### View this email in your browser



Your support has made it possible for Second Harvest to quickly respond to some of the rising challenges caused by the COVID-19 pandemic. Click <u>here</u> to read some highlights from this past month.



Reorganize your fridge and pantry to mark a special spot for food you should use first!

Did you know? The Best Before Date tells you how long your food will taste fresh, not how safe it is to eat! (Always be careful! When in doubt, follow your nose)

How many times have you found a yogurt cup, a stray apple or a jar of pasta sauce in the back of your fridge? Much of the food wasted in Canada has to do with confusion around food labels and best before dates. But sometimes, we just forget.

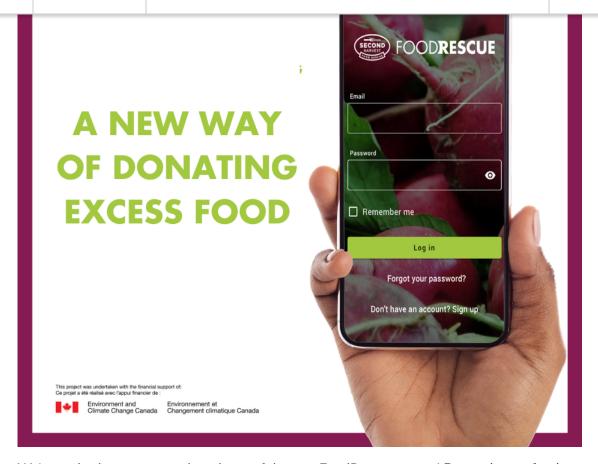
Here's a challenge: next time you get a fresh batch of groceries, make a little space for food you should probably use first. Most things in our fridges and pantries cross miles to get to our kitchen so, we can be sure they have the fight to survive a new environment. How much fight? That is what labels, shells and peels are for.

Get familiar with the lifecycle of your food by taking our <u>20-minute Food Date Label</u>

<u>Training</u>, check out the interactive <u>Food Storage Directory</u> or print off our

<u>Best Before Guide for your fridge</u>.

Learn more about Food Date Labels



We're excited to announce the release of the new FoodRescue.ca app! Do you have a food business with surplus food to donate? Join us in ensuring good food gets to people who need it. Take a <u>virtual tour</u> and learn how you can make a difference in your community.

Download the app in the **App Store** and **Google Play** today.

### **AGENCY HIGHLIGHTS**



Toby's Place:
A loving and affirming space for LGBTQ youth



Agency Spotlight:

YMCA Sprott House





"Share the Love" is a global fundraising initiative to help those affected by COVID. Post a heart, donate online and nominate your friends to do the same!

Go on, Share the Love!



Birthdays might look at little different this year but we have the solution to make sure it a day to remember!

Plan your virtual party!



Register today and join the Toronto Food Run Challenge! A new 6-week challenge to help us get active and raise funds in support of Second Harvest. Learn more!



100% of profits from Farmacy's Hand Sanitizer will be donated to Second Harvest. Infused with grapefruit and aloe to keep your hands soft and nourished, Farmacy's newest product is a must have. **Get yours now!** 

### **Lunch Money Day 2020**

Be a #SecondHarvestHero and do your part to tackle food waste and hunger in Canada!

Take the #LunchMoneyDay challenge to cut your food waste at home and help Second Harvest get fresh surplus food into plates, not landfills.

Are you up for the challenge?

### Learn more!





### **HERO RAFFLE 2020**

On Friday, June 19<sup>th</sup>, Second Harvest drew the winning numbers for our 2020 Second Harvest Hero Raffle live on our Facebook and Instagram pages. This raffle has become a very popular fundraiser in workplaces and schools across the GTA and has provided immense support for our food rescue operations. The winning numbers can be found <u>here</u>.

### **Read More!**



In response to COVID-19, the LCBO launched a fundraising campaign to sustain essential food relief programs in communities across Ontario. We are so proud to have been chosen as one of the recipients. With the generous support of LCBO customers, the \$1.1 million raised will help support our second distribution centre, and allow us to rescue and re-distribute even more food to Canadians in need. Thank you to the LCBO and all our fellow Ontarian's who supported this incredible initiative. We are so grateful for this amazing gift! <a href="Watch">Watch</a> as LCBO President & CEO, George Soleas, delivers the wonderful news.

From May 15 - June 1 giving back got a lot more simple with

# SimpleTax

Thank you for raising nearly **80,000** meals for Second Harvest!

We are so grateful for our partners at Simple Tax! Through their support, customers were able to donate a portion of their income tax return to Second Harvest from May 15th – June 1st.

We are thrilled to recognize Simple Tax and their generous customers!

Thank you!



Mission Summer 2020: Second Harvest and Tims' Hero Cup! (Breakfast Television)

COVID-19 is hitting communities that are socially and economically marginalized the

hardest (Global News)

Teaming up to fight hunger (The Globe & Mail)

Bringing Toronto back to its feet program: Second Harvest (Breakfast Television)

Companies come together to produce \$3.6 million food donation in north (Winnipeg Sun)



### THANK YOU TO OUR GENEROUS DONORS







Gilbert & Elisa Palter Family Foundation





The Lang
Family Foundation

Nathan And Lily Silver Family Foundation









Uber Freight



## Thank you for your continued support!

# You helped us serve 519,000 Canadians last year!











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