

# Protect against COVID-19



One person to offload and onload  
equipment where possible

**If you have symptoms,**  
take the self-assessment at [ontario.ca/coronavirus](https://ontario.ca/coronavirus).  
Or call your primary care provider  
or Telehealth Ontario at  
toll-free: 1-866-797-0000

For more information,  
visit [ontario.ca/coronavirus](https://ontario.ca/coronavirus)