FM	Montrose 94.9 FM
Boswell 89.9 FM	Cortes (north end) 104.5 FM	Gabriola 690 AM	Kispixox 990 AM	Morice town 96.5 FM
Bowen Island 690 AM	Cortes (south end) 92.5 FM	Galiano 90.5 FM	Kitimat 101.1 FM	Moye 101.3 FM
Bowser 92.5 FM	Courtenay 92.5 FM	Galiano Island 90.5 FM/690 AM	Kitkatta 860 AM	Nakusp 900 AM
Bralorne 1350 AM	Cowichan Bay 90.5 FM	Galloway 101.3 FM	Kiwanga 94.3 FM	Nanaimo 690 AM
Bridesville 94.1 FM	Cranbrook 101.3 FM	Garden Bay 690 AM	Knutsford 94.1 FM	Nanosee Bay 690 AM
Bridge Lake 91.3 FM	Crawford Bay 89.9 FM	Garibaldi Heights 100.1 FM	Kootenay Bay 89.9 FM	Naramata 93.7 FM
Brisco 94.5 FM	Crescent Valley 98.7 FM	Genelle 94.9 FM	Lac La Hache 91.3 FM	Nass Camp 102.3 FM
Britannia Beach 98.3 FM	Creston 100.3 FM	Gibsons 690 AM	Ladysmith 90.5 FM	Nelson 98.7 FM
Buffalo Creek 91.3 FM	Crofton 90.5 FM	Gillies Bay 92.5 FM	Lake Errock 91.7 FM	New Denver 740 AM
Burnaby 690 AM	Cumberland 92.5 FM	Gilias Bay (Texada Island) 92.5 FM	Lake Windermere 94.5 FM	New Hazelton 1170 AM
Burnaby North 690 AM	Dawson Creek 89.7 FM	Gold Bridge 860 AM	Langford 90.5 FM	New Westminster 690AM
Burns Lake 99.1 FM	Dease Lake 98.1 FM	Gold River 860 AM	Langley 690 AM	North Bend 90.7 FM
	Delta 690 AM	Golden 101.7 FM	Lantzville 690 AM	North Pine 88.3 FM



North Saanich 90.5 FM	Rosedale 91.7 FM	Telkwa 97.5 FM	Belcarra 105.7 FM	Metchosin 105.1 FM
North Vancouver 690 AM	Rose Prairie 88.3 FM	Terrace 95.3 FM	Bowen Island 105.7 FM	Mill Bay 92.1 FM
Oak Bay 90.5 FM	Rosland 94.9 FM	Tete Jaune 90.3 FM	Burnaby 105.7 FM	Mission 105.7 FM
Ocean Falls 92.1 FM	Royston 92.5 FM	Thetis Island 690 AM	Burnaby North 105.7 FM	Nanaimo 105.7 FM
Oliver 95.3 FM	Saanich 90.5 FM	Tofino 91.5 FM	Burns Lake 105.9 FM	Nanose Bay 105.7 FM
Oona River 860 AM	Salmo 740 AM	Tomslake 89.7 FM	Burnaby 105.7 FM	New Denver 98.3 FM
Osoyoos 95.3 FM	Salmon Arm 96.9 FM	Topley 102.1 FM	Burnaby North 105.7 FM	New Westminster 105.7 FM
Parksville 92.5 FM	Sandspit 104.9 FM	Trail 94.9 FM	Burns Lake 105.9 FM	North Saanich 92.1 FM
Parson 740 AM	Satspring Island 90.5 FM/690 AM	Tulameen 93.1 FM	Cedar 105.7 FM	North Vancouver 105.7 FM
Pavilion 91.3 FM	Saturna 90.5 FM	Tumbler Ridge 89.9 FM	Central Saanich 92.1 FM	Oak Bay 92.1 FM
Peachland 88.9 FM	Savona 94.1 FM	Ucluelet 540 AM	Central Saanich 92.1 FM	Parksville 105.7 FM
Pemberton 106.1 FM	Sayward 630 AM	Union Bay 92.5 FM	Central Saanich 92.1 FM	Parson 96.7 FM
Pender Island 90.5 FM	Scotch Creek 96.9 FM	Upper-Fraser 91.5 FM	Cobble Hill 92.1 FM	Peachland 99.1 FM
Pentiction 93.7 FM	Sechelt 690 AM	Valemount 90.3 FM	Coombs 105.7 FM	Pemberton 105.1 FM
Phoenix 97.9 FM	Shalalth 990 AM	Vananda 92.5 FM	Coquitlam 105.7 FM	Pender Island 92.1 FM
Pinanlan Lake 94.1 FM	Sidney 90.5 FM	Vancouver 690 AM	Cowichan Bay 92.1 FM	Pitt Meadows 105.7 FM
Pitt Meadows 690 AM	Silverton 91.7 FM	Vanderhoof 96.7 FM	Crofton 92.1 FM	Port Coquitlam 105.7 FM
Port Alberni 98.1 FM	Sinclair Mills 91.5 FM	Vaverby 91.9 FM	Delta 105.7 FM	Port Moody 105.7 FM
Port Alice 1170 AM	Sirdar 100.3 FM	Vernon 106.5 FM	Deroche 99.9 FM	Prince George 90.3 FM
Port Clements 102.9 FM	Skookumchuck 101.3 FM	Victoria 90.5 FM	Duncan 92.1 FM	Qualicum Beach 105.7 FM
Port Coquitlam 690 AM	Slocan 91.7 FM	View Royal 90.5 FM	Errington 105.7 FM	Quesnel 106.9 FM
Port Edward 860 AM	Skookumchuck 101.3 FM	Magisla 89.9 FM	Esquimalt 92.1 FM	Richmond 105.7 FM
Port Hardy 95.5 FM	Smithers 97.5 FM	Wardner 101.3 FM	Fort Fraser 104.1 FM	Rosedale 99.9 FM
Port McNeill 105.1 FM	Sointula 105.1 FM	Warfield 94.9 FM	Gabriola 105.7 FM	Saanich 92.1 FM
Port Mellon 98.3 FM	Sooke 99.5 FM	Wasa 101.3 FM	Galiano 105.7 FM	Salmon Arm 103.5 FM
Port Moody 690 AM	Sorrento 95.5 FM	Wells/Barkerville 540 AM	Galiano Island 105.7 FM	Satspring Island 92.1 FM
Pouce Coupe 89.7 FM	Southbank 99.1 FM	Westbank 88.9 FM	Harrison Hot Springs 99.9 FM	Smithers 88.1 FM
Powell River 92.5 FM	South Hazelton 1170 AM	Westbridge 97.9 FM	Harrison Mills 99.9 FM	Saturna 92.1 FM
Prince George 91.5 FM	South Slocan 91.7 FM	West Vancouver 690 AM	Heffley Creek 105.3 FM	Savona 105.3 FM
Prince Rupert 860 AM	South Surrey 690 AM	Westview 92.5 FM	Houston 104.7 FM	Sidney 92.1 FM
Princeton 93.1 FM	Sparwood 105.7 FM	Westwood 102.7 FM	Kamloops 105.3 FM	Smithers 88.1 FM
Pritchard 94.1 FM	Spences Bridge 90.1 FM	Whistler 100.1 FM	Kaslo 100.3 FM	Sooke 105.1 FM
Procter 89.9 FM	Spillmacheen 94.5 FM	White Rock 690 AM	Kelowna 89.7 FM	South Surrey 105.7 FM
Progress 89.7 FM	Squamish 98.3 FM	Williams Lake 860 AM	Kemano 102.5 FM	Surrey 105.7 FM
Quadra Island 104.5 FM	Stewart 1450 AM	Willow River 91.5 FM	Kent 99.9 FM	Telkwa 88.1 FM
Qualicum Beach 92.5 FM	Summerland 93.7 FM	Windermere 94.5 FM	Kersley-Quesnel 106.9 FM	Thetis Island 105.7 FM
Queen Charlotte 104.9 FM	Summit Lake 91.5 FM	Winfield 88.9 FM	Kitimat 100.3 FM	Valemount 95.5 FM
Quesnel 90.9 FM	Sunset Prairie 89.7 FM	Winlaw 91.7 FM	Kitimat 100.3 FM	Vancouver 105.7 FM
Radium Hot Springs 94.5 FM	Sunshine Coast 690 AM	Woss Camp 92.7 FM	Ladysmith 105.7 FM	Victoria 92.1 FM
Revelstoke 91.3 FM	Surrey 690 AM	Wynndel 100.3 FM	Langford 92.1 FM	View Royal 92.1 FM
Richmond 690 AM	Tahsis 1240 AM	Ymir 98.7 FM	Langley 105.7 FM	Wells 98.1 FM
Riondel 89.9 FM	Taksie Lake 94.9 FM	RADIO 2	Lantzville 105.7 FM	Westbank 89.7 FM
Roberts Creek 690 AM	Tapen 96.9 FM	Abbotstford 105.7 FM	Lillooet 98.7 FM	West Vancouver 105.7 FM
Robson 94.9 FM	Ta Ta Creek 101.3 FM	Agassiz 99.9 FM	Malahat 92.1 FM	White Rock 92.1 FM
Rock Creek 94.1 FM	Talarose 94.9 FM	Anmore 105.7 FM	Maple Ridge 105.7 FM	Winfield 91.9 FM
Rolla 89.7 FM	Taylor 88.3 FM		Mayne Island 105.7 FM	