



### Oshki-aakoziwin (GOOBID-19)

#### JI-GIBITINIGAADEG GOOBID-19 GAA-DANANOKIYEG: WIINDAMAWAAWAG GAA-ANOKII'IWEEWAAD GAYE ANOKIIMAAGANAG GAYE GODAK WIIJI'IEWWINING GAA-ANOKIIWAAD

Omaa Gaanada Akiing, nin-gagwe-izhichigemin ji-gibitinigaadeg iwe Oshki-aakoziwin GOOBID-19. Aanind gaa-dananokiing, nawach ajina eta anokiiwaad gaa-anokiiwaad da-onizhishin, gemaa giba'igaadeg iwe anokiiwin ajina. Niibiwa gaa-anokiiwaad gii-inaawag ji-abiwaad endaawaad, gaye gaa-izhi-daawaad ji-ondanokiiwaad, aanind gaye gii-inaawag giyaabi ji-ando-anokiiwaad ozaam aaniish gichi-inendaagwanini odanokiiwiniwaa ji-bimosemagak Gaanada.

Igi gaa-gitaabadiziwaad gaa-anokiiwaad amii imaa mashkikiwining endananokii-waad, gaye e-wiiji'iwewaad gegoo gaa-izhi-aabadak ji-bimaadizing. Amii ogo daabishkoo, nitam gaa-dagoshinowaad gii-andomind aakozii-odaabaan, gaa-waakaa'igewaad, waasigan gaa-bamitoowaad, gaye igi miijim gaye mashkiki gaa-ozhitoowaad gaa-adaawaagewaad.

Gakina dash anokiimaaganag [inaawag waawaasa ji-gagwe-niibawiwaad gii-nagi-shkodaadiwaad odanokiiwiniwaa](#) gaye [ji-beki'idizowaad](#) ayaawaad endaawaad, giyaabi dash niwii-wiindamaagemin ge-izhichigewaad ogo anokiimaaganag gaa-gichi-inanokiiwaad. Gaa-anokii'iwewaad gaye anokiimaaganag da-wiidanokiimidiwag ji-mino-ayaa-waad igi gaa-anokiiwaad gaye gaa-adaawewaad ji-onji-minochigemagak iwe izhichigewin ji-ayaamagak miijim gaye mashkiki gaye gakina gegoo.

**Gaa-anokii'iwewaad o-daa-biminizha'aanaawaan gaa-gii-inindwaa [ji-biminizha'i-gaadegin](#) gaa-dananokiing gaye adaawewegamigong megwaa ayaamagak owe aakoziwin GOOBID-19.**

### Gakina Anokiimaaganag

Gakina anokiimaaganag o-daa-nisidotaanaawaa gaye daa-izhichigewag gaa-inindwaa ji-izhichigewaad gaa-dananokiiwaad ji-aakozisigwaa:

#### Apanego bekininjiin:

- [Giziininjiin](#) nasine giziibiiga'igan gaye nibi ji-aabajitooyin ngojigo 20 daso-diba'iganensens
- Giishpin giziininjiisiwan, ishkodewaaboong gaa-onji-ozhichigaadeg giziinigan aabajitoon.
- Gego zaaminangen gishkiinzhigoon, gijaan gidoon.
- Ginagwaying izhi-ososodan gemaa izhi-jaachaamon.
- Gego zaaminangen gaa-izhi-zaaminamowaad niibiwa awiyag.





- Michi-waata'igen waabamad awiya, gego zagininjiinaaken.
- Gighskan gegoo gaa-miinigooyin ji-aagawi'idizoyin.

#### **Bekitoon biinitoon gaa-izhi-ayaayin:**

- Aabajitoon [giziiniganan](#) ji-biinitooyin gaa-dazhiikaman gaa-danano-kiiyin, giigidowinens, gaa-daataanginaman gaye gegoo gaa-nitaa-zaaminaman daabishkoo ishpaandawebizon, gaye wiisiniwigamigong ishkwaandeman memindage giishpin wiininaagwakin.
- Giishpin gashkitooyin, giziinan ini gaa-nitaa-zaaminaman daabishkoo giigidowin-ensan daataanginigan gaye wegonen igo gaa-nitaa-aabajitooyin 70% ishkode-waaboong gaa-onji-ozhichigaadegin giziiniganensan.

#### **Waasa onjigaabawin:**

- Ngojigo ngodwaaso-mizid onji-niibawin megwaashkawadwaa awiyag.
- Nawach waawaasa atoon desabiwinan adoopowinan gaa-dananokiiyin.
- Gego izhichigekeg ge-onji-ashijigaabawiwaad awiyag gaa-dananokiiyin, daabishkoo giimaawadoobiyeg ji-dazhindameg gegoo.
- Giishpin nagishkodaadiyeg aapiji ajina eta gi-daa-nagishkodaadim.

#### **Giishpin GOOBID-19 aakoziwin ndayaan inamanji'oyin:**

- Giishpin GOOBID-19 ndayaan inendaman, owe aabajitoon [giinigo ji-gikenindizoyin](#) ji-nanaandogikendaman ge-izhichigeyin.
- Gichi-inendaagwan giishpin bezhig gegoo inamanji'oyin GOOBID-19, daabishkoo (gizhizoyin, ososodaman gemaa agaawaa bagidanaamoyin) gi-daa-ab endayin ji-aazhoowaasiwadwaa godak awiyag.
- Giishpin bangii eta [inamanji'oyin](#) gaa-dananokiiyin, bikish ayaan amii dash izhi-giwen, gego bus gichi-odaabaan booziken gemaa daakisii.
- Ganoosh [Mino-ayaawin Gaa-naagajitoowaad](#) gaye izhichigen gaa-izhi-wiindamawikwaa.
- Giishpin zhooniyaa onji-ojaanimendaman owe apii, Gaanada Ogimaa [da-wiiji'iwe](#).

#### **Gaa-anokii'iwewaad**

Ozhitoog inakonigewinan gaa-dananokiiyeg ji-gibitinigaadeg GOOBID-19 gaye weweni ji-wiindamawindwaa gaa-anokiiwaad gaye ji-nisidotamowaad.

- Biminizha'amog [wiindamaagewinan](#) jigikendamowaad gaa-anokii-waad imaa gidanokiiwining aaniin ge-izhichigeng GOOBID-19 gii-ayaamagak.



- Enigok waawiindamawikog gidanokiimaaganiwaag jigikendamowaad aaniin ge-ayizhiywaad ayaamagak iwe GOOBID-19.
- Agwa'an ge-agindamowaad awiyag ji-biindigesigwaa imaa gaa-dananokiiyeg.
- Agwa'an ge-agindamowaad awiyag ji-bagidanaamowaad waawaasa, ji-giziininj-iiwaad weweni gaye godak izhichigewinan.
- Giishpin gashkitooyeg, izhichigeg giigidowining ji-onji-nagishkodaadiyeg, gaye gaawiin aapiji ozhibii'igewigamigong ji-ayaasiweg, maagizhaa aanind da-izhaa-wag aanind dash gaawiin, da-meshkojishkaawag dash.
- Gego maawaji'idikeg, gemaa gego ngoji izhaakeg ji-bimaashiyeg.
- Naagadawaabandan aaniindi ezhi-baatiinowaad ako awiyag, gaa-izhi-okwiino-waad, amii dash maajii-giziinan imaa gaa-zaaminamowaad gegoo daabishkoo adoopowinan.
- Wiindamaw gaa-anokiiwaad imaa waawaasa ji-atenigin odadoopowiniwaan gaa-dananokiiwaad, gaye waawaasa ji-naaniibawiwaad.
- Izhichigen nawach bangii awiyag ji-gaganoonaawaad gidanokiimaaganag, bangii eta ji-biindigewaad gaa-dananokiiyeg, gemaa ndawaa giigidowining izhi-ganoonekwaa awiyag. Ngodwaaso-mizid gi-daa-akogaabawim wiijigaabawitawad gaa-ganoonad. Ayaamagak eta imaa waasechigan ge-onji-ganoonad awiya.

Ayaan giziiniganan giziibiiga'igan gaye nibi ge-aabajichigaadeg ji-bekichigaadeg gaa-dananokiiyeg.

- Da-ayaawan ge-dazhi-giziininjiiwaad gakina awiyag miziwe imaa gaa-dananokii-yeg gaye giziinigan ji-ayaamagak imaa anokiiwigamigong.
- Izhichigen gaa-izhi-baatiinowaad awiyag gemaa maawach moozhag gaa-izhi-zaaminigaadeg daa-bekichigaade niizhing endaso-giizhig.
- Daa-ayaawan giziiniganan ge-aabajitoowaad gaa-anokiiwaad imaa ji-bekitoowaad gaa-dananokiiwaad.
- Ayaan ge-bisikamowaad gidanokiimaaganag ji-aagawi'odiziwaad ji-gaachidinam-osigwaa iwe aakoziwin, gaye gikino'amaw aaniin ge-izhi-bisikamowaad gwayak.

Wiindamaw gaa-anokiiwaad imaa aaniin ge-izhichigewaad maajii-aakoziwaad:

- Gego memwaach biminizha'angen gidinaakonigewinan giishpin aakoziwaad gidanokiimaaganag, maanoo ji-ayaawaad endawaad biinish mino-ayaawaad. Gego memwaach gagwedweken ji-biidoowaad mashkikiwininiwan ozhibii'igan ji-bagidinindwaa ji-giiewewaad giishpin aakoziwaad.
- Giishpin basing booziswaad ji-bi-ando-anokiiwaad, bizaanigo apii mooshkinesig awe bas, daa-bi-anokiiwag ji-baatiinosigwaa awiyag imaa odaabaaning.



- Naanaagadawendan aaniin ge-izhi-giiwewaad gidanokiimaaganag giishpin maajii-aakoziwad megwaa anokiiwaad.
- Maajii-ozhiitaan aaniin ge-izhichigeyin maajii-maatiinowaad gaa-aakoziwaad imaa gaa-dananokiiyin, gemaa gaye giba'igaadenigin gikino'amaadiiwigamigoon.

### Anokiiwin Babaami-ayaawin

- Gaawiin daa-babaami-ayaasiwwag gidanokiimaaganag megwaa owe apii.
- Naanaagadawendang aaniin ge-izhiseg giishpin maanoo ngoji izhaawaad gidan-okiimaaganag, maagizhaa gibitinan bimi-ayaawin ndawaa.
- Ganawaabandan ezhi-wiindamaagooying omaa [bimi-ayaawin mino-ayaawin wiindamaagewin](#).
- Giishpin agwajiing Gaanada Akiing gaa-onji-dagoshinan, endaayin abin niizho-dwaate, 14 dasogon.
- Giishpin biinjiya'ii Gaanada Akiing gaa-izhaayin, nando-gikendan giishpin gegoo e-inamanji'oyin, daabishkoo ososodaman, gizhizoyin agaawaa bagidanaamoyin 14 dasogon.
- Giishpin gegoo [inamanji'oyin](#) daabishkoo ososodaman, gizhizoyin, agaawaa bagidanaamoyin [abin endaayin](#) gaye ganoosh [Mino-ayaawin Gaa-naagajitoowaad](#) gi-ga-wiindamaagoo dash ge-izhichigeyin.

### Giishpin ngoji izhaawaad Gaa-anokiitaagewaad

- Gichi-inendaagwan ji-babaami-ayaawaad aanind anokiimaaganag daabishkoo waasa gaa-bimbizo'aawaad gichi-odaabaana' gemaa ishkode-odaabaaning gaa-anokiiwaad gemaa ishpaasijiganing, ji-onji-bimibideg gidakiiminaan gaye ji-gagwe-gibitinigaadeg GOOBID-19.
- Gaawiin memwaach 14 dasogon daa-abisiwwag endaawaad ogo dagoshinowaad endaawaad giyaabi dash [da-izhichigewag](#) ji-naagajitoowaad maagi-zhaa gegoo inamanji'owaad, zhemaak dash daa-nishikewabiwwag aanawi bangii eta inamanji'owaad.

Gakina gi-daa-dagwiimin ji-ayaasinog iwe GOOBID-19. Giyaabi andawendaman wiindamaagewin, omaa inaabin [Canada.ca/coronavirus](https://Canada.ca/coronavirus) gemaa izhi-giigidon [1-833-784-4397](tel:1-833-784-4397)  
[Canada.ca/le-coronavirus](https://Canada.ca/le-coronavirus)