

Domestic Abuse Community Resource Map



Winnipeg offers a variety of different services that support individuals who have been affected by domestic violence. These resources are located throughout the city. The Domestic Abuse Community Resource Map was developed by Manitoba Justice to assist individuals to identify available resources and access the services that best meet their needs.

Aboriginal Resources

- 1 Native Women's Transition Centre Inc.**
105 Aikins Street
Wpg, MB R2W 4E6 204-989-8240
www.nativewomens.mb.ca
Aboriginal program that helps women and their children achieve stability and initiate the healing process.
- 2 Wahbung Abinoonjjiag Inc.**
225 Dufferin Avenue
Wpg, MB R2W 5N7 204-925-4610
www.wahbung.org
Programs for children, youth, support network and advocacy for women.
- 3 Eyaa-Keen Healing Centre Inc.**
547 Notre Dame Avenue
Wpg, MB R3B 1S2 204-783-2976
www.eyaa-keen.org
Traditional Aboriginal treatment for adult individuals, couples and groups suffering from trauma and major loss.
- 4 Ka Ni Kanichihk Inc.**
455 McDermot Ave
Wpg, MB R2A 0B5 204-953-5820
www.kanichihk.ca
Aboriginal programs and services that focus on wholeness and wellness and build on the strengths and resilience of Aboriginal peoples.
- 5 Ma Mawi Wi Chi Itata Centre Inc**
445 King Street
Wpg, MB R2W 2C5 204-925-0300
www.mamawi.com
Culturally relevant prevention and support-based programs for Aboriginal individuals. (personal development, drop-in, computer lending, crisis intervention, emergency services, etc.)

Family Resources

- 6 Wolesey Family Place/New Realities Program**
691 Wolesey Avenue – lower level
Wpg, MB R3G 1C3 204-788-8052
www.woleseyfamilyplace.com
Individual/couple/family counselling for domestic violence and addictions, co-ed anger management groups.
- 7 South Winnipeg Family Information Centre**
800 Point Road
Wpg, MB R3T 3L8 204-284-9311
www.swfic.org
Delivers programs and services that help people to improve their relationships with their families and communities.
- 8 New Directions for Children, Youth, Adults and Families**
400-491 Portage Avenue
Wpg, MB R3B 2E4 204-786-7051
www.newdirections.mb.ca
Individual, couple and family counselling, training and education programs and residential programs.

- 9 Family Dynamics**
401-393 Portage Avenue
Wpg, MB R3B 3H6 204-947-1401
www.familydynamics.ca
Counselling, family support and education, referral, child care resources, family preservation.
- 10 Couples Counselling Project**
485 Selkirk Avenue
Wpg, MB R2W 2M6 204-790-7221
Helps couples who have experienced abuse/violence in the past work towards an abuse-free relationship.
- 11 Aurora Family Therapy Centre**
The University of Winnipeg
Sparling Hall 2nd Floor
515 Portage Avenue
Wpg, MB R3B 2E9 204-786-9251
http://aurora.uwinnipeg.ca
Offers therapy to families, children, couples and individuals on an ability-to-pay basis.
- 12 Winnipeg Children's Access Agency**
385 River Avenue
Wpg, MB R3L 0C3 204-284-4170
www.wcaa.ca
Provides a range of supervised visitation programs for families who have experienced some level of conflict in their relationships.
- 13 NorWest Co-op Community Health**
785 Keewatin Street
Wpg, MB R2X 3B9 204-938-5900
www.asfc.mb.ca
Provides community based programs and services in primary health care, community development, counselling and support services and early learning and childcare.
- 14 Andrews Street Family Centre**
220 Andrews Street
Wpg, MB R3G 2P1 204-589-1721
www.norwestcoop.ca
Adult and children's programs; drop-in.
- 15 Age and Opportunity/Support Services for Older Adults**
200-280 Smith Street
Wpg, MB R3C 1K2 204-956-6440
Seniors Abuse Support Line (Toll Free) 1-888-896-7183
www.ageopportunity.mb.ca
Provides counselling, support groups, crisis accommodation and assistance with protection orders.

Women and Children's Resources

- 16 North End Women's Centre**
394 Selkirk Avenue
Wpg, MB R2W 2M2 204-589-7347
www.newcentre.org
Information, referrals, counselling, children's programs, outreach, employment programs.
- 17 Klinik Community Health Centre**
870 Portage Avenue, Wpg, MB R3G 0P1 204-784-4090
845 Regent Avenue West, Wpg, MB R2C 3A9 (drop-in) 204-938-5555
545 Broadway, Wpg, MB R3C 0W3 204-784-4067 (drop-in)
www.klinik.mb.ca
Drop in and longer term counselling for victims of domestic abuse and trauma.

- 18 West Central Women's Resource Centre**
640 Elice Avenue
Wpg, MB R3G 0A7 204-774-8975
www.wcwr.ca
Programming, drop-in, clothing room, community support and HOMES Project.
- 19 A Woman's Place**
200 - 323 Portage Avenue
Wpg, MB R3B 2C1 204-940-6624
www.norwestcoop.ca
Legal services, advocacy, children's counselling, referrals and support groups.
- 20 Fort Garry Women's Resource Centre**
1150A Waverley St
Wpg, MB R3T 0P4 204-477-1123
www.fgwrc.ca
Offers free supportive counselling, information, referral, workshops and outreach programs; therapy for children (2-12) who have experienced and/or witnessed domestic violence.
- 21 Pluri-Elles Manitoba Inc.**
114 – 420 rue Des Meurons
Wpg, MB R2H 2P8 204-233-1735
www.pluri-elles.mb.ca
Programs and services related to education, training, economics, culture, health, social services, counselling, employment assistance and French and family literacy programs.
- 22 Women's Health Clinic**
419 Graham Avenue
Wpg, MB R3C 0M3 204-947-1517
www.womenshealthclinic.org
Health and wellness services, advocacy and resources.
- 23 North Point Douglas Women's Centre**
221 Austin Street North
Wpg, MB R2W 3M8 204-947-0321
www.northpointdouglaswomenscentre.org
Counselling, shelter/food, child focused, workshops, social support, health/wellness, employment services, advocacy, referrals.
- 24 The Salvation Army**
Peace of Mind/Healthy Relationship Groups for Women
204-949-2100
Groups are free of charge to women; focus on impact of domestic violence on women and children and creating healthier relationships. Childcare provided.
- 25 Children's Advocate**
100-346 Portage Ave
Wpg, MB R3C 0C3 204-988-7440
www.childrensadvocate.mb.ca
Represent the rights, interests and viewpoints of children and youth who are/should be receiving service under The Child and Family Services Act.
- 26 Macdonald Youth Services**
175 Mayfair Avenue
Wpg, MB R3L 0A1 204- 477-1722
www.mys.mb.ca
Six service areas that provide both placement (ex: residential programming) and community support services.
- 27 Clinical Support Services**
Wpg, MB 204-786-7844
Provides clinical service to students, families and schools in the Winnipeg School Division.

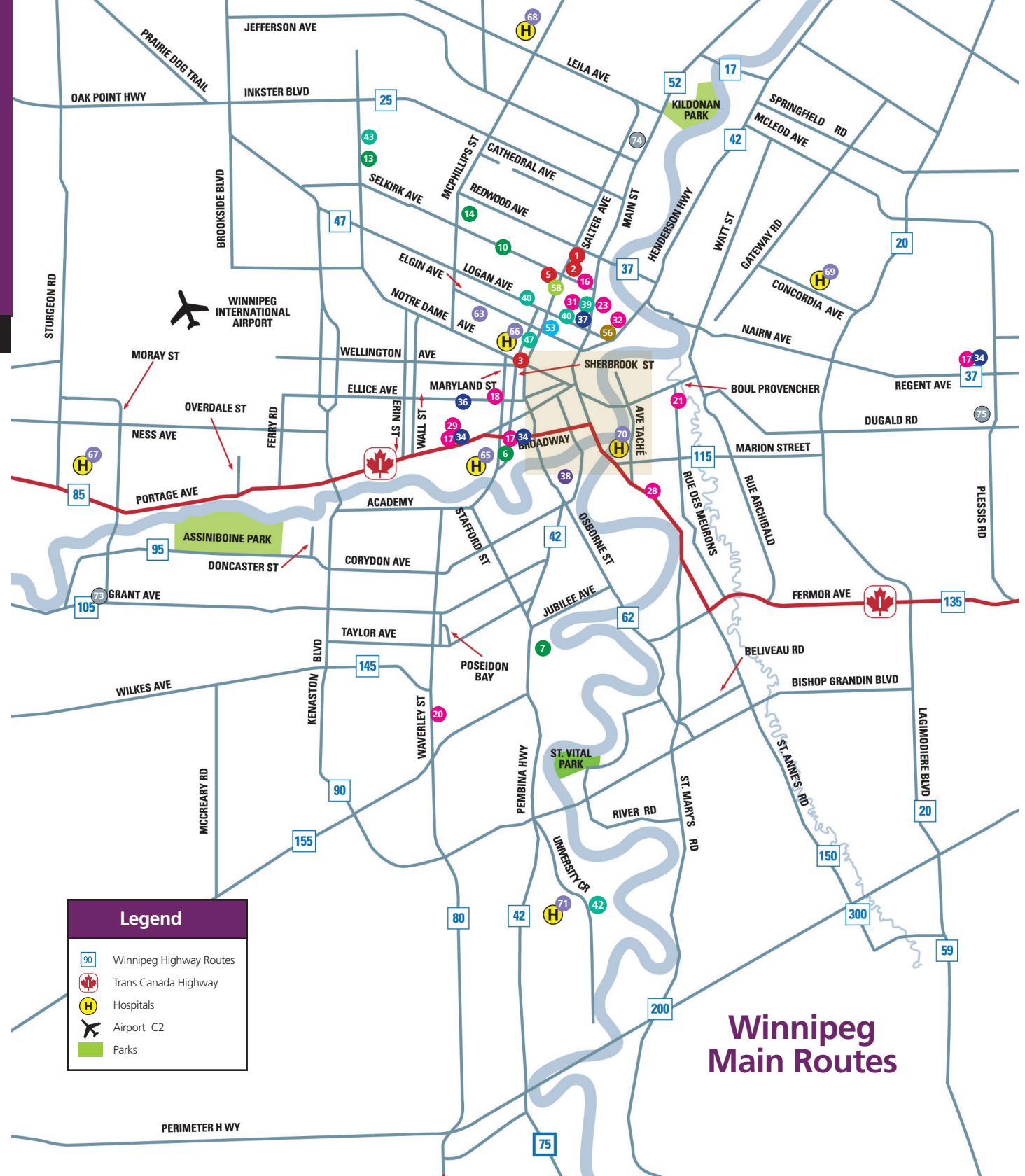
- 28 Manitoba Adolescent Treatment Centre (Centralized Intake)**
165 St. Mary's Road
Wpg, MB R2H 1J1 204-958-9660
www.matc.ca
Provides a range of mental health services to children and adolescents who experience psychiatric and/or emotional disorders.
 - 29 ANCR (All Nations Coordinated Response)**
835 Portage Avenue
Wpg, MB R3G 0N6 204-944-4200
www.ancr.ca
Programs are confidential and ensure that children and families receive the support they need so that children are safe from abuse and neglect.
 - 30 Kid's Help Phone**
1-800-668-6868
24/7 free phone counselling, web counselling, for ages 20 and under, anonymous and confidential.
 - 31 Wahbung Abinoonjjiag - Children of Tomorrow**
225 Dufferin Avenue
Wpg, MB R2W 5N7 204-925-4610
www.wahbung.org
Community based, culturally appropriate services for Aboriginal children (0-6 yrs.) and youth (7-17 yrs.) and their mothers who have experienced multiple forms of victimization.
 - 32 Abinotci Mino-Ayawin (Children's Healing Program) Aboriginal Health and Wellness Centre of Winnipeg, Inc.**
215 – 181 Higgins Avenue
Wpg, MB R3B 3G1 204-925-7504
www.ahwc.ca
Direct services for families with children, which include home visits, counselling, one to one support, parenting programs. Access to Elders and Traditional Healing, advocacy and other community referrals.
- ## Men's Resources
- 33 Men's Resource Centre**
115 Pulford Street
Wpg, MB R3L 1X8 204-415-6797
www.mens-resource-centre.ca
Counselling and support services for men who have experienced trauma and stressors including intimate and family violence.
 - 34 Klinik Community Health Centre**
870 Portage Avenue, Wpg, MB R3G 0P1 204-784-4090
845 Regent Avenue West, Wpg, MB R2C 3A9 (drop-in) 204-938-5555
545 Broadway, Wpg, MB R3C 0W3 204-784-4067 (drop-in)
www.klinik.mb.ca
Drop in and longer term counselling for victims of domestic abuse and trauma.
 - 35 Family Dynamics - Anger Management and Parenting Groups for Men**
401-393 Portage Avenue
Wpg, MB R3B 3H6 204-947-1401
www.familydynamics.ca
Teaches concrete skills of anger management and relaxation. Men with outstanding domestic violence charges are not eligible.
 - 36 Better Fathers Inc.**
Held at: 794 Elice Avenue
Wpg, MB R3G 0B9 204-782-7987
www.betterfathersinc.com
For men in a fathering role who wish to increase their parenting skills and involvement with their children.
 - 37 The Salvation Army**
Choose to Change Program
324 Logan Avenue
Wpg, MB R3A 0L5 204-949-2100
Group counselling for men that have been involved in domestic violence offences.



76
**Manitoba Justice
 Domestic Violence Support
 Service (DVSS)**

Phone: 204-945-6851
 or Toll free: 1-866-484-2846
 Toll free domestic abuse
 crisis line: 1-877-977-0007
 1410-405 Broadway
 Winnipeg, MB R3C 3L6

DVSS helps victims of
 domestic violence when
 criminal charges have
 been laid. They also help
 individuals who have
 received police services
 for domestic violence
 incidents that do not result
 in charges or arrests.



Legend

- Winnipeg Highway Routes
- Trans Canada Highway
- Hospitals
- Airport C2
- Parks

LGBTT* Community (Lesbian, Gay, Bisexual, Transgender, Two-Spirit, Intersex, Queer and Questioning) Resources

38 Rainbow Resource Centre
 170 Scott Street
 Wpg, MB R3L 0L3 204-474-0212 ext. 201
 www.rainbowresourcescentre.org
Provides drop-in and short-term counselling to members of the LGBTT community who are addressing domestic abuse and relationship concerns.*

Newcomer Resources

39 Mount Carmel Clinic/Multi-Cultural Wellness Program
 886 Main Street
 Wpg, MB R2W 5L4 204-589-9475
 www.mountcarmel.ca
Provides trauma-informed, strength based, individual and group counselling for newcomers and refugees.

40 Immigrant Women's Association of Manitoba
 108-424 Logan Avenue
 Wpg, MB R3A 0R4 204-414-9452
 www.ivamanitoba.wordpress.com
Provides programs and services to immigrant and refugee women and their families by providing support, information and referral to other community services and government agencies.

41 Family Dynamics
 401-393 Portage Avenue
 Wpg, MB R3B 3H6 204-947-1401
Provides services to immigrants and refugees.

42 Aurora Family Therapy Centre
 University of Winnipeg
 2nd Floor – Sparling Hall
 515 Portage Avenue
 Wpg, MB R3B 2E0 204-786-9251
 www.aurora.uwinnipeg.ca
Therapy programs for immigrant and refugee individuals, couples and families.

43 Immigrant Women's Counselling Services
 785 Kewatin Street
 Wpg, MB R2X 3B9 204-938-5900
 www.norwestcoop.ca
Counselling and support for women who have been a victim of domestic violence or are in other types of crisis.

44 Immigrant and Refugee Community Organization of Manitoba (IRCOM)
 95 Ellen Street
 Wpg, MB R3A 1S8 204-943-8765
 www.ircm.ca
Transitional housing for newcomer families, after school programming for children and youth, English classes with onsite childcare and educational workshops.

45 The Immigrant Centre
 100 Adelaide Street
 Wpg, MB R3A 0W2 204-943-9158
 www.icmanitoba.com
Settlement and support services for newcomers. Language bank offers free verification of translations, interpretation and notary services.

46 Needs Centre
 251 A - Notre Dame Avenue
 Wpg, MB R3B 1N8 204-940-1260
 www.needsinc.ca
Support for immigrant and refugee children/youth while adapting to life in Manitoba. Provides computer training, homework help, youth recreation, education and employment programs.

47 Manitoba Interfaith Immigration Council Inc. – Welcome Place
 521 Bannatyne Avenue
 Wpg, MB R3A 0E4 204-977-1000
 www.miiic.ca
Assists newly arrived refugees and refugee claimants by providing settlement, sponsorship, in-Canada protection, and lifeskills training. They also provide temporary housing and help newcomers find places to live.

Housing Support

48 Manitoba Housing Authority
 352 Donald Street
 Wpg, MB R3B 2H8 204-945-4663
 www.manitoba.ca/housing
Affordable and subsidized rental housing options for low to moderate income individuals and families.

49 Alpha House
 Confidential Address
 Wpg, MB 204-982-2011
 www.alphahouseinc.ca
A place for women and their children to live while transitioning away from violence.

50 Bravestone Centre Inc.
 Confidential Address
 204-275-2600
 www.bravestone.ca
A safe, confidential and secure place for women to live independently within their own suites for 12 months while attending counselling and support programs.

51 Hands of Hope Inc.
 Please register by phone only 204-261-8607
 www.handsofhope.ca
Free furniture and household items to those who need them.

52 L'entre-Temps Des Franco-Manitobaines Inc
 Confidential Address
 204-925-2550
 www.entretempsfm.com
Second stage facility that provides women recovering from an abusive relationship and their children with protective housing for up to one year.

53 SAM Management
 425 Elgin Avenue
 Wpg, MB R3A 1P2 204-942-0991
 www.sam.mb.ca
Rental housing for single persons, families and senior citizens.

Shelters

54 Osborne House
 Confidential Address
 204-942-3052
 www.osbornehouse.org
Emergency shelter, counselling and support, children's program, housing assistance, referrals.

55 Ikwe Widdjitiw Inc.
 Confidential Address
 204-987-2780
 www.ikwe.ca
Residential shelter program, children's programs, crisis line, culturally appropriate services.

56 The Salvation Army - Family Shelter - Sonrise Village
 72 Martha Street
 Wpg, MB R3B 1A5 204-946-9471
 www.wpgboothcentre.ca
Emergency housing and meals for families with dependent children.

Financial Resources

57 Employment and Income Assistance
 1-111 Rorie Street
 Wpg, MB R3B 3N1 204-948-4000
 manitoba.ca/fs/assistance
Financial help for Manitobans who have no other way to support themselves or their families.

58 SEED Winnipeg Inc
 80 Salter Street
 Wpg, MB R2W 4J6 204-927-9935
 www.seedwinnipeg.ca
Provides services to assist low-income individuals, groups, organizations and economically challenged neighbourhoods.

59 Community Financial Counselling Services
 516 - 294 Portage Avenue
 Wpg, MB R3C 0B9 204-989-1908, Toll Free: 1-888-573-2383
 www.debthelpmanitoba.com
Provides help with financial counselling, budgeting, financial issues related to gambling and debt management.

Legal Resources

60 Legal Help Centre
 202-393 Portage Avenue
 Wpg, MB R3C 4A8 204-258-3096
 www.legalhelpcentre.ca
Legal information and referrals. Drop-in clinics available to those with family incomes under \$50,000/year.

61 Legal Aid Manitoba
 287 Broadway
 Wpg, MB R3C 0R9 204-985-8500
 www.legalaid.mb.ca
Legal help to low income persons. Divorce, child custody, maintenance enforcement, etc.

62 Law Phone-In and Lawyer Referral Program
 Phone Calls Only
 Wpg, MB 204-943-2305
Not an emergency service. General legal information via telephone. Referrals made to appropriate law related agencies.

Mental Health Crisis Services and Hospitals

63 Crisis Response Centre
 817 Bannatyne Avenue
 Wpg, MB R3E 0W2
Open 24/7; no appointment necessary. For adults experiencing a mental health crisis.

64 Mobile Crisis Service
 204-940-1782 (adults)
 204-949-4777 (youth)
Provides on-site assistance for individuals/families experiencing a mental health crisis.

65 Misericordia Health Centre
 99 Cornish Avenue
 Wpg, MB R3C 1A2 204-774-6581
 www.misericordia.mb.ca
Walk-In Urgent Care, 100 bed personal care home and specialized care/day surgeries.

66 Health Sciences Centre
 820 Sherbrook Street
 Wpg, MB R3A 1R9 204-787-3661
 www.hsc.mb.ca
Full service hospital.

67 Grace Hospital
 300 Booth Drive
 Wpg, MB R3J 3M7 204-837-8311
 www.gracehospital.ca
Full service hospital.

68 Seven Oaks General Hospital
 2300 McPhillips Street
 Wpg, MB R2V 3M3 204-632-7133
 www.sogh.ca
Full service hospital.

69 Concordia Hospital
 1095 Concordia Avenue
 Wpg, MB R2K 3S8 204-667-1560
 www.concordiahospital.mb.ca
Full service hospital

70 St. Boniface General Hospital
 409 Tache Avenue
 Wpg, MB R2H 2A6 204-233-8563
 www.sbgh.mb.ca
Full service hospital

71 Victoria General Hospital
 2340 Pembina Highway
 Wpg, MB R3T 2E8 204-269-3570
 www.vgh.mb.ca
Full service hospital

Winnipeg Police Service

Emergencies: 911
All other calls: 204-986-6222

72 Public Safety Building
 151 Princess Street
 Wpg, MB R3C 2Z7 – Open 24/7

73 West District Station
 2321 Grant Avenue
 Wpg, MB R3P 0P9 – Open 24/7

74 North District Station
 260 Hartford Avenue
 Wpg, MB R2V 0W3 – Open 24/7

75 East District Station
 1750 Dugald Road
 Wpg, MB R2J 2X4 – Open 24/7