

# CHECK-LIST FOR NEXT STEPS

## GETTING STARTED:

The following list includes suggestions from other parents. It's important to remember that there is not one process to transition, so some steps may not be applicable.

- Talk to your child
- Know your options – Look to see if your child's school or school board has their own policy around supporting or accommodating trans, intersex, Two Spirit or gender diverse students
- Make decisions together – Go through the template for the Accommodation and Disclosure Plans
- Identify your allies in the school – These will be members of your child's Gender Affirming Support Team
- Book a meeting to start the conversation with identified allies or Gender Affirming Support Team
- If necessary, book an appointment with the teachers or staff who directly interact with your child. If you anticipate any challenges occurring, you can reach out to any identified allies to help facilitate this discussion. In this meeting, you should discuss or communicate:
  - Your child's accommodations and needs
  - Your expectations of them in implementing these accommodations or needs
  - How to accommodate or prepare for guest educators like supply teachers and field trips
- Follow up with your child and maintain an ongoing discussion – Use the Gender Diverse Inclusion Report Card to evaluate how well the school is implementing the accommodations
- Get your own support if you need it