



Knowledge in Motion: Healthy Aging in Northern and Indigenous Communities

Janet E. McElhaney, MD, FRCPC, FACP

HSN Volunteer Association Chair in Healthy Aging

VP Research and Scientific Director

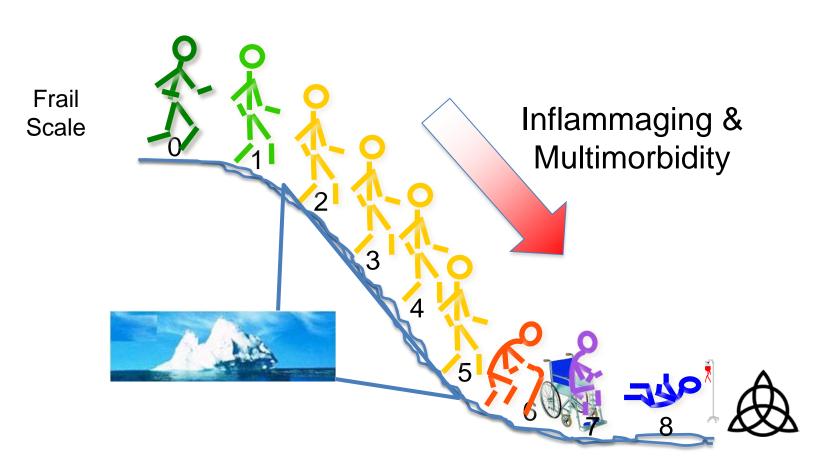
Health Sciences North Research Institute

Professor, Northern Ontario School of Medicine

Sudbury, ON

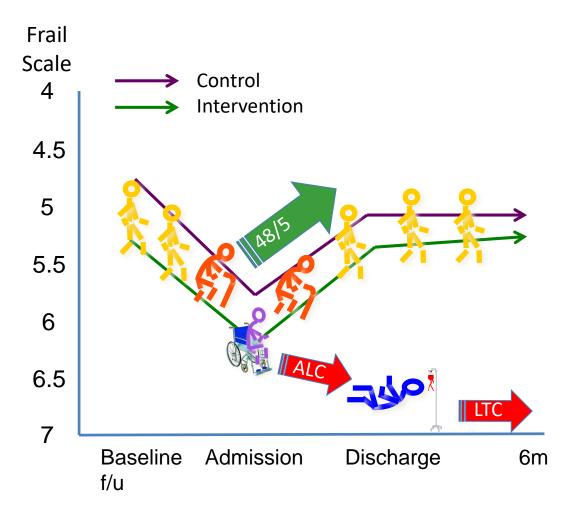


Vulnerability with Aging





48/5: Promoting vitality in hospital



In the first 48 hours of hospital admission:

- 1. Delirium
- 2. Medications
- 3. Mobility
- 4. Nutrition
- 5. Elimination

Mobility: the 5th vital sign

Federal Investments in Northern Health Research & Innovation

 HSNRI research is supported by CIHR, NSERC, and Canadian Consortium on Neurodegeneration of Aging

 HSNRI also seeks complementary economic development/ infrastructure funding supports through programs such as FedNor (Industry Canada) and Network Centres of Excellence











Population Health Ecosystem for Ontario's Northern and Indigenous Communities (PHEONICS Platform)

Advancing pan-Northern collaboration on health innovation using digital health technology to improve access, increase efficiency and improve outcomes for patients through:

- innovation ecosystem of researchers, industry, clinicians, regulators and patients built on a high speed computer platform
- designed to stimulate research and development on healthcare priorities of direct interest and benefit to Northern populations
- as a means to further the broader goals of Northern health equity and economic prosperity.