ᐳᕙᓪᓗᖕᓂᖅ ᒪᒥᑕᐅᔪᖕᓇᖅᑐᖅ

ᐳᕙᓪᓗᖕᓂᐅᑉ ᒥᖅᓵᓄᑦ ᑐᑭᓯᒋᐊᕈᑎᒃᓴᑦ

ᐳᕙᓪᓗᖕᓂᖅ ᓱᓇᐅᕙ?

ᑯᒪᕈᓯᖅ *Mycobacterium tuberculosis* ᐳᕙᓪᓗᒍᑕᐅᓕᖅᐸᒃᑐᖅ.

ᖃᓄᖅ ᐳᕙᓪᓗᓕᕈᖕᓇᖅᐳᖕᒐ?

ᑭᓇᑭᐊᖅ ᑐᓂᔭᐅᔪᖕᓇᖅᑐᕐᒥᒃ ᐳᕙᓪᓗᖕᓂᖃᕈᓂ, ᐋᓐᓂᐊᓕᕈᑕᐅᔪᖕᓇᖅᑐᑦ ᐳᕙᖕᒋᓐᓃᑦᑐᑦ ᐊᓂᖅᓵᕐᕕᖕᒋᓐᓂᒡᔫᓐᓃᑦ ᐊᓯᖕᒋᓐᓄᑦ ᑐᓂᔭᐅᔪᖕᓇᖅᑐᑦ ᖃᑦᓚᒃᑐᕈᑎᒃ, ᑕᒋᐅᒃᑐᕈᑎᒃ, ᐅᖃᑦᓚᒍᑎᒃ ᐃᖕᒋᕈᑎᒡᔫᓐᓃᑦ. ᑖᒃᑯᐊ ᐋᓐᓂᐊᓕᕈᑕᐅᔪᖕᓇᖅᑐᑦ ᐃᓗᒻᒧᑦ ᐊᓂᖅᓵᓇᓐᓂᕈᖕᓂ, ᑕᐃᒪ ᑐᓂᔭᐅᓯᒪᓕᖅᐳᑎᑦ.

ᖃᓄᕐᓕ ᐋᓐᓂᐊᓕᕈᑕᐅᔪᖕᓇᖅᑐᑦ ᐳᕙᖕᓃᓕᕐᓂᕈᑎᒃ?

ᓇᓕᐊᒃᑭᐊᖅ ᐱᖕᒐᓱᑦ ᐊᔾᔨᒌᙱᑦᑐᑦ ᓴᖅᑭᓕᕋᔭᖅᑐᑦ:

- ᑎᒥᕕᑦ ᐋᓐᓂᐊᖅᑕᐃᓕᔾᔪᑎᖕᒐ ᑐᕐᑯᑎᓇᓗᓂ ᐳᕙᓪᓗᓕᕈᑕᐅᔪᖕᓇᖅᑐᕐᒥᒃ ᐋᓐᓂᐊᓕᙱᓂᖅᓴᐅᓕᕐᓗᑎᑦ ᐅᕝᕙᓘᓐᓃᑦ ...
- ᐳᕙᓪᓗᖕᓇᖅᑐᖃᓕᕐᓗᑎᑦ ᑭᓯᐊᓂ ᑎᒥᕕᑦ ᐋᓐᓂᐊᓕᖅᑕᐃᓕᔾᔪᑎᖕᒐᓄᑦ ᖃᓄᐃᓕᐅᖅᑎᑕᐅᑦᑕᐃᓕᓗᓂ ᑎᒥᕕᑦ ᐃᓗᐊᓂᑦ ᐅᕝᕙᓘᓐᓃᑦ...
- ᐳᕙᓪᓗᖕᓇᖅᑐᖃᓕᕐᓗᑎᑦ ᐋᓐᓂᐊᓕᕈᑎᒋᓕᕐᓗᒍᓗ **ᐳᕙᓪᓗᓕᕐᓗᑎᑦ — ᐳᕙᓪᓗᓕᑦᑖᒍᖕᓇᖅᑐᑎᑦ ᑎᒥᖕᓄᑦ ᐃᑎᖅᓯᒪᓕᓵᖅᑎᓪᓗᒍ** (ᓱᕐᓗ ᐱᓇᓱᐊᕈᓲᑦ ᑕᖅᑮᓪᓗᓐᓃᑦ ᐃᓗᐊᓐᓂᑦ) ᐅᕝᕙᓘᓐᓃᑦ ᐅᑭᐅᑦ ᖃᔅᓯᑐᐃᓐᓇᐃᑦ ᖄᖕᒋᖅᓯᒪᓕᕈᑎᒃ.

ᐳᕙᓪᓗᖕᓂᖃᕈᒪ, ᐃᓚᓐᓈᓐᓄᑦ ᐃᓚᒋᔭᓐᓄᓪᓗ ᑐᓂᔪᖕᓇᖅᐸᕋ?

ᐳᕙᓪᓗᖕᓂᖅ ᖃᓄᐃᓕᐅᖅᑎᑕᐅᑦᑕᐃᓕᓯᒪᒍᓂ ᑎᒥᖕᓄᑦ ᑐᓂᔪᖕᓇᖕᒋᑦᑕᑦ ᐊᖕᒋᖕᓄᑦ.

ᐳᕙᓪᓗᓪᓚᑦᑖᕐᓂᖅ ᑐᓂᔪᖕᓇᖅᑕᑦ ᐊᓯᖕᒋᓐᓄᑦ ᖃᑦᓚᖕᓂᒃᑯᑦ, ᑕᒋᐅᒃᑐᕐᓂᒃᑯᑦ, ᐅᖃᑦᓚᖕᓂᒃᑯᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐃᖕᒋᕐᓂᒃᑯᑦ ᐳᕙᓪᓗᖕᓇᖅᑐᖅ ᐳᕙᖕᓃᓐᓂᕈᓂ ᐅᕝᕙᓘᓐᓃᑦ ᐊᓂᖅᓵᕈᑎᖕᓃᓐᓂᕈᓂ. ᐳᕙᓪᓗᖕᓇᖅᑐᕐᒥᒃ ᑐᓂᓯᔪᖕᓇᖕᒋᑦᑐᑎᑦ ᑎᒍᑎᓂᒃᑯᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐃᒥᕐᕕᖕᓂᒃ ᓂᕆᔾᔪᑎᓂᒡᔫᓐᓃᑦ ᐊᑐᖅᑕᕐᓂᒃ ᐊᓯᖕᓄᑦ ᐊᑐᖅᑕᐅᒍᑎᒃ. ᐋᓐᓂᐊᓕᕈᑕᐅᔪᖕᓇᖅᑐᑦ ᑎᒥᐅᑉ ᐃᓗᐊᓂᑦ ᐃᖕᒋᕋᔪᖕᓇᖅᑐᑦ ᐋᓐᓂᐊᓕᕈᑎᒋᓕᕐᓗᖕᓂᓗ ᑭᓯᐊᓂ ᐳᕙᖕᓃᒍᒪᓂᖅᓴᐅᕙᒃᑐᑦ ᐳᕙᓪᓗᒡᓕᖅᑎᑦᑎᓕᕐᓗᑎᒃ.

ᖃᓄᖅ ᐃᒃᐱᒋᓂᐊᖅᐳᖕᒐ ᐳᕙᓪᓗᖕᓇᖅᑐᕐᖃᕈᒪ?

ᐳᕙᓪᓗᖕᓇᖅᑐᕐᖃᕈᕕᑦ ᖃᓄᐃᓕᐅᖅᑎᑕᐅᑦᑕᐃᓕᓯᒪᔪᒥᒃ, ᑎᒥᕕᑦ ᐃᓗᐊᓃᒃᑯᓗᐊᕐᓗᓂ ᐋᓐᓂᐊᓕᕈᑎᒋᓕᙱᑦᑕᑦ.

ᐳᕙᓪᓗᑦᓚᑦᑖᓕᕈᕕᑦ, ᐋᓐᓂᐊᓕᕈᑎᒋᓂᐊᖅᑕᑦ ᓇᓗᓇᙱᓂᖅᓴᐅᔪᖅ ᓱᕐᓗ ᖃᐅᔨᓐᓇᕐᓗᓂ ᐃᒫᒃ:

- ᖃᑦᓚᒃᑐᕐᓗᑎᑦ ᐱᖕᒐᓱᑦ ᐱᓇᓱᐊᕈᓲᑦ ᐅᖕᒐᑖᓂᑦ
- ᖃᑦᓚᒃᑐᕋᖕᒐᕕᑦ ᖃᐅᖅᓯᖃᑦᑕᕐᓗᑎᑦ
- ᐃᓛᓐᓂᒃᑯᑦ ᖃᑦᓚᒃᑐᕋᖕᒐᕕᑦ ᐊᐅᖑᖃᑦᑕᕐᓗᓂ
- ᓴᙱᓕᓯᒪᔫᔭᕐᓗᑎᑦ ᐅᕝᕙᓘᓐᓃᑦ ᑕᖃᒻᒪᓇᒡᓗᑎᑦ
- ᒃᙱᓗᑎᑦ
- ᐅᕿᒡᓕᕙᑦᓕᐊᓗᑎᑦ
- ᐆᓇᖅᓯᓯᒪᓗᑎᑦ
- ᐅᓐᓄᐊᒃᑯᑦ ᐃᐱᓕᖃᑦᑕᕐᓗᑎᑦ ᖃᐅᓯᖃᑦᑕᕐᓗᑎᑦ
- ᓴᖅᑲᕐᓗᒡᓗᑎᑦ

ᓇᓕᐊᖕᓂᑐᐃᓐᓇᖅ ᑕᒪᒃᑯᓂᖕᒐᑦ ᐋᓐᓂᐊᕈᑎᖃᕈᕕᑦ, ᐋᓐᓂᐊᕐᕕᓕᐊᕐᓗᑎᑦ ᖃᐅᔨᓴᖅᑕᐅᒋᑦ.

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ᖃᓄᖅ ᖃᐅᔨᒪᓂᐊᖅᐳᖓ ᐳᕙᓪᓗᖕᓂᖃᑭᒪ?

ᒪᑯᐊ ᐳᕙᓪᓗᖕᓂᖃᙱᒃᑲᓗᐊᕐᒪᖕᒑᖅᐱᑦ ᖃᐅᔨᓴᕈᑕᐅᕙᒃᑐᑦ:

- ᐋᓐᓂᐊᖅᑐᓕᕆᔭᐅᖃᑦᑕᖅᓯᒪᓂᑎᑦ (ᐱᓗᐊᖅᑐᒥᒃ ᐳᕙᓪᓗᐊᒃᑐᓕᕆᔭᐅᓯᒪᓂᑎᑦ)
- ᐋᓐᓂᐊᕈᑎᒋᔭᑎᑦ ᖃᐅᔨᓴᖅᑕᐅᓗᑎᒃ
- ᐅᕕᓂᒃᑯᑦ ᕿᓯᒃᑯᑦ ᖃᐅᔨᓴᖅᑕᐅᓗᑎᑦ ᐳᕙᓪᓗᙱᒃᑲᓗᐊᕐᒪᖕᒑᖅᐱᑦ
- ᓴᖅᑲᒃᑯᑦ ᐊᔾᔨᓕᐅᖅᑕᐅᓗᑎᑦ
- ᖃᓪᓚᒃᑐᕐᓗᓂ ᖃᐅᖅᓯᓐᓂᑦ ᓯᖅᑮᓪᓘᓐᓂᑦ ᖃᐅᔨᓴᖅᑕᐅᓗᓂ

ᑕᒪᒃᑯᐊᓕᒫᑦ ᐃᓚᐃᓐᓇᙱᓪᓘᓐᓂᑦ ᖃᐅᔨᓴᖅᑕᐅᓂᙱᑦ ᖃᐅᔨᒪᓕᖅᑎᑦᑎᓂᐊᖅᑐᑦ ᐋᓐᓂᐊᖅᑐᓕᕆᔨᒥᒃ ᐳᕙᓪᓗᖕᓇᖅᑐᖃᕐᒪᖕᒑᖅᐱᑦ ᐅᕝᕙᓘᓐᓂᑦ ᐳᕙᓪᓗᓪᓚᑦᑖᕐᒪᖕᒑᖅᐱᑦ.

ᖃᓄᖅ ᐊᒻᒪᓗ ᓱᓇᐅᕙᑦ ᐳᕙᓪᓗᖕᓇᖅᑐᖅᑖᕈᑎᒋᓗᐊᕈᖕᓇᖅᑕᒃᑲ?

ᑕᐃᒃᑯᐊ ᐳᕙᓪᓗᓪᓚᑦᑖᓕᕋᔪᖕᓇᖅᓴᐅᔪᑦ ᐃᒪᐃᑦᑑᔪᑦ:

- ᐳᕙᓪᓗᖕᓇᖅᑐᖃᕐᓂᖕᒋᓐᓂᒃ ᖃᐅᔨᔭᐅᓵᓚᐅᖅᑐᑦ (ᐱᓗᐊᖅᑐᒥᒃ 2 ᐅᑭᐅᑦ ᖁᖕᒋᖅᑐᑦ ᐃᓗᐊᓂᑦ)
- ᓄᑕᕋᑦ (ᐱᓗᐊᖅᑐᒥᒃ 5 ᐊᑖᓂᑦ ᐅᑭᐅᓖᑦ)
- ᐳᕙᓪᓗᓪᓚᑦᑖᓚᐅᖅᑐᑦ ᒪᒥᓴᖅᑕᐅᑦᑎᐊᙱᓚᐅᖅᓱᑎᒡᓗ ᐅᕝᕙᓘᓐᓂᑦ ᒪᒥᓴᖅᑕᐅᓚᐅᖅᑐᑦ 1970-ᖕᒋᑦ ᑎᑭᓚᐅᙱᑎᓪᓗᒋᑦ ᓱᓕ
- ᐃᔭᕋᖅᐸᒃᑐᑦ ᑎᒥᐅᑉ ᐋᓐᓂᐊᖅᑕᐃᓕᔾᔪᑎᖓᓂᒃ ᓴᙱᓕᖅᑎᑦᑎᕙᒃᑐᓂᒃ
- ᑕᐃᒃᑯᐊ ᐊᓯᖕᒋᓐᓂᒃ ᐋᓐᓂᐊᕈᑎᖃᖅᑐᑦ ᓱᕐᓗ:
  - ᐊᓴᐱᒃᓴᖅ/ᐊᓴᐱ
  - ᐊᓯᐊᓂᒃ ᑎᒥᐅᑉ ᐃᓚᖓᓂᒃ ᑐᓂᔭᐅᓯᒪᔪᑦ
  - ᑕᖅᑐᓪᓗᒃᑐᑦ
  - ᐃᓚᖕᒋᑦ ᑳᓐᓴᑦ ᐊᒻᒪᓗ ᑳᓐᓴᓂᒃ ᑐᕐᑯᓴᐅᑎᑦ
  - ᓱᑲᖅᑲᓗᐊᕐᓂᖅ
  - ᐅᕐᑭᓗᐊᕐᓂᖅ

ᖃᓄᖅ ᐳᕙᓪᓗᖕᓂᖅ ᒪᒥᓴᖅᑕᐅᕙᒃᐸ?

ᐳᕙᓪᓗᖕᓇᖅᑐᖃᕈᕕᑦ (ᖃᓄᐃᓕᐅᖅᑎᑕᐅᑦᑕᐃᓕᓯᒪᔪᒥᒃ), ᐃᔭᒐᖅᑎᑕᐅᔪᖕᓇᖅᑐᑎᑦ *antibiotic*-ᓂᒃ ᐳᕙᓪᓗᓪᓚᑦᑖᓕᖅᑎᑕᐅᑦᑕᐃᓕᒐᓱᒃᓗᑎᑦ. ᐃᔭᒐᖅᑎᑕᐅᔪᖕᓇᖅᑐᑦ 9 ᑕᖅᑭᕐᓄᑦ. ᐱᒻᒪᕆᐅᔪᖅ ᑕᒪᑦᑎᐊᕐᒥᒃ ᐃᔭᒐᒃᓴᑎᑦ ᐊᑐᑦᑎᐊᓗᒃᑖᕐᓗᒋᑦ.

ᐳᕙᓪᓗᓪᓚᑦᑖᕈᕕᑦ, ᐃᔭᒐᖅᑎᑕᐅᔭᕆᐊᖃᖅᑐᑎᑦ *antibiotic*-ᓂᒃ ᑐᕐᑯᑎᖅᑕᐅᓗᒃᑖᕐᓗᑎᒃ ᐳᕙᓪᓗᖕᓇᖅᑐᓕᒫᑦ ᒪᒥᑕᐅᒻᒪᕆᒡᓗᑎᑦ ᐳᕙᓪᓗᖕᓂᕐᒥᒃ. ᐃᔭᒐᖅᑎᑕᐅᔪᖕᓇᖅᑐᑎᑦ ᑕᖅᑭᕐᓄᑦ 6-ᓂᑦ 9-ᒧᑦᑑᓐᓃᑦ.

ᐳᕙᓪᓗᖕᓂᕐᒧᑦ ᐃᔭᒐᑦ ᑐᓂᔭᐅᕙᖕᓂᖅᓴᐅᔪᑦ ᐃᓕᓐᓂᐊᖅᑎᑕᐅᓯᒪᔪᕐᒧᑦ ᐋᓐᓂᐊᖅᑐᓕᕆᔨᒧᑦ ᐃᓕᖕᓂᒃ ᖃᐅᔨᓴᕐᑎᐊᕐᓗᓂ ᑕᐅᑐᖃᑦᑕᕐᓗᓂᓗ ᐃᔭᒐᖅᑐᖅᑎᓪᓗᑎᑦ.

ᓯᓕᔪᖅ: ᐃᔭᒐᖅᑐᕈᖕᓇᐃᕈᕕᑦ ᐱᔭᕇᖕᒋᑎᓪᓗᒋᑦ ᓱᓕ ᐅᕝᕙᓘᓐᓂᑦ ᐃᔭᒐᖕᒋᑦᑎᐊᒻᒪᕆᒃᑯᕕᑦ, ᓴᖕᒋᓂᖅᓴᕐᒥᒃ ᐳᕙᓪᓕᓗᕈᖕᓇᖅᑐᑎᑦ. ᑕᐃᒪᓕᕐᓂᕈᓂ ᑕᐃᒃᑯᐊ ᐊᑲᐅᓂᖅᐸᑦ ᐳᕙᓪᓗᖕᓂᕐᒥᒃ ᒪᒥᓴᐅᑎᑦ ᐃᔭᒐᑦ ᓱᕙᓪᓗᕈᑕᐅᔪᐃᖕᓇᐃᓕᕈᖕᓇᖅᑐᑦ. ᐃᔭᒐᕐᒧᑦ ᑐᕐᑯᑎᖅᑕᐅᔪᖕᓇᖕᒋᑦᑐᖅ ᐳᕙᓪᓗᖕᓇᖅᑐᖃᓕᕐᓗᓂ. ᑕᐃᒪᐃᑦᑐᑦ ᐊᔪᕐᓇᕐᓂᖅᓴᒻᒪᕆᐅᔪᑦ ᒪᒥᓴᕆᐊᒃᓴᖅ.

ᖃᓄᐃᓕᐅᕈᖕᓇᖅᐳᖓ?

ᐋᓐᓂᐊᖅᑐᓕᕆᔨᒥᒃ ᐅᖃᖃᑎᖃᕐᓗᑎᑦ ᐳᕙᓪᓗᖕᓇᖅᑐᖃᓕᕈᖕᓇᕐᓂᕐᓂᒃ.

ᐅᔾᔨᖅᑐᑦᑎᐊᕐᓗᑎᑦ ᐳᕙᓪᓗᖕᓂᕐᒥᒃ – ᖃᐅᔨᒪᒋᐊᕐᓗᒋᑦ ᐋᓐᓂᐊᕐᓃᑦ ᖃᐅᔨᓐᓇᕈᑕᐅᔪᖕᓇᖅᑐᑦ ᐳᕙᓪᓗᖕᓂᕐᒥᒃ ᐊᒻᒪᓗ ᓇᖕᒥᓂᖅ ᐊᓯᖕᓂᓪᓗ ᐅᔾᔨᖅᑐᑦᑎᐊᕐᓗᑎᑦ.

ᐋᓐᓂᐊᓕᕈᕕᑦ ᐳᕙᓪᓗᖕᓂᖃᖅᑐᑎᑐᑦ ᖃᐅᔨᓴᖅᑕᐅᑲᐅᑎᒋᓗᑎᑦ. ᐳᕙᓪᓗᖕᓂᖅ ᖃᐅᔨᔭᐅᑲᐅᑎᒋᒍᓂ ᒪᒥᓴᖅᑕᐅᓗᓂᓗ, ᐊᓯᖕᒋᓐᓄᑦ ᑐᓂᙱᓂᖅᓴᐅᓕᕈᖕᓇᖅᑕᑦ ᐊᒻᒪᓗ ᒪᒥᑦᑎᐊᒻᒪᕆᒍᓐᓇᕐᓂᖅᓴᐅᓗᑎᓪᓗ.

ᐳᕙᓪᓗᖕᓂᐅᑉ ᒥᒃᓵᓄᑦ ᑐᑭᓯᐊᔭᕐᓂᒃ ᖃᐅᔨᒪᔭᕐᓂᒃ ᐅᖃᐅᓯᖃᖃᑦᑕᕐᓗᑎᑦ ᐃᓚᒋᔭᕐᓄᑦ, ᐃᓕᓐᓂᐊᕐᕕᖕᓂᑦ, ᐊᒻᒪᓗ ᓇᓂᑐᐃᓐᓇᖅ ᓄᓇᓕᖕᒥᐅᖃᑎᖕᓄᑦ.

ᐃᑲᔪᖅᑐᑦᑎᐊᖃᑦᑕᕐᓗᒋᑦ ᓄᓇᓕᖕᒥᐅᖃᑎᑎᑦ ᐊᒃᑐᖅᑕᐅᓯᒪᔪᑦ ᐳᕙᓪᓗᖕᓂᕐᒧᑦ. ᐳᕙᓪᓗᖕᓂᖅ ᐊᒃᑐᐃᔪᖕᓇᖅᑐᑦ ᑭᓇᑐᐃᓐᓇᕐᑎᐊᕐᒥᒃ, ᓇᓂᑐᐃᓐᓇᕐᑎᐊᕐᓗ – ᓈᒻᒪᕐᑎᐊᖅᑐᑦ ᐃᔭᒐᐃᑦ ᐃᑲᔪᕈᑎᒃᓴᓪᓗ ᒪᒥᓴᕈᑕᐅᔪᖕᓇᖅᑐᑦ ᐳᕙᓪᓗᖕᓂᕐᒥᒃ.

ᐳᕙᓪᓕᖕᓂᖅ ᓄᖅᑲᖅᑎᓚᐅᖅᑎᒍᑦ